

GAPIO XVI ANNUAL CONFERENCE 2026

**ON FUTURE-FORWARD
NURTURING EXCELLENCE IN
CLINICAL NUTRITION PRACTICE**

SCAN OR TAP THE QR
FOR REGISTRATION



 **February 15th, 2026**  **9:00 AM TO 6:00 PM**

 **The Brilliant Convention Centre, Indore**

Hosted By Apollo Hospitals Indore

ABOUT GAPIO

Global Association of Physicians of Indian Origin (GAPIO) is a non profit international professional body established in 2011. Padma Vibhushan, Dr. Prathap C Reddy, Chairman of Apollo Hospitals Group is the Founder President of GAPIO along with Dr. Sanku Rao - Past President of AAPI, USA and Dr. Ramesh Mehta - President of BAPIO, UK. GAPIO members belong to various medical specialities and super specialities which includes several Padma awardees & recipients of various National and International awards.

The 16th season of this prestigious Annual Global conference will be hosted by Apollo Hospitals Indore & is scheduled to take place on 14th & 15th February 2026, at The Brilliant Convention Centre, Indore. It will be a platform where renowned Healthcare Professionals & Industry experts from India & around the world will gather to exchange knowledge, share experiences, and discuss advancements in the healthcare sector.

This event will involve renowned Healthcare Professionals from 57+ countries including USA, Europe, Australia, Africa, Middle East and of course India. This event will be attended by 50+ speakers & 1000+ delegates and promises to be a prestigious gathering of leading healthcare professionals from India & around the world.

VISION



*Improving Health
Worldwide...*

MISSION



- *To empower physicians of Indian origin*
- *To achieve highest professional standards.*
- *To provide affordable good quality healthcare.*
- *To contribute to local and regional community development & thereby help to reduce health inequalities and alleviate suffering globally.*

GAPIO

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Founder President & Emeritus Advisor



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EC Member



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EC Member



Dr. Bhupinder Sandhu
Honorary Advisor

Day 2, Sunday, 15th February 2026 | 9:00 am onwards

REGISTRATION : 9:00 AM TO 9:30 AM

TIME	TITLE	SPEAKER	CHAIRPERSON	MODERATOR
9:45AM - 10:00AM WELCOME ADDRESS				
MEDICAL NUTRITION MANAGEMENT IN IBD				
10:00AM - 10:45AM	Pathophysiology of IBD and its impact on Nutritional absorption - Doctors Perspective	Dr. Arun Iyer	Dr. Ravi Rathi Ms. Padmaja Joshi	Dr. Priyanka Chouhan
	IBD and Nutrition: What Works, What's Challenging, and What's Practical	Dr. Ritu Sudhakar		
11:00AM - 11:30AM	Inauguration - Chief Guest Ms.Santosh Yadav (National Adventure Award 1994 and Padma Shri 2000) First woman in the world to climb Mount Everest twice)			
11.30AM - 12:00PM TEA BREAK				
12:00AM - 12:30PM	PANEL-From deficiency to excess: The double edge sword of supplements use- Collagen, Calcium, Creatine, Biotin	Dr. Prasun Chatterjee, Dr. Himanshu Kelkar, Dr. Nikhilesh Jain, Dr. Vibha Khare, Dr. Ashwini Dash, Dr. Pankaj Vyas		Dr. Shweta Keswani
12:40PM - 1:10PM	DEBATE - Science in Packet or Recipe from Kitchen-The Hospital Nutrition Dilemma	Dr. Amita Singh	Ms. Anita Jatana Dr. Sudesh Sarda	Ms. Heta Kothari
		Dr. Eileen Canday		
1:15PM - 2:00 PM NETWORKING LUNCH				
2:00PM - 2:30PM	DEBATE- Drug Vs Surgery : Navigating the Best Approach to Obesity Management	Dr. Siddharth Rakhe	Dr. Sandeep Julka Dr. Mohit Bhandari Dr. Preeti Shukla	Dr. Daksha Chitale
		Dr. Apoorva Shrivastava		
2:35PM - 2:55PM	The Longevity Equation: Balancing Genetics with Diet and Lifestyle	Dr. Prasun Chatterjee	Brig. Vinay Singh Chouhan	Ms. Vandana Bagadiya
MEDICAL NUTRITION MANAGEMENT IN PEDIATRIC NEPHROLOGY				
3:00PM - 3:20PM	Early Detection and Multidisciplinary Management of Pediatric Kidney Diseases	Dr. Shilpa Saxena	Dr. Rashmi Shrivastav Dr. Isha Tiwari Arora	Dr. Vinita Mewada
3:35PM - 3:50PM	Nutritional Management in Pediatric Kidney Diseases: Balancing Growth and Renal Function	Dr. Lekha Sreedharan		
4:00PM - 4:20PM	Neuro Nutrition in Stroke Recovery and Rehabilitation	Ms. Anita Jatana	Dr. Abhay Bhagwat Dr. Deepak Jain Dr. Munira Hussain	Dr. Indubala Choudhary
4:30PM - 5:00PM	Beyond the Injection: Optimising Nutrition and Lifestyle in the GLP-1 Era	Dr. Shreevidya	Dr. Pranay Bajpai Ms Vinita Jaiswal	Dr. Pooja Maheshwari
5:00PM - 5:30PM	VOTE OF THANKS			

Medical Nutrition Management in IBD



Dr. Arun Iyer



Dr. Ritu Sudhakar



Dr. Ravi Rathi



Ms. Padmaja Joshi



Dr. Priyanka Chouhan

Inaugural - Chief Guest



Ms. Santosh Yadav

**PANEL - From deficiency to excess:
The double edge sword of supplements use-Collagen, Calcium, Creatine, Biotin**



Dr. Prasun Chatterjee



Dr. Nikhilesh Jain



Dr. Himanshu Kelkar



Dr. Shweta Keswani



Dr. Vibha Khare



Dr. Ashwini Dash



Dr. Pankaj Vyas

**DEBATE - Science in Packet or Recipe from
Kitchen-The Hospital Nutrition Dilemma**



Dr. Eileen Canday



Dr. Amita Singh



Ms. Anita Jatana



Dr. Sudesh Sarda



Ms. Heta Kothari

**DEBATE- Drug Vs Surgery :
Navigating the Best Approach to Obesity Management**



Dr. Siddharth Rakhe



Dr. Apoorva Shrivastava



Dr. Daksha Chitale



Dr. Sandeep Julka



Dr. Mohit Bhandari



Dr. Preeti Shukla

The Longevity Equation: Balancing Genetics with Diet and Lifestyle



Dr. Prasun Chatterjee



Brig. Vinay Singh Chouhan



Ms. Vandana Bagadiya

Medical Nutrition Management in Pediatric Nephrology



Dr. Shilpa Saxena



Dr. Lekha Sreedharan



Dr. Isha Tiwari Arora



Dr. Rashmi Shrivastav



Dr. Vinita Mewada

Neuro Nutrition in Stroke Recovery and Rehabilitation



Ms. Anita Jatana



Dr. Abhay Bhagwat



Dr. Deepak Jain



Dr. Munira Hussain



Dr. Indubala Choudhary

Beyond the Injection: Optimising Nutrition and Lifestyle in the GLP-1 Era



Dr. Shreevidya



Dr. Pranay Bajpai



Ms. Vinita Jaiswal



Dr. Pooja Maheshwari

ORGANISING CHAIRPERSON

ORGANISING SECRETARY



Ms. Anita Jatana



Dr. Priya Chitale

ORGANISING CORE COMMITTEE



Ms. Sarita Pal



Ms. Ruchi Verma



Ms. Rani Tegore



Ms. Anshu Mary Kujur



Ms. Pallavi Nigam



Ms. Swati Sharma Parmar



SCAN / TAP QR CODE FOR
REGISTRATION

Registration Complementary But Mandatory

Venue : The Brilliant Convention Centre, Indore

Contact : Ms. Ruchi Verma - 8871151974, Ms. Sarita Pal - 9584258471