NOVEMBER 2022

Global Association of Physicians of Indian Origin

# Wishing All a Very Happy New Year

Improving Health Worldwide



## Dr. Ravi Parikh of New York receives 'Visionary' Ophthalmologist Award



Dr. Ravi Parikh, MD MPH, Manhattan Retina and Eye Faculty, New York University School of Medicine, was awarded the Spring 2022 Visionary Award from Real World Ophthalmology, RWO. The award was bestowed on him for his work that demonstrates qualities of exceptional foresight, creativity, advocacy, and vision.

He has been credited with work done as a practicing retina specialist and Chairman at Manhattan Retina and Eye and for leading and publishing studies on how to better deliver healthcare to prevent and treat blindness.

He was also recently named Director of Healthcare Delivery Research (Dept of Ophthalmology) at New York University Grossman School of Medicine/NYU Langone Health.

He is also recognized for his work as part of the American Academy of Ophthalmology's Health Policy Committee and the American Society for Retina Specialists Federal affairs committee. He has been advocating and helping shape policy to better deliver eye care.

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# Madhya Pradesh CM invites physicians abroad to participate in his state's healthcare initiatives

Chief Minister of Madhya Pradesh Shivraj Singh Chouhan, accompanied by his senior officials, discussed his state's economy and medical infrastructure with physicians and other officials in the U.S. recently via a Zoom call. His discussions are important in light of the upcoming Pravasi Bharatiya Divas, which is scheduled to be held in Indore in January 2023.





Among those in the Zoom meeting were a well-known physician and Padma Shri recipient Dr. Sudhir Parikh, chairman of Parikh Worldwide Media and ITV Gold.

They discussed the state of medical care and infrastructure in MP and how teaching institutions like Columbia, NYU, and Harvard want to have a presence in India. The idea was to greatly uplift India's healthcare system to make it just like Western countries.



# Dr. Anju Aggarwal awarded with National GP of the Year 2022

Dr. Anju Aggarwal, Family Physician in Sydney, Australia, has been awarded a highly prestigious "National GP of the Year 2022" for this year in Australia. The award was presented at the RACGP Annual convocation function held in Melbourne on 27 November 2022.

## Indian doctors amongst top 2% Indian scientists in the World

Ten doctors from King George's Medical University (KGMU) have now made their way to the top 2% of Indian scientists worldwide.

Nine working and one retired doctor from the eminent KGMU in Lucknow comprise Dr Amita Jain from the microbiology department, Dr Rajesh Verma and Dr RK Garg from the neurology department, Dr Sujit Kar from the psychiatry department, Professor AA Mahdi of biochemistry department, retired paediatrician Dr Rashmi Kumar and paediatrician Dr Shally Awasthy, Dr Suryakant of pulmonary medicine department and Dr Divya Malhotra of the oral and maxillofacial surgery department.

Besides the KGMU doctors, LU (Lucknow University) researchers featured on the coveted list include Professors Roli Verma and Amritanshu Shukla from the Physics department and Professor Abhinav Kumar from the Chemistry department. Doctor Alok Dhawan, Director of Centre of Biomedical Research (CBMR) Lucknow, with his father and former CDRI director, late Dr BN Dhawan, was also included in the database. Two Lucknow University alumni, Narendra Tuteja and Renu Tuteja, were mentioned in the list.

The database that annually features top-cited researchers and scientists by US-based distinguished institutions is publicly available. It includes eminent names from around the world in various branches of engineering and science.

## **Achievements of Dr Rakesh Sahay**

Dr Rakesh Sahay, Prof. of Endocrinology & Head, Department of Endocrinology, Osmania Medical College and Hospital, is currently the President of the Endocrine Society of India. He was awarded the Honorary Fellowship of the Sri Lanka College of Endocrinology on October 28th 2022. He was invited as a Special Guest for the Inaugural Function of the Annual Congress of Sri Lanka College of Endocrinology. He also delivered a Lecture on 'Reversal of Diabetes a Myth or reality" at the same meeting in Colombo on October 29th 2022.

He has invited faculty to the Annual Convocation of the National Academy of Medical Sciences, held at Jaipur from 10-12 November. He also spoke on the Cardiovascular effects of Anti-Diabetic medications during the CME on lifestyle disorders conducted on November 10th 2022.

He has also taken over as the President-Elect of the Research Society for the Study of Diabetes in India (RSSDI). He also delivered a lecture on 'Twincretins – Emerging role in Management of Diabesity" during the Annual Conference of RSSDI at Chennai.





## Dr Arup Varma shares views on Digitalization versus Human Touch



FORE School of Management hosted its seventh session under Institute's Global Leadership Lecture Series on November 11, 2022. The guest speaker for this session was Dr Arup Varma, a Distinguished University Research Professor and the Frank W Considine Chair in Applied Ethics at the Quinlan School of Business, Loyola University Chicago, USA. The lecture topic was "Digitalization versus Human Touch: Finding the Right Balance".

Dr Arup Varm commenced his lecture with a poser: "Everybody knows that we are living in a world of digitalization, but what does it mean to us? Well, that means we are using data to make decisions and data to ease our decision-making process."

Next, he discussed the significant obstacles that digitalization faces today regarding the time spent planning, doing the work, and processing the digital files and the cost involved. Subsequently, Dr Varma explained the influence of digitalization as one of the significant dimensions affecting manual labour everywhere.

However, he also highlighted that digitalization is very captivating and, at the same time, very efficient. However, human presence is much required if the technology fails once in a while."

Dr Varma opined that even though digitalization is very important in our lives, we cannot live without the human touch, as we are humans and social animals. We cannot live without emotions and sentiments that machines do not understand.

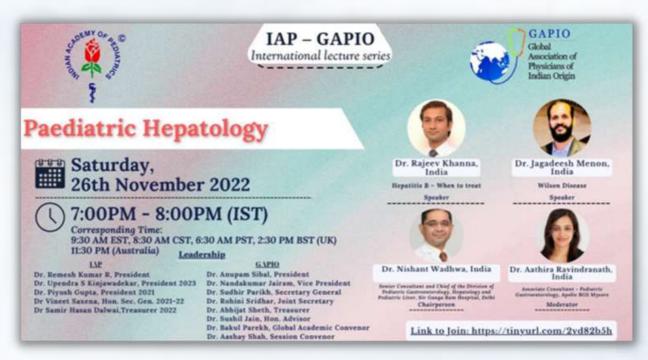
#### Session on Paediatric Hepatology

Global Association of Physicians of Indian Origin (GAPIO), in collaboration with the Indian Academy of Pediatrics (IAP), organized a session, "Paediatric Hepatology," which was held live at 7:00 PM IST Saturday, 26th November 2022. Reputed well-known speaker Dr. Rajeev Khanna, from India, delivered a talk on Hepatitis B-When to Treat. Dr. Jagdish Menon from India delivered a talk on Wilson Disease.

Dr. Nishant Wadhva, senior consultant & chief of the division of pediatric Gastroenterology, Hepatology & Pediatric Liver, from sir Gangaram Hospital, Delhi, was the chairperson for this session. Dr. Aathira Ravindranath, Associate Consultant, Pediatric Gastroenterology, from Apollo BGS Mysore, was the Moderator for this session.

Dr. Ramesh Kumar R., President; Dr. Upendra S. Kinjawadekar, President-2023; Dr. Piyush Gupta, President-2021; Dr. Vineet Saxena, Hon. Sec. Gen.2021-22, and Dr. Samir Hasan Dalwai, Treasurer-2022, were the leadership members from IAP.

Dr. Anupam Sibal, President; Dr. Nandkumar Jairam, Vice President; Dr. Sudhir Parikh, Secretary General; Dr. Rohini Sridhar, Joint Secretary; Dr. Abhijat Seth, Treasurer; Dr. Sushil Jain Hon. Advisor Dr. Bakul Parekh, Global Academic convener, and Dr. Ashay Shah, Session convener, were the leadership members from GAPIO.



#### Session on Advancements in Breast Imaging

Global Association of Physicians of Indian Origin (GAPIO), in collaboration with the Indian Radiological & Imaging Association (ARIA) & Indian College of Radiology & Imaging (ICRI) under the GAPIO-ICRI International Synergy Series, organized a session on "Advancements in Breast Imaging" which was scheduled live at 7:00 PM IST Sunday, 13th November 2022 on a digital platform.

Well-known speaker Dr. Manisha Bahl, Associate Prof. of Radiology at Harvard Medical School, delivered a talk on "Role of Artificial Intelligence in breast imaging for early detection of breast Cancer." Dr. Bhupinder Sandhu, pediatric Gastroenterologist, Bristol Royal Hospital from the UK, was chairperson for this Session.

Dr. Niketa Chotai, Chairperson of Singapore Radiological Society Breast Subsection, delivered a talk on "Role of Contract enhanced Mammography in early detection of Breast Cancer." Dr. Ramesh Sarin, Consultant, surgical oncology, Apollo Hospital, from New Delhi, was chairperson for this Session.

Dr. Shipla Lad, Consultant-Breast imaging & interventions, NM medical center Mumbai delivered a talk on "Breast MRI as a problem-solving Tool." Dr. Ramesh Sarin, Consultant, surgical oncology, Apollo Hospital, from New Delhi, was chairperson for this Session.

Welcome & Opening remark was given by Dr. Anupam Sibal, President, GAPIO & Dr. Dilip Lakkar, Past Vice President, IRIA.

Dr. Vinita Saran, Advisor Radiology CMEs, GAPIO & Dr. Bhupinder Sandhu, EC Member, GAPIO, conducted a Question & answer session.

Dr. Vinita Saran gave a vote of thanks.

Dr. V. N. Varprasad, Chairman, ICRI; Dr. Sikandar Shaikh, Secretary, ICRI; Dr. Pusphraj Bhatele, President IRIA; Dr. Sandeep Kavthale, Secretary General, IRIA were the leadership members from ICRI & IRIA.

Dr. Anupam Sibal, President, Dr. Nandkumar Jairam, Vice President, Dr. Sudhir Parikh, Sec. Gen., Dr. Rohini Sridhar, Joint Secretary, and Dr. Abhijit Seth, Treasurer, were the GAPIO executive committee members.



## Session on Osteoporosis

GAPIO, in collaboration with the Association of Spine Surgeons of India (ASSI), organized a session on "Osteoporosis" scheduled live at 7:00 PM IST on Saturday, 19th November 2022, on a digital platform.

Reputed well-known speakers Dr. Abhay Nene, senior consultant – spine surgery at Global Hospital, Parel, Mumbai, delivered a talk on "Osteoporosis and the spine," and Dr. Bharat R Dave, Director at Stavya Spine Hospital and Research Institute, Ahmedabad delivered a talk "Osteoporosis – Prevention and Management."

Dr. Ajoy Shetty, Consultant Orthopedic & Spine Surgeon at Ganga Hospital, Chennai, moderated the session.

Dr. (Prof.) Raju Vaishya, Sr. Consultant Orthopedic & Joint Replacement Surgeon, Apollo Hospitals, New Delhi, was the Chairperson during the session.

The session was followed by 10 minutes question and answer session.

## **SOCIAL MEDIA COVERAGE**

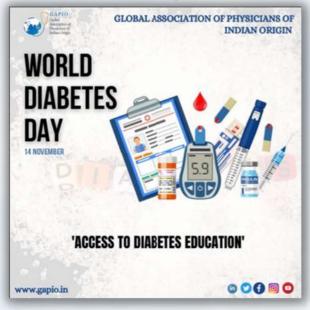
## **World Immunization Day**

"Immunization currently prevents 3.5-5 million deaths yearly from diseases like diphtheria, tetanus, pertussis, influenza, and measles.

Immunization is a key component of primary health care and an indisputable human right. The immune system can fight disease better and faster if the individual has been immunized." - This was the message of GAPIO on all its social media platforms, along with an appeal to get immunized and stay protected for a Long Life



## **World Diabetes Day**



On account of World Diabetes Day, GAPIO spread the following message on social media:

Diabetes is a chronic (long-lasting) health condition that affects how your body turns food into energy.

Your body breaks down most of the food you eat into sugar (glucose) and releases it into your bloodstream. When your blood sugar increases, it signals your pancreas to release insulin.

The number of people with diabetes rose from 108 million in 1980 to 422 million in 2014. Prevalence has risen more rapidly in low-and middle-income countries than in high-income countries.

Diabetes is a major cause of blindness, kidney failure, heart attacks, stroke, and lower limb amputation.

Diabetes is a silent killer. Don't let it ruin your life or the life of your loved ones.

Let us spread more awareness about this disease to celebrate World Diabetes Day.

GAPIO appeals to come together to make everyone around us aware of the challenges of this disease.

## **World COPD Day**

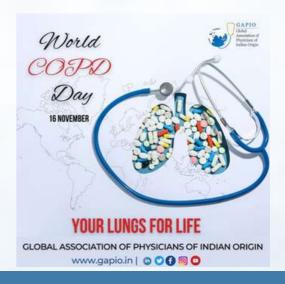
To imbibe the importance of COPD amongst the masses, GAPIO shared the below message:

Chronic obstructive pulmonary disease, or COPD, is a group of diseases that cause airflow blockage and breathing-related problems.

It includes emphysema and chronic bronchitis. Smoking is the main cause of COPD and is thought to be responsible for around 9 in every 10 cases.

Quit smoking to help reduce your risk of COPD, heart disease, and lung cancer.

You have only 1 set of lungs. Protect them for a healthy life!



## **International Men's Day**

On account of International Men's Day, GAPIO celebrated all the men in lives who make a difference!

From doctors and researchers to fathers and husbands, GAPIO thanked all the men striving to make the world a better place.



#### **World Antibiotics Awareness Week**

The widespread and irrational use of antibiotics has led to antibacterial resistance.

Antibiotic resistance is when bacteria change and become resistant to the antibiotics that are used to treat them. This can cause infections that were once easily treatable with antibiotics to become more difficult to treat.

To create an awareness about rationale antibiotics use, GAPIO shared a message on social media



## **GAPIO Honours' List November 2022**



**Dr. Anjan Bhattacharya**, Developmental Paediatrician based at Child Development Centre, Kolkata, has been invited to attend the Royal College of Paediatrics & Child Health Exam Board for their MRCPCH, UK exams as one of the two members from India.

**Dr. Anju Aggarwal**, Family Physician in Sydney, Australia, has been awarded a highly prestigious "National GP of the Year 2022" for this year in Australia. The award was presented at the RACGP Annual convocation function held in Melbourne on 27 November 2022.

**Prof. Arun Jamkar,** Distinguished Professor, SIU Pune and Consultant, Health care, Persistent Systems Ltd., have been honoured with Fellowship of National Academy of Medical Sciences.

**Dr. Arun Prasad,** Surgical Gastroenterology, Bariatric and Robotic Surgery, New Delhi, was invited to deliver key note address on Robotic Bariatric Surgery at 2nd International Diabesity and Metabolic Surgery Summit (IDMSS) national conference held on 25-27 October, 2022, at Israel.

Dr. Prasad has also been nominated as member of Specialist Board in Minimal Access Surgery of National Board of Examinations, MOHFW, Government of India.

**Dr. Ashis K. Saha,** HOD (Medicine) in Kishanganj Medical College & LSK Hospital, Kishanganj, Bihar has been received "Fellowship" from Indian Academy of Clinical Medicine.

Dr. Saha has also been awarded "DR G BE JAIN" oration from Indian Academy of Clinical Medicine.

Dr. Ashish Aneja, Senior Medical Officer, Kurukshetra University, has been awarded with Rashtriye Yog Veer Health Award 2022 from Akhil Bhartiya Yog Shikshak Mahasang in New Delhi for his social work and awareness camps in association with GAPIO for the last 10 years.

**Dr. Ashish Aneja**, Senior Medical Officer, Kurukshetra University, has been awarded with Rashtriye Yog Veer Health Award 2022 from Akhil Bhartiya Yog Shikshak Mahasang in New Delhi for his social work and awareness camps in association with GAPIO for the last 10 years. Dr. Aneja has organised free health check-up and awareness camp on the occasion of World Diabetes Day 2022 in association with GAPIO.

**Dr. Ashok Sharma**, Consultant, Internal Medicine at New Delhi has Completed online Geriatric Medicine course by Medvarsity & Apollo Hospitals Educational and Research Foundation.

**Dr. Bidita Khandelwal**, Director, Directorate of Research, Sikkim Manipal University has delivered guest lecture on Natural Products and Lifestyle Diseases on 6th Nov 22 during the 2nd International Conference on Natural Products and Human Health-2022 (ICNPHH 22).

Dr. Bidita also delivered a guest lecture on Thyroid Dysfunction and Diabetes Mellitus: Two closely associated disorders on 12th Nov 22 at the North Eastern Diabetes Society conference (NEDSCON 22), at Guwahati, Assam.

Dr. Deepa Passi, Senior Consultant, Paediatrics, Apollo Hospitals, Delhi has contributed the following:

- · Given a talk on "Ethical Issues In Paediatric Practice" held on 29th October 2022 at PCNI, DELHI
- · Organised a workshop on "Poor Academic Performance in Teens" at Mission School Uday on 4th November 2022.
- · Has been the part of panel discussion on "Gender Identity Issues" during First Asian Conference Adolescon held on 5th November 2022 Kolkata.
- · Won the appreciation award for designing the AHA logo at First Asian Conference Adolescon held on 6th November 2022 Kolkata.
- · Contributed two articles i.e. "Prevention of Suicide in Adolescents" and "Dating in Teens" for the souvenir of First Asian Conference Adolescon held on 6th November 2022 Kolkata.
- **Dr. Glory Alexander,** Director, ASHA Foundation, has been appointed as a member of the Organising Committee of the International AIDS Society (IAS) for the 12th IAS Science conference, scheduled to be held in Brisbane, Australia, from 23rd July 2023 to 26th July 2023.
- Dr. Glory has written a chapter in the book titled "Perils of Practice- The Prevention of Violence Against Healthcare Professionals". The Chapter is titled The Importance of Effective Communication. The book was released on 16th October 2022 at USII, Delhi.
- **Dr. Keerti Singh,** lecturer in the Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has contributed the following:
- · Obtained the Wound Care Certified credential by The National Alliance of Wound Care and Ostomy (NAWCO) Certification Board, USA.
- · November 5th 6th 2022 Attended the face-to-face Annual meeting of the Caribbean Urological Association (CURA) at the Barbados Hilton.
- · November 18th 2022 Participated as a panellist in the Andrology Conclave for Urologists and Reproductive Clinicians focused on "the latest advances in 6th edition of the WHO Manual for the Laboratory
- Examination and Processing of Human Semen, a Joint Online Meeting of the Global Andrology Forum and the Indonesian Society of Andrological Urology.
- · November 23rd 2022 Attended the 6th Annual Oscar Jordan Medical Symposium "Peripheral Artery Disease: The Underestimated Opponent", 3Ws Oval Pavilion UWI Cave Hill. Organized by the Barbados Diabetes Foundation
- · November 26th 2022: Organized the Optimist International Caribbean District Childhood Health and Response Mission (CHaRM) committee's HIV and AIDS interCaribbean webinar as Co-Chair of CHaRM

Committee. Theme "Equalize = HIV Services, Availability, Quality & Suitability". Speakers included representatives from the Pan American Health Organization and the United Nations Committee on the Rights of the Child.

**Dr Narendra Nath Jena**, Director & Head, Institute of Emergency Medicine, Meenakshi Mission Hospital and Research Center, Madurai, Tamil Nadu has been honoured by receiving the "distinguished service in Clinical

Toxicology" award by Indian Society of Toxicology (IST) during the annual conference of The Indian Society of Toxicology-TOXICON - 16 at Kasturba Medical College, Mangalore.

**Dr. Premkumar Balachandran**, Senior consultant and clinical lead at Chennai, has published his publication on 'Hernia Sac Preservation for Prevention of Transversus Abdominis Release in Laparoscopic

Extended-Totally Extra Peritoneal Repair of Ventral Hernia: A Minimalistic Solution for a Formidable Challenge' in "Journal of abdominal wall surgery" which is the official journal of the European hernia society.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi, has published the following article:

1)D'Ambrosi R, Vaishya R, Verde F. Balancing in Unicompartmental Knee Arthroplasty: balancing in flexion or in extension? J Clin Med 2022, 11, 6813. https://doi.org/10.3390/jcm11226813 [1]

2) Iyengar KP, Mishra AK, Vaish A, Kurisunkal V, Vaishya R, Botchu R. Primary Synovial Chondromatosis of the hip joint (PrSC of the hip): A Retrospective Cohort Analysis and Review of the Literature. J Clinical

Orthop Trauma 2022; do:10.1016/jcot.2022.102068

3) THITAI J, [2] VAISH A, [2] GOYAL N, VAISHYA R [2]. BILATERAL CORACOID PROCESS NONUNION WITH A BILATERAL CHRONIC ANTERIOR SHOULDER INSTABILITY - A RARE CASE REPORT. J ORTHOP REPORTS 2022; 1 94): 100100. DOI: 10.1016/J.JOREP.2022.100100 [3]

4) Vaish A, Vaishya R, Gupta BM, Kappi M, Kohli S. High-Cited Publications from Indian Orthopaedic Research in the last two decade. Apollo Med 2022; doi:10.4103/am.am\_162\_22

5) Itha R, Vaish A, Vaishya R. Hill Sachs lesions revisited - A review. J Arthroscop Joint Surg 2022; J Arthroscop Joint Surg 2022; 9 (3): 95-101. doi: 10.4103/jajs.jajs\_89\_22

6) Vaish A, Shukla T, Vaishya R. Bilateral osteonecrosis of the talus following steroid use after renal transplant. J Orthop Reports 2022; doi: 10.1016/j.jorep.2022.100110

7)Dr. Raju has been felicitated by Delhi Orthopaedic Association for being in the top 2% global researcher's list of Standford University, USA. Nov. 2022

8)Dr. Raju has received best paper award of DOA, titled 'Trend and characteristics of Orthopaedic publications from Indian authors in the last two decades', Nov. 2022

9)Dr. Raju has been inducted as an Editorial Board Member of \_Scientific Reports, \_the largest open access journal published by Nature Portfolio, the publishers of \_Nature\_. Nov. 2022

10) Dr. Raju has been achieved a significant milestone of surpassing 10,000+ citations to 700+ research articles

Dr. Rakesh Sahay, Prof. of Endocrinology & Head, Department of Endocrinology, Osmania Medical College and Hospital is currently the President of the Endocrine Society of India has been awarded the Honorary Fellowship of the Sri Lanka College of Endocrinology on October 28th 2022 and was invited as a Special Guest for the Inagural Function of the Annual Congress of Sri Lanka College of Endocrinology.

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Dr. Sahay has taken over as the President Elect of Research Society for Study of Diabetes in India (RSSDI) on the 7th October during the General Body meeting held at Chennai.

Dr. Sahay has also delivered a lecture on 'Twincretins - Emerging role in Management of Diabesity" on 7 October 2022 during the Annual Conference of RSSDI at Chennai.

Dr. Saroj Kumar Pattnaik, Sr. Consultant, Critical Care Medicine at Bhubaneswar, has been awarded with Fellowship in General Infectious Disease (FGID) by CMC, Vellore.

Dr. Tejinder Singh, Professor of Pediatrics and Medical Education and Vice-Principal, Christian Medical College & Hospital (CMCH), Ludhiana was selected as NAMS Emeritus Professor by National Academy of Medical Sciences 2023-2027.

## GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

**Global Association of Physicians of Indian Origin** 

Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi - 110076 Email: gapio.jm@gmail.com; Contact No. +91-7701910804, 011-71791747













## Global Association of Physicians of Indian Origin



Registration Link:

After successfully making the payment of registration fee, kindly complete the online registration process by filling up online form: