GAPIO TIMES

Global Association of Physicians of Indian Origin

Improving Health Worldwide

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DIGITAL OUTREACH PARTNER

ISSUE 81

SEPTEMBER 2026



GAPIO Member Prof. Bellamkonda K. Kishore Honoured by University of Utah Health for Medical Innovation

GAPIO Member Prof. Bellamkonda K. Kishore, M.D., Ph.D., MBA, was honoured by the University of Utah Health on 30th September 2026 for his induction as a Senior Member of the National Academy of Inventors (NAI), recognising his outstanding contributions to scientific innovation and research with real-world impact.

The recognition was celebrated at a special ceremony held at the Natural History Museum of Utah, honouring distinguished faculty members for their achievements in advancing medical science and healthcare innovation.

With nearly four decades of international research experience, Prof. Kishore has made significant contributions to renal physiology, metabolic disorders and experimental therapeutics. His distinguished career includes research at the U.S. National Institutes of Health (NIH) and the U.S. Department of Veterans Affairs.

He is also the Co-founder, Chief Executive Officer and Chief Scientific Officer of ePurines, Inc., a biotechnology company developing innovative therapeutic technologies for cardiovascular, kidney and metabolic diseases.
His induction into the NAI reflects his commitment to translating scientific discoveries into meaningful healthcare solutions.
GAPIO congratulates Prof. Bellamkonda K. Kishore on this prestigious recognition and his continued contributions to medical research and innovation.



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GAPIO Member Dr. Arun Prasad Receives Prestigious International Honours for Contributions to Minimal Access Surgery

GAPIO Member Dr. Arun Prasad, Clinical Lead – GI & Bariatric Surgery, Department of Surgical Gastroenterology, Indraprastha Apollo Hospitals, New Delhi, has received prestigious national and international recognition for his outstanding contributions to gastrointestinal, bariatric, robotic and minimally invasive surgery.

Dr. Prasad was honoured with the India–UK Achievers Honours 2026 in the category of Education, Science & Innovation, recognising his pioneering work and contributions to advancing surgical science and innovation. He was also conferred the Hernia Society of India Lifetime Achievement Award in recognition of his significant contributions to minimal access surgery and the advancement of surgical techniques in India.

An internationally renowned surgeon, Dr. Prasad has been associated with several landmark innovations in gastrointestinal, bariatric and robotic surgery. His extensive academic contributions include serving as international faculty, editor and author of influential books, scientific publications and consensus statements in bariatric, metabolic and robotic surgery.

During September 2026, Dr. Prasad further strengthened his international academic engagement through his participation as a speaker at an Italian national conference. He also delivered guest lectures at Lady Hardinge Medical College, New Delhi, and an International Bariatric Conference, sharing his clinical expertise and perspectives on contemporary surgical practices.
Dr. Prasad holds the distinguished qualifications of FRCS, FRCSEd and FACS and serves as an Adjunct Professor, Clinical Tutor and DNB Guide under the National Board of Examinations in Medical Sciences (NBEMS), Government of India. He is a former President of the Obesity Surgery Society of India (2018–2020) and a Founder Member and Vice President of the Association of Robotic and Innovative Surgeons (ARIS).

GAPIO congratulates Dr. Arun Prasad on these distinguished achievements, which reflect his continued commitment to surgical innovation, academic excellence and advancing the standards of minimally invasive surgery in India and internationally.







GAPIO Member Dr. Sudhir Parikh Honoured at Nargis Dutt Memorial Cancer Foundation's 43rd Annual Fundraising Gala in New York

GAPIO Member Dr. Sudhir Parikh, Chairman of Parikh Worldwide Media and Advisor to the Nargis Dutt Memorial Cancer Foundation, was honoured at the Foundation's 43rd Annual Fundraising Gala held on 27th September 2026 at Leonard's Palazzo, Great Neck, New York. The event brought together over 130 supporters, community leaders, elected officials and philanthropists to support cancer-related initiatives in India.

Dr. Parikh, along with Dr. Sudha Parikh, received special recognition during the ceremony for their association with and contributions to the Foundation's philanthropic activities. Dr. Parikh also presented commemorative plaques to distinguished honourees, acknowledging their support for the organisation's humanitarian mission.

The gala highlighted the importance of early cancer detection, timely medical intervention and continued support for cancer patients. Dr. Rajesh Verma, Chief Medical Officer of NYC Health + Hospitals/Kings County, attended as the chief guest and keynote speaker. He emphasised the need for early diagnosis and cautioned against delaying medical attention when cancer is suspected.

Dr. Prem Goel, Chairman of the Foundation's Governing Board, addressed the gathering and highlighted the organisation's ongoing fundraising efforts to support cancer projects in India. The evening also witnessed participation from community leaders and supporters committed to strengthening cancer care and philanthropic initiatives.

The Nargis Dutt Memorial Cancer Foundation continues to support cancer-related healthcare initiatives, including assistance to patients requiring financial support for treatment and medical care.

GAPIO congratulates Dr. Sudhir Parikh on this recognition, acknowledging his continued contributions to philanthropy, community service and initiatives aimed at improving healthcare access and supporting patients affected by cancer.





GAPIO Member Dr. Dillip Kumar Dash Presents Rare Case of Folie à Trois: Shared Psychotic Phenomena Among Three Siblings

GAPIO Member Hon. Prof. Dr. Dillip Kumar Dash, Senior Consultant Psychiatrist at Apollo Hospital, Bilaspur, Chhattisgarh, India, has presented an unusual and clinically significant case report titled “Folie à Trois: A Case Report of Shared Psychotic Phenomena in Three Siblings.” The report explores a rare psychiatric presentation involving three adult siblings who developed closely interconnected persecutory delusions, highlighting the influence of family dynamics, interpersonal reinforcement and impaired reality testing on the progression of psychotic symptoms.

Understanding Folie à Trois

Folie à Trois is a rare form of shared psychotic phenomenon in which three individuals, usually connected through close personal or familial relationships, develop similar or mutually reinforcing delusional beliefs. Traditionally associated with the concept of shared psychotic disorder, the condition may arise in environments characterised by close interpersonal dependence, relative social isolation and repeated reinforcement of unusual beliefs.

Although contemporary psychiatric classification systems no longer recognise shared psychotic disorder as a separate diagnostic category, the phenomenon remains clinically relevant because of its implications for diagnosis, treatment and patient safety.

Clinical Presentation and Progression

The case described by Dr. Dash involved three adult siblings living in close familial association who developed a shared belief that an unknown individual had introduced or sprayed blood inside their family home. Despite the absence of objective evidence, all three remained firmly convinced of the incident and repeatedly discussed their suspicions, gradually reinforcing one another's interpretations.

Over the following months, their shared belief system became increasingly elaborate. Ordinary family events were perceived as threatening, suspiciousness intensified and the siblings became progressively more dependent on one another's explanations of their experiences.

The situation escalated when two siblings developed a fixed conviction that their father was facing imminent danger. Their belief prompted an urgent nighttime journey to meet family members returning from a pilgrimage. The episode subsequently culminated in a serious attempt to harm their father, demonstrating how shared delusional beliefs can develop into organised and potentially life-threatening behaviour.

Psychiatric Assessment and Diagnosis

Psychiatric evaluation revealed closely aligned persecutory and referential delusions, suspiciousness, poor insight and impaired judgment among all three siblings. The similarities in their beliefs, their close interpersonal relationships and the pattern of mutual reinforcement supported the clinical formulation of Folie à Trois.

The report emphasised that the presence of similar delusions among family members does not necessarily indicate identical psychiatric conditions. Each individual requires independent assessment to identify underlying psychopathology, possible medical or substance-related contributors and specific behavioural risks.

An important clinical observation was the progression from shared suspicious thoughts to organised actions based on those beliefs. The case highlighted the need for psychiatric risk assessments to consider not only the content of delusions but also the behaviours individuals may undertake because of them.

Treatment and Clinical Management

Management involved a comprehensive, individualised psychiatric approach. During the acute phase, the three siblings were physically separated to reduce the mutual reinforcement of their delusional beliefs and allow independent psychiatric assessment.

Antipsychotic medication was initiated according to individual clinical requirements, alongside psychoeducation, supportive psychotherapy and family-based interventions. The family received guidance regarding treatment adherence, recognising early warning signs, reducing reinforcement of delusional beliefs and maintaining appropriate safety measures.

Following treatment, the intensity of the shared delusions gradually diminished. The siblings demonstrated improvement in suspiciousness, behavioural disturbances, insight and overall functioning. Continued psychiatric follow-up was recommended to monitor recovery, identify potential relapse and address ongoing family dynamics.

The report also noted that recovery may progress at different rates among individuals involved in the same shared delusional system, reinforcing the importance of individualised treatment and long-term monitoring.

Clinical Significance and Key Learnings

- Dr. Dash's report provides valuable insights into the recognition and management of uncommon psychiatric presentations involving closely connected individuals. It demonstrates how repeated interpersonal reinforcement can strengthen delusional convictions and how these beliefs may influence behaviour, judgment and family safety.

- The case underscores the importance of early identification of psychotic symptoms, comprehensive psychiatric evaluation, appropriate risk assessment and timely therapeutic intervention. It also highlights the role of family psychoeducation, structured follow-up and coordinated clinical care in reducing the likelihood of recurrence.

- By documenting this rare presentation, GAPIO Member Dr. Dillip Kumar Dash contributes to clinical understanding of shared psychotic phenomena and draws attention to the complex relationship between family dynamics, psychiatric illness and behavioural risk. The report serves as an educational reference for psychiatrists and other healthcare professionals involved in identifying and managing complex psychiatric conditions.

GAPIO Member Dr. Ashish Aneja Organises Free Health Screening Camp on World Heart Day, Benefiting 275 Students and Staff

GAPIO Member Dr. Ashish Aneja, Senior Medical Officer at Kurukshetra University, Haryana, organised a free Cardio-Diabetes and Eye Care Awareness Health Screening Camp on the occasion of World Heart Day. The camp was conducted with the support of Cygnus Hospital and Kapil Eye Care Hospital, aiming to promote preventive healthcare and raise awareness about cardiovascular health, diabetes and eye-related conditions among the university community.

The initiative witnessed participation from approximately 275 students and staff members who benefited from various health screening services. The camp provided an opportunity for participants to assess important health parameters and understand the significance of early detection and regular medical examinations.

Dr. Aneja emphasised that periodic health check-ups are essential for maintaining physical wellbeing and identifying potential health concerns at an early stage. He highlighted that regular screening not only facilitates timely medical intervention but also encourages individuals to make informed lifestyle modifications that can contribute to long-term health and disease prevention.

The comprehensive health screening programme included general medical examinations, blood pressure monitoring, blood glucose and haemoglobin testing, Body Mass Index (BMI) assessment, spirometry, electrocardiography (ECG), cardiac evaluations, bone calcium assessment and pulmonary function-related examinations. These investigations were conducted by the medical team to promote awareness about common lifestyle-related and non-communicable diseases.

Addressing the participants, Dr. Aneja stressed the importance of adopting a balanced and nutritious diet, reducing the consumption of junk food and excessively fried foods, and incorporating green vegetables, fruits and whole grains into daily meals. He also encouraged regular physical activity, recommending at least 30 minutes of walking, yoga or exercise every day, along with avoiding prolonged periods of sedentary behaviour.

He further highlighted the importance of obtaining seven to eight hours of quality sleep and managing psychological stress as essential components of a healthy lifestyle. Dr. Aneja noted that preventive healthcare, early diagnosis and positive lifestyle changes can help reduce the risk of serious illnesses and support healthier, longer lives.

The initiative reinforced the importance of accessible preventive healthcare services within educational institutions and the role of medical professionals in promoting community health awareness. Through this health screening camp, Dr. Ashish Aneja demonstrated his commitment to preventive medicine, health education and encouraging healthier lifestyles among students and university staff.



विशाल स्वास्थ्य शिविर में 275 मरीजों की निःशुल्क जांच की

मरीजों को औषधीय परामर्श देते एसएमओ डॉ. आशीष अनेजा। संवाद

कुरुक्षेत्र। विश्व हृदय दिवस पर केयू हेल्थ सेंटर में मंगलवार को विशाल स्वास्थ्य शिविर लगा। शिविर में 275 मरीजों की निःशुल्क जांच की गई। वरिष्ठ चिकित्सा अधिकारी डॉ. आशीष अनेजा के संयोजन में यह शिविर आयोजित हुआ। इसमें कार्डियो डायबिटीज, नेत्र जांच और स्वास्थ्य जागरूकता पर ध्यान दिया गया।

लोगों ने स्वास्थ्य संबंधी जांच कराई और विशेषज्ञ चिकित्सकों से परामर्श लिया। अंबाला से आई टीम ने मोबाइल वैन मशीन से नेत्रों की जांच की। मोतियाबिंद, भेंगापन, रेटिना और कम रोशनी के निशुल्क परीक्षण हुए। हृदय रोग विशेषज्ञ डॉ. सुहेल ने दिल और ब्लड प्रेशर की जांच की। स्त्री रोग विशेषज्ञ डॉ. पूर्वी और डॉ. उदित की टीम ने सामान्य जांच की, जिसमें रक्त शर्करा, हीमोग्लोबिन और बीएमआई शामिल थे। न्यूरोथेरेपी, स्पिरोमेट्री, ईसीजी और फेफड़ों का भी परीक्षण किया गया। संवाद







विश्व हार्ट दिवस पर कार्डियो डायबिटीज एवं आई केयर स्वास्थ्य जांच शिविर आयोजित, 275 से अधिक छात्रों ने लिया लाभ

हिन्द दर्पण-संवाददाता

कुरुक्षेत्र। विश्व हार्ट दिवस के अवसर पर आईडीएफ एवं आरएसएसडीआई के कम्युनिटी अवेयरनेस प्रोग्राम के माध्यम से सीनियर फिजिशियन एवं डायबिटीज स्पेशलिस्ट तथा आरोग्य भारती के सचिव डॉ. अनेजा के नेतृत्व में निःशुल्क कार्डियो डायबिटीज एवं आई केयर अवेयरनेस स्वास्थ्य जांच शिविर का आयोजन किया गया। शिविर में मुख्य अतिथि ने कहा कि शारीरिक रूप से स्वस्थ रहने के लिए समय-समय पर स्वास्थ्य जांच करना जरूरी है। नियमित स्वास्थ्य जांच से बीमारियों को समय रहते पहचान होने के साथ जीवनशैली में आवश्यक सुधार करने और समग्र स्वास्थ्य को बेहतर बनाने में मदद मिलती है। डीएफएसआई, डीआईओएच, गैपियो एवं एएआरओ के सदस्य डॉ. अनेजा ने बताया कि सिग्नस हॉस्पिटल एवं कपिल आई केयर हॉस्पिटल के सौजन्य से आयोजित इस निःशुल्क स्वास्थ्य जांच शिविर में 275 से अधिक छात्रों ने भाग लिया। उन्होंने कहा कि स्वस्थ व्यक्ति ही अपने परिवार, समाज, शिक्षण संस्थान और राष्ट्र निर्माण में महत्वपूर्ण योगदान दे सकता है। नियमित स्वास्थ्य जांच से जीवन प्रत्याशा बढ़ाने के साथ गंभीर बीमारियों के जोखिम को भी कम किया जा सकता है। शिविर में डॉ. सुहेल, डॉ. पूर्वी, डॉ. उदित एवं उनकी टीम द्वारा सामान्य स्वास्थ्य जांच, रक्तचाप, रक्त शर्करा, हीमोग्लोबिन, बीएमआई, न्यूरोथेरेपी, स्पिरोमेट्री, ईसीजी, हृदय रोग संबंधी जांच, हड्डियों में कैल्शियम तथा फेफड़ों की जांच सहित विभिन्न स्वास्थ्य परीक्षण किए गए। शिविर के समापन पर डॉ. अनेजा ने स्वस्थ एवं लंबा जीवन जीने के लिए जीवनशैली में सकारात्मक बदलाव लाने की अपील की। उन्होंने कहा कि पौष्टिक एवं संतुलित आहार, नियमित शारीरिक गतिविधि, पर्याप्त नींद और मानसिक तनाव को कम करना स्वस्थ जीवन के लिए बेहद जरूरी है। उन्होंने लोगों से जंक फूड तथा अत्यधिक तली-भुनी चीजों से परहेज करने और भोजन में हरी सब्जियां, फल एवं साबुत अनाज को शामिल करने की सलाह दी। उन्होंने कहा कि प्रतिदिन कम से कम 30 मिनट पैदल चलना, योग या व्यायाम करना चाहिए तथा लगातार लंबे समय तक एक जगह बैठने से बचना चाहिए। इसके साथ ही रात में सात से आठ घंटे की पर्याप्त एवं गुणवत्तापूर्ण नींद लेना भी स्वास्थ्य के लिए आवश्यक है।

GAPIO Member Dr. Rajul Rastogi Advances AI and Quantum Innovation in Healthcare Through Scientific Conferences and Academic Engagements

GAPIO Member Dr. Rajul Rastogi, Professor, Department of Radiodiagnosis and Chairman of the College Research Committee at Teerthanker Mahaveer Medical College & Research Center, Moradabad, Uttar Pradesh, actively contributed to advancing Artificial Intelligence (AI) and Quantum AI in healthcare through scientific conferences and academic engagements during 2026.

Advancing AI in Maternal-Fetal Medicine at SMFM 2026

- Dr. Rastogi served as National Faculty at the Society of Maternal and Fetal Medicine (India) Pragnya International Conference Annual Meeting 2026, delivering a lecture on “The Role of Artificial Intelligence in Maternal-Fetal Medicine.” He highlighted four practical AI applications in routine clinical practice and unveiled an advanced Quantum AI predictive model developed by Debraj Ecosystem Pvt. Ltd.
- The model was designed to identify subtle maternal-fetal morbidity patterns, potentially supporting earlier risk identification, timely intervention and personalised clinical management. The presentation encouraged discussions on integrating emerging technologies into maternal-fetal healthcare.

Promoting the Concept of the Augmented Radiologist at SOII 2026

- At the 8th Annual Conference of the Society of Oncoimaging India (SOII) 2026 in Bengaluru, Dr. Rastogi delivered a keynote lecture titled “The Role of AI in Creating an Augmented Radiologist.”
- His presentation emphasised how AI can enhance diagnostic capabilities and support clinical decision-making while complementing, rather than replacing, radiologists' expertise. He also served as a judge for the Oral Posters and Papers award category, contributing to the evaluation of emerging scientific research.

Inspiring Future Engineers in Quantum AI Healthcare Innovation

- Dr. Rastogi also engaged with engineering students specialising in AI, Deep Learning and Machine Learning, discussing the transformative potential of Quantum AI in healthcare.
- He encouraged interdisciplinary collaboration between engineers and Indian healthcare professionals to develop indigenous technological solutions addressing clinical challenges. Through Debraj Ecosystem Pvt. Ltd., he highlighted opportunities to bridge advanced computational technologies with practical healthcare applications.

GAPIO congratulates Dr. Rajul Rastogi on his contributions to medical education, technological innovation and interdisciplinary collaboration, reflecting his commitment to advancing AI-enabled healthcare and improving clinical practice.







GAPIO Member Dr. Jai Kishan Karahyla Recognised for Outstanding Contributions to Tuberculosis and Respiratory Medicine

GAPIO Member Dr. Jai Kishan Karahyla, Emeritus Professor of Respiratory Medicine at MM Institute of Medical Sciences and Research, MM Deemed University, Mullana, Ambala, reported several distinguished achievements during October 2026, reflecting his continued contributions to tuberculosis control, respiratory medicine, medical education and professional leadership.

Dr. Karahyla was awarded a medal for his outstanding activities with the Tuberculosis Association of India, particularly his contributions to the Action Against Stigma (AAS) initiative. He also received a Lifetime Achievement Award on World Red Cross Day in Patiala, Punjab, recognising his contributions to community service. He serves as Patron of the Red Cross Society, Patiala.

During major respiratory medicine conferences, including NAPCON and NATCON, Dr. Karahyla actively contributed as a speaker, chairperson, moderator and scientific evaluator. He delivered a lecture on “Weight Faltering in Children: An Opportunity to End TB” and presented a scientific paper titled “Clubbing Leading to Incidental Diagnosis of Giant Pleural Fibroma.”

He chaired sessions addressing PAN-TB treatment regimens, tuberculosis and respiratory infections, pulmonary medicine and interstitial lung disease. He also moderated a discussion on managing haemoptysis in resource-limited settings and contributed to discussions on tuberculosis diagnosis and gender bias.

In recognition of his professional expertise, Dr. Karahyla was elected Vice President of the Indian Chest Society and nominated to its Credentials Committee. He also participated in editorial board meetings of the Indian Journal of Tuberculosis and professional meetings of leading respiratory medicine organisations.

His academic engagements further included discussions on difficult-to-treat paediatric tuberculosis, occupational lung diseases, advanced lung disease ethics and contemporary approaches to interstitial lung disease management.

GAPIO congratulates Dr. Jai Kishan Karahyla on his achievements and continued dedication to tuberculosis elimination, respiratory healthcare, scientific education and professional leadership.


28TH NAPCON 2026
KOLKATA
Date: 29th October – 1st November 2026
Venue: ITC Royal Bengal & ITC Sonar, Kolkata
Phone Number 7596071510 | Email napcon2026kolkata@gmail.com
Secretariat Address: RUKDA, DI, 220, Salt Lake,Sec II, Kolkata 700091 | Website: napcon2026.co.in

Date: 11/10/2026

Dear Dr Jai Kishan Karahyla

Warm Greetings!!

It gives us great pleasure to welcome you to our 28th Annual National Conference on Pulmonary Diseases, NAPCON 2026, which will be held at the ITC Royal Bengal and ITC Sonar, Kolkata from 29th October to 1st November 2026.

We would be truly delighted to welcome you as a distinguished Faculty Member to the conference.

We are pleased to share your REVISED ACADEMIC COMMITMENTS as follows:

Date: 31.10.2026 (Saturday)

Nature of Participation	Panelist
Topic of Panel	The Grey Zone of Medicine: Ethics, Consent, Accountability & the Law- A Case based panel discussion
Duration of Panel	14:30 - 15:30 [60 minutes]
Session	Panel Discussion (14:30 - 15:30)

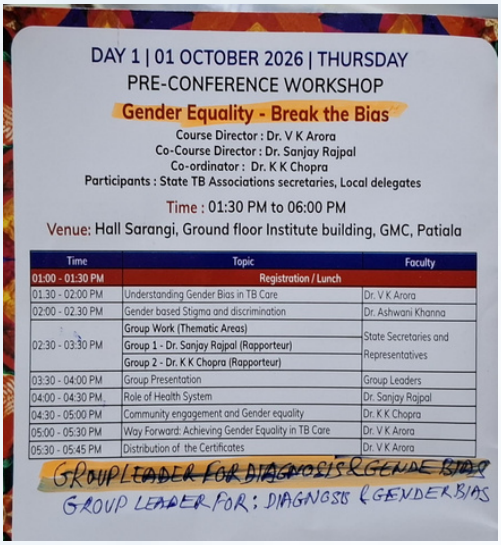
Requesting you to please confirm your revised academic commitment as per your earliest convenience.

We also request that you send your updated resume in a single slide, using the attached format.

Looking forward to welcoming you at NAPCON 2026, Kolkata.

With warm regards and best wishes,

Dr G C Khilnani, Chairperson, Scientific Committee, NAPCON 2026 Kolkata
Dr Raja Dhar, Organizing Chairman, NAPCON 2026 Kolkata
Dr Indranil Halder, Organizing Secretary, NAPCON 2026 Kolkata


DAY 1 | 01 OCTOBER 2026 | THURSDAY
PRE-CONFERENCE WORKSHOP
Gender Equality - Break the Bias
Course Director : Dr. V K Arora
Co-Course Director : Dr. Sanjay Rajpal
Co-ordinator : Dr. K K Chopra
Participants : State TB Associations secretaries, Local delegates
Time : 01:30 PM to 06:00 PM
Venue: Hall Sarangi, Ground floor Institute building, GMC, Patiala

Time	Topic	Faculty
01:00 - 01:30 PM	Registration / Lunch	
01.30 - 02:00 PM	Understanding Gender Bias in TB Care	Dr. V K Arora
02:00 - 02.30 PM	Gender based Stigma and discrimination	Dr. Ashwani Khanna
02:30 - 03:30 PM	Group Work (Thematic Areas)	State Secretaries and Representatives
	Group 1 - Dr. Sanjay Rajpal (Rapporteur)	
	Group 2 - Dr. K K Chopra (Rapporteur)	
03:30 - 04:00 PM	Group Presentation	Group Leaders
04:00 - 04:30 PM	Role of Health System	Dr. Sanjay Rajpal
04:30 - 05:00 PM	Community engagement and Gender equality	Dr. K K Chopra
05:00 - 05:30 PM	Way Forward: Achieving Gender Equality in TB Care	Dr. V K Arora
05:30 - 05:45 PM	Distribution of the Certificates	Dr. V K Arora

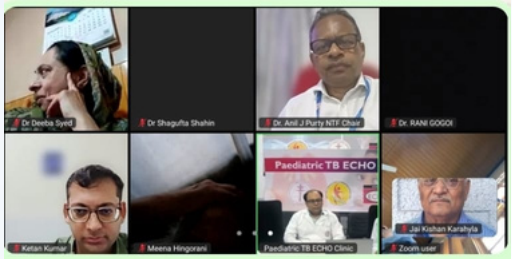
GROUP LEADER FOR DIAGNOSIS & GENDER BIAS
GROUP LEADER FOR: DIAGNOSIS & GENDER BIAS



Awarded Medal at Veledictory Session on October 4, 2026 for outstanding work Action Against Stigma (AAS) by TB Association of India



Group photo of Alumni meet at NATCON on October 1st, 2026 with Dr Jai Kishan Ex Professor and Head, Director State TB Training and Demonstration Center, Incharge Intermediate Reference Lab and Ex DRME Punjab in Center 11:13



Attended and participated in Pediatric Difficult to treat TB on October 21st 2026 by webinar of National Institute of TB and Respiratory Diseases Delhi, Central TB division of government of India 17:23

GAPIO–ISG International Lecture Series: CME on Obstructive Jaundice and MASLD

The Global Association of Physicians of Indian Origin (GAPIO), in collaboration with the Indian Society of Gastroenterology (ISG) and Docplexus, conducted a Continuing Medical Education (CME) session on “Obstructive Jaundice and MASLD” on Saturday, 12th September 2026. The virtual session focused on contemporary approaches to the diagnosis and management of obstructive jaundice and Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD), highlighting important developments in gastroenterology and hepatology.



The session addressed two significant areas of clinical practice. Obstructive jaundice requires timely evaluation to identify the underlying cause and determine appropriate therapeutic intervention, while MASLD represents a growing metabolic and liver health concern. The programme aimed to enhance clinical understanding of these conditions and provide practical insights into their assessment and management.

Dr. Sridhar Sundaram, Professor, Department of Digestive Diseases and Clinical Nutrition, Tata Memorial Hospital, Mumbai, delivered a lecture on “Approach to Obstructive Jaundice.” His presentation focused on the clinical approach to evaluating patients presenting with obstructive jaundice and the importance of accurate diagnosis and appropriate management strategies.

Dr. Krishnadas Devadas, Professor and Head, Department of Medical Gastroenterology, Government Medical College, Trivandrum, addressed the topic “How to Manage MASLD?” The lecture focused on contemporary approaches to managing metabolic dysfunction-associated steatotic liver disease and its relevance to clinical practice.

The session was chaired by Dr. Sojan George, Professor and Head, Department of Gastroenterology, Amala Institute of Medical Sciences, Thrissur. His expertise in gastroenterology contributed to the academic proceedings and discussion of the clinical topics.

Dr. Mathew Philip, Secretary General, Indian Society of Gastroenterology, and Head of the Department of Gastroenterology, LISIE Hospital, Kochi, moderated the session and facilitated the exchange of clinical perspectives.
The CME provided a valuable platform for continuing medical education and professional knowledge sharing, enabling healthcare professionals to strengthen their understanding of obstructive jaundice and MASLD. The programme reflected

GAPIO's continued commitment to promoting scientific learning, interdisciplinary collaboration and evidence-based clinical practice through its international lecture series.

SOCIAL MEDIA COVERAGE

GAPIO Marks World Heart Day 2026, Promoting Cardiovascular Awareness, Prevention and Early Detection

On the occasion of World Heart Day, observed on 29 September 2026, GAPIO joined the global healthcare community in raising awareness about cardiovascular diseases and emphasising the importance of prevention, early detection and timely medical intervention.

The 2026 World Heart Federation campaign, “Don’t Miss a Beat,” highlighted the importance of recognising cardiovascular risk factors and warning signs that may otherwise go unnoticed. The observance provided an opportunity to encourage individuals to take proactive steps towards maintaining heart health and seeking appropriate medical attention when necessary.

GAPIO emphasised the vital role of physicians and healthcare professionals in strengthening preventive healthcare, identifying cardiovascular risks and educating communities about heart-healthy lifestyles. The organisation also highlighted the importance of equitable access to evidence-based cardiovascular care, ensuring that individuals receive timely diagnosis, appropriate treatment and continued medical support.

The organisation acknowledged the dedicated efforts of physicians, clinicians, researchers, educators and healthcare leaders working across specialties and geographical boundaries to improve cardiovascular health outcomes. Their contributions remain essential in addressing the global burden of heart disease and promoting healthier communities.

Through its social media message, GAPIO reaffirmed its commitment to advancing cardiovascular awareness, encouraging preventive healthcare practices and supporting accessible, patient-centred medical care. The observance reinforced the message that recognising warning signs, promoting heart health and ensuring timely intervention are essential steps towards protecting every heartbeat.



SOCIAL MEDIA COVERAGE

GAPIO Observes World Rabies Day 2026, Emphasising Collaboration and the One Health Approach

On the occasion of World Rabies Day, observed on 28 September 2026, GAPIO joined the global healthcare community in raising awareness about rabies prevention and the importance of collaborative efforts to eliminate human deaths caused by dog-mediated rabies.

The 2026 theme, “Stronger Together,” highlighted the need for coordinated action across human health, animal health and public health sectors. The observance reinforced the significance of the One Health approach, recognising that protecting human health is closely connected to animal welfare and community wellbeing.

GAPIO emphasised that rabies is a preventable disease and that awareness, responsible dog vaccination and effective public health systems are essential to reducing its impact. The organisation also highlighted the importance of immediate wound care following potential exposure and timely access to appropriate post-exposure prophylaxis, which can prevent the disease and save lives.

The organisation acknowledged the dedicated efforts of physicians, veterinarians, researchers, healthcare professionals and public health teams working collectively to strengthen prevention, surveillance and community awareness. Their contributions remain crucial to achieving the global goal of zero human deaths from dog-mediated rabies.

Through its social media message, GAPIO reaffirmed the importance of cross-sector collaboration, public education and accessible preventive healthcare. The observance served as a reminder that protecting animals, safeguarding human lives and strengthening communities are shared responsibilities in building a rabies-free future.



SOCIAL MEDIA COVERAGE

GAPIO Observes World Alzheimer's Day, Emphasising Early Diagnosis, Awareness and Compassionate Care

On the occasion of World Alzheimer's Day, observed on 21 September, GAPIO joined the global healthcare community in raising awareness about Alzheimer's disease and other forms of dementia, highlighting the importance of early recognition, timely diagnosis and compassionate patient care.

The observance provided an opportunity to emphasise how identifying cognitive changes at an early stage can help individuals and families access appropriate medical guidance, support services and informed care planning. Early diagnosis also enables patients and caregivers to better understand the condition and make important decisions regarding future care and wellbeing.

GAPIO highlighted the vital role of healthcare professionals in recognising early signs of cognitive decline, encouraging timely medical assessments and ensuring that people living with dementia receive appropriate, person-centred care. The organisation also underscored the importance of supporting families and caregivers who play an essential role in managing the emotional, physical and practical challenges associated with dementia.

Through its social media message, GAPIO encouraged greater public awareness, reduced stigma and a more understanding and inclusive approach towards individuals affected by Alzheimer's disease and other dementias.

The observance reinforced the message that timely diagnosis, combined with dignity, empathy and continued support, can make a meaningful difference in the lives of people living with dementia and their families.



SOCIAL MEDIA COVERAGE

GAPIO Marks World Physiotherapy Day 2026, Highlighting the Importance of Rehabilitation and Cardiovascular Health

On the occasion of World Physiotherapy Day, observed on 8 September 2026, GAPIO joined the global healthcare community in recognising the invaluable contributions of physiotherapists towards improving mobility, restoring independence and enhancing quality of life.

The 2026 theme focused on Cardiovascular Disease and Stroke, highlighting the essential role of physiotherapy and physical activity in prevention, disease management and rehabilitation. The occasion provided an opportunity to raise awareness about the importance of timely rehabilitation and evidence-based approaches to improving long-term health outcomes.

GAPIO highlighted the vital contribution of physiotherapists in supporting functional recovery following stroke, promoting cardiovascular fitness and helping patients regain mobility and confidence. Their expertise, combined with compassionate care, plays an important role in multidisciplinary healthcare teams and patient-centred treatment.

The organisation also acknowledged physiotherapists worldwide for their dedication to restoring physical function, encouraging healthier lifestyles and enabling individuals to lead more active and independent lives.
Through its social media message, GAPIO reaffirmed the importance of strengthening rehabilitation services, promoting safe physical activity and advancing collaborative healthcare practices. The observance served as a reminder that physiotherapy is an essential component of building healthier, stronger and more resilient communities worldwide.



HEALTH TIPS/FACTS

Six Essential Rules for Doctors Using Artificial Intelligence Safely

Artificial Intelligence (AI) is rapidly becoming part of everyday medical practice, offering new possibilities for diagnosis, clinical decision-making and patient care. However, its growing adoption also raises important questions about patient safety, professional responsibility, confidentiality and medical ethics. In an article published in The BMJ and highlighted by MedicalBrief, medical ethicist and barrister Daniel Sokol outlines six practical principles to help doctors use AI responsibly while maintaining professional judgment and patient trust.

Here are six important rules for the safe and responsible use of AI in healthcare:

- **Choose the Right AI Tool:** Not every AI system is suitable for every clinical situation. Doctors should use tools approved by their healthcare organisation, understand their intended purpose and limitations, and complete appropriate training before incorporating them into patient care.
- **Protect Patient Confidentiality:** Safeguarding sensitive medical information remains a fundamental responsibility. Identifiable patient details should never be entered into unauthorised or publicly accessible AI platforms. Even partially anonymised information may reveal a patient's identity.
- **Verify AI-Generated Recommendations:** AI systems can produce inaccurate or misleading results, particularly when supplied with incorrect information. Doctors must carefully review inputs and outputs, compare recommendations with clinical findings, and exercise independent professional judgment before making decisions.
- **Maintain Transparency with Patients:** Patients should be informed when AI significantly influences their diagnosis, prognosis or treatment. Explaining the technology's role, benefits, uncertainties and available alternatives helps preserve trust and supports informed decision-making.
- **Document AI-Assisted Decisions:** When AI meaningfully contributes to a clinical decision, doctors should maintain clear records of its involvement and their reasoning. Documentation is particularly important when a clinician chooses to depart from an AI-generated recommendation.
- **Report Errors and Safety Concerns:** If an AI system produces unsafe recommendations or contributes to an adverse event, immediate attention should be given to patient safety. Doctors should report concerns through appropriate clinical governance channels and preserve relevant information to support investigation and improvement.

AI can be a valuable clinical assistant, but it must never replace professional accountability, critical thinking or compassionate patient care. Healthcare organisations also have a responsibility to provide appropriate training, approved technologies and effective oversight mechanisms.

The central message is clear: doctors should neither embrace AI unquestioningly nor reject it entirely. By combining technological innovation with medical expertise, ethical responsibility and patient-centred decision-making, healthcare professionals can harness AI to support safer, more effective and trustworthy healthcare.

Source: https://www.medicalbrief.co.za/six-rules-for-doctors-using-ai/

HEALTH TIPS/FACTS

Why Physician Health Matters: Building a Healthier Future for Doctors and Patients

Physician wellbeing is fundamental to delivering safe, compassionate and sustainable healthcare. This important message was highlighted at the International Conference on Physician Health (ICPH), held in London, bringing together medical professionals and representatives from the British, American and Canadian Medical Associations to discuss strategies for healthier and more fulfilling medical careers.

The conference emphasised that understanding physician burnout and workplace challenges is no longer enough. Healthcare systems must translate these insights into meaningful actions that support doctors throughout their professional lives.

Here are some of the key insights highlighted during the conference:

- **Addressing Physician Burnout:** Increasing workloads, workplace pressures and emotional exhaustion can affect doctors' health and professional satisfaction. Healthcare organisations must focus on sustainable working conditions and systemic improvements rather than relying solely on individual coping strategies.
- **Empathy in Healthcare:** Empathy plays an important role in strengthening relationships between doctors and patients. Encouraging compassionate healthcare practices can contribute to better patient experiences while supporting clinicians' emotional wellbeing.
- **Leadership and Workplace Culture:** Supportive leadership, inclusive policies and positive organisational cultures are essential for healthier medical workplaces. Creating environments where physicians feel respected, valued and supported can contribute to more fulfilling careers.
- **Supporting Doctors with Health Challenges:** Physicians experiencing illness or disability may face additional professional difficulties. Greater understanding, inclusion and appropriate workplace support can help ensure they continue practising medicine with dignity and confidence.
- **Collaboration Across Healthcare Systems:** Sharing experiences and successful approaches across countries, institutions and medical disciplines can help healthcare organisations develop more effective strategies for improving physician health.
- **Building Sustainable Medical Careers:** Protecting doctors' physical and mental health is essential to preventing avoidable illness and supporting long, rewarding medical careers. Emerging technologies and organisational changes should be considered in terms of both their opportunities and challenges for physicians.

Supporting physician health is not merely an individual responsibility; it requires sustained commitment from healthcare institutions, professional organisations and healthcare leaders. Meaningful improvements in working conditions, organisational culture and professional support can benefit doctors and the communities they serve.

As highlighted by BMA President Professor Farah Bhatti, physician wellbeing and the quality of healthcare are closely connected. Investing in healthier medical careers is therefore an investment in safer patient care, stronger healthcare systems and a more sustainable future for medicine.

Source:
https://www.bma.org.uk/news-and-opinion/why-physician-health-matters-reflections-from-day-one-of-the-icph

GAPIO Honors' List September 2026



Dr. Arun Prasad, Clinical Lead –GI & Bariatric Surgery, Department of Surgical Gastroenterology, New Delhi, is Internationally renowned pioneer in GI, bariatric, robotic, and minimally invasive surgery, with several landmark innovations in India.

- He has been recognized with the India–UK Achievers Honours 2026 in Education, Science & Innovation and the Hernia Society of India Lifetime
- Achievement Award for his outstanding contributions to minimal access surgery.
- Leading international faculty, editor, and author of influential books, consensus statements, and publications in bariatric, metabolic, and robotic surgery.

GAPIO Honors' List September 2026

Dr. Ashok Seth – 'Padma Bhushan', 'Padma Shri' and 'B. C. Roy' Awardee, and chairman - Fortis Escorts Heart Institute, has achieved the following:
Key Highlights (August 2026)

- Received the Lifetime Achievement Award at the CHIP Summit, Kochi, where he moderated "CHIP Pearls & Future Directions" and delivered the keynote address on India's journey in percutaneous interventions.
- Served as Faculty and Chairperson at iPCI 2026, Chennai, leading scientific sessions on complex coronary interventions, imaging, physiology, and advanced PCI techniques.
- Attended the Annual Conference of the Cardio Metabolic Society, Kanpur as Chief Guest, delivering the inaugural keynote oration.
- Contributed as Expert Faculty at a CME for young cardiologists from Northeast India, focusing on complex case management and continuum of care.
- As Managing Trustee, Heart Valve Foundation of India, announced a ₹50 lakh patient-support initiative for cardiac patients in Assam, strengthening access to advanced cardiac care in Northeast India.

Dr. Bellamkonda K. Kishore was honored by the University of Utah Health on September 30, 2026, for his outstanding contributions to medical research and innovation. He was inducted as a Senior Member of the National Academy of Inventors, a prestigious recognition awarded to innovators whose work has demonstrated significant real-world impact. His pioneering scientific research has advanced knowledge and contributed to improved approaches in disease prevention, detection, and treatment. This honor reflects his sustained excellence and international recognition as a distinguished physician-scientist and innovator.
https://globalnet.news/honoring-innovation-prof-bellamkonda-k-kishore-celebrated-by-university-of-utah-health/

Dr. Kandamaran Krishnamurthy, Consultant in Paediatric Intensive Care, Queen Elizabeth Hospital, Barbados; Senior Associate Lecturer in Paediatrics, The University of the West Indies, shared the publication of the narrative review "Ergonomic and Cognitive Challenges of Cricket Helmet Use in Batting: A Review." The article examines the influence of helmet use on safety, comfort, cognition, and batting performance during cricket match play, with recommendations aimed at informing future design improvements.

Dr. Meenakshi N, Consultant, Family Physician and Public Health Specialist in Noida, presented a paper on"Palliative Care: A KAP Study" at AFPICON 2026, the 7th National Conference of Family Medicine and Primary Care, held in Madurai. She is also an Executive Member of the Academy of Family Physicians of India and Co-Director of the Delhi Chapter, Physicians Association for Nutrition.

Dr. Rajul Rastogi has been actively advancing the application of Artificial Intelligence and Quantum AI in healthcare through national academic presentations, professional leadership, and mentorship of future innovators. National Faculty, SMFM India Pragnya International Conference 2026 – Delivered a lecture on the role of Artificial Intelligence in Maternal-Fetal Medicine and presented an innovative Quantum AI predictive model for maternal-fetal care.

- Keynote Speaker, Society of Onco imaging India (SOII) 2026 – Presented on "The Role of AI in Creating an Augmented Radiologist" and served as a judge for award-category oral papers and posters at the national conference.
- Mentor and advocate for AI in Healthcare – Inspired engineering students to explore Quantum AI, Machine Learning, and healthcare innovation, promoting interdisciplinary collaboration for future medical advancements.

GAPIO Honors' List September 2026

Dr. VK Kapoor, Professor of Surgical Gastroenterology, Mahatma Gandhi Medical College & Hospital (MGMCH), Pro Vice Chancellor, Mahatma Gandhi University of Medical Sciences & Technology (MGUMST), Jaipur has served as Editor of the 300-page health awareness publication Jaipur Swasthya Pustika (JSP), developed through the collaborative efforts of Jaipur Swasthya Charcha (JSC) and Mahatma Gandhi University of Medical Sciences & Technology (MGUMST). The book translates medical knowledge into easy-to-understand guidance for the general public, promoting health awareness and disease prevention. This significant contribution reflects his commitment to community health education and public engagement.
https://www.amazon.in/dp/B0HKSRMYLM

He also delivered an invited lecture on"Life after Bile Duct Injury" and chaired a panel discussion on Pancreatic Cancer at the United European Gastroenterology Week (UEGW) in Barcelona, Spain, held from 17–20 October 2026. Earlier, he delivered a talk on Gall Bladder Cancer at Konstantopoulio Patision Hospital, Athens, Greece, on 13 **October 2026.**

Dr. Yogesh Sarin, Paediatric Surgeon and Professor of Excellence, Centra Health Services, Dept. of Pediatric Surgery, Kalawati Saran Children's Hospital associated with Lady Hardinge Medical College has achieved the several prestigious honours at the 52nd Annual Conference of the Indian Association of Paediatric Surgeons (IAPS), held in Bengaluru from 24–27 September 2026.

- Conferred the prestigious IAPS Sushruta Award.
- Bestowed with the Honorary FIAPS.
- Honoured with the Best Reviewer Certificate by the Journal of Indian Association of Paediatric Surgeons (JIAPS).
- Chaired a scientific session on "Management of Short Bowel Syndrome."

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin
Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi – 110076
Email: gapio.jm@gmail.com; Contact No. +91-7701910804, 011-71791747

www.gapio.in |