

*Wishing All a Very Happy New Year*

Improving Health Worldwide



## Dr. Fazal Rehman wins the prestigious Hallett Medal



Dr. Fazal Rehman, An Indian doctor made history by achieving a Stellar Performance at the MRCS (Member of the Royal College of Surgeons) The Orthopedic Spine Surgeon, was awarded the Prestigious Hallett Medal and the Intercollegiate Prize for securing the highest score in the World for the MRCS (Member of the Royal College of Surgeons of England) Part A exam held in January 2020. The announcement of the global awards came as a moment of national pride for India.

On November 8, 2022, the President of the Royal College of Surgeons England presented the award to Dr. Fazal Rehman at the Prestigious Diplomate's Ceremony in London. Dr. Fazal is also the first Indian to receive this prestigious award. This young doctor won this Global Award of Excellence after competing with medical professionals worldwide.

## IN THIS ISSUE

**DR. FAZAL REHMAN WINS THE PRESTIGIOUS HALLETT MEDAL**

PAGE 1

**A MESSAGE OF ENCOURAGEMENT FROM THE HON'BLE PRIME MINISTER**

PAGE 2

**GAPIO CONFERENCE**

PAGE 3

**FIVE INDIAN-AMERICANS AMONG 32 RHODES SCHOLARS FROM U.S. IN 2023 COHORT**

PAGE 4

**THREE INDIAN-AMERICANS IN NEW YORK NAMED IN HEALTH CARE POWER 100 LIST**

PAGE 4

**HUNDREDS OF PHYSICIANS GATHER FOR 26TH ANNUAL CONVENTION OF AAPI-QLI**

PAGE 5

**A SESSION ON "BARIATRIC SURGERY UPDATE"**

PAGE 6

**A SESSION ON "EVIDENCE BASED CLINICAL ADVANCEMENTS IN VESTIBULAR PHYSIOTHERAPY"**

PAGE 6

**A SESSION ON "GI DISORDERS"**

PAGE 7

**A SESSION ON "PEDIATRIC HEMATOLOGY"**

PAGE 7

**SOCIAL MEDIA COVERAGE**

PAGE 8

## A message of encouragement from the Hon'ble Prime Minister

Global Association of Physicians of Indian Origin (GAPIO) is delighted to receive a message of encouragement from the Hon'ble Prime Minister for the 13th Annual Conference.



सत्यमेव जयते

प्रधान मंत्री  
Prime Minister

### MESSAGE

It is heartening to learn about the organisation of the 13th annual Global Association of Physicians of Indian Origin (GAPIO) Conference at Gandhinagar.

The various activities including GAPIO awards being conducted along with the Conference are commendable.

For more than a decade, GAPIO is providing a common platform for physicians of Indian origin to share latest advancements and mutual experiences for larger good. The Indian diaspora has carved out a niche for itself in the international medical domain.

Our scriptures say, 'समानो मन्त्रः समितिः समानी मनः सह चित्तमेषाम्।' – meaning may our minds, words and thoughts be similar. Driven by a similar sentiment, the coming together of physicians, experts and delegates from across the globe at this Conference is a well thought out initiative, which will help exchange best practices and knowledge of new breakthroughs.

Physicians have always been widely respected in our society. Their endeavour to further good health and well-being aimed at alleviating the pain and suffering of mankind is truly admirable.

India has taken rapid strides in the field of healthcare. Our contribution towards encouraging wellness and well-being in the face of Covid-19 pandemic has been appreciated the world over.

Through comprehensive initiatives – be it modernising infrastructure, providing latest treatment facilities, enhancing nutritional awareness, or expanding capacity in the medical education sector, our singular focus is on making healthcare accessible and affordable for all.

May the vibrant deliberations at the conference generate new ideas to promote healthcare and well-being for mankind. The collective experience and expertise will help in optimising the benefits of modern-day technology in the field of healthcare for larger good.

Best wishes for the success of the 13th annual GAPIO Conference.

(Narendra Modi)

New Delhi  
पौष 30, शक संवत् 1944  
20<sup>th</sup> January, 2023





# Global Association of Physicians of Indian Origin

## XIII GAPIO ANNUAL CONFERENCE

**11 – 12TH FEBRUARY 2023**



**HOTEL THE LEELA  
GANDHINAGAR,  
GUJARAT, INDIA**

- GAPIO Awards
- Poster presentation
- Leading experts and delegates from 55 countries
- 60+ National and International speakers
- 50+ topics



### Registration Link:

<https://www.gapio.in/product/xiii-annual-conference-11th-12th-february-2023/>

After successfully making the payment of registration fee, kindly complete the online registration process by filling up online form:

<https://www.gapio.in/registration-form/>

## Five Indian-Americans Among 32 Rhodes Scholars From U.S. In 2023 Cohort

Five Indian-American youth are among the 32 in the United States selected for study in Oxford, U.K., in 2023 by the prestigious Rhodes Scholarship program which selects "promising young people" Who have demonstrated integrity, leadership, character, They are:

- 1) **Atharv Gupta** - a Georgetown University senior, Pelosi Scholar and international development researcher working to drive change in emerging markets through technology.
- 2) **Shreyas Hallur** : He is an undergraduate student at Duke University graduating in 2023. He is a Margolis Scholar, as well as a Project Advisor at the Southwest Autism Research and Resource Center, a Student Researcher at the Duke Autism Center, and a Duke Bass Connections Student. His main interests are in Medicaid administration and health policy innovation, especially as they pertain to behavioral health and urban/ rural disparities.
- 3) **Veer Sangha**: He is an undergraduate at Yale University studying medicine, and has already received several awards. He is a Google Scholar and recently received the prestigious Elizabeth Barrett-Connor Research Award from the American Heart Association. He is majoring in computer science at Yale, and his academic work focuses on the ways artificial intelligence (AI) can be used to improve healthcare globally. As a researcher at the Cardiovascular Data Science Lab at Yale, Sangha has played a key role in the development Of novel AI-enabled technologies that make the detection Of cardiovascular disease more accessible in resource-limited settings across the world.
- 4) **Amisha Kambath** : He is a senior at Harvard College, is a Trurnan Scholar (2022), studying Social Studies With a focus on incarceration and economic opportunity in the American criminal legal system. Some Of her specific interests include economic development, labor market marginality, alternatives to incarceration, and community wealth-building.
- 5) **Jupneet Kaur Singh**: She is a senior at Massachusetts Institute of Technology majoring in chemistry With a flex in biomedical engineering and minoring in history. As a Rhodes Scholar at Oxford, she intends to study for an MSc in evidence-based social intervention and policy evaluation. Following Rhodes, she plans to attend medical school and then complete residency as an active-duty Air Force Captain.



Atharv Gupta



Shreyas Hallur



Veer Sangha



Amisha Kambath



Jupneet Kaur Singh

## Three Indian-Americans In New York Named In Health Care Power 100 List

Three Indian-Americans are in the list brought out by City & State news outlet's top 100 leaders in the healthcare field over the last year in the state of New York City. City & State's Health Care Power 100 list includes three physicians of Indian origin who played an important role during the pandemic. They are Ashwin Vasani, commissioner at the New York City Department of Health & Mental Hygiene; Darshana Srinivasan, Chief of the Health Care Bureau at the State Attorney General's Office; and Parag Mehta, president of the Medical Society of the State of New York.



Ashwin Vasani



Darshana Srinivasan



Dr. Parag Mehta



## Hundreds of physicians gather for 26th Annual Convention of AAPI-QLI

The American Association of Physicians of Indian Origin Queens Long Island, AAPIQLI, celebrated its 26th Annual Convention at the Crest Hollow Country Club on Dec 17, 2022, under the leadership of President Dr. Vinni Jayam, and Convention Chair, Dr. Jagat Rawal. More than 550 people attended the event including physicians, entrepreneurs, community leaders, and industry leaders. The presence of illustrious community leaders like Dr. Sudhir Parikh, Dr. Rap Anumolu, Nassau County Republican Party head and numerous state legislators made the event more memorable. The presence of illustrious community leaders like Dr. Sudhir Parikh, Dr. Rap Anumolu Nassau County Republican Party head and numerous state legislators made the event more memorable. Dr. Jayam highlighted that a number of blood donation camps, flu shot camps, and medical seminars were conducted throughout the year. He also said that one of the biggest upshots has been the creation of a Mental Health Hotline. The AAPIQLI also held a student medical research day to recognize outstanding students from New York State. For the first time a Mentorship Committee was formed to help students coming from India, with finding jobs, skills to apply, and even including legal counsel.





## A session on "Bariatric Surgery update"

GAPIO, in collaboration with the Association of Robotic & Innovative Surgeons (ARIS), organized a session on "Bariatric Surgery Update", which was scheduled live at 7:00 PM IST on Friday, 2nd December 2022, on a digital platform.

Reputed well-known speakers Dr. Arun Prasad, Senior Consultant in GI and Bariatric Surgery at Apollo Hospitals, New Delhi, delivered a talk on "Current Endoscopic and Surgical options for Morbid Obesity and Diabetes", and Dr. Asim Shabbir, Head of Department of Surgery at National University of Singapore (NUS) and National University Hospital Singapore (NUH) delivered a talk on "Current indications for Bariatric and Metabolic Surgery".

Dr. Rakesh Gupta, Consultant, Internal Medicine, Apollo Hospitals, New Delhi, moderated the session, and Dr. Richa Chaturvedi, the Senior Consultant and Endocrinologist at Apollo Hospitals, Delhi, was the Chairperson during the session.

The session was followed by 10 minutes of question and answer.




### GAPIO – ARIS International Lecture Series

Global Association of Physicians of Indian Origin (GAPIO)  
in collaboration with Association of Robotic and Innovative Surgeons (ARIS)

## Bariatric Surgery Update

7:00 PM IST on Friday, 2nd December 2022

8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK), 12:30 AM (Australia)

Join us: <https://tinyurl.com/Bariatric-Surgery-Update>

Topic	Speaker	Duration
Current indications for Bariatric and Metabolic Surgery	Dr. Asim Shabbir, Singapore Head Department of Surgery National University of Singapore Founding member and Past president of Obesity Metabolic Surgery Society of Singapore.	20 mins
Current Endoscopic and Surgical options for Morbid Obesity and Diabetes	Dr. Arun Prasad, India Clinical Lead and Senior Consultant in GI, Bariatric and Robotic Surgery at Apollo Hospitals, New Delhi President Obesity Surgery Society of India 2018-20. President International MGB OAGB Bariatric Club.	20 mins
Question and Answer	Dr. Rakesh Gupta India Dr. Richa Chaturvedi, India	10 mins
Moderator	Dr. Rakesh Gupta, Consultant, Internal Medicine, Apollo Hospitals, New Delhi	
Chairperson	Dr. Richa Chaturvedi, India Sr. Consultant Endocrinologist Apollo Hospitals, Delhi	

#### GAPIO Leadership

- Dr. Anupam Sibal, President
- Dr. Nandakumar Jairam, Vice President
- Dr. Sudhir Parikh, Secretary General
- Dr. Rohini Sridhar, Joint Secretary
- Dr. Abhijit Sheth, Treasurer
- Dr. Sushil Jain, Honorary Advisor

#### ARIS Leadership

- Dr. Subhash Khanna, President
- Dr. Arun Prasad, Vice President
- Dr. Vivek Bindal, Secretary
- Dr. Somasekhar SP, Treasurer

## A session on "Evidence Based Clinical Advancements In Vestibular Physiotherapy"

GAPIO, in collaboration with the Indian Association of Physiotherapists (IAP), organized a session on "Evidence-Based Clinical Advancements In Vestibular Physiotherapy", which was scheduled live at 7:00 PM IST on Saturday, 3rd December 2022, on a digital platform.

Reputed well-known speaker Dr. Ajay Kumar Arora, Certified in Vestibular Rehab Therapy, DPT, University of Michigan, USA, delivered a talk on "Benign Paroxysmal Positional Vertigo-Relevant Anatomy & Management", Dr. John Solomon M, Head of the Department Physiotherapy, Manipal University delivered a talk on "Unilateral Vestibular Hypofunction & it's Physiotherapy Management" and Dr. Gunjan Vermani, Certified Advanced Concussion Therapist, Ontario Canada delivered a talk on "Central Vertigo & Physiotherapy Management".

Dr. K M Annamalai, Consultant Physiotherapist, Apollo Hospitals Ahmedabad and General Secretary, IAP, gave the opening remarks. Dr. Kalpana Nagpal, Senior Consultant, ENT, Chief Robotic Surgeon, Indraprastha Apollo Hospitals, New Delhi, was the keynote speaker.

Dr. Ruchi Varshney, National Head IAP Women Cell, Treasurer IAP New Delhi; Dr. Hannah Rajsekhar, Professor and Principal, Apollo College of Physiotherapy, Hyderabad and Dr. Elizabeth Joy, Head of the Department, Apollo Hospitals, Bengaluru, moderated the session.

The session was followed by 10 minutes of question and answers.




### GAPIO – Physiotherapy International Lecture Series

organized by Global Association of Physicians of Indian Origin (GAPIO)  
in collaboration with Indian Association of Physiotherapists (IAP)

## EVIDENCE BASED CLINICAL ADVANCEMENTS IN VESTIBULAR PHYSIOTHERAPY

7:00 PM IST on Saturday, 3rd December, 2022

8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 2:30 PM BST (UK), 12:30 AM (Australia)

Join us: <https://us02web.zoom.us/j/82501757631>

Topic	Speaker	Duration
Introduction	Dr. Seema Grover Chief Physiotherapy and Rehabilitation, Indraprastha Apollo Hospitals, New Delhi	2 mins
Opening Remarks	Dr. K M Annamalai Consultant Physiotherapist, Apollo Hospitals Ahmedabad General Secretary, IAP	3 mins
Keynote Speaker	Dr. Kalpana Nagpal Senior Consultant, ENT, Chief Robotic Surgeon, Indraprastha Apollo Hospitals, New Delhi	3 mins
Benign Paroxysmal Positional Vertigo-Relevant Anatomy & Management	Dr. Ajay Kumar Arora Certified in Vestibular Rehab Therapy, DPT, University of Michigan, USA	20 mins
Unilateral Vestibular Hypofunction & it's Physiotherapy Management	Dr. John Solomon M Head of the Department Physiotherapy, Manipal University	15 mins
Central Vertigo & Physiotherapy management	Dr. Gunjan Vermani Certified Advanced Concussion Therapist, Ontario Canada	15 mins
Question – Answer Session	Dr. Shuvro Shankar Chakraborty Physiotherapist in Charge, Apollo Multiplespecialty Hospital, Kolkata Dr. Shreya Hemant Deshak Assistant Professor Apollo College of Physiotherapy, Hyderabad	10 mins

#### MODERATORS

- Dr. Ruchi Varshney  
National Head IAP Women Cell,  
Treasurer IAP New Delhi
- Dr. Hannah Rajsekhar  
Professor and Principal, Apollo College of Physiotherapy,  
Hyderabad
- Dr. Elizabeth Joy  
Head of the Department,  
Apollo Hospitals, Bengaluru

#### GAPIO EXECUTIVE COMMITTEE

Dr. Pradip C Kudry IAP President	Dr. Anupam Sibal IAP President	Dr. Nandakumar Jairam Vice President	Dr. Sudhir Parikh Vice Secretary General	Dr. Rohini Sridhar Joint Secretary	Dr. Abhijit Sheth Treasurer
Dr. Sanjay Das USA President	Dr. Hemant Mishra IAP President	Dr. A. Sahasrabudhe IAP President	Dr. Anand Deshpande IAP Member	Dr. Om Bhandari USA Member	Dr. N K Rangaraj IAP Member
Dr. Namakanta Panda IAP Member	Dr. Anil Singh CANADA Member	Dr. Shikhar Sandhu UK Member	Dr. V K Nigam USA Member	Dr. Rajiv Appanna AUSTRALIA Member	Dr. Sushil Jain IAP Member



## A Session on "GI Disorders"

GAPIO, in collaboration with the Indian Society of Gastroenterology (ISG), organized a session on "GI Disorders" on a digital platform at 7:00 PM IST on Saturday, 17th December 2022.

Reputed well-known speaker Dr. Awanish Tewari, Consultant, Apollo Multispecialty Hospitals, Kolkata delivered a talk on "Obscure GI Bleed"

Dr. Nikhil Sonthalia, Consultant, Apollo Multispecialty Hospitals, Kolkata delivered a talk on "Evolving role of Diagnostic and Interventional Endoscopic Ultrasound in GI diseases", and Dr. Akash Roy, Consultant, Apollo Multispecialty Hospitals, Kolkata delivered a talk on "Stage based treatment of Hepatocellular Carcinoma".

Dr. Mahesh Goenka, President ISG, moderated the session.

The session was followed by 10 minutes of question and answers

**GAPIO – ISG International Lecture Series**  
organized by Global Association of Physicians of Indian Origin (GAPIO) in collaboration with Indian Society of Gastroenterology (ISG)

**GI Disorders**  
7:00 PM IST on Saturday, 17<sup>th</sup> December, 2022  
8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 2:30 PM BST (UK), 12:30 AM (Australia)  
Join us: <https://tinyurl.com/GI-Disorders>

Obscure GI Bleed	Dr. Awanish Tewari Consultant, Apollo Multispecialty Hospitals, Kolkata	15 mins
Evolving role of Diagnostic and Interventional Endoscopic Ultrasound in GI diseases	Dr. Nikhil Sonthalia Consultant, Apollo Multispecialty Hospital, Kolkata	15 mins
Stage based treatment of Hepatocellular Carcinoma	Dr. Akash Roy Consultant, Apollo Multispecialty Hospital, Kolkata	15 mins
Question & Answer	Dr. Mahesh K Goenka President, ISG	10 mins
Vote of thanks	Dr. Sushil Jain Honorary Advisor, GAPIO	5 mins

**MODERATOR**  
Dr. Mahesh K Goenka  
President - ISG

**GAPIO EXECUTIVE COMMITTEE**

Dr. Prashant C Reddy INDIA Founder President	Dr. Anupam Sibal INDIA President	Dr. Nandakumar Jairam INDIA Vice President	Dr. Sudhir Parikh USA Secretary General	Dr. Rohini Sridhar INDIA Joint Secretary	Dr. Abhishek Sethi INDIA Treasurer
Dr. Sanjiv Ran USA Past President	Dr. Ramesh Mehta UK Past President	Dr. G Kalvelky INDIA Member	Dr. Gautam Bodhwala UK Member	Dr. Oni Ganda USA Member	Dr. N K Ganguly INDIA Member
Dr. Ramakanta Panda INDIA Member	Dr. Arun Gang CANADA Member	Dr. Bhupinder Sandhu UK Member	Dr. V K Raju USA Member	Dr. Anjo Appavall AUSTRALIA Member	Dr. Sushil Jain INDIA Honorary Advisor

## A session on "Pediatric Hematology"

GAPIO, in collaboration with the Indian Academy of Pediatrics (IAP), organized a session on "Paediatric Haematology." live on a digital platform at 7:00 PM IST on Saturday, 24th December 2022.

Reputed well-known speakers Dr. Manas Kalra, Sr. Consultant - Pediatric hematology-oncology and BMT at Sir Ganga Ram Hospital, Delhi, spoke on "Approach to bleeding disorders in children" and Dr. Vibha Bafna, Consultant Pediatrician & Ped Hematologist & Oncologist at Jehangir Hospital, Pune delivered talk on "When Iron does not work - Case based discussion on pediatric microcytic hypochromic anemia".

Dr. Rohit Kapoor, Associate Consultant – Department of Medical Oncology and Haemato-Oncology, Max Super Specialty Hospital, Vaishali, moderated the session.

Dr. Amita Mahajan, Senior Consultant - Department of Pediatric Oncology and Hematology at Indraprastha Apollo Hospitals, Delhi, was the Chairperson during the session. The session was followed by 10 minutes question and answer session.

**IAP – GAPIO International lecture series**

**Paediatric Haematology**

**Saturday, 24th December 2022**  
7:00PM - 8:00PM (IST)  
Corresponding Time:  
8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK)  
12:30 PM (Australia)

**Leadership**

**IAP**  
Dr. Ramesh Kumar R, President  
Dr. Upendra S Kinjawadekar, President 2023  
Dr. Piyush Gupta, President 2021  
Dr. Vineet Saxena, Hon. Sec. Gen. 2021-22  
Dr. Samir Hasan Dalwai, Treasurer 2022

**GAPIO**  
Dr. Anupam Sibal, President  
Dr. Nandakumar Jairam, Vice President  
Dr. Sudhir Parikh, Secretary General  
Dr. Rohini Sridhar, Joint Secretary  
Dr. Abhishek Sheth, Treasurer  
Dr. Sushil Jain, Hon. Advisor  
Dr. Bakul Parekh, Global Academic Convener  
Dr. Aashay Shah, Session Convener

**Speakers**

**Dr. Manas Kalra, India**  
Approach to Bleeding Disorders in Children  
Speaker

**Dr. Vibha Bafna, India**  
When Iron Does Not Work (Case Based Discussion on Paediatric Microcytic Hypochromic Anemia)  
Speaker

**Chairperson**

**Dr. Amita Mahajan, India**  
Senior Consultant - Department of Pediatric Oncology and Hematology at Indraprastha Apollo Hospitals, Delhi  
Chairperson

**Moderator**

**Dr. Rohit Kapoor, India**  
Associate Consultant - Department of Medical Oncology and Hemato-Oncology, Max Super Specialty Hospital, Vaishali  
Moderator

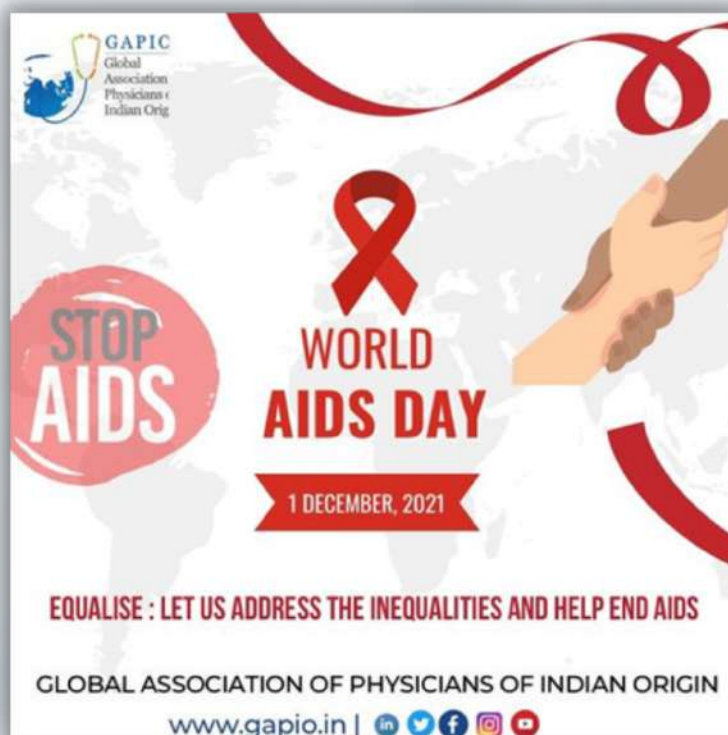
Link to Join: <https://tinyurl.com/ybvah5ma>

## SOCIAL MEDIA COVERAGE

### World AIDS Day

On World Aids Day, GAPIO stood in solidarity with the global community to raise awareness about the ongoing HIV/AIDS pandemic.

Our social media post on December 25th served as a reminder of the importance of continued education, testing, and treatment to help bring an end to this devastating disease. The message emphasized on equality for all in ending AIDS.



### Merry Christmas and Happy New Year



In celebration of the holiday season, GAPIO took to social media to extend warm wishes to all on Christmas.

GAPIO expressed gratitude for all the medical fraternity for their dedication and hard work. GAPIO also wished to celebrate the holiday season in a relaxed mood and spend quality time with loved ones.

We also took this opportunity to wish a very happy and prosperous new year to all.





# THE JOURNEY BEGINS AT AUA

## **Manipal's American University of Antigua College of Medicine (AUA)**

is one of the most innovative and recognized medical schools in the Caribbean. AUA's medical education satisfies the medical school education requirement to practice medicine in all 50 states and U.S. territories, Canada, United Kingdom and other countries.

AUA is proud to offer more than 20 different scholarships. They include cultural, academic, and service awards. Several are offered automatically to qualified students once they're accepted to AUA.

[WWW.AUAMED.ORG](http://WWW.AUAMED.ORG)



Hadi Rezaei, MD  
Class of 2022, Surgery  
Mayo Clinic  
College of Medicine and Science  
Rochester, MN

Celebrating  
**71** Years of  
Care



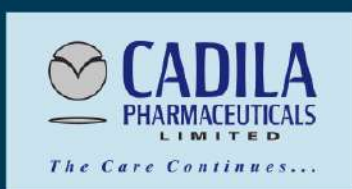
Trust,  
Innovation  
and Quality



We care for our legacy, we care for you. Transforming Global wellness



Since 1951 we have been spreading universal wellness through high quality, affordable and innovative healthcare solutions. We are a leading Indian pharmaceutical company and a fast-progressing player in global health. Our core values are reflected in our endeavours to create and facilitate life-saving medicines for everyone. We are present across the entire pharmaceutical value chain from research, development, and manufacturing to distribution. We have developed many first-in-the-world innovations for the treatment of cardiovascular diseases, tuberculosis, lung cancer, rabies management and seasonal influenza.



**| Care | Innovation | Legacy | Quality & Affordability |**

Follow us on:

[in @Cadila Pharmaceuticals Limited](#)

[f @officialcadilapharma](#)

[t @Cadila\\_Pharma](#)

[@Cadila Pharmaceuticals](#)

[www.cadilapharma.com](http://www.cadilapharma.com)