



## Dr. Siddhartha Mukherjee's Latest Book Earns a Spot on Prestigious Longlist



Indian-American physician and author, Dr. Siddhartha Mukherjee, has achieved a notable mention as his latest work, 'The Song of the Cell: An Exploration of Medicine and the New Human', made its way to the longlist of the prestigious Baillie Gifford Prize for Non-Fiction.

This recognition underscores Dr. Mukherjee's ability to intertwine medical insights with accessible storytelling. The book delves into modern medicine, exploring the journey towards understanding and unlocking the potential of the human cell.

This acknowledgement from the Baillie Gifford Prize brings a spotlight not only to Dr. Mukherjee's literary prowess but also to the significant medical narratives he brings to a broader audience.

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## Dr. Remesh Kumar, GAPIO Member and Past President of Indian Academy of Pediatrics at GAVI-WHO Immunisation Committee Meeting

In a significant milestone, Dr. Remesh Kumar, GAPIO Member and Past President of IAP had the privilege of representing the Indian Academy of Pediatrics (IAP) at the GAVI meeting with the WHO Immunisation Committee in Barcelona. This meeting provided an exceptional platform to advocate for immunisation updates and address the critical issue of Zero Dose Children, with a particular focus on South East Asia, notably India.

During the meeting, discussions revolved around the Immunisation Agenda 2030, a global initiative aimed at expanding immunisation coverage and promoting equitable access to vaccines. One of the paramount priorities identified was the urgent need to address the challenge of Zero Dose Children, especially in South East Asia, where millions of children are at risk.

Zero Dose Children, as the name suggests, are those who have not received any vaccines at all. Closing this immunisation gap is essential to protect children from vaccine-preventable diseases and achieve global health goals. The GAPIO delegation emphasized the importance of concerted efforts from all stakeholders in the immunisation domain to ensure that no child is left unvaccinated.

Dr. Remesh Kumar, expressed his gratitude for the opportunity to represent the Indian Academy of Pediatrics and underscored the commitment of healthcare professionals to make a meaningful impact on children's health, both in India and around the world.

As the world moves forward with Immunisation Agenda 2030, initiatives like these exemplify the dedication of healthcare professionals in ensuring that every child receives the immunisation they need for a healthy and prosperous future.





## GAPIO Explored Private Sector's Role in Strengthening India's Medical Education

The Global Association of Physicians of Indian Origin (GAPIO) recently hosted a crucial discussion focusing on bolstering India's medical education through private sector insights.

The conversation, part of GAPIO's ongoing initiatives, aimed to explore how private sector perspectives could contribute to enhancing the educational infrastructure for medical professionals in India.

Several dignitaries including Dr. Vinod. K. Paul Hon'ble Member, NITI Aayog, Dr. K. Venkatnarayan Officer on Special Duty, NITI Aayog, Dr. Minu Bajpai Executive Director National Board of Examinations (NBE), Dr. Abhijat Seth President NBE, Dr. Sanjay Behari Director, Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, Dr. Bishnu Panigrahi Group Head - Medical Strategy & Operations, Ms. Kavita Narayanan Allied and Health Council, Technical Advisor to MoHFW, Govt of India., Dr. Richa Rai Professor Physiotherapy, Delhi Pharmaceutical Sciences and Research University, New Delhi, Col. Binu Sharma Senior Nursing Director, Max Hospitals, Dr. Bipin Puri Director Medical Services, North Zone, Apollo Hospitals, Mr. Siddhartha Bhattacharya Secretary General, NATHEALTH, Mr. Praveen Kumar Mittal FICCI, Dr. Harsh Mahajan Chairman, FICCI Health Services, Dr. S. K. Aggarwal Academic Advisor and DNB Coordinator, Indraprastha Apollo, New Delhi, Dr H S Chhabra National President of ANBAI, Dr Arun Kumar Agarwal Medical Advisor, ACIG, Apollo, Dr Sushil Jain Honorary Advisor, GAPIO, Dr. Alex Thomas Ex-President of ANBAI and AHPI, Dr. Nandkumar Jairam GAPIO, Dr. Giridhar Gyani Director General, AHPI, and Dr. Pawan Kapoor Vice Chancellor, Lincoln American School of Medicine attended the discussion

This dialogue reflects GAPIO's commitment to fostering a robust healthcare education system in the country. The insights garnered from the discussion are anticipated to contribute to the evolution of medical education in India, aligning it with global standards and the changing healthcare landscape.

Through such engagements, GAPIO continues to play a pivotal role in driving meaningful discussions around critical healthcare education issues in India.





## Dr. Ashish Aneja Organizes Free Health Check-up and Awareness Camp in Association with GAPIO on World Heart Day 2023

On the occasion of World Heart Day 2023, Dr. Ashish Aneja, in association with the Global Association of Physicians of Indian Origin (GAPIO), organized a free health check-up and awareness camp.

The initiative aimed to highlight the importance of regular health check-ups and to provide essential services to the community.

Several free tests were offered during the camp, including Blood Pressure, Blood Sugar, Neuropathy, Bone Mineral Density (BMD), Electrocardiogram (ECG), and more. Additionally, free medicines were distributed to the underprivileged and needy patients attending the camp.

The event also emphasized the significance of creating awareness regarding blood pressure control and the necessary lifestyle modifications to ensure heart health. Dr. Aneja and his team of medical professionals provided guidance and advice to attendees, stressing the importance of regular check-ups and a healthy lifestyle.

The camp was a testament to the continuous efforts of medical professionals, like Dr. Aneja, and organizations such as GAPIO, in striving for a healthier community and ensuring that quality healthcare is accessible to all. I hope this captures the essence of the event accurately. Let me know if you need further modifications.

# आज समाज

## 03

कुरुक्षेत्र, शुक्रवार, 29 सितंबर 2023

## धूम्रपान, जेनेटिक, खराब खान-पान एवं लाइफस्टाइल हृदय रोग का कारण : डॉ. अनेजा

**डॉ. राजेश वधवा**

**कुरुक्षेत्र।** कुरुक्षेत्र विश्वविद्यालय के स्वास्थ्य केन्द्र के एडमिनिस्ट्रेटर, गैपियो सदस्य, आरएसएसडीआई मेंबर एवं मेडिकल ऑफिसर, डॉ. आशीष अनेजा ने विश्व हृदय दिवस पर लोगों को हृदय रोगों के प्रति जागरूक करने के लिए बताया कि 29 सितंबर को हर साल विश्व हृदय दिवस मनाया जाता है। हृदय रोग, दुनियाभर में मृत्यु का सबसे आम कारण है। उन्होंने बताया कि जेनेटिक, खराब खान-पान, खराब लाइफस्टाइल, एक्सरसाइज की कमी और धूम्रपान करना आदि हृदय रोग के मुख्य कारण होते हैं।

**हृदय रोग के लक्षण :** डॉ. अनेजा ने बताया कि हृदय की बीमारी में अक्सर सीने में दर्द से होता है, जकड़न, दबाव महसूस होने या जलन की समस्या हो



सकती है। कुछ लोगों को बांहों, गर्दन, जबड़े या पीठ में भी दर्द हो सकती है। दिल की धड़कन अगर अक्सर कम या ज्यादा होती रहती है तो ये आपके लिए गंभीर स्वास्थ्य समस्याओं का संकेत हो सकती है। अनियमित दिल की धड़कन की स्थिति हार्ट अटैक और कई अन्य गंभीर हृदय विकारों की भी समस्या हो सकती है। अधिकांश मामलों में हृदय रोग का प्रमुख कारण तनाव ही होता है वहीं मधुमेह, उच्च रक्तचाप जैसी समस्याएं भी हृदय रोगों को जन्म देती है।

**हृदय को स्वस्थ रखने के उपाय**  
हृदय को स्वस्थ रखने के इन बातों का रखें ख्याल नियमित अपने लिए समय निकालें, व्यायाम एक सेहतमंद जिंदगी के आवश्यक है, अपनी दिनचर्या में योग और वॉक को शामिल करें, अपनी आहार पर विशेष ध्यान दें, भोजन में नमक और वसा की मात्रा कम कर लें, अपनी डाइट में ताजे फल और सब्जियों को शामिल करें, तनावमुक्त जीवन जिएं, तनाव अधिक होने पर योग व ध्यान के द्वारा इस पर नियंत्रण करें, धूम्रपान का सेवन बिल्कुल बंद कर दें, यह हृदय के साथ ही कई बीमारियों का कारक है, स्वस्थ शरीर और दिल के लिए भरपूर नींद लें।

## AIA-NY Honors Medical Professionals at Benefit Gala

The Association of Indians in America, New York (AIA-NY) recognized notable individuals in the medical field during its Benefit Gala on September 17, 2023.

Dr. Subhash Kini, Director of the Center for Bariatric and Minimally Invasive Surgery at Mount Sinai, was acknowledged with the Excellence in Bariatric & Minimally Invasive/Robotic Surgery Award.

Dr. Saurabh Lodha from Columbia University's Department of Dermatology was conferred the Excellence in Dermatology – Special Young Physician Award.

Dr. V.K. Raju, a Clinical Professor of Ophthalmology at West Virginia University, was honored for Excellence in Ophthalmological Surgery & Prevention of Childhood Blindness.

These awards reflect the significant contributions of Indian-American medical professionals.



**Dr. Subhash Kini**



**Dr. Saurabh Lodha**



**Dr. V.K. Raju**

## India Advocates for Inclusive Health Architecture at G-20 Forum

In the recent G-20 Summit, India presented a comprehensive blueprint advocating for an inclusive health architecture to address global health challenges.

Drawing insights from its domestic healthcare endeavors, the blueprint underscores the imperative of equitable healthcare access and the resilience of health systems worldwide.

The proposal emphasizes collective action and shared learning as pivotal elements in bolstering global health infrastructures. By sharing its own experiences from the health sector, India aims to spur collaborative efforts among G-20 nations to foster a harmonized global health strategy.

This initiative manifests India's commitment towards fostering international collaboration to enhance healthcare inclusivity and resilience amidst the ongoing global health adversities.

Through this proposal, India envisions a unified approach in navigating the complex healthcare challenges faced globally, showcasing its proactive engagement in contributing to global health discourse and action.

**Source:**

<https://www.newsindiatimes.com/the-problem-solver-india-lauded-for-leadership-and-negotiating-successful-outcome-at-g20/>

## NMC's WFME Recognition Paves Way for Global Opportunities for Indian Medical Graduates

The National Medical Commission (NMC) of India has gained recognition from the World Federation for Medical Education (WFME), enabling Indian medical graduates to practice or pursue post-graduation in countries like the US, Canada, Australia, and New Zealand.

This applies to all 706 NMC-regulated medical colleges, with future establishments also set to receive automatic WFME accreditation.

Dr. Yogender Malik of NMC highlighted that this recognition enhances India's global standing in medical education and provides Indian medical graduates with international career opportunities.

**Source:**

<https://newsonair.gov.in/Main-News-Details.aspx?id=468156#:~:text=Indian%20medical%20graduates%20can%20now,a%20tenure%20of%2010%20years.>



## GAPIO and Medflix Successfully Hosted the 8th Edition of Wizards of Medicine: Cardiology, in Partnership with Pfizer

The Global Association of Physicians of Indian Origin (GAPIO) and Medflix, in proud partnership with Pfizer, successfully orchestrated the 8th edition of Wizards of Medicine: Cardiology on September 22nd at 9:00 PM. The event, aimed at delving into prevalent cardiac conditions and exploring the latest in cardiology management, was a riveting blend of competition, learning, and interaction.

Hosted exclusively on the Medflix app, the event was spearheaded by the renowned Dr. Kamal Sharma, a distinguished authority in cardiology. The engaging competition

provided deep insights from leading professionals in the field and offered an opportunity to win ₹18,000 in this round, with a chance of a whopping ₹1 Lakh prize in the Grand Finale.

Every participant of the event was honored with a prestigious Certificate of Participation, enriching their professional journey. The event not only elevated the discourse on Cardiology but also provided a platform for medical professionals to showcase their prowess, learn from the experts, and interact with their peers.



## GAPIO and IAP Organized a Live Session on Pediatric Hepatology

The Global Association of Physicians of Indian Origin (GAPIO), in partnership with the Indian Academy of Pediatrics (IAP), organized an enlightening live session on "Pediatric Hepatology" on Saturday, 30th September 2023, at 7:00 PM IST. The event was aimed at medical enthusiasts and professionals keen on expanding their knowledge in pediatric liver disorders.

The session featured two eminent speakers from New Delhi. Dr. Bikanant Bihari Lal from the Institute of Liver and Biliary Sciences (ILBS) presented on the "Atypical Presentation of Viral Hepatitis A," shedding light on the unconventional symptoms and manifestations of this common viral liver infection in children. Following this, Dr. Vipul Gautam from Max Super Speciality Hospital, Saket, elucidated on "Autoimmune Hepatitis," providing valuable insights into the diagnosis and management of this chronic liver disease.

The event was smoothly moderated by Dr. Remya Pai from Lisie Institute, Kerala, and was chaired by Dr. Bhanu Vikraman Pillai from Amrita Institute, Kochi. Their expertise added a structured flow to the session, ensuring the topics discussed were well-understood and the queries from attendees were adequately addressed during the Q&A segment.

Participants had the opportunity to drop their questions in the chat box, which was followed by a lively interactive Q&A segment, allowing for a deeper understanding of the topics discussed.

The event provided a robust platform for learning and interaction among medical professionals, aiding in the dissemination of critical knowledge in pediatric hepatology. The organizers urged attendees to spread the word about this session to help further educate medical professionals and enthusiasts on these important pediatric liver conditions.



## GAPIO's Dietetics International Lecture Series Explores Nutrition in Sports Performance"

The Global Association of Physicians of Indian Origin (GAPIO) hosted a riveting Dietetics International Lecture Series on 2nd September 2023, spotlighting the critical role of nutrition in enhancing sports performance. The live session, scheduled at 4:00 PM IST, brought together medical professionals and nutrition aficionados from across the globe.

The event featured two distinguished speakers, Ms. Shiny Surenderan and Dr. Geetanjali Bhide, who delved into the intricacies of sports nutrition. Ms. Surenderan's talk on "Optimizing Nutrition for Sports Excellence" provided a comprehensive overview of how a well-planned diet can significantly boost an athlete's performance. Following this, Dr. Bhide explored "Sport foods, drinks, and supplements," offering a detailed analysis of how these products can complement an athlete's diet and support their performance goals.

The session was adeptly moderated by Ms. Rucha Mehta, with Prof. (Dr.) Priti Rishi Lal chairing the event. Dr. Anita Jatana commenced the session with an engaging opening, setting the stage for the enlightening discussions that followed.

An interactive Q&A segment was held post the presentations, where attendees could submit their queries in the chat box. This interactive session provided a platform for a rich exchange of knowledge and insights between the speakers and the audience, fostering a deeper understanding of sports nutrition among the participants.

The lecture series was accessible via Zoom and witnessed a robust participation from enthusiasts keen on understanding the interplay between nutrition and sports performance.



### GAPIO – Dietetics International Lecture Series

Organized by Global Association of Physicians of Indian Origin (GAPIO)

### Nutrition For Enhancing Sports Performance

4:00 PM IST - 5:00 PM IST on Saturday, 2<sup>nd</sup> September, 2023  
 6:30 AM EST, 5:30 AM CST, 3:30 AM PST, 11:30 AM BST (UK), 8:30 PM (Australia)

**Join us:** <https://us02web.zoom.us/j/86176634602>

<b>Introduction and Welcome</b>	<b>Dr Anita Jatana</b> Consultant Dietetics Indraprastha Apollo Hospital, New Delhi	4:00 pm – 4:05 pm
<b>Optimizing Nutrition for Sports Excellence—With focus on customising nutrients for periodisation and female athletes</b>	<b>Ms Shiny Surenderan</b> Accredited Sports Dietician (IOC & SDA)	4:05pm – 4:25pm
<b>Sport - foods, drinks and supplements – need, effects and efficacy to enhance performance</b>	<b>Dr Geetanjali Bhide</b> Sports and Fitness Nutritionist Army Rowing Node Secretary Association of Sports Nutrition and Fitness Sciences	4:25pm – 4:45pm
<b>Question &amp; Answer</b>	<b>Ms Rucha Mehta</b> <b>Dr Preeti Rishi Lal</b> <b>Dr Anita Jatana</b>	4:45pm – 4:55pm
<b>Vote of Thanks</b>	<b>Dr Anita Jatana</b>	4:55pm – 5:00pm

**MODERATOR**  
**Ms Rucha Mehta**  
 Medical nutritionist  
 Apollo hospital Ahmedabad

**CHAIRPERSON**  
**Dr Preeti Rishi Lal**  
 Faculty in Lady Irwin college  
 Former Scientific officer at  
 Sports Authority of India

**GAPIO Leadership**

**Past Presidents and Emeritus Advisors**  
 Dr Prathap C Reddy  
 Dr Sanku Rao  
 Dr Ramesh Mehta  
 Dr Anupam Sibal

**Current Leadership**  
 Dr Nandakumar Jalram, President  
 Dr Sudhir Parikh, Vice President  
 Dr Rohini Sridhar, Secretary General  
 Dr Abhijat Seth, Joint Secretary  
 Dr V K Raju, Treasurer  
 Dr Sushil Jain, Honorary Advisor



# GAPIO's Enlightening 'Genomics' Session Sees Renowned Experts Delve into Modern Medical Genomics

On 23rd September 2023, the Global Association of Physicians of Indian Origin (GAPIO) successfully organized a live 'Genomics' session, which saw a gathering of notable experts on a digital platform, unraveling the intricate world of genomics and its impact on modern medicine.

The session was graced by the insightful talks of several distinguished speakers. Prof N K Ganguly, the former Director General of the Indian Council of Medical Research (ICMR), enlightened the audience on the "Use of Multi-Omics in Determining Responsiveness to Lung Cancer." Dr. Rashmi Rana from Sir Ganga Ram Hospital delved into "Multi Omics in Glioma Biology", and Dr. Sudeep Gupta from Tata Memorial Hospital shared critical knowledge on the "Use of Omics in Clinical Settings of Cancer."

Adding value to the discourse, Dr. Jaswinder Singh Maras from the Institute of Liver and Biliary Science elaborated on "Omics in NAFLD and NASH", while Dr. Shantanu Chowdhury from the Institute of Genomics and Integrative Biology expounded on "Breast Cancer Genomics."

The session was adeptly moderated by Dr. Divya Agarwal, with Dr. N K Ganguly chairing the event and Dr. Nandakumar Jairam co-chairing. Dr. Nandakumar Jairam, Chairman Medica Synergie Hospitals, also welcomed the delegates and set the stage with opening remarks. The session concluded with a 10-minute interactive question and answer segment, facilitated by the chat box feature, allowing attendees to engage with the experts.



**GAPIO**  
Global  
Association of  
Physicians of  
Indian Origin

## GAPIO Genomics International Lecture Series

organized by

### Global Association of Physicians of Indian Origin (GAPIO)

### Genomics Sesssion

7:00 PM IST on Saturday, 23<sup>rd</sup> September 2023  
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 2:30 PM BST (UK), 11:30 PM (Australia)

Join us: <https://tinyurl.com/Genomics-Session>

Welcome and Opening Remarks	<b>Dr Nandakumar Jairam</b> President, GAPIO	5 mins
Use of multi-omics in determining responsiveness to lung cancer	<b>Prof N K Ganguly</b> Former Director General – Indian Council of Medical Research (ICMR) President, Apollo Hospitals Educational and Research Foundation (AHERF), EC Member, GAPIO	15 mins
Multi Omics in Glioma Biology	<b>Dr Rashmi Rana</b> Senior Scientist Sir Ganga Ram Hospital, New Delhi	15 mins
Use of Omics in clinical settings of cancer	<b>Dr Sudeep Gupta</b> Professor, Medical Oncology Tata Memorial Hospital, Mumbai	15 mins
Omics in NAFLD and NASH	<b>Dr Jaswinder Singh Maras</b> Assistant Professor Department of Molecular and Cellular Medicine Institute of Liver and Biliary Science, New Delhi	15 mins
Breast Cancer Genomics	<b>Dr Shantanu Chowdhury</b> Chief Scientist Functional Genomics Institute of Genomics and Integrative Biology (IGIB)	15 mins
Question & Answer	<b>Dr N K Ganguly</b>	10 mins
Vote of thanks	<b>Dr Sushil Jain</b> Honorary Advisor, GAPIO	5 mins

**MODERATOR**  
**Dr Divya Agarwal**  
Consultant Medical Oncologist  
Indraprastha Apollo Hospitals, New Delhi

**CHAIRPERSON**  
**Dr N K Ganguly**  
President, Apollo Hospitals Educational and Research Foundation (AHERF), EC Member, GAPIO

**CO-CHAIRPERSON**  
**Dr Nandakumar Jairam**  
President, GAPIO

**GAPIO Leadership**  
**Past Presidents and Executive Advisors**  
Dr Prathap C Reddy  
Dr Sanku Red  
Dr Ramesh Mehta  
Dr Anugam Sibal

**Current Leadership**  
Dr Nandakumar Jairam, President  
Dr Sudhir Parikh, Vice President  
Dr Rohini Sridhar, Secretary General  
Dr Ashmit Sethi, Joint Secretary  
Dr VK Naga, Treasurer  
Dr Sushil Jain, Honorary Advisor

## SOCIAL MEDIA COVERAGE

### GAPIO Lauds Physiotherapists: Champions of Mobility and Health

The Global Association of Physicians of Indian Origin (GAPIO) extended its tribute to the notable discipline of physiotherapy through a heartfelt social media post. GAPIO, aligning with the global community, celebrated the indelible impact physiotherapists make in promoting health, restoring bodily functions, and thereby, enhancing the quality of lives.

The post appreciatively nods to the experts who tirelessly work to guide individuals towards improved mobility and better health, showcasing GAPIO's acknowledgment and support for the physiotherapy community.





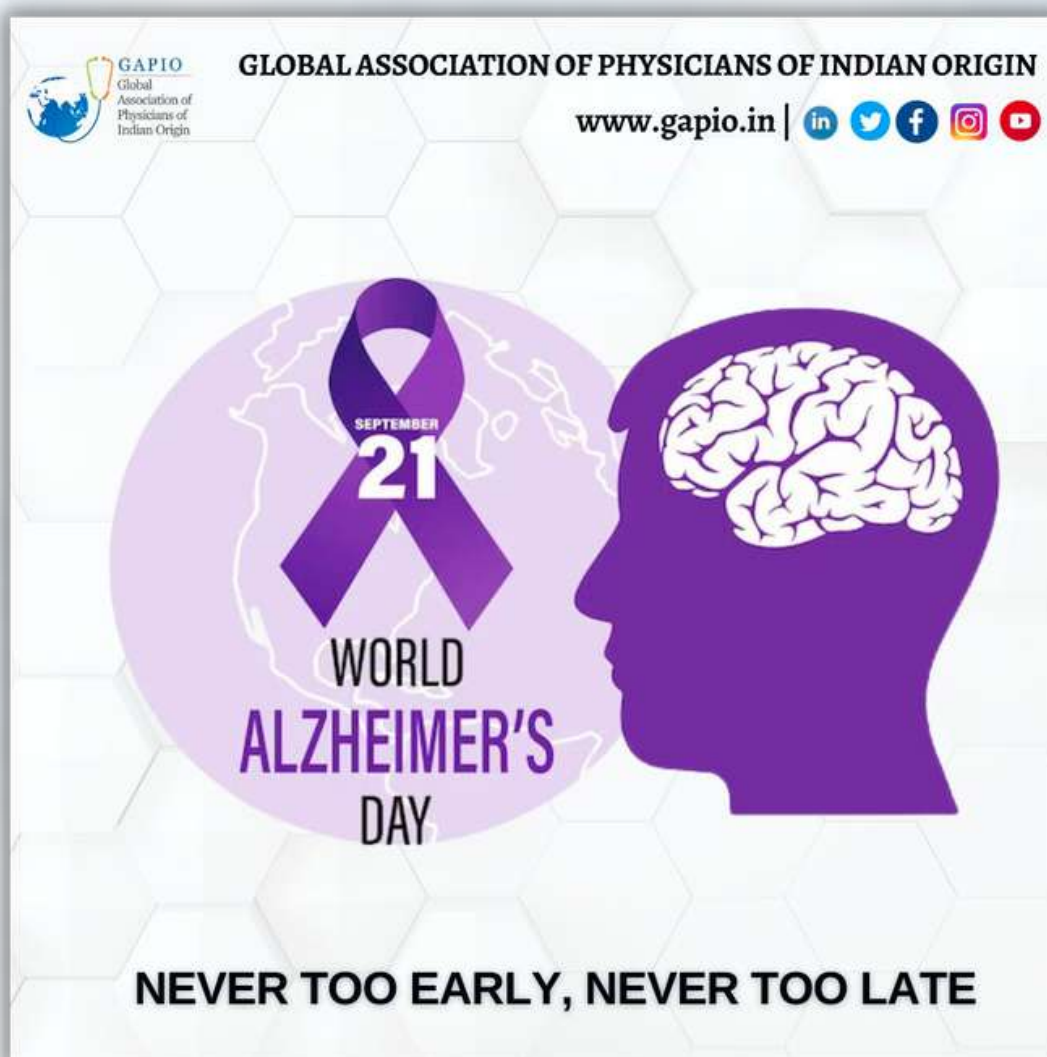
## SOCIAL MEDIA COVERAGE

### GAPIO Amplifies Alzheimer's Awareness: Advocates for Timely Intervention and Enhanced Care

The Global Association of Physicians of Indian Origin (GAPIO) took to social media to accentuate the significance of early detection and intervention in Alzheimer's disease management, aligning with this year's theme, "Never too early, never too late." The post elucidated on how Alzheimer's leads to brain shrinkage affecting cognitive functions and stressed the importance of distinguishing it from typical age-related memory loss for accurate management.

While acknowledging the absence of a cure, GAPIO emphasized that timely interventions could significantly ameliorate patient quality of life. The post encouraged healthcare professionals to refine their clinical approaches, enhance patient education, and advocate for continued research.

As GAPIO marked the occasion, it called upon the global healthcare community to join in leading the charge towards better Alzheimer's care, underscoring its commitment to promoting a world with enhanced Alzheimer's management.



## HEALTH TIPS/FACTS

### Mindfulness Meditation: A Tool for Stress Reduction in Healthcare Professionals

In the fast-paced world of healthcare, mindfulness can be your secret weapon for reducing stress and improving focus.

Incorporating mindfulness techniques into your daily routine can help you stay centered, make better decisions, and provide more compassionate care.

Here are some tips to get started:

- **Meditation:** Dedicate a few minutes each day to meditation, focusing on your breath and clearing your mind.
- **Deep Breathing:** Practice deep, diaphragmatic breathing to calm your nervous system during stressful moments.
- **Mindful Moments:** Find opportunities for mindfulness throughout your day, whether it's during a walk, a meal, or a brief pause between patients.



**Source:**

<https://pubmed.ncbi.nlm.nih.gov/35988241/#:~:text=The%20different%20interventions%20showed%20positive,potentially%20effective%20in%20reducing%20stress.>

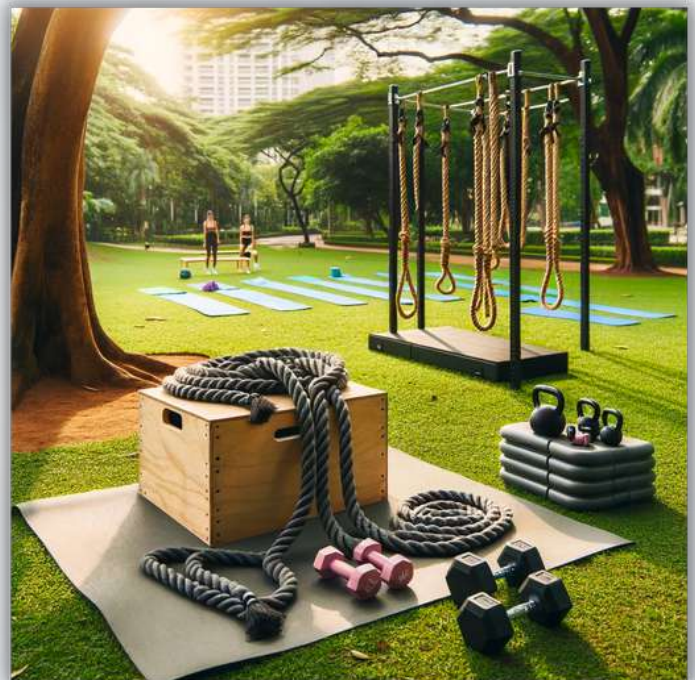
### Prioritizing Physical Activity

As a healthcare professional, you understand the importance of physical health.

Regular exercise not only boosts your own well-being but also sets a positive example for patients.

Here's how you can prioritize physical activity:

- **Set a Schedule:** Allocate specific times in your week for exercise, treating these slots as non-negotiable appointments.
- **Variety is Key:** Engage in a mix of aerobic, strength, and flexibility exercises to keep your body balanced.
- **Workout Buddies:** Consider exercising with colleagues or friends for added motivation and accountability.



**Source:**

[https://journals.lww.com/acsm-healthfitness/Fulltext/2016/05000/How\\_Health\\_and\\_Fitness\\_Professionals\\_Can\\_Further.6.aspx](https://journals.lww.com/acsm-healthfitness/Fulltext/2016/05000/How_Health_and_Fitness_Professionals_Can_Further.6.aspx)



## GAPIO Honors' List September 2023



**Dr Akshat Pandey**, selected under Board of Editor/s International Journal of Police Science - A publication under UN Mandate for International Police Science Association - First from India to get to the Board of Editors Role with International Journal of Police Science. The IJPS is published by the International Police Science Association (IPSA), a registered academic organization of the United Nations.

**Prof Arun Jamkar**, Distinguished Professor, SIU Pune and Consultant, Health care, Persistent Systems Ltd., has been awarded "Suryadatta Dhanwantri National award " on 16th Sep 23 for excellence in field of medical science, specialist in surgical oncology in the hands of Dr K H Sancheti.

**Dr Govindaiah Yatheesh**, Apollo Speciality hospital, Jayanagar, Bangalore has taken over as the President of Private Hospitals and Nursing Homes Association-Karnataka.

**Dr Keerti Singh**, Lecturer, Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has contributed the following on 2nd September 2023:

- Spearheaded as Co-Chair of Optimist International Caribbean District Childhood Health and Response Mission (CHaRM) committee in Organizing a Health fair for Optimist club Caribbean district, zone 10 in collaboration with optimist club of Barbados North, in collaboration with the Medical Students Association of Faculty of Medical Sciences, UWI Cave hill, Barbados, as a part of Quarter 4, project focused on Noncommunicable diseases and Childhood Diabetes. Free Health checks and Health presentations were made by the medical students. 9: 30 am – 1 pm (EST). Organized the sponsorships and donations of health care products from Bryden's Stokes Limited.
- During the above mentioned activity, made a presentation of \$1100 as co-chair on behalf of CHaRM committee, Optimist International Caribbean District to a 10-year-old boy undergoing treatment for childhood cancer at QEH, Barbados, at St John Baptist Church, St James at 11: 30 am. Collected from the donations of Lester Von School students towards the childhood cancer stickers program and donations from the Progressive Lights Optimists Club, Jamaica. Function was organized to commemorate and support Stand Up To Cancer.
- Participated in the public health fair organized by the ministry of Health and wellness in collaboration with the Barbados defense force field medical team and BAMP at the National Stadium grounds, Waterford, St Michael, 2-4 pm EST. Performed free health checks and collected samples for PSA testing for men.

## GAPIO Honors' List September 2023

**Dr Mrinal Kanti Das**, Past National President of CSI, Present President of Asian Heart Society, Member of Assembly of International Governors of ACC has been:

- Invited as a special faculty at India- Vietnam Joint Health Seminar organized by High Commission of India at Vietnam in the month of August, 2023.
- Invited at Amsterdam as the member of the Assembly of International Governors of American College of Cardiology in the month of August, 2023 to form a 5-year strategies for global cardiac health.
- Elected as the President Incharge of NGO Nishshabd Angeekar Welfare Association in the month of September, 2023. This NGO works in the remote areas of the Sundarbans for health and education since 2009.
- Delivered inaugural speech at the Great Wall International Congress of Cardiology at Beijing in September, 2023 as the Founding President of Asian Heart Society. Also, I was a speaker at the joint SCAI/AHS session in the congress. This is first ever achievement by any Indian.

**Dr Premkumar Balachandran**, Senior Consultant Minimal Access, Bariatric and Robotic Surgeon at Chennai has been invited as faculty by "Harvard Medical School" MINT 2023 (minimal invasive and novel therapeutics) conference and delivered a faculty lecture on "Hernia repair on the Hugo platform".

**Dr Rajendra Prasad**, Sr. Consultant Neurosurgeon & Spine Surgeon, Hon. Medical Director, Indian Head Injury Foundation, Founder Trustee, KARA Medical Foundation has contributed the following:

- Delivered a lecture on "Implementation of Tele-Assessment and Delivery of Wheelchairs in a Low / Middle-Income Country " at the International Conference of the Association for the Advancement of Assistive Technology in Europe (AAATE) In Paris in September 2023.
- His NGO's "Vision Skills Lab" at a Girls Blind School in Patna, have been invited by UNESCO Institute for Information Technologies in Education to be part of its inclusion-led initiative worldwide because of its "first-hand insights on the use of technology solutions and innovative practices in the education and socialization of learners with disabilities and special educational needs."

**Dr Raju Vaishya**, Senior Consultant, Orthopedic Surgeon at New Delhi has published the following papers:

- Iyengar KP, Jain VK, Vaish A, Vaishya R. Self- Monitoring Analysis and Reporting Technology (SMART) and Sensor based Technology applications in Trauma and Orthopaedic Surgery. J Orthop 2023; 44: 113-118. Doi: [10.1016/j.jor.2023.09.006](https://doi.org/10.1016/j.jor.2023.09.006).
- Vaishya R, Iyengar KP, Jain, VK, Vaish A. Demystifying the Risk factors and Preventive measures for Osteoporosis. Ind J Orthop 2023; doi :10.1007/s43465-023-00998-0.

Presentations:

- My journey of Research and Publication. 1st Nepal Ortho ResearchCon, 22-23rd Sept. 2023, Kathmandu.
- Orthopaedic Research-worldwide perspective. 1st Nepal Ortho ResearchCon, 22-23rd Sept. 2023, Kathmandu.
- How to get your article published? Tips & Tricks. 1st Nepal Ortho ResearchCon, 22-23rd Sept. 2023, Kathmandu.
- What is Plagiarism? Types and how to avoid them. 1st Nepal Ortho ResearchCon, 22-23rd Sept. 2023, Kathmandu.
- How to write the introduction? 1st Nepal Ortho ResearchCon, 22-23rd Sept. 2023, Kathmandu.

**Dr Remesh Kumar**, DMS, Apollo Hospitals, Kochi and Past President, IAP has been formally enrolled as a FELLOW of ROYAL COLLEGE of PEDIATRICS @ a glittering function at the City Hall, Cardiff, Wales on 27th Sept 2023. Received the FRCPC award plaque from Dr Camilla Kingdon, President of Royal College.

## GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin

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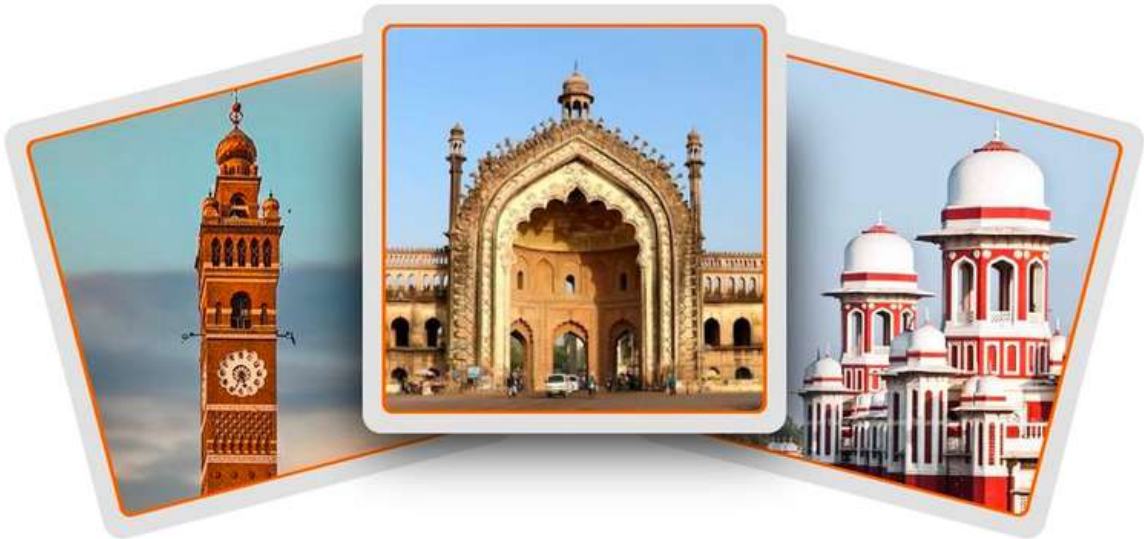
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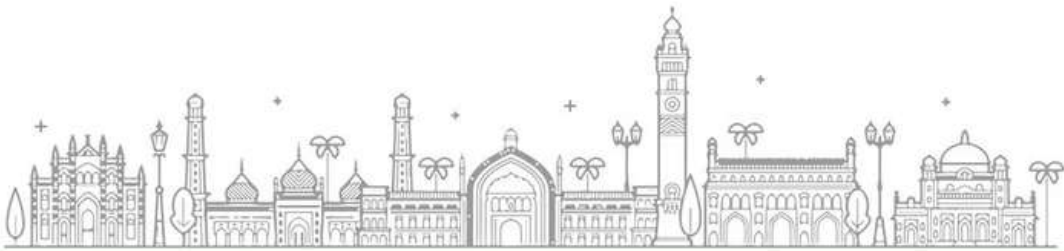


# GAPIO | XIV ANNUAL CONFERENCE 2024




**16 - 17 March**  
**Lucknow**

**2024** Scientific Sessions  
Speciality Workshops  
GAPIO Awards  
Gala Dinner  
Lucknow & Ayodhya tourism



**Hosted By Apollomedics Hospitals Lucknow**

## ANNOUNCEMENT OF GAPIO AWARDS – 2024

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- **A) DR. I A MODI AWARDS**
  - **B) GAPIO EXCELLENCE IN RADIOLOGY/RADIATION THERAPY AWARDS**
  - **C) GAPIO SURGICAL EXCELLENCE AWARDS**
  - **D) GAPIO EXCELLENCE IN DIAGNOSTICS AWARDS**
  - **E) DR. PRATHAP C REDDY PHILANTHROPY AWARD**
  - **F) GAPIO LIFETIME ACHIEVEMENT AWARD**

### Note:

- Awards A to D in two categories i.e. Distinguished Clinician and Young Clinician **Distinguished Clinician** will get cash award of **Rs. 1 lakh with trophy and citation** and **Young Clinician** will get cash award of **Rs. 50,000/- with trophy and citation.**
- Awards at E and F will be given to one person only and will carry a cash award of **Rs. 1 lakh with trophy and citation.**

**XIV ANNUAL CONFERENCE ON 16TH AND 17TH MARCH 2024  
AT LUCKNOW, UTTAR PRADESH**

**For nomination form and criteria please visit**

**<https://gapio.in/awards2024/>**

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