



Improving Health Worldwide....



Join
GAPIO
Today

Visit : www.gapio.in

IMA Confers National Academic Excellence Award on Dr. Amandeep Singh

The Indian Medical Association (IMA) conferred the National Academic Excellence Award on Dr. Amandeep Singh, Professor of Radiology at Sri Guru Ram Das University of Health Sciences, during its All India Medical Conference in Ahmedabad.

Dr. Singh, a noted academician, also serves as Associate Editor of the Indian Journal of Radiology and Imaging, Joint Secretary of the Indian College of Radiology and Imaging, and President-Elect of the Punjab State Chapter of IRIA. He has authored several book chapters and delivered over 150 academic lectures nationwide.

He was the only doctor from Punjab to receive this prestigious national honour, recognising his significant contributions to medical education and research.



IN THIS ISSUE

IMA CONFRS NATIONAL ACADEMIC EXCELLENCE AWARD ON DR. AMANDEEP SINGH

PAGE 1

GAPIO MEMBER DR. DILIP KUMAR ACHARYA RECEIVES IMA NATIONAL PRESIDENT'S HONOUR AT 100TH IMA ANNUAL CONFERENCE

PAGE 2

GAPIO CONGRATULATES DR. NALINI GUDA ON RECEIVING GLOBAL EXCELLENCE AWARD FROM THE INDIAN SOCIETY OF GASTROENTEROLOGY

PAGE 3

GAPIO MEMBER DR. MAHESH GOENKA CONFERRED LIFETIME ACHIEVEMENT AWARD BY THE INDIAN SOCIETY OF GASTROENTEROLOGY

PAGE 4

DR. O. P. SHARMA HONOURED WITH LIFETIME EXCELLENCE AWARD IN GERIATRICS AT GSICON 2025

PAGE 5

GAPIO MEMBER DR. MAHESH GOENKA CONFERRED LIFETIME ACHIEVEMENT AWARD BY THE INDIAN SOCIETY OF GASTROENTEROLOGY

PAGE 6

DR. O. P. SHARMA HONOURED WITH LIFETIME EXCELLENCE AWARD IN GERIATRICS AT GSICON 2025

PAGE 7

SOCIAL MEDIA COVERAGE

PAGE 8-11

TIPS/FACTS FOR PHYSICIANS

PAGE 12-13

GAPIO HONORS LIST

PAGE 14-18

GAPIO Member Dr. Dilip Kumar Acharya Receives IMA National President's Honour at 100th IMA Annual Conference

The Global Association of Physicians of Indian Origin (GAPIO) congratulates its Hon. Member Dr. Dilip Kumar Acharya on receiving the IMA National President's Honour for his dedicated services in Cancer Prevention, Early Detection, and Tobacco Control.

The award was presented by Dr. Dilip Bhanushali, National President of the Indian Medical Association, during the 100th Annual National Conference of the Indian Medical Association, held in Ahmedabad on 27–28 December 2025. The centenary conference saw the participation of over 5,000 delegates from across the country.

Dr. Acharya currently serves as National Chairman, IMA Cancer Prevention & Tobacco Control Committee and has been engaged in sustained public health efforts in this field for nearly 25 years, delivering significant impact through awareness, early detection initiatives, and tobacco control advocacy. His long-standing work has contributed meaningfully to community education, preventive strategies, and professional engagement nationwide.

During the conference, Dr. Acharya also presented an e-poster titled "Early Detection of Oral Cancer by Self-Examination", highlighting practical, patient-centred approaches to early diagnosis. The presentation received appreciation from attending physicians and delegates.

Medical professionals from across India extended their congratulations to Dr. Acharya on receiving this singular honour, recognising his leadership, commitment, and continued service to public health.

GAPIO acknowledges Dr. Acharya's contributions with pride and extends its best wishes for his continued efforts in advancing cancer prevention and tobacco control.



GAPIO Congratulates Dr. Nalini Guda on Receiving Global Excellence Award from the Indian Society of Gastroenterology

The Global Association of Physicians of Indian Origin (GAPIO) congratulates Dr. Nalini M. Guda on being conferred the ISG Global Excellence Award by the Indian Society of Gastroenterology.

The ISG Global Excellence Award has been instituted to recognise internationally renowned gastroenterologists who have made significant contributions to global gastroenterology and have also played a meaningful role in advancing the specialty in India. This prestigious honour acknowledges excellence in clinical practice, research, education, and professional collaboration at an international level.

The award was presented during the 66th Annual Meeting of the Indian Society of Gastroenterology, held on 4 December 2026 in Amritsar, India. Dr. Guda was one of the two recipients of this inaugural Global Excellence Award. The ceremony was attended by senior leaders of the Indian Society of Gastroenterology, reflecting the national and international significance of the recognition.

Dr. Guda's work has contributed to strengthening global academic exchange and advancing standards of gastroenterology, while maintaining strong professional engagement with the medical community in India. Her recognition underlines the growing global impact of physicians of Indian origin in advancing medical science and patient care.

GAPIO extends its warm congratulations to Dr. Nalini M. Guda on this distinguished honour and applauds the Indian Society of Gastroenterology for recognising excellence and global leadership in the field of gastroenterology.



GAPIO Member Dr. Mahesh Goenka Conferred Lifetime Achievement Award by the Indian Society of Gastroenterology

The Global Association of Physicians of Indian Origin (GAPIO) congratulates its esteemed Member Dr. Mahesh Goenka, Director and Head of the Institute of Gastrosciences & Liver Transplantation at Apollo Hospitals, Kolkata, on being conferred the Lifetime Achievement Award by the Indian Society of Gastroenterology.

The prestigious honour was awarded during the 66th Annual Meeting of the Indian Society of Gastroenterology (ISGCON 2025), held in Amritsar from 3–6 December 2025. The award was presented by Dr. D. Nageshwar Reddy, who served as the Chief Guest for the occasion.

The Lifetime Achievement Award recognises Dr. Goenka's decades-long contributions to gastroenterology, including his leadership in clinical excellence, academic advancement, and the development of advanced gastrointestinal and liver care services in India. His work has had a lasting impact on patient care, training, and the growth of the specialty nationally and internationally.

The award ceremony was attended by senior office bearers and leaders of the Indian Society of Gastroenterology, reflecting the high regard in which Dr. Goenka is held by the medical fraternity.

GAPIO extends its warm congratulations to Dr. Mahesh Goenka on this distinguished recognition and acknowledges his exemplary service and enduring contributions to the field of gastroenterology.



Seen here (L-R): Dr. Harpreet Singh, Organizing Secretary, ISGCON 2025; Dr. Uday Ghoshal, President, ISG; Dr. D. Nageshwar Reddy, Chief Guest; Dr. Vijay Nanda, Chairman, Local Organizing Committee; Dr. Mahesh Goenka; and Dr. Matthew Phillip, Secretary, ISG.

Dr. O. P. Sharma Honoured with Lifetime Excellence Award in Geriatrics at GSICON 2025

Dr. O. P. Sharma was conferred the prestigious Dr. V. K. Arora & Dr. Raksha Arora Award for "Lifetime Excellence in Geriatrics" during the Geriatric Society of India Conference (GSICON) 2025, held on 13 December 2025 in Agra. The award recognised his decades-long contribution to the advancement of geriatric medicine, academic leadership, and dedicated service to the care of older adults.

In a major academic milestone, Dr. O. P. Sharma served as the Editor-in-Chief of the "Indian Guidelines for Evaluation & Management of Sarcopenia." The national guidelines were formally released during GSICON 2025 by the Hon'ble Minister for Higher Education, Shri Yogendra Upadhyaya Ji, highlighting their significance in addressing sarcopenia as an emerging public health concern in India's ageing population. The guidelines provide an evidence-based framework for early diagnosis and comprehensive management, strengthening standardised geriatric care across the country.

Further underscoring his commitment to academic excellence, Dr. Sharma sponsored the Dr. O. P. Sharma & Smt. Shanti Sharma Oration 2025, which was delivered by Dr. Rajinder K. Dhamija, Director, Institute of Human Behaviour and Allied Sciences (IHBAS). The oration was a key highlight of GSICON 2025, promoting interdisciplinary learning and scholarly exchange.

These recognitions collectively reflect Dr. O. P. Sharma's enduring impact on geriatric medicine, medical education, and guideline-driven clinical practice. GAPIO congratulates Dr. Sharma on his distinguished achievements and continued contributions to healthcare and society.



Dr. Rajul Rastogi Highlights AI-Driven Advances in Oncology and Healthcare Education

Dr. Rajul Rastogi delivered a faculty lecture on the Role of Radiomics and Radiogenomics in Lung Cancer at a recent CME jointly hosted by the Society of Oncologic Imaging India (SOII) and the IRIA Moradabad City Chapter. The session focused on how AI-driven data extraction and genomic correlation are transforming lung cancer care from conventional imaging to precision-mapped treatment planning.

Dr. Rastogi also served as an External Examiner for the MD Radiodiagnosis University Examination at Jaipur National University, Rajasthan.

In addition, he has been invited as a First Faculty Speaker on Day 1 of the National Conference on Artificial Intelligence in Health Care and Education, organised by Banaras Hindu University under the aegis of the Ministry of Health and Family Welfare, Government of India. His upcoming session will address the role of AI in advancing data-driven, precision healthcare and strengthening India's evolving health and education ecosystem.



The image is a promotional graphic for the 'NATIONAL CONFERENCE ON ARTIFICIAL INTELLIGENCE IN HEALTH CARE AND EDUCATION'. It features the emblem of the Ministry of Health and Family Welfare, India, and the text 'स्वास्थ्य एवं परिवार कल्याण मंत्रालय' (Ministry of Health and Family Welfare). The conference theme is 'AI FOR VIKSIT BHARAT " TRANSFORMING HEALTH CARE AND LEARNING "'.

ORGANIZED BY:
Regional Resource Center (Eastern Region), Telemedicine Institute of Medical Sciences, BHU, Varanasi

VENUE:
K. N. Udupa Auditorium, Institute of Medical Sciences, BHU

National Conference on Artificial Intelligence in Health Care and Education
Theme:
"AI FOR VIKSIT BHARAT: Transforming Health Care and Learning"
Date: February, 14th - 16th 2026
Venue: K N UDUPA AUDITORIUM, Institute of Medical Sciences, BHU

SCIENTIFIC PROGRAM

Day 1 February, 15 th 2026		
Time	Topic	Speaker
8 AM to 9 AM	Registration & Breakfast	Dr. Rajul Rastogi
9 AM to 9:25 AM	Evolving role of Artificial Intelligence in Indian Healthcare.	Dr. Rajul Rastogi

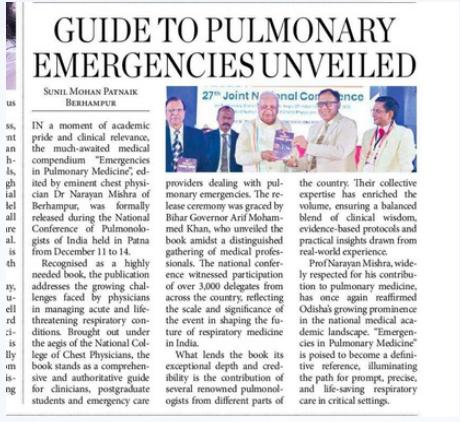
GAPIO Member Prof. Dr. Narayan Mishra Contributes to Landmark Medical Text on Pulmonary Emergencies

Prof. Dr. Narayan Mishra, a distinguished pulmonologist and Hon. Fellow of the Global Association of Physicians of Indian Origin (GAPIO), has made a notable academic contribution to the recently released medical compendium "Emergencies in Pulmonary Medicine."

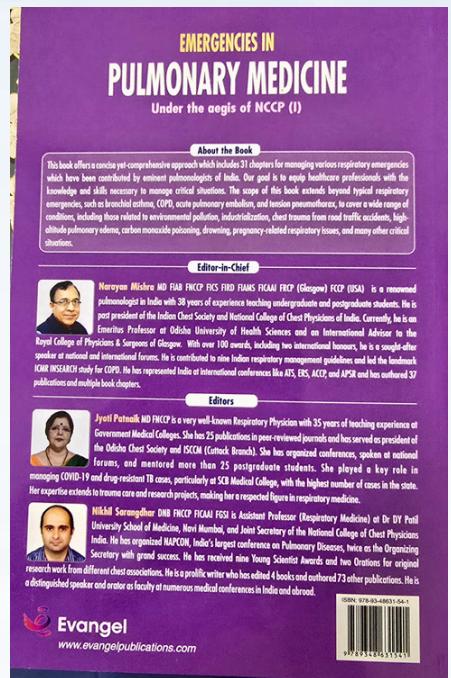
Dr. Mishra authored the chapter "Respiratory Emergencies in Pregnancy," featured among key sections of the book that address critical, life-threatening pulmonary conditions. The publication brings together expertise from leading pulmonologists across India and serves as a comprehensive reference for clinicians, postgraduate students, and emergency care providers.

The book was formally unveiled during the National Conference of Pulmonologists of India, attended by over 3,000 delegates, and has been widely recognised for its clinical relevance, evidence-based guidance, and real-world applicability.

Dr. Mishra's contribution further underscores his sustained commitment to advancing pulmonary medicine, medical education, and high-quality emergency care, while highlighting the growing national and international academic impact of GAPIO members.



xvi	Emergencies in Pulmonary Medicine
16. Complications in Pulmonary Procedures: Identification and Intervention Raja Dhar, Shyam Krishnan, Aditya Satpathi 191	
17. Pleural Procedural Complications: An Integrated Approach to Prevention, Diagnosis, and Management Raja Dhar, Shyam Krishnan, Aditya Satpathi 209	
18. Respiratory Emergencies in Pregnancy Narayan Mishra, Priyanka Das 219	
19. Anaphylaxis: Emergency Management SN Gaur, Vidushi Rath, Pranav Ish 239	
20. Emergencies in Newer Emerging Infections (COVID-19, Swine Flu and Bird Flu) Ramakant Dixit 249	
21. Industrial Hazards and Respiratory Emergencies Nikhil Sarangdhar, Simran Agarwal 263	
22. Drowning Rajesh Solanki 273	
23. Carbon Monoxide Poisoning Raj Kumar, Sonam Spalgis 283	
24. Poisonings and Respiratory Emergencies Gajendra Vikram Singh 295	
25. Emergencies in Aspiration (Foreign Body/Chemical) SK Luhadia, Atul Luhadia 313	
26. High-altitude Pulmonary Edema BNBM Prasad 321	
27. Bioterrorism and Respiratory Emergencies PS Shankar 329	
28. Emergencies in Interstitial Lung Diseases: An Expanded Clinical Overview KB Gupta, Rishabh Kacker 339	
29. Aspirin-induced Respiratory Emergencies Vikram Kumar Jain, Sameeksha Shringi, Shubhra Jain 346	
30. Parasitic Infection and Respiratory Emergencies Mahendra Kumar Bainara, Ambika Sharma 362	
31. Oxygen Therapy in Emergency Nirmal Kumar Jain, Nitin Jain, Manisha Jain 373	



SOCIAL MEDIA COVERAGE

Season's Greetings from GAPIO: Honouring Care, Compassion, and Community

As the year drew to a close, the season served as a gentle reminder of why care matters most—from healing hands that serve with skill, to hopeful hearts that sustain compassion even in the most challenging moments. Across communities worldwide, healthcare professionals continued to embody dedication, resilience, and humanity.

GAPIO extended warm Christmas greetings to the global healthcare community, acknowledging the commitment of clinicians, caregivers, and health workers whose service remained central to the well-being of individuals and societies alike. The season reflected not only celebration, but gratitude for the quiet strength and purpose that define the profession.

With the New Year ahead, GAPIO conveyed its wishes for good health, peace, and renewed purpose. United by shared values and collective responsibility, the global healthcare community continued its journey forward—guided by compassion, service, and hope.



SOCIAL MEDIA COVERAGE

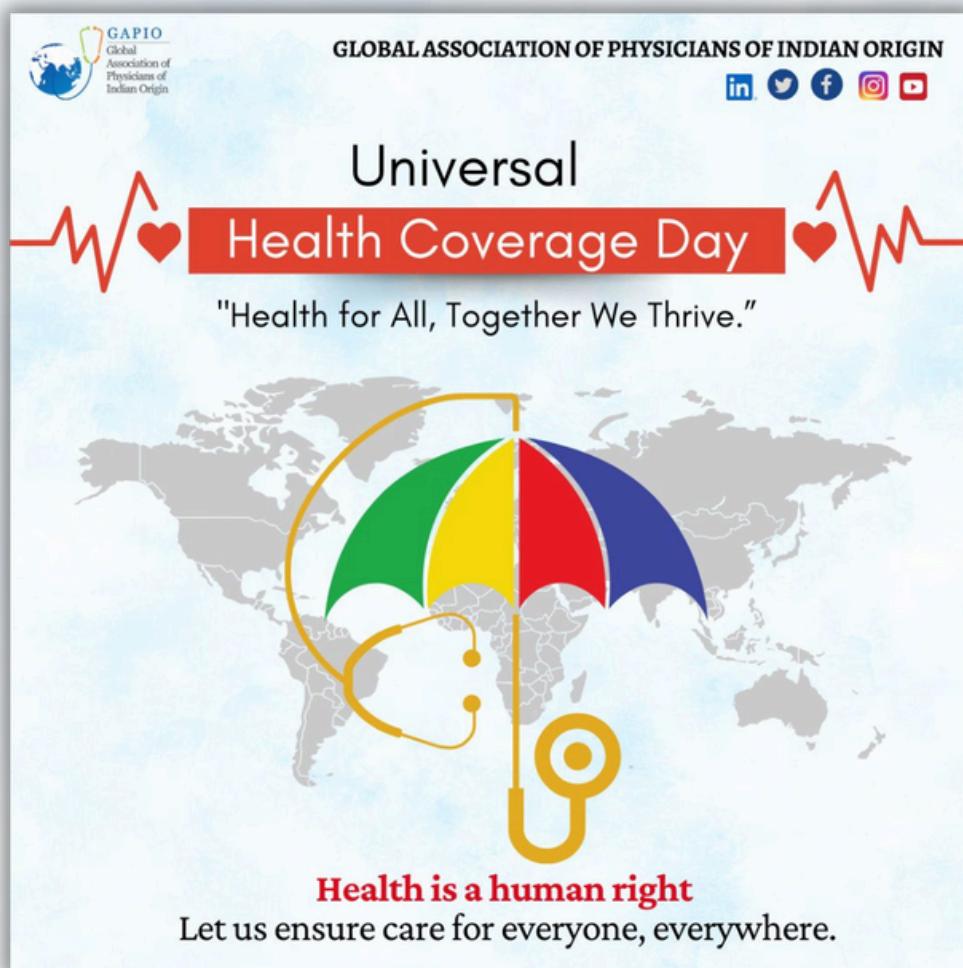
GAPIO Observed Universal Health Coverage Day: Advancing Equity, Access, and Resilient Health Systems

On Universal Health Coverage Day, the Global Association of Physicians of Indian Origin (GAPIO) reaffirmed the principle that healthcare is not a privilege, but a fundamental human right. The observance underscored the global responsibility to build stronger, more resilient health systems that ensure every individual—regardless of income, geography, or background—can access quality care without financial hardship.

Universal health coverage remained central to achieving equitable health outcomes and sustainable development. Closing gaps in access, strengthening primary healthcare, and protecting individuals from the financial consequences of illness continued to be critical priorities. Healthcare professionals played a vital role in translating policy commitments into patient-centred care, particularly for vulnerable and underserved populations.

Universal Health Coverage Day served as a reminder that progress toward health equity requires sustained investment, coordinated action, and inclusive policies. When health systems are designed to be accessible, affordable, and responsive, communities are better equipped to thrive and recover from emerging challenges.

Through collective effort and shared accountability, the global movement toward universal health coverage continued to advance a future where health and well-being are protected for all. GAPIO stood with clinicians, policymakers, and communities worldwide in strengthening health systems that leave no one behind.



SOCIAL MEDIA COVERAGE

GAPIO Observed the International Day of Persons with Disabilities 2025: Advancing Inclusion, Dignity, and Social Progress

On the International Day of Persons with Disabilities 2025, the Global Association of Physicians of Indian Origin (GAPIO) reaffirmed its commitment to fostering disability-inclusive societies that promote equity, dignity, and sustainable social progress. The observance highlighted the essential role of inclusion in strengthening communities and ensuring that development leaves no one behind.

Disability inclusion remained a critical global priority, requiring coordinated efforts across healthcare, education, policy, and community systems. Ensuring accessible environments, equitable healthcare, and meaningful participation for persons with disabilities continued to be central to advancing human rights and improving quality of life. Healthcare professionals played a key role not only in delivering care, but also in advocating for accessibility, reducing stigma, and supporting autonomy.

The International Day of Persons with Disabilities served as a reminder that inclusive societies are stronger, more resilient, and more compassionate. When barriers are removed, voices are heard, and opportunities are shared equitably, progress becomes both sustainable and just. Inclusion protects dignity and enables individuals to contribute fully to their communities.

Through collective responsibility and sustained commitment, the global movement toward disability inclusion continued to shape a future defined by respect, participation, and shared progress. GAPIO stood with clinicians, caregivers, policymakers, and communities worldwide in advancing an inclusive vision of health and society rooted in dignity, equity, and care for all.



SOCIAL MEDIA COVERAGE

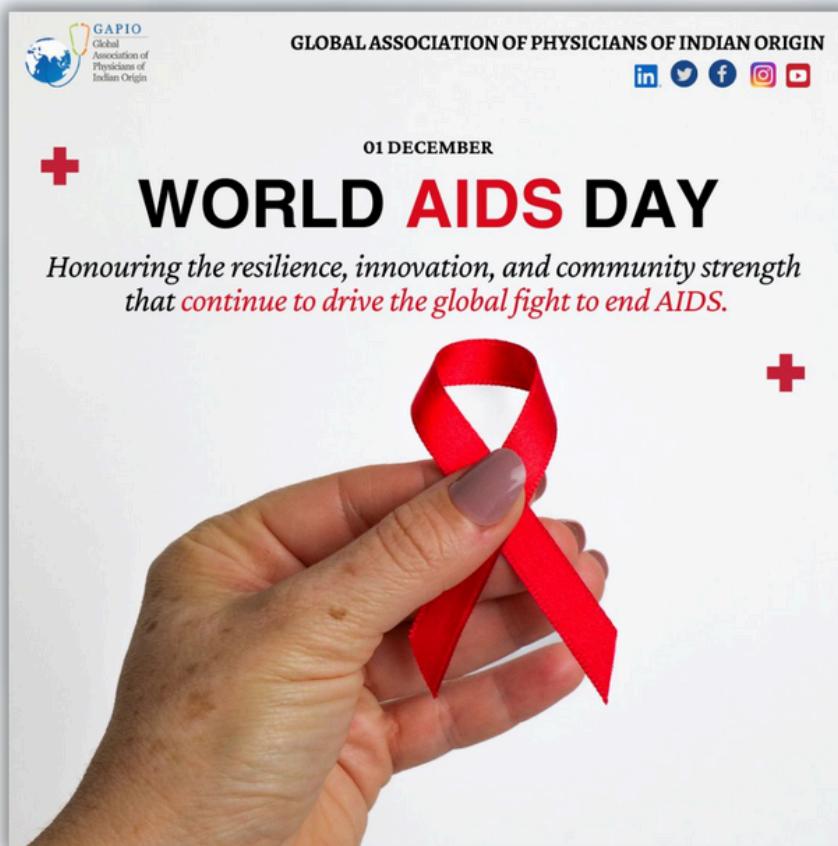
GAPIO Observes World AIDS Day: Advancing Resilience, Solidarity, and an AIDS-Free Future

On World AIDS Day, the Global Association of Physicians of Indian Origin (GAPIO) reaffirmed its commitment to strengthening the global response to HIV/AIDS through awareness, equity, and sustained collective action. Even amid disruption and evolving challenges, communities across the world continued to lead with determination, innovation, and hope—driving progress toward a future free from AIDS.

HIV/AIDS remained a critical global public health challenge, requiring continued vigilance, compassion, and coordinated efforts from healthcare systems, policymakers, and communities. The resilience demonstrated by affected communities, frontline healthcare workers, researchers, and advocates played a central role in advancing prevention, treatment, and care, while challenging stigma and inequities that continued to affect outcomes.

World AIDS Day served as a reminder that meaningful progress was built on shared responsibility. When science was paired with trust, when care was accessible without discrimination, and when communities were empowered to lead, the global AIDS response moved forward with clarity and purpose. Healthcare professionals played a vital role not only in clinical care, but also in fostering dialogue, upholding dignity, and guiding individuals and families through complex health journeys.

Through solidarity and sustained commitment, the narrative of HIV/AIDS continued to shift—from crisis to control, from silence to understanding, and from uncertainty to hope. GAPIO stood with clinicians, caregivers, researchers, and communities worldwide in advancing an inclusive, compassionate, and science-driven path toward ending AIDS and strengthening global health.



HEALTH TIPS/FACTS

When Care Leaves a Mark: Understanding the Emotional Cost of Medical Practice

Doctors enter medicine to heal, yet the emotional weight of care can accumulate quietly over time. Beyond physical fatigue, physicians often carry the memory of patients they could not help, decisions constrained by systems, and moments that challenge their professional identity. Recognising this emotional cost is essential to sustaining both clinicians and the care they provide.

1. Acknowledge the Emotional Residue of Clinical Work

- Physicians often remember unresolved outcomes more vividly than successes.
- These experiences can shape emotional well-being long after clinical encounters end.

2. Recognise Burnout as a Professional Risk, Not a Personal Failure

- Chronic stress, emotional exhaustion, and detachment are workplace phenomena.
- Burnout reflects systemic strain rather than individual weakness.

3. Understand Moral Injury in Modern Healthcare

- Moral injury arises when doctors know the right course of action but cannot pursue it.
- Administrative constraints, policy limitations, and financial pressures intensify this conflict.

4. Appreciate the Impact on Patient Care and Safety

- Emotional fatigue affects attention, empathy, and decision-making.
- Clinician well-being is directly linked to trust, safety, and treatment outcomes.

5. Notice Subtle Changes in Professional Engagement

- Burnout may present as irritability, withdrawal, or reduced connection with patients.
- Early awareness allows timely support before deeper disengagement occurs.

6. Address Administrative Burden as a Clinical Issue

- Excessive documentation and authorisation processes divert focus from patient care.
- Reducing non-clinical workload protects both clinicians and care quality.

7. Reinforce the Importance of Professional Connection

- Strong physician-patient and peer relationships are central to meaningful care.
- Isolation erodes resilience, while collaboration restores purpose.

8. Support Both Institutional and Personal Coping Strategies

- Peer mentoring, wellness programmes, and leadership support are essential.
- Individual strategies are most effective when supported by healthy systems.

9. Normalise Seeking Support Without Stigma

- Emotional strain is an expected part of high-responsibility professions.
- Accessing support reflects professionalism, not vulnerability.

10. Remember Why Medicine Still Matters

- Despite challenges, physicians continue to find meaning in service, trust, and impact.
- Sustaining that meaning requires protecting those who provide care.

Caring for doctors is not separate from caring for patients. A healthcare system that recognises emotional labour, reduces unnecessary burden, and fosters professional connection safeguards the integrity of medicine itself.

Source: https://www.northcarolinahealthnews.org/2025/12/03/doctors-mds-physicians-reflect-on-burnout-emotional-cost-of-care/?utm_source=chatgpt.com

HEALTH TIPS/FACTS

Sustaining Care Without Burnout: Practical Strategies to Protect Doctors' Well-Being

Healthcare systems face increasing demands, yet sustainable care depends on protecting the well-being of those who deliver it. Supporting doctors does not require sacrificing professional standards or patient outcomes. Instead, it requires thoughtful, system-aware strategies that reduce unnecessary strain while preserving clinical focus.

1. Identify "Invisible Drains" on Clinical Time

- Administrative overload, repeated documentation, and fragmented workflows quietly erode energy.
- Regularly reviewing these pressure points helps restore time for meaningful patient care.

2. Optimise Workflows, Not Working Hours

- Efficiency should come from smarter processes, not longer days.
- Streamlined scheduling and task prioritisation reduce fatigue without compromising care quality.

3. Reduce Cognitive Fatigue Between Clinical Encounters

- Gaps between appointments should allow recovery, not additional clerical tasks.
- Thoughtful pacing supports sustained attention and safer decision-making.

4. Use Technology to Support, Not Burden, Clinicians

- Digital tools should reduce duplication and manual effort, not add complexity.
- Proper integration improves accuracy, continuity, and clinician satisfaction.

5. Protect Clinical Focus by Delegating Non-Clinical Tasks

- Doctors perform best when their expertise is used where it matters most.
- Appropriate delegation preserves professional identity and reduces burnout risk.

6. Monitor Workload Trends Proactively

- Regular review of caseloads, on-call patterns, and cumulative hours prevents overload.
- Early adjustments are more effective than reactive interventions.

7. Re-evaluate Physical and Work Environments

- Workspace design, noise levels, and access to rest areas affect mental endurance.
- Small environmental changes can significantly improve daily functioning.

8. Minimise Routine Administrative Burden

- Repetitive non-clinical responsibilities contribute disproportionately to stress.
- Simplifying or centralising such tasks supports long-term resilience.

9. Build Teams Strategically to Support Doctors

- Well-balanced teams distribute responsibility more effectively.
- Sustainable staffing models protect both patient safety and clinician well-being.

10. Remember: Supporting Doctors Sustains Healthcare

- Clinician well-being is directly linked to care quality, safety, and ethics.
- A healthcare system that protects its doctors ultimately protects its patients.

Source: <https://www.physicianspractice.com/view/9-ways-to-cut-overhead-without-cutting-staff?slide=1>

GAPIO Honors' List - December 2025



GAPIO Honours' List

December 2025



<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p> DR ARUN PRASAD</p> <p> DR. ASHOK SETH</p> <p> DR. ASHOK SHARMA</p> <p> DR. BELLAMKONDA KISHORE</p> <p> DR. DILIP KUMAR ACHARYA</p> <p> DR. DILLIP KUMAR DASH</p> <p> DR. KEERTI SINGH</p> <p> DR. (LT. COL.) RAVIKUMAR ARUNACHALAM</p> <p> DR. MAHESH GOENKA</p> </div> <div style="width: 45%;"> <p> DR. NALINI M GUDA</p> <p> DR. NARAYAN MISHRA</p> <p> DR O P SHARMA</p> <p> DR. PREMKUMAR BALACHANDRAN</p> <p> DR. RAJU VAISHYA</p> <p> DR. RAJUL RASTOGI</p> <p> DR. SANDIP K. TRIVEDI</p> <p> DR. SHRIHARI ANIKHINDI</p> <p> DR. SURAJIT GORAI</p> <p> DR. YOGESH SARIN</p> </div> </div>
--

Global Association of Physicians of Indian Origin

Dr Arun Prasad, Surgical Gastroenterology, Clinical Lead, GI & Bariatric, at New Delhi, have been selected as an Achiever in the Achievers Class of 2026 in the category “Education, Science & Innovation” for the India UK Achievers Honours Class of 2026. The honour will be conferred, during the India UK Achievers Honours Celebrations, taking place in London, United Kingdom, from 24–26 February 2026.

Dr. Ashok Seth, ‘Padma Bhushan’, ‘Padma Shri’ and ‘B. C. Roy’ Awardee, and chairman - Fortis Escorts Heart Institute, has achieved the following:

- 77th Annual Conference of the Cardiological Society of India (CSI), Delhi
- Delivered the prestigious Smt. Uma Rani Banerjea Memorial
- Oration on “Pushing the Boundaries of Complex High-Risk PCI and Structural Heart Interventions.”

Roles included

- Speaker-Plenary Session Orator
- Chairperson -TAVR Potpourri Sessions
- Moderator- Inclisiran first accelerating goal achievement in LDL reduction.

Asia Interventional Complications Course, Chennai (Course Director: Dr. Arun Kalyanasundaram) contributed as:

- Speaker -Welcome address.
- Chairperson- Access Issues; The Calcium Conundrum: Fracture, Perforate Underexpanded.
- Moderator-Moving Forward: Lessons and Resolutions
- National Facilitator, at PCR Seminars TAVI India.

GAPIO Honors' List - December 2025

Dr. Narayan Mishra, Professor Emeritus, Pulmonary Medicine, Odisha University of Health Sciences, International Advisor to the Royal College of Physicians and Surgeons of Glasgow, Chief Consultant Pulmonologist- THE CHEST CLINIC, Berhampur, Former Prof & HOD Pulmonary Medicine, MKCG Medical College, Odisha, has the following achievements:

- Guest lecture as a faculty: National Conference of Indian College of Allergy Asthma and Applied Immunology (ICAAICON 2025) from 30th October to 2nd November 2025 at the Atal Bihari Vajpayee Scientific Convention Centre, KGMU, Lucknow, UP. Topic: "Vaccines in Chronic Respiratory Diseases: An overview"
- National Faculty as a Speaker: National Conference of Pulmonologists: NAPCON 2025 Patna, 11th 14th Dec at Patna Topic: "What's new in 2025-26 Gold update: with special reference to newer drugs." Edited & Published an important book in medical science, "EMERGENCIES IN PULMONARY MEDICINE" which was released at the national level in the hands of His Excellency, Shri Arif Mohammed Khan, Governor of Bihar, on 11 th Dec 2025 during the National Conference of Pulmonologists of India at Patna in the inaugural session.
- Faculty: State level "IIGH Physicians Update with API Odisha. Topic: Interstitial Lung Disease,: What every Physicians should know. Conducted an Anti-Tobacco Awareness Workshop at Parala Maharaj
- Engineering College, Berhampur on 13th Nov 2025, which was attended by more than 200 teenagers of the Institute. (This is a continued program since 1985, and till now, I have completed more than 650 such workshops in various institutions and organizations)
- Felicitated & Honoured by the Vice Chancellor of Odisha University of Health Sciences as an Exemplary Professor Emeritus for the year 2025 on 28th December at Bhubaneswar, for the outstanding contributions to Pulmonary Medicine and for imparting knowledge and wisdom to advance the discipline in various medical colleges across the state.
- Conducted a state-level PG Quiz competition for Pulmonary Medicine PG students of 10 medical colleges of Odisha on 21.11.2025.
- Conducted National-level PG Quiz competition for Pulmonary Medicine PG students of 21 states of India as a quiz master during the National Conference of Pulmonologists (NAPCON 2025) at Patna on 12th Dec 2025.

Dr O P Sharma, Sr. Consultant Geriatric Medicine at New Delhi has the following achievements:

- Received Dr. V. K. Arora & Dr. Raksha Arora Award for "Lifetime Excellence in Geriatrics during GSICON 2025 on 13 December 2025 at Agra.
- Editor in Chief "Indian Guidelines for Evaluation & Management of Sarcopenia". This was released by Hon'ble Minister for Higher Education Sri Yogendra Upadhyaya Ji during GSICON 2025 at Agra.
- Sponsored Dr. O. P. Sharma & Smt. Shanti Sharma Oration 2025 which was delivered by Dr. Rajinder K. Dhamija, Director IBHAS during GSICON 2025.

Dr. Premkumar Balachandran, Senior Consultant and Clinical Lead at Chennai was the faculty of "Essential minimal access surgery" conducted in Simulation Center at Chennai.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi has published the following papers in November and December 2025:

- Shah AP, Vaish A, Goyal N, Vaishya R. Sciatic Nerve Palsy Following Bone Marrow Aspiration in an Adult with Polycythemia Vera: A Rare Case Report. JBJS Case Connector 2025; 15(4):e24.00469. DOI: 10.2106/JBJS.CC.24.00469
- Vaishya R, Gupta BM, Dhawan SM, Mamdapur GMN, Singh Y, Bansal J. Medical and Local Disease Related Research on Nepal: A Study of Top 100 High-Cited Papers during 1994-2023. DESIDOC J Lib Info Tech 2025; 45(6): 584-595. DOI : 10.14429/djlit.20530
- Migliorini F, Schäfer L, Simeone F, Memminger MK, Eschweiler J, Vaishya R. Therapeutic Potential of Melatonin in Musculoskeletal Medicine. J Orthop 2025; 72:117-123. Doi:10.1016/j.jor.2025.11.011.
- Singla R, Mittal UR, Vaish A, Vaishya R. Optimizing limb alignment in total knee arthroplasty: Techniques, outcomes, and future directions. J Arthrosc Jt Surg 2025; 10.4103/jajs.jajs_145_24
- Vaishya R, Gupta BM, Kappi MK, Sharma K, Mamdapur GMN and Vaish A. Mapping India's scholarly output and highly cited publications in traditional, complementary and integrative medicine: A bibliometric analysis (2005-2024). Apollo Med 2025; DOI: 10.1177/09760016251395401

GAPIO Honors' List - December 2025

Dr. Ashok Sharma, Consultant, Internal Medicine at New Delhi have been awarded for his short film “CHUNNI”, at Khajuraho international film festival 2025.

Dr. Bellamkonda Kishore, Academician, Innovator and Entrepreneur, has been awarded with “Indian Overseas Prize” on July 23, 2025. The prize which carries a medal and certificate, as part of Celebrating India-US Ties in the Iconic Building of the US Congress in Washington, DC. This prize was awarded to 30 people from all over the globe for their distinguished services and thus keeping the flag of India high overseas.

Dr. Dilip Kumar Acharya, National Chairman, IMA Cancer Tobacco Control Committee Acharya received the IMA National President's Honour for his dedicated services in the field of Cancer Prevention, Early detection & Tobacco Control from the hands of Dr. Dilip Bhanushali-National IMA President during the 100 th Annual National Conference of Indian Medical Association held at Ahmedabad on 27 th & 28 th December 2025.

Dr. Acharya's e-poster on “Early Detection of ORAL CANCER by Self Examination” was also presented during the conference.

Dr. Dillip Kumar Dash, Senior Consultant, Bilaspur, Chhattisgarh, has been selected for the “Lifetime Achievement Award” in healthcare. The award is to be given during World Leaders Summit to be held on 3 rd February at India International Centre, New Delhi.

Dr. Keerti Singh, Senior Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, as the Barbados representative and HIV lead of the Optimist International Caribbean District's Childhood Health and Response Mission (CHaRM) committee, has assisted in organizing an intercaribbean webinar - on “HIV/AIDS and Mental Wellness amid Loss and Grief” with special focus on managing the aftermath of Hurricane Melissa.

Dr. (Lt. Col.) Ravikumar Arunachalam, retired advisor to SRM Medical College, Hospital & Research Institute and retired, Pro Vice Chancellor, Medical and Health Sciences of SRM Institute of Science and Technology has one publication, “Evaluation of an eclectic voice therapy program and vocal function exercise (VFE) in hyperfunctional voice disorders: A randomised controlled trial”, Reference: JCD_106594 in the Journal of communication disorders” published as co – author. His other publication, “Prediction of Behavioral MCL using electrophysiological responses in children using MED-EL Implant” is awaiting acceptance in CoDAS Journal.

Dr. Mahesh Goenka, Director and Head of the Institute of Gastrosciences & Liver Transplantation, Kolkata was awarded the “Lifetime Achievement Award” by the Indian Society of Gastroenterology on December 3 at the 66th annual meeting held in Amritsar on December 3-6, 2025.

Dr. Nalini M Guda, Clinical Adjunct Professor of Medicine, Aurora St. Luke's Medical Center, Program Director, Advanced Endoscopy Fellowship, GI Associates, Milwaukee, was one of the two recipients of “ISG Global Excellence Award”, by the Indian Society of Gastroenterology on December 3 at the 66th annual meeting held in Amritsar on December 3-6, 2025. The Indian Society of Gastroenterology has instituted the ISG Global Excellence Award. This award is given to an international gastroenterologist(s) of repute, who has contributed to Global Gastroenterology in General and has also helped in the advancement of Gastroenterology in India.

GAPIO Honors' List - December 2025

- Vaishya R, Vaish A. Evolution of Indian orthopedics and the legacy of its pioneers. *Ann Natl Acad Med Sci (India)*. 2025; doi: 10.25259/ANAMS_29_2025
- Vaishya R, Gupta BM, Vaish A, Srinivas SBK, Poduval M, Shekhawat S, Bansal M. Indian Orthopaedic Research Landscape: A Bibliometric Analysis of the Indian Journal of Orthopaedics (2007-2024). *Indian J Orthop* 2025; DOI : 10.1007/s43465-025-01624-
- Migliorini F, Vaishya R, Koettlitz J, Jeyaraman M, Schäfer L, Eschweiler J, Simeone F. Conservative Management of Focal Chondral Lesions of the Knee and Ankle: Current Concepts. *Cells*. 2025; 14(23):1899. <https://doi.org/10.3390/cells14231899>
- Vaishya R, Sibal A, Gupta BM, Mamdapur GMN, Vaish A. Metabolic Dysfunction-- Associated Fatty Liver Disease (MAFLD) in Children and Adolescents: A Scientometric Assessment of South Asia Publications during 2007-2024. *Tropical Gastroenterology* 2025; 46(3): 97-105. DOI: 10.4103/TG.TG_65_25
- Gnawali G, Vaish A, Vaishya R. Reverse Shoulder Arthroplasty for a failed Hemi-mega prosthesis in a previously treated Osteosarcoma: A Case Report and Literature Review. *Nepal Orthopedic Association Journal* 2025; 11(3): 32-36. <https://doi.org/10.59173/noaj.20251103i>
- Bagaria V, Vaishya R. Transforming Joint Replacement with Open Robotics: A Call for Change! *SICOT-J* 2025;11, E3. <https://doi.org/10.1051/sicotj/2025059>
- Vaishya R, Vaish A, Laha NN. Dr Pashupati Nath Laha (1913-1993): A Pioneer in Indian Medicine and Infectious Disease Research. *Central India J Med Res* 2025; 4(03): 71-74. <https://doi.org/10.58999/cijmr.v4i03.297>
- Vaishya R, Mohan Gupta B, Vaish A, Mohan Gore M. Bibliometric analysis of foreign orthopaedics research in the Indian Journal of Orthopaedics (2007–2024): Trends, impact and international collaboration. *Int J Orthop Surg* 2025; 33:62-70. doi: 10.4103/ijors.ijors_18_25 Migliorini F, Schäfer L, Vaishya R, Eschweiler J, Oliva F, Driessen A, Pipino G, Maffulli N. Bacteriophages in Hip and Knee Periprosthetic Joint Infections: A Promising Tool in the Era of Antibiotic Resistance. *Medical Sciences*. 2026; 14(1):9. <https://doi.org/10.3390/medsci14010009> Vaishya R, Gupta BM, M Sab C, Guechairi S, Vaish A, Botchu R. Indian Research on Generative AI in Healthcare Imaging: A Comprehensive Bibliometric Analysis. *J Clinical Imaging Sc*. 2025; 15:48. doi:202510.25259/JCIS_245_2025
- Vaishya R, Misra A, Vaish A. Scientific Writing in the Age of Artificial Intelligence: Trust on Trial? *Postgrad Med J* 2025; qgaf215, <https://doi.org/10.1093/postmj/qgaf215>
- Chowdhury PN, Vaish A, Puranik A, Vaishya R. Artificial intelligence in arthroplasty: Past achievements, present applications, and future directions. *Indian J Hip Knee Arthroplasty* 2025; 1:77-85. DOI: 10.4103/IJHKA.IJHKA_16_25
- Vaishya R, Vaish A, Iyengar KP. Beyond the Hierarchy: Rethinking the “Levels of Evidence”. *Orthop J MP Chapter* 2025; 10.4103/OJMP.0JMP_14_25 202510.25259/JCIS_245_2025
- Gulati Y, Vaishya R, Bahl V, Vaish A. Severe Bilateral Avascular Necrosis of Femoral Heads in an HIV-Positive Patient: A Rare Case Report and Literature Review. *Egyptian Orthop J* 2025; doi:10.21608/EOJ.2025.413428.1072

GAPIO Honors' List - December 2025

Dr. Rajul Rastogi, Professor, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP, has achieved the following milestones:

- Has delivered a faculty lecture on the _Role of Radiomics & Radiogenomics in Lung Cancer at a recent CME held on 26 th December 2025 jointly by the Society of Oncologic Imaging India (SOII) and the IRIA Moradabad-City Chapter.
- He has been invited as external examiner MD Radiodiagnosis university examination in Jaipur National University, Jaipur, Rajasthan.
- He has been invited as a first faculty speaker on the Day 1 of the upcoming National Conference on “Artificial Intelligence in Health Care and Education” to be held on 14th - 16th February 2026 and organized by the Banaras Hindu University, under the aegis of the Ministry of Health and Family Welfare, Government of India

Dr. Sandip K. Trivedi, Consultant Pediatrician, Idar, Gujarat has been elected as Vice President, West Zone, CIAP 2026, (Indian Academy of Paediatric) and also got Fellowship in IAP awards in 2025.

Dr. Shrihari Anikhindi, Consultant Gastroenterologist, Institute of Liver, Gastroenterology and Pancreaticobiliary Sciences, Sir Ganga Ram Hospital, New Delhi, has been recognized by Indian Society of Gastroenterology for being an appreciated reviewer for Indian Journal of Gastroenterology. Awarded recognition certificate at ISGCON, Amritsar December 3-6 2025.

Dr. Surajit Gorai, Professor and Consultant Dermatologist, Kolkata has been Invited for 31st Dermazone East 2025 and 36th annual conference of NE states of India (11 to 13/12/25) for the following roles:

- A lecture on Acne Scar Lasers – latest updates and practical insights. Judging the award paper session.
- Conducting workshop and lecture on dermal fillers, with emphasis on safety, technique, and outcomes.

Dr. Yogesh Sarin, Paediatric Surgeon and Professor of Excellence, Centra Health Services, Dept. of Pediatric Surgery, Kalawati Saran Children's Hospital associated with Lady Hardinge Medical College has achieved the following:

- He was the faculty member in the 10th annual Conference on Translational Research and Innovation in Paediatric Surgery held on 5-6 December 2025 in AIIMS, New Delhi, and was conferred honorary Fellowship of Research and Innovation Pediatric Surgical Society (RIPSS)- a section of the Indian Association of Paediatric Surgeons (IAPS).
- He was an examiner for the MCh (Pediatric Surgery) exit examination at the University of Delhi on 15-16th December.
- He was also a faculty member and facilitated, as a guest of honour, the 8th UP-UK Pediatric Surgery Conference held in Jhansi on 20- 21 December.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin

Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi – 110076

Email: gapijm@gmail.com; Contact No. +91-7701910804, 011-71791747

GAPIO 16TH ANNUAL CONFERENCE

INDORE

THE CLEANEST CITY OF INDIA



FEBRUARY | 14-15 | 2026

BLOCK YOUR CALENDAR

www.gapio.in