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Dr. Avinash Gupta appointed to Board of Health in Ocean County, New Jersey



Dr. Avinash Gupta, a prominent Indian American cardiologist with almost 30 years of experience in Lakewood, New Jersey, has been appointed as a member of the Ocean County Board of Health. At Monmouth Medical Center, he is the Chief of Cardiology and President of the Medical Staff at Monmouth Medical Center Southern Campus. Dr. Gupta is board certified in Cardiology, Nuclear Cardiology, and Clinical Lipidology. He has been recognized for his contributions to healthcare, including his work to promote vaccinations against COVID-19. Dr. Gupta has also been actively involved in community service and served as the President of the Monmouth Ocean County Association of Physicians from India (MOCAAPI) and Bihar Jharkhand Association of North America (BJANA). He is also the chairman of Shree Siddhivinayak Temple of USA, Indian Cultural & Community Center in Toms River. He was recently elected Executive Vice President of the Federation of Indian Associations of NYNJCT.

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GAPIO's XIII Annual Conference a Resounding Success: Dr Nandakumar Jairam Takes Over as President

The Global Association of Physicians of Indian Origin (GAPIO) held its XIII Annual Conference on 11-12 February 2023 at The Leela Gandhinagar in Gujarat, India. The event was a huge success, with more than 450 participants attending in person and 350+ joining virtually from all over the world.

The conference covered a wide range of topics in Cardiac Sciences, Oncology, Neurosciences, Nephrology, Robotics, Transplant, Gastroenterology, COVID/Public Health, Leadership Mantra, Nursing, Nutrition, and Physiotherapy. Over 120 renowned speakers, moderators, and chairpersons from across the globe delivered presentations on these topics.

The conference was inaugurated by Chief Guest, Hon'ble Dr. Mansukh Mandaviya, Union Minister of Health and Family Welfare and Chemicals and Fertilizers, Govt. of India, and Guest of Honor, Shri Bhupendrabhai Patel, Chief Minister, Gujarat.

Dr Anupam Sibal handed over the charge of President of GAPIO to Dr Nandakumar Jairam, who will be the new President of GAPIO for the next three years

Newly appointed office bearers include

- * Dr Nandakumar Jairam - President
- * Dr Sudhir Parikh - Vice President
- * Dr Rohini Sridhar - Secretary General
- * Dr Abhijat Sheth - Joint Secretary
- * Dr V K Raju - Treasurer



Executive Committee members of GAPIO, on stage with the chief guests Hon'ble Dr Mansukh Mandaviya, Union Minister of Health and Family Welfare and Chemicals and Fertilizers, Govt. of India and Shri Bhupendrabhai Patel, Chief Minister, Gujarat



Prof Dhavendra Kumar received Lifetime Achievement Award from Shri Bhupendra Patel, CM, Gujarat



(L-R) Hon. Shri Mansukh Mandaviya, Shri Bhupendra Patel, CM, Gujarat, Dr. Nandakumar Jaiaram, Dr. Sudhir Parikh



Dr. Abhijat Sheth, Director of Medical Services, Apollo Hospitals Gujarat



Hon. Shri Mansukh Mandaviya addressing the audience



(L-R) Dr. Abhijat Sheth, Mr. Neeraj Lal, Dr. Santosh Marathe



Dr. Sapna Nangia and Dr. Bakul Parekh



Delegates at the Conference



Dr. Jan Dommerholt



Expert talks



(L-R) Dr. Hemang Mehta, Dr. Shravan Bohra, Dr. Abhijat Sheth, Dr. Kinnari Mehta, Dr. Geeta Menon, Dr. Keshav Singhal, Dr. Keyur Buch



(L-R) Dr. Manoj Gumber, Mr. Neeraj Lal, Dr. Bhavin Desai



Mr. Neeraj Lal, COO, Apollo Hospitals Gujarat



Audience listening to experts



Dignitaries at the event



Hon. Shri. Mansukh Mandaviya, Ministry of Health & Family Welfare, Ministry of Chemicals and Fertilizers



Dr. Arun Prasad



(L-R) Mr Maninder Singh Sawhney, Chief Strategy Officer and Mr Suresh Gupta, President, Cadila Pharmaceuticals



Dr. Sameer Dani



(L-R) Mr Phil Canver, Dr. Ged Byrne, Dr. Geeta Menon, Dr. Ramesh Mehra, Mr. Neal Simon, Mr. B N Manohar



Hon. Shri Bhupendrabhai Patel, Chief Minister, Gujarat addressing the audience



Dr. Rooma Sinha and Dr. Nandakumar Jairam



Dr. Hasmukh Shah and Dr. Abhijat Sheth



Audience engrossed in the event



Prof. Anupam Sibal, Group Medical Director, Apollo Hospitals

GAPIO was delighted to receive a message of encouragement from the Hon'ble Prime Minister for the 13th Annual Conference.



सत्यमेव जयते

प्रधान मंत्री
Prime Minister

MESSAGE

It is heartening to learn about the organisation of the 13th annual Global Association of Physicians of Indian Origin (GAPIO) Conference at Gandhinagar.

The various activities including GAPIO awards being conducted along with the Conference are commendable.

For more than a decade, GAPIO is providing a common platform for physicians of Indian origin to share latest advancements and mutual experiences for larger good. The Indian diaspora has carved out a niche for itself in the international medical domain.

Our scriptures say, 'समानो मन्त्रः समितिः समानी मनः सह चित्तमेषाम्।' – meaning may our minds, words and thoughts be similar. Driven by a similar sentiment, the coming together of physicians, experts and delegates from across the globe at this Conference is a well thought out initiative, which will help exchange best practices and knowledge of new breakthroughs.

Physicians have always been widely respected in our society. Their endeavour to further good health and well-being aimed at alleviating the pain and suffering of mankind is truly admirable.

India has taken rapid strides in the field of healthcare. Our contribution towards encouraging wellness and well-being in the face of Covid-19 pandemic has been appreciated the world over.

Through comprehensive initiatives – be it modernising infrastructure, providing latest treatment facilities, enhancing nutritional awareness, or expanding capacity in the medical education sector, our singular focus is on making healthcare accessible and affordable for all.


May the vibrant deliberations at the conference generate new ideas to promote healthcare and well-being for mankind. The collective experience and expertise will help in optimising the benefits of modern-day technology in the field of healthcare for larger good.

Best wishes for the success of the 13th annual GAPIO Conference.

(Narendra Modi)

New Delhi
पौष 30, शक संवत् 1944
20th January, 2023


GAPIO also held its annual award ceremony during the conference. Hon'ble Dr. Mansukh Mandaviya and Shri Bhupendrabhai Patel presented the awards.

 **Global Association of Physicians of India Origin**
GAPIO Announces

The Award Winners in Distinguished Clinician Category

- **GAPIO LIFETIME ACHIEVEMENT AWARD**
PROF. DHAENDRA KUMAR
 SPIRE CARDIFF HOSPITAL, UK
- **DR. PRATHAP C REDDY PHILANTHROPY AWARD**
DR. RAYAPU RAMESH BABU
 BLOOD DONORS ORGANIZATION FOR SOCIAL SERVICE, TIRUPATI
- **DR. I A MODI AWARD**
PROF. AJAY KUMAR DUSEJA
 PGIMER, CHANDIGARH
- **GAPIO SURGICAL EXCELLENCE AWARD**
PROF. DEVENDRA KUMAR GUPTA
 AIIMS, NEW DELHI
- **GAPIO EXCELLENCE IN DIAGNOSTICS AWARD**
PROF. ANITA BORGES
 SL RAHEJA HOSPITAL, MUMBAI
- **GAPIO EXCELLENCE IN RADIOLOGY/ RADIATION THERAPY AWARDS**
PROF. AKSHAY KUMAR SAXENA
 PGIMER, CHANDIGARH

Each Award carries a cash award of **Rs. 100,000/-**, a citation and a trophy.

 **Global Association of Physicians of India Origin**
GAPIO Announces

The Award Winners in Young Clinician Category

- **DR. I A MODI AWARD**
DR. SANJITH SASEEDHARAN
 SL RAHEJA HOSPITAL, MUMBAI
- **GAPIO SURGICAL EXCELLENCE AWARD**
DR. SAURABH JAIN
 MGMHC, INDORE
- **GAPIO EXCELLENCE IN DIAGNOSTICS AWARD**
DR. TUSHAR SEHGAL
 AIIMS, NEW DELHI
- **GAPIO EXCELLENCE IN RADIOLOGY/ RADIATION THERAPY AWARDS**
DR. CHANDRASHEKHARA S H
 AIIMS, NEW DELHI

Each Award carries a cash award of **Rs. 50,000/-**, a citation and a trophy.

 **Global Association of Physicians of India Origin**
GAPIO Announces

Special Appreciation Awards

- **DR. NAVEEN THACKER**
 DEEP CHILDREN HOSPITAL AND RESEARCH CENTRE, GUJARAT
- **DR. HENA BUTTA**
 APOLLO HOSPITALS, NEW DELHI
- **DR. R R KHANDELWAL**
 KINGSWAY HOSPITAL, NAGPUR

Award carries a citation and a trophy.



**XIII ANNUAL CONFERENCE
OF GAPIO**

11th and 12th February 2023 | Hotel The Leela Gandhinagar, Gujarat

**Applications for the
E-poster competition are invited**

Format - E-poster format as PPT

Topic - "Prevention of Non-Communicable Diseases"

Prize - Winner category is 1st, 2nd and 3rd Prize.
Winner will receive citations

Last date - 25th January 2023.

**Contact : Mr. Jitendra Malik at 8527849960 or
gapio.jm@gmail.com for application form and more details.**

**Entry Fee Rs. 1000/-
(Includes conference registration)**

E-Poster Competition

As part of the annual conference, an E-poster competition was also held on 11th February 2023 on the topic of "Prevention of Non-Communicable Diseases".

Jury for the competition were: Dr Nandakumar Jairam, President, GAPIO and Dr Bakul Parekh, Past President of IAP

Winners : Ms Hinal, Ms Rajal and Ms Nehal

GAPIO's XIII Annual Conference - Sessions Overview

The XIII Annual Conference of the Global Association of Physicians of Indian Origin (GAPIO) held on 11 - 12 February 2023 at The Leela Gandhinagar, Gujarat, covered a wide range of sessions on various medical topics. It provided an opportunity for attendees to learn from experts in their respective fields and to exchange ideas on the latest medical advancements.

Session: Cardiac Sciences

The session featured talks by four expert speakers, including Dr. Sameer Dani on Catheter-based Cardiac Interventions, Dr. Mahpaekar Mashhadi on Lifestyle and Genetics in heart diseases, Dr. Ajay Naik on Heart Failure: significance and management in 2023, and Dr. Sudhir Adalti on Minimally Invasive Cardiac Surgery. The session was chaired by Dr. Urmil Shah, Dr. Jayesh Prajapati, Dr. Sharad Jain, and Dr. Jayesh Rawal. Attendees had the opportunity to learn from and interact with these experts in the field of Cardiac Sciences

Session: Neurosciences

The session had prominent speakers from India. Dr. Deepak Gupta addressed the critical topic of low organ donation rates in India and the physician's role in overcoming this challenge. Meanwhile, Dr. Devashish D Vyas discussed different case scenarios and the role of interventional neurology in addressing them. The session was chaired by Dr. Raju Khandelwal, Dr. Mayank Somani, and Dr. V K Raju, from India and the USA, respectively. Overall, the session provided valuable insights into the latest developments in neurosciences and the challenges faced in the field.

Session: Nephrology

GAPIO's annual conference also featured an informative session on Nephrology, with prominent speakers sharing their insights on important topics. Dr. Amit Gupta from India discussed the future of Peritoneal Dialysis (PD) in the country. Dr. Sandeep Guleria spoke about the impact of COVID-19 on kidney transplant practices and outcomes, while Dr. Sanjiv Jasuja addressed the current status of international nephrology in South and Southeast Asia, and the role of AVATAR Foundation. The session was chaired by Dr. Sudhir Parikh from the USA. Attendees gained valuable knowledge and perspectives on the current and future state of Nephrology.

Session: Robotics/AI

GAPIO's annual conference featured a session on the latest advancements in robotic surgery and artificial intelligence in various medical specialties. Renowned speakers from India, including Dr. Venkatesh Munikrishnan, Dr. Rooma Sinha, Dr. Arun Prasad, Dr. Shivkumar J, Dr. Sujoy Kar, and Dr. Arvind Kumar, discussed the benefits and challenges of robotic surgery and the role of AI in cardiac and thoracic disorders. The session was chaired by eminent medical professionals, including Dr. Nandakumar Jairam, Dr. Keshav Singhal and Dr. Abhijat Sheth. The session shed light on the current state of robotic and AI applications in medicine and their potential for future advancements in patient care.

Session: Oncology

The conference also hosted an enlightening session on Oncology. The speakers delved into various topics in the field, including Precision Oncology, Recent Advances in Head and Neck Oncology, and the Established and Evolving Indication of Proton Therapy in the Indian Context. Dr. T Raja, Dr. Anil D Cruz, and Dr. Sapna Nangia were the distinguished speakers at the session. Their insightful presentations were well-received by the audience.

Session: COVID/ Public Health

The conference featured a session on COVID-19 with prominent healthcare professionals as speakers.

Dr. Vipin Vashishtha presented his talk on COVID-19 vaccines, their current status and future perspectives.

The session also included talks by Dr. Arun Kumar Agarwal and Dr. Shelly Chadha on the WHO's initiative "Make Listening Safe" to prevent hearing loss and promote safe listening practices. Dr. Sanku Rao from the USA presented on non-cardiac chest pain. The session provided valuable insights into the current state of COVID-19 and initiatives to promote public health.

Session: Gastroenterology

The session on Gastroenterology covered a range of topics including liver cirrhosis, interventional endoscopy, and inflammatory bowel disease. The speakers included Dr. Akash Roy from India, who shared insights on how to prevent complications of cirrhosis of the liver, Dr. Nalini Guda from the USA, who discussed advances in interventional endoscopy, and Dr. Shravan Bohra from India, who spoke about what non-gastroenterologists need to know about inflammatory bowel disease. The session was chaired by Dr. Mahesh Goenka from India and Dr. Hasmukh Shah from the UK.

Session: Guest Lecture

GAPIO held a session on Guest Lecture during their conference, featuring four distinguished speakers. Dr. V K Raju from the USA discussed the tragedy of avoidable childhood blindness and how GAPIO can help prevent it. Dr. Ambika Gupta from India spoke about the evolution of genomics and its potential to reach beyond the unseen. Mr. B N Manohar from India gave updates on stem cell therapy, and Dr. Karan Thakur from India talked about the impact of climate change on human health. The session was chaired by Dr. Hasmukh Shah from the UK and Ms. Reena Trivedi from India.

Session: Human Resources

GAPIO held a session on Human Resources during their conference, where experts discussed various topics related to staffing and education in the healthcare industry. Speakers included Dr. Ged Byrne and Mr. Neal Simon from the UK, who discussed global staffing issues and education, respectively. Dr. Geeta Menon and Mr. Phil Carver also presented on Indo-UK collaborations. The session was chaired by Dr. Ramesh Mehta and Prof Parag Singhal, both from the UK. The discussion provided valuable insights and perspectives on the challenges and opportunities facing the healthcare workforce.

Session: Leads for Healthcare in India

GAPIO recently hosted a conference on LEADS for healthcare in India, where experts from Canada and India shared their insights on the topic. Dr. Anurag Saxena from Canada discussed the five domains of LEADS and their relevance in the healthcare sector. Dr. Anupam Thakur, also from Canada, spoke about the role of LEADS in education. Dr. Shweta Prabhakar from India shared a global collaborative overview on redesigning leadership with LEADS. The conference provided valuable insights on how LEADS can be applied in the healthcare sector to improve leadership and enhance patient outcomes.

Session: Physiotherapy

The conference also included a session on Physiotherapy. Esteemed speakers from the field of physiotherapy shared their knowledge and insights on various topics. Dr. K M Annamalai spoke about the importance of physiotherapy in healthcare, while Dr. Jan Dommerholt discussed the latest developments in the field. Dr. M S Satish shared his experience with exercise prescription in Oncology and how it has impacted patient outcomes in India. Additionally, Dr. Yagna Umesh Shukla highlighted the significance of ergonomics for medical professionals, stressing how it can prevent musculoskeletal disorders. Attendees had the opportunity to learn from experts and gain valuable insights on the latest developments in the field of physiotherapy.

Session: Transplant (Kidney and Liver)

GAPIO conference featured a session on Transplant (Kidney and Liver), where experts from India shared their insights on the current status and advancements in the field. Dr. Vijaya Rajakumari discussed the current status of Kidney Transplant, while Dr. Arun shared his knowledge on Living Donor Liver Transplantation. Dr. Thangaraj Paul Ramesh shared his expertise on ECMO in Heart/Lung Transplantation, emphasizing its significance in the field. The session was chaired by Dr. Ajaya Kumar, Dr. Abhijat Sheth, and Dr. Manoj Gumber, all experts in the field. The conference provided a platform for attendees to gain valuable insights on the latest developments in Transplant (Kidney and Liver) and learn from experts in the field. Overall, the session highlighted the importance of continuous advancements in the field of transplantation to improve patient outcomes.

Session: Women in Medicine

The 'Women in Medicine' session featured expert speakers from different parts of the world, including Dr. Anupama Chawla from the USA, Dr. Rohini Sridhar and Dr. Shweta Prabhakar from India, Dr. Geeta Menon from the UK, and Dr. Veena Aggarwal from India. The speakers discussed the challenges and opportunities for women in the medical profession and shared their personal experiences and insights. They highlighted the importance of gender equity, diversity, and inclusion in the medical field, and discussed ways to create a more supportive and inclusive environment for women in medicine. The session was informative and inspiring, providing attendees with valuable insights and inspiration to pursue their careers in medicine. The conference provided a platform for attendees to engage in meaningful discussions on gender equity in medicine and collaborate on ways to promote diversity and inclusion in the field.

Session: Leadership Mantras

GAPIO's annual conference also successfully hosted an enlightening session on Leadership Mantras, featuring some of the biggest names in sports, business, entertainment, and healthcare. The session included discussions with renowned figures like ace cricketer Kapil Dev, civil servant and G20 Sherpa Mr. Amitabh Kant, and actor-politician Mr. Paresh Rawal. The session was hosted by Dr. Anupam Sibal, President of GAPIO and Group Medical Director at Apollo Hospitals. Attendees had the once-in-a-lifetime opportunity to learn from some of the best in the business and elevate their leadership skills. The conference was an enriching and inspiring experience for all who attended, and GAPIO looks forward to continuing to offer valuable opportunities for growth and development in the future.

Session: Nursing

The session aimed to empower nurses by providing them with valuable insights and strategies to stay ahead in their field. The session covered topics such as navigating change, preparing for the future, understanding the role of technology, education, and research in nursing, and a thought-provoking debate on whether nursing education truly prepares nurses for the real world. The focus was on compassion, leadership, and the voices of staff, making the session a must-attend for all nurses looking to enhance their skills and knowledge. The conference provided a great platform for nurses to learn and grow in their careers.

Session: Nutrition

The session highlighted the importance of nutrition in healthcare. The session covered a wide range of topics, including the latest advancements in diabetes care, the role of nutrigenomics and gut microbiota, and the challenges in bone marrow transplant with a special emphasis on nutrition. Attendees also gained insights on dietary interventions for ASD, hyperlipidemia, food sensitivity, and metabolic health. Additionally, the session explored the relationship between gut health and cancer, as well as the significance of chrono nutrition for preventing non-communicable diseases. This informative session provided attendees with valuable knowledge on the latest developments in nutrition and its impact on healthcare.

Session: Young Doctor's Forum

The GAPIO conference also hosted a session on Young Doctors Forum, where young doctors had the opportunity to discuss the latest trends and developments in healthcare. The session included discussions on recent government healthcare policies and entrepreneurship in digital healthcare, as well as two insightful panel discussions titled "Beyond Medicine: The Way Ahead" and "Recent Reforms in Medical Education & its Impact on Students". This forum provided a platform for young doctors to exchange ideas and explore the future of healthcare.

Dr Sudhir Parikh, Chairman, Parikh Worldwide Media, awarded honorary doctorate by JRN Rajasthan University



Well-known tri-state physician, Padma Shri recipient Dr. Sudhir Parikh, was awarded an Honorary Doctor of Literature (D-Lit) Degree on February 7, 2023, by Janardan Rai Nagar Rajasthan University (JRN) at its Udaipur Campus. This degree was awarded to Dr. Parikh for his contribution and work in social service. Dr. Parikh is Chairman of Parikh Worldwide Media and ITV Gold, one of the largest Indian-American publishing outlets in the United States.

Mentioning the success of overseas Indians, and of Dr. Parikh in particular, Chancellor Sarangdevot said the world screen would shine if Indian knowledge spread internationally. Sarangdevot referred to the farsightedness of the university founder J.R. Nagar and said the university, from its inception, had adhered to his principles and has been offering courses in multi-disciplinary and skills and employment-based learning.

Speaking at the Convocation, Dr. Parikh said the degree from JRN was the most important of all honors he has received in his life.

Dr. Sudhir Parikh felicitated by Rajkot's famous Marwadi University



Dr. Sudha Parikh was felicitated by Rajkot's famous Marwadi university. He visited the University on Feb. 14, 2023, in Rajkot, Gujarat. He was joined by the founder of Narmada Bal Ghar – Morbi, Bharat Mehta. University Registrar Naresh Jadeja and Dean Dr. R. B. Jadeja welcomed the guests. Dr. Parikh also met with University Provost Dr. Sandeep Sancheti. They exchanged ideas with the organizers of the event and the teaching staff at the University as well as the students. Dr. Parikh showed deep interest in the various activities of the University and showed eagerness to help and be involved with them.

Dr. Parikh also met with the faculty at large. Addressing the gathering, Dr. Parikh said he was very happy that a well-known educational institution like Marwadi University was offering international-level opportunities to the students. Dr. Parikh also visited the library, the science lab, and the Startup and Entrepreneurship center. He also observed the latest research done by the students. He also learned about the experiments on marble waste and product development at the Materials Lab.

Atmiya University honors Dr. Sudhir Parikh for philanthropic work in education in India



Indian-American physician, publisher, and philanthropist, Padma Shri recipient Dr. Sudhir Parikh was felicitated by Atmiya University-Rajkot on Feb 16, 2023. Other institutions that joined in the felicitation included Pradeshik Lokvigyan Kendra Rajkot, Narmada BalGhar-Morvi, Self Finance School Association, Rajkot, Indian Medical Association-Rajkot and Family Physician's Association-Rajkot.

President of Atmiya University, Tyagvallbh Swami, said he falls short of words to praise Dr. Parikh's contributions to the two great nations and the state of Gujarat and its people in particular.

President of Yogi Divine Society, Premswaroop Swamiji, telephonically expressed his happiness for the felicitation of Dr. Parikh.

Dr. Parikh said in his keynote speech he is being honored on various occasions, but today he felt something different. This congratulation is unique.

A software tries to spot lung cancer years earlier. Can it?



Adenocarcinoma CT scan. Photo: By Yale Rosen from USA
– Adenocarcinoma – CT scan

Lung cancer is the deadliest, so catching it early is one of the best ways for patients to survive.

Now researchers have created an artificial intelligence tool that could predict whether a person will get lung cancer up to six years in advance, paving the way for doctors to spot tumors that are notoriously hard to detect early.

The finding, announced in late January by a team of researchers at Harvard's Massachusetts General Hospital and the Massachusetts Institute of Technology, is part of a growing medical trend of using algorithms to predict everything from breast and prostate cancer to the likelihood of tumors re-growing. Though research is increasing, scientists say more testing needs to be done before fully unleashing these products into clinical settings.

The tool is Sybil, named after the prophet in ancient Greek literature. It is a deep-learning model, meaning computers parse through huge data sets to identify and categorize patterns. Sybil was trained on six years of lung scans of patients in the United States and Taiwan.

The study results showed Sybil achieved scores scientifically considered "good" and "strong" in predicting lung cancer over six years. It was stronger with its one-year prediction rates.

Three Indian-Americans in New York named in Health Care Power 100 list

Three physicians of Indian origin have been included in City & State's Health Care Power 100 list, which recognizes decision-makers in the medical world in New York. The list considers legislative victories, labor battles, newly launched initiatives, and other noteworthy developments from the past 12 months. The physicians recognized for their contribution during the pandemic are Dr Ashwin Vasani, commissioner at the New York City Department of Health & Mental Hygiene; Dr Darshana Srinivasan, chief of the Health Care Bureau at the State Attorney General's Office; and Parag Mehta, president of the Medical Society of the State of New York. Dr. Vasani, who took over as the city's health commissioner in March 2022, advised New Yorkers to wear masks in transit and indoors when the virus threw the 'tripled emic' at the city in December. Dr. Srinivasan has already obtained refunds for pharmacy customers wrongfully charged for COVID-19 vaccines and reached a \$13 million agreement with UnitedHealthcare to pay consumers illegally denied mental health coverage. Dr. Mehta is a leading advocate for improving public health and physician well-being and restoring the joy of medicine in New York.



Dr. Ashwin Vasani



Dr. Darshana Srinivasan



Dr. Parag Mehta

Session On Pediatric Nephrology



Indian Academy of Pediatrics
CONSTITUTED AND CHAIRMANED
1954-2023
69 YEARS OF CHILD CARE

IAP – GAPIO
International lecture series



GAPIO
Global Association of Physicians of Indian Origin

Pediatric Nephrology

**Saturday,
28th January 2023**

7:30PM - 8:30PM (IST)
Corresponding Time:
9:00 AM EST, 8:00 AM CST, 6:00 AM PST, 2:00 PM BST (UK)
1:00 AM (Australia)

IAP

Dr. Upendra S Kinjawadekar, President
Dr. G V Basavaraja, President 2024
Dr. Remesh Kumar R, President 2022
Dr Vineet Saxena, Hon. Sec. Gen. 2022-23
Dr Samir Hasan Dalwai, Treasurer 2022

Leadership

GAPIO

Dr. Anupam Sibal, President
Dr. Nandakumar Jairam, Vice President
Dr. Sudhir Parikh, Secretary General
Dr. Rohini Sridhar, Joint Secretary
Dr. Abhijat Sheth, Treasurer
Dr. Sushil Jain, Hon. Advisor
Dr. Bakul Parekh, Global Academic Convenor
Dr. Aashay Shah, Session Convenor



Dr. Rupesh Raina, USA
Advances in Pediatric Kidney Replacement Therapy
Speaker



Dr. Sidharth Kumar Sethi, India
Advances in Pediatric Acute Kidney Injury: Diagnosis & Management
Speaker



Dr. Gaurav Kapur, USA
Division Chief/Director Pediatric Dialysis Program
College of Medicine, Central Michigan University
Chairperson



Dr. Rashi Gupta, India
Pediatric Nephrologist
Moderator

Link to Join: <https://tinyurl.com/392e4mwh>

The Global Association of Physicians of Indian Origin (GAPIO) organized an informative online "Pediatric Nephrology" session on January 28th, 2023, at 7:30 PM IST.

The session featured talks by Dr. Suresh Raina from the USA on the latest developments in Pediatric Kidney Replacement Therapy and Dr. Siddharth Kumar Sethi from India on advances in Pediatric Acute Kidney Injury diagnosis and management.

Dr. Rashi Gupta moderated the session, and Dr. Gaurav Kapur served as the Chairperson. The informative session provided valuable insights to attendees on the latest advancements and best practices in pediatric Nephrology.


A session on Holistic Approach to Diabetes Care

The Global Association of Physicians of Indian Origin (GAPIO) organized a successful session on a holistic approach to diabetes care on January 6, 2023, through an online platform. The session was attended by doctors and healthcare professionals from around the world.

The session was chaired by Dr. C. M. Batra and moderated by Dr. Harish Shyam. The speakers at the session included Dr. Kavita Gupta and Dr. Shubbada, who spoke on nutritional care in diabetes reversal and reality and functional foods in diabetes, respectively.

A QA session was conducted by Dr. C. M. Batra, Dr. Harita Shyam, and Dr. Anita Jatana. Dr. Anita Jatana gave the introduction and welcome and delivered the vote of thanks at the end of the session.

The session provided valuable insights into a holistic approach to diabetes care and highlighted the importance of nutrition and functional foods in diabetes management.



GAPIO
Global Association of Physicians of Indian Origin

GAPIO – Dietetics International Lecture Series

Organized by Global Association of Physicians of Indian Origin (GAPIO)

Holistic Approach to Diabetes Care

4:00 PM IST - 5:00 PM IST on Friday, 6th January, 2023
8:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK), 12:30 AM (Australia)

Join us: <https://tinyurl.com/GAPIO-Dietetics>

Introduction and welcome	Dr. Anita Jatana Consultant Dietetics Indraprastha Apollo Hospital, New Delhi	4:00 pm - 4:05 pm
Nutritional care in Diabetes – Reversal a Reality	Dr. Kavita Gupta Director, Head Dept. of Dietetics Sunife Diabetes care and research centre, Nagpur	4:05pm - 4:20pm
Functional foods in diabetes	Dr. Shubbada Chief diabetes educator Max healthcare Consultant Motherhood Hospital, Guirgaon	4:20pm - 4:40pm
Question & Answer	Dr. C M Batra Dr. Harita Shyam Dr. Dr. Anita Jatana	4:40pm - 4:50pm
Vote of Thanks	Dr. Anita Jatana	4:50pm - 5:00pm

MODERATOR

Dr. Harita Shyam
Chief Dietitian, Apollo Hospitals, Hyderabad
India

CHAIRPERSON

Dr C M Batra
Senior consultant Endocrinologist, Indraprastha Apollo Hospital, New Delhi
India

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Session on “MRI as Imaging Tool for Cardiac Diseases”

Global Association of Physicians of Indian Origin recently organized an "MRI as Imaging Tool for Cardiac Diseases" session on 14th January 2023.

The session featured talks from experts in the field, including Dr. Manphool Singhal, Ms. Ajimimol Anzar, and Dr. Nidhi Goyal, who spoke on topics such as cardiac MRI principles and protocols, challenges and solutions in cardiac imaging and the use of MRI as a diagnostic aid in cardiac diseases.

The QA session was conducted by Dr. Vinita Sharan and Dr. Vanita Arora, with a vote of thanks delivered by Mr. Suresh Malayayath.

Dr. Vinita Saran served as the moderator, and Dr. Vanita Arora was the Chairperson for the event.

This informative session highlighted the importance of utilizing advanced imaging technologies to diagnose and treat cardiac diseases.



GAPIO – GARTIO International Lecture Series

Organized by Global Association of Physicians of Indian Origin (GAPIO) in collaboration with Global Association of Radiological Technologists of Indian Origin (GARTIO)

MRI as Imaging Tool for Cardiac Diseases

7:00 PM IST on Saturday, 14th January 2023
08:30 AM EST, 7:30 AM CST, 5:30 AM PST, 1:30 PM BST (UK), 12:30 AM (Australia)
Join us: <https://tinyurl.com/MRI-as-Imaging-Tool>

Welcomes and Opening Remarks	Dr. Anupam Sibal President GAPIO Prof. S. Panneer Selvam Chairman, Advisory Council GARTIO	5 mins
Cardiac MRI – Principles and Protocols	Dr. Manphool Singhal Professor, Radiodiagnosis & Imaging, PGIMER, Chandigarh	15 mins
Challenges and Solutions in Cardiac Imaging	Ms. Ajimimol Anzar Senior MRI Technologist Aster MIMS Hospital, Calicut, Kerala	15 mins
MRI: A Diagnostic Aid in Cardiac Diseases	Dr. Nidhi Goyal Senior Consultant, Radiology Indraprastha Apollo Hospital, Delhi	15 mins
Question & Answer	Dr. Vinita Sharan Dr. Vanita Arora	10 mins
Vote of Thanks	Mr. Suresh Malayayath Advisory Council Member GARTIO	2 mins

MODERATOR
Dr. Vinita Sharan
Advisor Radiology CMEs, GAPIO
Associate Professor, Sri Balakrishna College of Medicine,
Philippines and Public Health Consultant

CHAIRPERSON
Dr. Vanita Arora
Senior Consultant Electrophysiology
and Interventional Cardiology
Indraprastha Apollo Hospital, Delhi

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President, ICRT
Mr. Suresh Malayayath
General Secretary, ICRT

GARTIO Team
Prof. S. Panneer Selvam
Chairman, Advisory Council,
GARTIO

ICRT Team
Dr. S. C. Basual
Regional ICRT
Mr. Rajeev Krishnan
National Programme Coordinator

SOCIAL MEDIA COVERAGE

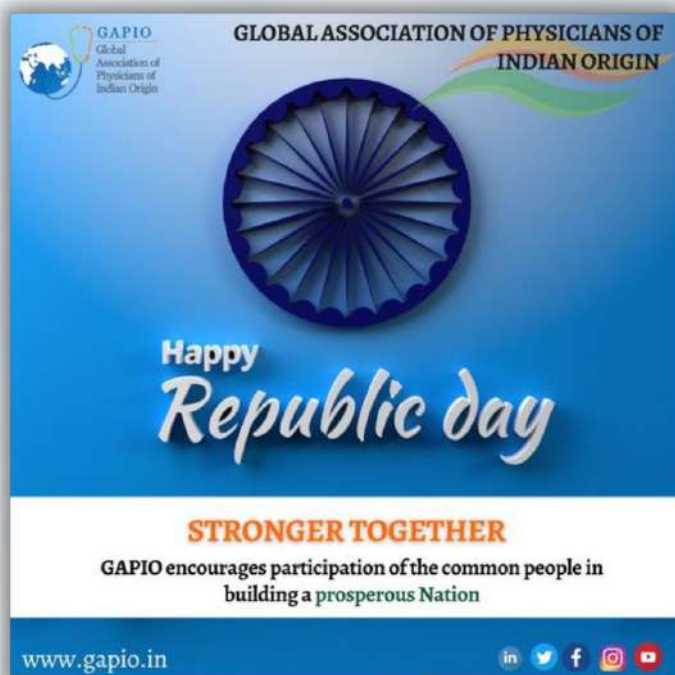
HAPPY NEW YEAR 2023 !

GAPIO extended new year wishes through social media and expressed heartfelt gratitude to all the healthcare professionals who worked tirelessly throughout the past year for their dedication, compassion, and selflessness.

They have significantly impacted the lives of countless patients and their families.



Remembering Jan Bhagirdari on account of Republic Day



On the occasion of Republic Day, GAPIO reminded the power of Jan Bhagidari by sharing a message on its social media platforms:

Together, we can build a stronger, more prosperous India. Let us pledge to actively participate in shaping our country's future and work towards the betterment of all. Happy Republic Day!

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GAPIO Honours' List DEC 22 - FEB 2023



Dr. Anju Aggarwal, Family Physician in Sydney, Australia, has been awarded a highly prestigious "National GP of the Year 2022" for this year during RACGP Annual convocation function held in Melbourne on 27 November 2022. This is a highly prestigious National award presented to the medical practitioner who has demonstrated Excellence in Primary Health Care Provision, Outstanding commitment to General Practice Profession and Significant involvement in Training and Continuing Professional development.

Dr. Arun Prasad, Surgical Gastroenterologist, Bariatric and Robotic Surgeon, New Delhi, has published a chapter on 'Robotic Bariatric Surgery' in a book on 'Minimal Access Surgery'.

Dr Prasad has also been conferred with Fellowship in Robotic Surgery by ARIS affiliated with Sri Ramachandra Deemed University Chennai.

Invited to Narayana Health, Kolkata to mentor surgeons in "Advanced technology in Cancer Care".

Co-author in an international publication "Best practice approach for redo-surgeries after sleeve gastrectomy, an expert's modified Delphi consensus"

<https://link.springer.com/article/10.1007/s00464-023-09879-x>

Dr Prasad has published an article "Complete cure of Diabetes and Blood Pressure after Robotic Bariatric Surgery" in Indian Express, a nationally renowned newspaper.

<https://indianexpress.com/article/health-wellness/bariatric-surgery-helps-young-manish-battle-morbid-obesity-become-a-trekker-8424254/>

Dr. Avula Laxmaiah, National Secretary, NSI Scientist and Head of Division of Public Health Nutrition at ICMR-National Institute of Nutrition has got selected as Fellow of National Academy of Sciences India in the year 2022 during the Award function on 4-5 December 2022 at Allahabad, Uttar Pradesh.

GAPIO Honours' List DEC 22 - FEB 2023

Dr Bellamkonda Kishore, Academician, Innovator & Entrepreneur has been inducted into the National Academy of Inventors (NAI), Washington DC.

Two U of U Health professors named 2023 National Academy of Inventors Senior Members - PIVOT Center

Dr. Kandamaran Krishnamurthy, Consultant Pediatric- Intensive Care Unit from Queen Elizabeth Hospital, Barbados has published a case report on Wolf-Hirschhorn Syndrome: A Rare Genetic Defect in “EC pediatrics”.

<https://ecronicon.org/ecpe/wolf-hirschhorn-syndrome-a-rare-genetic-defect>

Dr. Keerti Singh, lecturer in the Faculty of Medical Sciences, Cave Hill campus, Barbados, University of the West Indies, has participated as a panelist in an online webinar on “Debates in Andrology: First Edition” organized by the Mexican Academy of Embryology and Andrology in Collaboration with the Global Andrology Forum, 8:00 am AST.

Dr. Keerti has also spearheaded in organizing an Inter Caribbean Immunity boosting and Respiratory Health Yoga session on World AIDS Day, 7-8pm AST as Optimist International Caribbean District (OICD) Co-chair of the Childhood Health and Response Mission (CHaRM) committee, a part of the OICD Governor's Flagship project in Collaboration with the Isha Foundation USA.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi, has published the following articles:

1) Filardi V, Risitano G, Vaishya R. Numerical investigation of patellar instability during knee flexion due to quadriceps and medial retinaculum unbalancing. J Orthop 2022; doi:10.1016/j.jor.2022.12.009

2) Migliorini F, Maffulli N, Vaishya R. Patellofemoral instability: Current status and Future perspectives. J Orthop 2022; doi: 10.1016/j.jor.2022.12.010

3) Bosco F, Giustra F, Crivellaro M, Via RG, Dario A, Marcello L, Capella M, Sabatini L, Risitano S, Rovere G, Massè A, Vaishya R. Is anterior cruciate ligament augmentation the better treatment in partial anterior cruciate ligament tears? A systematic review and meta-analysis. J Orthop 2022; doi:10.1016/j.jor.2022.11.018

4) Yakkanti RR, Haziza S, Wasserman NA, Annapareddy A, Ratnakar V, Karri SR, Hernandez VH, Gurava Reddy AV, Vaishya R. Relative frequency of Avascular Necrosis of the Hip as an indication for primary Total Hip Arthroplasty is significantly different in the USA vs. India. J Orthop 2023; 36:1-6. doi:10.1016/j.jor.2022.12.002

5) Vaishya R, Gopinathan P, The first year of Journal of Orthopaedic Reports (JOREP), Journal of Orthopaedic Reports Jan 2023; 100135. doi: 10.1016/j.jorep.2023.100135.

6) Vaish A, Vaishya R, Gupta BM, Kappi M, Kohli S. High-Cited Publications from Indian Orthopaedic Research in the last two decade. Apollo Med 2023; doi:10.4103/am.am_162_22

7) Vaishya R, Gopinathan P. Journal of Orthopaedics in 2022. J Orthop 2023; 35:155-159. Doi:10.1016/j.jor.2023.01.004

8) Jena A, Goyal N, Rana P, Taneja S, Vaish A, Botchu R, Vaishya R. Qualitative & Quantitative Evaluation of Morpho-Metabolic changes in Bone Cartilage Complex of Knee Joint in Osteoarthritis using Simultaneous 18F-NaF. Ind J Radiol Imaging Jan 2023; doi:10.1055/s-0042-1760285.

Jeyaraman M, Jain VK, Vaishya R. Bone graft tuberculosis outbreak in USA: Is it a concern in India? J Clin OrthopTrauma 24th Feb 2023; 102145. doi: 10.1016/j.jcot.2023.102145

GAPIO Honours' List DEC 22 - FEB 2023

Dr Ramesh Mehta, OBE, Founder of BAPIO and Past President of GAPIO has been awarded a CBE in the New Year's King's Honours list, for services to Equality, Diversity and Inclusion (EDI).

Dr Rayapu Ramesh Babu, Blood Donors Organization for Social Service, Tirupati has been elected as DEAN, Indian Medical Association College of General Practitioners, New Delhi, during NATCON 2022 held at Prayagraj, UP.

Dr Rayapu has been conferred with Dr Prathap C Reddy Philanthropy Award during GAPIO award ceremony held on 11th February 2023 during the XIII annual conference of GAPIO held at The Leela, Gandhinagar, Gujarat.

Prof Dhavendra Kumar, Clinical Genetics and Genomic Medicine, Spire Cardiff Hospital, UK, has been conferred with GAPIO Lifetime Achievement Award during GAPIO award ceremony held on 11th February 2023 during the XIII annual conference of GAPIO held at The Leela, Gandhinagar, Gujarat.

Dr Vemuri Murthy, adjunct faculty affiliated with the Department of Emergency Medicine at the University of Illinois College of Medicine, Chicago, Illinois, the founder of project Bystander CPR (Cardiopulmonary Resuscitation) with AED (Automated External Defibrillator) Training Project at the Kalinga Stadium, Bhubaneswar which is being launched by Hon'ble Mr. Naveen Patnaik, Chief Minister of Odisha. It is the first State-instituted "Community Lifesaver Bystander CPR" project in India.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin

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