



Dr. R. Jayanthi Appointed International Advisor by Royal College of Physicians and Surgeons of Glasgow

Dr. R. Jayanthi, a distinguished physician and academician from Tamil Nadu, has been appointed as an International Advisor by the Royal College of Physicians and Surgeons of Glasgow. With over three decades of service in Tamil Nadu's public health system, Dr. Jayanthi previously served as Dean of Madras Medical College and Government Medical College, Omandurar Estate. In her new role, Dr. Jayanthi will work closely with global peers to strengthen international partnerships and raise healthcare standards through collaboration and knowledge exchange. Her focus will include advancing medical education, driving professional training, and promoting innovative healthcare practices.

This prestigious appointment reflects Dr. Jayanthi's lifelong commitment to clinical excellence, leadership in public health, and mentoring the next generation of medical professionals.



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GAPIO Member Dr. O. P. Sharma Serves as Chief Editor of the First Textbook on Geriatric Endocrinology

Dr. O. P. Sharma, Senior Endocrinologist and GAPIO member, has been honored as the Chief Editor of the first-ever textbook on Geriatric Endocrinology, jointly produced by the Endocrine Society of India (ESI) and the Geriatric Society of India (GSI).

The landmark publication, a comprehensive academic collaboration between the two premier societies, was officially released on 5th September 2025 at Kolkata during ESICON 2025. The textbook represents a significant contribution to advancing the understanding and management of endocrine disorders in the elderly — an area of growing clinical importance in India's aging population.

This initiative marks an important milestone in the field of endocrinology, integrating both geriatric and endocrine perspectives for the first time in a single academic volume. The work highlights multidisciplinary contributions from experts across the country and aims to serve as an essential reference for physicians, endocrinologists, and healthcare professionals working in geriatric care.

GAPIO congratulates Dr. O. P. Sharma for this distinguished editorial achievement and for his continued dedication to advancing medical education and research in the field of endocrine health among older adults.



GAPIO Member Dr. Arun Prasad Receives International and National Honours for Contributions to Robotic and Bariatric Surgery

Dr. Arun Prasad, Senior Consultant, General and Robotic Surgeon at Apollo Hospitals, New Delhi, and distinguished GAPIO member, was recently recognized at two prestigious forums for his pioneering contributions to minimally invasive and robotic bariatric surgery.

On 9th September 2025, Dr. Prasad represented India, Asia, and Apollo Hospitals at the renowned International Bariatric Club (IBC) Meeting held at Oxford University, United Kingdom. He was invited to deliver a lecture on Robotic Bariatric Surgery, sharing his extensive experience and insights with a global audience of experts. Speaking at the University of Oxford, Dr. Prasad highlighted India's leadership in the field and emphasized the transformative impact of robotic technologies on patient outcomes and surgical precision.

In another notable recognition, Dr. Prasad delivered the Brigadier Khanna Memorial Oration at the Association of Obstetricians and Gynaecologists Annual Meeting. He paid tribute to Brigadier Khanna, the pioneer of the Khanna sling operation—a revolutionary procedure that preserved the uterus in women with prolapse—and expressed his commitment to developing a robotic version of the operation to further advance the technique for modern surgical practice.

Dr. Prasad's dual honours in September 2025 reflect his continued dedication to innovation, teaching, and clinical excellence. His achievements exemplify the values of GAPIO's global medical community, advancing surgical science while honoring the legacies of medical pioneers through research and innovation.



GAPIO Member Dr. (Prof.) P. N. Renjen Honoured with the Blackbuck Pioneer Researcher Award 2025

Dr. (Prof.) P. N. Renjen, Senior Consultant Neurologist at the Institute of Neurosciences, Indraprastha Apollo Hospitals, New Delhi, and esteemed GAPIO member, has been conferred with the Blackbuck Pioneer Researcher Award 2025 by the National Medical Forum and Medical Dialogues.

The prestigious award recognizes Dr. Renjen's outstanding contributions to the field of Neurology, particularly in advancing research, innovation, and clinical excellence in stroke and neurological disorders. His leadership and dedication to medical science have significantly influenced both academic and clinical practices, strengthening the foundation for evidence-based neurological care in India.

In his message of gratitude, Dr. Renjen acknowledged the recognition as a collective achievement of his department, reflecting their shared commitment to advancing patient care and neurological research. With a distinguished career spanning decades, Dr. Renjen has held key positions, including Past President of the Delhi Neurological Association (DNA) and Executive Committee Member of the European Stroke Conference (ESC).

GAPIO congratulates Dr. (Prof.) P. N. Renjen for this well-deserved honor and commends his continued pursuit of excellence and innovation in neuroscience, reflecting the spirit of Indian medical leadership on a global stage.



GAPIO Member Dr. Rajul Rastogi Delivers Faculty Lectures at Prestigious National Conferences

Dr. Rajul Rastogi, Professor of Radiology and a distinguished GAPIO member, was invited as Faculty Speaker at multiple national academic forums, contributing his expertise to the advancement of emergency and diagnostic radiology in India.

Dr. Rastogi delivered a Faculty Lecture at the National Conference of the Society of Emergency Radiology, held at Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow, Uttar Pradesh, where he shared insights alongside leading international faculty.

He was also invited as Guest Lecturer at a CME organized by Teerthanker Mahaveer College of Paramedical Sciences, addressing the theme “Revolutionizing Diagnostic Radiology: Emerging AI Innovations in Medical Imaging.” In his address, Dr. Rastogi emphasized that Artificial Intelligence—more aptly described as Augmented Human Intelligence—must be applied smartly, ethically, and legally for the welfare of humanity.

Further, Dr. Rastogi served as Faculty and Workshop Leader during “Acute Neuro Care 2025,” organized by the Department of Anesthesia under the aegis of the Neurocritical Care Society of India (NCSI) and the Indian Society of Neuroanesthesiology & Critical Care (ISNACC) at Teerthanker Mahaveer Medical College & Research Centre, Moradabad, U.P.

He delivered a lecture on “Radiology in Acute Non-Traumatic Brain Emergencies” and conducted a Master Workshop on Ultrasonography in Acute Emergency, covering eFAST, pneumothorax, ECHO, and airway imaging. He also served as Judge for the Scientific Paper Presentation Competition for postgraduate residents.

Through these academic contributions, Dr. Rajul Rastogi continues to exemplify GAPIO’s mission of advancing medical education, promoting ethical innovation, and nurturing the next generation of medical professionals.



GAPIO Members Lead Paediatric Eye Surgery Mission in Northern Ghana

Childhood blindness is a severe public health concern that continues to affect millions globally, demanding urgent medical and humanitarian attention. In a significant initiative to address this challenge, GAPIO members Rtn. Dr. K. V. Ravishankar and Rtn. Dr. Uma Ravishankar, both Eye Surgeons from Usha Kiran Eye Hospital, Mysore, led a Paediatric Eye Surgery Mission in Tamale, Northern Ghana, from 21st to 27th September 2025.

The mission was conducted in collaboration with Dr. Luxme Hariharan from Madison, Wisconsin, USA, and supported by the Rotary E-Club of Bangalore D 3191. The week-long initiative was hosted at the Tamale Eye Hospital and focused on performing sight-restoring surgeries for children suffering from cataract—a leading cause of preventable childhood blindness in the region.

Sub-Saharan Africa faces a critical shortage of ophthalmic specialists, with an average of one eye surgeon serving a population of one million. In comparison, India has one surgeon for every 50,000 people, while the United States maintains a ratio of one per 20,000. Against this backdrop of acute need, the GAPIO members' team provided much-needed surgical care and training support to local healthcare professionals.

During the mission, 36 eye surgeries were successfully performed on 28 children, offering them the gift of restored vision and a renewed quality of life. The initiative also strengthened professional collaboration between Indian, African, and American medical teams, underscoring the importance of shared expertise and compassion in global healthcare service.

This humanitarian endeavor reflects GAPIO's enduring commitment to improving access to quality healthcare and promoting equity in medical services worldwide. Through such missions, GAPIO members continue to exemplify the organization's spirit of service, collaboration, and clinical excellence that transcends borders.



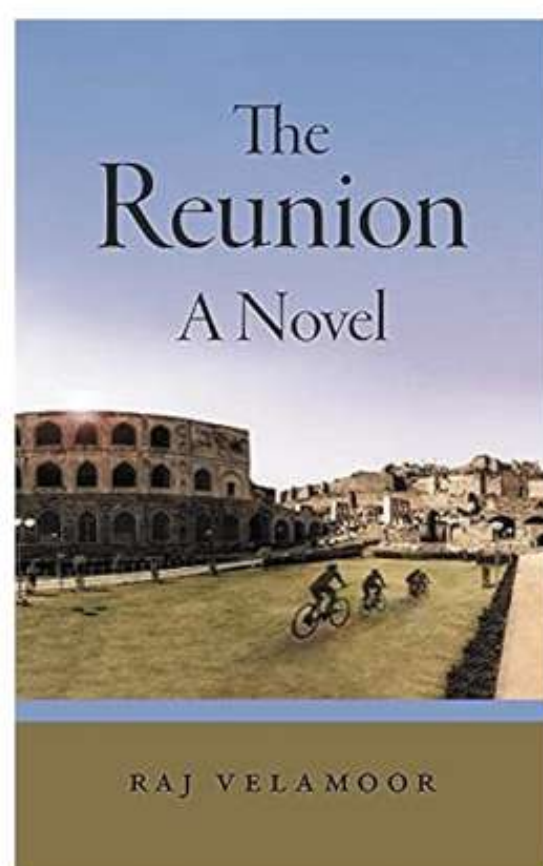
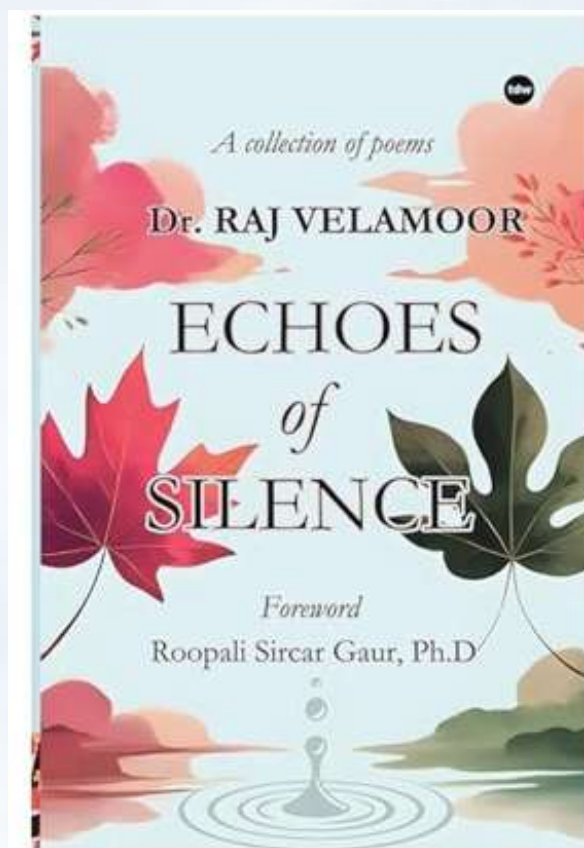
GAPIO Distinguished Member Dr. Varadaraj Velamoor Publishes Second Book “Echoes of Silence”

Dr. Varadaraj (Raj) Velamoor, Honorary GAPIO Distinguished Fellow and Professor of Psychiatry at the Western and Northern Ontario School of Medicine, Canada, has recently published his second book titled “Echoes of Silence,” released by TDW Publications.

The newly released book is a collection of poems that explores the depths of human emotion, reflection, and resilience through a thoughtful poetic lens. With “Echoes of Silence,” Dr. Velamoor brings together his rich understanding of the human mind and his literary sensitivity, offering readers an evocative blend of psychiatry, philosophy, and art.

This marks Dr. Velamoor’s second literary contribution, following his debut novel “The Reunion,” published in 2021. Both works are available on Amazon.in.

GAPIO congratulates Dr. Varadaraj Velamoor on this remarkable achievement and celebrates his continued efforts to bridge science, empathy, and creativity through the written word.



GAPIO Supports World Heart Day 2025 Awareness Camp: “Don’t Miss a Beat”

On the occasion of World Heart Day 2025, an awareness health camp was organized by Dr. Anuja Aneja, Senior Medical Officer and GAPIO member, in association with the Global Association of Physicians of Indian Origin (GAPIO). The initiative aimed to promote cardiac health awareness and encourage preventive practices for maintaining a healthy heart among the community.

This year's global theme, “Don’t Miss a Beat,” emphasizes the importance of staying active, recognizing early warning signs of heart disease, maintaining a balanced diet, and incorporating regular exercise into daily life. The camp sought to educate participants on lifestyle modifications and preventive strategies that significantly reduce the risk of cardiovascular disease.

During the camp, Dr. Aneja shared practical health tips for improving heart health, including annual cardiac checkups to monitor blood pressure, cholesterol, and blood sugar levels; adopting a balanced diet rich in fruits, vegetables, and whole grains; and managing stress through physical activity, yoga, and meditation. Participants were also encouraged to remain alert to early cardiac symptoms and seek timely medical advice.

The awareness session concluded with a message reinforcing that a healthy heart is the true rhythm of a happy life. The program reflected GAPIO's continued commitment to advancing preventive healthcare, community outreach, and health education across India and globally.

स्वस्थ हृदय ही सुखी जीवन की असली धड़कन है : डॉ. अनेजा

कुरुक्षेत्र, यशवाध न्यूज।

चरित्र चिकित्सक अधिकारी, एडमिनिस्ट्रेटर एवं आरोग्य भारती सदस्य डॉ. अनेजा ने बताया कि जब बात सेहत की आती है, तो आपके दिल से क्या महत्वपूर्ण कुछ नहीं होता। हर साल, विश्व हृदय दिवस हमें इस महत्वपूर्ण अंग को देखभाल करने और हृदय रोगों के बारे में जागरूकता बढ़ाने की याद दिलाता है, जो दुनिया भर में मौत का सबसे बड़ा कारण बने हुए हैं। अगर आपने कभी सोचा है कि विश्व हृदय दिवस कब है, तो बता दें कि यह दुनिया भर में 29 सितंबर को मनाया जाता है।

हर साल, विश्व हृदय दिवस की एक थीम होती है जो इसकी गतिविधियों और अभियानों को प्रभावित करती है। 2025 के विश्व हृदय दिवस का आधिकारिक विषय 'एक भी धड़कन न चूके' है, जो हृदय स्वास्थ्य के प्रति निरंतर जागरूकता और सक्रिय देखभाल के महत्व पर जोर देता है, और लोगों से चेतावनी के संकेतों को नज़रअंदाज़ न करने या जोर में देरी न करने, स्वस्थ आदतें अपनाने और समय पर चिकित्सा सहायता लेने का आग्रह करता है। दुनिया भर में हर साल हृदय रोग से 17 मिलियन से ज्यादा मौतें होती हैं। जीवनशैली में बदलाव लाकर इनमें से कई मौतों को रोका जा सकता है।

डॉ. अनेजा ने बताया कि विश्व हृदय दिवस निर्माणिष्ठित के बारे में जागरूकता फैलाता है। हृदय-स्वस्थ भोजन खाना, तंबाकू और शराब से परहेज, रक्तचाप, मधुमेह और कोलेस्ट्रॉल का प्रबंधन, नियमित व्यायाम को प्रोत्साहित करना, प्रारंभिक

स्वास्थ्य जांच को बढ़ावा देना। अपने दिल का खयाल रखना मुश्किल नहीं है। यहां कुछ आसान और व्यावहारिक हृदय स्वास्थ्य सुझाव दिए गए हैं जिन्हें आप आज ही अपनी दिनचर्या में शामिल कर सकते हैं कि अधिक फल और सब्जियां खाएं, ये फाइबर, विटामिन और एंटीऑक्सीडेंट से भरपूर होते हैं।

रक्तचाप को नियंत्रित रखने और मधुमेह को नियंत्रित करने के लिए नमक और चीनी का सेवन कम करें। यदि आप प्रतिदिन 30 मिनट पैदल चलें तो हृदय रोग का जोखिम काफी हद तक कम हो सकता है। धूम्रपान आपकी धमनियों को नुकसान पहुंचाता है और हृदय रोग (सोवीडी) का खतरा बढ़ाता है। शराब का सेवन सीमित करें, अधिक शराब पीने से आपके हृदय पर दबाव पड़ सकता है। तनाव से बचें, तनाव आपके शरीर और हृदय को नुकसान पहुंचा सकता है, तनाव को कम रखने के लिए ध्यान, योग और गहरी सांस लेने जैसी प्रथाओं का उपयोग करें।

डॉ. अनेजा ने बताया कि हार्ट हेल्थ दुर्लभ रखने के लिए 40 साल से उम्र से पहले ही रेगुलर चेकअप शुरू कराना शुरू कर देना चाहिए। खासकर दिल्ली-मुंबई जैसे शहरों में, जहां तनाव रोज के जीवन का एक हिस्सा बन चुका है। ब्लड प्रेशर, लिपिड प्रोफाइल, फास्टिंग ग्लूकोज और यहां तक कि रिस्क स्कोर का समय-समय पर मूल्यांकन युवाओं को हार्ट डिजीज से बचा सकता है।

हृदय : यह सिर्फ शरीर का एक अंग नहीं बल्कि हमारी ज़िंदगी की सबसे अहम धड़कन है।



लहसून : ब्लड प्रेशर और कोलेस्ट्रॉल कम करने में मदद करता है। नियमित योग और प्राणायाम, अनुलोम विरोध, कपालभाति और भस्त्रिक। हृदय के लिए बेहद फायदेमंद। गर्म पानी का सेवन चर्बी और ट्राइग्लिसिड्स में मदद करता है। ताजे फल और सब्जियां एंटीऑक्सीडेंट से भरपूर आहार दिल की धमनियों को साफ रखता है।

तनाव से दूरी, ध्यान, मेडिटेशन और सकारात्मक सोच दिल की स्वस्थ रखती है। आयुर्वेद में हृदय को ओज (जीवन ऊर्जा) का केंद्र माना गया है। यदि आहार सात्विक हो, नींद पूरी हो और मन शांत रहे तो दिल लंबे समय तक स्वस्थ रहता है। पंचकर्म और हर्बल दवाओं (जैसे अजुन की छाल, अक्षत, गिलोय) का सेवन हृदय रोगों से बचाव करता है।

हृदय सिर्फ खून पंप करने वाला अंग नहीं, बल्कि हमारी जीवनाश्रय है। अगर हम संतुलित आहार, योग, प्राणायाम और प्राकृतिक नुस्खों को जीवन का हिस्सा बना लें, तो हृदय लंबी उम्र तक स्वस्थ रह सकता है। याद रखें - स्वस्थ हृदय ही सुखी जीवन की असली धड़कन है।



GAPIO Member Dr. Ashish Aneja Organizes Free Health Check-up and TB Awareness Camp

Dr. Ashish Aneja, Senior Consultant Physician and active GAPIO member, organized a Free Health Check-up and Tuberculosis Awareness Camp in association with the Global Association of Physicians of Indian Origin (GAPIO). The initiative was aimed at promoting preventive health awareness, early disease detection, and community education on both cardiac health and tuberculosis prevention.

Addressing the growing concern over the rising incidence of cardiac arrests among young adults, Dr. Aneja highlighted the impact of lifestyle changes and post-COVID complications on heart health. The camp focused on creating awareness about the importance of timely screening and adopting healthier lifestyles to reduce cardiovascular risk.

Participants received free diagnostic services including blood pressure measurement, ECG, blood glucose testing, spirometry, thyroid function tests (TSH), and lipid profile evaluation. In addition, lectures and interactive discussions were conducted on TB prevention and early diagnosis, emphasizing the importance of awareness and access to care in controlling the disease.

The initiative drew appreciation from attendees and the local community for its comprehensive approach to preventive healthcare. Dr. Aneja's efforts exemplify GAPIO's commitment to advancing public health education, promoting early intervention, and supporting equitable access to quality healthcare services across India.



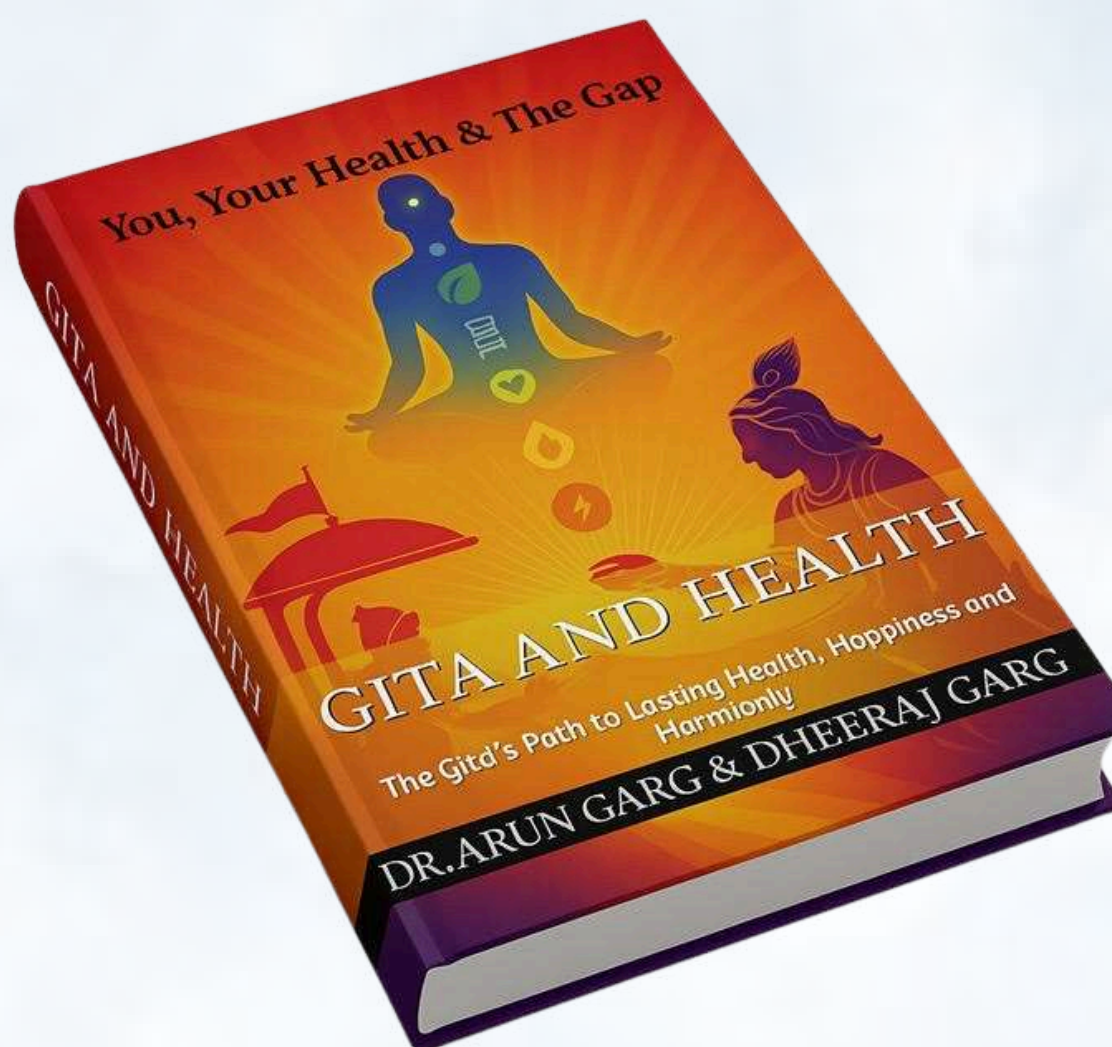
GAPIO Member Prof. Dr. Arun K. Garg Publishes New Book on “You – Your Health – GAP”

Prof. Dr. Arun K. Garg, distinguished GAPIO member and global health advocate, has announced the publication of his new book titled “You – Your Health – GAP.” The work marks the first in a planned series dedicated to fostering health awareness through engagement, empowerment, and education at both individual and community levels.

The book embodies Dr. Garg’s vision to bridge traditional wisdom and modern science — integrating culturally safe, evidence-based, and technology-supported approaches to health. Conceptualized as a project to “Engage, Empower, and Educate,” the series seeks to harmonize the best of Eastern philosophy with the best of Western medical science, creating a practical model for holistic well-being.

Through this initiative, Dr. Garg aims to inspire dialogue and self-awareness around personal health responsibility, preventive care, and community resilience. His continued efforts reflect GAPIO’s mission to advance global healthcare collaboration and promote integrated, patient-centered approaches rooted in both tradition and innovation.

GAPIO congratulates Prof. Dr. Arun K. Garg on this significant accomplishment and commends his ongoing contributions to global health education and cultural integration in medicine.



Indian Surgeon Leads UAE's Youngest Infant Liver Transplant at Burjeel Medical City

In a remarkable medical breakthrough, Dr. Gourab Sen, a senior Indian-origin liver transplant surgeon at Burjeel Medical City, led the successful liver transplant of a five-month-old baby, making it the youngest pediatric liver transplant in the UAE's history.

The infant, Ahmed Yahya, was diagnosed with a rare genetic disorder — ATP6AP1-related congenital disorder of glycosylation — a life-threatening condition affecting fewer than 25 individuals worldwide. The child's condition deteriorated rapidly, and with organ failure imminent, urgent surgical intervention became the only chance for survival.

Precision Under Pressure

Dr. Sen, who serves as Director of Transplant Surgery at BMC, coordinated the complex procedure involving a mono-segment graft donated by the infant's aunt. Given the baby's small size and the fragile nature of his organs, the 12-hour surgery demanded extreme precision and coordination.

The transplant team included Dr. Johns Shaji Mathew, another Indian-origin HPB and abdominal transplant surgeon, and a multi-disciplinary support staff comprising pediatric gastroenterologists, intensivists, anesthesiologists, and transplant nurses.

A Life Restored, A Legacy Honored

This case carried emotional weight for the family. The child's older sibling had succumbed to a similar liver condition 15 years ago. The parents expressed profound gratitude to Dr. Sen and the team for giving their son a second chance at life.

Post-surgery, the baby recovered remarkably well — extubated early, tolerating feeds within days, and showing strong liver function markers during follow-up.

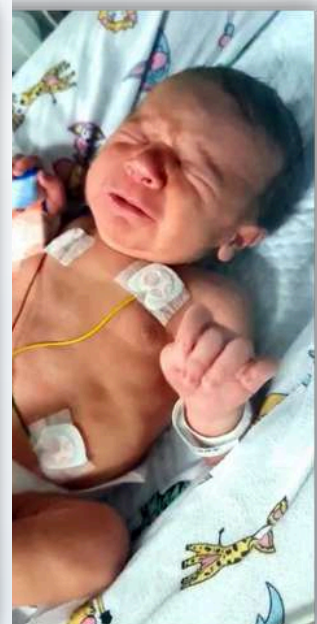
Indian Talent at the Helm of Global Innovation

The success of this high-risk surgery highlights the leadership of Indian medical professionals in advancing global pediatric transplant care. Dr. Gourab Sen's work in the UAE is part of a larger trend of Indian-origin specialists playing critical roles in high-stakes healthcare scenarios worldwide.

Promoting Awareness on Organ Donation

This landmark case was also tied to World Organ Donation Day, with Burjeel Medical City emphasizing the importance of living liver donation and the HAYAT National Program. The hospital continues to advocate for public education on organ donation and faster access for pediatric patients with urgent needs.

Source:<http://burjeel.com/news/burjeel-medical-city-performs-uaes-youngest-infant-liver-transplant/>



Indian American Physicians Host Grand 43rd AAPI National Convention in Cincinnati

The 43rd Annual Convention and Scientific Assembly of the American Association of Physicians of Indian Origin (AAPI) was held with resounding success at the Cincinnati Marriott from July 6–9, 2025, drawing over 1,200 delegates and families from across the United States and abroad.

The multi-day event brought together Indian-origin physicians, medical educators, researchers, and healthcare leaders to celebrate excellence, exchange ideas, and chart the path forward for the Indian American medical community.

Key highlights included:

- Scientific CME sessions, panels on AI in Medicine, physician well-being, medical research, and integrative care.
- The Women's Forum, CEO Roundtable, and a vibrant Bollywood Extravaganza.
- Recognition of outstanding physicians through awards such as AAPI Most Distinguished Physician, Young Physician Leader, and Student Resident Awards.
- Prestigious speakers including Dr. Suresh Reddy, Dr. P.K. Vedanthan, Dr. Jagdish Gupta, and civic leaders like Kentucky Lt. Governor Jacqueline Coleman and Cincinnati Mayor Aftab Pureval.
- Active participation from AAPI BOT, Executive Committee, and leaders of global diaspora organizations.

Special focus was placed on strengthening collaboration between Indian-origin physicians in the U.S. and India, with discussions on medical exchange programs, global health initiatives, and innovation in preventive care.

Incoming AAPI President Dr. Anjana Samadder and BOT Chair Dr. Amit Chakrabarty outlined a renewed vision for AAPI—centered on advocacy, education, mentorship, and elevating Indian-origin medical professionals worldwide.

The convention underscored the pivotal role AAPI plays in shaping the future of healthcare—bridging East and West, supporting physician wellness, and representing one of the largest ethnic medical groups in the U.S.



Oncologist Shares Practical Tips for Cancer-Free Living at Community Health Session in New York

At a community gathering held at the BAPS Swaminarayan Temple in Long Island, Dr. Vipul Patel, Oncologist at SUNY Downstate Medical Center, delivered an engaging session on preventive strategies for cancer-free healthy living. The event, hosted on August 2nd, 2025, was part of the Obesity and Cardio Metabolic Health initiative organized by BAPS.

Dr. Patel emphasized the importance of lifestyle changes in reducing cancer risk and improving overall metabolic health. Drawing from global recommendations and clinical experience, he outlined practical, culturally relevant tips, including:

- Intermittent fasting (biweekly, whole-day) to reduce inflammation
- Whole-food, plant-rich diets: Incorporating legumes, brown rice, barley, millet, quinoa, and seasonal vegetables
- Avoiding processed and fried foods, reused oils, red meats, and artificial sweeteners
- Daily physical activity: At least 30 minutes of brisk walking or light exercise

He also urged attendees to reduce added sugars, refined grains, and packaged items, and highlighted the importance of fiber-rich and alkaline foods in maintaining cellular health.

The talk was well received by attendees, especially those managing obesity, diabetes, and hypertension. It also reinforced the role of community-centered health education in preventive care.



BAPS Swaminarayan Temple at Melville in Long Island, New York.



Dr. Vipul Patel, Oncologist at SUNY Downstate Medical Center, NY, speaking about healthy living at Long Island, NY, Swaminarayan Temple.

GAPIO–IAP Hosts International Lecture Series on Paediatric Gastroenterology

On September 27th, 2025, the Global Association of Physicians of Indian Origin (GAPIO) in collaboration with the Indian Academy of Pediatrics (IAP) conducted an International Lecture Series on Paediatric Gastroenterology, focusing on Recent Advances in Acute Pancreatitis. The virtual session brought together pediatricians, gastroenterologists, hepatologists, nutrition experts, and healthcare professionals from across the globe for an insightful exchange on emerging trends and clinical best practices in pediatric digestive health.

Session Highlights

- Chairperson: Dr. Saista Asif Amin, Consultant Pediatric Gastroenterologist, American Hospital Dubai, chaired the session and provided an overview of current challenges and progress in pediatric gastrointestinal care.
- Expert Presentation: Dr. Asim Maqbool, Children's Hospital of Philadelphia, USA, delivered the keynote lecture on "Recent Advances in Acute Pancreatitis," sharing evidence-based updates on etiology, early recognition, and multidisciplinary management strategies for pediatric cases.
- Interactive Learning: The session featured a live Q&A segment, allowing participants to engage with the speaker on complex diagnostic and therapeutic issues, fostering real-time knowledge exchange among international experts.

Key Takeaways

- Comprehensive updates on diagnostic approaches and treatment protocols for pediatric acute pancreatitis.
- Emphasis on early detection, multidisciplinary management, and long-term nutritional support.
- Strengthened global collaboration between pediatric specialists through the GAPIO–IAP educational platform.

The lecture reinforced GAPIO's and IAP's shared commitment to advancing child health through continuous medical education, international collaboration, and dissemination of specialized clinical expertise.



IAP – GAPIO
International lecture series



GAPIO
Global Association of Physicians of Indian Origin

Paediatric Gastroenterology

Saturday, 27th September 2025

7:00PM - 8:00PM (IST)

Corresponding Time:
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 2:30 PM BST (UK), 11:30 PM (Sydney, Australia)



Dr Asim Maqbool, USA

Topic:
Recent Advances in Acute Pancreatitis
Pediatric Gastroenterologist and Board Certified Nutrition Pediatrician
Division of Gastroenterology, Hepatology and Nutrition at Children's Hospital of Philadelphia, Director of CHOP's Center for Pancreatic Disorders

Speaker

IAP Leadership

Dr. Vasant Khalatkar, President
Dr. Neelam Mohan, President 2026
Dr. G. V. Basavaraja, President 2024
Dr. Yogesh Parikh, Hon. Sec. Gen. 2024-25
Dr. Atanu Bhadra, Treasurer 2024-25

GAPIO Leadership

Dr. Nandakumar Jalram, President
Dr. Sudhir Parikh, Vice President
Dr. Rohini Sridhar, Secretary General
Dr. Abhijat Sheth, Joint Secretary
Dr. V K Raju, Treasurer
Dr. Sushil Jain, Hon. Advisor
Dr. Bakul Parekh, Global Academic Convenor

Past Presidents and Emeritus Advisors

Dr. Prathap C Reddy Dr. Sanku Rao
Dr. Ramesh Mehta Dr. Anupam Sibal



Dr Saista Asif Amin, UAE

Consultant Pediatrician and Specialist Pediatric Gastroenterologist and Hepatologist American Hospital Dubai and Al Barsha satellite clinics.

Chairperson

IAP Session Convenor

Dr Aashay Shah

Link to Join: <https://tinyurl.com/3mcx56ek>

GAPIO Hosts Women's Health Webinar on "Managing Weak Pelvic Floor"

On September 20th, 2025, the Global Association of Physicians of Indian Origin (GAPIO) organized a specialized Women's Health Webinar on "Managing Weak Pelvic Floor." The 60-minute virtual session brought together eminent clinicians and physiotherapy experts to share advanced insights on diagnosis, treatment, and rehabilitation of pelvic floor dysfunctions that impact women's health and quality of life.

Session Highlights

- Expert Presentations:
 - Dysfunctional voiding — Dr. Rajesh Taneja, Senior Consultant, Apollo Hospitals, New Delhi.
 - Pelvic floor mechanics and incontinence — Dr. Margaret Sherburn, B.App.Sc (Physio), PhD, FACP.
 - Clinical rehabilitation strategies — Dr. Monika Verma, Director, Physio Asia Therapy Centre.
 - Ultrasound imaging as a biofeedback tool — Dr. Madhuri Kasi, Director, AegleTouch Services Pvt. Ltd. & Founding Director, School of Physiotherapy, GITAM University.
- Leadership and Moderation: The session was moderated by Dr. Seema Grover, Head of Department – Physiotherapy & Rehabilitation, Indraprastha Apollo Hospitals, New Delhi, who facilitated an engaging discussion integrating multidisciplinary perspectives on women's pelvic health.

Key Takeaways

- Comprehensive overview of pelvic floor anatomy, dysfunctions, and diagnostic approaches.
- Evidence-based strategies for prevention and rehabilitation in pelvic floor disorders.
- Emphasis on multidisciplinary collaboration between physicians, gynecologists, and physiotherapists.
- Application of ultrasound imaging as an effective biofeedback tool in clinical practice.

The session reinforced GAPIO's ongoing commitment to advancing women's health through continued medical education, interdisciplinary dialogue, and dissemination of best practices in clinical and rehabilitative care.



GAPIO 10.0
Organized by Global Association of Physicians of Indian Origin (GAPIO)

WOMEN HEALTH – MANAGING WEAK PELVIC FLOOR

2:00 PM to 3:00 PM IST on Saturday, 20th September 2025
MODE: VIRTUAL

Join us: <https://us02web.zoom.us/j/88506110386>

A 60-Minute update to keep abreast of the latest developments

Introduction	 Dr Seema Grover, PT HOD- Physiotherapy & Rehabilitation, Indraprastha Apollo Hospitals, New Delhi	2 mins
Clinical aspects of dysfunctional voiding	 Dr (Prof) Rajesh Taneja Sr. Consultant Apollo Hospitals, New Delhi	5 mins
Dysfunctional Mechanics of the Pelvic Floor – Incontinence	 Dr Margaret Sherburn B.App.Sc (Physio), M.Womens.Health, PhD, FACP	25 mins
Ultrasound Imaging as a Visual Biofeedback Tool in Pelvic Floor Rehabilitation	 Dr Monika Verma, PT Director Physio Asia Therapy Centre	20 mins
Question & Answer	 Dr. Madhuri Kasi, PT Director, AegleTouch Services Pvt Ltd, Franchisee of Apollo Clinic Nallagandla; Founding Director, School of Physiotherapy, GITAM University	8 mins

MODERATOR
 **Dr Seema Grover, PT**
HOD- Physiotherapy & Rehabilitation, Indraprastha Apollo Hospitals, New Delhi

GAPIO Leadership

Past Presidents and Emeritus Advisors	Current Leadership
Dr. Prathap C Reddy	Dr. Nandakumar Jalram, President
Dr. Sanku Rao	Dr. Sudhir Parikh, Vice President
Dr. Ramesh Mehta	Dr. Rohini Sridhar, Secretary General
Dr. Anupam Sibal	Dr. Abhijat Sheth, Joint Secretary
	Dr. V K Raju, Treasurer
	Dr. Sushil Jain, Honorary Advisor

SOCIAL MEDIA COVERAGE

GAPIO Observed World Patient Safety Day 2025: “Patient Safety from the Start!” — Protecting Newborns and Children for a Healthier Future

The Global Association of Physicians of Indian Origin (GAPIO) observed World Patient Safety Day 2025, highlighting the importance of ensuring safety in healthcare for newborns and children — the most vulnerable members of our communities.

This year’s theme, “Patient Safety from the Start!”, underscores the urgent need to make every birth and childhood experience safe through accessible, high-quality, and compassionate healthcare. Every child deserves a safe start in life, and this begins with systems, policies, and practices that prioritize safety at every stage of care. Unsafe medical practices and preventable harm remain a significant global challenge, particularly in maternal and neonatal care. GAPIO reaffirmed that improving safety standards, promoting evidence-based protocols, and empowering healthcare professionals with the right training and resources are vital steps toward achieving better health outcomes for all children.

Core Principles for Advancing Patient Safety

- Safety as the foundation: Embedding patient safety at every level of care delivery, from hospitals to community health centers.
- Education and awareness: Strengthening the capacity of healthcare workers through continuous training and knowledge sharing.
- Equitable access: Ensuring that every child, regardless of geography or background, receives safe and timely care.
- Collaboration for impact: Encouraging cross-sector partnerships to reduce preventable harm and promote a culture of accountability and compassion.

By advocating “Patient Safety from the Start”, GAPIO calls on the global medical community to work together in safeguarding the well-being of mothers and children. Protecting the youngest lives not only prevents needless suffering but also builds the foundation for healthier, stronger generations ahead.



SOCIAL MEDIA COVERAGE

GAPIO Observed World Sepsis Day 2025: “5 Facts × 5 Actions” — Turning Awareness into Lifesaving Action

The Global Association of Physicians of Indian Origin (GAPIO) observed World Sepsis Day 2025, reaffirming its commitment to combat one of the most pressing and preventable global health challenges.

Sepsis — often called the silent global killer — is responsible for one in every five deaths worldwide, claiming more than 11 million lives each year. This year’s theme, “5 Facts × 5 Actions”, highlights the urgent need to transform awareness into concrete steps that save lives through education, prevention, and timely intervention.

Five Facts Everyone Should Know

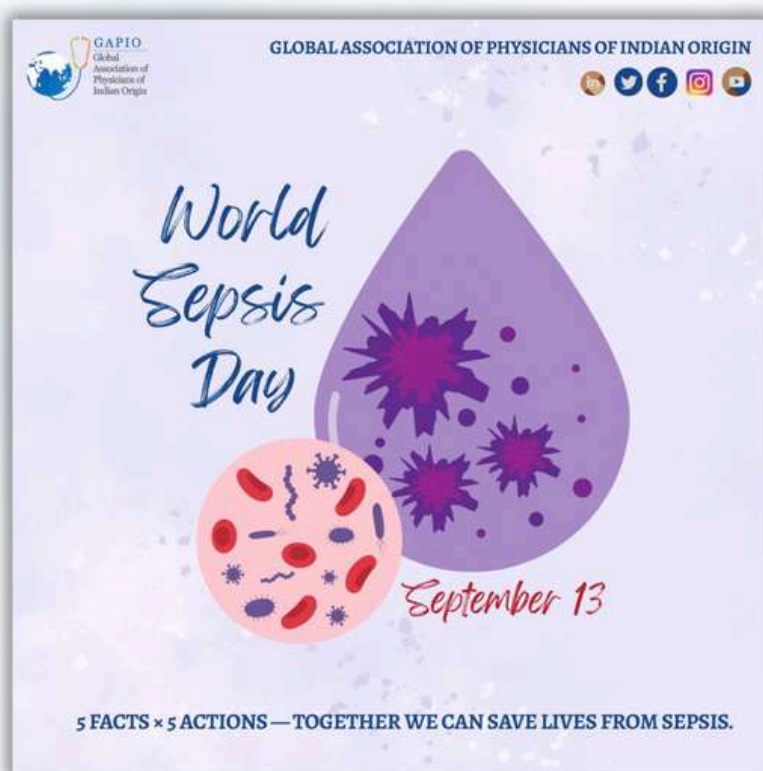
1. Sepsis causes 11 million deaths annually.
2. Anyone can be affected, but newborns, children, and the elderly are at highest risk.
3. Early recognition and treatment are lifesaving.
4. Many cases are preventable through vaccines, hygiene, and infection control.
5. Sepsis remains among the most urgent global health challenges.

Five Actions That Can Save Lives

1. Spread awareness in communities.
2. Strengthen infection prevention and control.
3. Equip healthcare workers to detect sepsis early.
4. Ensure timely access to treatment for all.
5. Advocate for policies that prioritize sepsis care and research.

GAPIO emphasized that sepsis awareness is not limited to hospitals or healthcare professionals — it is a public health priority that demands collective responsibility. With early detection, appropriate treatment, and preventive measures, millions of lives can be saved each year.

In alignment with global health objectives, GAPIO continues to advocate for improved education, diagnostic support, and international collaboration to reduce the burden of sepsis and enhance patient outcomes. Together, awareness and action can turn the tide against this silent yet preventable killer.



SOCIAL MEDIA COVERAGE

GAPIO Observed World Suicide Prevention Day: “Changing the Narrative on Suicide” — Fostering Compassion, Understanding, and Hope

The Global Association of Physicians of Indian Origin (GAPIO) observed World Suicide Prevention Day with the theme “Changing the Narrative on Suicide”, emphasizing the collective responsibility to replace silence with compassion, stigma with support, and isolation with understanding.

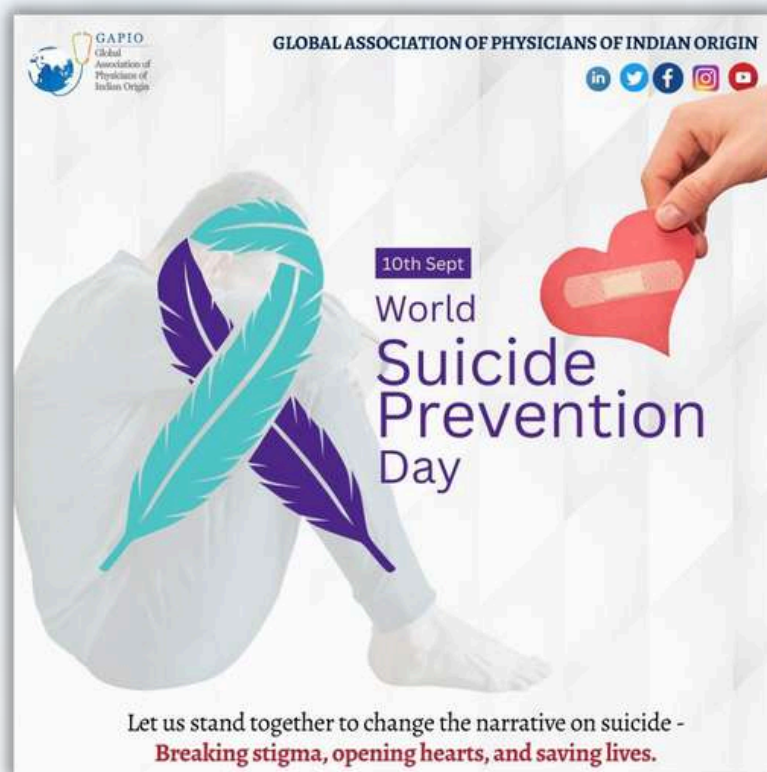
Mental health remains a vital component of holistic well-being. As healthcare professionals, it is imperative to foster open conversations that destigmatize emotional struggles and encourage individuals to seek help without fear or hesitation. Suicide prevention begins with awareness, empathy, and access to care — pillars that form the foundation of a compassionate society.

The message, “Changing the Narrative on Suicide,” serves as a call to action for every individual, institution, and community. It urges society to view mental health with the same seriousness and sensitivity accorded to physical health, ensuring that no one suffers in silence.

Key Reflections for the Medical Community

- Empathy over judgment: Promoting a supportive environment that encourages patients and peers to express their emotions freely.
- Awareness through dialogue: Integrating mental health discussions into daily practice and public health outreach.
- Collaboration in care: Working across specialties and communities to ensure accessible, timely, and sustained mental health support.
- Human connection: Recognizing that compassion, listening, and understanding can often be the first step toward saving a life.

As part of its commitment to global well-being, GAPIO reaffirms its dedication to advancing mental health advocacy and creating safe spaces for dialogue. Together, we can nurture a culture where seeking help is seen as strength, every life is valued, and hope becomes the foundation of healing.



SOCIAL MEDIA COVERAGE

GAPIO Celebrated National Nutrition Week: “Eat Right for a Better Life” — Advancing the Culture of Mindful and Balanced Living

From 1st to 7th September 2025, the Global Association of Physicians of Indian Origin (GAPIO) joined the nation in celebrating National Nutrition Week, reaffirming the importance of balanced diets, mindful eating, and preventive nutrition as the foundation of a healthier tomorrow.

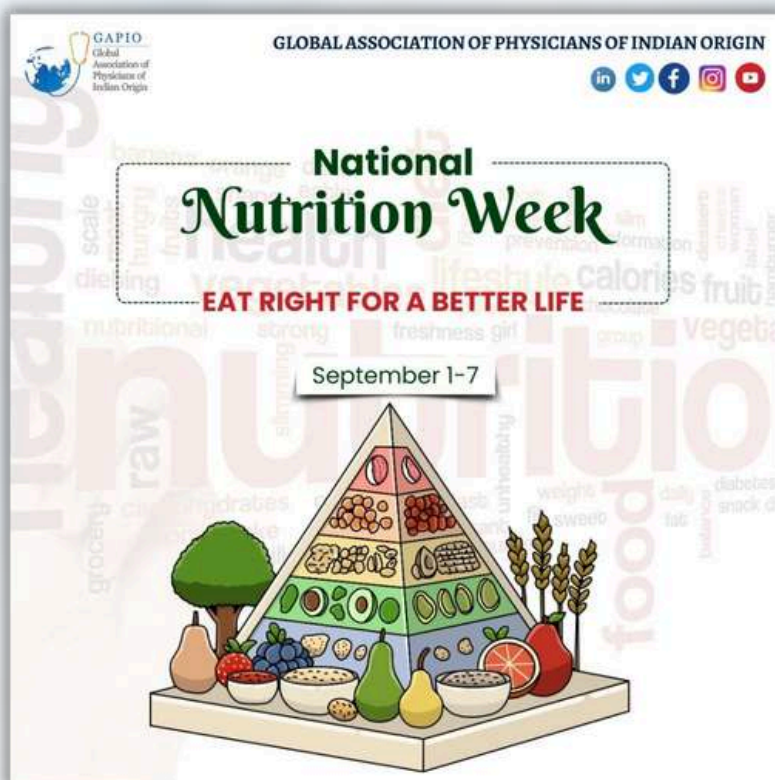
Nutrition lies at the heart of good health and resilient healthcare systems. This year’s theme — “Eat Right for a Better Life” — echoes GAPIO’s long-standing mission to promote holistic well-being through scientific guidance, public awareness, and global collaboration among Indian-origin physicians.

In a time when lifestyle diseases continue to challenge healthcare systems, GAPIO emphasized that nutritional literacy — the understanding of what, when, and how we eat — plays a transformative role in preventing chronic illnesses and enhancing quality of life. Physicians, dietitians, and public health leaders worldwide are championing initiatives that inspire communities to adopt sustainable, balanced, and culturally rooted diets.

Nutrition for the Medical Fraternity Means

- Prevention through knowledge: Encouraging evidence-based dietary practices to combat obesity, diabetes, and cardiovascular diseases.
- Mindful choices: Advocating reduction in processed foods and emphasis on fresh, locally sourced ingredients.
- Equity in health: Promoting access to nutritious meals for all communities, across geographies and socioeconomic backgrounds.
- Sustainability: Linking nutrition with environmental responsibility and future health security.

As the global healthcare community strives toward Health for All, GAPIO reiterates its commitment to empowering individuals and institutions to make informed nutritional choices. A healthier nation begins with a well-nourished population—strong in body, mind, and spirit.



SOCIAL MEDIA COVERAGE

GAPIO Celebrated India's 79th Independence Day: Honoring the Spirit of "Naya Bharat" in Global Healthcare

On 15th AUGUST - SEPTEMBER 2025, the Global Association of Physicians of Indian Origin (GAPIO) commemorated India's 79th Independence Day with deep reverence for the transformative journey of "Naya Bharat."

In a rapidly evolving healthcare landscape, this year's theme highlighted the emergence of a confident, inclusive, and innovation-driven India. GAPIO acknowledged the contributions of Indian-origin physicians across the globe who are redefining public health delivery, clinical excellence, and medical education—true agents of progress in the vision of New India.

From preventive care in rural clinics to robotic surgeries in advanced centers, Indian healthcare professionals continue to shape a healthier future—rooted in service, guided by science, and powered by resilience.

Independence, for the medical fraternity, means:

- Freedom to innovate for equitable access
- Responsibility to uphold ethical care
- Unity in global collaboration for shared well-being

As India rises, so does its healthcare leadership. GAPIO stands committed to supporting this movement—with knowledge, compassion, and global solidarity.



SOCIAL MEDIA COVERAGE

GAPIO Celebrated Raksha Bandhan: Honoring the Bonds That Safeguard Health and Humanity

On the auspicious occasion of Raksha Bandhan, the Global Association of Physicians of Indian Origin (GAPIO) celebrated the sacred spirit of protection, care, and solidarity that unites the global medical fraternity.

Traditionally symbolizing the bond between siblings, Raksha Bandhan also resonates deeply with the healthcare community—where every act of care is a thread that protects, heals, and connects.

In the hands of doctors, nurses, and caregivers, the ethos of Raksha Bandhan transforms into daily acts of compassion, dignity, and dedication. Whether standing by a patient's bedside or guiding a family through recovery, healthcare professionals become the protective force that communities depend on.

GAPIO highlighted the deeper meaning of the occasion through three guiding values:

- Raksha (Protection): Upholding the safety, dignity, and well-being of every life touched.
- Bandhan (Connection): Strengthening bonds of trust across patients, families, and global health communities.
- Sankalp (Commitment): Renewing the oath to serve with compassion, integrity, and selflessness.

By recognizing Raksha Bandhan in the context of healthcare, GAPIO reaffirmed its belief that the bonds we nurture—across wards, borders, and lives—are the true threads of healing.



HEALTH TIPS/FACTS

4 Micro-Habits That Help Physicians Recharge Amid High-Pressure Roles

Healthcare professionals face intense cognitive, emotional, and physical demands every day. Over time, these pressures can lead to depletion, exhaustion, and disconnection from purpose. While large shifts in lifestyle may not always be feasible, small, consistent habits—"micro-habits"—can play a powerful role in restoring vitality.

Here are four evidence-informed micro-habits that support well-being in high-stress healthcare environments:

1. Connect to What Matters

- Reaffirming purpose in clinical care has been shown to improve emotional resilience.
- Micro-practice: Before starting your shift, spend 1–2 minutes recalling a patient outcome, a moment of care, or a personal value that reminds you why you chose this profession.
- This simple step can shift your mindset from task-orientation to meaning-orientation.

2. Use 'Recovery Pauses'

- Frequent micro-breaks (2–5 minutes) help reduce cumulative stress and prevent emotional overload.
- Micro-practice: After emotionally intense encounters, take a brief pause—step outside, stretch, breathe, or simply close your eyes to reset your nervous system.
- These breaks help maintain clarity, presence, and compassion across a long shift.

3. Simplify Decisions to Save Mental Energy

- Physicians make thousands of decisions daily—often leading to decision fatigue.
- Micro-practice: Automate predictable routines (meals, wardrobe, commute prep) to reduce mental load.
- Use visual reminders or checklists to streamline repetitive processes and preserve cognitive bandwidth for clinical decisions.

4. Practice Brief Mental Closure

- Unresolved stress from work can spill into personal life, affecting rest and relationships.
- Micro-practice: Use a 60-second closure ritual at the end of your shift—writing down 1 highlight, 1 challenge, and 1 intention for tomorrow.
- This helps reduce rumination, restore work-life boundaries, and mentally "close the loop."

Why It Works

- These micro-habits are small enough to be integrated into the busiest schedules, yet impactful enough to shift how clinicians feel and function.
- When practiced consistently, they help:
 - Reduce burnout
 - Enhance emotional regulation
 - Strengthen clarity and focus
 - Restore a sense of meaning and control

"Sustainable well-being isn't built on grand changes—it's built on daily repetitions of small, meaningful actions." Let us remember that the care we provide to ourselves reflects in the care we provide to others.

HEALTH TIPS/FACTS

4 Evidence-Backed Habits to Recharge Physicians' Mental and Physical Energy

Physician burnout is a growing challenge—often compounded by long hours, high emotional demands, and limited time for recovery. Small, sustainable habits can play a powerful role in restoring energy and enhancing well-being.

Here are four foundational habits shown to improve physical and mental performance among busy clinicians:

1. Protect Your Sleep Routine

- Prioritize a consistent sleep-wake cycle.
- Minimize exposure to screens and stimulation 1–2 hours before bed.
- Use earplugs, eye masks, or white noise to improve sleep quality during unpredictable schedules or night shifts.

2. Move with Intention

- Aim for at least 15–20 minutes of physical activity 4–5 days a week.
- Walking, stretching, resistance training, or yoga all offer significant benefits—even in short sessions.
- Use movement as a stress outlet and cognitive reset during the day.

3. Reduce Cognitive Overload

- Limit task-switching and multitasking where possible.
- Use focused time blocks for documentation, calls, or critical tasks.
- Declutter physical and digital workspaces to support better focus.

4. Practice Active Recovery

- Include short mental breaks during shifts: step outside, do a breathing exercise, or take 2 minutes of quiet.
- Create a clear transition ritual between work and home—change clothes, journal, or walk to signal the shift.
- Protect non-work time for rest, hobbies, and relationships.

Why This Matters

These habits don't require major life overhauls—they're simple, high-impact strategies that support recovery, focus, and resilience. When consistently practiced, they can:

- Lower perceived stress and fatigue
- Improve mood and patient interaction
- Reduce the risk of emotional exhaustion

Small changes, consistently applied, can restore energy, improve performance, and protect long-term well-being.

GAPIO Honors' List - August - September 2025



Dr Arun Garg, Program Medical Director for the South Asian Health Institute, has published first book, a series of books in You-Your Health-GAP. A project to engage (Individually and communities) empower (self) and educate (conversation) through culturally safe and effective ancient wisdom and fusion with modern evidence, technology and science of modern medicine.

Dr Arun Prasad, Surgical Gastroenterology, Clinical Lead, GI & Bariatric, at New Delhi, has represented India and Asia at the prestigious International Bariatric Club (IBC) meeting held at Oxford University, UK, on 9th September 2025. He was invited to deliver a talk on Robotic Bariatric Surgery.

On 13th September, Dr Arun Prasad, delivered the Brigadier Khanna Memorial Oration at the Association of Obstetricians and Gynaecologist Annual Meeting. Brigadier Khanna's legendary sling operation, which saved countless young women from hysterectomy.

Dr. Ashish Aneja, Senior Medical Officer, Kurukshetra University, has organised a free medical health check-up camp at University Health Centre, Kurukshetra University on 6th August 2025 to create awareness among young population. A lecture on TB awareness also included in this camp along with free tests like BP, ECG, Blood glucose, Spirometry, TSH and Lipid profile.

- Dr. Aneja celebrated World Heart Day on 29 September 2025 by organising free medical health check-up camp at University Health Centre, Kurukshetra University to create awareness according to this year's theme of World Heart Day i.e. 'Don't Miss a Beat.'
- This theme emphasizes the importance of staying active to maintain good heart health, which includes not ignoring warning signs of heart-related problems, following a healthy and balanced diet, and exercising regularly. He checked patients with tests like blood pressure, cholesterol, blood sugar, and ECG help detect the condition of the heart, and treatment can be started in time. He mentioned to do physical activity, to have proper diet, and managing stress can help prevent heart disease.

GAPIO Honors' List - August - September 2025

Dr. Ashok Seth, 'Padma Bhushan', 'Padma Shri' and 'B. C. Roy' Awardee, and chairman - Fortis Escorts Heart Institute, has been conferred the Excellence in Medicine (Cardiology) Award by Delhiites in New Delhi, in recognition of outstanding contributions to the advancement of cardiology and patient care.

- He has Served as Course Director for the 1st CHIP-CTO Grand Rounds with IPCA in New Delhi, providing academic leadership and driving discussions on complex coronary interventions.
- He delivered Virtual Lecture II (of IV) – “Breaking Boundaries: Role of ARNi beyond HFrEF – Focus on the use of ARNi (Sac/Val)”, emphasizing evolving strategies in heart failure management.
- He has been invited as Faculty at the IIC Summit in Gurgaon, contributing to scientific deliberations and academic exchange.

Dr. Deepa Passi, Paediatrician, New Delhi, has achieved the following:

- Won the individual award for the activities conducted in the field of adolescent paediatrics in the current year at Adolescon 2025 at Ahmedabad.
- Won the Delhi state award for the activities in the adolescent paediatrics under my chairmanship of Delhi adolescent health academy, 2025.
- Awarded certificate of appreciation for:
 - i. Coffee Sips Book on Adolescent Paediatrics
 - ii. PCC (Pre-Conception-Care) Textbook in Adolescent Paediatrics
 - iii. Contributing a chapter in Parenting module under central AHA

Dr. Keerti Singh, Senior Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has following publication:

- Shah R, Mostafa T, Al Hashimi M, Pinggera GM, Zohdy W, Şahin B, Alipour H, Palani AF, Singh K, Agarwal A et al. The Global State of Contemporary Andrology Practice: A Comprehensive Analysis of Clinical Practice, Training Pathways, and Emerging Challenges. World J Mens Health. 2025 Jun 25. doi: 10.5534/wjmh.250039. <https://wjmh.org/DOIx.php?id=10.5534/wjmh.250039>

Dr Naveen Thacker, Executive Director, International Paediatric Association, have been named a “Goalkeepers 2025 Champion”, a recognition by the Gates Foundation, awarded on September 22nd, 2025, in New York City.

Professor Neeraj Bhala, Professor of Gastroenterology, Academic Director and Head of Gastroenterology and Hepatology at Melbourne Digestive Diseases Centre (MDDC), have been awarded Bisset Hawkins Medal from Royal College of Physicians of London. This triennial award, first awarded in 1899, recognises outstanding contributions to public health and sanitary science with previous recipients including Sir Ronald Ross, Sir Richard Doll and Sir Michael Marmot amongst others (https://en.wikipedia.org/wiki/Bisset_Hawkins_Medal) Acknowledging those awardees from the past 125 years, Prof Bhala is humbled to join this list especially as the first Indian origin foreign gold medallist.

Dr O P Sharma, Sr. Consultant Geriatric Medicine at New Delhi is the Chief Editor of First Textbook on Geriatric Endocrinology jointly produced by Endocrine Society of India & Geriatric Society of India. The book was released on 5th September 2025 at Kolkata during ESICON 2025.

- He is the Chief Editor of fourth online certificate course in Geriatric Medicine by Geriatric Society of India.
- He is the Chief Editor of Indian Journal of Geriatric Care, a four monthly journal of Geriatric Society of India.

Dr. (Prof.) P. N. Renjen, Senior Consultant Neurologist (Stroke), Delhi's Stroke Services was invited as a distinguished speaker at the Himalayan International Stroke Summit 2025 held in Kathmandu, Nepal, on the 16th and 17th of August 2025, where he delivered a talk on “Antiplatelet agents in stroke prevention—covering single therapy, combinations, newer agents, and antiplatelet resistance”.

- Dr Renjen received the prestigious Blackbuck Pioneer Researcher Award 2025 on 10th August from the National Medical Forum and Medical Dialogues. This recognition stands as a testament to his unwavering commitment to excellence and innovation in medical research in the field of Neurology.
- Zocto News has recognized Dr Renjen, among India's Top 100 Doctors, based on outstanding online reputation, patient feedback, and professional contributions. This honor has been conferred after a comprehensive evaluation across 20 key parameters.

GAPIO Honors' List - August - September 2025

Dr. Premkumar Balachandran, Senior Consultant and Clinical Lead at Chennai have been appointed as "Educational supervisor" by AHERF and have been appointed as "International Advisor" by the Royal college of Surgeons of Glasgow.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi has published the following papers in August and September:

- Roy C, Roshan M, Goyal N, Rana P, Ghonge NP, Jena AN, Vaishya R, Ghosh S. MRI detection and grading of Knee Osteoarthritis - A pilot study using an AI technique with a novel imaging-based scoring system. *Biomaterial Science* 2025; DOI: 10.1039/D5BM00470E
- Vaishya R, Vaish A. Evolution of Indian Orthopaedics and the Legacy of its Pioneers. *Annals of National Acad Med Sc* 2025; doi:10.25259/ANAMS_29_2025
- Vaishya R, Jain VK. Navigating the AI Frontier: Balancing Efficiency and Integrity in Orthopaedic Peer Review. *J Clin Orthop Trauma* 2025; 103183. doi: 10.1016/j.jcot.2025.103183
- Migliorini F, Simeone F, Bardazzi T, Memminger MK, Pipino G, Vaishya R, Maffulli N. Regenerative Cartilage Treatment for Focal Chondral Defects in the Knee: Focus on Marrow-Stimulating and Cell-Based Scaffold Approaches. *Cells*. 2025; 14(15):1217. <https://doi.org/10.3390/cells14151217>
- Vaishya R, Gupta BM, Dhawan SM, Mamdapur GMN, Singh Y, Bansal J. Medical and Local Disease Related Research on Nepal: A Study of Top 100 High-Cited Papers during 1994-2023. *DESIDOC J Lib Info Tech* 2025; 45(6): 1-16, DOI : 10.14429/djlit.20530
- Vaishya R, Bagga A, Sibal A, Kar S, Reddy S. Artificial Intelligence in Pediatrics: Expanding Horizons and Addressing Challenges – A Comprehensive Review. *Benha Medical Journal* 2025; DOI: 10.21608/bmfj.2025.390938.2450.
- Singla R, Mittal UR, Vaish A, Vaishya R. Optimizing limb alignment in total knee arthroplasty: Techniques, outcomes, and future directions. *J Arthrosc Jt Surg* 2025; 10.4103/jajs.jajs_145_24
- Vaishya R, Johari AN, Gupta BM, Kappi MK, Mamdapur GMN, Vaish A. Global High-Cited Pediatric Fracture Research: Bibliometric Assessment of Scopus Publications (1929 - 2024). *Ind J Orthop* 2025; <https://doi.org/10.1007/s43465-025-01551-x>
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GAPIO Honors' List - August - September 2025

Dr Raju have been listed in the Top 2% global Research's list of Stanford University, USA for the 6th successive year in 2025, with 1st rank among 14 listed Indian Orthopaedic Surgeons.

Dr Raju has given following 2 presentations:

- AI in Research Publishing: A friendly participation or invasion. Publish for India conference. Vigyan Bhawan, New Delhi, 19th Sept. 2025.
- Editorial Integrity and Innovation. Editorial Workshop of Scientific Scholars. Lalit Hotel, New Delhi 20th Sept. 2025.

Dr Rajul Rastogi, Professor, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP has following achievements:

- Delivered a Faculty Lecture in National Conference of Society of Emergency Radiology held on 23rd August at Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow, Uttar Pradesh along with many International Faculty.
- Delivered a Guest Lecture in CME organized on 27th August by the Teerthanker Mahaveer College of Paramedical Sciences with the theme of "Revolutionizing Diagnostic Radiology: Emerging AI Innovations in Medical Imaging" with an important message that Artificial Intelligence or more aptly Augmented Human Intelligence should be utilized Smartly, Ethically and Legally for the welfare of mankind.
- Delivered a lecture on "Acute Non-Traumatic Brain Emergencies" during the "Acute Neuro Care-2025" conference recently organized by the Department of Anesthesia under the Aegis of Neurocritical care Society of India (NCSI) and Indian Society of Neuroanesthesiology & Critical Care (ISNACC) in Teerthanker Mahaveer Medical College & Research Centre, Moradabad, U.P. and conducted a Master Workshop on USG in Acute Emergency (including eFAST, pneumothorax, ECHO, airway imaging, etc.) aiming to upskill the newer generation of doctors involved in Critical Care. Also Judged the Competitive Scientific Paper Presentations by Post-Graduate Residents.

Dr Varadraj Velamoor, Professor Emeritus Psychiatry, Schulich School of Medicine, Western University, Canada has written a book of poems "Echoes of Silence" been published by TDW publications.

Dr. Vinit Kumar Srivastava, Senior Consultant Neuroanesthesia, Bilaspur, Chhattisgarh, has published Original Research Paper on topic "Anaesthetic Management of an Elderly Obese Patient with Recent Coronary Artery Disease Scheduled for Intertrochanteric Hip Fracture Surgery" in "International Journal of Scientific Research (IJSR)".

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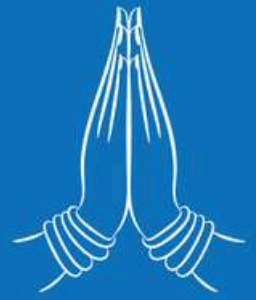


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