

YOU ARE CORDIALLY INVITED TO
ATTEND THE

GAPIO XVI ANNUAL CONFERENCE 2026

ON FUTURE-FORWARD
PHYSIOTHERAPY: TECHNOLOGY TRENDS
& TRANSFORMATIVE CARE

SCAN OR TAP THE QR
FOR REGISTRATION



 **February 15th, 2026**  **09 AM TO 02 PM**

 **The Brilliant Convention Centre, Indore**

Hosted By Apollo Hospitals Indore



GAPIO
Global
Association of
Physicians of
Indian Origin

GAPIO
16TH ANNUAL CONFERENCE
2026

ABOUT GAPIO

Global Association of Physicians of Indian Origin (GAPIO) is a non profit international professional body established in 2011. Padma Vibhushan, Dr. Prathap C Reddy, Chairman of Apollo Hospitals Group is the Founder President of GAPIO along with Dr. Sanku Rao - Past President of AAPI, USA and Dr. Ramesh Mehta - President of BAPIO, UK. GAPIO members belong to various medical specialities and super specialities which includes several Padma awardees & recipients of various National and International awards.

The 16th season of this prestigious Annual Global conference will be hosted by Apollo Hospitals Indore & is scheduled to take place on 14 & 15 February 2026, at The Brilliant Convention Centre, Indore. It will be a platform where renowned Healthcare Professionals & Industry experts from India & around the world will gather to exchange knowledge, share experiences, and discuss advancements in the healthcare sector. This event will involve renowned Healthcare Professionals from 57+ countries including USA, Europe, Australia, Africa, Middle East and of course India. This event will to be attended by 50+ speakers & 1000+ delegates and promises to be a prestigious gathering of leading healthcare professionals from India & around the world

VISION



*Improving Health
Worldwide...*

MISSION



- To empower physicians of Indian origin
- To achieve highest professional standards.
- To provide affordable good quality healthcare.
- To contribute to local and regional community development & thereby help to reduce health inequalities and alleviate suffering globally.

GAPIO

EXECUTIVE COMMITTEE MEMBERS



Dr. Prathap C Reddy
Founder President & Emeritus Advisor



Dr. Gautam Bodiwala
EC Member



Dr. Sanku Surender Rao
Past President & Emeritus Advisor



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Dr. G Bala Reddy
EC Member



Dr. Bhupinder Sandhu
Honorary Advisor

Day 2, Sunday, 15th February 2026 | 09 AM TO 02 PM

TIME	TITLE	SPEAKER	CHAIRPERSON
9:00 AM - 9.10 AM	Welcome & opening remark	Dr. Seema Grover - PT	
9:10 AM - 9:30 AM	Keynote Address: The Future of Physiotherapy in Integrated Healthcare Systems	Dr. Sanjeev Kumar Jha (PT) IAP President Executive	Dr. Avinash Benjamin Orthopaedic surgeon in Apollo Hospital, Indore
9:30 AM - 9:45AM	Neuromodulation Revolution in rehabilitation	Dr. Sparsh Jaiswal Orthopaedic and spine surgeon	
9:45AM - 10.00 AM	Quantum leaps in physiotherapy	Dr. D. Varalakshmi (PT) MTP (Cardiovascular and Pulmonary) PHD Vice Principal Apollo Collage of Hyderabad	Dr. Deepak Nair (PT) Oorja Physiotherapy Clinic, Indore
10:00 AM - 10:15 AM	Use of technology in physiotherapy from past to future	Dr. Anand Misra (PT) MPT (ORTHO), PhD, FIAP, MBA(HA)	Dr. Ramhari Meena (PT) Principal - M.A.H.S.I.
10:15AM - 10:35AM	Lymphedema management	Dr. Seema Grover (PT) Chief physiotherapy and Rehabilitation, Indraprastha Apollo Hospitals, New Delhi	Dr. Chitralekha (PT) Principal of Vaishnav College , Indore
10:35AM - 10:50AM	HIGH TEA		
10:50AM - 11:05AM	Advance in Clinical Neuro Restorative treatment in Brain Trauma	Dr. Ankit Mathur MS, Mch Neurosurgery Consultant Neurosurgeon and Spine Surgeon	Dr. Nipun Pauranik Neurologist Indore
11:05 AM- 11:20 AM	Empowering physiotherapist to shape the future of physiotherapy	Dr. Ruchi Varshney (PT) National Head, IAPWC	Dr. Rajani (PT) Principal of Bhandari Group of Hospitals & Paramedical Institute
11:20 AM-11:35 AM	Pelvic floor The seat of Power	Dr. Yogesh(PT) Physiotherapy & Rehabilitation India physio- women hockey	Dr. Reshma Khurana (PT) Principal of Index Medical College, Indore
11:35AM- 11:50AM	Advances in Neuro Physiotherapy- Robotics	Dr. Farzam (PT) Apollo Hospitals, Delhi	Virtual
11:50AM-12:05PM	Technology Integrated Transformative Care - Transcribing a uniform model in rehabilitation	Dr. Deepak Nair (PT) Indore	Dr. Seema Grover (PT) Chief Physiotherapist Apollo Hospitals Delhi
12:05PM-12:20PM	Conscious Core: from Mindful Motion to Pain free Perception	Dr. Harita Patel (PT) Incharge Physiotherapy Department Apollo Hospitals, Ahmedabad	Dr. Nisha Mishra (PT) BPT, MBA(HA), MIAP
12:20PM- 12:50PM	Panel 1 : Bridging the Gaps: Integrating physiotherapy into primary care and multidisciplinary teams	Dr. Elizabeth (PT) Apollo Hospitals, Bangalore Dr. Daya Mathew (PT) Apollo Hospitals, Kochi Dr. Deepak Nair (PT) Indore	
12:50PM-1:00PM	VALEDICTORY		
1:00 PM -2:00 PM	LUNCH		



Dr. Sanjiv K Jha (PT)
IAP President Executive



Dr. Ruchi Varshney (PT)
Physiotherapist
National Head, IAPWC



Dr. Daya Mathew (PT)
Chief Physiotherapist & Deputy Manager
Physiotherapy & Rehabilitation
Apollo Adlux Hospital, Kochi



Dr. Anand Misra (PT)
Registrar, Sri Aurobindo University, Indore



Dr. Elizebeth Joy (PT)
HOD Physiotherapy
Apollo Hospitals, Bangalore



Dr. Ankit Mathur
Neurosurgeon
Apollo Hospitals, Indore



Dr. Harita Patel (PT)
Incharge - Physiotherapy
Apollo Hospitals, Ahmedabad



Dr. Sparsh Jaiswal
Orthopaedician
Apollo Hospitals, Indore



Dr. Yogesh Mandhyan (PT)
HOD Physiotherapy & Rehabilitation
India Physio - Women Hockey



Dr. D. Varalakshmi (PT)
Professor and Vice Principal,
Apollo College of Physiotherapy,
Jubilee Hills, Hyderabad



Dr. Seema Grover (PT)
Chief Physiotherapist
Apollo Hospitals Delhi



Dr. Deepak Nair (PT)
Oorja Physiotherapy Clinic, Indore



Dr. Reshma Khurana (PT)
Professor & Principal, Index Hospital



Dr. Avinash Benjamin
Orthopedics
Apollo Hospitals, Indore



Dr. Chitralekha J Ghosh (PT)
Principal, SVIPS, SVVV



Dr. Deepak Nair (PT)
Oorja Physiotherapy Clinic, Indore



Dr. Nipun Puranik
Neurologist
Apollo Hospitals, Indore



Dr. Nisha Mishra (PT)
B.P.T, MBA (HA), MIAP



Dr. Rajni Pawar (PT)
Principal,
Bhandari Group of Hospitals &
Paramedical Institute, Indore



Dr. Ramhari Meena (PT)
Principal, MAHSI

SPEAKER

CHAIRPERSON

ORGANISING COMMITTEE

ORGANISING CHAIRPERSON



Dr. Seema Grover (PT)

ORGANISING SECRETARY



Dr. Harshita Kathi (PT)

COORDINATOR



Dr. Meenakshi Pandey (PT)



**SCAN QR CODE FOR
REGISTRATION**

OR

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Registration Complementary But Mandatory

Venue : The Brilliant Convention Centre, Indore

**Contact : Dr. Harshita Kathi (PT) - 9893364929
Ms. Neha Yadav - 9630368155, Dr. Gourav Verma - 8839533420**