

Improving Health Worldwide



## Dr. V.K. Raju Honored for Humanitarian Contributions and Healthcare Advocacy



Renowned physician and Clinical Professor of Ophthalmology at West Virginia University, Dr. V.K. Raju, was recently recognized for his exceptional contributions and dedication to healthcare. Agra Seva Kendra, during its Heritage Day Celebration at the East Brunswick Public Library on May 19, 2023, felicitated Dr. Raju as a humanitarian, change agent, and healthcare advocate.

The esteemed Eye Foundation of America, founded and presided over by Dr. Raju, has been instrumental in combating childhood blindness and advancing eye care. His extensive body of work includes the authorship of three hundred academic papers, one hundred scholarly publications, and an upcoming book titled "Musings on Medicine, Myth, and History: India's Legacy," co-authored with his daughter.

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## GAPIO and AAPI Promote Healthy Lifestyles and Obesity Prevention

For over a decade, GAPIO members, led by Dr. Uma Koduri, have been at the forefront of organizing programs and walkathons in schools, medical centers, and communities to raise awareness about healthy lifestyles and combat obesity. The color yellow has been embraced as a symbol of energy, motivation, hope, optimism, joy, and happiness in this important mission.

Recognizing that health and obesity prevention encompass more than just diet and physical activity, GAPIO emphasizes the significance of sleep and stress management, avoidance of risky substances, and fostering positive social interactions for overall well-being – both physically and mentally.

In a significant milestone, AAPI and GAPIO have jointly signed official proclamations to use yellow as the awareness color for obesity prevention. This collaborative effort aims to amplify the message and impact of promoting healthy lifestyles. Most recently, on April 30, 2023, during a webinar hosted by AAPI, ACLM (American College of Lifestyle Medicine), and OMA (Obesity Medicine Association), AAPI officially proclaimed the use of yellow as the awareness color.

For more information and updates, please visit the Facebook page "GAPIO Nutrition and Obesity Initiative" and join the AAPI Anti-obesity Campaign by wearing yellow. Let's work together towards a healthier future!

## Indian Doctor Enters World Book of Records for Remarkable Surgery

Indian doctors continue to make waves in the field of medicine with their remarkable achievements. Recently, Dr. BL Bairwa, Chief Surgeon at MP Birla Hospital and Research Centre in Chittorgarh, Rajasthan, entered the prestigious World Book of Records, London, for successfully performing a challenging surgery.

Dr. Bairwa's groundbreaking procedure involved removing 300 cysts from the liver of a 33-year-old patient weighing only 30 kg. The three-hour surgery, which took place at MP Birla Hospital and Research Centre in September 2022, showcased Dr. Bairwa's exceptional skills and dedication.

Recognized for his remarkable achievement, Dr. Bairwa received the official certificate during a felicitation ceremony held in Indore. Sharing his joy on social media, he expressed gratitude to his parents, family, patient, and friends for their support.

This outstanding accomplishment highlights the expertise and commitment of Indian doctors in pushing the boundaries of medical excellence.





# GAPIO MIDYEAR CONFERENCE 2023

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- For BAPIO and GAPIO Members - £50
- Dinner - £40

Contact BAPIO Office  
admin@bapio.co.uk  
01234 212879

**Early bird registration by 30th June:**

- For BAPIO and GAPIO members £30
- Non-members £50
- Dinner : £40

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**BAPIO**  
TRAINING ACADEMY



## Dr. Prateek Sharma Recognized for Groundbreaking Contributions to Gastroenterology Research and Treatment



At a recent event held at a Kansas cancer center, Dr. Prateek Sharma, a highly regarded clinical researcher and physician-scientist, was honored for his significant contributions to the field of gastroenterology. In recognition of his groundbreaking work on esophageal cancer and Barrett's esophagus, Dr. Sharma was bestowed with the esteemed Blaylock Cancer Research Endowed Professorship.

Dr. Sharma's research has revolutionized the understanding and treatment of gastroenterology conditions, particularly in relation to esophageal cancer and Barrett's esophagus, a condition that increases the risk of developing this type of cancer. His pioneering studies have garnered widespread recognition among his peers and have been instrumental in advancing medical knowledge and improving patient outcomes.

## Dietetics International Lecture Series by GAPIO Delivers Invaluable Insights in Paediatric Celiac Disease and Diabetes Management!

On Friday, 5th May 2023, GAPIO organized a groundbreaking session as part of the Dietetics International Lecture Series. Physicians and experts from around the globe gathered virtually to discuss the crucial topics of Diabetes and Celiac Disease management in pediatrics.

The esteemed speakers delved into the intricacies of medical and nutritional management of Diabetes and Celiac Disease in paediatrics, providing valuable insights and evidence-based approaches.

This interactive session fostered a collaborative environment, facilitating knowledge sharing and a deeper understanding of these conditions.

Moderated by Ms. Lekha Sreedharan, DGM & HOD - Dietetics, the session featured notable speakers including:

- Dr. Anita Jatana, Consultant Dietetics at Indraprastha Apollo Hospital, New Delhi.
- Dr. (Mrs.) Sumeet Arora, Consultant Paediatric Endocrinologist at Artemis Hospital and Arbor Multispecialty Clinic, Gurgaon.
- Ms. Sheryl Salis, Registered Dietitian and Certified Diabetes Educator at Nurture Health Solutions, who is also an Advisory Council member and Lead of S.I.G - ISPAD.

The Dietetics International Lecture Series left participants inspired and armed with new knowledge to enhance their clinical practices in the management of Diabetes and Celiac Disease in paediatrics.

**GAPIO**  
Global Association of Physicians of Indian Origin

### GAPIO – Dietetics International Lecture Series

Organized by Global Association of Physicians of Indian Origin (GAPIO)

#### Paediatric Celiac Disease and Diabetes Management

4:00 PM IST - 5:00 PM IST on Friday, 5th May, 2023  
6:30 AM EST, 5:30 AM CST, 3:30 AM PST, 11:30 AM BST (UK), 8:30 PM (Australia)

**Join us:** <https://us02web.zoom.us/j/89434090348>

<b>Introduction and Welcome</b>	<b>Dr Anita Jatana</b> Consultant Dietetics Indraprastha Apollo Hospital, New Delhi	4:00 pm – 4:05 pm
<b>Medical Management of Diabetes and Celiac Disease in Paediatrics</b>	<b>Dr (Mrs) Sumeet Arora</b> Consultant Paediatric Endocrinologist Artemis Hospital, Arbor Multispecialty Clinic, Gurgaon	4:05pm - 4:20pm
<b>Nutritional Management of Diabetes and Celiac Disease in Paediatrics</b>	<b>Ms Sheryl Salis</b> Registered Dietitian and Certified Diabetes Educator – Nurture Health Solutions Advisory council member and Lead - S.I.G - ISPAD	4:20pm - 4:40pm
<b>Question &amp; Answer</b>	<b>Dr Srinivas S</b> <b>Ms Lekha Sreedharan</b> <b>Dr Anita Jatana</b>	4:40pm – 4:50pm
<b>Vote of Thanks</b>	<b>Dr Anita Jatana</b>	4:50pm - 5:00pm

**MODERATOR**  
**Ms Lekha Sreedharan**  
DGM & HOD - Dietetics  
Apollo Children's & Women's Hospitals  
Chennai  
National Secretary - IAPEN INDIA

**CHAIRPERSON**  
**Dr Srinivas S**  
Consultant Paediatric Gastroenterologist  
Apollo Children's Hospital  
Kanchi Kamakoti CHILDS Trust Hospital,  
Chennai

**GAPIO Leadership**

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Dr Parag C Reddy  
Dr Sanku Rao  
Dr Ramesh Mehta  
Dr Anupam Sibal

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Dr Sudhir Parikh, Vice President  
Dr Rohini Sridhar, Secretary General  
Dr Abhijit Sethi, Joint Secretary  
Dr V K Raju, Treasurer  
Dr Sushil Jain, Honorary Advisor




## Insightful Nephrology Session on "Last 2 Decades of Kidney Transplant"

GAPIO, organised a captivating session that delved into the fascinating world of kidney transplant advancements over the past two decades on Wednesday, 17th May 2023, at 7:00 PM IST. Participants had the privilege of attending this highly informative session led by the esteemed Dr. Sanjiv Jasuja, a Senior Consultant Nephrologist from Indraprastha Apollo Hospitals, New Delhi. The event commenced with a warm introduction and welcome by Dr. Sushil Jain, setting the tone for an engaging experience.


Dr. Sanjiv Jasuja shared invaluable insights and expertise on the significant advancements witnessed in kidney transplant procedures over the past two decades. Participants gained a deeper understanding of the evolving landscape and the impact of these advancements on patient outcomes and quality of life.

The session was designed to be interactive and engaging, allowing participants to address their queries to a panel of esteemed experts. Dr. Sanjiv Jasuja, along with Dr. Gaurav Sagar and Dr. Mragank Gaur, provided insightful answers, fostering a collaborative environment of knowledge sharing and learning.

The nephrology session on the "Last 2 Decades of Kidney Transplant" proved to be an invaluable opportunity for attendees to gain a comprehensive understanding of the advancements in this crucial field of medicine. The event left participants inspired and armed with knowledge to enhance their practices and improve patient care.



**GAPIO**  
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## GAPIO – AVATAR International Lecture Series

Global Association of Physicians of Indian Origin (GAPIO)  
in Collaboration with Association of Vascular Access & Interventional Renal Physicians (AVATAR)

### Kidney Transplant

7:00 PM IST - 8:00 PM IST on Wednesday, 17<sup>th</sup> May, 2023  
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 14:30 AM BST (UK), 11:30 PM (Australia)

**Join us:** <https://us02web.zoom.us/j/83866492818>

<b>Introduction and Welcome</b>	<b>Dr Sushil Jain</b> Honorary Advisor GAPIO	7:00 pm - 7:05 pm
<b>Last 2 decades of Kidney Transplant</b>	<b>Dr Sanjiv Jasuja</b> Senior Consultant Nephrologist Indraprastha Apollo Hospitals, New Delhi	7:05 pm - 7:35 pm
<b>Question &amp; Answer</b>	<b>Dr Sanjiv Jasuja</b> <b>Dr Gaurav Sagar</b> <b>Dr Mragank Gaur</b>	7:35 pm - 7:45 pm
<b>Vote of Thanks</b>	<b>Dr Sushil Jain</b>	7:45 pm - 7:50 pm

**MODERATOR**  
**Dr Sushil Jain**  
Honorary Advisor  
GAPIO

**CHAIRPERSON**  
**Dr Gaurav Sagar**  
Consultant Nephrologist  
Indraprastha Apollo Hospitals, New Delhi

**Dr Mragank Gaur**  
Consultant Nephrologist  
Indraprastha Apollo Hospitals, New Delhi

**GAPIO Leadership**

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Dr Prathap C Reddy  
Dr Sanku Rao  
Dr Ramesh Mehta  
Dr Anupam Sibal

**Current Leadership**  
Dr Nandakumar Jairam, President  
Dr Sudhir Parikh, Vice President  
Dr Rohini Sridhar, Secretary General  
Dr Abhijat Seth, Joint Secretary  
Dr V K Raju, Treasurer  
Dr Sushil Jain, Honorary Advisor


## Enlightening Session on Pediatric Pulmonology at the IAP-GAPIO International Lecture Series

GAPIO, had organised a captivating session on Pediatric Pulmonology as a part of the esteemed IAP-GAPIO International Lecture Series. The event, held on Saturday, May 27th, 2023, at 7 PM IST, brought together renowned experts in the field for an enlightening discussion.

Dr. Pavan Kalyan from India presented a thought-provoking session on the topic of "Are We Missing Primary Ciliary Dyskinesia." His insightful presentation shed light on this important aspect of pediatric pulmonology, providing valuable insights and expanding our understanding of the subject.

Dr. Satish Rao, joining us all the way from the UK, delivered an exceptional session on "Non-Cystic Fibrosis Bronchiectasis." With his extensive expertise, Dr. Rao explored this significant area of pediatric pulmonology, sharing valuable knowledge and advancements in the field.

The session was a resounding success, engaging participants in a dynamic discussion and fostering knowledge exchange. Attendees had the opportunity to interact with the distinguished speakers, gaining valuable insights and deepening their understanding of pediatric pulmonology.

### IAP – GAPIO

International lecture series



**GAPIO**  
Global  
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Physicians of  
Indian Origin

## Pediatric Pulmonology



**Saturday,  
27th May 2023**






**7:00PM – 8:00PM (IST)**

**Corresponding Time:**  
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 2:30 PM BST (UK)  
11:30 PM (Australia)

**Leadership**

<p><b>IAP</b></p> <p>Dr. Upendra S Kinjawadekar, President Dr. G V Basavaraja, President 2024 Dr. Remesh Kumar R, President 2022 Dr. Vineet Saxena, Hon. Sec. Gen. 2022-23 Dr. Samir Hasan Dalwai, Treasurer 2022</p>	<p><b>GAPIO</b></p> <p>Dr. Nandakumar Jairam, President Dr. Sudhir Parikh, Vice President Dr. Rohini Sridhar, Secretary General Dr. Abhijat Sheth, Joint Secretary Dr. V K Raju, Treasurer Dr. Sushil Jain, Hon. Advisor Dr. Bakul Parekh, Global Academic Convenor Dr. Aashay Shah, Session Convenor</p> <p><u><b>Past Presidents and Emeritus Advisors</b></u></p> <p>Dr. Prathap C Reddy      Dr. Sanku Rao Dr. Ramesh Mehta      Dr. Anupam Sibal</p>
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 <p><b>Dr Pavan Kalyan, India</b></p> <p><i>Are We Missing Primary Ciliary Dyskinesia?</i></p> <p>----- <b>Speaker</b> -----</p>	 <p><b>Dr Satish Rao, UK</b></p> <p><i>Non Cystic Fibrosis Bronchiectasis</i></p> <p>----- <b>Speaker</b> -----</p>
 <p><b>Dr Dharendra Pratap Singh, India</b></p> <p><small>Consultant, Pediatric critical care, Pediatric Emergency and Pediatric Respiratory Medicine, Amrita Hospital, Faridabad</small></p> <p>----- <b>Moderator</b> -----</p>	 <p><b>Dr Maninder Singh Dhaliwal, India</b></p> <p><small>Senior Consultant, PICU &amp;amp; Ped Pulmonology, Amrita Hospital, Faridabad</small></p> <p>----- <b>Chairperson</b> -----</p>

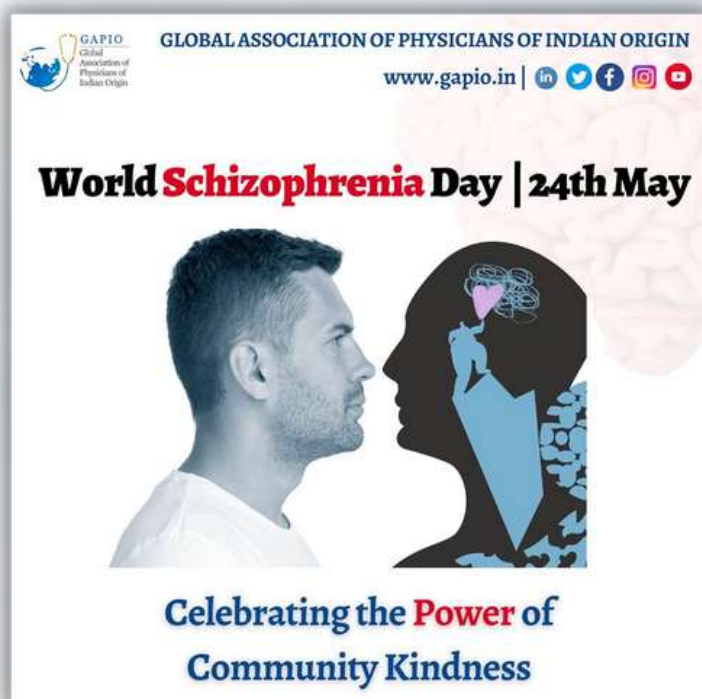
**Link to Join: <https://tinyurl.com/4w98zzr7>**



## SOCIAL MEDIA COVERAGE

### GAPIO Observes World AIDS Vaccine Day, Highlights Importance of Vaccinations in Combating HIV/AIDS

On World AIDS Vaccine Day, GAPIO joined hands with the medical and healthcare community to emphasize the critical role of vaccinations in preventing the spread of HIV/AIDS. By raising awareness about the significance of vaccines, GAPIO aimed to contribute to the global efforts in eradicating this formidable health challenge and ensuring a healthier future for all. Through collaboration and collective action, GAPIO advocates for equitable access to vaccines, fostering a united front in the fight against HIV/AIDS. Let us stand together and work towards ending HIV transmission and achieving a world free from this disease.



### GAPIO Commemorated World Schizophrenia Day, Promoted Community Kindness and Support

On World Schizophrenia Day, GAPIO recognized the strength of unity and the transformative impact of community kindness. This significant day served as a reminder of the importance of standing alongside individuals living with schizophrenia and their families, offering unwavering support, and fostering a compassionate and inclusive society. GAPIO was committed to breaking the stigma surrounding mental health, promoting understanding, and instilling hope in the lives of those affected by schizophrenia. Together, we spread kindness, raised awareness, and worked towards creating a world where everyone felt understood, accepted, and supported.

## SOCIAL MEDIA COVERAGE

### GAPIO Stood United on World No Tobacco Day, Advocated for a Tobacco-Free Society

GAPIO, along with the healthcare community, came together on World No Tobacco Day to advocate for a tobacco-free society. The theme of this year, "We need food, not tobacco," emphasized the significance of promoting sustainable crop production and providing nutritious alternatives for tobacco farmers. As doctors, we recognized our crucial role in raising awareness about the health risks associated with tobacco use and supporting cessation efforts. Together, we aimed to empower our patients, encouraging them to make healthier choices and live tobacco-free lives. The message of #TobaccoFreeHealthcare resonated strongly as we worked towards inspiring positive change for a healthier future. Let's continue spreading this important message and join hands in creating a tobacco-free world.





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## GAPIO Honors' List MAY 2023



**Dr Achuthan Sajayan**, consultant anaesthetist at University Hospitals, Birmingham, has been invited as a speaker at International Airway Conference, King Faisal Hospital, Riyadh, Saudi Arabia May 2023.

Prof Arun Jamkar, Distinguished Professor, SIU Pune and Consultant, Health care, Persistent Systems Ltd., has been honoured by (Institute of Electrical and Electronics Engineers (IEEE) by giving him Senior Membership of IEEE.

**Dr Arun Prasad**, Surgical Gastroenterology, Bariatric and Robotic Surgery, New Delhi, has successfully done the 2 robotic surgeries of hiatus hernia in SMS hospital, Jaipur. This was the first robotic hiatus hernia surgery done in SMS hospital, Jaipur.

**Dr Bellamkonda Kishore**, Academician, Innovator & Entrepreneur has been invited as a Judge for the Black Ambition Prize Competition 2023 organized by the Johns Hopkins Technology Ventures. This competition seeks to strengthen pathways to entrepreneurship, increase access to capital and expand pathways to growth, and highlight the talents of Black and Hispanic founders.

**Dr Kandamaran Krishnamurthy**, Consultant Pediatric- Intensive Care Unit from Queen Elizabeth Hospital, Barbados has published the following paper:

Krishnamurthy K, Kumar A. Blood counts in the children hospitalised with febrile illness in the settings of dengue endemicity – Its utility in the early recognition of the disease, Barbados. Karnataka Paediatr J 2023;38:8-13.

**Dr Keerti Singh**, lecturer in the Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has been awarded the citation for Honor Club President for having served as President of the Optimist Club of Barbados North during the Optimist year 2021- 2022 by the Board of Directors of the Optimist International at the Optimist International Caribbean District 2021-2022 awards ceremony held during the second Quarter Hybrid conference 2023 , relayed from Kingston, Jamaica.



## GAPIO Honors' List MAY 2023

**Dr N Ramakrishnan**, Senior Consultant, Critical Care and Sleep Medicine, Chennai has published a research article: Dr Nagarajan Ramakrishnan and Dr Bharath Kumar With the ISARIC Clinical Characterisation Group, Characteristics and outcomes of an international cohort of 600000 hospitalized patients with COVID-19 International Journal of Epidemiology, May 2023.

Dr Ramakrishnan has received Certificate of Appreciation from the International Severe Acute Respiratory and emerging Infections Consortium (ISARIC), for collaboration and contribution to the ISARIC COVID-19 Clinical Data Platform - May 2023.

**Dr Premkumar Balachandran**, Senior Consultant Minimal Access, Bariatric and Robotic Surgeon at Chennai has been appointed as:

- Convenor for robotic surgery FALS robotic section, IAGES (Indian Association of Gastrointestinal Endosurgeons).
- Editorial board member, head of hernia and AWR section, Journal of ARIS (Association of Robotic and Innovative Surgeons).

**Dr Rajani Chandra DMello**, Chief Doctor at Indian Clinic, Azerbaijan has been awarded as the Best Gynecologist of the Year by the Azerbaijan Media Association Metbuat on 21st May 2023 in Baku, Azerbaijan.

**Dr Raju Vaishya**, Senior Consultant, Orthopedic Surgeon at New Delhi, has published the following article: Publications:

- Filardi V, Vaishya R. Comparative Finite Element (FE) analysis of the mechanical behavior in an innovative Nitinol staple for arthrodesis in distal interphalangeal joint. J Hand Micro Surg
- Migliorini F, Vaishya R, Pappalardo G, Schneider M, Bell A, Maffulli N. Between guidelines and clinical trials: evidence based advice on the pharmacological management of non-specific chronic low back pain. BMC musculoskeletal disorder 2023; 24:432. Doi: 10.1186/s12891-023-06537-0
- Vaishya R, Gupta BM, Kappi M, Vaish A. Fracture Research from India between 1989 to 2022: A Scientometric Study. Iberoamerican Journal of Science Measurement and Communication 2023; 3(1): 1-19. Doi: 10.47909/ijmsc.35
- Iyengar KP, Vaishya R. Article-Level Metrics: A new approach to quantify reach and impact of published research. J Orthop 2023; 40: 83-86. doi: 10.1016/ j.jor.2023.05.001.
- Vaishya R, Gupta BM, Kappi M, Vaish A. International Orthopaedics journal: A bibliometric analysis during 1977-2022. Iberoamerican Journal of Science Measurement and Communication 2023; 3 (1): 1-19.DOI: 10.47909/ijsmc.465

Dr Raju has done the following presentations:

- Art of writing a review article. OREF India Web class for Orthopaedic Postgraduates. 30th May 2023.
- Orthopaedic Research and Publications from SAARC nations in last 25 years. North Zone IOA conference. New Delhi. 14th May 2023

## GAPIO Honors' List MAY 2023

**Dr Ramesh Venkataraman**, Consultant, Critical Care Medicine at Apollo Hospitals, Chennai, has delivered the following oration and lectures:

- "Teaching Attitude to Communication Skills" at Faculty Development Program, Indian College of Critical Care Medicine, Mumbai on 21 May 2023.
- "Stewart Approach to Acid-base disorders" at Advanced Physiology in Critical Care, SRMC and ISCCM, Chennai on 27 May 2023.

**Dr Ravindra M Vora**, Senior Paediatric Surgeon & PG Teacher at Paediatric Surgery Centre & PG Institute, Sangli, Bharati Vidyapeeth Medical College & Hospital, Sangli, India received Spina Bifida Foundation's annual award 2023 in recognition of Surgical treatment rendered to children with this major birth defect in rural Maharashtra since 1972 and awareness campaigns for their Prevention since 2002.

**Dr Remesh Kumar**, DMS, Apollo Hospitals, Kochi and Past President, IAP has been Invited as Guest Speaker for a session on "Rapid Diagnostic Tests in Pediatric Infectious Diseases "at the 25th Annual Conference of Sri Lankan College of Pediatrics at Colombo from 14th to 17th May 2023.

**Dr Shreerang Godbole**, Consultant Endocrinologist, Jehangir Hospital, Pune contributed a chapter titled Reducing Heart Failure Risk in Diabetes Mellitus: Review of Therapeutics in Current Overview on Pharmaceutical Science Vol. 8 BP International Print ISBN: 978-81-19102-18-1, eBook ISBN: 978-81-19102-17-4

## GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

**Global Association of Physicians of Indian Origin**

**Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi – 110076**

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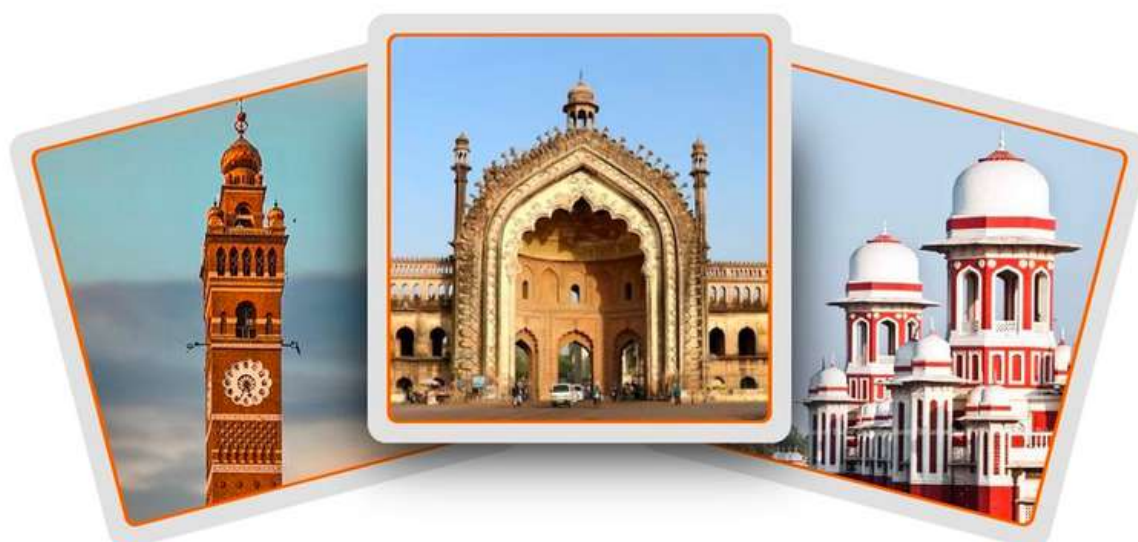






# GAPIO

## XIV ANNUAL CONFERENCE 2024



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