

Improving Health Worldwide



## Dr. V K Raju Honoured with Lifetime Achievement Award



In a grand celebration marking the 18th year of publication, "Indian Panorama," a renowned weekly news magazine, has bestowed the prestigious Lifetime Achievement Award upon Dr. V K Raju.

This honor recognises Dr. Raju's enduring contributions and unwavering commitment to the field of medicine. The award ceremony was a testament to his exemplary service and dedication, inspiring many in the medical community.

Dr. V K Raju, is a renowned ophthalmologist and a beacon of hope in the fight against avoidable blindness. As a Clinical Professor of Ophthalmology at West Virginia University and a Fellow of both the Royal College of Surgeons and the American College of Surgeons, Dr. Raju's expertise is unparalleled. He is also the Director of the International Ocular Surface Society and the Ocular Surface Research and Education Foundation, as well as the Chairman of Goutami Eye Institute in Rajahmundry

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# GAPIO Announces : GAPIO Excellence Awards 2023

## Category : Distinguished Clinicians



### **GAPIO LIFETIME ACHIEVEMENT AWARD** **DR. GNANARAJ JESUDIAN**

Retired Urology surgeon. Head of Department of Urology and Director of the GILLS training centre at Shanthi Bhavan Medical Center, Biru. Founder and Director of Rural Surgery Innovations Pvt. Ltd.



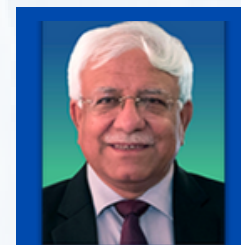
### **DR. PRATHAP C REDDY PHILANTHROPY AWARD** **DR. K V RAVISHANKAR**

Founder, "Children's Sight Saver Project," established Usha Kiran Eye Hospital (UKEH).



### **DR. I A MODI AWARD** **DR. SHEFFALI GULATI**

Professor and Chief of the Child Neurology Division at AIIMS, New Delhi.



### **GAPIO SURGICAL EXCELLENCE AWARD** **DR. ACHAL GULATI**

Vice Chancellor and President at Mahatma Gandhi University of Medical Sciences and Technology, Jaipur.



### **GAPIO EXCELLENCE IN DIAGNOSTICS AWARD** **DR. KASHI NATH PRASAD**

Microbiologist, Lucknow.



### **GAPIO EXCELLENCE IN RADIOLOGY/ RADIATION THERAPY AWARDS** **DR. GOURA KISHOR RATH**

Head of the National Cancer Institute and Chief of DRBRAIRCH and Professor, Department of Radiation Oncology at AIIMS, New Delhi.

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**Each Award carries a cash award of Rs. 100,000/-, a citation and a trophy.**

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# GAPIO Announces : GAPIO Excellence Awards 2023

## Category : Young Clinicians



### DR. I A MODI AWARD

#### DR. RADHA VIKAS TARALEKAR

Program Manager, Global Health/ Associate Research Scientist, Department of Community Medicine, Johns Hopkins University in the USA.



### GAPIO SURGICAL EXCELLENCE AWARD

#### DR. KIRTIKUMAR J RATHOD

Assistant Professor, Orthopedics, Mahatma Gandhi Memorial Medical College, Indore.



### GAPIO EXCELLENCE IN DIAGNOSTICS AWARD

#### DR. PRADEEP KUMAR DABLA

Pediatric surgeon, AIIMS, Jodhpur.



### GAPIO EXCELLENCE IN RADIOLOGY/ RADIATION THERAPY AWARDS

#### DR. POOJA NANDWANI PATEL

Senior consultant and HOD, Radiation Oncology, Sterling Cancer Hospital, Ahmedabad, Gujarat.

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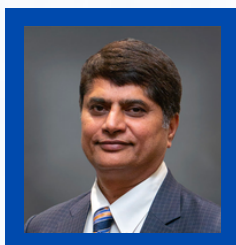
**Each Award carries a cash award of Rs. 50,000/-, a citation and a trophy.**

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# GAPIO Announces : GAPIO Excellence Awards 2023

## Category : Commendation



### **DR. I A MODI AWARD**

#### **DR. NALINI MOHAN GUDA**

Consultant, Gastroenterology, St. Luke's Medical Center, Milwaukee, WI, USA



### **GAPIO EXCELLENCE IN RADIOLOGY/ RADIATION THERAPY AWARDS**

#### **DR. SANJAY GANDHI**

Research & Innovation Lead, Core Clinical Directorate, North Bristol NHS Trust, Bristol.



### **GAPIO SURGICAL EXCELLENCE AWARDS**

#### **DR. J B SHARMA**

Professor, Department of OBGY, AIIMS - New Delhi



### **GAPIO EXCELLENCE IN DIAGNOSTICS AWARDS**

#### **DR. ANOOP NIGAM**

Professor of Pathology, RD Gardi Medical College, Ujjain

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**Each Award carries a citation and a trophy.**

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## Dr. Ashish Aneja Honored with Prestigious Yuva Ratan Samaan 2024

We are thrilled to announce that Dr. Ashish Aneja, a distinguished member of GAPIO has been honored with the Yuva Ratan Samaan 2024. This prestigious award was presented on the occasion of Swami Vivekananda Jayanti and National Youth Day 2024 in New Delhi.

The accolade recognizes our member's outstanding contributions to social service, community projects, and free health camps conducted by him in association with GAPIO.

We extend our heartfelt congratulations and gratitude to our esteemed member for their dedication and service to the community.



## AAPI's 17th Annual Global Healthcare Summit Held at AIIMS, New Delhi: Embracing Cutting-Edge Healthcare and AI

The 17th annual Global Healthcare Summit, hosted by the American Association of Physicians of Indian Origin (AAPi) and themed "Cutting Edge in Healthcare and Artificial Intelligence," was held at the All India Institute of Medical Sciences (AIIMS) in New Delhi, India, on January 2, 2024.

The summit concluded with a commitment to bridge the digital gap in India's healthcare delivery system using modern technology. Key figures, including Dr. Anjana Samadder, president of AAPi, and Dr. M. Srinivasan, director of AIIMS, signed a memorandum of understanding to enhance cooperation in education, student exchange, and research activities.



## GAPIO International Lecture Series Sheds Light on AI's Role in Healthcare

GAPIO recently conducted a comprehensive exploration titled "Recent Advances in Artificial Intelligence in Healthcare" as part of its International Lecture Series.

The session was divided into two parts, focusing on diagnostics and treatment, led by distinguished speakers Dr. Sania Shahbaz Hasnain and Lt Col (Dr) Shashikant Sharma:

- ◆ Session 1: "Recent Advances in Artificial Intelligence in Diagnostics" by Dr. Sania Shahbaz Hasnain
- ◆ Session 2: "Recent Advances in Artificial Intelligence in Treatment" by Lt Col (Dr) Shashikant Sharma

The event, held on 27th January 2024, provided invaluable insights into the future of AI in healthcare.



**GAPIO**  
Global  
Association of  
Physicians of  
Indian Origin

## GAPIO International Lecture Series

Organized by Global Association of Physicians of Indian Origin (GAPIO)

### Recent Advances in Artificial Intelligence in Healthcare

7:00 PM IST on Saturday, 27 th January 2024  
8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK), 00:30 AM (28 th January) (Australia)

**Join us:** <https://us02web.zoom.us/j/88143334133>

<b>Welcome and Opening Remarks</b>	<b>Wg Cdr (Dr) Gaurav Pandey</b> Associate Professor, Dept of Anaesthesiology & Critical Care, Command Hospital Air Force, Bangalore, India	<b>5 Mins</b>
<b>Recent Advances in Artificial Intelligence in Diagnostics</b>	<b>Dr Sania Shahbaz Hasnain</b> MBBS, MD (Hospital Administration) Artificial Intelligence, Oxford University	<b>20 Mins</b>
<b>Recent Advances in Artificial Intelligence in Treatment</b>	<b>Lt Col (Dr) Shashikant Sharma</b> MBBS, MD, MBA (Hospital and Healthcare Administration) National Assessor, NHM, Ministry of Health and Family Welfare	<b>20 Mins</b>
<b>Question &amp; Answer</b>	<b>Dr. Sania Shahbaz Hasnain</b> <b>Wg Cdr (Dr) Gaurav Pandey</b>	<b>10 Mins</b>
<b>Vote of Thanks</b>	<b>Dr. Sushil Jain</b> Medical Superintendent Apollo Rajshree Hospital, Indore Hon. Advisor GAPIO	<b>5 Mins</b>

**CHAIRPERSON**  
**Wg Cdr (Dr) Gaurav Pandey**  
Associate Professor, Dept of Anaesthesiology & Critical Care,  
Command Hospital Air Force, Bangalore, India

**GAPIO Leadership**

**Past Presidents and  
Emeritus Advisors**  
Dr Prathap C Reddy  
Dr Sanku Rao  
Dr Ramesh Mehta  
Dr Anupam Sibal

**Current Leashership**  
Dr Nandakumar Jalram, President  
Dr Sudhir Parikh, Vice President  
Dr Rohini Sridhar, Secretary General  
Dr Abhijat Sheth, Joint Secretary  
Dr V K Raju, Treasurer  
Dr Sushil Jain, Honorary Advisor

## SOCIAL MEDIA COVERAGE

### Reflecting on World Braille Day: A Commitment to Inclusive Empowerment

On World Braille Day, GAPIO took to social media to highlight the significance of inclusion and diversity in healthcare.

The organization celebrated the collective efforts in advocating for environments that empower individuals of all abilities. GAPIO extends gratitude to everyone who shared in this commitment, helping to pave the way for a more inclusive world where diversity is not just acknowledged but wholeheartedly celebrated.



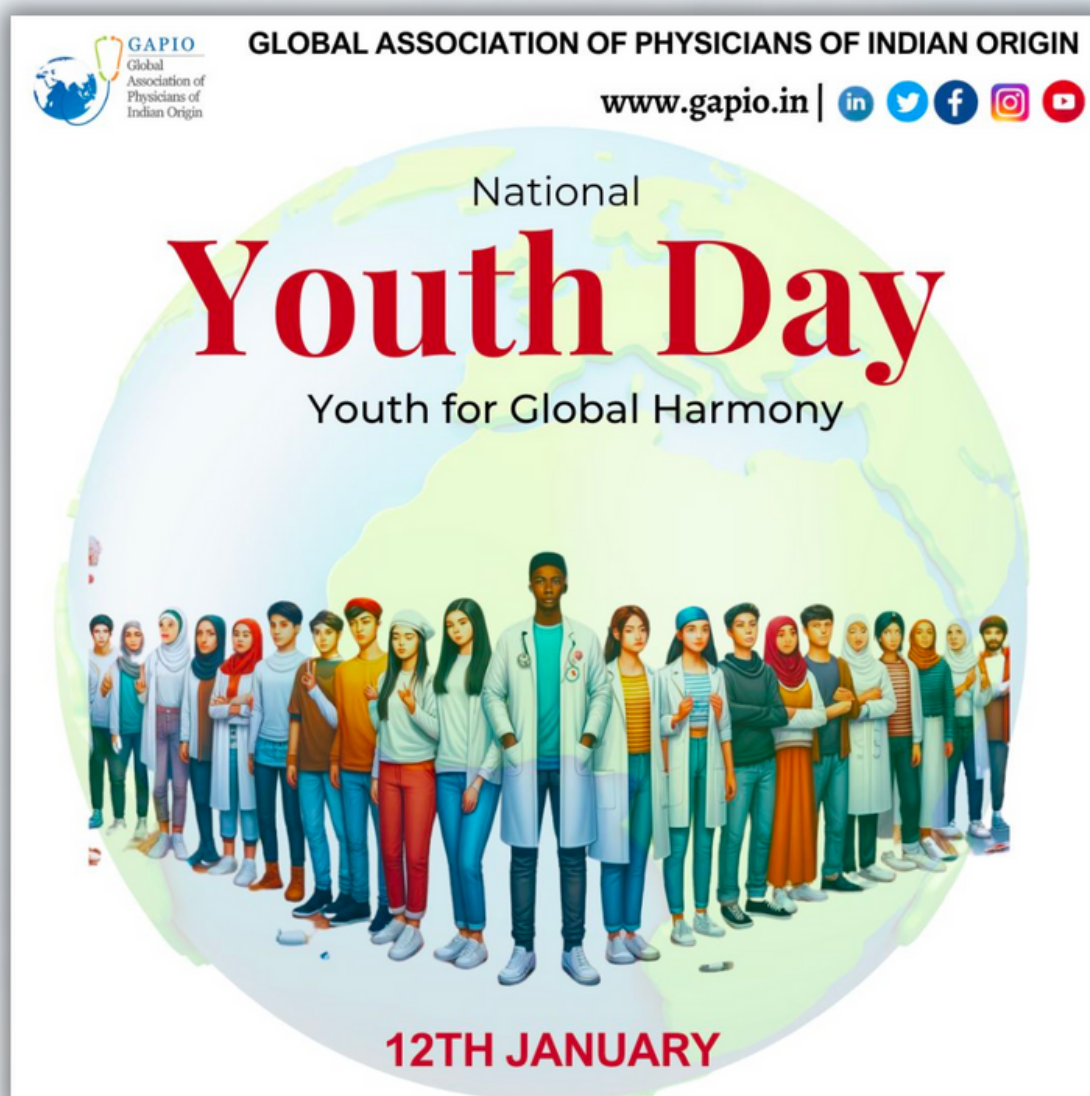


## SOCIAL MEDIA COVERAGE

### National Youth Day: A Celebration of Young Leaders by GAPIO

Looking back at National Youth Day, GAPIO took a moment to honor the youthful spirit and diversity that our younger generation brings to the healthcare field.

Recognizing their contributions, GAPIO reinforced its commitment to nurturing these young leaders, who are essential in fostering global harmony through health and education.



## SOCIAL MEDIA COVERAGE

### GAPIO Embraces the Warmth of Lohri

GAPIO celebrated the auspicious occasion of Lohri with a heartfelt message on social media.

Reflecting on the festival's spirit, GAPIO spread wishes of joy and prosperity to all, highlighting the importance of health and wellness.

As the Lohri bonfire symbolizes new beginnings and hope, GAPIO's message aimed to inspire a collective pursuit of well-being.



## GAPIO Honors National Girl Child Day

The day was marked with a pledge to support the education and health of girl children, empowering them to be the superheroes of tomorrow.

GAPIO's message emphasized the importance of providing opportunities for girls to grow into leaders who will shape a healthier and more equitable world.



## SOCIAL MEDIA COVERAGE

### GAPIO's Solidarity on World Leprosy Day

Reflecting on World Leprosy Day, GAPIO shared a powerful message of solidarity with individuals affected by leprosy.

The organization urged a collective effort to combat stigma and encouraged treating everyone with dignity and respect.

GAPIO's call to action highlighted the importance of unity in overcoming the disease and supporting those on their journey to recovery.



## HEALTH TIPS/FACTS

## Mindfulness for Physicians: Practical Approaches

Incorporating mindfulness into a busy physician's schedule can be challenging but rewarding. Here are three simple ways to practice mindfulness, based on an article from Doximity:

- **Leverage Pre-Work Rituals:** Use routine activities like biking to work or having a cup of coffee to practice being present and observing your thoughts and emotions without judgment.
- **The Art of Breathing:** Incorporate mindful breathing into your day, especially during moments like hand-washing. Techniques like box breathing can help reduce stress and improve focus.
- **Expressing Gratitude:** Take moments to appreciate your colleagues, patients, and the resources you have. Gratitude can positively impact both your mental and physical well-being.

By integrating these practices into your daily routine, you can enhance your mental wellness and resilience in the face of the demanding medical profession.

**Source:** <https://opmed.doximity.com/articles/three-ways-physicians-can-actually-practice-mindfulness>



## HEALTH TIPS/FACTS

### Enhancing Patient Experience: Insights for Healthcare Professionals

Improving patient experience is crucial in healthcare, and effective communication plays a vital role. Here are some key strategies based on the article "Tools to Enhance Patient Experience":

- **Streamline Information Exchange:** Ensure seamless transfer of patient information across care settings, reducing wait times and duplications of tests.
- **Empower Decision-Making:** Provide patients with access to personalized health information and treatment options to make informed choices.
- **Facilitate Real-Time Communication:** Enable swift communication between patients and care providers to address concerns and coordinate care effectively.
- **Reduce Readmissions:** Use patient engagement tools to enhance post-discharge follow-up, preventing avoidable complications.
- **Manage Chronic Diseases:** Coordinate care among specialists and provide personalized care plans for effective chronic disease management.
- **Improve Health Literacy:** Enhance health literacy by providing accessible health information, empowering patients to take proactive steps in their healthcare journey.

Adopting these strategies can lead to a more patient-centered approach, improving satisfaction and health outcomes.





GAPIO Honors' List January 2024

## GAPIO Honours' List Jan 2024

★ DR. ARUN PRASAD

★ DR ASHISH ANEJA

★ DR ASHISH GANDHI

★ DR. BELLAMKONDA KISHORE

★ DR DEEPAK ROSHA

★ DR. N RAMAKRISHNAN

★ DR. RAJU VAISHYA

★ DR. SUDIPTA SEKHAR DAS

★ DR. ZIA ARSHAD

Global Association of Physicians of Indian Origin

## GAPIO Honors' List January 2024

**Dr. Arun Prasad**, Surgical Gastroenterology, Bariatric and Robotic Surgery, New Delhi, has delivered a guest lecture at the SSI Mantra Robot launch global meeting held on 19th and 20th January 2024 at Gurugram.

Dr Arun has co-authored article in PubMed “Bariatric Evaluation Through AI: a Survey of Expert Opinions versus ChatGPT-4 (BETA-SEOV)”

<https://pubmed.ncbi.nlm.nih.gov/37889368/>

Dr Arun has contributed in “International consensus guidelines on robotic pancreatic surgery – 2023”

<https://pubmed.ncbi.nlm.nih.gov/38322212/>

**Dr Ashish Aneja**, Senior Medical Officer, Kurukshetra University, received Yuva Ratan Sammaan 2024 one of the very Precious Award on the occasion of Swami Vivekananda Jayanti & National Youth day 2024, New Delhi for his social service and community service project's and free health camps in association with GAPIO.

**Dr Ashish Gandhi**, Consultant, Department of Gastroenterology, Gandhi Hospital, Aurangabad, Maharashtra has co-authored a chapter on “Endohepatology” in the book “Progress in Gastroenterology and Hepatology 2024” published by the “Indian Society of Gastroenterology”.

Dr. Bellamkonda Kishore, Academician, Innovator and Entrepreneur was honored with the prestigious Hind Rattan (Jewel of India) award by the NRI Welfare Society of India during a solemn ceremony at the Constitution Club, Chanakyapuri, New Delhi, India, on the eve of the Republic Day of India, January 25, 2024.

**Dr Deepak Rosha**, Senior Consultant, Pulmonology, Indraprastha Apollo Hospitals, New Delhi has published a chapter “A hypothesis to explain the genesis of sarcoidosis, Rosha D, in Sarcoidosis research and therapy of a granulomatous disease of unknown etiology”. Editor Dr Jelena Stojcic, publisher Intech open Ltd, England, DOI: 10.5772/intertechopen.1003817

**Dr. Raju Vaishya**, Senior Consultant, Orthopedic Surgeon at New Delhi has published a book chapter “Gautam, V., Vaish, A., Vaishya, R. (2023). Principles of Bone Grafting. In: Banerjee, A., Biberthaler, P., Shanmugasundaram, S. (eds) Handbook of Orthopaedic Trauma Implantology. Springer, Singapore. [https://doi.org/10.1007/978-981-19-7540-0\\_26](https://doi.org/10.1007/978-981-19-7540-0_26)”.

Dr Raju has published the following papers:

- Nagaranjan L and Vaishya R et al. AI-based methods can assess cartilage damage in knee osteoarthritis -Research Highlight. Nature India. 24 January 2024. doi: <https://doi.org/10.1038/d44151-024-00009-7>
- Jeyaraman M, Selvaraj P, Vaish A, Iyengar KP, Vaishya R. Journal Metrics of the top-ranked Orthopaedic, Medical, and Surgical journals – A cross-sectional, comparative study. International Orthop 2024;48:357-364. <https://doi.org/10.1007/s00264-023-06010-6>
- Majumdar N, Roy S, Sharma A, Arora S, Vaishya R, Bandyopadhyay A, Ghosh S. Assessing the advantages of 3D bioprinting and 3D spheroids in deciphering the osteoarthritis healing mechanism using human chondrocytes and polarized macrophages. Biomed. Mater. 2024; 19: 025005. Doi: <https://doi.org/10.1088/1748-605X/ad1d18>
- Vaishya R, Vaish A, Kigera JW. Status of Surgical Research and Publication in Africa. Ann Afr Surg 2024; 21(1): 1-7. DOI: <http://dx.doi.org/10.4314/aas.v21i1.1>
- Vaishya R, Misra A, Vaish A, Urniso N, D'Ambrosi R. Hand Grip Strength as a Proposed New Vital Sign of Health: A Narrative Review of Evidences. Journal of Health, Population and Nutrition 2024; 43:47. Doi: <https://doi.org/10.1186/s41043-024-00500-y>
- Vaishya R, Gupta BM, Kappi MM, Misra A, Kuchay MS, Vaish A. Research on Non-alcoholic fatty liver disease from Indian Subcontinent: A bibliometric analysis of publications during 2001-2022. J Clin Exp Hepatol Jan-Feb 2024; 14 (1): 101271; <https://doi.org/10.1016/j.jceh.2023.08.007>.
- Vaishya R, Gupta BM, Kappi MM, Sibal A, Goyal N. Liver Transplantation Research from India during the last 25 years: 1998-2022. J Clin Exp Hepatol 2024; 14:101313. <https://doi.org/10.1016/j.jceh.2023.101313>

## GAPIO Honors' List January 2024

**Dr. N Ramakrishnan**, Senior Consultant, Critical Care and Sleep Medicine, Chennai has published an editorial "Teleradiology: Geography is now History!" in Journal of Critical Care, January 2024.

**Dr. Sudipta Sekhar Das**, Senior Consultant & Head, Dept. of Transfusion Medicine Apollo Multispeciality Hospitals, Kolkata, West Bengal has received the "Outstanding Academic Award 2023" in December 2023 felicitated by The Apollo Group of Hospitals, India.

Dr Sudipta has published the following papers:

- Das SS, Chaudhuri K, Mukherjee S, Clinical and immunohematological characterization of autoimmune hemolytic anemia in children. Transfusion and Apheresis Science, 2023, 103703, ISSN 1473-0502, <https://doi.org/10.1016/j.transci.2023.103703>.
- Sekhar Das S, Mukherjee S, Chowdhury S. Immunohematological evaluation of red cell alloimmunization and statistical assessment of various adsorption techniques in warm autoimmune hemolytic anemia. Transfus Apher Sci. 2023 Oct;62(5):103769. doi: 10.1016/j.transci.2023.103769. Epub 2023 Jul 26. PMID: 37507272.

**Dr. Zia Arshad**, Professor, Department of Anaesthesiology & Critical Care, KGMU, Lucknow has been elected as the Fellow of Indian Academy of Biomedical Sciences (IABS) for the year 2023.

Dr Zia, under the aegis of "Society of Trauma Intensive Care", was the Organizing Secretary of a CME and workshop on "Acute Trauma Care" on 6th January 2024.

## GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

**Global Association of Physicians of Indian Origin**

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[www.gapio.in](http://www.gapio.in) |     



**Global Association of Physicians of Indian Origin**  
**XIV ANNUAL CONFERENCE 2024**

**16-17 March**

**Hotel The Centrum Lucknow**

**2024**

- Scientific Sessions
- Speciality Workshops
- GAPIO Awards
- Gala Dinner
- Ayodhya & Lucknow Tourism
- Leading experts and delegates from 57 countries
- 50+ International and National Faculty
- 25+ Topics
- 3 Credit Hours by UPMC
- Complementary Registration for GAPIO Members

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