

# GLOBAL INDIAN PHYSICIANS IN THE NEWS

## (DECEMBER 2025)



**DIGITAL OUTREACH PARTNER**



### FIRST INDIAN SURGEON DR RAGHU RAM ELECTED TO 425-YEAR-OLD RCPSG GOVERNING COUNCIL

**Dr P. Raghu Ram**, Founder Director of KIMS-USHALAKSHMI Centre for Breast Diseases, Hyderabad, has become the first surgeon from India to be elected to the Governing Council of the Royal College of Physicians and Surgeons of Glasgow (RCPSG), a 425-year-old institution and one of the world's oldest medical colleges.

RCPSG is the only multidisciplinary Royal College in the UK and Ireland, representing medical professionals across 97 countries. The results were announced during the College's Annual General Body Meeting held in Glasgow on December 5, 2025.

This year's election was historic as only one Governing Council seat is reserved for a surgeon practising outside the UK, with 26 global candidates contesting for it. Dr Raghu Ram's victory marks a rare milestone in the combined history of UK Royal Colleges.

He will serve on the Governing Council for the 2025-2028 term, representing RCPSG members across countries outside the UK. Since 2000, Dr Raghu Ram has played a key role in strengthening the College's academic presence in India through FRCS and MRCS preparatory programmes, training over 2,000 surgeons across South Asia.

An OBE recipient, Padma Shri awardee and Dr B C Roy National Award winner, Dr Raghu Ram was also recently conferred the Honorary FRCS (Glasgow), the highest honour of the College.

**Source:** Medical Dialogues, 11/12/2025

**Link:** [https://medicaldialogues.in/news/health/doctors/first-indian-surgeon-dr-raghu-ram-elected-to-425-year-old-rcpsg-governing-council-160398?utm\\_source=chatgpt.com](https://medicaldialogues.in/news/health/doctors/first-indian-surgeon-dr-raghu-ram-elected-to-425-year-old-rcpsg-governing-council-160398?utm_source=chatgpt.com)



## DR NOMAL CHANDRA BORAH HONOURED WITH TWO NATIONAL LIFETIME ACHIEVEMENT AWARDS

**Dr Nomal Chandra Borah**, Founder of the GNRC Universal Health Mission and the GNRC Group of Hospitals, has been conferred two prestigious National Lifetime Achievement Awards in recognition of his outstanding and sustained contributions to neurology, nursing leadership, and community healthcare over more than five decades.

The honours were awarded by the Indian Academy of Neurology (IAN) and the Association of Nurse Executives-India (ANEI), acknowledging Dr Borah's pioneering role in establishing advanced neurological care in Northeast India and his visionary leadership in strengthening nursing education and rural healthcare delivery.

A respected neurologist, institution builder, and social reformer, Dr Borah has played a transformative role in making quality healthcare ethical, affordable, and accessible, particularly for underserved communities. His work through GNRC Hospitals and allied initiatives continues to inspire generations of healthcare professionals across the country.

**Source:** Medical Dialogues, 16/12/2025

**Link:**<https://medicaldialogues.in/news/health/doctors/dr-nomal-chandra-borah-wins-two-national-lifetime-achievement-awards-160727>



**DR HARI SHUKLA CONFERRED WITH 'KEY TO THE CITY OF NEW YORK'**

**Dr Hari Shukla**, a distinguished Indian-origin pediatrician and public health leader, has been honoured with the prestigious 'Key to the City of New York' by Mayor Eric Adams, in recognition of his exceptional contributions to pediatric medicine, neonatal care, and community service spanning several decades.

Commending Dr Shukla's lifelong dedication, Mayor Adams highlighted his profound impact on saving lives, strengthening families, and uplifting communities through compassionate and ethical medical practice. The honour also acknowledged Dr Shukla's longstanding service to the South Asian community in the United States and his leadership in advancing equitable healthcare access.

A triple board-certified specialist in Pediatrics, Neonatal-Perinatal Medicine, and Forensic Medicine, Dr Shukla serves as a Clinical Associate Professor at NYU School of Medicine. Over the course of his career, he has trained more than 300 medical residents and made globally significant contributions to neonatal care, including pioneering work in umbilical catheterisation techniques.

The recognition reflects not only Dr Shukla's professional excellence but also his enduring commitment to service, leadership, and humanitarian values, making him a respected global ambassador of Indian-origin physicians.

**Source:** South Asian Herald, 31/12/2025

**Link:**<https://southasianherald.com/nyc-mayor-eric-adams-honors-indian-american-physician-dr-hari-shukla-with-key-to-the-city-of-new-york/>



## DR. ANEES MOHAMED HONOURED BY UZBEKISTAN AFTER SAVING WOMAN DURING MID-FLIGHT MEDICAL EMERGENCY

**Dr. Anees Mohamed**, a Malayali medical intern currently training at Tashkent State Medical University, has been conferred Uzbekistan's rare and prestigious "Hero of the Country" honour after saving the life of a woman who collapsed during a mid-air medical emergency.

The incident occurred on July 28, 2025, aboard a flight travelling from Tashkent to Delhi, when a 48-year-old woman suddenly collapsed mid-air. Responding to an urgent call for medical assistance, Dr. Anees—then just 24 years old—stepped forward as the only medical professional on board.

With no medical equipment and thousands of feet above the ground, Dr. Anees assessed the passenger and identified a case of tachycardia, marked by a dangerously elevated heart rate. He immediately performed a carotid sinus massage, stabilising the patient within seconds. The woman was closely monitored until landing and subsequently handed over to doctors in Delhi for further care.

For his presence of mind and decisive intervention, Dr. Anees was officially honoured at a ceremony in Uzbekistan on December 4, 2025, becoming the first Indian and the first foreign national to receive the country's "Hero of the Country" award.

Accepting the honour, Dr. Anees credited his family, mentors, and university for guiding him, stating that the recognition belonged to everyone who supported his journey. Though raised and schooled in Dubai, Dr. Anees hails from Tirur in Malappuram district, Kerala, and frequently returns to India during academic breaks to work in hospitals across the state.

Aspiring to specialise in trauma surgery, Dr. Anees has already assisted in major surgical procedures in India and maintains a detailed surgical logbook despite being an intern. Outside medicine, he is also a trained MMA and kickboxing coach, mentoring young athletes at competitive levels.

In an official statement, Tashkent State Medical University said it was proud that its students were providing life-saving medical assistance globally, reflecting the quality of training imparted at the institution.

Dr. Anees Mohamed's recognition highlights the growing global impact of young Indian medical professionals and stands as a testament to the role of medical training, courage, and compassion in saving lives beyond borders.

**Source:** New Indian Express, 10/12/2025

**Link:**<https://www.newindianexpress.com/states/kerala/2025/Dec/10/malayali-medical-intern-gets-uzbek-honour-after-saving-woman-mid-flight>



## DR J. NARESH BABU WINS TOP HONOURS AT INDIAN ORTHOPAEDIC ASSOCIATION MEET

**Dr J. Naresh Babu**, Chief of Spine Services at Mallika Spine Centre, Guntur, has brought national recognition to Andhra Pradesh after winning three prestigious national awards at the 70th Annual Conference of the Indian Orthopaedic Association (IOA), held in Guwahati.

Dr Naresh Babu was conferred the HKT Raza Gold Medal 2024 for Best Spine Research for his pioneering work on identifying ideal candidates for Endoscopic Spine Surgery, a minimally invasive technique that is redefining modern spine care.

In recognition of his innovative thinking and rational application of science in orthopaedics, he was also awarded the SP Mandal Gold Medal 2025, one of the association's most respected academic distinctions.

Adding to the honours, Dr Naresh Babu was selected for the Golden Jubilee Oration Award 2025, the highest academic recognition of the IOA, conferred for outstanding, original, and unpublished research.

Peers, mentors, and senior orthopaedic surgeons praised his work for seamlessly integrating clinical relevance, advanced imaging, and translational research, with a strong emphasis on improving patient outcomes in spine care.

Dr Naresh Babu's achievements underscore Andhra Pradesh's growing contribution to cutting-edge orthopaedic research and innovation on the national stage.

**Source:** New Indian Express, 22/12/2025

**Link:** <https://www.newindianexpress.com/states/andhra-pradesh/2025/Dec/22/guntur-spine-doctor-honoured-at-iosa-meet>



## FERTILITY SPECIALIST DR GEETA NARGUND APPOINTED TO UK HOUSE OF LORDS

**Dr Geeta Nargund**, a leading fertility specialist and founder of CREATE Fertility, has been nominated as a Labour Party peer to the UK House of Lords, marking a significant milestone for Indian-origin doctors in British public life.

Dr Nargund, a globally recognised expert in reproductive medicine, has served as Medical Director of CREATE Fertility and has been a prominent advocate for women's health, reproductive rights, and equitable access to fertility care. She is also the Founder and Trustee of the Health Equality Foundation, working to address healthcare disparities in the UK and internationally.

Her nomination was approved by Prime Minister Keir Starmer and formally appointed by King Charles III, recognising her long-standing contributions to medicine, public health policy, and gender equity.

Dr Nargund's elevation to the Upper House highlights the growing role of clinician-leaders in shaping health policy at the national level and represents a moment of pride for the Indian-origin medical community in the UK.

**Source:** Deccan Herald, 24/12/2025

**Link:**<https://www.deccanherald.com/world/doctor-techie-among-new-indian-origin-peers-in-house-of-lords-3841565>



## UDAIPUR PSYCHIATRIST DR PARISTISH KAMDAR HONOURED WITH SAMVEDNA WOMEN AWARD AT IAPP CONFERENCE

**Dr Paristish Kamdar**, Psychiatrist at Geetanjali Medical College and Hospital (GMCH), Udaipur, has been honoured with the Samvedna Women Award at the 26th Annual National Conference of the Indian Association of Private Psychiatry (IAPP).

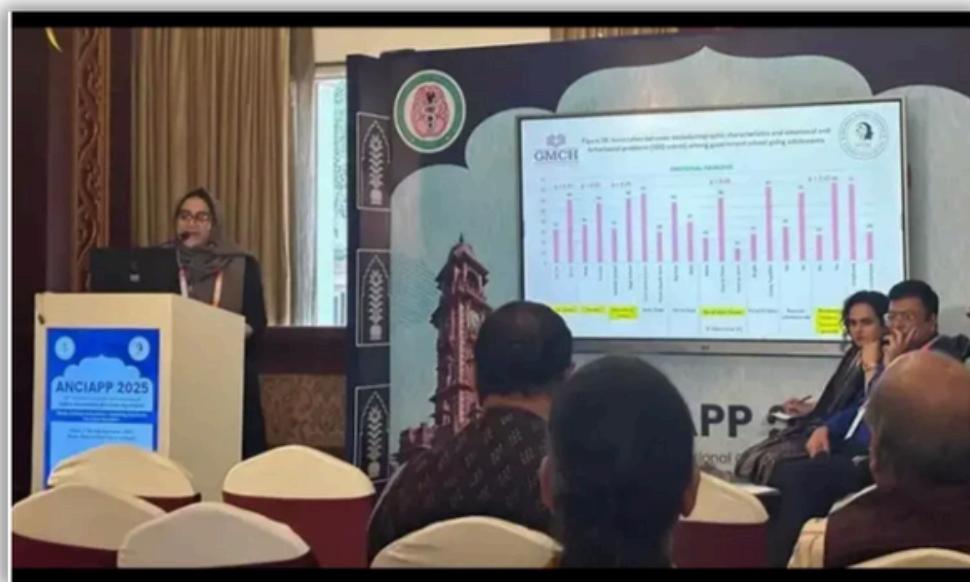
The award was conferred in recognition of her significant research contribution titled “Emotional-Behavioral Problems, Abuse, Stress, and Psychosocial Determinants of Self-Esteem among Adolescents: A Cross-Sectional Study.”

The study, conducted by a multidisciplinary team of senior psychiatrists and mentors, highlighted the strong association between adolescents' mental health challenges and factors such as abuse, stress, family structure, and socioeconomic background. The findings underline the need for mental health-focused interventions and curriculum integration at the school level.

Commending the achievement, Geetanjali Hospital leadership noted that the honour reflects both Dr Kamdar's academic excellence and Udaipur's growing contribution to mental health research and advocacy.

**Source:** Medical Dialogues, 11/12/2025

**Link:** <https://medicaldialogues.in/news/health/doctors/udaipur-psychiatrist-dr-paristish-kamdar-honored-with-samvedna-women-award-at-iapp-conference-160348>



## KOLKATA PAIN SPECIALIST DR GAUTAM DAS CONFERRED DR M. J. JOSHI – IMA BHUSHAN AWARD AT MULTICON 2025

**Dr Gautam Das**, founder of *Daradia: The Pain Clinic, Kolkata*, was conferred the prestigious *Dr M. J. Joshi - IMA Bhushan Award* by the *Indian Medical Association (IMA)*, Pune, during *MULTICON 2025* held on December 7.

The award, instituted in memory of eminent surgeon and philanthropist *Dr M. J. Joshi*, recognises sustained contributions to clinical excellence, medical education, and service to society. As part of the honour, Dr Das delivered the *Dr M. J. Joshi Oration*, where he spoke on the evolution of pain medicine in India, the role of evidence-based interventional techniques, and the importance of structured education in improving patient outcomes.

A pioneer in interventional pain management, Dr Das has played a key role in advancing pain medicine in India over the past two decades. Through *Daradia: The Pain Clinic*, he established one of the country's dedicated centres for comprehensive pain care, which has received multiple recognitions for clinical innovation and education.

In addition to his clinical work, Dr Das has trained over 3,000 physicians through fellowships, workshops, and structured training programmes in India and abroad. Expressing gratitude for the honour, he said the award reaffirmed his commitment to patient care, teaching, and meaningful contributions to medicine.

The *Dr M. J. Joshi - IMA Bhushan Award* is regarded as one of *IMA Pune's* most respected academic honours, recognising physicians who leave a lasting impact on healthcare and medical education.

**Source:** Tribune India, 20/12/2025

**Link:**<https://www.tribuneindia.com/news/business/dr-gautam-das-founder-of-daradia-the-pain-clinic-kolkata-conferred-dr-m-j-joshi-ima-bhushan-award-at-multicon-2025/>



## INDIAN ROBOTIC SURGERY PIONEERS DR SUDHIR SRIVASTAVA AND DR SUDHIR RAWAL RECEIVE GOLDEN ROBOT SURGICAL AWARD 2025 IN NEW YORK

**Dr Sudhir Srivastava and Dr Sudhir Rawal**, two of India's foremost pioneers in robotic surgery, were honoured with the Golden Robot Surgical Award 2025 at the 7th International Prostate Cancer Symposium & World Urologic Oncology event held at Mount Sinai, New York.

The prestigious award recognises their exceptional contributions to advancing robotic surgery in India and globally. The honour was conferred in the presence of leading international medical experts and global dignitaries, celebrating innovations that are transforming cancer care and surgical outcomes worldwide.

**Dr Sudhir Srivastava**, Founder, Chairman and CEO of SS Innovations International Inc., was recognised for his pioneering work in developing India's first indigenous surgical robot, SSII Mantra, aimed at making high-precision robotic surgery affordable and accessible. His efforts have played a key role in democratising advanced surgical care through cost-effective, minimally invasive technologies.

**Dr Sudhir Rawal**, Medical Director at Rajiv Gandhi Cancer Institute and Research Centre, was honoured for his leadership in robotic urologic and oncologic surgery. He has been instrumental in pioneering complex robotic cancer procedures and expanding access to specialised care, including through remote and telesurgery initiatives.

The joint recognition underscores the growing global impact of Indian surgeons in shaping the future of robotic and oncologic surgery.

**Source:** Passionate in Marketing, 10/12/2025

**Link:** <https://www.passionateinmarketing.com/dr-sudhir-srivastava-and-dr-sudhir-rawal-honoured-with-golden-robot-surgical-award-2025-at-7th-international-prostate-cancer-symposium-world-urologic-oncology-event-at-mount-sinai-new-york/>



Dr Sudhir Srivastava



Dr Sudhir Rawal

## US HEALTH SCIENCES UNIVERSITY RENAMED AFTER INDIAN-AMERICAN PHYSICIAN PHILANTHROPISTS DRs KIRAN AND PALLAVI PATEL

*Orlando Health Sciences University in the United States has officially been renamed Drs. Kiran and Pallavi Patel Global University (KPGU), honouring the extraordinary philanthropic contributions of Indian-American physicians **Dr Kiran C. Patel and Dr Pallavi Patel**. With this landmark decision, the couple has become the first individuals of Indian origin to have a US university named in their honour.*

*Dr Kiran Patel, a renowned cardiologist, healthcare entrepreneur and philanthropist, began his medical journey in Gujarat before moving to the US in 1976. His wife, Dr Pallavi Patel, is a paediatrician widely respected for her commitment to child healthcare and community service. The couple is especially recognised for their transformative support of osteopathic medical education.*

*Their philanthropy includes a \$200 million donation to Nova Southeastern University in 2017, one of the largest higher-education gifts in Florida's history. They have also committed \$20 million towards free education through a charter school in Florida and invested \$60 million in clinical testing of next-generation cardiovascular devices in the US.*

*In India, the Patels have launched a \$200 million initiative to improve healthcare access in rural regions and have established medical institutions, including a university in Gujarat bearing the same Patel Global University name—strengthening academic ties between India and the United States.*

*Dr Kiran Patel's global impact has been recognised with the Pravasi Bharatiya Samman by the Government of India in 2019 and the Outstanding American by Choice Award in 2017. Over the past two decades, the couple's combined philanthropic commitments are estimated to exceed \$1 billion, marking a lasting legacy in global healthcare and education.*

**Source:** : Indian Eagle, 17/12/2025

**Link:**<https://www.facebook.com/indianeaglellc/posts/the-united-states-orlando-health-sciences-university-has-officially-changed-its-1332426008924870/>



## MEDICAL TRUST HOSPITAL SENIOR ONCOLOGIST DR VARUN RAJAN CONFERRED FRCP (EDINBURGH)

**Dr Varun Rajan**, Senior Consultant in Medical Oncology, Bone Marrow Transplant (BMT) and CAR-T Cell Therapy at Medical Trust Hospital, Kochi, has been conferred the Fellowship of the Royal College of Physicians (FRCP), Edinburgh, a prestigious international recognition awarded to physicians for excellence in clinical practice and contributions to medicine. The fellowship was formally conferred in a ceremonial event, marking a significant professional milestone in Dr Rajan's career. FRCP (Edinburgh) is an honour bestowed on senior physicians who have demonstrated sustained leadership, clinical expertise and commitment to advancing patient care and medical education.

Dr Rajan holds multiple advanced qualifications, including MBBS, MD, DM and ECMO certification, and is widely recognised for his work in advanced oncology care, stem cell transplantation and cutting-edge CAR-T cell therapies.

Colleagues at Medical Trust Hospital described the recognition as a testament to his dedication, clinical excellence and impact on cancer care in the region.



**Source:** : Medical Trust Hospital, 03/12/2025

**Link:**<https://www.facebook.com/medicaltrusthospitalcochin/posts/a-well-deserved-honour-congratulations-to-dr-varun-rajan-on-receiving-the-presti/1295079639327144/>



## JAMMU AND KASHMIR SURGEON DR HARBINDER SINGH BALI CONFERRED FAIS FELLOWSHIP AT ASICON 2025

Prominent surgeon **Dr Harbinder Singh Bali** from Jammu and Kashmir has been awarded the prestigious FAIS Fellowship of the Association of Surgeons of India at ASICON 2025, held in Kolkata, in recognition of his outstanding expertise in laparoscopic and general surgery.

The fellowship honours Dr Bali's clinical excellence, sustained contributions to surgical practice, and dedication to teaching and mentoring young surgeons. FAIS is one of the highest academic recognitions conferred by the Association of Surgeons of India, acknowledging surgeons who have demonstrated leadership and long-term impact in the field.

**Source:** : Rise of Kashmir, 24/12/2025

**Link:**<https://www.facebook.com/riseofkashmir/posts/prominent-surgeon-dr-harbinder-singh-bali-from-jammu-and-kashmir-was-awarded-the/1270761168412188/>

## INDIAN OPHTHALMOLOGIST DR CYRES K. MEHTA BECOMES FIRST INDIAN TO WIN ITALY'S TOP OPHTHALMOLOGY HONOUR

**Renowned Indian ophthalmologist Dr Cyres K. Mehta**, Director of Dr Cyres K. Mehta's International Eye Centre, has made history by becoming the first Indian eye doctor to receive the prestigious *Benedetto Strampelli Medal Lecture*, the highest honour in Italian ophthalmology, conferred by the 150-year-old *Società Oftalmologica Italiana (SOI)*.

Dr Mehta delivered the high-honour keynote lecture at the SOI Congress in Rome, where he spoke on managing complications in hard cataracts and complex surgical scenarios. His work and insights reinforced his global standing as a leader in refractive and cataract surgery innovation.

The *Benedetto Strampelli Medal Lecture* is regarded as the most respected accolade in Italian ophthalmology, and Dr Mehta remains the only Indian physician to be recognised with this distinction, marking a significant milestone for Indian ophthalmology on the global stage.



**Source:** : Mid Day, 02/12/2025

**Link:** <https://www.mid-day.com/buzz/article/dr-cyres-mehta-becomes-first-indian-eye-doctor-to-win-italy-s-highest-ophthalmology-award-8236>



## GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

**Global Association of Physicians of Indian Origin**

Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi – 110076

Email: [gapiro.jm@gmail.com](mailto:gapiro.jm@gmail.com); Contact No. +91-7701910804, 011-71791747

# GAPIO 16<sup>TH</sup> ANNUAL CONFERENCE

**INDORE**

THE CLEANEST CITY OF INDIA



**FEBRUARY | 14-15 | 2026**

**BLOCK YOUR CALENDAR**

[www.gapio.in](http://www.gapio.in)