# **GAPIO TIMES**

Global Association of Physicians of Indian Origin

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### Dr. Rachana Kulkarni Honored with AHA's Physician of the Year Award



Dr. Rachana Kulkarni, a renowned cardiologist and managing partner at Medicor Cardiology in Central NJ, has been awarded the prestigious Physician of the Year Award by the American Heart Association (AHA). The AHA recognized Dr. Kulkarni's exceptional contributions in the field of cardiovascular disease and stroke, and her dedication to fighting heart disease and stroke.

Dr. Kulkarni's impressive career accomplishments include serving as the past President of the American Heart Association NJ SC and as the Chairman of Medicine and Chief of Cardiology at Robert Wood Johnson Hospital Somerset, N.J. She is also known for her commitment to improving the quality of life for physicians and addressing risk factors for the prevention of cardiovascular disease.

We congratulate Dr. Rachana Kulkarni on this well-deserved recognition and commend her for her outstanding contributions to the field of cardiology.

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#### Life Global Recognized for Philanthropy by Gandhi Ashram in Gujarat

Life Global, a global charitable institution led by Dr. Sudhir Parikh, was recognized for philanthropy by the Gandhi Ashram in Gujarat. Dr. Sudhir Parikh, along with other representatives from Share and Care Foundation, visited Somnath Chhatralaya, a historic hostel built by Mahatma Gandhi in 1921.

The hostel provides education and hostel facilities for around 500 girl students from rural villages in Gujarat. The guests were inspired by the hostel's role in empowering women and praised its simple yet dignified accommodations that reflect Gandhiji's values of simplicity and frugality.

The visitors also witnessed the creative talents of the girls through an exhibition of hand-made objects and heard speeches about the importance of education and self-sufficiency for women.

Dr. Sudhir Parikh shared his inspiring story of overcoming financial hurdles to become a successful doctor and businessman, while other guests expressed their deep impressions and shared stories related to Gandhiji's teachings. The students also shared their experiences and expressed gratitude for the opportunities they received at Somnath Chhatralaya.



Jayeshbhai Patel, leader of the organization, welcoming Dr. Sudhir Parikh and Dr. Sudha Parikh at Somnath Hostel at Gandhi Ashram, Ahmedabad.

# Indian-American Nurse Dr. Solymole Kuruvilla Honored with 'Legacy of Caring Award' from NAINA

Dr. Solymole Kuruvilla, PhD, RN, ACNP-BC, Associate Director of Occupational Health Services at NYC Health + Hospitals/Jacobi and North Central Bronx, and of Indian origin, has been honored with "Legacy of Caring Award" from NAINA (National Association of Indian Nurses of America).

Recognized for outstanding patient advocacy, creativity, compassion, and leadership, Dr. Kuruvilla's contributions reflect the excellence of Indian nurses in the healthcare field. Her commitment to patient care, leadership, and community engagement serves as a testament to the positive impact of Indian-American nurses in the nursing profession.



#### New Jersey Physicians Raise \$213,000 for Earthquake Victims in Turkey and Syria

The New Jersey State Chapter of the American Association of Physicians of Indian Origin Charitable Foundation, along with four physicians, recently organized a unique fundraiser to aid the victims of the Turkey and Syria earthquakes.

Over \$213,000 was raised at the event held at King Palace New Jersey on February 24th, 2023, with more than 120 guests in attendance. The generous contributions were acknowledged by the Ambassador of Turkey and Consul General of Turkey, who expressed their appreciation for the humanitarian gesture. The organizers are still collecting donations and appeal to the community to join their efforts in supporting the victims. The news has generated a great sense of gratitude from the Turkish and Syrian communities towards the Indian community.

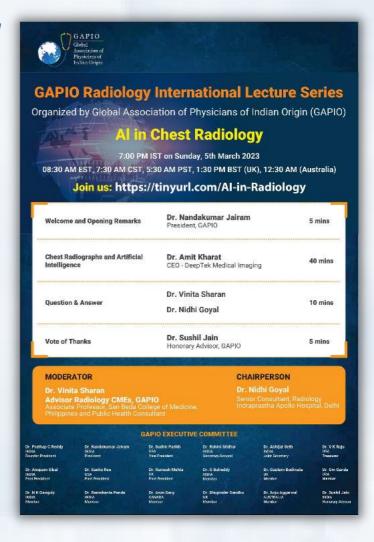


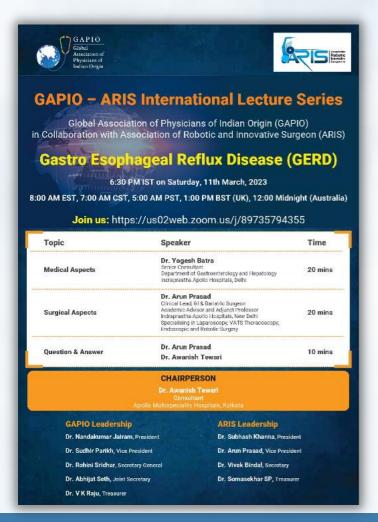
### Exciting Session on "Al in Chest Radiology" Explores Latest Advancements in the Field

We are thrilled to share the exciting news of the recent session on "AI in Chest Radiology" as part of GAPIO's esteemed Radiology International Lecture Series. The session, held on Sunday, 5th March 2023 at 7:00 PM IST, was a resounding success with participation from renowned experts in radiology and artificial intelligence (AI).

During the session, attendees, including radiologists, medical professionals, researchers, and others interested in the field, had the opportunity to explore the latest advancements in AI technology and their impact on chest radiology. The session covered a wide range of topics, including applications of AI in image interpretation, disease diagnosis, and treatment planning, providing valuable insights into the rapidly evolving field.

In addition, the session discussed the potential benefits and challenges of integrating AI into clinical practice, with expert insights on optimizing AI algorithms for accuracy and efficiency. The session was informative and engaging, providing attendees with valuable updates on the latest developments in AI in chest radiology.





### GAPIO and ARIS Host Successful GERD Lecture Series with Renowned Speakers

The Global Association of Physicians of Indian Origin (GAPIO) and the Association of Robotic and Innovative Surgeon (ARIS) recently collaborated to organize a highly informative lecture series on Gastro Esophageal Reflux Disease (GERD). Renowned speakers, Dr. Arun Prasad and Dr. Yogesh Batra, shared their expertise on surgical and medical aspects of GERD during the event, which took place on March 11th, 2023.

The lecture series, chaired by Dr. Awanish Tewari, was a resounding success, providing valuable insights and fostering networking among GAPIO and ARIS members. The virtual event, conducted via Zoom, highlighted GAPIO and ARIS's commitment to continuous medical education and professional development within the physician community.

### GAPIO Hosts Successful International Lecture Series on Pediatric Scoliosis for Physiotherapy Professionals

The Global Association of Physicians of Indian Origin (GAPIO) recently organized a session under highly informative international lecture series on pediatric scoliosis for physiotherapy professionals.

The event, held on March 18th, 2023, featured renowned speakers who shared their expertise on surgical and physiotherapy management of pediatric scoliosis. The lectures provided an update on the latest advancements in the field, covering topics such as diagnosis, treatment options, rehabilitation techniques, and best practices in caring for pediatric patients with scoliosis.

The event was a resounding success, attracting participants from around the world and fostering knowledge exchange and professional growth among physiotherapy professionals.

GAPIO continues its commitment to advancing healthcare excellence through continuous medical education and fostering collaboration among physicians of Indian origin worldwide.

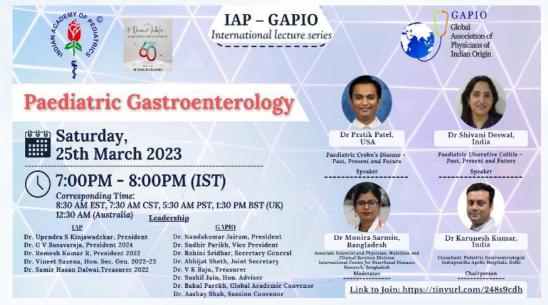


# GAPIO Organizes Enlightening Session on Paediatric Gastroenterology with Renowned Speakers

GAPIO hosted an informative session on paediatric gastroenterology, featuring esteemed speakers Dr. Pratik Patel and Dr. Shivani Deswal. The session, held on March 25th, 2023, delved into the past, present, and future of Crohn's disease and ulcerative colitis, chronic inflammatory bowel diseases that affect children and adolescents.

The session was moderated by Dr. Monira Sarmin and chaired by Dr. Karunesh Kumar, bringing together a panel of experts in the field. The speakers shared their in-depth knowledge and expertise on the subject, providing insights into the latest advancements in the diagnosis, treatment, and management of Crohn's disease and ulcerative colitis in pediatric patients.

The informative session covered various aspects of these conditions, including their historical context, current understanding, and future directions for research and treatment. The speakers discussed the challenges and advancements in managing pediatric gastroenterological conditions, providing valuable insights for healthcare professionals in attendance.



## GAPIO and GARTIO Conduct Successful Online Lecture on Safety in Magnetic Resonance Imaging (MRI)

GAPIO (Global Association of Physicians of Indian Origin) and GARTIO (Global Association of Radiologists of Indian Origin) organized an informative online lecture on Safety in Magnetic Resonance Imaging (MRI) on [Date]. The event featured expert speakers from GAPIO, GARTIO, and the renowned Sir Peter Mansfield Imaging Center in England, who shared their expertise on general safety and risks associated with MRI, as well as contrast medium-associated risks in MR imaging.

The lecture was led by Dr. Jan Allapadan Paul, a Research Radiographer at the Sir Peter Mansfield Imaging Center, University of Nottingham, England, UK, who provided valuable insights on general safety and risks in MRI. Dr. Abhinav Bansal, a consultant in the Department of Radiology at Indraprastha Apollo Hospitals, New Delhi, also shared his expertise on contrast medium-associated risks in MR imaging.

Participants had the opportunity to engage in a Q&A session to clarify their doubts with Dr. Vinita Sharan and Prof. S Panneer Salvam, further enhancing their understanding of MRI safety. The event was well-received by the attendees, who appreciated the valuable knowledge shared by the expert speakers.

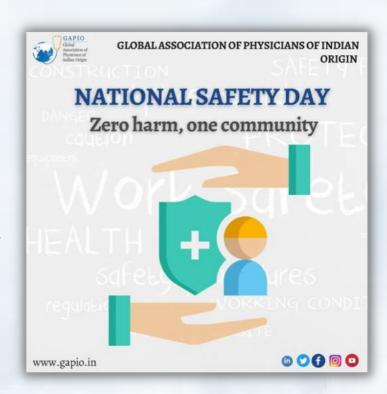


### **SOCIAL MEDIA COVERAGE**

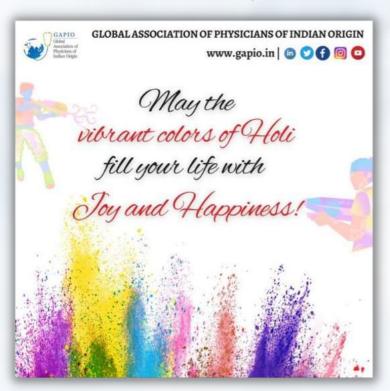
### GAPIO Promotes National Safety Day 2023 with 'Zero Harm' Message

GAPIO took part in the celebration of National Safety Day 2023 by sharing a powerful message on social media. The message urged everyone to join in the celebration and embrace the shared goal of 'Zero Harm'.

GAPIO emphasized the importance of working together to protect ourselves, our loved ones, and our communities. By promoting safety awareness and advocating for safe practices, GAPIO aims to make a difference and create a safer future for all.



### GAPIO Celebrates Holi, Emphasizes Diversity and Unity in Medical Community



GAPIO joined in the celebration of the festival of colors, Holi, with a special message on social media.

GAPIO extended warm wishes to all members and emphasized the importance of appreciating the diversity and unity of the medical community during this festive season.

As healthcare professionals from diverse backgrounds and cultures come together under the umbrella of GAPIO, the organization highlighted the significance of unity and inclusivity in the medical field.

The message encouraged members to celebrate the festival of colors with joy and happiness while also promoting safety and well-being.

### **SOCIAL MEDIA COVERAGE**

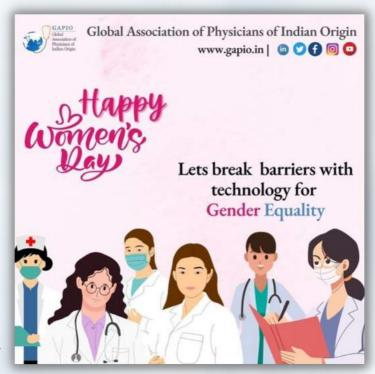
GAPIO Celebrates International Women's Day, Advocates for Gender Equality through Innovation and Technology

On the occasion of International Women's Day, the Global Association of Physicians of Indian Origin (GAPIO) shared a powerful message on social media.

GAPIO reaffirmed its commitment to advancing gender equality by leveraging the power of innovation and technology to break barriers, shatter stereotypes, and create a more inclusive world for all.

As an organization that values diversity and inclusivity, GAPIO recognizes the important contributions of women in the medical field and beyond.

The message emphasized the need to promote gender equality through innovative approaches and technological advancements, which can play a crucial role in overcoming gender disparities and empowering women in healthcare and other domains.



### GAPIO Raises Awareness on Measles Immunization Day, Advocates for Vaccination to Protect Communities



GAPIO shared a powerful message on social media on Measles Immunization Day, urging everyone to work together to protect themselves and their communities from measles.

Measles is a highly contagious viral infection that can cause serious health complications, especially in young children, and vaccination is the most effective way to prevent its spread.

GAPIO emphasized the importance of collective action in promoting the use of vaccines to protect people of all ages against measles. We also encouraged everyone to ensure they and their loved ones are up to date on their measles vaccinations, and to consult their healthcare provider if they haven't been vaccinated or are unsure about their vaccination status.

### **SOCIAL MEDIA COVERAGE**

### GAPIO Celebrates World Down Syndrome Day 2023, Advocates for Inclusion and Diversity

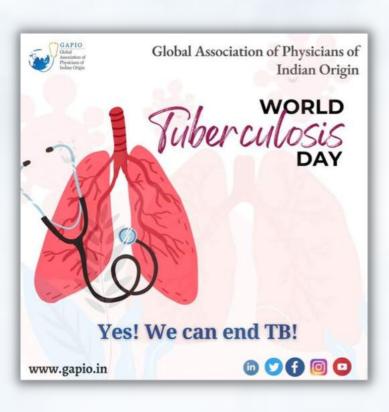
GAPIO marked World Down Syndrome Day with a powerful message on social media, expressing their commitment to the global network of people with Down syndrome and advocating for the theme "With Us Not For Us".

GAPIO highlighted the challenges faced by individuals with Down syndrome, who have an extra copy of chromosome 21, resulting in intellectual disability, developmental delays, and certain medical conditions.

GAPIO emphasized the importance of proper support and education in enabling individuals with Down syndrome to lead fulfilling lives and make meaningful contributions to their communities



### GAPIO Stands in Solidarity with World TB Day, Committed to Ending TB Epidemic



GAPIO reaffirmed their commitment to combating tuberculosis (TB) and saving lives on the occasion of World TB Day.

GAPIO expressed solidarity with the global community in recognizing the importance of addressing the TB epidemic and urged governments to invest in new innovations and take decisive action to combat TB.

As healthcare professionals, GAPIO emphasized their unwavering commitment to ending the TB epidemic and called for collaborative efforts to combat this preventable and curable disease





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#### **GAPIO Honors' List MARCH 2023**



**Dr** Akshat Pandey, has been appointed as Co-editor for the 1st newsletter of Trauma Special Interest Group of International Federation of Emergency Medicine (IFEM).

**Dr Arun Prasad**, Surgical Gastroenterologist, Bariatric and Robotic Surgeon, New Delhi, was the organising chairman of the "Abdominal Wall Reconstruction" surgery conference.

The conference was attended by 1500 participants.

Robotic workshop at our Indraprastha Apollo Hospitals, New Delhi was the highlight of this mega international conference.

Robotic Surgery For Hernia To Have Distinct Socio-economic Impact In India: AWR Surgeons

**Dr Devendra Kumar Gupta**, Former Professor and Head, Department of Pediatric Surgery at AIIMS, New Delhi, former Vice-Chancellor - KGMU, Lucknow, Director and CEO: Postgraduate Institute of Child health, Noida, received the certificate of "R P Chaudhary Oration" during NAPSCON - 2023. The theme of the conference was "Revolutionizing Surgical Care for Children"

Dr Aditendraditya Singh Bhati, Consultant Neurosurgeon at Indraprastha Apollo Hospitals, New Delhi has published the following papers:

- Dominant Fronto-temporal lobectomy for refractory intracranial hypertension following an Acute Arterial ischemic stroke in a child. Asian J Neurosurg 2023. DOI https://doi.org/10.1055/s-0043-1763530.ISSN 2248-9614.
- Prospective comparative cohort analysis of adverse events following spine surgery in patients above 60 years of age compared with those under 60 years old A prospective comparative cohort analysis of adverse events following spine surgery in patients above 60 years of age compared with those under 60 years old. International Journal of Scientific Research. Vol 11/Issue 06/June 2022/Print ISSN No.2277-8179/DOI:10.36106/ijsr.
- Rare case of Solitary Nasal Fibrous tumor Eroding Skull-Base. Asian J Neurosurg 2022; 17(02): 375-378DOI: 10.1055/s-0042-1750808.

Dr Bhati was Part of International Cerebrovascular discussion sessions lasting more than 2 months (Jan – Mar 2023) by "The Seattle Science Foundation".

Dr Bhati has participated in Times of India Epilepsy Awareness campaign held on 26th March 2023.

Dr Bhati was the speaker for the "Talk on Influenza H3N2 awareness" on ANI news on 19th March 2023.

#### **GAPIO Honors' List MARCH 2023**

Dr Jyoti Goel, General Physician, has been appointed as District Secretary of Indian society of Aesthetic Medicine.

**Dr Kandamaran Krishnamurthy**, Consultant Pediatric- Intensive Care Unit from Queen Elizabeth Hospital, Barbados was one of the faculty member in Non-invasive Ventilation workshop during International Pediatric Associate Conference, in February 2023 in Ahmedabad, Gujarat, India

Dr Kandamaran has given two posters presentation during IPA

Dr Kandamaran has been elected as "Fellow" of Indian Academy of Pediatrics on recognition of outstanding contribution to pediatrics.

Dr Kandamaran participated as the panellist in the panel discussion on the topic "Global prevention strategies on catheter associated infections".

**Dr Keerti Singh**, lecturer in the Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has contributed the following:

Dr Keerti has been elected as:

- Representative of the West Indies Group of University Teachers (WIGUT), Campus Health and Wellness Committee 2023 2024, The University of the West Indies Cavehill Campus, Barbados.
- External Examiner for the PhD Anatomy thesis evaluation, Faculty of Medicine, Bharath Institute of Higher Education and Research, Chromepet, Chennai, India.

Dr Keerti has done the following public service:

- March 29th 2023 Participated as an invited panelist and delivered a talk on significance of Sharad Navratri in
  the Hindu Faith, in a Panel discussion "Across the Faiths: A Celebration of the Overlapping Holy Days and
  Religious Festivals during April 2023" Organized by Mrs Hazel J Burke, Head of the Liberal Arts Department, The
  Barbados Community College, Moderator Rev'd Canon Noel Burke, venue: liberal arts auditorium, 4-6:30 pm EST.
- March 10th 2023 Delivered a Childhood cancer awareness talk and presented awards to students at the Lester Vaughan School as a part of Optimist Club of Barbados North, Youth Appreciation week activities and Launch of Childhood Cancer Campaign project. 15 students were awarded for their achievements in academic, sports and cocurricular activities. 9-10. Am ECT.

**Dr Pawan Kumar Singh** has been conferred with Fellowship in Minimal Access Surgery by Fellowship of Indian Association of Gastrointestinal Endo-Surgeons (FIAGES).

**Dr Premkumar Balachandran**, Senior Consultant Minimal Access, Bariatric and Robotic Surgeon at Chennai has been appointed on the editorial board of "International Journal of Advance Robotic & Innovative Surgery" and take care of the hernia and AWR section.

Dr Balachandran delivered a faculty lecture on "Peritoneal sac preservation technique in e tep ventral hernia repair" in the "Abdominal wall reconstruction surgeon's community (AWRSC) bi annual conference "Deep Impact 2024" in New Delhi March 23. He was also the core committee member and south zone coordinator for the same.

Dr Balachandran has also been appointed as convenor for FALS Robotic Surgery Board (Fellowship in advanced laparoscopic surgery), by the IAGES (Indian association of gastrointestinal endo surgeons).

#### **GAPIO Honors' List MARCH 2023**

Dr Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi, has published the following article: Publications:

• Migliorini F, Vaishya R, Bell A, Eschweiler J, Hildebrand F, Maffulli N. Reactive arthritis following COVID-19: current evidence, diagnosis, and management strategies. J Ortho Surg Res 2023; 18, 205. Doi: 10.1186/s13018-023-

- Vaishya R, Misra A, Vaish A. ChatGPT: Is this Version Good for Healthcare and Research? Diabetes Met Synd: Clinical Res and Reviews 2023; 102744. Doi: 10.1016/j.dsx.2023.102744.
- Jeyaraman M, Vaishya R. Attract readers with a Graphical Abstract The latest Clickbait. J Orthop 2023: 38: 30-31. Doi: 10.1016/j.jor.2023.03.005.

#### Presentations:

Experienced Researchers' experience. Supporting & Delivering Research as a Principal Investigator. NIHR and Apollo workshop. 30th March 2023.

Dr S. S. C. Chakra Rao. Member constitution committee WFSA 2016-2024, as a committee member of "World Restart a Heart" has published a short paper in Elsevier, titled "More than 302 million people reached and over 2,200,000 trained in cardiopulmonary resuscitation worldwide: The 2021 ILCOR World Restart a Heart initiative".

Dr Tejinder Singh, Professor of Pediatrics and Medical Education and Vice-Principal, Christian Medical College & Hospital (CMCH), Ludhiana has published the following papers:

- Singh T, Gupta P, Dhir SK. Medical education in India: a tale of 50 years Indian Pediatrics April 2023; 60: 308-12
- Singh T, Gupta P, Dhir SK. Understanding clinical competence: understanding student assessment. Indian Pediatrics April 2023; 60: 267-271

### GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

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- Non-Members Conference £70
- For BAPIO and GAPIO Members £50
- Dinner £40

Contact BAPIO Office admin@bapio.co.uk 01234 212879 Early bird registration by 30th June:

- For BAPIO and GAPIO members £30
- Non-members £50
- Dinner: £40









