



Indian-Origin Physician Dame Parveen Kumar Awarded the United Kingdom's Highest Order of the British Empire Honour

The Global Association of Physicians of Indian Origin (GAPIO) congratulates Dame Parveen Kumar, distinguished gastroenterologist, medical educator, and Professor Emerita at Queen Mary University of London, on being awarded the Grand Cross of the Order of the British Empire (GBE) in King Charles III's 2026 Birthday Honours.

The GBE, the highest rank within the Order of the British Empire, recognises her outstanding contributions to global medical education, healthcare, and public service.

Widely known as the co-author of the internationally acclaimed Kumar & Clark's Clinical Medicine, Dame Parveen Kumar's remarkable career has inspired generations of healthcare professionals worldwide. GAPIO applauds this well-deserved recognition of her exceptional achievements.



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GAPIO President Dr. Sudhir Parikh Advocates Stronger India-US Partnerships at International Collaboration Meet

GAPIO President Dr. Sudhir Parikh participated in the International Collaboration Meet held in Mumbai on 29th June 2026, where he met with Maharashtra Chief Minister Shri Devendra Fadnavis, MLA Rohit Patil, senior government officials, industry leaders, and international delegates. The meeting focused on strengthening India-US collaboration through investment, innovation, and sustainable economic development, while supporting the launch of the "Tasgaon Shines" initiative.

The event highlighted Tasgaon's vision of becoming an internationally connected, environmentally sustainable, and self-reliant industrial ecosystem. Dr. Parikh, together with U.S. Congressman Frank Pallone, expressed strong support for the initiative and emphasized the importance of fostering global partnerships to accelerate regional development and create new opportunities for economic growth.

During the meeting, Dr. Parikh announced plans to collaborate with Congressman Pallone in organising a Business Summit in New York, providing a platform to showcase investment opportunities in Maharashtra to American businesses and the Indian-American community. He also extended an invitation to Chief Minister Fadnavis to participate in the summit, which received a positive response.

Addressing the gathering, Dr. Parikh reaffirmed his longstanding commitment to strengthening India-US relations and highlighted India's growing appeal as a global investment destination. He encouraged American corporations to explore opportunities across sectors including healthcare, manufacturing, technology, infrastructure, and clean energy, while noting that India's stable and progressive business environment presents significant potential for long-term collaboration.

The International Collaboration Meet concluded with strong support from government representatives, industry leaders, and international partners for enhancing cross-border cooperation. The discussions reinforced the shared vision of promoting sustainable development, attracting global investment, and fostering strategic partnerships that contribute to economic growth and innovation in Maharashtra and beyond.



GAPIO Member Dr. Arun Prasad Honoured for Contributions to Bariatric Surgery and Medical Education

The Global Association of Physicians of Indian Origin (GAPIO) congratulates GAPIO Member Dr. Arun Prasad, Senior Consultant, Department of Gastrointestinal, Bariatric and Robotic Surgery, Indraprastha Apollo Hospitals, New Delhi, on his recent academic and professional achievements that reflect his continued commitment to advancing bariatric and metabolic surgery.

Dr. Prasad was invited as an International Guest Speaker at the British Obesity & Metabolic Surgery Society (BOMSS) National Annual Congress 2026, held in London, United Kingdom, where he delivered a plenary lecture on Robotic Bariatric Surgery. His presentation highlighted emerging advances and best practices in minimally invasive metabolic surgery, contributing to the scientific discussions at one of the world's leading bariatric surgery conferences.

Further adding to his accomplishments, Dr. Prasad served as the Editor of the Apollo Clinical Book on Obesity, launched as part of the Apollo Clinical Book Series, and authored a chapter titled "Principles and Current Practice of Bariatric and Metabolic Surgery." The publication aims to strengthen evidence-based clinical practice and serve as a valuable educational resource for healthcare professionals.

GAPIO congratulates Dr. Arun Prasad on these well-deserved recognitions and applauds his outstanding contributions to surgical innovation, medical education, and the advancement of bariatric and metabolic healthcare.



Congratulations!

on
DELIVERING A TALK
on
ROBOTIC BARIATRIC SURGERY
in the
PLENARY SESSION
of
BOMSS
BRITISH OBESITY & METABOLIC SURGERY SOCIETY
NATIONAL ANNUAL CONGRESS
LONDON, UNITED KINGDOM

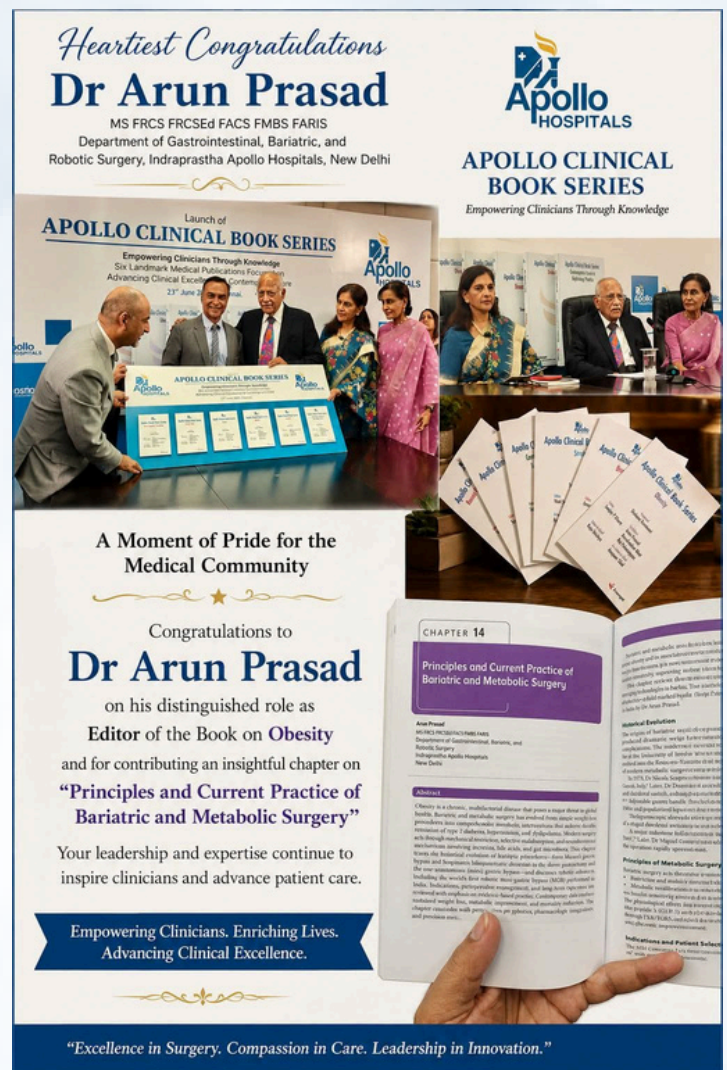
— ★ ★ ★ ★ ★ —
as an
INTERNATIONAL GUEST SPEAKER

Your valuable contribution and expert insights have truly enriched the scientific program and inspired healthcare professionals worldwide.

Well done!

Thank you
for sharing your expertise
and advancing the future of
metabolic and bariatric surgery.

11-13 JUNE 2026 LONDON, UNITED KINGDOM



Heartiest Congratulations
Dr Arun Prasad
MS FRCS FRCSd FACS FMBS FARIS
Department of Gastrointestinal, Bariatric, and Robotic Surgery, Indraprastha Apollo Hospitals, New Delhi

APOLLO CLINICAL BOOK SERIES
Empowering Clinicians Through Knowledge

Launch of
APOLLO CLINICAL BOOK SERIES
Empowering Clinicians Through Knowledge
Six Landmark Medical Publications Focus on Advancing Clinical Excellence
23rd June 2026

A Moment of Pride for the Medical Community

Congratulations to
Dr Arun Prasad
on his distinguished role as
Editor of the Book on Obesity
and for contributing an insightful chapter on
"Principles and Current Practice of Bariatric and Metabolic Surgery"

Your leadership and expertise continue to inspire clinicians and advance patient care.

Empowering Clinicians. Enriching Lives. Advancing Clinical Excellence.

"Excellence in Surgery. Compassion in Care. Leadership in Innovation."

GAPIO Member Dr. Lavanya Thondavada Leads World Elder Abuse Awareness Day Initiative in Trinidad and Tobago

The Global Association of Physicians of Indian Origin (GAPIO) congratulates GAPIO Member Dr. Lavanya Thondavada, Founder and President of the Geriatric Society of Trinidad and Tobago (GSTT), for leading activities to mark World Elder Abuse Awareness Day 2026 through a health and legal clinic held at St. Benedict's RC Church in La Romaine, Trinidad and Tobago.

The event brought together healthcare professionals, community leaders, and policymakers, including Opposition Leader Penelope Beckles, to raise awareness about the growing challenge of elder abuse and the need to strengthen protection for older adults. Dr. Thondavada highlighted that many older persons experience physical, emotional, financial, and psychological abuse, often remaining silent due to fear or dependence on their abusers. She emphasized the importance of robust support systems, community engagement, and collaborative efforts to safeguard the dignity, rights, and well-being of senior citizens.

GAPIO applauds Dr. Thondavada for her continued leadership in geriatric medicine and her unwavering commitment to advocating for the health, safety, and welfare of older adults through education, awareness, and community outreach.



Opposition Leader Penelope Beckles reacts as a UWI medical student sticks her finger to perform a blood sugar test during the Geriatric Society of Trinidad and Tobago's World Elder Abuse Awareness Day event at St Benedict's RC Church, La Romaine, yesterday. Also in the photo are Naigum Joseph, left, Dr Lavanya Thondavada, Deputy Mayor Patricia Alexis and San Fernando Mayor Robert Parris.

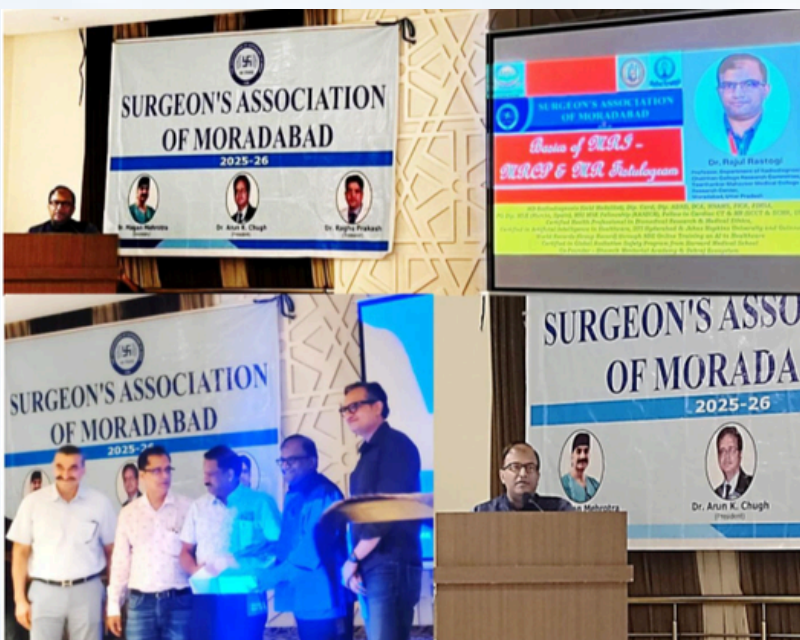
GAPIO Member Dr. Rajul Rastogi Represents India at the 2nd Global AI Conference 2026

The Global Association of Physicians of Indian Origin (GAPIO) congratulates GAPIO Member Dr. Rajul Rastogi on representing India at the 2nd Global AI Conference 2026, held at the Queen Elizabeth II Conference Centre, Westminster, London, United Kingdom. The prestigious international conference brought together nearly 1,000 delegates representing 952 institutions across 45 countries, providing a global platform for experts to discuss the rapidly evolving role of artificial intelligence in transforming healthcare.

Dr. Rastogi showcased three of the four research presentations from India among 138 accepted scientific posters, reflecting India's growing contribution to innovation in AI-enabled healthcare. The conference explored the complete integration of artificial intelligence in radiology, spanning image acquisition, workflow optimization, clinical auditing, and advanced diagnostic applications. The event also provided an opportunity to engage with internationally renowned experts and exchange knowledge on emerging technologies that are shaping the future of medical imaging and patient care.

During the conference, Dr. Rastogi emphasized the importance of integrating artificial intelligence into clinical workflows to improve diagnostic accuracy, enhance operational efficiency, and strengthen patient-centred care. He also highlighted the need for continuous adoption of emerging medical technologies and reaffirmed his commitment to mentoring the next generation of radiologists, equipping them with the skills required to lead the future of healthcare in an increasingly digital environment.

GAPIO congratulates Dr. Rajul Rastogi on this significant international achievement, which reflects his dedication to academic excellence, innovation, and global collaboration. His participation at one of the world's leading AI conferences underscores the growing contribution of physicians of Indian origin to advancing medical research and leveraging artificial intelligence to improve healthcare delivery worldwide.



GAPIO Member Dr. Padma Ramachandran Honoured with Prestigious National Awards for Excellence in Healthcare

The Global Association of Physicians of Indian Origin (GAPIO) congratulates GAPIO Member Prof. (Dr.) Padma Ramachandran on receiving two prestigious national recognitions in acknowledgement of her outstanding contributions to healthcare, preventive medicine, and community service. Her exemplary dedication to advancing medical care and improving community well-being continues to inspire healthcare professionals across India and beyond.

Dr. Ramachandran was conferred the Bharat Gaurav Samman Award 2026, recognising her exceptional commitment to delivering quality healthcare, promoting preventive medicine, and upholding the highest standards of ethics, compassion, and patient care. The award honours her selfless service and enduring contribution to building a healthier society through clinical excellence and community engagement.

Further adding to this achievement, Dr. Ramachandran was also honoured with the Tagore International Award 2026 in the category of Health & Medicine. The award recognises her professional excellence, dedicated service, and meaningful impact on healthcare through her unwavering commitment to improving lives and advancing medical excellence. The citation commends her compassion, tireless efforts, and significant contributions that have positively influenced both the medical profession and the wider community.

GAPIO extends its heartfelt congratulations to Dr. Padma Ramachandran on these well-deserved honours and applauds her continued commitment to excellence in medicine, community health, and patient care. Her achievements reflect the values of service, leadership, and professional excellence that continue to distinguish physicians of Indian origin worldwide.



GAPIO Partners with ALIGN Health Initiative to Advance Preventive Health Education for Children

The Global Association of Physicians of Indian Origin (GAPIO), under the leadership of its President, Padma Shri Dr. Sudhir Parikh, has joined the ALIGN Health Initiative, a physician-led grassroots movement aimed at promoting preventive health education among school children through healthy lifestyle awareness. GAPIO joined several leading philanthropic organizations at the pledge-signing ceremony held on June 17, 2026, reaffirming its commitment to improving health outcomes through education, prevention, and community engagement.

The pledge-signing event was led by Dr. Vikas Khurana and hosted by The Wright Center for Graduate Medical Education, represented by Michael Mahon, Vice President of Academic Affairs and Associate Designated Institutional Official. The initiative also brought together the American Association of Physicians of Indian Origin (AAPI), led by Dr. Amit Chakrabarty, and the WHEELS Global Foundation, represented by Ratan Agarwal and Dr. Raj Shah, with all organizations committing to expand the programme across the United States and globally.

Founded by Dr. Vriti Khurana, the ALIGN Health Initiative is a physician-led, school-based programme designed to educate children and adolescents about healthy nutrition, physical activity, sleep, emotional wellbeing, and lifestyle medicine through engaging and age-appropriate learning experiences. Working in partnership with schools, the initiative seeks to make preventive healthcare education practical, accessible, and sustainable for future generations. In his recorded message, Dr. Sudhir Parikh expressed GAPIO's strong support for the initiative, describing ALIGN as an important philanthropic partnership that aligns closely with GAPIO's mission of improving global health. He highlighted GAPIO's presence in 60 countries, representing approximately 1.4 million physicians of Indian origin, and affirmed the organization's commitment to supporting the initiative through its international physician network. Dr. Parikh also offered support through Life Global, which builds schools for disadvantaged communities in India, and Parikh Worldwide Media/ITV Gold, to help raise awareness and expand the reach of the programme.

Dr. Amit Chakrabarty, President of AAPI, praised the initiative and announced that ALIGN would be featured prominently during the upcoming AAPI Annual Conference, further strengthening physician engagement in preventive health education.

Representing WHEELS Global Foundation, Ratan Agarwal emphasized the close relationship between health and education, highlighting the organization's ongoing work in telehealth, maternal health, low-cost diagnostics, menstrual health, and community-based healthcare initiatives. He reaffirmed WHEELS' commitment to contributing its extensive resources and nationwide network towards the success of ALIGN.

Cardiologist Dr. Raj Shah spoke about the importance of giving back to the community, noting that investing in children's health represents an investment in the future of healthcare. He emphasized that collaborative partnerships between organizations such as WHEELS, GAPIO, AAPI, and The Wright Center would enable the initiative to reach communities where preventive health education is needed most.

The event also featured remarks from Dr. Rajiv Jain, who shared the success of the Akshaya Patra Foundation in delivering nutritious midday meals to more than 2.35 million school children across India. He highlighted the importance of focusing not only on food security but also on nutrition education, an objective that closely aligns with the vision of the ALIGN Health Initiative.

Michael Mahon of The Wright Center underscored the "power of partnership" in advancing children's health through collaborative action. Pediatrician Dr. Manju Thomas shared the encouraging results of an earlier ALIGN programme conducted at Riverside High School in Scranton, Pennsylvania, where students learned about nutrition, healthy eating habits, sleep, emotional wellbeing, and lifestyle choices. She emphasized that even small behavioural changes among children could have a lasting impact on lifelong health.

By joining the ALIGN Health Initiative, GAPIO has reaffirmed its commitment to promoting preventive healthcare, empowering young people through education, and supporting collaborative global efforts that encourage healthier lifestyles and stronger communities.

GAPIO Conducted Physiotherapy International Lecture Series on Visceral Manipulation and Whole-Person Health

On June 20th, 2026, the Global Association of Physicians of Indian Origin (GAPIO) conducted an International Physiotherapy Lecture Series titled "Visceral Manipulation and the Paradigm Shift from Disease Care to Whole-Person Health." The webinar brought together physicians, physiotherapists, rehabilitation professionals, and healthcare practitioners from around the world to explore the role of integrative therapies in advancing patient-centred care. The virtual session provided a platform for healthcare professionals to gain insights into the principles and clinical applications of Visceral Manipulation. The discussions highlighted the evolving transition from conventional disease-focused treatment towards a holistic model of healthcare that recognizes the interconnectedness of body systems and promotes overall health and well-being.

Session Highlights

- **Expert Faculty:** The lecture featured internationally renowned expert Dr. Adrianus Jacobus de Koning, who shared his extensive experience in Visceral Manipulation and Osteopathic Medicine, highlighting its role in enhancing patient outcomes through a whole-person approach.
- **Clinical Perspectives:** Participants gained valuable insights into the scientific principles, practical applications, and clinical relevance of Visceral Manipulation as an adjunct to multidisciplinary patient care, with emphasis on improving function, mobility, and quality of life.
- **Moderated Discussion:** The session was moderated by Dr. Seema Grover (PT) and concluded with an interactive question-and-answer segment, enabling participants to engage directly with the faculty and discuss practical challenges encountered in clinical practice

Key Takeaways

- Understanding the principles and therapeutic applications of Visceral Manipulation in modern healthcare.
- Appreciating the importance of a whole-person approach in improving patient outcomes and rehabilitation.
- Encouraging interdisciplinary collaboration to integrate evidence-informed physiotherapy practices into comprehensive patient care.
- Promoting continuous professional development through international academic exchange.

The lecture reinforced GAPIO's commitment to advancing continuing professional education by bringing together global experts to share emerging knowledge and best practices. Through such educational initiatives, GAPIO continues to foster interdisciplinary collaboration, support lifelong learning, and promote innovative approaches that contribute to improved patient care and better health outcomes worldwide.



GAPIO Physiotherapy International Lecture Series
organized by
Global Association of Physicians of Indian Origin (GAPIO)

Visceral Manipulation and the Paradigm Shift from Disease Care to Whole Person Health

LIVE on 20th June 2026 6:00 pm IST
8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK), 10:30 PM (Sydney, Australia)

Moderator	Esteemed Speaker	Keynote Speaker	Vote of Thanks
 Dr. Seema Grover (PT) Consultant and MCh Physiotherapy & Rehabilitation Indraprastha Apollo Hospitals, New Delhi	 Dr. G.K. Balaji PT PhD HOD - Physiotherapy, Post Graduate School, Madurai Director - The Sankar & Sankar Institute, India	 Dr. Adrianus Jacobus de Koning International Teacher Professor of Cranio Sacral Therapy and Visceral Manipulation Director - CIDC/ICMIA International College of Osteopathy & Manual Medicine, Vienna (Austria) Osteopathy, Manual Medicine, Traumatology and Pain Management	 Dr. M. Raj Prasanna (PT) Head & Chief (Channel Division) Physiotherapy & Rehabilitation, Apollo Hospitals, Chennai Principal - Apollo College of Physiotherapy, Apollo Institute of Medical Sciences & Research, The Apollo University, Chennai - (India)

Exclusive Webinar

As healthcare moves beyond disease management toward whole-person care, understanding the interconnectedness of body systems has become increasingly important. In association with GAPIO, we bring you an insightful webinar exploring the role of Visceral Manipulation in the paradigm shift from disease care to whole-person health. Join us on **20th June 2026 at 6:00 PM IST** for an engaging discussion on advancing patient care through integrative approaches.

If you are a Docplexus user
[Click here to join](#)

If you are New user
[Click here to join](#)

GAPIO Leadership

Past Presidents and Emeritus Advisors

Dr. Prathap C. Reddy
Dr. Sanku Rao
Dr. Ramesh Mehta
Dr. Anupam Sibal
Dr. Nandakumar Jairam
Dr. Sushil Jain (Honorary Advisor)

Current Leadership

Dr. Sudhir Parikh – President
Dr. Rohini Sridhar – Vice President
Dr. Abhijat Sheth – Secretary General
Dr. V. K. Raju – Joint Secretary
Dr. Anju Aggarwal – Treasurer



Scan this QR code to attend the session directly

We look forward to your active participation!
Join us for this interactive session and get all your queries answered!

SOCIAL MEDIA COVERAGE

GAPIO Observed International Day of Yoga 2026: Promoting Healthy Ageing Through Holistic Well-being

On the occasion of the International Day of Yoga 2026, observed under the global theme "Yoga for One Earth, One Health," the Global Association of Physicians of Indian Origin (GAPIO) highlighted the importance of yoga as a holistic approach to promoting physical, mental, and emotional well-being. Recognizing the growing burden of lifestyle-related diseases and an ageing population, GAPIO emphasized yoga's role in supporting healthier individuals and communities across all stages of life.

Scientific evidence continues to demonstrate that regular yoga practice can improve flexibility, balance, strength, cardiovascular health, stress management, and emotional resilience. As an accessible and cost-effective complementary health practice, yoga contributes to the prevention and management of chronic diseases while supporting healthy ageing and overall quality of life.

Healthcare professionals play a vital role in encouraging evidence-based lifestyle interventions, including yoga, as part of comprehensive patient care. Equally important is recognizing the well-being of healthcare providers themselves. In demanding clinical environments, incorporating practices that foster physical fitness, mindfulness, and emotional balance can help reduce stress, prevent burnout, and enhance resilience, enabling physicians and healthcare teams to provide the highest standard of care.

As the world observes the International Day of Yoga, GAPIO reaffirms its commitment to promoting preventive healthcare, healthy ageing, and physician well-being. By embracing holistic approaches that nurture both caregivers and the communities they serve, we move closer to building healthier, more resilient societies for generations to come.



SOCIAL MEDIA COVERAGE

GAPIO Observed Autistic Pride Day 2026: Celebrating Neurodiversity and Fostering Inclusive Healthcare

On the occasion of Autistic Pride Day 2026, the Global Association of Physicians of Indian Origin (GAPIO) celebrated the unique strengths, perspectives, and contributions of autistic individuals while reaffirming its commitment to promoting acceptance, dignity, and inclusion. Recognizing autism as a natural form of human neurodiversity, GAPIO emphasized the importance of creating environments where every individual is respected, valued, and empowered to thrive.

Autistic individuals continue to face barriers in education, employment, healthcare, and community participation, often due to limited understanding, stigma, and inadequate support systems rather than their diagnosis itself. Advancing inclusion requires moving beyond awareness to fostering acceptance, ensuring equitable access to services, and adopting person-centred approaches that recognize individual strengths, preferences, and needs throughout the lifespan.

Healthcare professionals play a pivotal role in delivering compassionate, evidence-based care by promoting early identification, facilitating timely interventions where appropriate, supporting individuals and families, and advocating for accessible, autism-friendly healthcare environments. Collaborative care that respects autonomy and embraces neurodiversity can significantly improve health outcomes and quality of life for autistic individuals.

As the global community marks Autistic Pride Day, GAPIO reaffirms its commitment to advancing inclusive healthcare, reducing disparities, and supporting initiatives that strengthen understanding and acceptance of neurodiversity. By listening to autistic voices and working together across healthcare, education, workplaces, and communities, we can help build a more inclusive society where every individual is respected and given the opportunity to reach their full potential.



SOCIAL MEDIA COVERAGE

GAPIO Observes World Environment Day 2026: Advocating for Planetary Health and Resilient Communities

On the occasion of World Environment Day 2026, observed under the theme "Now for Climate", the Global Association of Physicians of Indian Origin (GAPIO) reaffirmed the critical connection between environmental sustainability and human health. Recognizing that a healthy planet is fundamental to healthy populations, GAPIO emphasized the need for collective action to address climate change and promote environmentally responsible practices that safeguard present and future generations.

Environmental degradation, air and water pollution, biodiversity loss, and the growing impacts of climate change continue to pose significant threats to global public health. These challenges contribute to an increasing burden of respiratory illnesses, cardiovascular diseases, infectious diseases, heat-related conditions, food insecurity, and mental health concerns, disproportionately affecting vulnerable communities worldwide.

Healthcare professionals play an essential role in advancing planetary health by advocating for climate-conscious policies, promoting sustainable healthcare practices, educating communities on environmental health risks, and supporting initiatives that reduce the healthcare sector's environmental footprint. By integrating environmental stewardship into clinical practice, research, and public health efforts, physicians can help build healthier, more resilient communities.

As the world observes World Environment Day, GAPIO reaffirms its commitment to supporting global efforts that protect both people and the planet. Through collaboration, advocacy, and continued leadership, GAPIO encourages the medical community to champion sustainable solutions that advance climate action, strengthen public health, and ensure a healthier future for all.



SOCIAL MEDIA COVERAGE

GAPIO Observed World Hand Hygiene Day 2026: Promoting Clean Hands, Safer Care, and Better Health Outcomes

On the occasion of World Hand Hygiene Day 2026, observed on May 5, the Global Association of Physicians of Indian Origin (GAPIO) joined the global SAVE LIVES: Clean Your Hands campaign led by the World Health Organization, reinforcing the continued importance of hand hygiene in infection prevention, patient safety, and quality healthcare delivery.

Hand hygiene remains one of the simplest, most effective, and most essential measures to reduce healthcare-associated infections and protect patients, healthcare workers, and communities. Clean hands, performed at the right time and in the right way, play a critical role in preventing the spread of infections and strengthening trust in healthcare systems.

Healthcare professionals have a vital responsibility in promoting a culture of safety across hospitals, clinics, and community health settings. By consistently practicing and encouraging proper hand hygiene, they help improve standards of care, support infection control, and contribute to the broader goal of Universal Health Coverage.

This day served as a reminder that patient safety begins with basic but powerful actions. Through continued awareness, education, and commitment to clean care practices, GAPIO reaffirmed its support for healthcare workers worldwide and its dedication to safer care and better health outcomes for all.

GAPIO
Global Association of Physicians of Indian Origin

GLOBAL ASSOCIATION OF
PHYSICIANS OF INDIAN ORIGIN



MAY 5

WORLD
HAND
HYGIENE DAY

SAVE LIVES:
Clean Your Hands

Hand hygiene is critical for patient safety and infection prevention.

A simple action with a powerful impact across all levels of health care and essential to achieving Universal Health Coverage (UHC).



A WHO GLOBAL CAMPAIGN
Led by WHO to support health-care workers and improve hand hygiene in health care, reducing healthcare-associated infections and improving quality of care worldwide.

PREVENT INFECTIONS
Reduce the spread of infections and save lives.

PROTECT PATIENTS
Safer care for every patient, every time.

SUPPORT UHC
Essential for achieving Universal Health Coverage for all.

Clean Hands. Safer Care. Better Health Outcomes.

The right time. The right way.
Make hand hygiene a habit. Make it count.

Small action.
Big impact.

HEALTH TIPS/FACTS

Transforming Healthcare: How Software Development is Reshaping Modern Medical Practice

As healthcare continues to embrace digital transformation, software solutions are becoming essential tools for improving patient care, enhancing clinical decision-making, and streamlining healthcare operations. From electronic medical records to artificial intelligence and telemedicine, thoughtfully designed healthcare software enables physicians to deliver more efficient, data-driven, and patient-centred care while supporting the evolving needs of modern healthcare systems.

- **Electronic Medical Records (EMRs):** Building Better Continuity of CareEMRs provide secure, real-time access to patient histories, laboratory results, imaging, medications, and treatment plans, improving care coordination and reducing medical errors.
- **Telemedicine:** Expanding Access Beyond Hospital WallsVirtual consultations and remote patient monitoring increase healthcare accessibility, particularly for rural communities, elderly patients, and individuals with limited mobility, while supporting continuity of care.
- **Clinical Decision Support Systems (CDSS):** Enhancing Clinical DecisionsEvidence-based decision support tools assist clinicians by integrating patient information with current clinical guidelines, helping improve diagnostic accuracy and treatment planning.
- **Artificial Intelligence and Predictive Analytics:** AI-powered applications can analyse large clinical datasets, identify disease patterns, support early diagnosis, predict patient risks, and assist physicians in making timely, informed decisions.
- **Hospital Resource and Workflow Management:** Software solutions optimize scheduling, operating theatre utilization, inventory management, equipment tracking, and workforce allocation, improving operational efficiency and reducing administrative burden.
- **Improving Patient Safety and Quality of Care:** Digital systems reduce documentation errors, enhance medication safety, standardize clinical protocols, and facilitate better communication among multidisciplinary healthcare teams.
- **Strengthening Data Security and Regulatory Compliance:** Healthcare software incorporates encryption, secure authentication, audit trails, and compliance with regulations such as HIPAA and GDPR to protect sensitive patient information and maintain confidentiality.
- **Scalable and Customised Solutions:** Custom-built healthcare applications can be tailored to the unique clinical, operational, and administrative requirements of individual hospitals, clinics, and healthcare organizations while remaining adaptable to future technological advances.
- **Integration Across Healthcare Systems:** Interoperable software enables seamless exchange of information between laboratories, pharmacies, imaging centres, electronic health records, and hospital information systems, improving continuity of patient care.
- **Preparing Healthcare Professionals for the Digital Future:** Successful digital transformation depends not only on technology but also on continuous training, interdisciplinary collaboration, and physician engagement to ensure that digital tools enhance—rather than complicate—clinical practice.

Source:<https://www.healthtechzone.com/topics/healthcare/articles/2024/05/31/459717-transforming-healthcare-power-software-development-medical-field.htm>

HEALTH TIPS/FACTS

Prioritising Physician Well-being: Organisational Strategies That Reduce Burnout

Physician well-being is increasingly recognised as a cornerstone of safe, high-quality healthcare. While individual resilience is important, sustainable improvements require organisational commitment. Health systems that invest in physician wellness, mental health, workforce development, and supportive workplace cultures are better positioned to reduce burnout, improve retention, and enhance patient care.

- **Make Physician Well-being an Organisational Priority:** Establish dedicated wellness committees and integrate physician well-being into institutional leadership, strategic planning, and quality improvement initiatives.
- **Improve Access to Confidential Mental Health Services:** Provide 24/7 confidential counselling, coaching, and psychological support through virtual or in-person services to reduce barriers and encourage early intervention.
- **Develop Peer Support Programmes:** Train physicians and healthcare professionals to provide confidential peer support following stressful clinical events, helping reduce emotional distress and professional isolation.
- **Address Workforce Shortages:** Invest in residency, fellowship, and physician recruitment programmes to strengthen the workforce, reduce excessive workloads, and improve long-term workforce sustainability.
- **Reduce Administrative Burden:** Optimise electronic health records (EHRs), streamline documentation, and leverage artificial intelligence to simplify routine administrative tasks, allowing physicians to focus more on patient care.
- **Foster a Culture of Community and Recognition:** Encourage networking events, professional recognition programmes, and team-building activities that strengthen collegial relationships and improve workplace morale.
- **Promote Meaningful Engagement Beyond Clinical Practice:** Support volunteering, mentorship, teaching, and community outreach initiatives that enhance professional fulfilment and reinforce physicians' sense of purpose.
- **Invest in Wellness Activities:** Offer wellness programmes such as mindfulness sessions, art therapy, physical activity initiatives, relaxation techniques, and resilience training to support physical and emotional health.
- **Leverage Technology Responsibly:** Implement digital tools and AI solutions that improve workflow efficiency without increasing cognitive burden, ensuring technology remains a support rather than a source of stress.
- **Commit to Continuous Improvement:** Regularly assess physician well-being through surveys, feedback mechanisms, and measurable outcomes, using the findings to refine organisational wellness strategies.

Source: <https://www.ama-assn.org/practice-management/physician-health/how-smaller-system-prioritizes-physician-well-being-big-ways>

GAPIO Honors' List - June 2026



Dr. Arun Prasad, Surgical Gastroenterology, Clinical Lead, GI & Bariatric, at New Delhi, was invited as guest lecture at British Obesity & Metabolic Specialist Society (BOMSS) on the topic “Why Robotic Bariatric Surgery” held on 12th June 2026 at London (UK).

He has been recognized as an editor of the book under “Clinical Book Series” on obesity and for contributing his insightful chapter on “Principles and Current Practice of Bariatric and Metabolic Surgery”

Dr. Devendra Kumar Gupta, Former Professor and Head, Department of Pediatric Surgery at AIIMS, New Delhi, former Vice-Chancellor - KGMU, Lucknow, Director and CEO: Postgraduate Institute of Child health, Noida has achieved the following:

- Received the LifeTime Achievement Award , presented by the President and the Secretary General of the World Federation of Associations of Pediatric Surgeons (WOFAPS- the Apex body in Pediatric Surgery representing 105 countries), in Nagoya, Japan during the Joint Congress of Asian Association and Japanese Society of Pediatric Surgery, with WOFAPS Executive Board Meeting held from June 9-13, 2026.
- Was invited as Keynote Speaker to deliver the Guest Lecture on " Challenges to Manage Rare Variants of Anorectal Malformations" during the International Congress of the Pediatric Colorectal Club. held in Vienna, Austria, from May 17-19, 2026.
- Was invited as International Guest faculty to deliver Lectures (Hirschsprung's Disease, Hypospadias, Urological Complications following pelvic surgery, Hydronephrosis, Making a Good Doctor, during the International Uro-Oncology Congress, held at the UFA University, UFA, Russia, from June 22-27, 2026.
- Was invited as Visiting Professor to the Pediatric University, Saint Petersburg, Russia from June 29-30, 2026, for scientific exchange in the field of Pediatric Surgery, Urology, Fetal surgery, including the visits to the hospital, Neonatal ICU, and research discussions pertaining to Hirschsprung's disease.

Dr. Dillip Kumar Dash, Hon. Prof. & Sr. Consultant Psychiatrist, Bilaspur, Chhattisgarh, has co published an article on topic “Future of Workplace Mental Health: Integrating AI-Based Psychiatric Counselling to Manage Employee Stress and Anxiety by 2030” in “International Journal for Research Publication and Seminar” .

Dr. Kandamaran Krishnamurthy, Consultant Pediatric, Intensive Care Unit from Queen Elizabeth Hospital, Barbados has co-authored article on topic “Modeling Reliability and Validity Across OSCE Station Numbers in Final MBBS Exam”.

- DOI:[10.20944/preprints202607.0344.v1](https://doi.org/10.20944/preprints202607.0344.v1)

GAPIO Honors' List - June 2026

Dr. Keerti Singh, Senior Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, organized a men's Health-fair at UWI Cave Hill Campus in collaboration with the office of Campus Registrar and the Medical Students Association to commemorate Father's Day. Supervised the free health checks and the health presentations done by students on Prostate Cancer.

Dr Lavanyakumari Thondavada, the founder and current president of the Geriatric Society of Trinidad & Tobago (GSTT), The Geriatric Society of Trinidad and Tobago organised a community outreach programme on world elder abuse awareness day at St Benedict's RC Church, La Romaine which was attended by Opposition Leader Pennelope Beckles. Dr. Meenakshi N, Consultant, Family Physician and Public Health Specialist in Noida, participated in health camp at Sitarganj Uttarakhand with Junoon charitable trust.

Dr Padma Rmachandran, professor at Palakkad Institute of Medical Sciences (PIMS), Walayar, Kerala has been honored with the Tagore International Award 2026 in recognition of her dedicated service, professional excellence, and valuable contributions to healthcare. She has also received Bharat Gaurav Samman Award 2026, in recognition of her outstanding contribution to health, medicine, and community wellness.

Dr. Prasad Walimbe, Paediatric Ophthalmologist, Pune has the following achievements:

- 38th APACRS (Asia Pacific Associations of Cataract & Refractive Surgeons) -55TH RCOPT (Royal College of Ophthalmologists of Thailand) Joint meeting-Pattaya, Thailand : 4-6 June 2026.
- # Free Paper: - Treatment of Adult Amblyopia- Can Brain Brakes be Lifted? (ID: 122) (**Received the "BEST PAPER OF SESSION "Award)
- # Video Film Festival: - Nuances of Paediatric Cataract Surgery (ID: 123) 40th World Ophthalmology Congress (WOC 2026), Prague, Czech Republic (26-29 June 2026)
- # E-Poster (PP-VR-013):- Efficacy of Dichoptic Amblyopia Training (DAT) on visual & binocular functions in adult amblyopia.
- Successfully summited Mount Kilimanjaro (highest peak in African continent & World's highest free-standing mountain) -situated in Tanzania @ 5895 meter above sea level.

Dr. Premkumar Balachandran, Senior Consultant and Clinical Lead at Chennai has achieved the following:

- Delivered a faculty lecture on "Laparoscopic e tep inguinal hernia surgery" and "Robotic tapp inguinal hernia surgery" in MMC Surgicon, Chennai on 13/6/26.
- Delivered a faculty lecture on " New trends and developments in hernia surgery " in the 26th annual rapid review and revision course, held by the department of General surgery, Sri Ramachandra institute of higher education and research, Chennai on 18/6/26.
- Elevated as Adjunct Professor of the Apollo Hospital Educational Research Foundation.
- Participated as a guest of honor and delivered a faculty lecture on "Robotic hernia surgery" in the "Hernia conclave 2026" in NRI medical college, Vijayawada on 20/6/26.
- Delivered a faculty lecture on "Introduction to robotics in surgery" in the midterm IAGES conference in Bengaluru on 28/6/26 and participated as a panelist in a panel on "Complex hernias".

Dr. R. M. Chhabra, Senior Consultant Physician, Max Hospital, Shalimar Bagh, Delhi and Saroj Super Specialty, Rohini, Delhi have received FACP (Fellowship of American College of Physicians) in the month of April 2026 at San Francisco, USA.

Dr. (Lt. Col.) Ravikumar Arunachalam, retired advisor to SRM Medical College, Hospital & Research Institute and retired, Pro Vice Chancellor, Medical and Health Sciences of SRM Institute of Science and Technology, has co-authored manuscript on the topic "Effectiveness of an Eclectic Voice Therapy Approach and Vocal Function Exercise [VFE] –Normative Range Cut-off Value Comparisons" which has been accepted for publication in "Journal of Voice".

Dr. Sanjay Kumar Bhadada, Professor & Head, Department of Endocrinology, PGIMER, Chandigarh, Executive Member of the Indian Society for Bone and Mineral Research, Chairman, Chandigarh Chapter of RSSDI, Former President of the Endocrine Society of India, that EndocrineLab, at PGIMER, Chandigarh, has been NABL-accredited under his as head of the department of endocrinology.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi has received following awards:

Honours & Awards

- Recognized among the Top 5% of Scientists Worldwide in the 2025 SciRank Global Registry with a global rank of 98,592 among over 8 million researchers across 150+ countries.
- Appointed a member of the Advisory Committee for Formation of National Standards on AI Readiness. National Medical AI Mission (NMAIM)
- Six books release of 'Apollo Clinical Book Series' as Editor in Chief. Chennai. 23rd June 2026, by Dr PC Reddy.

Dr Raju has published the following papers in June 2026:

- Vaishya R, Vaish A. Bridging continents, elevating evidence: The special joint issue of the Indian Arthroscopy Society and European Society for Knee Surgery, Sports Traumatology, and Arthroscopy on Arthroscopic Surgery and Sports Medicine. J Arthrosc Surg Sports Med. 2026;7:S1-2. doi: 10.25259/JASSM_26_2026
- Grover S, Vaishya R, Gupta BM, Mahapatra N, Chaman SM, Madhu S. A bibliometric assessment of the Indian Journal of Psychiatry: Trends, impact, and collaboration (2009–2024). Indian J Psychiatry 2026; 68:510-6.
- Vaishya R, Ram S, Gupta BM, Vaish A, Dhillon M. Sports injuries research in India: A bibliometric analysis of publications (2001–2025). J Arthrosc Surg Sports Med. 2026;7:S117-27. doi: 10.25259/JASSM_21_2026
- Kambhampati S, Puppala D, Botchu R, Karlapudi V, Vaishya R, D'Ambrosi R. Pathologies of the popliteus tendon – A comprehensive review of the current literature. J Arthrosc Surg Sports Med. 2026;7:S54-66. doi: 10.25259/JASSM_4_2026
- Vaishya R, Singh A, Gupta BM, Vaish A, Dhillon MS. Global Trends and Research Hotspots in Soccer Injury Literature: A Bibliometric Analysis (1904-2025). J ISAKOS. 2026; 19: 101135. doi:10.1016/j.jisako.2026.101135
- Vaishya R, Tanwar YS, Pienaar G, Vaish A. 3D-Printed Patient-Specific Cutting Guides for Multiplanar Long Bone Deformity Correction: Insights from a Narrative Review and Two Case Examples. Indian J Orthop 2026; <https://doi.org/10.1007/s43465-026-01855-6>
- Thakur K, Petrous E, Uldin H, Shirodkar K, Gibson J, Vaishya R, Prakash D, Botchu R. Body Mass Index as a Predictor of Medial Knee Subcutaneous Fat on MRI: A Retrospective Study of 100 Knees. Indian J Radiol Imaging. 2026; DOI <https://doi.org/10.1055/s-0046-1823682>

Dr. Rajul Rastogi, Professor, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP, has achieved the following milestones:

1. Dr. Rajul has represented India at the 2nd Global AI Conference 2026, held at the Queen Elizabeth II, Convention Centre in Westminster, UK. He has showcased 3 of 4 total Research Presentations from India among a Global Field of 138 accepted posters. Bringing this work to a stage featuring approx. 1,000 delegates from 952 institutions across 45 countries was a profound experience.
2. He has joined the Faculty Development Program at Teerthanker Mahaveer University (TMU), Moradabad to discuss leverage AI tools to optimize nursing practice and elevate Indian Healthcare to global standards.
3. Dr Rajul has participated as both Speaker and Quiz Master at the recent CME, conducted under the aegis of the Surgeon's Association of Moradabad, Uttar Pradesh. He presented on the critical role and complexities of MRCP and MR Fistulography in modern surgical practice.
4. He has contributed to the training journey of the NexGen of Medical Educators at Teerthanker Mahaveer Medical College & Research Center, Teerthanker Mahaveer University, Moradabad. Guided by National Medical Commission norms, he had the privilege of leading a session on Self-Directed Learning (SDL).

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