



Dr Arun Prasad AWARDED WITH “DMA SWASTHA RATNA”



Dr Arun Prasad, member of GAPIO and Vice President of ARIS Received DMA SWASTHA RATNA AWARD on occasion of Doctor's Day which is celebrated around the country in memory of the great leader, eminent physician, and statesman of his times, late Dr. B.C. Roy. This award was honored by Delhi Medical Association, for the function felicitation ceremony on Friday, the 1st July 2022 at DMA House, Daryaganj, New Delhi.

He was presented the award in the salutation of his recognition for his contribution to the society.

The award function was attended by eminent medical professionals and members of DMA which is one of the oldest medical organization of the country having being founded in the year 1914.

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Community Service Project by Dr. V K Raju in Kashmir and Ladakh

As a part of the Kashmir and Ladakh Community Development, many activities were conducted by international Rotary Kashmir and Ladakh Steering Committee. Dr. V.K. Raju (GAPIO Member, President and Founder - Eye Foundation of America President and Founder - Goutami Eye Institute) was an active member of the committee.

Multiple projects are being undertaken under this initiative like building happy schools, installing carpet weaving machines, solar lighting, providing toilets etc.

Dr. V. K. Raju played a major role. He has offered to train ophthalmologists from Srinagar Hospital and 2 ophthalmologists from Leh Hospital at Goutami Eye Institute. They will be taught phacoemulsification which is the latest and safest way to perform a cataract surgery. He also donated a sum of USD 5000 for the 10000 tree plantation in Kashmir and stretched a helping hand for the Single Teacher Schools in remote villages of Ladakh.

During his 5 day visit he also addressed Kashmir ophthalmologic society and planned of developing a teaching program with the Kashmir medical college.

Apart from this, he also participated in School Screening in Delhi with Dr. Srinivas Reddy. 25 children given glasses and children with pathology were referred to regional ophthalmologist for treatment. They also took a follow up of whether the children went to referral center for treatment.



Dr. V.K. Raju during his visit - performing kids screening, Tree plantation, School Visit

Free Cardio Diabetic health check-up and awareness camp by Dr. Ashish Aneja

On the occasion of World Population Day, a free Cardio Diabetic health check up and awareness camp was organised by Dr Ashish Aneja in association with GAPIO on 13/07/2022. The camp was inaugurated by Chancellor Prof. Somnath Sachdeva & Kulsachiv Dr. Sanjiv Sharma.

In this camp Blood Pressure, Blood Glucose, Spirometry, BMD, ECG, Neuropathy, Thyroid profile and many more testing were done for 240 patients for free of cost. Free consultation was also provided to all with free medicine distribution.

Dr Ashish Aneja told that we have to face a lot of difficulties in treating common metabolic disorders due to lack of awareness among patients. So in order to cope up with this situation regular follow up and life style modification and proper medication is necessary. Dr Ashish Aneja told that due to sedentary life style Diabetes, Hypertension and Heart Failure is increasing day by day so regular walk of minimum 30 minutes is enough to prevent life style related disorders.



Session on Robotic Surgery




GAPIO – ARIS International Lecture Series
Global Association of Physicians of Indian Origin (GAPIO)
in collaboration with Association of Robotic and Innovative Surgeons (ARIS)

Robotic Surgery
7:00 PM IST on Saturday, 9th July 2022
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 2:30 PM BST (UK), 11:30 PM (Australia)
Join us: [Link: https://us02web.zoom.us/j/84046891302](https://us02web.zoom.us/j/84046891302)

Topic	Speaker	Duration
Welcome Address	Dr. Nandakumar Jairam, Vice President, GAPIO	3 mins
Opening remarks	Dr. Subhash Khanna, President, ARIS	3 mins
Evolution of Robotic Surgery in India	Dr. Mahendra Bhandari, USA	12 mins
Setting up a Robotic Surgery Centre	Dr. Arun Prasad, India	12 mins
Safe Robotic Surgery	Dr. Nikhil Vasdev, UK	12 mins
Question & Answer	Dr. Rooma Sinha, India Dr. Arun Prasad, India	10 mins
Chairperson	Dr. Rooma Sinha, India	

GAPIO Leadership

Dr. Anupam Sibal, President

Dr. Nandakumar Jairam, Vice President

Dr. Sudhir Parikh, Secretary General

Dr. Rohini Sridhar, Joint Secretary

Dr. Abhijath Seth, Treasurer

ARIS Leadership

Dr. Subhash Khanna, President

Dr. Arun Prasad, Vice President

Dr. Vivek Bindal, Secretary

Dr. Somasekhar SP, Treasurer

A session on “Robotic Surgery” was held live at 7:00 PM IST on Saturday, 9th July 2022 which was conducted by GAPIO on a digital platform in collaboration with ARIS under the GAPIO-ARIS International lecture series.

Reputed well known speakers Dr. Mahendra Bhandari from USA delivered a talk on ‘Evolution of Robotic Surgery in India’, Dr. Arun Prasad from India delivered a talk on ‘Setting up a Robotic Surgery Centre’ and Dr. Nikhil Vasdev from UK delivered a talk on ‘Safe Robotic Surgery’.

Dr. Nandakumar Jairam, Vice President-GAPIO delivered the welcome address and Dr. Subhash Khanna, President-ARIS gave the Opening Remarks. Dr. Rooma Sinha from India was the Chairperson during the session.

Dr. Rooma Sinha & Dr. Arun Prasad conducted 10 minutes’ question and answer session.

Dr. Anupam Sibal, President, GAPIO, Dr. Nandkumar Jairam, Vice President, Dr. Sudhir Parikh, Secretary General, Dr. Rohini Sridhar, Joint Secretary and Dr. Abhijath Seth, Treasurer were the Panellists from GAPIO Leadership.

Dr. Subhash Khanna, President, Dr. Arun Prasad, Vice President, Dr. Vivek Bindal, Secretary, and Dr. Somasekhar SP, Treasurer were the Panellists from ARIS leadership.

Session on 'The Role of Nutrition in Gut Health' conducted in collaboration with Global Dietitian Community

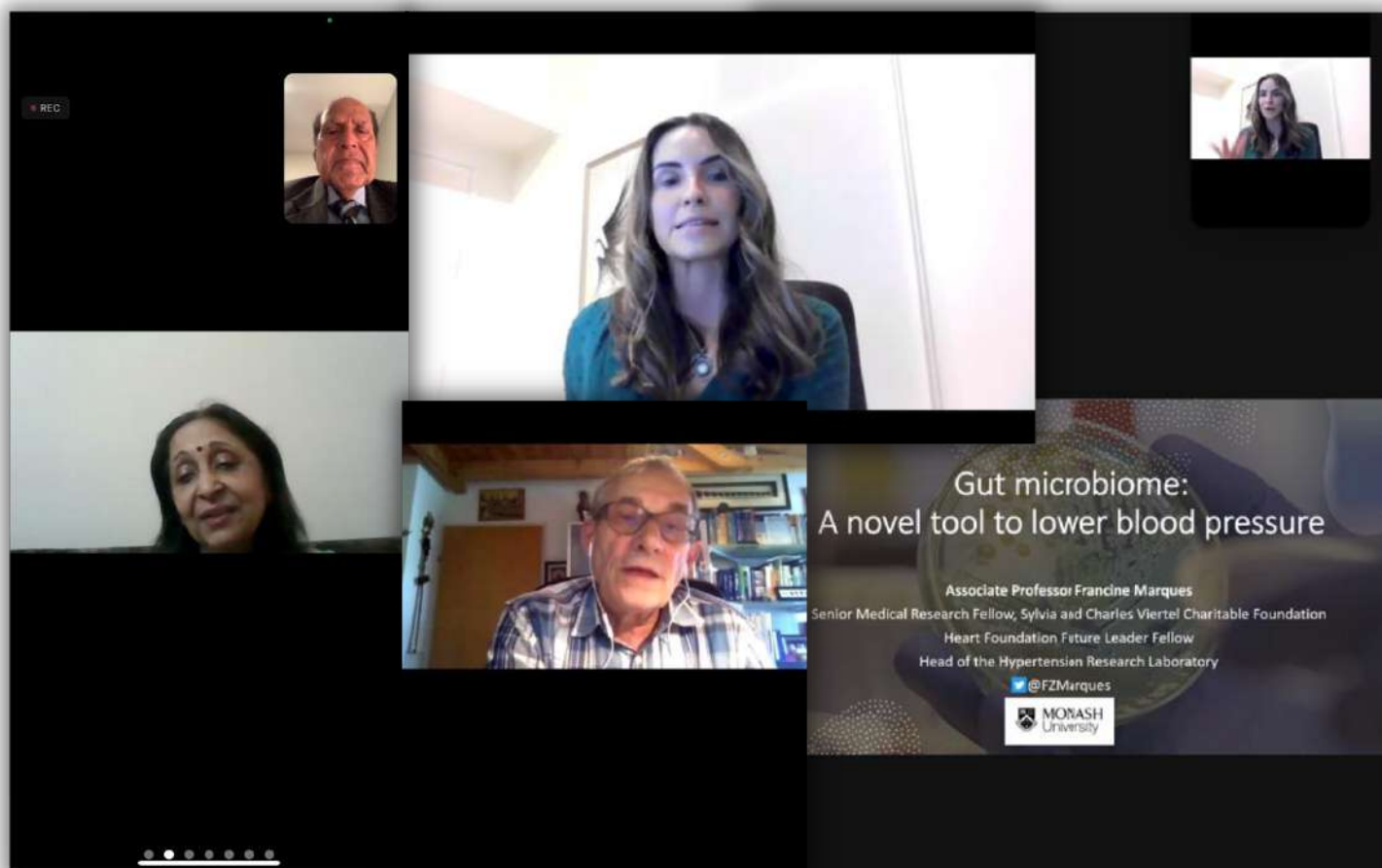
GAPIO in collaboration with Global Dietitian Community, organized a session on “The Role of Nutrition in Gut Health” at 5:00 PM IST on Saturday, 2nd July 2022 on a digital platform under ‘GAPIO – Dietetics International Lecture Series’.

Reputed well known speakers, Prof. Rémy Meier, MD AMB Clinic Basel, Switzerland, delivered talk on “Challenges on Achieving MNT in IBD” and Associate Professor Francine Marques, Head of the Hypertension Research Laboratory, Senior Medical Research Fellow, Sylvia and Charles Viertel Charitable Foundation, delivered talk on “Gut microbiome: a novel tool to lower blood pressure”.

Dr. Mahesh Goenka, Director and Head, Institute of Gastrosiences and Liver Transplant at Apollo Hospitals Kolkata and National President of the Indian Society of Gastroenterology done the Welcome Address.

Dr. Anita Jatana, Consultant Dietetics at Apollo Hospital Delhi, moderated the session and Dr. Daphnee DK, Chief Dietitian & Head - Department of Dietetics, Apollo Hospitals, Chennai was the Chairperson during the session.

The session was followed by 5 minutes' question and answer session.



Session on Management of Cancer in Children in collaboration with IAP

GAPIO in collaboration with IAP organized a session on "Management of Cancer in Children" which was scheduled at 7:00 PM IST on Saturday, 30th July 2022 under IAP - GAPIO International Lecture Series on a virtual platform.

Reputed well known speakers, Dr. Amita Mahajan from India, delivered talk on "Management of Leukemia" and Dr. Nita Radha Krishnan from India, delivered talk "Management of Lymphoma".

Dr. Ramandeep Singh Arora, Senior Consultant, Paediatric Oncology at Max Super Speciality Hospital, New Delhi, moderated the session. Dr. Bakul Parekh, National President IAP 2020 and Global convener for Academics- GAPIO, was the Chairperson during the session.

For this session Dr. Anupam Sibal, President, GAPIO, Dr. Nandakumar Jairam, Vice President, Dr. Sudhir Parikh, Secretary General, Dr. Rohini Sridhar, Joint Secretary and Dr. Abhijat Seth, Treasurer, Dr. A. K. Tandon, Honorary advisor were the panelist from GAPIO Leadership.

Dr. Ramesh Kumar, President, Dr. Upendra Kinjawadekar-President 2023, Dr. Piyush Gupta, President-2021, Dr. Vineet Saxena, Secretary General, Dr. Samir Hasan Dalwai, Treasurer were the panelist from IAP.

The session was followed by 10 minutes' question and answer session.




IAP - GAPIO

International lecture series




GAPIO
Global Association of
Physicians of
Indian Origin

Session on Management of Cancer in Children




Saturday,
30th July 2022



7:00PM - 8:00PM (IST)

Corresponding Time:
9:30 AM EST, 8:30 AM CST, 6:30 AM PST, 2:30 PM BST (UK), 11:30 PM (Australia)



Dr. Amita Mahajan, India

Speaker
Topic: Management of Leukemia




Dr Nita Radhakrishnan, India

Speaker
Topic: Management of Lymphoma (Hodgkin and Non-Hodgkin)



Dr. Ramandeep Singh Arora, India

Moderator
Senior Consultant, Paediatric Oncology
Max Super Speciality Hospital, New Delhi



Dr. Bakul Parekh, India

Chairperson
National President IAP 2020
Global Convener for Academics, GAPIO

IAP Leadership

Dr. Remesh Kumar, President
Dr. Upendra S Kinjawadekar-President 2023
Dr. Piyush Gupta, President – 2021
Dr. Vineet Saxena, Secretary General
Dr. Samir Hasan Dalwai, Treasurer

GAPIO Leadership

Dr. Anupam Sibal, President
Dr. Nandakumar Jairam, Vice President
Dr. Sudhir Parikh, Secretary General
Dr. Rohini Sridhar, Joint Secretary
Dr. Abhijat Sheth, Treasurer
Dr. A K Tandon, Honorary Advisor

Link to join: <https://bit.ly/3orzzF9>

SOCIAL MEDIA COVERAGE

Doctors Day

GAPIO saluted the spirit of being doctors by sharing a wonderful video on the social media depicting the humanitarian service that they offer along with the sacrifices that have to they make while performing their duties.

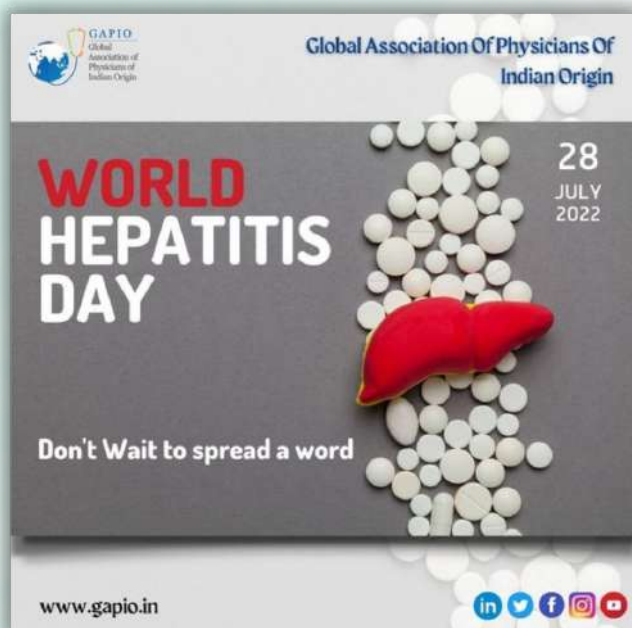
We also shared a post with the following message:

Doctors have played the role of savior in our most vulnerable patients stressful conditions.

A heartfelt thanks to doctors for the care they provide everyday.

All Physicians must come together and improve healthcare worldwide while taking care of their health.

- > Keep Empowering
- > Keep Learning
- > Keep Growing



World Hepatitis Day

On account of World Hepatitis Day, GAPIO shared the following message on Social Media.

Hepatitis is the injury and inflammation caused by a virus. There are five types of Hepatitis, the most common types are A (HAV) B (HBV) C (HCV). Viral inflammation caused by different viruses can be tackled better if diagnosed in the initial stage.

The inflammation of the liver causes severe liver disease that can lead to Liver Cirrhosis and hepatocellular cancer.

There is a need to bring awareness among the people to help convey the urgency and seriousness of this disease.

Here are a few symptoms to diagnose and tackle Hepatitis better.

Symptoms:

- | | |
|--------------------|-------------------------|
| - Fever | - Fatigue |
| - Loss of Appetite | - Nausea |
| - Vomiting | - Diarrhoea |
| - Abnormal pain | - Muscle and Joint pain |
| - Jaundice | |

Signs: Pallor Eyes and yellowish looking sclera of eyes(White of Eyes looking yellowish) and of skin are signs of jaundice

Prevention: Preventive measures are:

- | | |
|--------------------------------|-------------------------------------|
| - Practice good hygiene | - Use the sterile medical equipment |
| - Not reusing drug needles | - Not sharing a toothbrush |
| - Not touching spilled blood | - Screening of blood donors |
| - Consume clean food and water | |

If anyone has the above symptoms, then consult your doctor for #bloodtests and Liver Function tests as there is only supportive treatment, bed rest, plenty of fluids, a nutritious high-calorie diet, and antiviral medications.

Or consult your doctor for a proper vaccination schedule. Hepatitis A -2 doses and Hepatitis B -3 doses for prevention. It is time for everyone to wake up now. If we will not open our eyes now towards the increasing number of people dying due to hepatitis then we will never wake up to the threat.

Let us stand with those who are suffering from hepatitis to let them know that they are not all alone in this fight.

GAPIO Honours' List JULY 2022



Dr. Arun Prasad, Surgical Gastroenterologist, Bariatric and Robotic Surgery, New Delhi, has been conferred with “DMA Swastha Ratan Award” by Delhi Medical Association on 1st July 2022, for outstanding contribution in the field of Medicine and Service of mankind.

Dr. Arun Prasad was one of the expert faculty during FALS BARIATRIC 2022 program held at KD Hospital, Ahmedabad from 22nd till 24th July 2022.

Dr. Arun Prasad has delivered a talk on “Basics of Bariatric Surgery” at 3rd Annual International Conference of American College of Surgeons India chapter - ACSCON IC 2022, held from 3rd to 7th August 2022 at Hamdard Institute of Medical Sciences and Research, New Delhi.

Dr. Ashish Aneja, from Kurukshetra, India has organized Free Cardio- Diabetic Medical Health check-up and Awareness camp on World Yoga Day on 21st June 2022 and on World Population Day on 11th July 2022 in association with GAPIO.

Dr. Bellamkonda Kishore, Nephrologist, University Professor and VA Investigator - University of Utah and VA Medical Center, has been granted second patent to treat kidney diseases associated with elevated levels of arginine vasopressin (AVP) by the US Patent and Trademark Office. The first patent issued in 2020 covers the use of ticagrelor and/or its derivatives for decreasing circulating levels of AVP, whereas the second patent covers the metabolites of ticagrelor to achieve the same. When fully developed and commercialized, this technology should allow us to treat a host of diseases associated with elevated levels of AVP, such as ADPKD, congestive heart failure, cirrhosis of liver, cardiorenal syndrome, high altitude pulmonary hypertension as well as certain forms of autism and depression.

Dr. N Ramakrishnan, Senior Consultant, Critical Care and Sleep Medicine, Chennai has published the following article:

- Dr. Ramakrishnan, Bharatkumar, Tirupakuzhi, Vijayaraghavan with WHO team, has published a research article on “Severity of disease associated with Omicron variant as compared with Delta variant in hospitalized patients with suspected or confirmed SARS-CoV-2 infection.
- Dr. Ramakrishnan, Bharatkumar, Tirupakuzhi, Vijayaraghavan with the LOVIT study team has published an original article on “Intravenous Vitamin C in Adults with Sepsis in the Intensive Care Unit” in June 2022.
- Dr. Ramakrishnan, Bharatkumar, Tirupakuzhi, Vijayaraghavan with Neil Adhikari has published editorial on “Sepsis Epidemiology and Outcomes in Asia: Advancing the Needle” in American Journal of Respiratory and Critical Care Medicine in June 2022.

Dr. R N Srivastava has been conferred with ‘Lifetime Achievement Award’ by International Pediatric Nephrology Association in contributions to Pediatric nephrology on both local and international level.

Dr. Raju Vaishya, Senior Consultant, Orthopedic Surgeon at New Delhi, has been conferred with ‘Chikitsa Ratna Award’ by IMA South Delhi Branch on 11th July 2022.

Dr. Raju Vaishya has also received Publication Awards for 54 papers on 27th July 2022.

Dr. Vaishya has published the following articles:

1. Vaishya R, Gupta BM, Kappi M, Vaish A. Scientometric analysis of Indian Orthopedic Research in the last two decades. Int Orthop 2022; doi: 10.1007/s00264-022-05523-w
2. Migliorini F, Vaishya R, Eschweiler J, Oliva F, Hildebrand F, Maffulli N. Vitamins C and D and COVID-19 susceptibility, severity, and progression: an evidence based systematic review. Medicina 2022, 58(7), 941; <https://doi.org/10.3390/medicina58070941>
3. Vaishya R, Misra A. International Rankings of Diabetes and Metabolic Diseases Related Journals in Comparison to Other Medical Journal from India. Diabetes Metabolic Syndrome: Clinical Research & Reviews 2022; 102559. doi: 10.1016/j.dsx.2022.102559
4. Risitano S, Cacciola G, Sabatini L, Capella M, Bosco F, Giustra F, Massè A, Vaishya R. Restricted Kinematic Alignment in Primary Total Knee Arthroplasty: A systematic review of radiographic and clinical data. J Orthop 2022; doi: 10.1016/j.jor.2022.06.014
5. Vaishya R. Perspective of an Arthroplasty Surgeon of his own Simultaneous Bilateral Total Knee Arthroplasty. SICOT e-newsletter July 2022; 106: 28-31.://web.sicot.org/newsletter/106/SICOT-Newsletter-July-2022.pdf

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin

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