

Improving Health Worldwide



Dr. Arun Garg Honored with Fraser Health's Lifetime Achievement Award

Dr. Arun Garg, Executive Committee member of GAPIO and Program Medical Director of the South Asian Health Institute, has been honored with the prestigious Lifetime Achievement Award by Fraser Health. This accolade recognizes his extraordinary contributions to healthcare innovation and his dedication to improving the well-being of diverse communities.

Throughout his four-decade career, Dr. Garg has championed transformative changes, including establishing Fraser Health's integrated laboratory medicine services and founding the South Asian Health Institute, which fosters culturally sensitive healthcare. His work with the Canada India Network Society (CINS) further highlights his commitment to global collaboration and public health advocacy.

Reflecting on his journey, Dr. Garg expressed gratitude, stating, "This award is a testament to the collective efforts of my colleagues and team." His peers praised him as a visionary leader whose legacy continues to inspire.

Congratulations to Dr. Arun Garg for this well-deserved recognition of his remarkable contributions to healthcare.



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GAPIO Member Dr. Rajul Rastogi Delivers Expert Lecture on Elastography in Liver Cancer at International Conference

Dr. Rajul Rastogi, GAPIO Member and a Senior Radiologist in the Department of Radiodiagnosis at Teerthanker Mahaveer Hospital & Research Center, delivered a distinguished lecture at the "International Conference on Ultrasound Imaging – DopplerCon 2024". The conference was hosted by the prestigious Teerthanker Mahaveer University (TMU) and focused on cutting-edge advancements in ultrasound imaging. Dr. Rastogi's lecture, titled "Role of Elastography and Fat Quantification in Hepatic Imaging," shed light on the critical application of elastography in liver cancer diagnosis and management. He emphasized the growing significance of advanced imaging techniques in accurately diagnosing hepatic conditions, staging liver diseases, and monitoring treatment efficacy.

During his presentation, Dr. Rastogi elaborated on:

- The potential of elastography in differentiating between benign and malignant liver lesions.
- Its role in assessing liver stiffness for early detection of fibrosis and cirrhosis.
- How fat quantification methods are transforming the understanding and management of hepatic steatosis.

The online session garnered participation from radiology experts, healthcare professionals, and students worldwide. Dr. Rastogi also highlighted recent technological advancements, including the development of novel elastography techniques that are improving diagnostic accuracy and patient outcomes.

Dr. Rajul Rastogi expressed gratitude to TMU for providing a platform to discuss such advanced topics and emphasized the need for integrating elastography into routine clinical practice for liver disease management.

टीएमयू के प्रो. राजुल रस्तोगी ने डॉप्लरकॉन में बताई लीवर कैंसर में इलास्टोग्राफी की उपयोगिता

मेडिकलिक की ओर से डॉप्लर अल्ट्रासाउंड इमेजिंग पर इंटरनेशनल कॉन्फ्रेंस- डॉप्लरकॉन-2024, तीर्थकर महावीर हॉस्पिटल एंड रिसर्च सेंटर में रेडियोलॉजिस्ट विभाग के वरिष्ठ रेडियोलॉजिस्ट प्रो. राजुल रस्तोगी ने रोल ऑफ इलास्टोग्राफी एंड फेट क्वांटिफिकेशन इन हेपेटिक इमेजिंग पर दिया ऑनलाइन व्याख्यान

विधान केसरी समाचार

मुरादाबाद। मेडिकलिक की ओर से डॉप्लर अल्ट्रासाउंड इमेजिंग पर आयोजित ऑनलाइन इंटरनेशनल कॉन्फ्रेंस डॉप्लरकॉन-2024 में जाने-माने रेडियोलॉजिस्ट ने डॉप्लर अल्ट्रासाउंड के क्षेत्र में आने वाले चैलेंज पर अपने-अपने अनुभव साझा किए। डॉप्लरकॉन-2024 में तीर्थकर महावीर हॉस्पिटल एंड रिसर्च सेंटर में रेडियोलॉजिस्ट विभाग के वरिष्ठ रेडियोलॉजिस्ट प्रो. राजुल रस्तोगी ने रोल ऑफ इलास्टोग्राफी एंड फेट क्वांटिफिकेशन इन हेपेटिक इमेजिंग पर व्याख्यान दिया। प्रो. राजुल ने अपने व्याख्यान में विशेष रूप से लीवर कैंसर और बीमारियों की प्रारंभिक अवस्था में निदान, उपचार

और रोकथाम में अल्ट्रासाउंड इलास्टोग्राफी की भूमिका पर विस्तार से प्रकाश डाला। उन्होंने एक नई तकनीक- अल्ट्रासाउंड इलास्टोग्राफी फ्रैक्शन के महत्व को बताते हुए कहा, इस तकनीक की सहायता से प्रारंभिक अवस्था में ही फेटी लीवर और नॉन एल्कोहॉलिक फेटी लीवर डीसीज की रोकथाम के संग-संग उपचार में भी सहायता मिलती है। प्रो. राजुल के अलावा मुंबई, दिल्ली, गुरुग्राम, चेन्नई, हैदराबाद समेत यूरूप, बंगलादेश आदि के जाने-माने रेडियोलॉजिस्ट ने भी ऑनलाइन शिरकत की। उल्लेखनीय है, कॉन्फ्रेंस का मुख्य उद्देश्य डॉप्लर अल्ट्रासाउंड



इमेजिंग की सुविधा, पहुंच और अल्ट्रासाउंड की गुणवत्ता बढ़ाने के लिए ज्ञान का संवर्धन करना रहा। प्रख्यात वक्ताओं के ज्ञान और व्यावहारिक सुझावों ने डॉप्लर अल्ट्रासाउंड अभ्यास और नई अवधारणाओं को सीखने के संग-संग दैनिक जीवन की चुनौतियों को दूर करने के लिए नई अंतर्दृष्टि, टिप्स और ट्रिक्स बताई। डॉप्लरकॉन-2024 में मुंबई के डॉ.

जुवेर काजी रोल ऑफ पेनाइल डॉप्लर इन इरेक्टल डिस्फंग्यशन, हैदराबाद के डॉ. अब्दुल मतीन रोल ऑफ लीवर डॉप्लर इन सीएलडी एंड बड वेरी सिंड्रोम, कोलकाता की डॉ. सुदेशना मालाकर पोस्ट

लीवर ट्रांसप्लांट डॉप्लर इवेल्यूएशन, ढाका, बंगलादेश के डॉ. कनु बाला डॉप्लर बेसिस: वेक्कोमंस एंड इंटरप्रेटेशन, गुरुग्राम के डॉ. तरुण प्रोवर पैरीफेरल वेन्स डॉप्लर: ए सर्जनस परस्पैक्टिव, इंदौर के डॉ. सुधीर गोखले पैरीफेरल आर्टिरिअल डॉप्लर, इंदौर की डॉ. श्वेता नागर प्री एंड पोस्ट ओपी असेसमेंट ऑफ हीमोडाइलिसिस एसेस एवी फिस्चुअल,

मुंबई के डॉ. निविन चौबल रोल ऑफ डॉप्लर इन रीनोवेसकुलर हाइपरटेंशन, चेन्नई के डॉ. पीएम वेंकट साई कारोटिड एंड वर्टिकल आर्टिरिअल डॉप्लर इवेल्यूएशन, दिल्ली की डॉ. मंजु विरमानी रोल ऑफ डॉप्लर इन गायनोवलोजी, दिल्ली के डॉ. अशोक सुराना डॉप्लर इन ऑक्सिडेटिव्स: ए युजर्स ओवरव्यू, मुंबई के डॉ. चंदर तुलुटा डुक्टस वेनोसस एंड यूटेराइन आर्टरी डॉप्लर, दिल्ली के डॉ. अशोक वाष्ण्य अम्बलिकल आर्टरी एंड एमसीए डॉप्लर इवेल्यूएशन, दिल्ली के डॉ. जतिन कुमार आर्टिक इस्थमस डॉप्लर एंड इट्स रोल इन स्टेमिंग एंड मैनेजमेंट ऑफ एफजीआर, न्यूयॉर्क-यूरूप के डॉ. विक्रम डोगरा पोस्ट रैनल ट्रांसप्लांट डॉप्लर इवेल्यूएशन पर अपने-अपने अनुभव साझा किए।

GAPIO Member Dr. Bellamkonda Kishore Receives Mahatma Gandhi Leadership Award at Oxford University

On October 2, 2024, Dr. Bellamkonda Kishore was honored with the prestigious Mahatma Gandhi Leadership Award by the NRI Welfare Society of India in a ceremony held at the University of Oxford, United Kingdom, commemorating the birth anniversary of Mahatma Gandhi.

The NRI Welfare Society, established to strengthen emotional and cultural ties between India and the global Indian diaspora, recognizes the outstanding contributions and achievements of Non-Resident Indians.

Dr. Kishore, a distinguished academician and innovator who has recently ventured into entrepreneurship, was celebrated for his remarkable contributions in advancing knowledge and fostering innovation.

This recognition reflects his exceptional dedication to excellence and his commitment to creating a positive impact globally. Congratulations to Dr. Bellamkonda Kishore on this well-deserved honor!



GAPIO Member Dr. Ashish Aneja Leads Free Health Check-Up Camp on World Diabetes Day

On the occasion of World Diabetes Day, Dr. Ashish Aneja, representing the Global Association of Physicians of Indian Origin (GAPIO) and a key member of Max Super Specialty Hospital, Mohali, spearheaded a free health check-up camp in collaboration with Kurukshetra University's Health Centre. The initiative aimed to raise awareness about diabetes prevention and management while offering free medical consultations to the university staff.

The event was conducted under the guidance of Prof. Somnath Sachdeva, Vice-Chancellor of Kurukshetra University, with coordination by Prof. Asha Chaudhary, Director of the Student Welfare Centre. Dr. Aneja emphasized the importance of early detection and regular health check-ups in combating chronic conditions such as diabetes. He also highlighted GAPIO's commitment to improving global healthcare outcomes through such initiatives. The camp provided a range of diagnostic services, including tests for blood sugar levels, blood pressure, hemoglobin, BMI, and kidney functions. Over 300 individuals availed themselves of the free health services, which were led by Dr. Ashish Aneja (Endocrinologist) and his expert team. The event also featured consultations on adopting healthier lifestyles, with a focus on dietary habits and physical activity to prevent and manage diabetes.



GAPIO Delegation under the leadership of Dr Sanku Rao, Past President of GAPIO, visits Zanzibar and Engages with the President and Health Minister

In October 2024, a delegation of 24 physicians from the USA visited Tanzania and Zanzibar under the Global Association of Physicians of Indian Origin (GAPIO). While the primary purpose of the trip was the Serengeti Safari, the delegation also had the honor of meeting Hon. Dr. Hussein Ali Mwinyi, President of Zanzibar, and Hon. Nassor Ahmed Mazrui, Health Minister. The meeting, arranged by Dr. Nazir Arab, GAPIO member and Presidential Council member residing in Tanzania, also included discussions with Dr. Salim Slim, Secretary of Health.

The meeting, held under the banner of GAPIO, provided an opportunity to introduce the organization and its mission to improve healthcare globally. Dr. Sanku Rao, representing GAPIO, appraised the President of GAPIO's vision and the willingness of its members—comprising experts across various medical fields—to collaborate and contribute toward advancing healthcare in Zanzibar.

During the meeting, Dr. Rao highlighted critical areas for collaboration, emphasizing the need to identify skill gaps, deficiencies in infrastructure, and both short- and long-term healthcare goals. A specific example was presented around reducing Zanzibar's Infant Mortality Rate (IMR) and Maternal Mortality Rate (MMR). Zanzibar's IMR stands at 42 per 1,000 live births, compared to the USA's 5.3 per 1,000, while MMR in Zanzibar is 145 per 100,000 live births, against the USA's 22.3 per 100,000.

The President acknowledged these challenges and shared the need to first focus on improving infrastructure in District Hospitals before moving forward with collaborative initiatives. The delegation expressed readiness to support Zanzibar in achieving sustainable improvements in healthcare through knowledge sharing and capacity building. This meeting symbolized GAPIO's commitment to fostering global partnerships and leveraging its expertise to address critical healthcare challenges worldwide. It marked a significant step toward strengthening the healthcare landscape in Zanzibar through meaningful collaboration.



GAPIO Radiology International Lecture Series: Imaging and Pitfalls in Cardiothoracic Trauma

On October 11, 2024, the Global Association of Physicians of Indian Origin (GAPIO) hosted an enlightening session as part of the GAPIO Radiology International Lecture Series. The topic, “Imaging and Pitfalls in Cardiothoracic Trauma,” brought together esteemed experts to share insights and advancements in managing complex trauma cases through imaging techniques.

The session began with Dr. Nandakumar Jairam, President of GAPIO, delivering the welcome and opening remarks, setting the tone for a highly engaging and informative event

Prof. Subodh Kumar, Chairperson and Executive Director of NBEMS, provided special remarks, emphasizing the significance of radiology in improving diagnostic accuracy and patient outcomes in cardiothoracic trauma.

The event featured three focused presentations:

- **Dr. Atin Kumar**, Professor of Radiology at AIIMS, New Delhi, discussed “Imaging Findings and Pitfalls in Lung Trauma,” highlighting key diagnostic challenges and advancements.
- **Dr. Asutosh Sahu**, Cardiothoracic Imaging and Emergency Radiology expert from Toronto, Canada, presented on “Imaging Findings and Pitfalls in Cardiac and Vascular Trauma,” sharing cutting-edge techniques to enhance diagnostic precision.

The session concluded with a robust Question and Answer segment moderated by Prof. Subodh Kumar and Dr. Vinita Sharan, fostering interactive discussions and clarifying complex radiological concepts.

The event concluded with a vote of thanks delivered by Dr. Sushil Jain, Honorary Advisor, GAPIO, who expressed gratitude to the speakers and participants for their valuable contributions.

This lecture series provided participants with actionable knowledge on identifying and managing imaging pitfalls in cardiothoracic trauma, ensuring healthcare professionals are better equipped to handle critical cases with confidence and accuracy.

GAPIO
Global Association of Physicians of Indian Origin

GAPIO Radiology International Lecture Series
Organized by Global Association of Physicians of Indian Origin (GAPIO)

Imaging and Pitfalls in Cardiothoracic Trauma

7:00 PM IST on Friday, 11th October 2024
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 2:30 PM BST (UK), 12:30 AM (12 October – Sydney, Australia)

Join us: <https://us02web.zoom.us/j/84447505755>

Welcome and Opening Remarks		Dr. Nandakumar Jairam President – GAPIO Former Chairman of Medica Synergie Group of Hospitals Advisor Shyamrad President R.B.A.N.M's and Health Care Consultant	3 mins
Special Remarks by Chairperson		Prof. Subodh Kumar Executive Director - NBEMS Professor of Surgery Division of Trauma Surgery & Critical Care, JPN Apex Trauma Center AIIMS, New Delhi	5 mins
Imaging Findings and Pitfalls in Lung Trauma		Dr. Atin Kumar Professor of Radiology AIIMS, New Delhi	20 mins
Imaging Findings and Pitfalls in Cardiac and Vascular Trauma		Dr. Asutosh Sahu Cardiothoracic Imaging and Emergency Radiology Toronto, Canada	20 mins
Question & Answer		Prof. Subodh Kumar Dr. Vinita Sharan	10 mins
Vote of Thanks		Dr. Sushil Jain Honorary Advisor, GAPIO	2 mins

MODERATOR

Dr. Vinita Sharan
Senior Radiology Consultant, DeepTek Medical Services, Pvt. Ltd
Adjunct Faculty, Public Health Foundation of India (PHFI)
Advisor Radiology CMEs, GAPIO
Former Associate Professor, San Beda College of Medicine, Philippines and Public Health Consultant

CHAIRPERSON

Prof. Subodh Kumar
Executive Director - NBEMS
Professor of Surgery
Division of Trauma Surgery & Critical Care, JPN Apex Trauma Center AIIMS, New Delhi

GAPIO Leadership

Past Presidents and Emeritus Advisors
Dr. Prathap C Reddy
Dr. Sanku Rao
Dr. Ramesh Mehta
Dr. Anupam Sibal

Current Leadership
Dr. Nandakumar Jairam, President
Dr. Sudhir Parikh, Vice President
Dr. Rohini Sridhar, Secretary General
Dr. Abhijat Sheth, Joint Secretary
Dr. V K Raju, Treasurer
Dr. Sushil Jain, Honorary Advisor

SOCIAL MEDIA COVERAGE

Diwali Greetings: Spreading Light and Healing

On the auspicious occasion of Diwali, GAPIO extended warm wishes to all doctors and healthcare professionals for a festival filled with light, health, and prosperity.

This Diwali, GAPIO celebrated the dedication and compassion of those who illuminated lives with healing and hope, just as diyas brightened homes and hearts.

Wishing everyone a safe and joyous Diwali, GAPIO recognized the unwavering efforts of healthcare professionals in making a difference in the lives of many. ✨



SOCIAL MEDIA COVERAGE

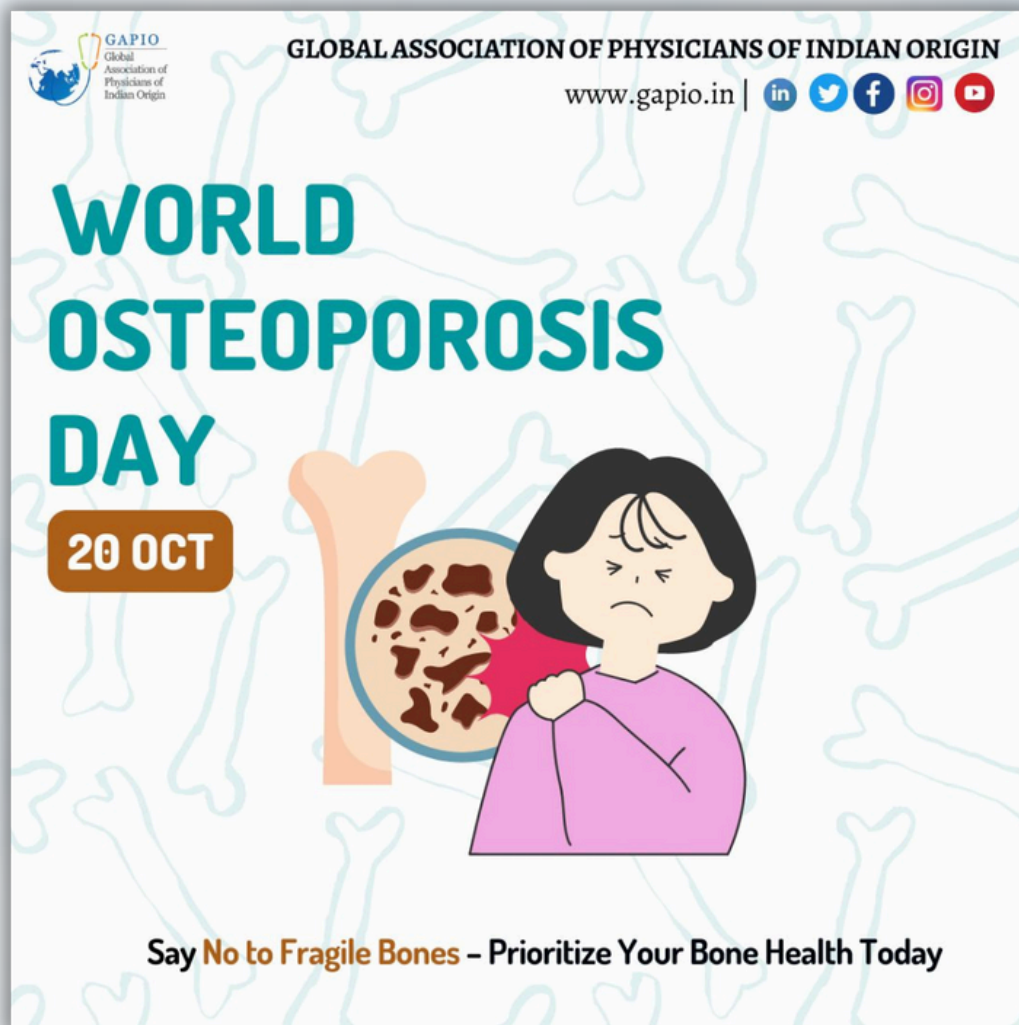
World Osteoporosis Day: Say No to Fragile Bones

On World Osteoporosis Day 2024, GAPIO united with healthcare professionals to raise awareness about the critical importance of bone health.

Recognizing the vital role of early diagnosis, prevention, and treatment of osteoporosis, GAPIO emphasized the need for timely action to reduce the risk of fractures and enhance patients' quality of life.

By empowering individuals with knowledge and advocating for strong bones, GAPIO reaffirmed its commitment to promoting better bone health and encouraging everyone to "Say No to Fragile Bones."

Let's continue to prioritize bone health for a stronger, healthier future.



SOCIAL MEDIA COVERAGE

Dussehra: Strength and Victory for Better Healthcare

On the auspicious occasion of Dusshera, GAPIO celebrated the spirit of triumph over challenges, drawing inspiration to conquer the obstacles faced in healthcare.

This day symbolized the victory of good over evil, inspiring healthcare professionals to continue their unwavering efforts toward delivering compassionate and quality care for all.

As we reflect on this celebration, GAPIO reaffirmed its dedication to supporting and empowering the healthcare community in overcoming barriers and building a healthier future for everyone.

Wishing strength and victory in every battle for better healthcare. 🏹



SOCIAL MEDIA COVERAGE

World Arthritis Day: Promoting Informed Choices for Better Outcomes

On World Arthritis Day, GAPIO highlighted the theme “Informed Choices, Better Outcomes.” This important day focused on empowering individuals living with rheumatic and musculoskeletal diseases to make informed decisions in collaboration with healthcare professionals.

GAPIO emphasized the significance of accessing accurate information and consulting trusted healthcare providers to achieve better health outcomes. By raising awareness and encouraging informed choices, GAPIO reaffirmed its commitment to improving the quality of life for those affected by arthritis.

Together, let us continue to support and empower individuals on their journey toward better health.



The poster features a large, light-colored hand in the background. In the center, a magnifying glass focuses on a joint with a red inflamed area. To the left, a man sits on a stool holding his knee in pain. To the right, a woman kneels holding her knee in pain. The text 'WORLD ARTHRITIS DAY' is in large blue letters, with a purple ribbon symbol and 'OCT 12' in a purple box. At the top, the GAPIO logo and website are displayed, along with social media icons for LinkedIn, Twitter, Facebook, Instagram, and YouTube. The bottom text reads 'Informed Choices, Better Outcomes' and 'Empowering people with the right information to manage arthritis.'

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Global Association of Physicians of Indian Origin

GLOBAL ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN

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WORLD ARTHRITIS DAY  **OCT 12**

Informed Choices, Better Outcomes
Empowering people with the right information to manage arthritis.

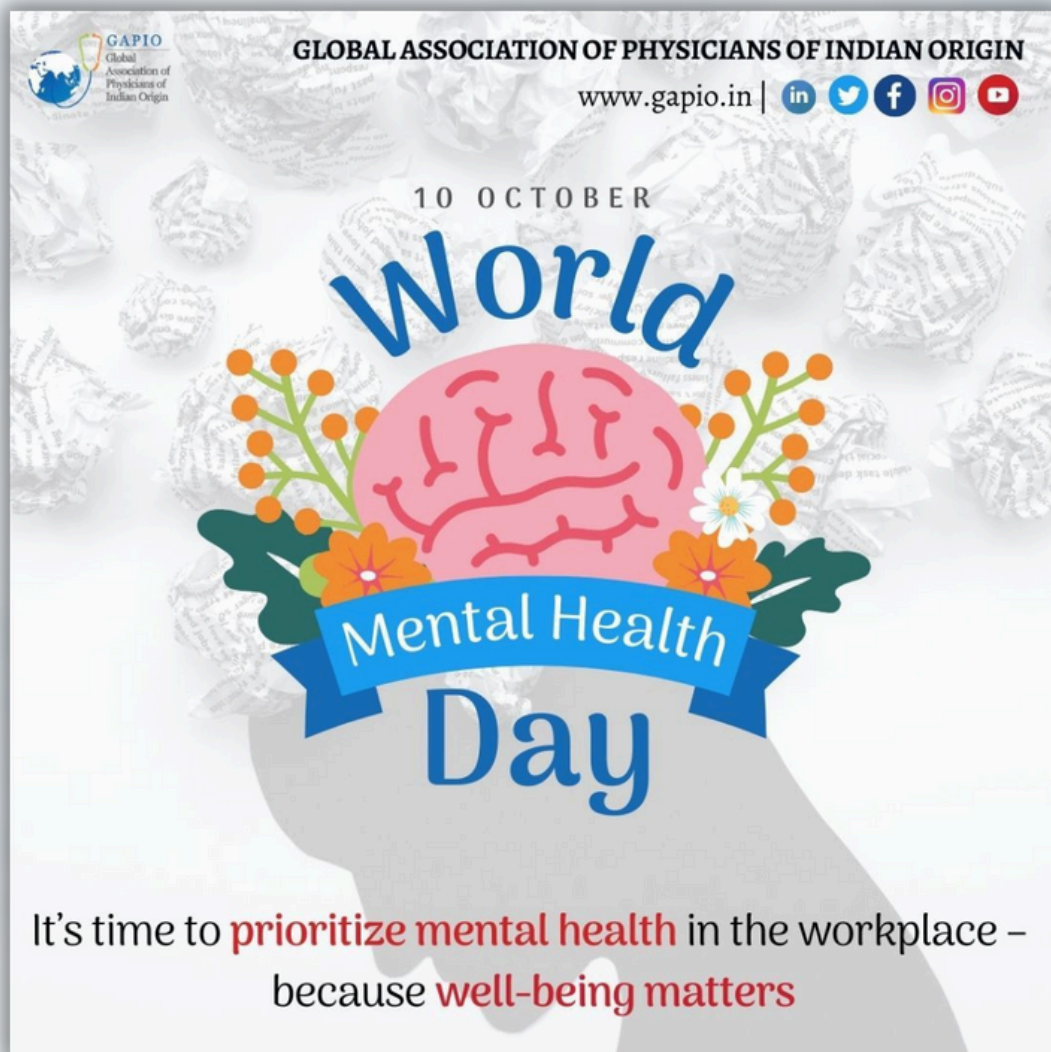
SOCIAL MEDIA COVERAGE

World Mental Health Day: Prioritizing Well-Being in the Workplace

On this World Mental Health Day, GAPIO emphasized the importance of the theme, “It is Time to Prioritize Mental Health in the Workplace.” This day served as a call to action for fostering environments that promote mental well-being, ensuring support and care are integral parts of every workplace.

GAPIO encouraged healthcare professionals and organizations to recognize that mental health is not just a personal priority but also a foundation for thriving employees and productive workplaces. By advocating for mental health initiatives, we can build stronger, healthier communities.

Together, let us reaffirm our commitment to making mental health a priority for all.



SOCIAL MEDIA COVERAGE

World Cerebral Palsy Day: Celebrating Uniqueness and Advocating Inclusion

On this World Cerebral Palsy Day, GAPIO honored the resilience and individuality of those living with Cerebral Palsy under the theme #UniquelyCP. This significant day aimed to raise awareness, inspire positive change, and promote accessibility and inclusion for individuals with CP and their families.

GAPIO emphasized the importance of empowering stories, fostering understanding, and advocating for a more inclusive society where every individual's unique journey is celebrated and supported.

Together, let us continue to create a world that values and embraces the strengths of all individuals, regardless of their challenges.



GAPIO
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World
Cerebral Palsy Day

October
6

Celebrate uniqueness and empower the stories of those living with
Cerebral Palsy #UniquelyCP

SOCIAL MEDIA COVERAGE

World Meningitis Day: Promoting Awareness and Early Action






On World Meningitis Day, GAPIO reaffirmed its commitment to raising awareness about meningitis, a life-threatening disease that demands early detection and effective prevention.

This day highlighted the critical role of healthcare professionals in educating communities about the importance of timely diagnosis and treatment to save lives. GAPIO emphasized the need for collective efforts to combat meningitis and reduce its impact on individuals and families worldwide.

As we reflect on this day, GAPIO encourages continued advocacy and action to ensure that awareness, resources, and support reach those most at risk, strengthening the global fight against meningitis. Together, we can make a lasting difference.

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Early action makes all the difference.

SOCIAL MEDIA COVERAGE

Gandhi Jayanti: Honoring the Legacy of Truth and Non-Violence

On October 2, 2024, GAPIO proudly observed Gandhi Jayanti, paying homage to the Father of the Nation, Mahatma Gandhi. This significant day served as a reminder of his unwavering dedication to the principles of non-violence and truth, which continue to inspire individuals and communities worldwide.

GAPIO reflected on the enduring relevance of Gandhian values in healthcare, emphasizing compassion, integrity, and service to humanity. The organization acknowledged the collective responsibility of advancing equitable and accessible healthcare for all, aligning with Gandhi's vision of a harmonious and inclusive society.



HEALTH TIPS/FACTS

Top 10 Culture Change Interventions to Reduce Burnout and Improve Physician Well-being

Physician burnout is a serious issue impacting healthcare professionals. Here are ten key strategies to promote well-being and improve patient care:

1. **Workload Management:** Reduce excessive hours and offer flexible work arrangements.
2. **Leadership Development:** Invest in leadership training to foster supportive environments.
3. **Wellness Committees:** Establish dedicated teams to promote well-being initiatives.
4. **Wellness as a Quality Indicator:** Prioritize physician well-being as a key performance metric.
5. **Peer Support Groups:** Create spaces for open dialogue and shared experiences.
6. **Strong Team Culture:** Foster collaboration and positive relationships among colleagues.
7. **Communication Skills Training:** Enhance communication skills to improve patient interactions.
8. **Workflow Optimization:** Streamline processes to reduce workload and stress.
9. **Collaborative Approach:** Implement collaborative models to address concerns and promote engagement.
10. **Mental Health Support:** Reduce stigma and encourage seeking help when needed.

By implementing these strategies, healthcare organizations can create a more supportive and fulfilling work environment for physicians.



HEALTH TIPS/FACTS

Physician Self-Care: A Prescription for a Healthier You

Physician burnout is a growing concern, affecting the well-being of healthcare professionals worldwide. Prioritizing self-care is essential to maintain a healthy work-life balance and deliver optimal patient care.

Key Strategies for Physician Self-Care:

1. **Mindfulness and Meditation:** Practice mindfulness techniques like meditation and deep breathing to reduce stress and improve focus.
2. **Healthy Lifestyle:** Prioritize sleep, nutrition, and regular exercise to maintain physical and mental health.
3. **Time Management:** Set realistic goals and prioritize tasks to avoid feeling overwhelmed.
4. **Connect with Others:** Build strong relationships with colleagues, family, and friends to provide emotional support.
5. **Seek Professional Help:** Don't hesitate to consult a mental health professional if you're struggling with burnout or other mental health issues.
6. **Forgiveness:** Practice forgiveness to let go of resentment and anger, which can contribute to stress and anxiety.
7. **Immerse Yourself in Nature:** Spend time in nature to reduce stress and improve mental well-being.

By implementing these strategies, physicians can improve their overall well-being, reduce stress, and enhance their ability to deliver compassionate and effective patient care.

Remember, a healthy physician is a better physician.

Source: <https://physiciansanonymous.org/physician-self-care>



GAPIO Honors' List October 2024



Dr Arun Garg, Program Medical Director for the South Asian Health Institute, honored with “Lifetime Time Achievement”, the highest award given at Fraser Health to a staff member under the banner of “Above and Beyond”.

- Dr Arun Prasad, Surgical Gastroenterology, Clinical Lead, GI & Bariatric, at New Delhi, has co-authored “MGB-OAGB International Club- Results of a Modified Delphi Consensus on Controversies in OAGB”, which has been accepted for publication in “Obesity Surgery” journal, the global number 1 journal for Bariatric Surgery with highest impact factor.

Dr. Bellamkonda Kishore, Adjunct Professor of Medicine, University of Utah Health; President, CEO & CSO, ePurines, Inc., Univ. of Utah Research Park, Salt Lake City, UT, USA, on October 2nd, on the eve of the birth anniversary of Mahatma Gandhi, was bestowed Mahatma Gandhi Leadership Award by the NRI Welfare Society of India*, in a ceremony that was held at the Oxford University, United Kingdom. Dr. Kishore is an academician and innovator who turned to entrepreneurship recently.

Dr. Keerti Singh, Senior Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has been appointed as a member of the University of the West Indies Cave Hill Campus Interfaculty TimeTabling Committee, being the MBBS Phase I Coordinator.

- Dr Keerti has been elected as a two-year Director of the Executive Committee of the Optimist Club of Barbados North. Optimist year 2024 - 2026.

Dr Komal Kushwaha, Principal - BRD Medical College Gorakhpur, U. P.; has been awarded P Sudarshan Reddy oration by Sushena Foundation, Hyderabad.

Dr O. P. Sharma, Sr. Consultant, Geriatric Medicine at New Delhi, has been conferred upon D Lit by MP Bhoj university on 1st October 2024.

GAPIO Honors' List October 2024

Dr. Premkumar Balachandran, Senior Consultant and Clinical Lead at Chennai invited as a faculty at Institutes of hernia surgery and abdominal wall reconstruction, at the Harvard Medical School, Massachusetts General Hospital.

- Dr. Premkumar has also been invited as faculty at the Hernia Society of India - National Conference held at Indore and delivered a lecture on management of “loss of domain hernias”.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi has published the following papers:

- Vaishya R, Vaish A, Iyengar KP. The COVID-19 pandemic: Quantifying the deficit and beyond. Bull Royal Coll Surg Engl. Published on 30th Oct. 2024; 106 (8): 456-57. DOI: 10.1308/rcsbull.2024.145
- Vaishya R, Vaish A. Early vs. Delayed MLKI Surgery: A Trade-off Between Function and Complications. J Bone Jt Surg. Published on 28th October 2024. Available at: file:///C:/Users/CROMA/Downloads/jbjs.23.00795.e101.pdf
- Nagarajan L, Khatri A, Sudan A, Vaishya R, Ghosh S. Deep Learning Augmented Osteoarthritis Grading Standardization. Tissue Eng Part A. 2024 Oct;30(19-20):591-604. doi: 10.1089/ten.TEA.2023.0206.
- Vaishya R, Mehta R, Vaish A. Enhancing Diversity in Orthopedic Surgery: Insights and Interventions from the US to India. J Bone Jt Surg-Open Access. Published on 22nd Oct 2024. Available at: file:///C:/Users/drraju_v/Downloads/jbjs.oa.24.00077.e101%20(3).pdf
- Vaishya R, Vaish A. Globalizing Research Productivity Metrics: Insights and Implications for LMICs from an Orthopaedic Study. J Bone Jt Surg-Open Access. Published on 22nd Oct 2024. Available at: file:///C:/Users/drraju_v/Downloads/jbjs.oa.24.00085.e101%20(1).pdf
- Dr Raju has presented a paper on “Risk Factors and Prevention in Osteoporosis” during Delhi Osteoporosis Course on 6th October 2024 at Delhi.

Dr Rajul Rastogi, Professor, Department of Radiodiagnosis, Teerthanker Mahaveer Medical College & Research Center, Moradabad, UP has published paper “Machine Learning Based Framework for Lung Cancer Detection and Image Feature Extraction Using VGG16 with PCA on CT-Scan Images” in Indexed Journal (SpringerNature) Singh A, Dwivedi RK, Rastogi Rajul SN COMPUT. SCI. 2024;5:1040 (1-13 pages).

- Dr Rajul, on International Day of Radiology has marked a new milestone in his academic career!! He represented his institute with ‘Oral Deliberations as well as Scientific Poster Presentations’ on an International Forum in International Conference in Magnetic Resonance Imaging (ICMRI 2024) in Seoul, South Korea. His name appeared on the Award Pillar of the Conference.

Dr Suneel Parvathareddy, Medical Director of Hospital Medicine at Wilkes Medical Center, has been named Chief Medical Officer (C-Suite), Wilkes Medical Center in addition to his current role. Dr Suneel has also got the following achievements:

- Received certificate of recognition for presenting at 8th Nursing World Conference held in Baltimore, MD on 17-19 October 2024.
- Received certificate for presenting his speech on “Project RISE-Transforming Patient Experience (HCAHPS) through Rural Health Innovations and Strategies for Equity – A success story” at the 14th Healthcare Health Conference held on 25-28 July 2024 in Dubai.
- Received “Outstanding Immigrant Health Professional Award 2024” for being an outstanding Immigrant Health Professional on 11th October from Health for All, Inc., US.
- He successfully passed certification exam conducted by American Board of Quality Assurance and Utilization Review Physicians® ABQAURP and earned CHCQM- Physician Advisor certification.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

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