



## Dr. Rohini Handa Honoured with the 2025 Distinguished International Rheumatology Professional Award by the American College of Rheumatology

GAPIO congratulates Dr. Rohini Handa, MD, DNB, FRCP (Glasg) on being honoured with the 2025 Distinguished International Rheumatology Professional Award by the American College of Rheumatology (ACR).

The recognition, announced on 19 October 2025, celebrates Dr. Handa's significant contributions to global rheumatology and his leadership in strengthening international academic and professional collaborations. He currently serves as Senior Consultant Rheumatologist at Apollo Hospitals, New Delhi, and heads the DNB Program in Rheumatology.

GAPIO applauds Dr. Handa for this prestigious achievement and his continued commitment to advancing rheumatology worldwide.



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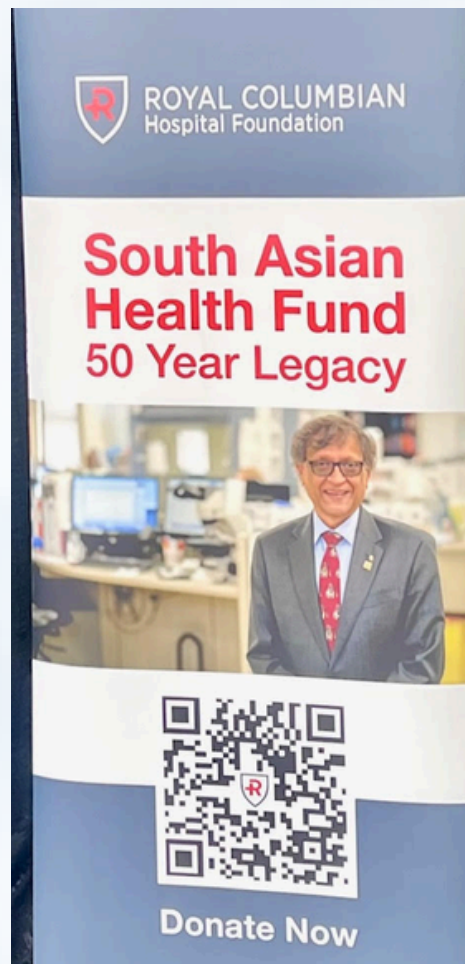
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## GAPIO Member Dr. Arun K. Garg Honoured with the Lifetime Philanthropy Award by Royal Columbian Hospital Foundation

GAPIO is proud to share that Dr. Arun K. Garg, distinguished physician, academic leader, and long-standing GAPIO member, was honoured with the Lifetime Philanthropy Award by the Royal Columbian Hospital Foundation on 8 October 2025. The recognition celebrates Dr. Garg's exceptional commitment to advancing healthcare through sustained philanthropic leadership.

During the ceremony, the Foundation announced the establishment of a 50-year legacy South Asian Fund, a visionary initiative championed by Dr. Garg. The fund aims to empower South Asian communities by promoting better health through the lens of ethnicity, diversity, culture, and community-based engagement. Uniquely, this long-term, culturally grounded initiative is being supported by an acute-care-focused hospital, marking a trailblazing milestone in Canadian healthcare.

Dr. Garg's philanthropic contributions reflect decades of dedication to strengthening culturally sensitive healthcare delivery, fostering community partnerships, and driving systemic improvements in population health. GAPIO congratulates Dr. Arun K. Garg on receiving this distinguished honour and commends his extraordinary efforts that continue to inspire innovation, inclusivity, and compassion across healthcare systems in Canada and beyond.





## GAPIO Member Dr. P. N. Renjen Delivers Guest Lecture on “Prevention of Dementia” at Eldercon 2025

GAPIO member Dr. (Prof.) P. N. Renjen, Senior Consultant Neurologist (Stroke) at Indraprastha Apollo Hospitals, New Delhi, delivered a distinguished guest lecture on “Prevention of Dementia” at Eldercon 2025, held on 26th October 2025 at The Surya Hotel, New Delhi.

The session was exceptionally well received, drawing an audience of approximately 300 delegates, underscoring the growing interest in dementia awareness, early identification, and preventive strategies within geriatric care. Dr. Renjen’s presentation offered valuable insights into modifiable risk factors, cognitive preservation, and multidisciplinary approaches to dementia prevention—earning enthusiastic engagement from participants.

Eldercon 2025 convened clinicians, researchers, and geriatric-care specialists to address emerging challenges in ageing and neurodegenerative disorders. Dr. Renjen’s contribution added significant depth to the scientific program, reinforcing the importance of proactive interventions and community education in reducing dementia burden.

GAPIO congratulates Dr. P. N. Renjen for his impactful academic contribution and for representing the association with distinction at a forum of national relevance.



## GAPIO Member Retired Major Dr. BalMukund Bhala Conferred the King's Award for Voluntary Service 2025

GAPIO is delighted to announce that GAPIO Life Member Retired Major Dr. BalMukund Bhala has been honoured with the prestigious King's Award for Voluntary Service 2025, the highest UK-level recognition for outstanding contributions to community welfare and voluntary service.

The award was presented during the Princess Royal's visit to Wellingborough and formally conferred by the Lord Lieutenant of Northamptonshire, in the presence of senior dignitaries and community leaders. This honour reflects Dr. Bhala's decades-long dedication to serving local and national communities across the United Kingdom.

A British Army Veteran with distinguished service in the Royal Army Medical Corps (Volunteer), Dr. Bhala adds this civilian award to an exceptional record that includes four medals from NATO, the British Army, and the Queen, among them the Veterans Medal for exemplary service across the British Tri-Services.

GAPIO extends warm congratulations to Dr. BalMukund Bhala for this remarkable achievement. His commitment to public service, philanthropy, and community empowerment continues to exemplify the values of leadership, compassion, and dedication that define the global Indian medical community.





## GAPIO Congratulates Dr. Sudhir M. Parikh on His Induction into the Rutgers Living History Society Archives

GAPIO is pleased to recognize the recent honour received by Padma Shri Dr. Sudhir M. Parikh, distinguished physician, philanthropist, and media leader, who was formally inducted into the Rutgers Living History Society and the Oral History Archives, one of the most respected archival institutions in the state of New Jersey.

The induction took place at a special ceremony in New Jersey, attended by dignitaries, community leaders, and members of the Indian American diaspora. Dr. Parikh was honoured alongside seven other eminent Indian Americans for their lifetime achievements, public service, and contributions to the social, cultural, and political landscape of the United States, as highlighted in the cover feature of Desi Talk (Oct 31, 2025).

The ceremony included the presentation of a commemorative coffee-table book documenting each inductee's life journey, prepared by the Rutgers Oral History Archives team. Dr. Parikh, in his remarks, reflected on his journey from a young medical graduate in India to becoming a leading physician-entrepreneur in the U.S., overseeing a network of 27 medical practices and supporting philanthropic initiatives such as Life Global, Project 'Life', Ekal Vidyalaya, and Akshaya Patra.

GAPIO congratulates Dr. Sudhir M. Parikh on this prestigious recognition and commends his decades of leadership in healthcare, community service, advocacy for stronger U.S.–India relations, and contributions to global Indian diaspora engagement.



## GAPIO Member Dr. P. N. Renjen Publishes Two Research Papers and Leads Successful Stroke Awareness Programme

GAPIO member Dr. (Prof.) P. N. Renjen, Senior Consultant Neurologist (Stroke) at Indraprastha Apollo Hospitals, New Delhi, shared notable academic and community outreach achievements from his unit.

### Recent Publications

Dr. Renjen and his team published two important research papers in leading neurology journals:

- “Influenza triggered myositis in an elderly patient: An atypical presentation of influenza infection” – Journal of Neuroimmunology, Volume 409, December 2025 (Co-authors: Saeed N., Renjen P.N., Mahmood M.A., Goswami A., Chaudhari D.M.).  
<https://doi.org/10.1016/j.jneuroim.2025.578765>
- “Prevalence of atrial cardiopathy in subtypes of acute ischemic stroke” – Neurology Asia, 2025; 30(3):627-630 (Authors: Pandey S., Renjen P.N., Chaudhari D.M., Priyal).  
doi:10.54029/2025pfh

These publications contribute valuable insights to the fields of neuroimmunology and stroke research, highlighting atypical influenza manifestations and the role of atrial cardiopathy across ischemic stroke subtypes.

## GAPIO Member Presents Paper on “Benign Vocal Fold Lesions: Perspectives for the Laryngologist”

GAPIO is pleased to acknowledge the recent academic contribution of Dr. Vishnu Martha, who participated in a scientific forum and presented a paper titled “Benign Vocal Fold Lesions: Perspectives for the Laryngologist.”

The presentation highlighted key clinical insights on the diagnosis, evaluation, and management of benign vocal fold pathologies, along with contemporary approaches used in laryngology practice. Dr. Martha's paper underscored the importance of early detection, precise assessment using modern laryngeal imaging tools, and individualized treatment strategies to preserve vocal function and improve patient outcomes.

GAPIO congratulates Dr. Vishnu Martha for his active participation and for contributing valuable perspectives to the field of laryngology. His scholarly engagement reflects the association's ongoing commitment to promoting continuous medical education and advancing specialty knowledge across the global medical community.





## GAPIO Member Dr. Suneel K. Parvathareddy Receives the 2025 North Carolina Medical Society E. Harvey Estes, MD, Physician Community Service Award

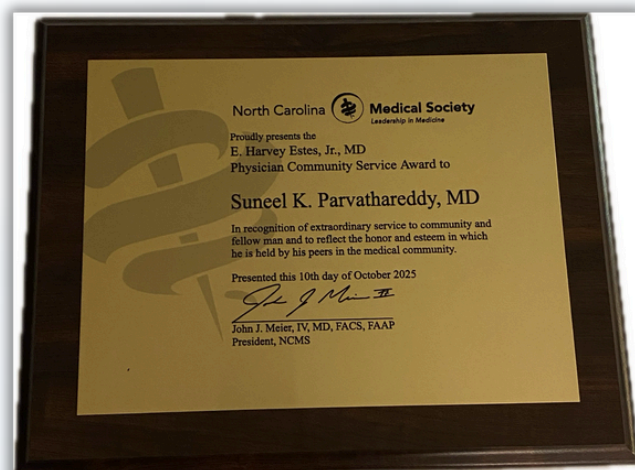
GAPIO is pleased to congratulate Dr. Suneel K. Parvathareddy, a valued member of the association, on being selected as the recipient of the 2025 North Carolina Medical Society (NCMS) E. Harvey Estes, MD, Physician Community Service Award, one of the most distinguished recognitions for medical professionals in the state of North Carolina.

The award honours physicians who have made significant and sustained contributions to community well-being beyond their clinical practice—reflecting the spirit and legacy of Dr. E. Harvey Estes, Jr., a pioneer in medical leadership and a champion of community health. Dr. Estes, who passed away in October 2025 at the age of 100, is remembered for his profound impact on healthcare education, advocacy, and service.

Dr. Parvathareddy was formally honoured at the President Inauguration and Awards Dinner held on Friday, October 10, 2025, at the Grandover Resort and Spa, Greensboro, North Carolina. The ceremony was attended by members of the NC Medical Society, distinguished clinicians, and community leaders.

This award recognises Dr. Parvathareddy's exemplary dedication to community service, his contributions to public health initiatives, and his commitment to improving patient care and well-being across the region.

GAPIO congratulates Dr. Suneel K. Parvathareddy on this significant achievement and takes pride in celebrating the outstanding service and leadership he brings to the global Indian medical community.





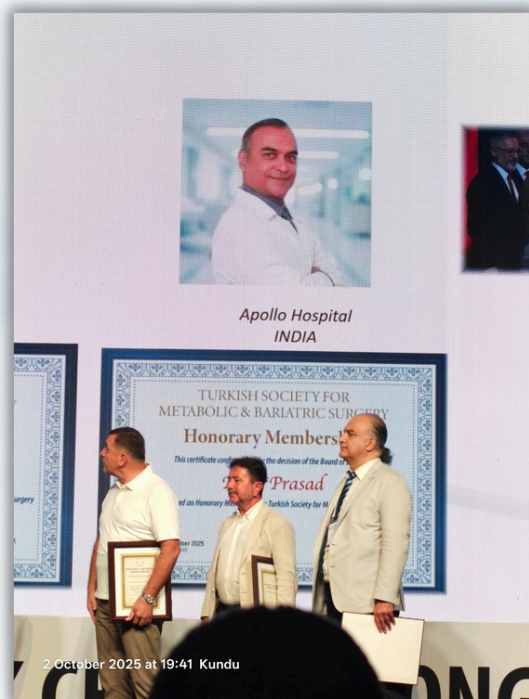
## Dr. Arun Prasad Conferred Honorary Membership of the Turkish Bariatric Surgery Society

GAPIO is delighted to share that Dr. Arun Prasad, FRCS, FRCSEd, FACS, Surgical Gastroenterologist, Bariatric and Robotic Surgeon at Indraprastha Apollo Hospitals, New Delhi, has been conferred honorary membership of the Turkish Bariatric Surgery Society.

This recognition reflects Dr. Prasad's significant contributions to bariatric surgery over the past seven years, including his clinical expertise, academic involvement, and leadership in promoting safe and effective metabolic and bariatric surgical practices internationally.

Dr. Prasad serves as Academic Advisor & Clinical Tutor in the Department of Surgery at Indraprastha Apollo Hospitals and has held key leadership roles such as President of the Obesity Surgery Society of India (OSSI) (2018–2020) and President of the International MGB-OAGB Club for Bariatric Surgery.

GAPIO congratulates Dr. Arun Prasad on this prestigious honour and applauds his ongoing efforts to advance bariatric surgery and improve outcomes for patients worldwide.





## GAPIO Member Conducts Focused ENT Camps for Children with Cerebral Palsy in Telangana

GAPIO is pleased to highlight the community outreach initiative led by GAPIO member Dr. M. Vishnu Vardhan Reddy, Professor of Otolaryngology at Malla Reddy Institute of Medical Sciences, Hyderabad. Dr. Reddy conducted a series of focused ENT camps for children with cerebral palsy at the Daivalayam Sneha Charitable Trust, Yellampet village, Medchal, Telangana.

The camps were held on 14th October, 28th October, and 11th November 2025, providing crucial ENT screening and care for the children residing at the center. Across the three camps, the team successfully cleaned ear wax for 40 children and carried out comprehensive hearing and speech assessments, supported by audiologists from the Meenakshi Seshadri Foundation.

This initiative enabled early detection of ENT issues, improved ear hygiene, and offered rehabilitative support vital for children with cerebral palsy. The programme reflected excellent collaboration between clinical staff, nursing teams, and NGO partners, ensuring compassionate and structured care delivery.

GAPIO commends Dr. Vishnu Vardhan Reddy for his exemplary service and dedication to improving child health outcomes in underserved communities.





**MALLA REDDY INSTITUTE OF MEDICAL SCIENCES AND  
MALLA REDDY HOSPITAL  
Office of Chief Medical Superintendent  
CIRCULAR**

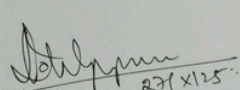
Ref No.: MRIMS Hosp/CMS/Cir2025/168 Date: 27.10.2025

Malla Reddy Institute of Medical Sciences & Hospital is conducting Medical Health camp on **28<sup>th</sup> October 2025 (Tuesday)**. The following Doctors, and other staff are posted for the camp and they are requested to report at **Malla Reddy Hospital Reception** by **9:00 AM without fail**. HODs and Unit Heads are requested to relieve them.

**Place: Daivalayam Sneha Charitable Trust (Focused ENT camp for Cerebral Palsy patients) at Yellampet, Medchal (22 Kms)**  
**28<sup>th</sup> October 2025: Doctors -**


- 1) Dr. M. Vishnu Vardhan Reddy, Professor, ENT - 9849031935 (To lead the camp)
- 2) Dr. P. Niveditha Reddy, JR, ENT - 8008248999
- 3) Dr. P. Teesha Lekha Reddy, JR, ENT - 9963324466

**Staff Nurses - Ms. Swapna**  
**Marketing - Mr. Mehmood- 9676402604 and team to Co-ordinate**

  
**Dr. (Capt) C. Shridappa Gowrav**  
**CHIEF MEDICAL SUPERINTENDENT**

**Copy to:**  
Director of Hospital Affairs MRIMS & MRMW .....  
Medical Superintendent.....  
Prof & HOD, ENT.....  
Facilities HOD.....  
Transport I/C.....  
Auditor.....

C. A. O .....  
Chief of Nursing.....  
Marketing Department.....  
Stores I/C .....

 **Daivalayam**  
**HOME FOR CHILDREN WITH MULTIPLE DISABILITIES**

Yellampet, Athvelli Post,  
Medchal Dist.,  
Telangana State, India - 501401  
Ph : +91 9550076072, +91 94  
Email : camillusgramam@gmail  
Web : www.camillusgramam.org  
www.snehacharitabletrust

The Medical Supernatant Date 07-09-2025  
Mallareddy Hospital Medchal  
Suraram.

Sub: To conduct an ENT Medical camp in Daivalayam medchal

Daivalayam is a unit of Sneha charitable trust, we have 40 children with cerebral palsy and Autism. None of them are able to speak six are blind and 33 are bedridden. All our children are orphan and referred to us by CWC Medchal District. We feel some of the children have some ENT problems are noticed, and pediatrician suggested to have an ear cleaning for the children. Daivalayam is 22km away from mallareddy hospital.

Therefore, we the we humbly request to kindly conduct a free ENT medical camp in Daivalayam CCI.

Yours faithfully **Dr. Shiju Joseph**  
Fr. Shiju Joseph  
**SUPERINTENDENT**  
**DAIVALAYAM, SNEHA CHARITABLE TRUST**  
Reg. No: 094421042.  
Nivvity Post, Yellampet, Medchal-501401.

Director, Daivalayam, Ph.8281377064





## GAPIO Member Dr. Rajul Rastogi Recognized for Academic Excellence and Professional Contributions

GAPIO is pleased to highlight the recent academic and professional achievements of Dr. Rajul Rastogi, who continues to contribute significantly to radiology education, research, and clinical excellence.

### Lecture Delivered at RICON 2025

Dr. Rastogi delivered a scientific lecture on “Imaging in Gastrointestinal Bleeding in Adults” during the Annual Conference of the Uttar Pradesh State Chapter of the Indian Radiological and Imaging Association (RICON 2025) held at Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow. His participation added valuable depth to the academic proceedings and was well appreciated by attendees.

### Felicitation by Zocto

He was recently felicitated by Zocto, an online platform known for highlighting contributions of Indian healthcare professionals. The recognition acknowledged his efforts in academic engagement and his role in bringing forward untold stories from the healthcare community.

### International Honor for Research Excellence

Dr. Rastogi was awarded “Innovative Researcher of the Year 2025” by the International Scientific Laurels Committee, an organization with a presence in more than 160 countries. This prestigious honour reflects his sustained academic contributions and commitment to advancing radiological research.

### CME Presentation with Distinguished Faculty

He also shared the dais as a co-speaker with eminent pulmonologist Prof. (Dr.) Rajendra Prasad, B.C. Roy Awardee, during a CME held at Teerthanker Mahaveer Medical College & Research Center, Moradabad, alongside leading faculty members from his institution.

GAPIO congratulates Dr. Rajul Rastogi for these noteworthy accomplishments and commends his continued contributions to academic radiology, research leadership, and professional education.



## GAPIO Member Dr. Rajul Rastogi Recognized for Academic Excellence and Professional Contributions (contd..)



**Dr. Rajul Rastogi won Innovative Researcher of the Year  
in the field of Department of Radiodiagnosis**

SCIENTIFIC LAURELS | Teerthankar Mahaveer Medical College & Research Centre, Moradabad, Uttar Pradesh | INDIA

SCIENTIFIC LAURELS | Teerthankar Mahaveer Medical College & Research Centre, Moradabad, Uttar Pradesh | INDIA

Dr. Rajul Rastogi is a distinguished Academician and Radiologist, presently serving as Professor in the Department of Radiodiagnosis, Teerthankar Mahaveer Medical College & Research Centre, Moradabad, Uttar Pradesh since October 2014. His medical journey has been marked by constant academic excellence, beginning with a Gold Medal in his Second M.B.B.S. and a Silver Medal in his Final M.B.B.S.

He has also actively participated in academic competitions, securing a second prize in a Medical Quiz, and gradually carved a niche for himself in the field of Radiodiagnosis and Medical Research.

### Awards & Honours

Over the years, Dr. Rastogi has been the recipient of numerous National and International



### Research & Publications

Dr. Rastogi's scholarly contributions are prolific and impactful:

- 210 peer-reviewed publications in reputed National and International Journals.
- 210 Papers and Lectures presented at International and National Conferences.
- 18 Chapters in 18 Medical Books, contributing significantly to academic literature and postgraduate teaching.

His research work has consistently focused on advancing diagnostic imaging and improving clinical applications in patient care.

### Leadership & Mentorship

As a Professor of Radiodiagnosis, Dr. Rastogi has guided numerous postgraduate students and young researchers, fostering a culture of evidence-based learning and innovation. His contributions to Healthcare Education, Training and Development have been recognized at both National and International platforms.

### Eligibility for Award Innovative Researcher of the Year

Dr. Rajul Rastogi stands out as an Innovative Researcher and Academician, with a rare combination of:

- High-impact research publications (210 papers).
- Consistent recognition at international conferences with Best Contribution Awards.
- Global Fellowships and Memberships acknowledging his contribution to medical sciences.
- Demonstrated excellence in healthcare innovation, research, and mentorship.
- Proven leadership in advancing radiodiagnosis and medical education in India and abroad.

### Awards & Honours

Over the years, Dr. Rastogi has been the recipient of numerous National and International recognitions, highlighting his contribution to research, clinical practice, and academic mentorship. Some of his prestigious awards include:

- **Dr. V.P. Lakhargal Gold Medal (2004)** for being a young scientist in Radiology.
- **K.M. Rai Memorial Oration Award (2010)** by the Indian Radiological Imaging Association.
- **Fellowship Awards:** International Medical Science Academy (2012), Indian College of Radiology & Imaging (2015).
- **International Recognition:** Marquis Who's Who in the World (2012), Cambridge Certificate for Top 100 Health Professionals (2012), multiple International travel grants by IRSA, ICMRI, CSMR, and KSR.
- **Best Contribution Awards at ASMRM/ICMRI Conferences (2019–2024)** in Seoul, South Korea.
- **Recent Global & National Honours:**
  - India's Leading Healthcare Education Innovator Award (2025)
  - Excellence in Healthcare Training and Development Award (2025)
  - Academic Excellence & Mentorship Award (2025)

These accolades reflect his excellence in Clinical Radiology, Innovative Research, and Education leadership.



**Dr. Rajul Rastogi**  
Professor

University/Institute: Teerthankar Mahaveer Medical College & Research Centre, Moradabad, Uttar Pradesh  
Country: India



## GAPIO Announced as Endorsing Partner for the International Conference on “Transforming Healthcare with Information Technology (THIT) 2026”

The Global Association of Physicians of Indian Origin (GAPIO) is proud to serve as an Endorsing Partner for the upcoming International Conference on “Transforming Healthcare with Information Technology (THIT)”, organized by the Apollo Telemedicine Networking Foundation (ATNF). The conference will be held on **30–31 January 2026 at HICC – Novotel, Hyderabad.**

Since its inception in 2010, THIT has established itself as a landmark forum convening global leaders, policymakers, clinicians, innovators, and technology experts to shape the future of digital health.

The 2026 edition is set to continue this legacy with an enriched program featuring:

### Conference Highlights

- Interactive sessions, TED-style talks, and specialized educational modules.
- A dynamic trade exhibition presenting the latest innovations in HealthTech and digital healthcare solutions.
- Participation from national and international speakers representing government bodies, academic institutions, hospitals, and leading technology companies.

### Exclusive Opportunity for GAPIO Members

GAPIO members are eligible for a 10% discount on conference registrations completed before 30 November 2025, using the code THITGAP10.

### Call for Abstracts and ePosters

Researchers, clinicians, and healthcare innovators are invited to submit abstracts and ePosters for presentation opportunities during the conference.

Participants may register at: [www.transformhealth-it.org/register-now](http://www.transformhealth-it.org/register-now)

Further details are available at: [www.transformhealth-it.org](http://www.transformhealth-it.org)

As an endorsing partner, GAPIO looks forward to supporting this important platform that advances knowledge-sharing, fosters collaboration, and accelerates the transformation of healthcare through technology.



The poster for the 13th International Conference on Transforming Healthcare with Information Technology (THIT) 2026. It features the Apollo Hospitals logo and the text 'Presents' followed by the THIT logo. The main title is '13th INTERNATIONAL CONFERENCE ON TRANSFORMING HEALTHCARE WITH IT'. Below this, it says 'Asia's Largest HEALTHTECH CONFERENCE'. The tagline is 'Reimagining Healthcare. Reinventing Tomorrow.' Statistics listed are '5500+ Healthcare & IT Professionals', '200+ Innovators', and '400+ Speakers'. A purple box highlights a 'Special Discount Of 10%\*' with the note '\*Before 30th November 2025 (including all taxes)'. A callout for GAPIO members shows the logo and the promo code 'THITGAP10'. At the bottom, contact information for secretariat@transformhealth-it.org, +91 89718 10271, and www.transformhealth-it.org is provided. The date is '30-31 January 2026' and the venue is 'HICC Novotel, Hyderabad, Telangana, India'. A QR code is labeled 'REGISTER NOW'.

# GAPIO Hosts Webinar on “Bridging Gaps in Liver Transplant Care: The Synergy of Medical, Surgical and Nutritional Strategies”

On October 9th, 2025, the Global Association of Physicians of Indian Origin (GAPIO) organized an exclusive live webinar titled “Bridging Gaps in Liver Transplant Care: The Synergy of Medical, Surgical and Nutritional Strategies.” The 60-minute session brought together leading transplant specialists, surgeons, and nutrition experts to discuss integrated approaches that enhance post-transplant outcomes and long-term patient recovery.

## Session Highlights

- Integrating medical, surgical, and nutritional strategies to optimize liver transplant success.
- Multidisciplinary care pathways and coordinated protocols in transplant management.
- Evidence-based nutritional interventions to support graft function and patient rehabilitation.
- Interactive discussion featuring insights from expert faculty across clinical and nutrition domains.
- Live Q&A session addressing practical challenges in post-transplant care.

### Expert Faculty

- Dr. Jeeva Benjamin, Associate Professor, Institute of Liver and Biliary Sciences, New Delhi
- Dr. Sudesh Sharda, Consultant Liver Transplant & HPB Surgeon, Apollo Hospitals, New Delhi
- Dr. Priya Chittela, Head of Department – Dietetics and Nutrition, Apollo Hospitals, New Delhi
- Dr. V. Arun Kumar, Senior Consultant, Liver Transplant and HPB Surgery, Apollo Hospitals, New Delhi



**Bridging Gaps in Liver Transplant Care: The Synergy of Medical, Surgical and Nutritional Strategies**

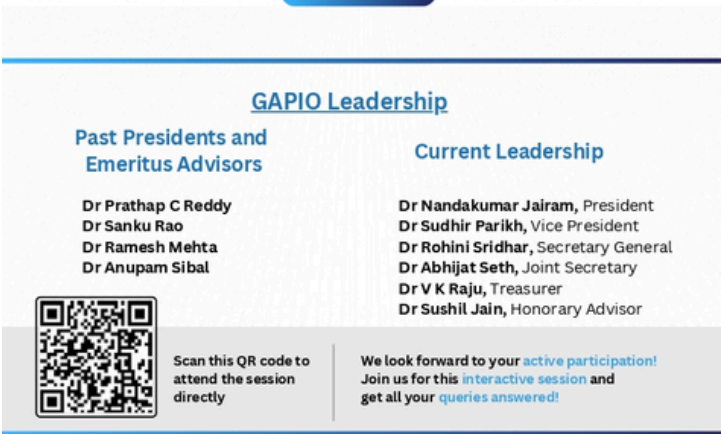
LIVE on 9<sup>th</sup> Oct 2025 | 4:00 PM IST

Introduction and Welcome	Speaker	Speaker	Moderator	Chairperson
 Ms. Anita Jaisani Consultant Dietetics Indraprastha Apollo Hospitals, New Delhi	 Dr. Jeeva Benjamin Associate Professor Department of Clinical Nutrition Institute of Liver and Biliary Sciences, New Delhi	 Dr. Sudesh Sharda Consultant Liver Transplant & HPB Surgery Apollo Hospitals, New Delhi	 Dr. Priya Chittela Chief Dietitian HOD Dietetics and Nutrition Apollo Hospitals, New Delhi	 Dr. V Arun Kumar Senior Consultant Department of Liver Transplant and HPB Surgery Apollo Hospitals, New Delhi

**Exclusive Webinar**


» To learn more about integrating medical, surgical, and nutritional strategies in liver transplant care, join a renowned liver transplant surgeon and reputed nutritionists for an exclusive event organized in association with the Global Association of Physicians of Indian Origin (GAPIO) on October 9, 2025, at 4:00 PM IST.

[Click here to join](#)



**GAPIO Leadership**

Past Presidents and Emeritus Advisors	Current Leadership
<b>Dr Prathap C Reddy</b> <b>Dr Sanku Rao</b> <b>Dr Ramesh Mehta</b> <b>Dr Anupam Sibal</b>	<b>Dr Nandakumar Jairam</b> , President <b>Dr Sudhir Parikh</b> , Vice President <b>Dr Rohini Sridhar</b> , Secretary General <b>Dr Abhijat Seth</b> , Joint Secretary <b>Dr V K Raju</b> , Treasurer <b>Dr Sushil Jain</b> , Honorary Advisor



Scan this QR code to attend the session directly

We look forward to your **active participation!** Join us for this **interactive session** and get all your **queries answered!**

The session was moderated by Ms. Jyoti Arora, Consultant – Dietetics, Mangalmay Apollo Hospitals, New Delhi, who facilitated an insightful, multidisciplinary discussion on the evolving landscape of liver transplant care.

## Key Takeaways

- Importance of a cohesive medical–surgical–nutrition framework for improved transplant outcomes.
- Role of structured nutrition protocols in enhancing graft survival and patient quality of life.
- Benefits of multidisciplinary collaboration among transplant surgeons, hepatologists, and dietitians.
- Practical approaches to patient education, postoperative monitoring, and long-term recovery support.

The webinar reinforced GAPIO’s commitment to advancing excellence in liver transplant care through continued medical education, cross-disciplinary dialogue, and dissemination of evidence-based clinical practices.



## SOCIAL MEDIA COVERAGE

### GAPIO Marked World Stroke Day: Reinforcing the Urgency of Early Action and Community Awareness

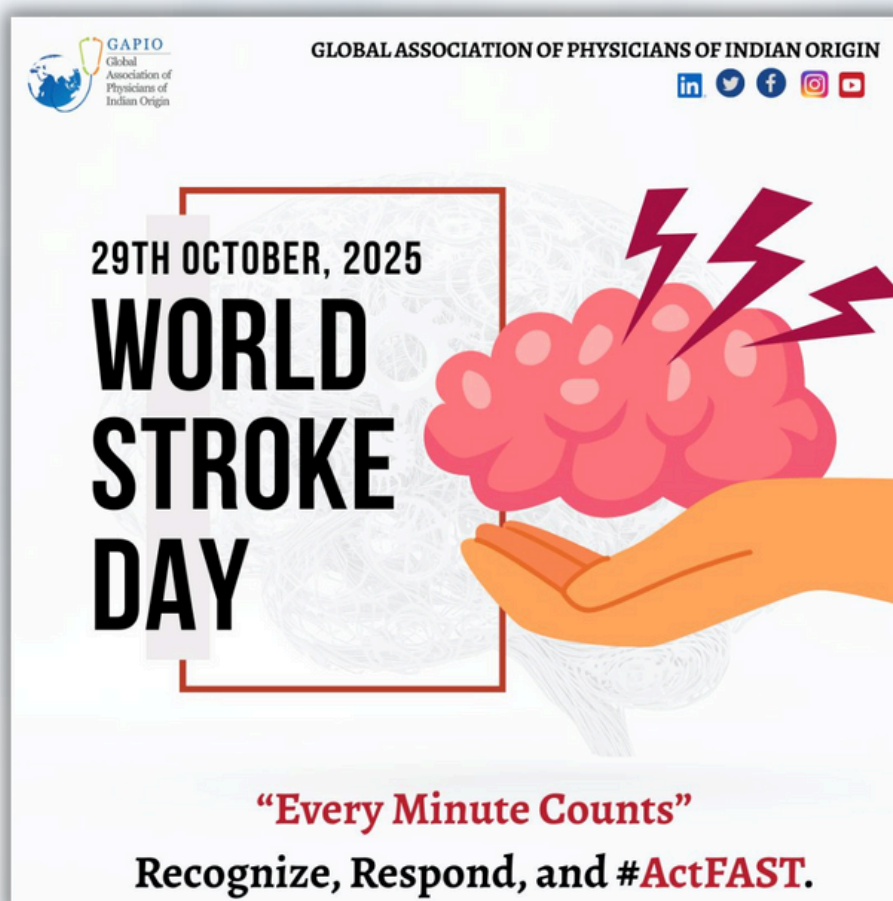
GAPIO recently observed World Stroke Day, highlighting the critical importance of rapid recognition and early intervention in saving lives and preventing long-term disability. The day served as a powerful reminder that in the event of a stroke, every passing minute can alter the course of a person's future.

Stroke remains one of the leading causes of death and disability worldwide, yet much of its impact can be reduced through timely response and preventive care. During the observance, GAPIO emphasised the need to equip communities with the knowledge to identify warning signs early and to seek immediate medical assistance. The #ActFAST message resonated strongly, underscoring how swift action can preserve brain function and improve recovery outcomes.

For healthcare professionals, the day reaffirmed the responsibility to advocate for preventive strategies, encourage regular check-ups, and ensure streamlined access to emergency and rehabilitation services. By strengthening public awareness and improving care pathways, clinicians play a vital role in reducing the burden of stroke on individuals, families, and communities.

Through its observance of World Stroke Day, GAPIO reiterated that coordinated effort, community education, and timely medical attention remain the most powerful tools in safeguarding lives.

Together, we can #ActFAST and create a future with fewer preventable disabilities and stronger, healthier communities.



## SOCIAL MEDIA COVERAGE

### GAPIO Celebrated Diwali: Honouring the Festival of Lights and the Spirit of Healing

GAPIO celebrated Diwali, the Festival of Lights, extending warm wishes to its global community of physicians, healthcare professionals, and their families. The occasion served as a reminder of how light, hope, and compassion continue to guide the medical fraternity in its mission to heal and uplift lives across the world.

The celebration reflected the timeless essence of Diwali — the triumph of illumination over darkness and wisdom over uncertainty. For clinicians, these values echoed the everyday acts of reassurance, healing, and care that bring comfort to patients and strengthen communities.

During the observance, GAPIO highlighted the deeper meaning of Diwali for the healthcare community:

- The light of health, inspiring continued dedication to patient well-being.
- The light of service, honouring the tireless commitment of healthcare professionals.
- The light of hope, reinforcing the belief that compassion and unity illuminate even the most challenging journeys.

Through this celebration, GAPIO conveyed heartfelt wishes for good health, peace, and prosperity to all.





## SOCIAL MEDIA COVERAGE

### GAPIO Observes World Restart a Heart Day: Empowering Communities to Save Lives

On World Restart a Heart Day, the Global Association of Physicians of Indian Origin (GAPIO) joined the global movement to raise awareness about the critical importance of early intervention during sudden cardiac arrest. The day highlights a powerful reality: a few seconds of courage and timely CPR can restore a heartbeat, preserve a life, and bring a family back from the brink of loss.

Sudden cardiac arrest often occurs far from medical settings, leaving the first response in the hands of ordinary bystanders. In these pivotal moments, knowledge becomes lifesaving power. When communities are trained to recognise cardiac arrest, initiate hands-only CPR, and use automated external defibrillators (AEDs), survival rates rise dramatically.

For healthcare professionals, this day reaffirms a shared responsibility that extends beyond hospital walls. By teaching CPR to students, caregivers, and neighbourhood groups, and by advocating for AEDs in public spaces, clinicians help create a society where lifesaving skills are widely understood and confidently practiced.

GAPIO reflected on the deeper message of World Restart a Heart Day:

- Timely action from the community bridges the gap between collapse and clinical care.
- Every trained individual becomes a vital link in protecting lives.
- A culture of preparedness fosters resilience and readiness during medical emergencies.

By observing this day, GAPIO reaffirmed its commitment to building heart-safe communities—where awareness is widespread, response is swift, and every person feels empowered to act.

Together, we can strengthen the chain of survival and give more people the chance to return home to their loved ones.



## SOCIAL MEDIA COVERAGE

### GAPIO Marks World Cerebral Palsy Day 2025: Celebrating Lives That Are #UniqueAndUnited

On World Cerebral Palsy Day 2025, the Global Association of Physicians of Indian Origin (GAPIO) joined the global community in honoring the spirit of individuality and inclusion embodied in this year's theme, #UniqueAndUnited. The day serves as a powerful reminder that every person with cerebral palsy deserves not only care, but dignity, opportunity, and a world designed to support their fullest potential.

Cerebral palsy represents more than a medical condition—it reflects a lifelong journey of resilience, adaptation, and hope. For families and caregivers, each milestone reached is a testament to strength; for clinicians, each diagnosis carries a commitment to long-term support, compassion, and empowerment. The theme invites us to celebrate uniqueness while building unity across the global disability community.

In the hands of healthcare professionals, the mission of World Cerebral Palsy Day extends far beyond clinical care. Through early diagnosis, interdisciplinary rehabilitation, advanced therapies, and inclusive advocacy, clinicians play a vital role in shaping environments where every individual can thrive. Each effort—big or small—creates pathways to independence, participation, and improved quality of life.

GAPIO highlighted three guiding values that reflect the essence of this day:

- **Awareness:** Strengthening understanding of cerebral palsy to ensure early identification, timely intervention, and informed community support.
- **Innovation:** Expanding access to cutting-edge therapies, assistive technologies, and rehabilitative care that enhance mobility, communication, and daily living.
- **Inclusion:** Creating healthcare spaces and societal environments where every person with cerebral palsy is respected, heard, and empowered.

By observing World Cerebral Palsy Day through these values, GAPIO reaffirmed its belief that when we recognize and uplift every individual's uniqueness, we move closer to a world that is truly united—one where dignity, opportunity, and participation are rights shared by all.

Together, we remain Unique and United in building a more inclusive, compassionate, and equitable future.





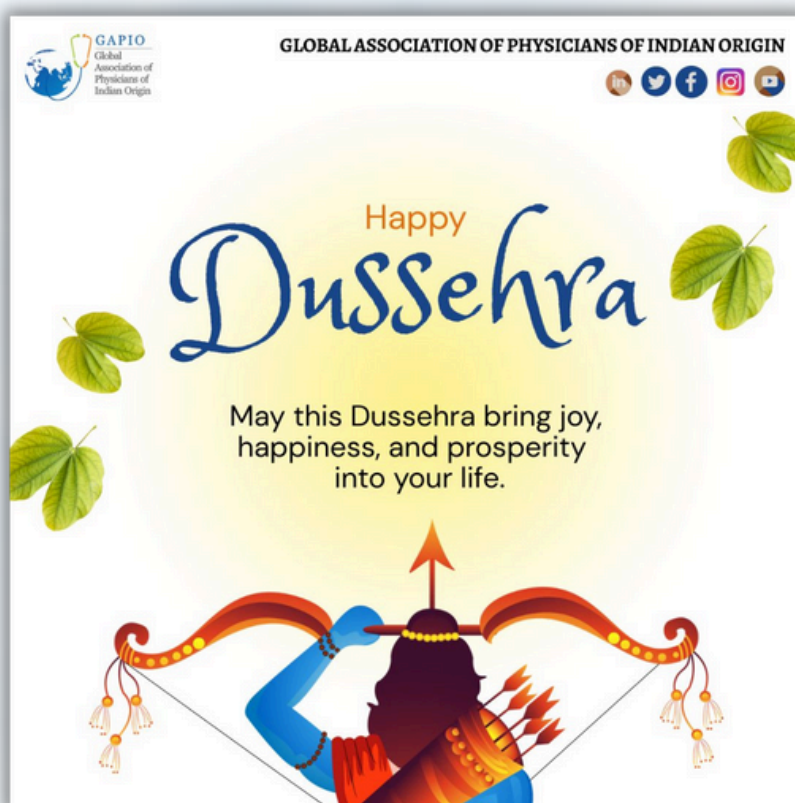
## SOCIAL MEDIA COVERAGE

### GAPIO Celebrates Dussehra: Honoring the Triumph of Wisdom, Resilience, and Healing

On the auspicious occasion of Dussehra, the Global Association of Physicians of Indian Origin (GAPIO) celebrated the spirit of victory that transcends mythology—the triumph of wisdom over ignorance, resilience over adversity, and collective effort over challenges that threaten human well-being.

Traditionally symbolizing the victory of good over evil, Dussehra carries a profound message for the global healthcare community. In every ward, clinic, and emergency room, healthcare professionals confront their own battles—disease, uncertainty, suffering, and burnout—with unwavering courage and compassion. The festival serves as a reminder that perseverance, clarity, and unity can overcome even the most complex challenges. In the hands of doctors, nurses, and caregivers, the values of Dussehra transform into daily acts of healing and hope. Whether diagnosing a difficult case, supporting a family through recovery, or pioneering innovations that improve health outcomes, clinicians embody the strength and purpose that this festival celebrates.

By marking Dussehra through the lens of healthcare, GAPIO reaffirmed its belief that the true victory lies in the compassion we extend, the lives we uplift, and the collective strength we bring to building healthier communities around the world.



## HEALTH TIPS/FACTS

### How Empathetic Hospital Cultures Strengthen Emotional Well-Being and Staff Retention

A hospital's culture extends far beyond policies or mission statements—it shapes how staff feel, perform, and sustain their commitment to patient care. As healthcare systems continue to face burnout, fatigue, and turnover, building a supportive and inclusive culture has become a strategic priority for strengthening both workforce well-being and retention.

Here are five evidence-aligned ways hospital culture can improve emotional health and help staff stay longer:

- **Prioritise Emotional Safety in the Workplace**
  - Healthcare staff regularly navigate grief, high-risk situations, and ethical dilemmas.
  - A psychologically safe environment allows employees to speak openly, seek help, and process difficult experiences without stigma.
  - Leaders who acknowledge emotional labour help reduce invisibility and stress.
- **Build Belonging to Improve Retention**
  - Retention is driven more by respect, trust, and belonging than by salaries alone.
  - Poor teamwork or unsupportive leadership significantly increases the risk of staff leaving.
  - Transparent communication and appreciation reinforce staff value and commitment.
- **Strengthen Teams and Mentorship**
  - Collaborative teams share both workload and emotional burden, reducing burnout.
  - Peer-support programs and mentorship help new clinicians manage emotional demands effectively.
  - Strong team dynamics create resilience, continuity, and a deeper sense of purpose.
- **Invest in Well-Being as a Strategic Priority**
  - Flexible schedules, counselling access, and wellness initiatives are essential—not optional.
  - Burnout is costly; replacing a single physician may cost up to three times their annual salary.
  - Regular mindfulness sessions, listening circles, and on-site mental health resources build community and normalise emotional care.
- **Use Data and Technology to Support Workforce Health**
  - Analytics can track engagement, absenteeism, and early signs of burnout.
  - AI-enabled scheduling tools can help distribute workload more evenly.
  - Technology enhances—but cannot replace—empathetic leadership and human connection.

A caring culture benefits both staff and patients. Emotionally supported teams stay longer, perform better, and contribute to safer, more compassionate care. When hospitals invest in empathy, trust, and well-being, they not only strengthen retention—they elevate the entire patient experience.

Care begins long before a patient enters the hospital. It begins with caring for the people who deliver it.

**Source:** <https://www.expresshealthcare.in/news/how-hospital-culture-influences-emotional-well-being-and-staff-retention/451248/>



## HEALTH TIPS/FACTS

### Practical AI Tips to Build a Smarter, Safer Clinical Practice

Artificial intelligence is increasingly integrated into clinical workflows—from documentation support to diagnostic assistance. Here are nine practical, evidence-aligned strategies to ensure AI strengthens rather than complicates your practice:

#### 1. Know What AI Actually Does in Your Workflow

- Identify the exact task an AI tool performs—triage, summarization, alerts, or decision support.
- Understand how AI recommendations are generated and where human oversight is expected.
- Clarify clinical boundaries to ensure appropriate use and avoid over-reliance.

#### 2. Start Small and Measure Impact

- Pilot one feature or one department instead of launching AI across the entire practice.
- Track simple metrics—time saved, documentation accuracy, patient throughput.
- Use early results to refine workflows before broader adoption.

#### 3. Demand Transparency from Vendors

- Request clear explanations of how models work and what data they use.
- Ask for validation metrics, known limitations, and real-world performance data.
- Ensure vendors can articulate how their tools support—not replace—clinical reasoning.

#### 4. Verify Compliance and Security Early

- Confirm HIPAA/GDPR compliance, data encryption, and storage policies upfront.
- Understand what data is retained or used to retrain AI systems.
- Involve IT or compliance teams before deploying tools that handle patient information.

#### 5. Keep Humans in the Loop

- Maintain clinician oversight for all AI-generated insights or recommendations.
- Use AI as an assistive layer—not as a determinant of clinical decisions.
- Encourage staff to flag errors or inconsistencies stemming from AI output.

#### 6. Align AI with Staff Training

- Provide brief, task-specific training so staff know when and how to use the tool.
- Standardize protocols for reviewing AI suggestions.
- Encourage continuous feedback to improve adoption and safety.

#### 7. Plan for Integration, Not Disruption

- Choose tools that work smoothly with your current EHR or workflow.
- Avoid systems that require major process changes or create additional clicks.
- Prioritize solutions that automate routine tasks rather than those that add complexity.

#### 8. Budget Beyond the Sticker Price

- Account for subscription fees, hardware requirements, workflow redesign, and training time.
- Consider long-term value—time saved, reduced burden, improved documentation quality.
- Evaluate whether the tool scales with your practice size and specialty needs.

#### 9. Evaluate ROI and Adjust

- Review performance regularly—monthly or quarterly.
- Measure both quantitative gains (efficiency, accuracy) and qualitative gains (patient satisfaction, reduced burnout).
- Retire tools that do not demonstrate meaningful clinical or operational improvement.

**Source:** <https://www.physicianspractice.com/view/ai-in-the-real-world-practical-tips-for-a-smarter-practice/?slide=2>

# GAPIO Honors' List - October 2025



**Dr Arun Garg**, Program Medical Director for the South Asian Health Institute, has been honored by the Royal Columbian Hospital Foundation with a “Lifetime Philanthropy Award” in recognition of his philanthropic contributions to healthcare. A 50-year legacy South Asian Fund has also been established to support community-based initiatives that empower South Asians to achieve better health through a focus on ethnicity, diversity, and culture.

**Dr Arun Prasad**, Surgical Gastroenterology, Clinical Lead, GI & Bariatric, at New Delhi, has been conferred honorary membership by the Turkish Bariatric Surgery Society. This prestigious recognition is a significant honor and reflects his contributions to the field over the past seven years.

**Dr. Ashish Aneja**, Senior Medical Officer, Kurukshetra University, has been selected for the very prestigious Fellowship of the International Diabetes Federation (IDF). He is the only doctor from Haryana to receive this honor, awarded in recognition of his social work, lectures, and diabetes awareness initiatives over the past 15 years. He has organized more than 600 free cardio-diabetic health check-up and awareness camps in association with GAPIO and many national and international organizations.

**Dr Ashok Sharma**, Consultant, Internal Medicine at New Delhi has delivered a keynote presentation at the 3rd edition of the International Conference on Diabetes and Endocrinology, held on 23rd and 25th October 2025 in Orlando, Florida, USA.

**Dr BalMukund Bhala**, Consultant Anaesthetist, Ex NHS, British Army Veteran & ExChair Hindu Council UK, received the prestigious King’s Award for his years of voluntary service at both local and national levels. The award was presented during the Princess Royal’s visit to Wellingborough and was conferred by the Lord Lieutenant of Northamptonshire in the presence of various dignitaries in Wellingborough, UK. For Retired Major Balmukund Bhala, this civilian award is an excellent addition to his four previous medals from NATO, the British Army, and the Queen, including the Veteran’s Medal for his exemplary services in the British Tri-services.

**Dr. S Gowri Meena**, Senior Consultant, OBG, Chennai was awarded the prestigious FRCOG by the Royal College of Obstetricians and Gynaecologists, London, UK, during the admission ceremony held on 19th September in Chennai.



## GAPIO Honors' List - October 2025

**Dr. Ashok Seth**, 'Padma Bhushan', 'Padma Shri' and 'B. C. Roy' Awardee, and chairman - Fortis Escorts Heart Institute, has achieved the following:

- Academic Webinars & Scientific Programs
  - Webinar on 'Navitor' (St. Jude)
  - Role: Moderator / Chairperson
  - Conducted in collaboration with a UK-based physician.
- Awards & Recognitions
  - Heart of Gold – Coeur d'Or Award
  - Presented in collaboration with the World Heart Federation.
  - Voice of Healthcare Award
  - Conferred in recognition of outstanding contributions to cardiovascular medicine.
- Centres of Excellence & Workshops
  - Myval – TAVR Observation Workshop
  - Delivered under the Centre of Excellence initiative.
- AICT-AsiaPCR 2025 Scientific Contributions
  - Opening Ceremony – Speaker
    - Left Main: LIVE Educational Case (NUHCS – Singapore)
    - Role: Procedural Analyst
  - Calcified Lesions: LIVE Educational Case (CVSKL – Malaysia)
    - Role: Anchorperson / Speaker
  - Stent Failure: LIVE Educational Case (Apollo Hospital – Chennai)
    - Role: Evaluator
  - Why Torque Matters in Contemporary Complex PCI
    - Role: Discussant / Speaker
  - Optimal Lesion Preparation in Calcified Lesions
    - Role: Facilitator
  - Nightmare in the Cath Lab (with WIN-APSIC)
    - Role: Discussant
  - New Insights into Mechanical Circulatory Support: Impella in CGS & Protected PCI
    - Sponsored by Johnson & Johnson MedTech
    - Role: Spokesperson / Speaker

**Dr. Kandamaran Krishnamurthy**, Consultant Pediatric- Intensive Care Unit from Queen Elizabeth Hospital, Barbados has co-authored an open-access article titled "Protocol for a multi-country retrospective observational paediatric sepsis epidemiological study (SENTINEL International)". The article was published in BMJ on 15th October 2025.

<https://doi.org/10.1136/bmjopen-2025-101332>

**Dr. (Prof.) P. N. Renjen**, Senior Consultant Neurologist (Stroke), New Delhi, has co-published a paper titled "Influenza Triggered Myositis in an Elderly Patient: An Atypical Presentation of Influenza Infection" in the Journal of Neuroimmunology, Volume 409. The authors include Saeed, N., Renjen, P. N., Mahmood, M. A., Goswami, A., and Chaudhari, D. M. (2025).

- <https://doi.org/10.1016/j.jneuroim.2025.578765>
- He has also co-authored an original article titled "Prevalence of Atrial Cardiopathy in Subtypes of Acute Ischemic Stroke" published in Neurology Asia. The authors include Pandey S, Renjen P. N., Chaudhari D. M., and Priyal.
- [neuroasia-2025-30\(3\)-627.pdf](https://doi.org/10.1016/j.neuroasia.2025.30(3)-627.pdf)
- Dr. Renjen delivered a guest lecture on "Prevention of Dementia" at Eldercon 2025, held on 26th October 2025 in New Delhi.

## GAPIO Honors' List - October 2025

**Dr. Prasad Walimbe**, Paediatric Ophthalmologist, Pune, Maharashtra, has achieved the following:

Lectures & Awards:

- MOSCON 2025 (Annual Conference of Maharashtra Ophthalmological Socy)- Goa ( 3-5 Oct 2025)-
  - Chairperson- deferred live surgery.
  - Panelist- Grand Rounds in Pediatric Ophthalmology.
  - Lecture- Life Beyond Ophthalmology-Trekking & Poetry.
  - Received the Prestigious “MOS NATIONAL HERO” Award for exemplary work in ophthalmology at national level.
  - Received President’s Gold Medal for the Outstanding Contribution in Ophthalmic Sciences in year 2024-25.
- Publications: -
  - Review Article : “Overview of Amblyopia- Clinical Features and Treatment” ( Delhi Ophthalmological Society - DOS Times 2024; vol 29:7 )
  - Original Article: “Longitudinal Follow-up and Outcome Analysis in Patching Resistant / Patching Noncompliant Amblyopic Subjects Treated with Dichoptic Amblyopia Training.” (Journal of Clinical Ophthalmology & Research 2024; 12:209-12)
  - Original Article: “Efficacy of Amblyopia Therapy on Visual & Binocular Functions in Children aged 9-18 yrs” (Journal of Clinical Ophthalmology & Research 2025; 13:315-9)

**Dr. Premkumar Balachandran**, Senior Consultant and Clinical Lead at Chennai was invited as a faculty speaker for the “Australia–New Zealand Abdominal Wall Reconstruction Conference 2025 (ANZ AWR 2025).” He delivered a lecture on the topic “Hugo RAS Hernia Repair.”

**Dr. Raju Vaishya**, Senior Consultant, Orthopedic Surgeon at New Delhi has published the following papers:

- Vaishya R, Gupta BM, Vaish A Rising Trends in Pediatric Type 2 Diabetes: A Comprehensive Bibliometric Analysis of Global Research (1998-2023). J Nepal Med Assoc 2025;63(282):1-5. doi: 10.31729/jnma.6597
- Vaishya R, Vaish A, Salman J. Do Robotic and AI Technologies Improve Outcomes in Orthopaedic Surgery or Raise Costs and Learning Curves?. Basrah Journal of Surgery 2025; (31): 1-4. doi: 10.33762/basjsurg.2025.164614.1141
- Jeyaraman M, Vaishya R. Re-defining orthopaedic education in India through competency-based training. J Clinical Orthop Trauma. 2025; 71: 103228. doi: [10.1016/j.jcot.2025.103228](https://doi.org/10.1016/j.jcot.2025.103228)
- Vaishya R, Vaish A, Potuganti VB, Iyengar KP. h-index: A Metric of Merit or a Mirage in Academia? National Board of Examinations - Journal of Medical Sciences 2025; 3 (12): 1–9. DOI 10.61770/NBEJMS.2025.v03.i12.00x

Dr. Raju served as an external examiner for a PhD thesis at Tamil Nadu MGR Medical University, Chennai, on 28th October 2025, and has reached 1,000 research publications on ResearchGate.

Dr Raju has given following 5 presentations:

- Choosing implants in Total Hip Arthroplasty; Intraoperative operative challenges in difficult primary THR.18<sup>th</sup> ESOT Annual Conference. Addis Ababa, Ethiopia. 18<sup>th</sup> October 2025. – Oration
- Joint preservation techniques. 18<sup>th</sup> ESOT Annual Conference. Addis Ababa, Ethiopia. 19<sup>th</sup> October 2025.
- How to build personal career in Clinical research. 18<sup>th</sup> ESOT Annual Conference. Addis Ababa, Ethiopia. 19<sup>th</sup> October 2025.
- Scientific Writing and Publishing- Tips and Tricks. 18<sup>th</sup> ESOT Annual Conference. Addis Ababa, Ethiopia. 19<sup>th</sup> October 2025.
- Elder Joints- Wear, Tear, & Care. Eldercon-25. Surya Hotel, New Delhi. 26<sup>th</sup> October 2025.



## GAPIO Honors' List - October 2025

**Dr. Rajul Rastogi, Professor**, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP, has achieved the following milestones:

- Delivered a lecture on Imaging in Gastrointestinal Bleeding in Adults at the Annual Conference of the Uttar Pradesh State Chapter of the Indian Radiological Imaging Association — RICON 2025, held at Sanjay Gandhi Post-Graduate Institute of Medical Sciences, Lucknow.
- Felicitated by “Zocto,” an online publishing platform that shares untold stories from the Indian healthcare industry and its professionals.
- Awarded “Innovative Researcher of the Year 2025” by the International Scientific Laurels Committee, which has a presence in more than 160 countries worldwide, in recognition of his academic contributions.
- Invited as co-speaker alongside the doyen of Pulmonary Medicine, Prof. (Dr.) Rajendra Prasad, a B.C. Roy Awardee, at a CME conducted at Teerthanker Mahaveer Medical College & Research Center, Moradabad, Uttar Pradesh, along with other eminent luminaries.

**Padma Shri Dr. Sudhir M. Parikh** — Chairman of the Center for Asthma & Allergy Associates of Murray Hill; Chairman & Publisher of Parikh Worldwide Media, ITV Gold (24/7 TV Channel), and Life Global; Patron Trustee and Senior Advisor of the AAPI Charitable Foundation; and Awardee of the Pravasi Bharatiya Samman — has been inducted into the Rutgers Living History Society Archives, one of the largest and oldest universities in New Jersey.

**Dr. Suneel K. Parvathareddy**, Chief Medical Officer at Atrium Health Wake Forest Baptist Wilkes Medical Center (AHWFB Wilkes Medical Center), was presented with the E. Harvey Estes Physician Community Service Award on 10th October 2025 by the North Carolina Medical Society. The award recognizes his extraordinary service to the community and his fellow citizens, reflecting the high honor and esteem in which he is held by his peers in the medical community.

**Dr. Vishnu Vardhan Reddy**, Professor of ENT, Mallareddy Institute of Medical Sciences conducted focused ENT camps on three different days — 14th October, 28th October, and 11th November 2025 — at the orphanage center for children with cerebral palsy at the DAIVALAYAM Centre, Yellampet Village, Medchal Mandal, Telangana. He performed ear check-ups for 40 children and carried out hearing and speech assessments with audiology support from the NGO Meenakshi Seshadri Foundation.

Dr. Vishnu has also conducted a research study titled “A Study of ENT Symptoms in Leprosy Patients” during August–October 2025 at the Shivananda Leprosy and Rehabilitation Center, Kukatpally, Hyderabad, Telangana.

## GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

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