



GAPIO 2026 Conference Emerged as a Resounding Success, Strengthening Global Healthcare Collaboration

The 16th Annual Conference of the Global Association of Physicians of Indian Origin (GAPIO) concluded successfully, bringing together global medical leaders to advance dialogue on the future of healthcare. The event reinforced GAPIO's commitment to fostering innovation, academic exchange, and international collaboration, further strengthening its role in shaping forward-looking healthcare solutions for a rapidly evolving world.



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GAPIO 16th Annual Conference 2026 Concludes Successfully in Indore, Showcasing Global Leadership in Advancing Healthcare

The 16th annual conference of the Global Association of Physicians of Indian Origin (GAPIO), held February 14–15, 2026 at Brilliant Convention Centre, Indore, was a resounding success.

Indore witnessed one of Central India’s most significant international medical gatherings as the conference concluded successfully on 15 February 2026 at The Brilliant Convention Centre. The two-day conference, held on 14–15 February, brought together more than 480 delegates, including eminent physicians, academicians, researchers, policymakers, and healthcare innovators from across India and abroad.

Indore witnessed one of Central India’s most significant international medical gatherings as the conference concluded successfully on 15 February 2026 at The Brilliant Convention Centre. The two-day conference, held on 14–15 February, brought together more than 480 delegates, including eminent physicians, academicians, researchers, policymakers, and healthcare innovators from across India and abroad.

Centred on the theme “Advance Healthcare: Addressing the Future of Global Health Challenges,” the conference focused on forward-looking strategies to anticipate emerging global health issues, integrate technological innovation, and redefine modern healthcare delivery systems. GAPIO, representing over 1.4 million physicians of Indian origin across 59 countries, once again demonstrated its global leadership in fostering academic exchange and international collaboration.

The scientific conclave on the opening day featured comprehensive sessions spanning Cardiology and Cardiac Surgery, Endocrinology, Obesity and Vaccination, Urology, Hepatology, Orthopaedics and Joint Replacement, and Integrative Healthcare. More than 50 distinguished national and international faculty members presented cutting-edge research, minimally invasive advancements, preventive strategies and multidisciplinary approaches, generating rich academic discussions and knowledge sharing among participants.



The evening's Gala Dinner and Healthcare Awards Ceremony celebrated excellence in medicine and leadership. The awards were presented by Mr. Shankar Lalwani, Member of Parliament, Indore, who graced the occasion as Chief Guest. Honours were conferred across ten distinguished categories, recognising outstanding clinicians, innovators, young achievers, and global contributors whose dedication continues to elevate standards of patient care.

On the second day, parallel specialty summits in Nutrition and Physiotherapy highlighted the growing importance of preventive and rehabilitative care. The Nutrition Summit was graced by Ms. Santosh Yadav, National Adventure Award (1994) and Padma Shri (2000) awardee and the first woman in the world to climb Mount Everest twice, who attended as Chief Guest. Drawing parallels between physical endurance and preventive health, she underscored the importance of discipline, resilience and holistic well-being in achieving both personal and public health milestones. The Nutrition Summit explored longevity science, obesity management, pediatric and renal nutrition, neuro-nutrition, and lifestyle strategies in the GLP-1 era, while the Physiotherapy Summit focused on technology-driven therapeutic models, pelvic floor health and cardiopulmonary rehabilitation.



Reflecting on the conference's impact, Dr Anupam Sibal, Past President of GAPIO, remarked that the organisation continues to serve as a powerful global bridge connecting Indian-origin physicians across continents to collectively shape the future of healthcare.

He emphasised that the Indore conference symbolised the strength of academic diplomacy and collaborative excellence.

Newly elected President Dr Sudhir Parikh stated that GAPIO's vision is to further expand global partnerships, mentor young clinicians, and champion innovation-driven healthcare reforms that can benefit both India and the international community. He reiterated that the momentum generated in Indore would translate into tangible global health initiatives in the coming year.

Immediate Past President Dr Nandakumar Jairam highlighted the importance of continuity in leadership and the sustained commitment of GAPIO toward ethical practice, academic excellence and policy advocacy. He noted that the scale and quality of participation reflected the growing influence of the organisation worldwide.



Vice President Dr Rohini Sridhar underscored the increasing role of multidisciplinary collaboration, especially in preventive healthcare domains such as nutrition and physiotherapy, stating that integrated care models represent the future of sustainable healthcare systems. Secretary General Dr Abhijat Sheth lauded the overwhelming delegate response and meticulous organisation, affirming that GAPIO 2026 set new benchmarks in academic programming, global participation and strategic dialogue.

Receiving an impressive overall rating, the conference reflected exceptional academic quality and organisational excellence. With strong participation and global representation, GAPIO 2026 has firmly positioned Indore as an emerging hub of international medical thought leadership and reaffirmed its commitment to improving health worldwide through innovation, collaboration and excellence.



~ Awards at the GAPIO Conference ~



The GAPIO Lifetime Achievement Award was conferred on Dr Rajesh Vyas from USA.



Dr. Prathap C Reddy Philanthropy Award was presented to Dr. Ravikant Singh, founding directors of NGO – “Doctors for You (DFY)”.

The following awards were given in the Distinguished Clinician category:

Dr I A Modi Award was presented to Dr . C V Harinarayan, Director, Institute of Endocrinology, Diabetes, Thyroid and Osteoporosis Disorders, Sakra World Hospitals, Bangalore, Karnataka..

- GAPIO Surgical Excellence Award was presented to Dr. Vinay Kumar Kapoor, Surgical Gastroenterology (GI &HPB Surgery), Mahatma Gandhi Medical College & Hospital (MGMCH), Mahatma Gandhi University of Medical Sciences & Technology (MGUMST), Jaipur.
- GAPIO Excellence in Diagnostics Award was presented to Dr. Subhash Chandra Parija, Tropical Medicine and Microbiology, National Academy of Medical Sciences (NAMS), New Delhi..
- GAPIO Excellence in Radiology/ Radiation Therapy Award was presented to Dr. Ravi Kapoor, Radio-Diagnosis, Director, City X-Ray & Scan Clinic Pvt. Ltd., Delhi.

The following awards were given in the Young Clinician category

- Dr I A Modi Award was presented to Dr. Rimesh Pal, Endocrinologist, PGIMER, Chandigarh.
- GAPIO Surgical Excellence Award was presented to Dr. Robinson George, Professor & Chief; Department of General & Laparoscopic Surgery - Pushpagiri Institute of Medical Sciences & Research Centre, Tiruvalla, Kerala, India.
- GAPIO Excellence in Diagnostics Award was presented to Dr. Shilpa Rao, Neuro Pathology, National Institute of Mental Health and Neurosciences (NIMHANS).
- GAPIO Excellence in Radiology/ Radiation Therapy Award was presented to Dr Rajat Jain, Consultant & Head Department of Radio Diagnosis, Shree Aggarsain International Hospital, New Delhi. Director - Doctors for You (DFY).

Padma Shri awardee Dr Sudhir Parikh has been elected as the President of the Global Association of Physicians of Indian Origin (GAPIO) during its 16th Annual Conference held in Indore in February 2026.

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A distinguished US-based allergist, immunologist, and philanthropist, Dr Parikh brings decades of experience in advancing medical excellence and supporting the global Indian physician community. As Chairman of Parikh Worldwide Media/ITV Gold and a founding member of AAPI, he has played a pivotal role in strengthening professional networks and mentoring physicians internationally.

Upon assuming office, Dr Parikh emphasised his vision to further expand global collaboration, enhance academic exchange, and strengthen connections among Indian-origin physicians worldwide in service of humanity. His election marks a significant step in reinforcing GAPIO's mission of advancing global healthcare through leadership, innovation, and collective engagement.



Chief Guest Member of Parliament from Indore Shankar Lalwani presents bouquet to President of GAPIO Padma Shri recipient Dr. Sudhir Parikh.



President of GAPIO Dr. Sudhir Parikh, addressing the 16th Annual Conference

GAPIO Member Dr Arun Prasad Honoured with Science and Innovation Award at India-UK Achievers Honors 2026

Dr Arun Prasad, a distinguished surgeon from Indraprastha Apollo Hospital, was honoured with the Science and Innovation Award at the prestigious India-UK Achievers Honours Parliamentary Reception held at the House of Lords, UK Parliament.

The award ceremony, organised by National Indian Students and Alumni Union UK, celebrated outstanding contributions of Indian-origin professionals across various fields, recognising excellence and strengthening the India-UK partnership.

Dr Prasad was selected as the winner in the Science and Innovation category from among ten distinguished global nominees, marking a significant international recognition of his contributions to surgical innovation. He expressed gratitude to Karan Bilimoria, Uday Nagaraju, and the organisers for this honour.

A leading figure in advanced surgical practice, Dr Prasad has made notable contributions in minimal access gastrointestinal, thoracic, bariatric, and robotic surgery in India. His work has played a key role in advancing modern surgical techniques, improving patient outcomes, and promoting innovation in healthcare delivery.

The recognition also highlighted the growing impact of Indian medical professionals on the global stage and the importance of international collaboration in driving scientific and medical progress.

Dr Prasad described the award as a proud moment representing Indian surgical innovation internationally and reaffirmed his commitment to advancing excellence in patient care and medical research.



GAPIO Member Dr P. N. Renjen Showcases Research Excellence at APICON 2026

Dr P. N. Renjen presented significant research contributions at APICON 2026, the 81st Annual Conference of the Association of Physicians of India, held in Patna from 29 January to 1 February 2026.

He presented an original research paper titled “Atrial Cardiopathy – A Newer Concept in Stroke,” highlighting emerging concepts in stroke research and contributing to ongoing academic discourse in neurology.

The presentation was well received by faculty and delegates, with engaging discussions reflecting the scientific relevance of the work. The participation underscored continued contributions to neurological research and academic excellence at a national platform.



GAPIO Member Dr P. N. Renjen Presents Research and Chairs Session at DNACON 2026

Dr Pushendra N. Renjen from Indraprastha Apollo Hospital contributed to the 28th Annual Conference of the Delhi Neurological Association (DNACON 2026) and the 24th Neuro Nurses Forum, held on 7–8 February 2026 at All India Institute of Medical Sciences.

He presented an original research paper on “Atrial Cardiopathy,” highlighting emerging concepts in stroke research. In addition, he chaired a session on “Cognitive Disorder Advances – Preparing the Landscape for Amyloid-Targeting Therapies (ATT) for Alzheimer’s Disease in India.”

The session focused on recent advances and future therapeutic strategies in Alzheimer’s disease, fostering meaningful academic discussions among participants.

His participation reflected continued contributions to neurological research and strengthened the academic engagement of the institution at a national platform.



Dr Bibhuti Kashyap Makes Global History with Dual Rhett Buckler Awards in Retinal Surgery

Dr Bibhuti Kashyap from Jharkhand made global history by becoming the only surgeon to win two Rhett Buckler Trophies in a single year at the American Society of Retina Specialists (ASRS) 2025 meeting in the USA.

The award, regarded as the “Oscars” of surgical retina, recognises excellence in surgical innovation and outcomes. His unprecedented achievement set a new global benchmark in vitreoretinal surgery.

In addition, Dr Kashyap was invited as a speaker at major international forums, including the World ROP Congress 2025 and FLORetina-ICOOR 2025. At the World ROP Congress, he delivered a landmark presentation on advanced ROP management, showcasing real-world clinical data from India.



GAPIO Member Dr Rajul Rastogi showcases Leadership in AI, Education, and Innovation Across Multiple National Platforms

Dr Rajul Rastogi, a leading radiology expert, actively contributed across multiple academic and clinical platforms, advancing AI-driven healthcare, medical education, and interdisciplinary collaboration.

He was invited as an External Expert in the Departmental Research Advisory Committee for PhD scholars in Medical Imaging and Technology at SGT University, Gurugram, supporting academic research and mentorship.

Dr Rastogi also delivered a specialist session on “Beyond the Fundus: Bridging Radiology and Ophthalmology” at the Moradabad Ophthalmic Society, highlighting the role of advanced imaging in complex diagnostic pathways.

He conducted a specialised workshop on AI-based CT and MRI applications for postgraduate residents, providing hands-on exposure to emerging technologies and strengthening clinical–AI integration.

Following his certification from Harvard Medical School, he led initiatives to promote radiation safety practices, reinforcing a safety-first culture in clinical environments.

His contributions further extended to national platforms, including a keynote role at an AI in Healthcare conference at Banaras Hindu University, along with participation in panel discussions on responsible adoption of AI in radiology.

He also presented innovative work on AI applications in healthcare workflows, reflecting the growing role of intelligent systems in clinical decision-making.

These engagements highlight Dr Rastogi’s continued commitment to advancing innovation, ethical AI integration, and capacity building in India’s healthcare ecosystem.



GAPIO Member Dr Sudhir Parikh and Life Global USA Recognised for Social Impact Initiatives in Ahmedabad

Dr Sudhir Parikh, Chairman of Life Global USA, along with other officials, received special recognition at Thakkarbapa Sanskar Ashram, Ahmedabad, for their contributions to environmental sanitation, education, and community development.

The recognition was conferred during a special ceremony attended by representatives of the Environmental Sanitation Institute and project partners, acknowledging Life Global USA’s sustained efforts in improving livelihoods and promoting social welfare.

Under Dr Parikh’s leadership, Life Global USA has supported initiatives focused on sanitation awareness, skill development, and educational empowerment, benefiting underserved communities.

This recognition highlights the organisation’s continued commitment to advancing sustainable development and creating meaningful social impact through collaborative efforts.



Thakkarbapa Sanskar Ashram, Idar, and Environment Sanitation Institute, Ahmedabad, presented a citation to Life Global USA for their support.



Dr. Sudhir Parikh, allergist and immunologist in tri-state area, and chairman and CEO of Parikh Worldwide Media, has worked for decades to improve visa regulations for foreign medical graduates.



Students at Thakkarbapa Sanskar Ashram, Idar.

SOCIAL MEDIA COVERAGE

GAPIO Observed Rare Disease Day: Advancing Awareness, Inclusion, and Compassionate Care

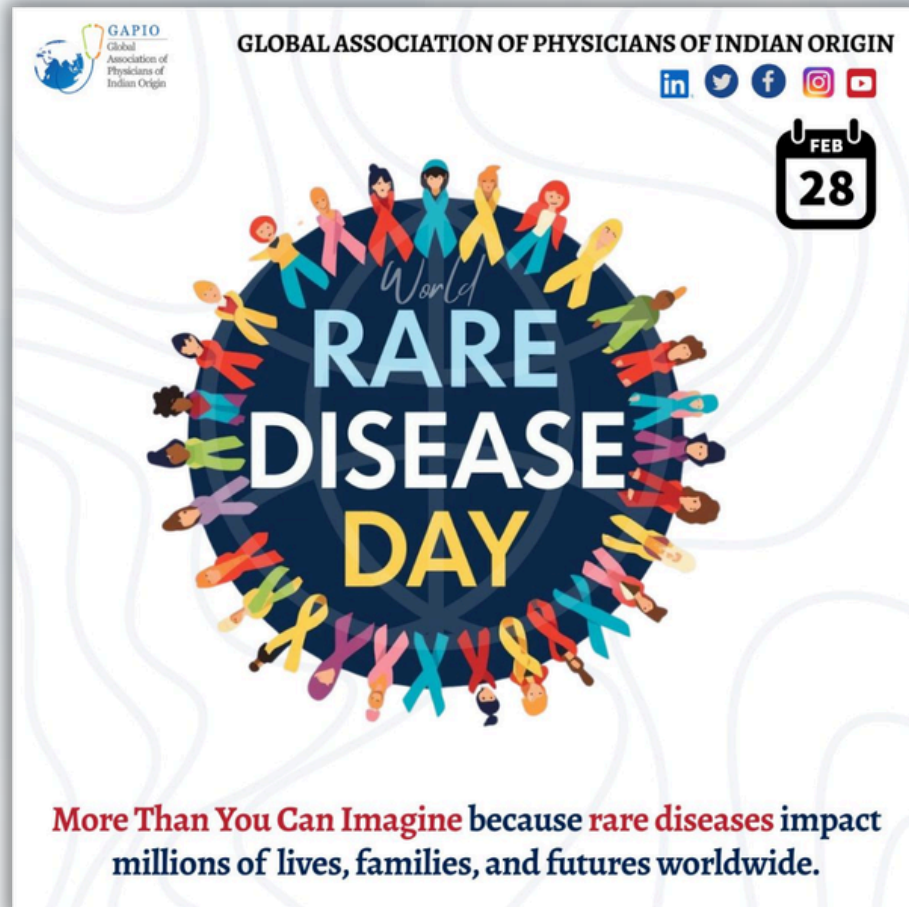
On the occasion of Rare Disease Day, the Global Association of Physicians of Indian Origin (GAPIO) acknowledged the theme “More Than You Can Imagine,” highlighting the profound yet often unseen impact of over 6,000–10,000 rare diseases affecting more than 300 million people worldwide.

Rare diseases continued to present significant global health challenges, often marked by delayed diagnosis, limited treatment options, and gaps in healthcare access. Addressing these challenges required increased awareness, early detection, and the development of inclusive healthcare systems that support both patients and their families.

Healthcare professionals played a crucial role in recognising rare conditions, advocating for timely interventions, and supporting individuals navigating complex medical journeys. Their efforts helped bridge gaps in care while ensuring that patients received not only treatment but also empathy and understanding.

This day served as a reminder of the social, emotional, and financial burdens faced by those living with rare diseases, reinforcing the importance of building systems that are responsive, inclusive, and patient-centric.

Through collective awareness and compassionate action, GAPIO reaffirmed its commitment to advancing recognition, improving access to care, and supporting a future where rare diseases are better understood, diagnosed earlier, and managed with dignity and care.



SOCIAL MEDIA COVERAGE

GAPIO Observed International Day of Women and Girls in Science: Advancing Inclusion, Leadership, and Innovation in Healthcare

On 11 February 2026, the International Day of Women and Girls in Science highlighted the need to move from intent to impact by closing the gender gap in STEM. The Global Association of Physicians of Indian Origin (GAPIO) recognised this important occasion by reaffirming its commitment to advancing inclusion, promoting leadership, and supporting equitable opportunities for women in healthcare and scientific innovation.

The day underscored the critical role of women in shaping the future of medicine through contributions to medical research, AI-driven healthcare, digital health, and emerging technologies. Despite significant progress, gender disparities in access, representation, and leadership continued to present challenges that required sustained global attention.

Women physicians, scientists, and healthcare professionals played a vital role in driving innovation, improving patient outcomes, and advancing knowledge across disciplines. Their contributions extended beyond clinical practice to research, policy, and technology, helping build more responsive and inclusive healthcare systems.

This occasion served as a reminder that achieving equity in science and healthcare requires collective effort through mentorship, leadership development, and inclusive practices. Empowering women in STEM not only strengthens the workforce but also enhances the quality and reach of healthcare delivery worldwide.

Through continued advocacy and collaboration, GAPIO reaffirmed its commitment to supporting gender equity in healthcare and fostering an environment where women and girls can lead, innovate, and shape the future of global health.



SOCIAL MEDIA COVERAGE

GAPIO Observed Republic Day 2026: Honouring 150 Years of Vande Mataram and India's Enduring Spirit

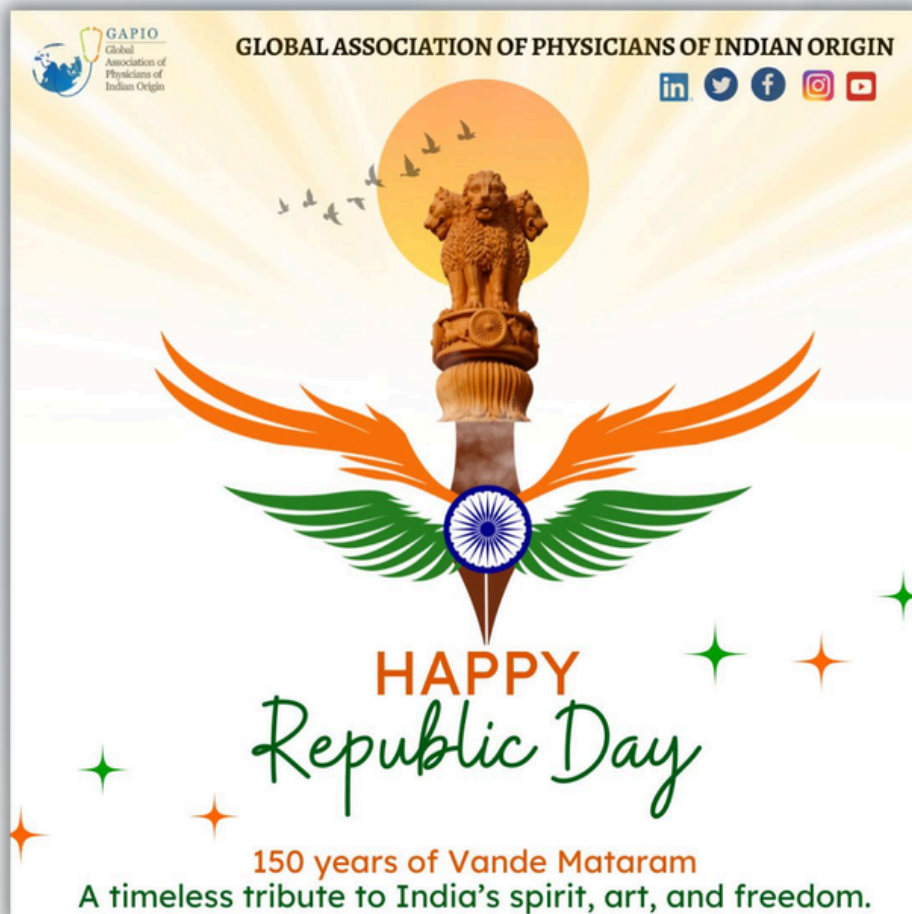
On the occasion of Republic Day 2026, India commemorated 150 years of Vande Mataram, a song that ignited national consciousness and continues to inspire unity, service, and pride across generations. The Global Association of Physicians of Indian Origin (GAPIO) joined in honouring this historic milestone, reflecting on the values that have shaped the nation's identity.

This significant occasion highlighted the enduring relevance of Vande Mataram as a symbol of unity and collective purpose. Its message continued to resonate across time, reinforcing the importance of solidarity, resilience, and a shared commitment to nation-building in an increasingly interconnected world.

For the global physician community, these values extended beyond national boundaries. Physicians of Indian origin carried forward the spirit of service and dedication, contributing meaningfully to healthcare systems worldwide while remaining deeply connected to their cultural roots.

This day served as a reminder that the principles of inclusion, service, and collective progress remain central to building stronger, more equitable societies. It underscored the importance of preserving cultural heritage while advancing global collaboration and understanding.

Through this commemoration, GAPIO reaffirmed its commitment to the ideals of nation-building, inclusion, and service to humanity, continuing to uphold India's enduring spirit both at home and across the world.



SOCIAL MEDIA COVERAGE

GAPIO Observed World Day of Social Justice: Advancing Inclusion, Equity, and Dignity in Healthcare

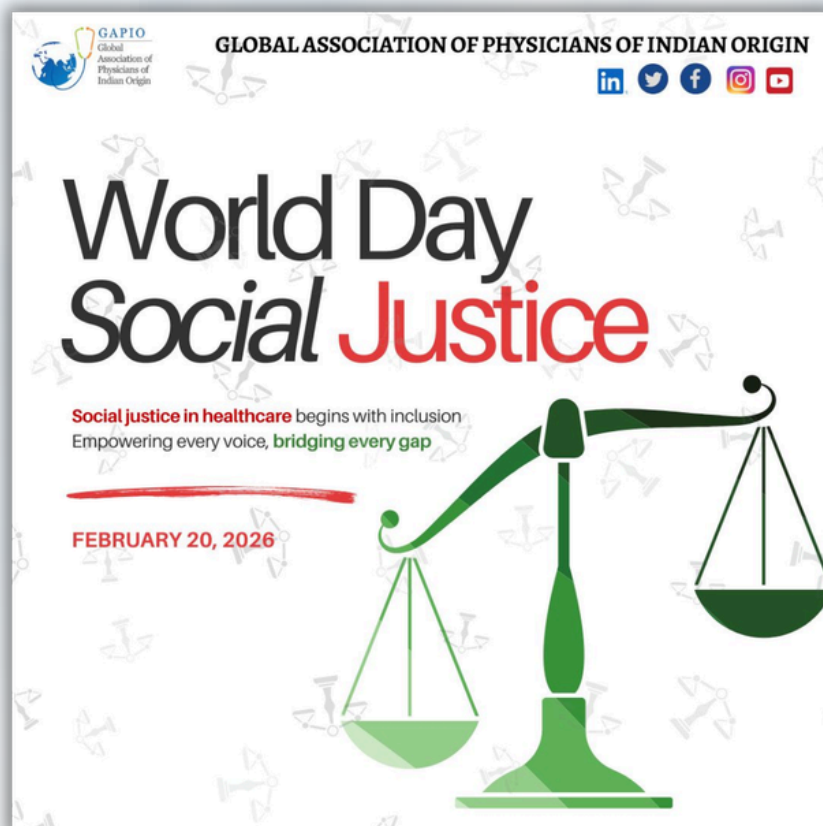
On the occasion of World Day of Social Justice, the Global Association of Physicians of Indian Origin (GAPIO) reaffirmed its commitment to empowering inclusion, strengthening equitable healthcare access, and addressing systemic gaps that continue to affect vulnerable communities across the world.

Social justice in health remained a critical global priority, as disparities in access, affordability, and quality of care persisted across regions and populations. Addressing these challenges required sustained efforts from healthcare systems, policymakers, and communities to ensure that no individual was left behind.

Healthcare professionals played a vital role in advancing social justice by advocating for fair opportunities, upholding dignity in care, and working towards reducing inequities in healthcare delivery. Their continued dedication helped bridge gaps and bring meaningful change to underserved populations.

This day served as a reminder that true progress in healthcare is achieved not only through medical advancements, but also through ensuring fairness, inclusivity, and respect for all individuals. Building equitable systems required collaboration, awareness, and a shared commitment to justice in health.

Through collective action and global solidarity, GAPIO continued to support initiatives that promote inclusive healthcare and reaffirmed its vision of a future where every individual has access to quality care with dignity and respect.



SOCIAL MEDIA COVERAGE

GAPIO Celebrated India's Harvest Festivals: Honouring Culture, Unity, and Tradition

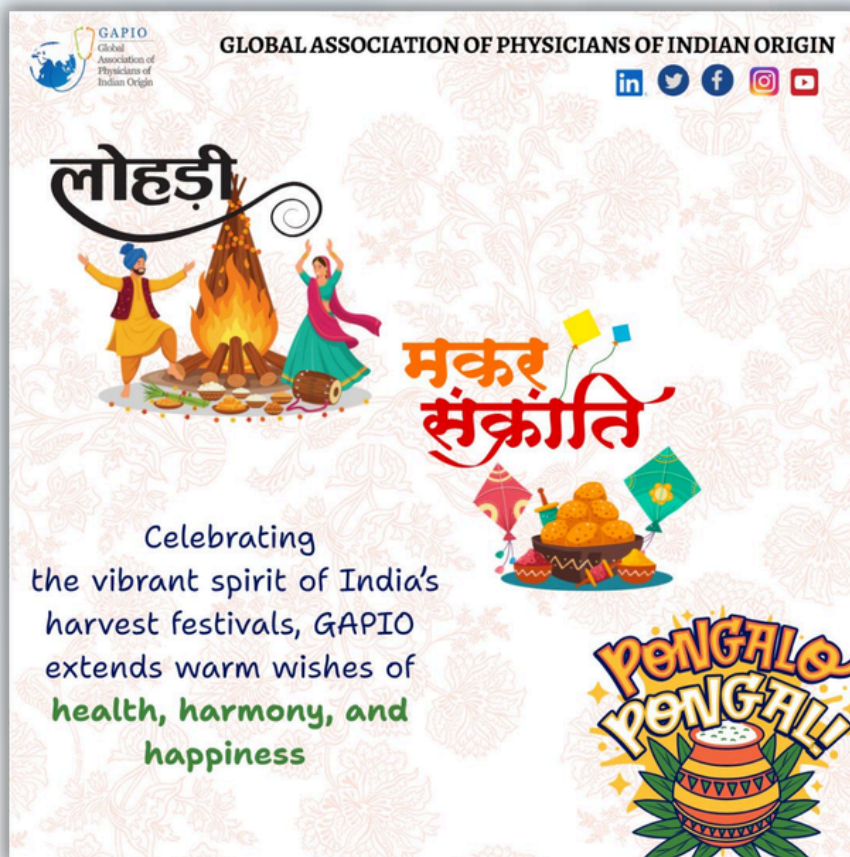
As the festive season marked the celebrations of Lohri, Makar Sankranti, and Pongal, the Global Association of Physicians of Indian Origin (GAPIO) joined in honouring India's rich cultural heritage and timeless traditions. These festivals, celebrated across different regions, reflected the diversity and unity that define India's cultural fabric.

Observed with gratitude and joy, these harvest festivals symbolised renewal, prosperity, and the deep connection between communities and nature. They also served as a reminder of the values of togetherness, generosity, and shared celebration that continue to strengthen societies across the world.

For the global physician community, such occasions offered an opportunity to reconnect with cultural roots while continuing their commitment to care and service. Despite demanding responsibilities, physicians across the world upheld these traditions, reinforcing the importance of balance between professional dedication and cultural identity.

These celebrations highlighted how cultural heritage plays a vital role in fostering resilience, well-being, and a sense of belonging—both essential for individuals and communities alike.

GAPIO extended its warm wishes to physicians of Indian origin worldwide, recognising the spirit of unity, gratitude, and renewal that these festivals represent, and reaffirmed its commitment to strengthening connections within the global healthcare community.



SOCIAL MEDIA COVERAGE

GAPIO Welcomed 2026: Honouring Compassion, Resilience, and the Spirit of Care

As the world welcomed 2026, the Global Association of Physicians of Indian Origin (GAPIO) expressed its heartfelt gratitude to healthcare professionals across the globe who continued to care, heal, and stand at the frontlines of health every day. Their unwavering dedication remained the foundation of strong and resilient healthcare systems.

The past year once again highlighted the critical role of physicians, nurses, and healthcare workers in navigating complex health challenges while ensuring continuity of care. From addressing emerging health concerns to strengthening preventive and community-based care, their contributions remained vital in safeguarding global well-being.

Healthcare professionals embodied not only clinical excellence but also compassion, empathy, and commitment. Beyond diagnosis and treatment, they provided reassurance, upheld dignity, and supported individuals and families through uncertain and often difficult health journeys.

The beginning of the year served as a moment of reflection on the strength and resilience demonstrated by the global healthcare community. It reinforced the importance of sustained collaboration, trust, and continued investment in the well-being of those who care for others.

Through collective commitment and shared purpose, GAPIO stood alongside clinicians, caregivers, and communities worldwide in advancing a future centred on compassion, resilience, and well-being for all.



HEALTH TIPS/FACTS

Measuring Physician Well-Being: A Continuous Strategy for Sustainable Healthcare

Improving physician well-being is not a one-time initiative but an ongoing process. Healthcare systems are increasingly adopting structured measurement and feedback mechanisms to understand physician challenges and implement targeted interventions that enhance workplace satisfaction and reduce burnout.

1. Treat Well-Being as a Measurable Metric

- Regular surveys help track burnout, stress, and satisfaction levels.
- Data-driven insights enable targeted improvements.

2. Use Feedback to Drive Real Change

- Physician input should directly influence operational decisions.
- Listening is effective only when followed by action.

3. Customise Solutions Across Departments

- Different specialties face unique challenges.
- Tailored interventions improve effectiveness.

4. Avoid Survey Fatigue While Gathering Insights

- Collecting fewer, more meaningful inputs increases engagement.
- Quality of feedback matters more than quantity.

5. Build a Continuous Improvement Cycle

- Well-being strategies must evolve based on ongoing data.
- Regular reassessment ensures sustained impact.

6. Strengthen Leadership Involvement

- Leadership plays a key role in interpreting data and driving change.
- Accountability improves outcomes.

7. Foster Community and Support Systems

- Onboarding and peer support improve physician integration and morale.
- Strong networks reduce isolation and stress.

8. Link Well-Being to Patient Outcomes

- Better physician well-being directly enhances patient care quality.
- Sustainable systems prioritize both clinicians and patients.

Source: https://www.ama-assn.org/practice-management/physician-health/don-t-let-progress-fade-keep-measuring-physician-well-being?utm_source=chatgpt.com

HEALTH TIPS/FACTS

Strengthening Physician Well-Being: Practical Approaches to Reduce Burnout in Modern Healthcare

Healthcare systems today operate under increasing pressure, but sustainable care depends on protecting the well-being of physicians at the frontline. Supporting doctors does not require reducing standards—it requires smarter, system-driven strategies that minimise unnecessary strain while preserving clinical excellence.

1. Recognise Hidden Sources of Burnout

- Administrative overload, repeated documentation, and fragmented systems drain time and energy.
- Identifying and eliminating these inefficiencies restores focus on patient care.

2. Prioritise Workflow Efficiency Over Longer Hours

- Improving processes delivers better outcomes than extending work hours.
- Structured scheduling and task prioritisation reduce fatigue without affecting care quality.

3. Reduce Cognitive Overload Between Consultations

- Short recovery intervals between patient interactions improve decision-making.
- Minimising unnecessary interruptions supports sustained clinical attention.

4. Use Technology as a Support System

- Digital tools should simplify work, not add complexity.
- Automation and AI can reduce duplication and documentation burden.

5. Delegate Non-Clinical Responsibilities Effectively

- Physicians should focus on tasks aligned with their expertise.
- Delegation improves efficiency while preserving professional satisfaction.

6. Monitor Workload and Burnout Indicators

- Regular assessment of caseload, work patterns, and stress levels prevents escalation.
- Early interventions are more effective than reactive solutions.

7. Improve Physical and Work Environments

- Workspace design, noise levels, and access to rest areas influence mental resilience.
- Small environmental improvements can significantly enhance daily performance.

8. Minimise Repetitive Administrative Tasks

- Routine non-clinical work contributes disproportionately to burnout.
- Centralising and streamlining these processes supports long-term sustainability.

9. Strengthen Team-Based Care Models

- Collaborative teams distribute workload more effectively.
- Well-supported teams improve both physician well-being and patient outcomes.

10. Reinforce the Link Between Doctor Well-Being and Patient Care

- Physician well-being directly impacts safety, quality, and ethics of care.
- Protecting doctors ultimately strengthens the entire healthcare system.

Source: https://www.abms.org/newsroom/physician-well-being-fatigue-to-flourishing/?utm_source=chatgpt.com

GAPIO Honors' List - January 2026



Dr. Abhiraj Ramchandani, Professor and Lab Director Pathology, Amaltas Institute of Medical Sciences, Dewas, have following achievements:

- He registered a design patent with the Intellectual Property office United Kingdom. Patent was on Dual mode Oral cancer screening tissue scanner with micro-vibration.
- He also published 2 international research articles in the Ukrainian journal Kidneys on Hematologic Alterations in Renal Disease: Pathological Mechanisms and Clinical Correlates as first author and Molecular Mechanisms of Renal Cancer Stem Cells and Tumor Heterogeneity: Genetic Drivers of Resistance, Relapse, and Therapeutic Challenges as Third author.
- He presented a paper titled Quality assurance in Cytopathology laboratory at the 5th edition of National CAHO diagnosticon conference on 25/01/2026.
- He also completed his training and became certified professional for quality implementation in hospitals basic course (CPQIH) by consortium of accredited healthcare organisations (CAHO).
- He also published another international article in the CUREUS journal on 27/12/2026 on High Burden of Incidental and High-Grade Prostatic Carcinoma in Transurethral Resection of the Prostate (TURP) Specimens: A Retrospective Histopathological Analysis from Central India as third author.
- He also received the White coat legend award by we care media foundation on 26th January 2026.

Dr Akshay Kapoor, Consultant Paediatric Gastroenterologist & Clinical Lead IBD Sheffield Children’s Hospital, UK, has leaded drug trial research that made a real difference in a teen’s bowel disease treatment. The research was covered by BBC.

Dr. Dilip Kumar Acharya, Adjunct Professor-Surgery, Sri Aurobindo Medical College & PG Institute, Hon. Professor-IMA Academy of Medical Specialties, National Chairman, IMA Cancer & Tobacco Control Committee, a renowned surgeon from Indore, former civil surgeon, and surgical specialist was honored with the “Life Time Achievement Award” by the Madhya Pradesh Chapter of the Association of Surgeons of India at its annual conference (MPASICON 2026) for his contributions to surgery, medicine, and social services.

The honour was bestowed upon him by three National Past Presidents of Association of Surgeons of India - Dr. Praveen Suryavanshi, Dr. S K Shukla & Dr. Sanjay Jain.

He delivered a lecture on “UICC - World Cancer Day - Prevention & Early Detection of Cancer “to the faculty & students at Sri Aurobindo Medical College & PG Institute in a program on 4th Feb. 2026 – World Cancer Day.

He conducted a, in person-online Quiz for the Surgery Postgraduates and delegates of the Madhya Pradesh Chapter of ASI Annual Conference organized on 6-7-8 Feb.2026, at Indore. He was also a Jury member in the conference to judge best video presentations of MP Surgeon, and chaired Oration & scientific sessions also.

Dr. Dillip Kumar Dash, Senior Consultant, Bilaspur, Chhattisgarh, has been awarded the Global Icon Literature Award on 27th January 2026 for his literary work and for the book on counselling.

Dr. Keerti Singh, Senior Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has ion - Agarwal A, Mostafa T, Al Hashimi M, Çayan S, Pescatori E, Singh K, et al., Global Andrology Forum Clinical Guidelines on Antioxidant Use in the Treatment of Male Infertility. World J Mens Health. 2026 Jan 1. doi: 10.5534/wjmh.250290. Epub ahead of print. PMID: 41508382. <https://wjmh.org/DOIx.php?id=10.5534/wjmh.250290>.

Dr. Nagarjuna Motu, MD, Community Medicine, has got his research article titled “Awareness and Preventive Practices for Vector-Borne Diseases among Secondary School Students in Tirupati: A Cross-sectional Study” been accepted for publication in the International Journal of Medicine and Public Health (IJMEDPH), Volume 16, Issue 1 (2026).

The article has completed the peer-review process and was accepted based on the reviewers’ favourable recommendations. The International Journal of Medicine and Public Health (ISSN: 2230-8598) is an indexed journal covered in EMBASE, CNKI, CAS, CrossRef, EBSCO, Google Scholar, ProQuest, Hinari, and other international databases.

Dr. Suneel Kumar Parvathareddy, Medical Director at Atrium Health Wake Forest Health has been conferred with a Fellowship by the American Academy of Family Physicians.

Dr. Prasad Walimbe, Paediatric Ophthalmologist, Pune has the following achievements:

- Selected as “ Vice President” of ISMSICS (International Society of Manual Small Incision Cataract Surgeons)- Maharashtra chapter.
- Received the Prestigious “MOS (Maharashtra Ophthalmological Society) NATIONAL HERO” Award for exemplary work in ophthalmology at national level.
- Received President’s Gold Medal from Maharashtra Ophthalmological Society for the Outstanding Contribution in Ophthalmic Sciences in year 2025.
- Original Article:” Efficacy of dichoptic amblyopia training on visual and binocular functions in adult amblyopia.” (Journal of Clinical Ophthalmology and Research 14(1):p 3-6, Jan–Mar 2026. | DOI: 10.4103/jcor.jcor_234_25)

Dr. Premkumar Balachandran, Senior Consultant and Clinical Lead at Chennai has presented a paper “ Peritoneal flap hernioplasty - and ideal technique for giant lateral hernias” in the Dubai Hernia summit 2026 on 31 Jan 2026.

He has also published “Role of simulation training in hernia surgery and abdominal wall reconstruction ” in the “Journal of abdominal wall reconstruction”.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi has published the following papers in January 2025:

1. Vaishya R, Vaish A. Evolution of Indian orthopedics and the legacy of its pioneers. *Ann Natl Acad Med Sci (India)*. 2026; 62(1):4-12. doi: 10.25259/ANAMS_29_2025
2. Migliorini F, Schäfer L, Vaishya R et al. Medial quadriceps tendon–femoral ligament reconstruction for recurrent patellofemoral instability: a systematic review. *Eur J Orthop Surg Traumatol* 2026;36:73. Doi: 10.1007/s00590-025-04650-5
3. Vaishya R, Vaish A, Gopinathan P, Misra A. Non-Weight-Bearing Lower Limb Simple Resistance Activities, Soleus Push-Ups, and Muscle Stretching: Impact on Glycemic Control and Metabolic–Circulatory Outcomes. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews* 2026; 103375. doi: 10.1016/j.dsx.2026.103375
4. Mehta V, Agrawal A, Vaish A, Vaishya R. Evaluating Surgical Strategies and Functional Outcomes in Multi-Ligamentous Knee Injuries: A Prospective Study in Indian Patients. *Journal of Orthopaedic Case Reports* 2026;16(01):379-385. DOI: [10.13107/jocr.2026.v16.i01](https://doi.org/10.13107/jocr.2026.v16.i01)
5. Vaishya R, Vaish A, Dubey A, Vishwanathan K, Haleem A, Javaid M, Migliorini F. Role of polyetheretherketone (PEEK) in arthroplasty and orthopaedic applications: a review of biomechanical properties, surface modifications, and clinical outcomes. *Eur J Orthop Surg Traumatology* 2026; 36:69. doi: 10.1007/s00590-025-04630-9
6. Migliorini F, Pilone M, Schäfer L, Vaishya R, Memminger M, Maffulli N. Impact of Implant Generation on Outcomes in Medial Pivot Total Knee Arthroplasty: A Systematic Review. *J Orthop* 2026; doi:10.1016/j.jor.2025.12.007
7. Vaishya R, Saiyed A, Patralekh MK, Vaish A, Migliorini F. Patient-reported outcomes (PROMs) of arthroscopic versus mini-open rotator cuff repair- an overview of meta-analysis. *J Orthop* 2026; 73:1-7. doi:10.1016/j.jor.2025.11.035
8. Vaishya R, Misra A, Vaish A. Letter to Editor on: "As Few as Three Months of Preoperative Semaglutide Exposure Prior to Total Knee Arthroplasty Is Associated With Reduced Postoperative Adverse Events in Patients With Type II Diabetes". *J Arthroplasty* 2026; 41:e1-e2. Doi:10.1016/j.arth.2025.09.031
9. Singla R, Vaish A, Vaishya R. Perioperative challenges in obese patients undergoing proximal femur procedures: A review. *Apollo Med* 2026; DOI: 10.1177/09760016251410662

Dr. Rajul Rastogi, Professor, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP, has achieved the following milestones:

1. He featured on the cover of CIO Prime Magazine, highlighting my journey and vision for the evolution of Medical Education. He dive deep into the transformation of Medical PG training, the role of Artificial Intelligence as an "educational multiplier" and why "Integrated Diagnostics" is the key to Viksit Bharat.
2. He has participated in the International Event on Artificial Intelligence in Medical Education and Clinical Practice, hosted by the Dr. KNS Memorial Institute of Medical Sciences, Bodhisatva University, Barabanki, Uttar Pradesh and delivered the keynote lecture: "Optimizing Radiology Workflows Using Artificial Intelligence: From Image Acquisition to Reporting".
3. He has participated in the National Conference of Indian Radiology & Imaging 2026 in Hyderabad, with delegates from over 15 countries.

Dr. Surajit Gorai, Professor and Consultant Dermatologist, Kolkata has published following cases:

1. A case on "A Case of the Suspicious Horn" in the Indian Journal of Postgraduate Dermatology.
2. A case on "Leiomyoma mimicking hypertrophic scar/keeloid over the surgical incision site" in the Journal of Cutaneous and Aesthetic Surgery.

He Delivered two invited lectures at national conferences (DERMACON) on:

1. Innovative Non-Minoxidil Topical Therapies for Hair Loss
2. Mastering Midface Fillers: Principles of Mastery and Management of Complications

He has been Appointed as Convenor of the Aesthetics Special Interest Group under IADVL Aesthetics (2026–2028) - 12 national SIGs representing key dermatology subspecialties. The role involves pan-India academic leadership, dissemination of evidence-based knowledge, research initiatives, and strategic coordination, comparable to a General Secretary–level responsibility within the SIG structure.

GAPIO Honors' List - February 2026



Dr. Arshad Akeel, Senior Consultant, Internal Medicine, Chennai, Adjunct Professor, The Tamil Nadu Dr. MGR Medical University, has published an article titled “Superior Sulcus Tumor Masquerading as Cervical Spondylosis Complicated by Paraneoplastic Siadh” in Indian Journal of Applied Research. <https://www.doi.org/10.36106/ijar>

Dr Arun Prasad, Surgical Gastroenterology, Clinical Lead, GI & Bariatric, at New Delhi, has been honoured with the Science and Innovation Award at the India UK Achievers Honours Parliamentary Reception at the House of Lords, UK Parliament. This award acknowledges his work in advancing minimal access GI, thoracic, bariatric and robotic surgery in India.

Dr. Devinderjit S. Walia, Consultant, General Medicine, Walia Hospital, has been elected as Senior Vice President of IMA Ludhiana for 2026-2027.

Dr. Dillip Kumar Dash, Senior Consultant, Bilaspur, Chhattisgarh, has achieved the following.

1. He received Lifetime achievement award for Healthcare at India International Centre at Delhi on 3rd February 2026.
2. He received DICKEN'S medal for literary excellence at 11th International Literature Award and 4th Kolkata Literary Carnival at Satyajee Ray Auditorium, Kolkata on 15th February 2026 and participated as panelists for one session of discussion on Poetry on social reforms at the same conference.

Dr. Kandamaran Krishnamurthy, Consultant Pediatric-Intensive Care Unit from Queen Elizabeth Hospital, Barbados has published a research article titled “Comparing performance and integrity of proctored physical, unproctored online, and proctored online MBBS exams” Krishnamurthy, K., Kumar, A., Cohall, D., Campbell, M. H., Connell, K., Emmanuel, M., ... Majumder, M. A. A. (2026) in Medical Teacher, 1–9. <https://doi.org/10.1080/0142159X.2026.2628961>

Dr Lavanyakumari Thondavada, the founder and current president of the Geriatric Society of Trinidad & Tobago (GSTT), in January did a flu vaccination drive and in February community service work with school children to aged homes and health fair in Divali Nagar.

Dr. Meenakshi N, Consultant, Family Physician and Public Health Specialist in Noida, received the Zocto Certificate of Excellence - Best Practice in Family medicine and conferred with Postgraduate Diploma in HIV Medicine from IGNOU.

Dr. Keerti Singh, Senior Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, achieved the following:

1. On 17th February, as the Barbados Representative of Childhood Health and Response Mission (CHaRM) committee of the Optimist International Caribbean District and the President of Optimist Club of Barbados North, she donated \$2000 BDS to the pediatric cancer ward of the Queen Elizabeth Hospital, Barbados. Funds were raised from contributions of optimists clubs in Jamaica under the leadership of the Chair of the CHaRM committee (optimist year 2024-2025).
2. On 27th February, she was nominated as the West Indies Group of University Teachers (WIGUT), UWI Cave Hill, Barbados, Faculty representative for Medical Sciences faculty for the year 2026-2027 during the Annual General Meeting held at the School for Graduate studies, UWI Cave Hill.

Dr. N Ramakrishnan, Sr. Consultant and Director, Critical Care Services, Chennai has achieved the following:

1. Awards - Conferred "For the Sake of Honour Award" in the realm of Critical Care and Sleep Medicine by Rotary International (Rotary Club of Chennai Infocity), January 24, 2026.
2. Oration/Lectures: Title - Professor S Karunanidhi Endowment Oration. The event was conducted by Department of Psychology, University of Madras, Jan 7, 2026.
3. Publications: (One of the authors): Frailty in Critically Ill Cancer Patients in a Lower-middle Income Country— Prevalence, Risk Factors, and Impact on Acute Clinical Outcomes and Post-discharge Health-related Quality of Life: A Single Center Study in Indian Journal of Critical Care Medicine, Jan 2026. (Original Research)
4. Abstracts: Sleep Medicine, Jan 2026
 - a. CPAP compliance trends from Cloud data: Who is on Cloud Nine?
 - b. Demographic profile and burden of comorbidities in patients with Obstructive Sleep Apnea (OSA).
 - c. Obstructive Sleep Apnea (OSA): Do symptoms correlate with severity?
5. He gave the ISCCM oration at Indian Society of Critical Care Medicine national conference in Chennai.

Dr. Nandita Palshetkar, Infertility Specialist, Medical Director and Founder Bloom IVF has received following 2 awards:

1. ISAR Late Dr. Prabha Malhotra Memorial Lifetime Achievement Award – Received at the ISAR Conference in Ahmedabad, February 2026.
2. Meghashrey Sarvottam Nari Sanman Award – Conferred in Mumbai, February 2026.

Dr. (Prof.) P. N. Renjen, Senior Consultant Neurologist (Stroke), New Delhi, has presented an original research paper titled "Atrial Cardiopathy – A Newer Concept in Stroke." at APICON 2026, the 81st Annual Conference of the Association of Physicians of India, held in Patna, Bihar, from 29th January to 1st February 2026 and at the 28th Annual Conference of the Delhi Neurological Association and the 24th Neuro Nurses Forum were held on 7th and 8th February 2026, organized by the All India Institute of Medical Sciences (AIIMS), New Delhi. The paper was also got published in Neurology Asia.

He has also chaired a session on "Cognitive Disorder Advances – Preparing the Landscape for Amyloid-Targeting Therapies (ATT) for Alzheimer's Disease (AD) in India." at the 28th Annual Conference of the Delhi Neurological Association and the 24th Neuro Nurses Forum were held on 7th and 8th February 2026, organized by the All India Institute of Medical Sciences (AIIMS), New Delhi.

Dr. Premkumar Balachandran, Senior Consultant and Clinical Lead at Chennai has participated as faculty in the "IAGES -ELSA national conference 2026" (Indian Association of Gastrointestinal Endosurgeons - Endoscopic and laparoscopic surgeons society of Asia), Mumbai. He presented on:

- Sac preservation in hernia repair
- Pseudo aneurysm of the inferior epigastric artery
- Chaired a session on robotic surgery.

Dr. Subvadip Chakrabarti, Academic Head, Senior Surgical Oncologist and Robotic Surgeon, Kolkata has achieved the following:

- Elected as Joint Secretary for Oncological Society of Bengal for 2026.
- Appointed as "External" examiner in DrNB Surgical Oncology by NBE.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi has been recognized as an Achiever at the India–UK Achievers Honours 2026 under the category: “Education, Science & Innovation. 25th February, London, UK.”

He has published the following papers in February 2025:

- Vaishya R, Saiyed A, Vaish A, Botchu R, Iyengar KP, Nair AA. Artificial Intelligence and Decision Support in Orthopaedic Emergencies: A Review. Indian J Orthop 2026;10.1007/s43465-026-01760-y
- Vaishya R, Vaish A, Pipino G, Migliorini F. Bibliometric Analysis of Italy’s Orthopaedics and Sports Medicine Research Output: Trends, Impact, and Comparative Rankings (1996-2024). J Orthop 2026; doi: 10.1016/j.jor.2026.03.003
- Migliorini F, Lucenti L, Bardazzi T, Maffulli N, Vaishya R, Eschweiler J. No difference in pain control and hospitalisation length between single-shot adductor canal block and periarticular injections following TKA: a meta-analysis. Journal of Orthopaedics. Feb. 2026; <https://doi.org/10.1016/j.jor.2026.02.024>
- Vaishya R, Joshi P. Orthopaedic Malpractices in South Asia and Low-and Middle-Income Countries.: Call for Systemic Reforms. J Nepal Health Res Council. 2025; 23-3(68): I-III. doi:10.33314/jnhrc.v23i03.5264
- Vaishya R, Vaish A, Shrestha S. "An Urgent Case for Gold Open Access Publishing in LMICs: A Nepal-India Perspective". Med J APF Nepal. 2026;2(1):I-III. Doi: 10.64772/mjapfn39
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Dr. Rajul Rastogi, Professor, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP, has achieved the following milestones:

1. Participated as external Expert in Departmental Research Advisory Committee for PhD Scholars in Medical Imaging and Technology in SGT, Gurugram
2. Invited as a speaker in scientific meet by Moradabad Ophthalmic Society (MOS) to discuss a critical frontier in patient care: “The role of Cross-sectional Imaging in Ophthalmology”. Theme of the meet is “Beyond the Fundus: Bridging Radiology and Ophthalmology”.
3. Invited as a faculty in a specialized workshop on AI-based CT & MRI applications for the PG Residents of his department. The workshop was based on the theme is “Empowering the Next Generation: Where AI Meets the Clinic.”
4. He completed the Global Radiation Safety Certificate Program at Harvard Medical School. He lead a dedicated session for his Radiology Technologists on Radiation Safety, to replace long-standing myths with clinical facts.
5. He delivered an invited online Guest Lecture to the Radiology Faculty and PG Residents at KLE J N Medical College, Belagavi, Karnataka, India. The lecture was on the topic how AI can act as the "Digital Arteries" of our Indian Healthcare System, reaching the farthest corners of our population where specialist care is scarce.
6. Invited as the First Speaker on the inaugural day of the National Conference on AI in Healthcare at Banaras Hindu University (BHU), organized under the aegis of the Ministry of Health and Family Welfare (MOHFW) Govt. of India. He spoke on the topic “AI is no longer a choice; it is the engine that will redefine the Why, How, and How Much of Indian Healthcare.” The conference was based on the theme “A New Dawn for Indian Healthcare: Leading the AI Charge at BHU.”

He participated in the engaging panel discussion organized by GIMS Centre for Medical Innovation (Government Hospital based Medical Incubation Centre) at the historic AI Impact Summit 2026—the first of its kind for the Global South. Speaking at the Blockchain for Impact (BFI) pavilion, he addressed a critical gap: How do we vet the tidal wave of AI tools entering the Indian market? Clinical excellence requires more than a fancy demo; it requires Vigilance.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin

Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi – 110076

Email: gapio.jm@gmail.com; Contact No. +91-7701910804, 011-71791747

www.gapio.in |     