

Improving Health Worldwide



Dr. Ashutosh Tewari Receives Inaugural Golden Robot Surgical Award for Excellence in Surgical Innovations



Dr. Ashutosh Tewari, Chair of the Milton and Carroll Petrie Department of Urology at Icahn Mount Sinai, was honored with the Golden Robot Surgical Award for Excellence in Surgical Innovations for Cancer Patients at the recent International Prostate Cancer Symposium and World Congress of Urologic Oncology in Mount Sinai.

Dr. Tewari, renowned for his pioneering work in robotic-assisted surgery for prostate cancer treatment, received the award in recognition of his exceptional contributions to the field. The conference, which attracted over 500 participants, including 90 experts from over 20 countries, focused on advancements in urologic cancer care.

Expressing his gratitude, Dr. Tewari said, "Validation like this makes it all worthwhile." His award underscores the importance of innovative contributions to urology and highlights his dedication to advancing patient care.

IN THIS ISSUE

DR. ASHUTOSH TEWARI RECEIVES INAUGURAL GOLDEN ROBOT SURGICAL AWARD FOR EXCELLENCE IN SURGICAL INNOVATIONS

PAGE 1

DR. P RAGHU RAM AND DR. K PATTABHIRAMAIAH RECEIVE ASI LIFETIME ACHIEVEMENT AWARDS

PAGE 2

INDIA'S NATIONAL AIDS CONTROL PROGRAM APPLAUDED AS GLOBAL MODEL BY US AMBASSADOR GARCETTI ON WORLD AIDS DAY

PAGE 3

GUJARATI PHYSICIANS CELEBRATE SARDAR PATEL JAYANTI IN NEW JERSEY

PAGE 3

INDIA UNVEILS NEW MEDICAL DEVICES POLICY 2023 TO TRANSFORM HEALTHCARE SECTOR

PAGE 4

PROJECT EASE: A LIFELINE FOR ANDHRA PRADESH'S YOUTH IN MENTAL HEALTH CRISIS

PAGE 4

PUNE HOSTS INAUGURAL INDIAN DOCTORS OLYMPICS TO PROMOTE FITNESS AMONG DOCTORS

PAGE 4

OVER 300 PATIENTS BENEFIT FROM FREE HEALTH CHECK-UP CAMP ON WORLD DIABETES DAY BY GAPIO AND KURUKSHETRA UNIVERSITY

PAGE 5

GAPIO AND GARTIO COLLABORATE ON A KEY SESSION EXPLORING THE INTERSECTION OF IMAGING, MACHINE LEARNING, AND INTIMATE PARTNER VIOLENCE

PAGE 6

SOCIAL MEDIA COVERAGE

PAGE 7-9

HEALTH TIPS/FACTS

PAGE 20-22

GAPIO HONOURS' LIST DECEMBER 2023

PAGE 13-14

Dr. P Raghu Ram and Dr. K Pattabhiramaiah Receive ASI Lifetime Achievement Awards

Dr. P Raghu Ram and Dr. K Pattabhiramaiah were recently awarded the prestigious ASI Lifetime Achievement Awards at the 83rd annual conference of the Association of Surgeons of India held in Visakhapatnam.

The awards, presented by former Vice President M. Venkaiah Naidu, recognized their significant contributions to the field of surgery.

Dr. Raghu Ram, a Padma Shri and Dr. B.C. Roy national awardee, is celebrated for his contributions to surgery in India and abroad.

Dr. K Pattabhiramaiah, known for his service in Vijayawada and contributions to Rotary International, was also honored.

The event saw the conferral of Honorary Fellowships to seven world-renowned surgeons and Fellowship of ASI (FAIS) to 105 surgeons from India.

Source:<https://medicdialogues.in/news/health/doctors/surgeons-raghu-ram-dr-k-pattabhiramaiah-get-asi-lifetime-achievement-awards-121587>



India's National AIDS Control Program Applauded as Global Model by US Ambassador Garcetti on World AIDS Day

In a heartfelt tribute to India's National AIDS Control Programme (NACP), US Ambassador to India Eric Garcetti commended the program as a global model during a World AIDS Day event held in Kohima, Nagaland. Ambassador Garcetti expressed the United States' pride in supporting India's relentless efforts in combatting HIV/AIDS.

Speaking alongside state government officials, community leaders, and civil society groups, Ambassador Garcetti emphasized the NACP's international acclaim and its pivotal role in India's fight against the disease.

"India's National AIDS Control Program has been acclaimed as a global model, and the US government is proud to partner in and support these efforts," Ambassador Garcetti stated. He reaffirmed the United States' commitment to stand with individuals living with HIV and those affected by the disease, as well as to remember those who have lost their lives to HIV.

Established in 1987 and phased in 1992, the National AIDS Control Programme (NACP) aims to reduce the number of new HIV infections and AIDS-related deaths by 80 percent from the 2010 baseline. Ambassador Garcetti applauded the program's dedication to achieving this critical goal.

On World AIDS Day, which is observed annually on December 1st, the US government commemorated the progress made in partnership with India and countries worldwide towards ending HIV/AIDS as a public health threat by 2030. This year marked the 20th anniversary of global efforts in the fight against HIV/AIDS through the US President's Emergency Plan for AIDS Relief (PEPFAR).

Through PEPFAR, the US government has made significant contributions to saving and improving tens of millions of lives, strengthening health systems, and enhancing global capacity to provide HIV prevention, care, and treatment services.

Gujarati Physicians Celebrate Sardar Patel Jayanti in New Jersey

The Gujarati Physicians Association (GPA) in New Jersey celebrated Sardar Patel Jayanti, Diwali, and the New Year at a vibrant event attended by over 200 Indian American physicians from Gujarat.

The evening included awards, music, and a sense of community, with Dr. Sudhir Parikh and H.R. Shah among the distinguished guests.



India Unveils New Medical Devices Policy 2023 to Transform Healthcare Sector

India's New Medical Devices Policy 2023 is a significant development in the healthcare sector, aiming to elevate the quality and accessibility of healthcare services across the country.

This policy is tailored to advance the medical devices industry, prioritizing patient safety and innovation. It also seeks to streamline regulatory frameworks to foster a conducive environment for medical device manufacturing and innovation.

This approach is poised to position India as a global hub in the medical devices market, promising enhanced healthcare outcomes for the nation.

Source:<https://ehealth.eletsonline.com/2023/12/revolutionising-indian-healthcare-sector-through-new-medical-devices-policy-2023/>

Project EASE: A Lifeline for Andhra Pradesh's Youth in Mental Health Crisis

In an effort to combat the alarming rise in student suicides, Project EASE (Emotional Assessment of Students by Educators) has been initiated in Andhra Pradesh.

Led by the American Association of Physicians of Indian Origin (AAPI) and Dr. Ravi Kolli, the program aims to train medical students in mental health resources and awareness.

The initiative, supported by Chief Minister YS Jagan Mohan Reddy, utilizes QPR gatekeeper training, endorsed by the World Health Organization.

This innovative approach aims to train over 300,000 students, teachers, and health workers, focusing on early intervention to reduce suicide risk among youths.

Source:<https://timesofindia.indiatimes.com/city/vijayawada/nri-doctors-launches-ease-to-prevent-suicides-among-andhra-pradesh-students/articleshow/106271758.cms>

Pune Hosts Inaugural Indian Doctors Olympics to Promote Fitness Among Doctors

Pune recently hosted the first-ever Indian Doctors Olympics (IDO), a unique four-day fitness event from November 30 to December 3, aimed at promoting fitness among doctors. Over 1,500 doctors from across India, including Allopaths, Homeopaths, Ayurveda, Unani practitioners, and Dentists, participated in various sports like cricket, badminton, tennis, football, carrom, swimming, chess, and more.

This landmark event, inaugurated by dignitaries including Dr. Shrikant Eknath Shinde and Dr. Vishwajeet Kadam, was organized by the Young Doctor's League Foundation.



Over 300 Patients Benefit from Free Health Check-Up Camp on World Diabetes Day by GAPIO and Kurukshetra University

In a collaborative effort, the Global Association of Physicians of Indian Origin (GAPIO) and Kurukshetra University Health Center organized a comprehensive free health check-up camp to mark World Diabetes Day. The event, focused on promoting health awareness and prevention, successfully served over 300 patients.

Under the guidance of Dr. Ashish Aneja, the Medical Officer at Kurukshetra University Health Center, attendees underwent various free health tests. These included Blood Glucose, Blood Pressure, Electrocardiogram (ECG), Neuropathy, Bone Mineral Density (BMD), Spirometry, and more, providing a holistic health assessment to all participants.

The camp aimed to raise awareness about the increasing prevalence of diabetes in modern lifestyles, impacting not only adults but also younger populations. Dr. Aneja emphasized the importance of early detection and management of diabetes and related health conditions. He highlighted the risk diabetes poses to overall health and the necessity of regular monitoring and lifestyle changes for prevention and control.

Participants were also educated on the importance of a fiber-rich diet, regular exercise, maintaining a healthy body weight, and stress reduction techniques. Regular health check-ups, BMI monitoring, and engaging in calming activities like yoga, meditation, and sports were advised to maintain a healthy lifestyle.

Distinguished guests, including educators and health professionals, supported the event, contributing to its success.



GAPIO and GARTIO Collaborate on a Key Session Exploring the Intersection of Imaging, Machine Learning, and Intimate Partner Violence

In a remarkable collaborative effort, GAPIO and GARTIO hosted a comprehensive session on the use of imaging and machine learning in the context of intimate partner violence.

The session featured Dr. Anju Aggarwal, a General Practitioner from Sydney, Australia, and a member of GAPIO, along with Dr. Bharti Khurana, the Founder and Director of the Trauma Imaging Research and Innovation Center, and an Emergency Radiologist at Brigham and Women's Hospital, also an Associate Professor at Harvard Medical School.

The session provided insightful discussions, followed by a Q&A segment, and concluded with a vote of thanks by Dr. Vinita Sharan and Dr. Akshay Saxena.

This event was a significant contribution to the ongoing efforts in addressing and understanding the intricate issues related to intimate partner violence through advanced medical imaging and machine learning techniques.



GAPIO
Global Association of Physicians of Indian Origin



GARTIO
GLOBAL ASSOCIATION OF RADIOLOGICAL TECHNOLOGISTS OF INDIAN ORIGIN

GAPIO-GARTIO Radiology International Lecture Series

Organized by Global Association of Physicians of Indian Origin (GAPIO)
 7:00 PM IST on Saturday, 2nd December 2023
 8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK), 00:30 AM (26th November) (Australia).

Join us: <https://us02web.zoom.us/j/87531910296>

Welcome and Opening Remarks	 Dr. Anju Aggarwal General Practitioner Sydney, Australia EC Member - GAPIO	5 mins
Role of imaging and machine learning in Intimate partner violence	 Dr. Bharti Khurana Founder and Director - Trauma Imaging Research and Innovation Center Emergency Radiologist - Brigham and Women's Association Assoc. Professor at Harvard Medical School	20 mins
Question & Answer	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Dr. Vinita Sharan </div> <div style="text-align: center;">  Dr. Akshay Saxena </div> </div>	10 mins
Vote of thanks	 Dr. Vinita Sharan	5 mins

MODERATOR

Dr. Vinita Sharan

Advisor, Radiology, CHEA, GARTIO
 Former President, Radiology, Sri Sanku College of Medicine, Palakkad
 Former, Radiology Consultant, Deep Tail Medical Services, Alappuzha, Kerala, India
 Former, Radiology Consultant, Government of India (GOTI)

CHAIRPERSON

Dr. Akshay Saxena

Professor,
 Department of Radiology and Imaging,
 RAJOO, Guwahati

GAPIO Leadership

Past Presidents and Emeritus Advisors

- Dr. Prithap C. Reddy
- Dr. Sanku Rao
- Dr. Ramoosh Mohita
- Dr. Anupam Sibal

Current Leadership

- Dr. Mandakumar Jainam, President
- Dr. Sudhir Parikh, Vice President
- Dr. Rohini Sridhar, Secretary General
- Dr. Ashjat Seth, Joint Secretary
- Dr. V. K. Raja, Treasurer
- Dr. Sushil Jain, Honorary Advisor

ISRT Team

- Mr. A. Seetha Kumar
President, ISRT
- Mr. Suresh Malayayath
General Secretary, ISRT

GARTIO Team

- Prof. S. Panneer Selvam
Chairman, Advisory Council,
GARTIO

ICRT Team

- Dr. S. C. Bansal
Registrar, ICRT
- Mr. Rajeev Krishnan
Nation Programme Coordinator

SOCIAL MEDIA COVERAGE

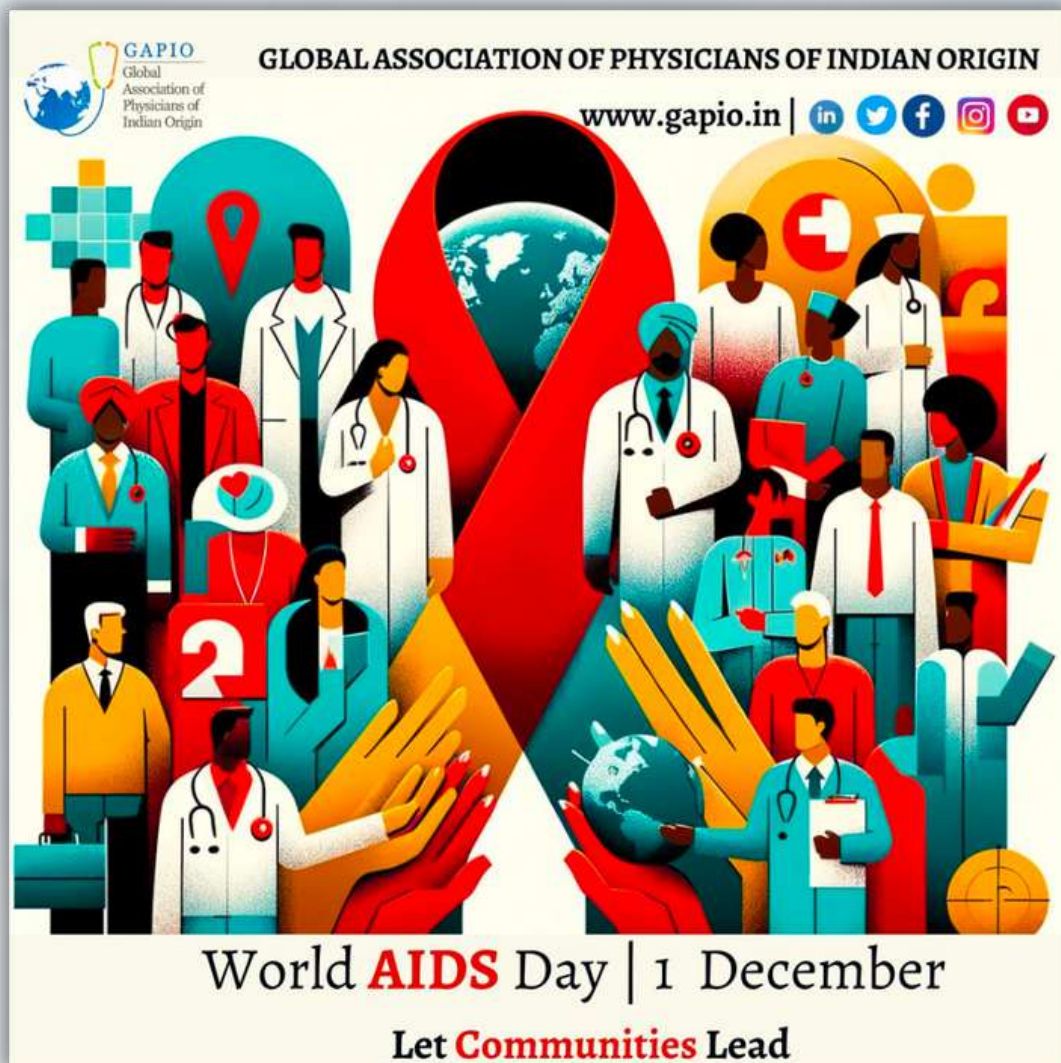
GAPIO's World AIDS Day Tribute: Emphasizing Community Leadership

On World AIDS Day, GAPIO shared a poignant social media post, aligning with the global theme, 'Let Communities Lead.'

This post underscored the vital role of communities in the HIV response and the collective power of healthcare professionals in this fight.

The message highlighted our dedication to empowering community leaders and supporting those affected, reaffirming our commitment to a world free of AIDS.

This post served not only as an awareness tool but also as a call to amplify this crucial message.



SOCIAL MEDIA COVERAGE

GAPIO Reinforces Commitment on Universal Health Coverage Day

GAPIO actively participated in Universal Health Coverage Day with a focused social media outreach.

Our message, "On Universal Health Coverage Day, we reaffirm our commitment to #HealthForAll," was a call to action, urging united efforts towards accessible global healthcare.

The campaign emphasized our dedication to leading changes for a healthier world, highlighting the importance of universal health access.

This initiative aligns with GAPIO's mission of enhancing healthcare standards globally.



The poster features the GAPIO logo (Global Association of Physicians of Indian Origin) in the top left corner. The main text reads "GLOBAL ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN" and "www.gapio.in" followed by social media icons for LinkedIn, Twitter, Facebook, Instagram, and YouTube. The central image shows a globe surrounded by various medical icons (heart, cross, stethoscope, microscope, etc.) and a group of diverse healthcare professionals in white coats and scrubs standing in a line. At the bottom, it says "Universal Health Coverage Day | 12 December".

SOCIAL MEDIA COVERAGE

GAPIO Spreads Christmas Cheer and Health Wishes

In the festive spirit of Christmas, GAPIO conveyed warm holiday greetings through its social media channels.

Our message this season was a heartfelt reminder of our enduring commitment to global health and wellness.

As we celebrated the joy and generosity of the holiday season, GAPIO's dedication to fostering health and happiness in communities worldwide was reaffirmed.

Wishing everyone a merry, bright, and wellness-filled holiday, we looked forward to a New Year brimming with peace, love, and prosperity.



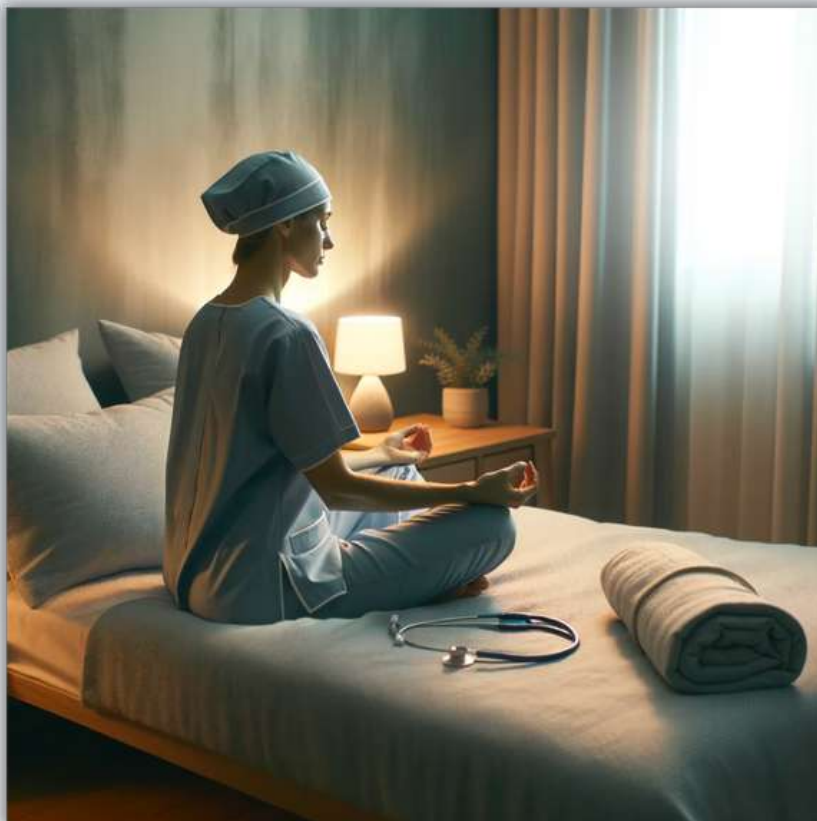
HEALTH TIPS/FACTS

Revitalizing Rest: Key Strategies for Healthcare Professionals

Improving sleep is essential for healthcare professionals to combat burnout. Based on the insights from Medworld's article "5 Ways Doctors Can Improve Their Sleep and Combat Burnout," here's a simplified and practical guide:

- 1. Understand Sleep's Importance:** Realize that good sleep is crucial for your health and work performance. Not sleeping enough can make work stress worse.
- 2. Make Your Bedroom Sleep-Friendly:** Ensure your bedroom is calm and relaxing. It should be dark, quiet, and cool. Consider using things like earplugs or a white noise machine if needed.
- 3. Stick to a Sleep Schedule:** Try to sleep and wake up at the same time every day, even on weekends. This helps your body's internal clock.
- 4. Relax Before Bed:** Do relaxing things before bed to calm down from the day. You might try meditation, deep breathing, or gentle stretches.
- 5. Cut Down on Screen Time at Night:** The light from phones and computers can mess with your sleep. Try to avoid these screens before going to bed. Instead, you might read or do other relaxing activities that don't involve screens.

Source: <https://www.medworld.com/articles/5-ways-doctors-can-improve-their-sleep-and-combat-burnout>



HEALTH TIPS/FACTS

Enhancing Healthcare Teams' Wellbeing

The wellbeing of healthcare teams is vital for both efficient patient care and staff morale. Here are a few key strategies for maintaining a healthy work environment:

1. **Proactive Mental Health Support:** Implement resources and support systems for mental health, recognizing the high-stress nature of healthcare work.
2. **Open Communication Channels:** Foster an environment where team members feel comfortable discussing their challenges and seeking support.
3. **Regular Check-Ins:** Establish routine check-ins to monitor the wellbeing of staff, addressing any concerns promptly.
4. **Encourage Work-Life Balance:** Promote a culture that values personal time and rest, ensuring staff do not experience burnout.
5. **Access to Wellbeing Resources:** Provide easy access to wellbeing resources, including counseling services and stress management tools.
6. **Team Building and Morale Boosting Activities:** Organize activities that enhance team cohesion and morale, creating a more supportive work environment.

Source: <https://www.england.nhs.uk/long-read/looking-after-your-teams-health-and-wellbeing-guide/>



GAPIO Honors' List December 2023



GAPIO Honours' List December 2023

- | | |
|-----------------------------|---------------------------|
| ★ DR ASHOK SHARMA | ★ DR PRASAD WALIMBE |
| ★ DR. (PROF). D. K. AGARWAL | ★ DR. SHIV PARSHAD MITTAL |
| ★ PROF. KRISHNA KULKARNI | ★ PROF. SANJAY GANDHI |
| ★ DR. KEERTI SINGH | ★ DR. VEMURI S MURTHY |
| ★ DR. N RAMAKRISHNAN | ★ DR YAJA JEBAYING |
| ★ DR. P N RENJEN | |

Global Association of Physicians of Indian Origin

GAPIO Honors' List December 2023

Dr Ashok Sharma, Consultant, Internal Medicine at New Delhi has been presented with certificate of appreciation by Uttarakhand Sanskritik Kalyan Samiti for organizing the Health Checkup Camp on 10th December at Chander Nagar Club, Ghaziabad.

Dr. (Prof). D. K. Agarwal, Senior Consultant, Nephrology at New Delhi, has presented 3 Posters in Indian Society of Nephrology 2023 conference at Kolkata:

1. Non-Lupus full house nephropathy in the Renal Allograft Recipient presenting with graft dysfunction;
2. PUJ obstruction in a transplant kidney: Reconstruction by BOARI FLAP;
3. Membranous Nephropathy (MN) do we know enough?

Prof. Krishna Kulkarni, Consultant, Family Medicine at Bangalore has been honoured by Sri Kottala Basaveshwar Bharatiya Shikshana Samsthe for his medical and social services for the past 52 years.

Dr. Keerti Singh, Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has provided inputs on the Finance Committee Terms of Reference (TOR) document of the Barbados Association of Medical Practitioners (BAMP) on 4th December 2023.

Dr Keerti has organized the Annual Independence Health Fair, St John Baptist Church at the “ Bajan do and Flea Market” SJB church Hall, where free health checks (B sugar and B Pressure) along with the Non-Communicable Diseases Health presentations (Hypertension, Diabetes, Heart Disease, Childhood Obesity and exercise) were made by medical students of UWI Cave hill to the general community both adults and children attending the Bajan do and Flea market, Distributed exercise notebooks to all children donated by ANSA Pharmaceuticals, as CARE Lieutenant Governor Optimist International Caribbean District, zone 10 and the chair of the health and wellness committee of Optimist Club of Barbados North (OCBN) on 25th December 2023.

Dr Keerti has attended the National Independence Day Thanksgiving Service on invitation by the Permanent Secretary, Government of Barbados, through the Ministry of Labour, Social Security and Third Sector, in Commemoration of the 57th Anniversary of Independence under the theme “Embracing our Heritage with Grace and Thanks” as the Optimist International Caribbean District, Zone 10 Lieutenant Governor, at the Garfield Sobers Sports Complex Gymnasium. 10:00 am AST on 26th December 2023.

Dr. N Ramakrishnan, Senior Consultant, Critical Care and Sleep Medicine, Chennai has published the following paper: Bharath Kumar TV, Ramesh Venkataraman, Pratheema Ramachandran, Nagarajan Ramakrishnan “Prevalence of frailty and association with patient centered outcomes: A prospective registry-embedded cohort study from India” in Journal of Critical Care, December 2023.

Dr. N Ramakrishnan received "Chennai Beacon of Critical Care Award 2023" from the Indian Society of Critical Care Medicine, Chennai Branch (December 2023).

Dr. P N Renjen, Senior Consultant Neurology from New Delhi, Past President - Delhi Neurological Association (DNA) and former Executive Committee Member of European Stroke Conference (ESC) has published the following papers:

- Tiwari P, Renjen PN Chaudhari DM, Ictal epileptic headache in young female Int J Adv Med. 2023Dec;10(12):849-851 DOI: <https://dx.doi.org/10.18203/2349-3933.ijam20233570>
- Tiwari P, Renjen PN Chaudhari DM, Case of nasopharyngeal metastases presenting with multiple atypical cranial nerve deficits Int J Adv Med. 2023Dec;10(12):869-871 DOI:<https://dx.doi.org/10.18203/2349-3933.ijam20233576>

Dr Renjen has organized a Stroke Support Group meeting on 18th of December 2023 at Indraprastha Apollo Hospitals which was very well attended and appreciated. The link is given below:
<https://www.facebook.com/share/p/Gi5kiZJ74LTiGAQs/?mibextid=QRhQuG>

GAPIO Honors' List December 2023

Dr Prasad Walimbe, Consultant Pediatric Ophthalmologist. (Jehangir hospital & Research Centre, Pune, Deenanath Mangeshkar Hospital & Research Centre, Pune and Walimbe Eye Clinic, Pune has Received the prestigious Dr Deshpande award for "Exemplary work in Amblyopia (Lazy eyes in children) " during the annual conference of SPOSI (Strabismus & Pediatric Ophthalmological Society of India) held at Rishikesh on 9-10 December 2023.

Dr Prasad has authored the chapter titled "Approach to visual disability in children" in the forthcoming "Textbook of Growth, Development & Behavioral Pediatrics" by Jaypee brothers, New Delhi, to be published in January 2024.

Dr Prasad has successfully completed the tough mountain expedition to MOUNT ELBRUS (Highest peak in European Continent situated in Russia @ 5642 meters).

Dr. Shiv Parshad Mittal, Consultant, General Medicine at Panchkula, Haryana has been awarded with the fellowship of IMA Academy of Medical Specialties on 27th October 2023 during IMA AMSCON 2023, Kozhikode, Kerala.

Prof. Sanjay Gandhi, Research & Innovation Lead, Core Clinical Directorate, North Bristol NHS Trust Lead for Radiology and Diagnostic Imaging, University of Bristol, Clinical and Professional Advisor, Care Quality Commission (CQC), NHS England and Chairman, British Institute of Radiology South West has been honoured by Charles Walter's Society for Innovation & Research, in recognition of his more than 25 years of his contributions to Medical Research, Cancer Clinical Trials & Healthcare Innovations.

Dr. Vemuri S Murthy, Adjunct Faculty, Department of Emergency Medicine, University of Illinois College of Medicine, Chicago, Illinois, and Advisor, Odisha Government (Health and Family Welfare). The Indian Medical Association (IMA) has constituted an Annual Oration Award in the names of "Dr. & Mrs. Vemuri S Murthy Annual Oration Award" in 2023 which will be given to an Eminent medical personality.

This Annual Oration is instituted in recognition of the decades of contributions of Indo-US Resuscitation Expert, Dr. Vemuri S Murthy to the advancement of Education, Training, and Research in the field of "Resuscitation Medicine in India".

This year the award is first time given to Eminent Telangana Cardiologist Dr. Srinivas Ramaka for his "Outstanding Contributions to Cardiac Health and Cardiac Arrest Research Projects in India" at the Indian Medical Association's 98th All India Medical Conference held at Kovalam, Thiruvananthapuram, Kerala on 27th -28th December 2023.

Dr Yaja Jebaying, Pediatric Gastroenterologist at New Delhi, has published the following paper:

Novel mutation in the HSD3B7 gene causes bile acid synthetic disorder and presents as recurrent liver failure in early childhood. BMJ case reports 2023-02/Journal article, DOI: [10.1136/bcr-2021-245852](https://doi.org/10.1136/bcr-2021-245852) Yaja Jebaying, Karunesh Kumar, Smita Malhotra, Anupam Sibal.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin

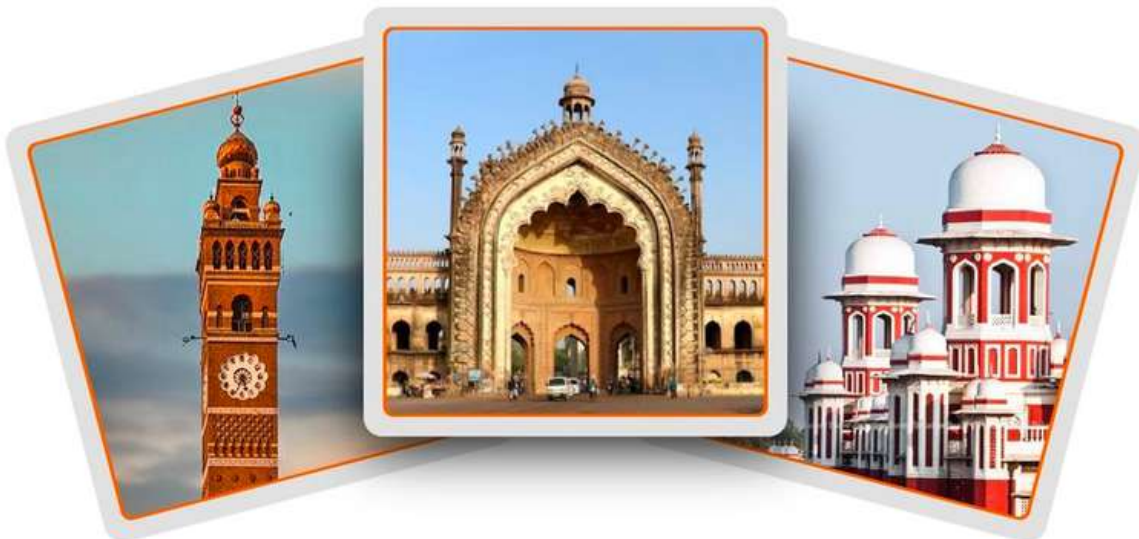
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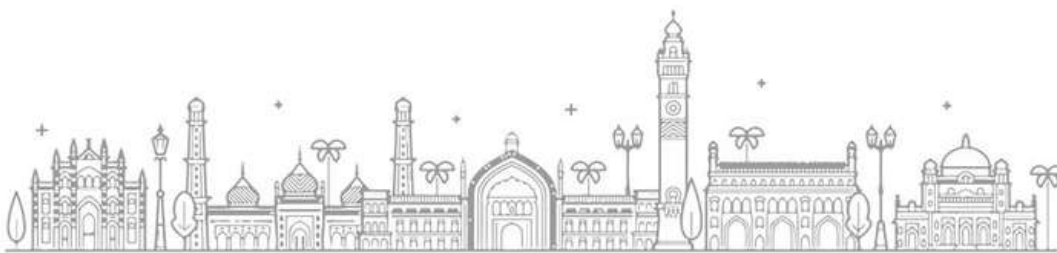


16 - 17 March

Lucknow

2024

Scientific Sessions
Speciality Workshops
GAPIO Awards
Gala Dinner
Lucknow & Ayodhya tourism



Hosted By Apollomedics Hospitals Lucknow