GAPIO TIMES

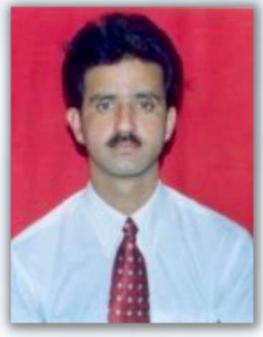
Global Association of Physicians of Indian Origin

ISSUE 45

JUNE 2023



Kashmiri Chest Physician Dr. Javaid Malik Honoured with 'Inspiring Pulmonologists of India Award'



Dr. Javaid Malik, a Chest Physician from Jammu and Kashmir, received the esteemed 'Inspiring Pulmonologists of India Award' at The Economic Times Doctor's Day Conclave.

The award citation applauded Dr. Javaid Malik for his exceptional accomplishments and unwavering dedication to the field of Pulmonology. As the Professor and Head of Pulmonary Medicine at SKIMS Medical College, Srinagar, Dr. Malik has showcased remarkable skills and expertise in his area of specialization.

This prestigious award is a testament to Dr. Malik's dedication and contributions to the field of Pulmonology.

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Indian American Urologists Honoured as Young Urologists of the Year

GAPIO proudly celebrates the remarkable achievements of three Indian American urologists who have been recognized with the esteemed Young Urologist of the Year Award by the American Urological Association (AUA). Rena Malik, Nitya Abraham, and Sarah Vij have demonstrated exceptional dedication and contributions to the field.

Dr. Rena Malik, an innovative young urologist in the Mid-Atlantic Section, has been acknowledged for her groundbreaking work on urinary biomarkers predicting catheter-associated urinary tract infections. Her notable achievements include receiving the prestigious William D. Steers Award and publishing over 66 peer-reviewed papers. Dr. Malik's expertise in female pelvic medicine and reconstruction inspires fellow urologists.

Dr. Nitya Abraham, an Associate Professor at Albert Einstein College of Medicine, has established herself as a respected mentor and leader in the New York region. Her impactful research on the influence of social determinants of health on pelvic floor health has made a significant contribution to the field. Dr. Abraham's involvement in various committees and societies exemplifies her dedication to education and advancement.

Dr. Sarah Vij, an Assistant Professor of Urology at the Cleveland Clinic Foundation, has made significant strides in male infertility and andrology. As the first female program director of a Sexual Medicine Society of North America (SMSNA) approved fellowship, Dr. Vij's leadership and expertise have garnered well-deserved recognition. Her commitment to training residents and fellows in microsurgery further showcases her exceptional capabilities.

The Young Urologist of the Year Award is a testament to the exemplary talent and commitment demonstrated by these Indian American urologists.







Dr. Nitya Abraham



Dr. Sarah Vij

Dietetics International Lecture Series by GAPIO Delivers Invaluable Insights in Paediatric Celiac Disease and Diabetes Management!

The GAPIO Radiology International Lecture Series recently hosted a highly informative session on the "Basics and Advancements of Imaging in Stroke," providing valuable insights to participants. The event took place on Sunday, June 11th, 2023, at 7:00 PM IST, featuring the esteemed Dr. Rajiv (Raj) Gupta, an expert Neuro, Cardiac, and Emergency Radiologist.

Dr. Gupta, with his extensive knowledge and experience, shared valuable information on the fundamentals and advancements in stroke imaging. Participants had the opportunity to delve into the intricacies of this critical area of radiology, gaining a deeper understanding of the latest techniques and technologies used in diagnosing and treating stroke.

The session proved to be an enlightening experience, as attendees were able to expand their knowledge and stay up-to-date with the latest advancements in imaging for stroke. The interactive nature of the session allowed participants to engage with Dr. Rajiv Gupta, benefiting from his expertise and gaining insights into best practices in stroke imaging.

GAPIO continues to empower healthcare professionals with valuable educational opportunities through its Radiology International Lecture Series



GAPIO Physiotherapy International Lecture Series 5.0 Explores Non-Traumatic Shoulder Pain Management

The GAPIO Physiotherapy International Lecture Series 5.0 recently hosted a highly informative session focused on the management of non-traumatic shoulder pain. The virtual event, held on Saturday, June 17th, 2023, brought together esteemed speakers who shared their expertise and insights on this important topic.

The session commenced with an introduction by Dr. Hemant Juneja, an Associate Professor at Physiotherapy Education Centre for Health and Rehabilitation, University College Absalon, Denmark. Dr. Juneja's presentation shed light on understanding Subacromial Pain Syndrome from a physiotherapy perspective.

Dr. Havind Tandon, a Senior Consultant in Orthopaedics at Indraprastha Apollo Hospitals, New Delhi, provided valuable insights from a surgeon's perspective, exploring the understanding of Sub Acromial Pain.

Dr. Jaymin K Bhatt, a Senior Physiotherapist at ISRO, Ahmedabad, delved into the topic of Kinetic Chain Concerns in Non-Traumatic Shoulder Pain Management, highlighting the interconnectedness of various body movements.

The session facilitated an interactive discussion, allowing participants to gain valuable insights and practical knowledge from these renowned experts in the field of physiotherapy. The diverse perspectives shared during the event provided a comprehensive understanding of non-traumatic shoulder pain management.



GAPIO's Paediatric Gastroenterology Event Delivers Expert Insights and Knowledge

GAPIO hosted a highly anticipated event in the field of Paediatric Gastroenterology, bringing together renowned experts to share their insights and expertise. The virtual session, held on Saturday, June 24th, 2023, proved to be an invaluable opportunity for healthcare professionals to enhance their knowledge and understanding.

The event featured distinguished speakers who delved into important topics within the field.

Dr. Arghya Samanta from India shed light on the crucial role of Dietary Therapy in Children with Chronic Diarrhea, emphasizing the significance of proper nutrition in managing this condition.

Dr. Vibhor Borkar, also from India, provided valuable insights on the Approach to Chronic Diarrhea in Children, offering practical approaches to diagnosis and treatment.

Guiding the discussion as the moderator was Dr. Vinitha Vijayaraghavan, a renowned Consultant in Pediatric Gastroenterology at Aster MIMS Hospital, Kozhikode, Kerala. Dr. Vijayaraghavan skillfully facilitated an engaging conversation and ensured that attendees gained a comprehensive understanding of the topics discussed.

Overseeing the event as the Chairperson was Dr. Shirish Bhatnagar, a distinguished Consultant Pediatric Gastroenterologist from Eras Lucknow Medical College and Hospital, Lucknow. Dr. Bhatnagar's expertise and leadership added tremendous value to the session, further enhancing the learning experience for participants.

The GAPIO Paediatric Gastroenterology event provided a unique platform for industry experts to share their knowledge and insights. Attendees had the opportunity to engage with the speakers, ask questions, and exchange ideas, fostering a collaborative environment.



SOCIAL MEDIA COVERAGE

GAPIO Stands with Brain Tumor Patients on World Brain Tumor Day, Advocates for Knowledge, Support, and Advancements

GAPIO observed World Brain Tumor Day on June 8th, joining individuals affected by brain tumors and their families in spreading knowledge, providing support, and driving advancements.

Recognizing the critical importance of early detection and timely intervention, GAPIO emphasized the power of staying informed about the signs and symptoms of brain tumors. By sharing this important message, we can make a positive impact on the lives of those affected and contribute to improved outcomes.

Together, we make a positive impact through early detection and timely intervention.





GAPIO Observes International Albinism Awareness Day, Advocates for Inclusion and Unity

On June 13th, GAPIO joined the global community in commemorating International Albinism Awareness Day. Under the theme of #InclusionIsStrength, this significant day emphasized the importance of including diverse groups within and outside the albinism community.

With a mission to create a more inclusive future, GAPIO called for collaboration, embracing diversity, and seeking synergies. The organization recognized the unique contributions and strengths of individuals with albinism and emphasized the need to break down barriers and promote understanding.

Through social media and various platforms, GAPIO spread awareness and encouraged individuals to join the movement. The organization urged everyone to make their voice heard on #AlbinismDay and actively contribute to creating a world where diversity is celebrated.

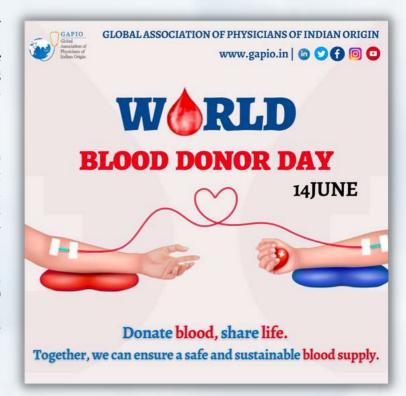
SOCIAL MEDIA COVERAGE

GAPIO Commemorates World Blood Donor Day, Highlights the Power of Blood Donation

On June 14th, GAPIO celebrated World Blood Donor Day, acknowledging the selfless act of blood donation and its profound impact on saving lives. The organisation joined the global community in recognising the crucial role of blood donors in ensuring a safe and sustainable blood supply for those in need.

Under the theme of #GiveBlood #ShareLife, GAPIO emphasised the importance of donating blood to support individuals facing medical emergencies, surgeries, and other critical healthcare needs. The organisation urged individuals to come forward and contribute to this life-saving endeavour.

By donating blood, individuals have the power to make a tangible difference in the lives of others. GAPIO highlighted the transformative impact that each donation can have in providing vital support and hope to patients and their families.



GAPIO Celebrates World Autistic Pride Day, Embracing Diversity and Empowering Change



On June 18th, GAPIO joined the worldwide celebration of World Autistic Pride Day, embracing diversity and empowering change. Under the theme "Embracing Diversity,

Empowering Change: Celebrating Autistic Contributions Worldwide," the organisation highlighted the unique talents and perspectives of autistic individuals.

GAPIO invited doctors, healthcare professionals, and nurses to be part of this global movement, recognising and appreciating the valuable contributions made by autistic individuals.

The organisation emphasised the importance of fostering a more inclusive and understanding society that values and supports the diverse abilities and strengths of autistic individuals.

SOCIAL MEDIA COVERAGE

GAPIO Celebrates International Yoga Day, Embracing Wellness for All

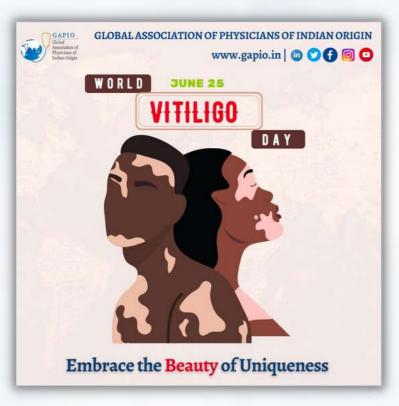
On June 21st, GAPIO joined the global celebration of International Yoga Day, embracing the theme of Humanity: Embracing Wellness for All.

Recognising the transformative power of yoga in promoting physical, mental, and emotional well-being, GAPIO encouraged doctors, nurses, and healthcare professionals to prioritise their own wellness and experience the benefits of this ancient practice.

Yoga knows no boundaries and is accessible to people of all ages and backgrounds. GAPIO emphasised the inclusive nature of yoga, inviting individuals from diverse communities to participate in this celebration of holistic health. By embracing the essence of humanity, GAPIO aimed to promote wellness for all and create a ripple effect of positive change.



GAPIO Celebrates World Vitiligo Day, Embracing Uniqueness and Promoting Inclusivity



On June 25th, GAPIO joined the global celebration of World Vitiligo Day, embracing the beauty of uniqueness and honoring the strength and resilience of individuals with vitiligo.

Through social media and various platforms, GAPIO spread awareness, challenged stereotypes, and advocated for inclusivity, promoting a world where diversity is cherished and every shade is celebrated.

World Vitiligo Day served as a reminder to embrace and appreciate the journey of individuals with vitiligo. GAPIO highlighted the courage and self-love exhibited by those living with this condition. By raising awareness, GAPIO aimed to challenge misconceptions and promote a more inclusive society that values and respects differences.

SOCIAL MEDIA COVERAGE

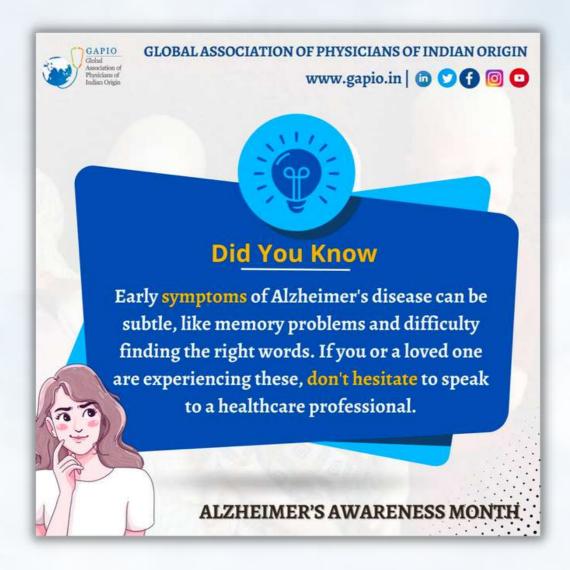
GAPIO Raises Awareness for Alzheimer's Disease during Alzheimer's Awareness Month

In commemoration of Alzheimer's Awareness Month, GAPIO took the initiative to raise awareness and understanding of Alzheimer's disease.

The organization encouraged individuals to recognize the early signs and symptoms, emphasizing the importance of early detection and intervention in managing the condition.

The focus was on helping people identify subtle indicators, such as memory problems and difficulty finding the right words, which could potentially be early signs of Alzheimer's.

GAPIO emphasised the significance of seeking guidance from healthcare professionals if individuals or their loved ones exhibited these symptoms. Early detection plays a vital role in accessing appropriate care and support, making a significant difference in managing the condition effectively.



GAPIO Honors' List June 2023



Dr Devendra Kumar Gupta, Former Professor and Head, Department of Pediatric Surgery at AIIMS, New Delhi, former Vice-Chancellor - KGMU, Lucknow, Director and CEO: Postgraduate Institute of Child health, Noida, has delivered the following lecture / talk:

- Invited by the Franco- Congolese Association and the Ministry of Health, Democratic Republic of Congo to visit for charity at the children hospital Kinshasa and deliver lectures (5), demonstrate surgical techniques and submit the proposal to Establish a new 450 Bed, University Institute of Child Health.
- Invited to deliver Guest lectures (2), and participate in the other academic programs at the Sydney Children Hospital, University of New South Wales.
- Invited to deliver Master Class lectures (2) by the Deptt of Pediatric Surgery, University of Bolognia Italy, in the Workshop held during the International Congress of Pediatric Urology.
- Invited as Guest of Honor and also to deliver the Guest Lecture on -Alcohol Use and Abuse, at the India Club Meeting, Rouse Hill, Sydney for creating general awareness on risks of Alcohol consumption.
- Invited to the TV Talk -Total Health (India), on Advances in surgery for malformations in Newborns and children, in India, for creating awareness amongst the General public.

Dr Kandamaran Krishnamurthy, Consultant Pediatric- Intensive Care Unit from Queen Elizabeth Hospital, Barbados has published the following paper:

Bharatha, A., & Krishnamurthy, K. (2023). The Power of Computational Chemogenomics and In Silico Tools for Drug Discovery. South East Asia Journal of Medical Sciences, 7(3), 1–2. Retrieved from https://littlebaypublishers.com/index.php/seajournalms/article/view/97

Dr Karan Thakur, Vice President, Sustainability, ESG & Public Affairs at New Delhi, has published a policy paper titled "Resilient Health Infrastructure and Disaster Risk Reduction: Experiences from the Global South". The paper was published by the G20 Secretariat's T20 initiative in June 2023.

GAPIO Honors' List June 2023

Dr Keerti Singh, lecturer in the Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has been elected as the incoming Lieutenant Governor for Optimist International Caribbean District, zone 10 for the Optimist year 2024. The optimists clubs under jurisdiction include all OI clubs in the following countries-Barbados, Trinidad &Tobago and Antigua and Barbuda.

Dr Naveen Thacker, Director - Deep Children Hospital Research & Centre, President, International Pediatric Association has been honored as one of the 'Torchbearers of India' on Doctors Day Conclave 2023, by Economic Times, ET Edge and Medwiz Healthcare Communications.

He is appointed as a Board Member representing the Health Care Professional Associations (HCPA) Constituency in the PMNCH Board. He represented the International Pediatric Association (IPA).

Dr Om Ganda, Medical Director, Lipid Clinic, Investigator, Clinical Research, Senior Faculty, Global Education and Care, Joslin Diabetes Center; Associate Profesor of Medicine, Harvard Medical School has received "MACE Award" at the Annual Scientific Meetings of the American Association of Clinical Endocrinology, Seattle, WA, USA on May 6, 2023.

Dr Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi: Achievements:

We have described a new clinical entity of Exercise-Induced Petechiae (EIC) of the forearm in the BMJ Case Reports.

 $\ensuremath{\text{Dr}}$ Raju has published the following article:

Publications:

- Vaishya R, Vaish A, Iyengar KP. Exercise-induced petechiae (EIP) of the forearm after intense, railing assisted squat exercise. BMJ Case Reports 2023;0:e255969. doi:10.1136/bcr-2023-255969
- Vaishya R, Kambhampati SBS, Iyengar KP, Vaish A. ChatGPT in the current form is not ready for unaudited use in healthcare and scientific research. Cancer Research, Statistics, and Treatment 2023; doi:10.4103/crst.crst_144_23.
- Itha R, Vaishya R, Vaish A. Osteochondritis dissecans of the shoulder- A narrative Review of the current literature. J Arthoscop Joint Surg 2023; doi: 10.4103/jajs.jajs_35_23.
- Vaishya R, Misra A, Vaish A, Singh SK. Diabetes and Tuberculosis Syndemic in India: Facts, Gaps in Care and Challenges. J Diabetes 2023: Doi: 10.1111/1753-0407.13427
- Vaishya R, Gupta BM, Mamdapur GM, Vaish A, Migliorini F. Scientometric Analysis of High-Cited Papers on Avascular Necrosis of Femoral Head during 1991-2022. J Orthop Traumatology 2023; DOI:10.1186/s10195-023-00709-3

Dr Raju has done the following presentations:

• Epidemic of AVH of the hip post COVID-19. IMA Morena, 1st July 2023.

Dr Raju has contributed a chapter titled:

Tibial Tubercle Osteotomy in Total Knee Arthroplasty. Educational Knee Compendium. Orthopaedic Association of South Indian Surgeons (OASIS), 24th June 2023

Dr Saroj Kumar Pattnaik, Sr. Consultant, Critical Care Medicine at Bhubaneswar has published an original article titled "Diagnostic Accuracy of Cerebrospinal Fluid Presepsin as a Marker of Bacterial Meningitis in Patients with External Ventricular Drainage – A Cross-Sectional Study in a Tertiary Intensive Care Unit" in Apollo Medicine journal in the recent publication, Jul-Sep 2023 - Volume 20 - Issue 3.

GAPIO Honors' List June 2023

Dr Suchitra Ranjit, Senior Consultant, PICU at Chennai, has published a first author publication in Lancet Child and Adolescent Health (Impact fact 37).

Dr Suchitra has also been invited to serve in the international taskforce writing group to prepare the next iteration of the Surviving Sepsis Guidelines for Children.

Dr V K Raju, Ophthalmologist and president and founder, Eye Foundation of America, USA, President, Eye Foundation of America was honored by First lady Cherie Blair at a glittering function on Friday, June 23 evening at the House of Lords commemorating the UN International Widows Day organized by the Loomba Foundation led by Lord Raj Loomba as a Loomba fellow for the mission work around the world on empowering widows.

- Dr Raju has been saluted as a humanitarian, change agent, and healthcare advocate by Agraj Seva Kendra during its Heritage Day Celebration at the East Brunswick Public Library on May 19, 2023.
- · Dr Raju has been acknowledged by the Senate and General Assembly of the State of New Jersey and commended him for immeasurable contribution he has made as Clinical Professor of Ophthalmology at West Virginia University, as Director of the International Ocular Surface Society, and as the eminent founder and President of the Eye Foundation of America, a superb nonprofit dedicated to the eradication of childhood blindness.
- Dr Raju has been appreciated as the author of 300 academic papers, 100 scholarly publications and the upcoming tome, "Musings on Medicine, Myth and History: India's Legacy," co-written with his daughter.

Dr Vemuri S Murthy, Adjunct Faculty, Department of Emergency Medicine, University of Illinois College of Medicine, Chicago, Illinois, and Advisor, Odisha Government (Health and Family Welfare), received the 2023 Telugu Association of North America (TANA) "Excellence in Medicine" Award for exemplary achievements and contributions on July 7, 2023, at the TANA Convention in Philadelphia, PA. The Award was presented by the former Vice-President of India, Hon'ble Mr Venkaiah Naidu.

Dr Zia Arshad, Department of Anaesthesiology & Critical Care, King George's Medical University, Lucknow has been welcomed as the Fellow of the Royal College of Physicians of Edinburgh.

Dr Zia has published an original article titled "Neuropsychiatric outcomes in intensive care unit survivors" DOI-10.7795/cureus.40693.

Dr Zia has written a book titiled as "Infection prevention and control in ICU" - IIP Publisher ISBN 978-93-5747-160-5.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

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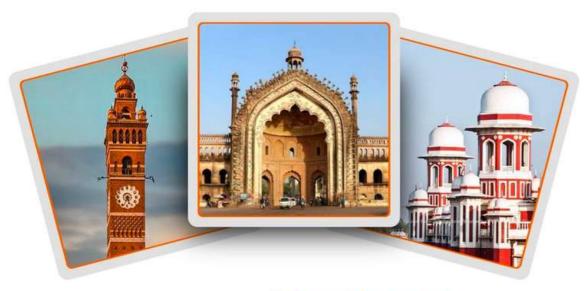








GAPIO XIV ANNUAL CONFERENCE 2024



16 - 17 March

Lucknow

Scientific Sessions **Speciality Workshops GAPIO** Awards Gala Dinner Lucknow & Ayodhya tourism



Hosted By Apollomedics Hospitals Lucknow