GAPIO TIMES

Global Association of Physicians of Indian Origin

ISSUE 33 MAY 2022



Dr. Arun Prasad (Member, GAPIO) appointed as Vice President of Robotics Association



Dr. Arun Prasad, member of GAPIO and President of Obesity Surgery Society of India (OSSI) and President of International MGB[1] OAGB Club for Bariatric Surgery has become the Vice President of Association of the Robotic and Innovative Surgeons. He stated that Robotic surgery is the new future of surgery world over, recent advances in equipment and surgical techniques have made minimally invasive surgery popular and one of the most effective techniques in several fields of surgery. It has several advantages over standard surgical approaches, including Rapid recover, Lower rate of post-operative infection, Decreased pain, Better postoperative immune function, Cosmetic results. The association aims to train surgeons in Robotics. Many international associations have expressed interest for collaboration.

IN THIS ISSUE

DR. ARUN PRASAD (MEMBER, GAPIO) APPOINTED AS VICE PRESIDENT OF ROBOTICS ASSOCIATION

PAGE 1

DR. PRATHAP C REDDY FELICITATED WITH LIFETIME ACHIEVEMENT AWARD

PAGE 2

INDIA - UK 2022 HEALTHCARE SUMMIT

PAGE 2

BREAST CANCER TREATMENT TIME TO BE REDUCED BY 90%

PAGE 2

LEGENDARY CRICKETER KAPIL DEV URGES SUPPORT FOR PHILANTHROPY

PAGE 3

IAPC'S NEWLY INDUCTED EXECUTIVE COMMITTEE BESTOWS LIFETIME ACHIEVEMENT AWARDS ON COMMUNITY LEADERS

STUDENT INTERACTION BY DR. ANUPAM SIBAL

PAGE 4

PHYSICIANS HOLD BLOOD DONATION DRIVE IN MIDDLETOWN TEMPLE, CONNECTICUT

PAGE 5

SESSION ON MYTHS AND FACTS OF BACK PAIN PAGE 6

SESSION ON HEART DISEASE IN CHILDREN

PAGE 6

SOCIAL MEDIA COVERAGE

PAGE 07-10

GAPIO MID-YEAR CONFERENCE TO BE HELD IN JUNE 2022

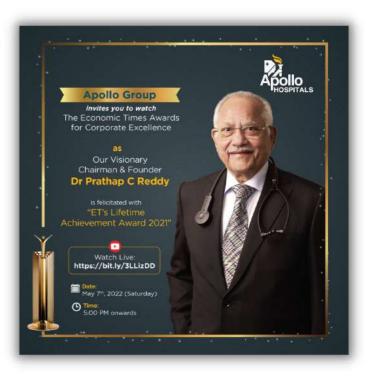
PAGE 11

GAPIO HONOURS' LIST MAY 2022 PAGE 12-13

Dr. PRATHAP C REDDY felicitated with LIFETIME ACHIEVEMENT AWARD

Dr Prathap C Reddy, Visionary Chairman and Founder, Apollo Group, has been felicitated with Lifetime Achievement Award 2021 at the Economic Times Awards for Corporate Excellence..

The award function was held on 21st May 2022. The winners were felicitated in the presence of Ministers and top leaders of India Inc.





INDIA - UK 2022 HEALTHCARE SUMMIT

The fourth India - UK healthcare meeting was held at Royal College of Physicians on 12th May 2022. It aimed at fostering collaboration between healthcare companies and communities in India and the UK.

Dr. Anupam Sibal (President, GAPIO) shared the lessons that COVID has taught in this summit.

Dr. J S Bamrah (Member, GAPIO) also attended the Summit.

Breast cancer Treatment time to be reduced by 90%

Multinational Pharma Company Roche has combined two monoclonal antibodies that can be administered by single injection, thus reducing the treatment time by 90%.

It launched the new drug PHESGO which is a combination of Perjeta (pertuzumab) and Herceptin (trastuzumab) with hyaluronidase. It will also likely reduce the treatment cost by 20%.





Legendary Cricketer Kapil Dev urges support for Philanthropy

India's legendary cricketer **Kapil Dev**, known also for his philanthropic work, was celebrated at the Indian Consulate in New York May 19, 2022, by Indian-American cricket enthusiasts and those interested in supporting youth education in India. The event was part of the Consulate's government initiative, **Azadi Ka Amrit Mahotsav**, commemorating India's 75th anniversary of independence.

Dev, who founded Khushii (khushii.org) a non-governmental organization that helps underserved youth in India with education through sports, encouraged those present to open their hearts and wallets.

Parikh Worldwide Media interviewed a number of those present at the event including Padma Shri recipient Dr. Sudhir Parikh, chairman of PWM and ITV Gold, who said his organization was there to help Dev's cause and bring Khushii to viewers in the United States. Dr. Parikh also noted that, their organization, Life Global, is also doing the same education philanthropy, So he extended an invitation to Kapil Dev and Rudra Dalmia (President of Khushii), to come to their studio to launch the fundraising drive in a big way, and offered to help for future events.



From left, NY State Sen. Kevin Thomas, India's Consul General in NY Randhir Jaiswal, legendary cricketer Kapil Dev and Dr.Sudhir Parikh at Indian consulate event May 19, 2022.





IAPC's newly inducted executive committee bestows Lifetime Achievement Awards on community leaders



From left, Ajay Ghosh, Kamlesh Mehta, India's Consul General Randhir Jaiswal, former Mayor of NYC Bill De Blasio, Dr. Sudhir Parikh, and Dr. Dattatreyudu Nori at the May 21, 2022 event of the Indo-American Press Club



Dr. Sudhir Parikh, chairman of Parikh Worldwide Media and ITV Gold, being presented with the Indo-American Press Club Lifetime Achievement Award 202

Indo-American Press Club. The an organization of journalists of Indian origin in North America, held the swearing-in ceremony and inauguration of new office bearers on Saturday, May 21, 2022, at the Indian Consulate New York. Kamlesh C. Mehta administered the oath of office Chairman of the IAPC Board of Directors by Ambassador Randhir Jaiswal, Consul General of India in New York. Ginson Zachariah, founding chairman of IAPC, administered the oath to IAPC's new President Aashmeeta Yogiraj. Other officeholders including IAPC General Secretary C.G. Daniel were sworn-in virtually.

Four community leaders/professionals were honored with the Lifetime Achievement Awards for their contributions to society, including Padma Shri recipient Dr. Sudhir Parikh, Chairman of Parikh Worldwide Media which publishes Desi Talk, and ITV Gold.

Ambassador Randhir Jaiswal, Consul General, was the chief guest, and former New York Mayor Bill De Blasio was the Special Guest of Honor during the ceremony.

Dr. Parikh said he may have received several awards in the past but the IAPC recognition "is more important than all those I got before because it is coming from my friends, peers, and my own loved ones."

Student interaction by Dr. Anupam Sibal

Dr, Anupam Sibal, Group Medical Director, Apollo Hospitals and President -GAPIO, enjoyed interacting with students at the Apollo Buckingham Health Science Campus in Crewe on 17th May,2022









Physicians hold blood donation drive in Middletown Temple, Connecticut



The Connecticut Chapter of The American Association of Physicians of Indian Origin (CAPI) in partnership with the local American Red Cross, and the national American Association of Physicians of Indian Origin (AAPI) held a Blood Donation Drive at the Middletown Hindu Temple on Saturday, April 30, 2022.

This was the second blood donation drive organized by CAPI in the past few months, led by Dr. Sushil Gupta, president of CAPI.

The initiative has been inspired by the call by Dr. Anupama Gotimukula, president of national AAPI, who is leading AAPI in its efforts to host Blood Donation Drive in as many as 75 cities across the United States, to commemorate India's 75 years of Independence, a press release from the organization said.

Other physicians involved in the blood drive included Dr. Subbarao Bollepalli, Dr. Sujata Prasad, Jaya, Dr. Daptardar, and Dr. Viji Kurup from CAPI. Also, Hari Krishna, president of the Middletown Hindu Temple Board and Kiran Pyneni, helped provide the venue and made all the arrangements for the blood drive.



Session on Myths and Facts of Back Pain

GAPIO in collaboration with Association of Spine Surgeons of India (ASSI), has started 'GAPIO – ASSI International Webinar Series' during which various sessions will be held.

Under this collaboration between GAPIO and ASSI, first session was conducted under this international webinar series on "Myths and Facts of Back Pain" on Saturday, 21st May 2022 on a digital platform at 7:00 PM IST.

Dr. Anupam Sibal (Group Medical Director, Apollo Hospitals, Group; President – GAPIO) and Dr. Shankar Acharya (President – ASSI; Chairman – Department of Spinal Surgery, Sir Ganga Ram Hospital, New Delhi) gave the opening remarks. Reputed well known speakers Dr. Ajoy Prasad Shetty (Consultant Orthopedic and Spine Surgeon, Ganga Hospital, Coimbatore) and Dr. Karthik Kailash (Professor and Head of Spine Surgery, Sri Ramachandra University, Chennai) were on panel and had discussion on various Myths and Facts of Back Pain.

Dr. HS Chhabra (Chief of Spine Service & Medical Director Indian Spinal Injuries Centre) moderated the session. Dr. Sudheer Kumar Tyagi (Sr. Consultant, Neurosurgery, Apollo Hospitals, New Delhi) was the Chairperson during the session.

Dr. A. K. Tandon was the honorary advisor from GAPIO. The panel discussion was followed by 10 minutes' question and answer session. The session was open for non-doctors also and common problem faced by the community were got solved by the panelist.





Session on Heart Disease in Children

GAPIO conducted a session on "Heart Disease in Children" under IAP-GAPIO International Lecture Series. This session was hold live at 07:00 PM IST on Saturday, 28th May 2022 on a digital platform. This was the first session of IAP-GAPIO International Lecture Series under the new Leadership of IAP.

Reputed well known speakers, Dr. Krishna Kumar (Clinical Professor and HOD, Pediatric Cardiology, Amrita Institute of Medical Sciences and Research Center, Cochin) delivered talk on "Rheumatic Heart Disease in Children". Dr. Kavita Chintala (Clinical Director, Pediatric Cardiology, Care Hospital, Hyderabad) delivered a talk on "Congenital Heart Disease and Management".

Dr. Anupam Sibal (President-GAPIO and Group Medical Director, Apollo Hospitals, Group) and Dr. Remesh Kumar (President, IAP) gave the opening remarks

Dr. Habib Bhurawala (Australia, Head of Department of Paediatrics, Nepean Hospital, Sydney, Australia) was the moderator for the session. Dr. Bhupinder Sandhu (Pediatric Gastroenterologist, Bristol Royal Hospital, UK and Order of the British Empire Awardee), EC Member of GAPIO was the Chairperson during the session.

The session was followed by 10 minutes' question and answer session.

Dr. Anupam Sibal, President, Dr. Nandkumar Jairam, Vice President, Dr. Sudhir Parikh, Secretary General, Dr. Rohini Sridhar, Joint Secretary, Dr. Abhijat Seth, Treasurer all were the member of GAPIO Leadership.

Dr. Ramesh Kumar, President, Dr. Upendra Kinjawadekar. President-2023, Dr. Piyush Gupta, President-2021, Dr. Vinit Saxena, Secretary General, Dr. Samir Hasan Dalwai, Treasurer were the members of IAP Leadership.

Dr. A. K. Tandon was the honorary advisor from GAPIO.

SOCIAL MEDIA COVERAGE

World No Tobacco Day

Tobacco is deadly in any form and threatens the lung health of everyone exposed to it.

Tobacco is most known risk factor for Hypertension, Heart Disease, Lung Cancer and Buccal Cavity Cancer.

Tobacco kills one person every 4 seconds.

The impacts of tobacco on environment adds a lot of pressure on our planet which already have fragile ecosystems.

On occasion of World Tobacco Day, GAPIO appealed to stop smoking due to impact on environment, giving a one extra reason to quit smoking.



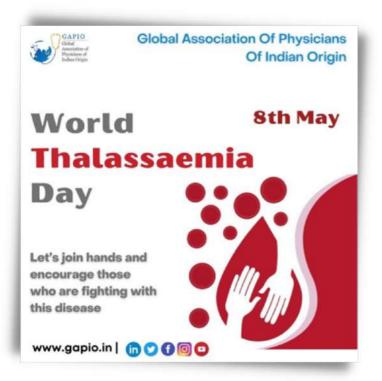


The International Day of Women's Health

It is very important to educate women about the importance of their physical and mental health.

Women must be educated on sexual and reproductive health and rights.

On occasion of this International day of Women's Health, GAPIO stood for Women's rights to healthcare and also appealed all to take care of women's health in the workplace, home, and everywhere.



World Thalassemia Day

On account of World Thalassemia Day GAPIO encouraged those who are facing challenges to live with the disease.

It also educated the masses by sharing the below message on social media:

Thalassemia is a hereditary blood disorder that reduces the body's ability to produce haemoglobin.

Globally, it is estimated that there are 270 million carriers with abnormal hemoglobin and Thalassemia.

Common symptoms include: Weakness, Pale skin, Bone deformities, Dark urine, Constant

fatigue, Slow growth, Abdominal swelling. It is important to avoid intake of Iron supplements. Also, an appeal was made to check with your doctor for a specialized blood test -Hb Electrophoresis.

World Red Cross Day

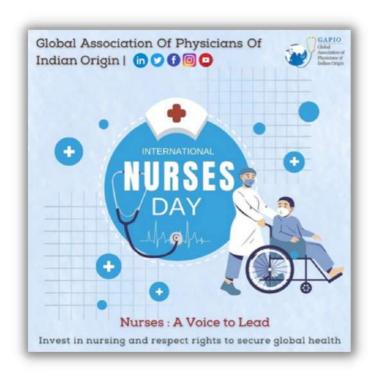
Red Cross Organization works around the world helping people affected by conflict and armed violence irrespective of sides of the enemies.

On this "World Red Cross Day" -GAPIO took an opportunity to show respect to the idea born in June 1859, which lead to the formation of idea of World Red Cross.

GAPIO recognizes the work done by the Red Cross in communities around the world.

GAPIO saluted the volunteers and donors of the organization who tirelessly work together to help suffering humanities and appreciated the commendable activities of the organization.





International Nurse Day

On occasion of International Nurse Day, GAPIO saluted this Noble profession and wonderful work of all the nurses which they do across the world by sharing the below message:

Nurses are the backbone of the healthcare system globally and help millions of patients to recover from their illnesses and improve their quality of life every day.

Every day with their boundless compassion and kindness, nurses encourage patients to fight disease, recover and bring infinite joy to so many families.

Nurses work tirelessly with dedication and empathy, service before self to maintain the health of patients. This day is celebrated to honour their contribution to our Nation.

On their special day, GAPIO thanked the entire nursing community who worked as front line warriors in the fight against COVID-19.

Chronic Fatigue Syndrome

On occasion of chronic fatigue syndrome awareness day, GAPIO appealed everyone to be aware of chronic fatigue syndrome and spread a word to create awareness by sharing the following message:

Chronic Fatigue Syndrome is a complicated disorder characterized by extreme fatigue that lasts for a longer duration which cannot be fully explained in absence of an underlying medical condition.

Chronic Fatigue Syndrome or CFS is an extremely debilitating and socially isolating disease that affects more than 1 million individuals worldwide.

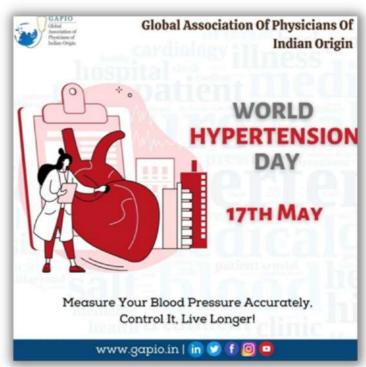


World Hypertension Day

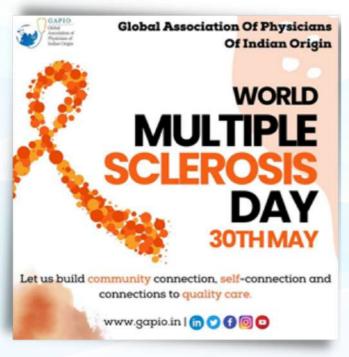
On account of World Hypertension Day, GAPIO appealed all to be aware and to monitor or examine blood pressure from time to time to avoid any complications.

GAPIO also shared the below message on social media:

Hypertension or elevated blood pressure is a genetic problem and the most common heart disease, affecting one in six persons worldwide, or nearly one billion are affected by high blood pressure, and it is estimated that this number will increase to 1.5 billion by 2025! Hypertension is a silent Killer. Hypertension significantly increases the risks of heart,



brain, kidney and other diseases. In fact, High blood pressure is the leading cause of heart disease and strokes. Prevents heart attack, stroke, and kidney damage, as well as other problems by reducing blood pressure or by keeping it in control with treatment. For prevention, Reduce salt and oil intake, stop smoking, do regular exercise, keep weight under control and avoid any kind of stress and these will help in controlling and maintaining blood pressure at a normal level GAPIO appealed all to be aware and to monitor or examine blood pressure from time to time to avoid any complications.



World Multiple Sclerosis Day

On occasion of World Multiple Sclerosis day, GAPIO shared the following message to create an awareness of this disease.

Multiple sclerosis (MS) is a chronic progressive and potentially disabling disease of the brain and spinal cord (central nervous system). In MS, the immune system attacks the protective sheath (myelin) that covers nerve fibres and causes communication problems between your brain and the rest of your body.

Symptoms include: Blurred Vision and Double Vision, Muscle weakness, Fatigue, Gait difficulties, Numbness and Tingling, Vertigo and Dizziness, Mental, Emotional Changes and

Depression, Speech Problem, Hearing Loss, Tremors, many other Physical problems.

GAPIO Mid-Year Conference to be held in June 2022

GAPIO is pleased to invite you to 10th Midyear Conference of Global Association of Physicians of Indian Origin (GAPIO) to be held from 17th to 19th June 2022 in collaboration with CINI 2022 at Vancouver Canada. Conference is Co-hosted in partnership with Vancouver Indian Consulate, Canada.

The theme of the conference is -"Women's health, Engaging and Empowerment for Healthy Civil Society - Voices From the Trenches".

H.E. Ajay Bisaria - The High Commissioner of India, Shri Manish - Consulate General of India, Honorable Adrian Dix - BC Minister of Health, British Columbia and Prof. Anupam Sibal, Group Medical Director, Apollo Hospitals and President of GAPIO will be present on the Opening Ceremony starting at 7:30 PM PDT (Vancouver time) on 17th June corresponding to 8:00 AM IST on Saturday, 18th June 2022. It is primarily a Physical meeting but participants can also join Virtually through Zoom.



The virtual conference sessions on 18th and 19th June 2022 will start at 8:30 AM PDT (Vancouver time) corresponding to 9:00 PM IST on 18th and 19th June 2022 respectively.

Some interesting topics on Day 2, 18th June are 'Lowering Cancer Barriers', 'Elimination of Cervical Cancer from a Global perspective', 'The toll of Mental illness', 'Diabetes Prevention: Support After Pregnancy for South Asian Women in Surrey' etc.

On Day 3, 19th June, during the session on "Integrative Medicine", Shri Vaidya Rajesh Kotecha, Honorable Secretary, Ministry of AYUSH, Govt. of India will give a 'Special address' (TBC). Apart from this, Dr. HR Nagendra, Chancellor of Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru will speak on 'What is integrative thinking to integrative Medicine'. Other interesting topics 'Patients Perspective of Integrative Health – a personal journey' and 'Building capacity in Integrative Health' will be covered by other reputed speakers and session will be Chaired by Prof. NK Ganguly, Former Director General – Indian Council of Medical Research.

Registration is complementary but mandatory.

For more details, please visit www.gapio.in

GAPIO Honours' List MAY 2022



Dr. Ashish Aneja, from Kurukshetra, India, has organized following camps:

- Free Medical Health check-up and nutrition awareness camp for women in association with GAPIO on 30th April 2022. The facilities provided during the camp are Blood Glucose testing, Blood Pressure, Weight, BMI, Hemoglobin and Neuropathic testing.
- Free Cardio- Diabetic Medical Health check-up and Awareness camp was organized on World Hypertension Day on 17th May 2022 in association with GAPIO.

Dr. Ashish Malik, Liver Transplant Anesthesiologist at New Delhi, has been selected as "Vice Chair of Anesthesia and Critical Care Committee" of International Liver Transplant Society (ILTS - World body for Liver Transplant Specialists) for year 2022 - 2023. Dr. Ashish is the First Indian Transplant Anesthesiologist (practicing in India) in the history of ILTS), would be the chair for year 2023 - 2024.

Dr. Ashish has delivered a talk on "Analgesia for Donor Hepatectomy: The Way forward" during Annual Conference of ILTS in Istanbul on 5th May 2022.

Dr. Arun Prasad, Surgical Gastroenterologist, Bariatric and Robotic Surgeon from New Delhi, had been invited as speaker to speak on "Technical tips and tricks to make a safe sleeve -let's make it foolproof!" during IBC Asia Pacific Activity! on 6th May 2022.

Dr. N Ramakrishnan, Senior Consultant in Critical Care & Sleep Medicine, Chennai has published the following article:

- Dr. Nagarajan Ramakrishnan, Shyam Sundar, Kamlesh Tewary, Mangesh Tiwaskar, Arulrhaj Sundaram, JPS Sawhney, Agam Vora, Hrudananda Mallick, Manvir Bhatia, Gautam Saha, Rajesh Nagpal; _Indian Consensus Statement on the Evaluation and Management of Insomnia Disorders_; Consensus statement, April 2022,
- Dr. Ramakrishnan has also published a chapter on "Critical Care in Discrete Locations" in a Book Critical Care Update 2022, April 2022.
- Dr. N. Ramakrishnan has given lecture on "Current Developments in Remote Critical Care" at Remote Critical Care Symposium – A Global Perspective. Apollo Hospitals and College of Intensive Care Medicine of Australia and New Zealand
- · Dr. Ramakrishnan has also received the "SEEK Award" from St. Britto's Academy, on 27th April 2022, for "rendering remarkable service to the community in the field of Health Service".

Dr. Raju Vaishya, Senior Consultant Orthopedic Surgeon, New Delhi has published the following articles:

- VAISH A, SHARMA D, VAISHYA R. PRE-PRINT: ALREADY THE BRIDE OR STILL THE BRIDESMAID? POSTGRAD MED J 2022; 98 (1159) 319-20. DOI: 10.1136/POSTGRADMEDJ-2021-140852
- Iyengar KP, Jain VK, Vaishya R, Gopinathan P. Empowering next generation of Researchers: A global initiative of Journal of Orthopedics. J Orthop 2022; doi [1]: 10.1016/j.jor.2022.05.006
- Vaishya R. Progress report of the Journal of Orthopedic Reports (JOREP). J Orthop Reports 2022: doi:_
- 10.1016/j.jorep.2022.100034
- Vaishya R, Vaish A, Ansari AH. Acute painful calcific tendonitis of Shoulder. Postgrad Med J 2022: 98 (1159): e2. doi: 10.1136/postgradmedj-2021-139719D'
- · Ambrosi R, Vaishya R. The importance of Travel Fellowships in Orthopedic Surgery: Return to normality after COVID pandemic. J Orthop 2022; doi: 10.1016/j.jor.2022.04.015
- · Vaish A, Mehra S, Vaishya R. Sequential involvement of three major joints of a lower limb by Transient Migratory Osteoporosis- Case Report. J Orthop Reports 2022; doi [1]: 10.1016/j.jorep.2022.04.001
- Vaishya R, Vaish A. Significant impact of COVID-19 on human beings. Swasthya Health 2022; 2 (2): 47-49
- · Paper published by Dr. Sanjiv Jasuja, Senior Consultant Nephrology from New Delhi, on "Impact of National Economy on End Stage Kidney Care in South Asia and Southeast Asia" has been selected as winner of the "Article of the Year 2021" for International Journal of Nephrology, Hindawi.

Dr. Sudhir Parikh, USA, Chairman-Parikh Worldwide Media, has been praised by Hon'ble Chief Minister of Gujarat, Shri Bhupendra Patel. Hon'ble Chief Minister congratulated Parikh World-wide Media for spreading awareness about 'pro-people' and governance related issues among people and continuously making efforts to make people aware about the current affairs happening across the world.

Dr. Tarun Gupta, Senior Laparoscopic Surgeon, from New Delhi, has been appointed as "Surgical In-charge" of new surgical unit formed in "Department of Surgery "at Hamdard Institute of Medical Sciences and Research.

GAPIO CONGRATULATES ALL THE ACHIEVERS FOR MAKING INDIA PROUD

Global Association of Physicians of Indian Origin Registered Office: Hospital Complex, Apollo Hospitals, Sarita Vihar, Mathura Road, New Delhi - 110076

Email: gapio.jm@gmail.com; Contact No. +91-7701910804, 011-29871747

www.gapio.in | in 🔰 🕤 🔟





