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GAPIO congratulates Dr. Romi Chopra for receiving Outstanding Physician of the Year award by Illinois Congressman



Dr. Romi Chopra

Dr Romi Chopra (CEO, Midwest Institute for Minimally Invasive Therapies Health) , a Sikh American has been announced for Outstanding Physician of the Year award by Illinois Congressman at 11th Congressional Global Community Oscars 2021. Dr.Chopra is also an associate professor of radiology at Rush University in Chicago. He aims to put the care back in health care

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2 Indian-origin doctors make India proud.

Dr Reshma Jagsi of the Medical School, and Bhramar Mukherjee of the School of Public Health, received the prestigious 2022 Sarah Goddard Power Award. Both of these Indian-Origin doctors are faculty members of University of Michigan.

Dr Jagsi is deputy chair of the Department of Radiation Oncology and director of the Center for Bioethics and Social Sciences in Medicine at U-M. She has led seminal studies quantifying under representation of women in authorship, editorial, principal investigator and leadership positions in medicine and in comparable compensation. She also is internationally recognized for research to strengthen autonomy in breast cancer patients and to individualize breast cancer care. "Dr. Jagsi is an international scholar, advocate and leading voice for gender and BIPOC equity, and a well-funded researcher who lifts many women through inspiration, collaboration, and mentorship.



Dr. Reshma Jagsi

Dr. Mukherjee, a professor of epidemiology and global public health, is chair of the biostatistics department. She also serves as the associate director for quantitative data sciences in the Rogel Cancer Center. Dr. Mukherjee is highly engaged in Precision Health and serves as the associate director for cohort development. Her research interests include statistical methods for the analysis of electronic health records, studies of gene-environment interaction, Bayesian methods, shrinkage estimation and analysis of high dimensional exposure data.



Prof. Bhramar Mukherjee

Dr. Sudhir Parikh and Indian-American Leaders meets National Human Rights Commissioner Dnyaneshwar Mulay



Dr. Sudhir Parikh (Secretary General GAPIO) and Indian-American Leaders meets National Human Rights Commissioner Dnyaneshwar Mulay (Former Consul General of India in New York).

Mulay appreciated the help Indian-Americans sent to India in 2021, and continue to provide to the homeland during the Covid-19 crisis. He also praised front-line medical personnel of Indian origin in the United States.

He also urged Indian-Americans and others to invest in their motherland's growth and prosperity.

Dr. Sunil H. Parikh awarded by The Indian American Community of North America (IACONA)

The Indian American Community of North America (IACONA) awarded Dr. Sunil H. Parikh, for his outstanding contribution to the community through the year during the celebration of India's 73rd Republic Day on Jan. 26, 2022, at the Royal Albert's Palace in Fords, New Jersey.

Dr Parikh is the Chairman Of The Board at SIGHT SAVING ACADEMY INDIA INC.



Dr Rajani LaRocca awarded the runners up Newbery Honor Medal for Children's Literature

An Indian-American primary care physician, Dr Rajani LaRocca who is also an author of several children's books, has been awarded the runners-up Newbery Honor Medal for Children's Literature.

She received this prestigious, considered the highest recognition for children's authors award for her book titled "Red, White and Whole",



'Recovery hub' - A social initiative by Dr. Daljeet Kaur

Dr. Daljeet Kaur, Consultant Psychiatrist has started a social initiative called Recovery Hub that focuses on vocational rehabilitation of people with mental illness. 'Recovery hub' is a pan India social initiative led by the DAWN welfare foundation, which focuses on the social recovery of an individual with mental health issues. The effort for this social initiative is to reduce the impact social stigma has on a person's recovery.

It provides different services, such as Mental Health Training, occupational health assessment, access to skill development programs, supported internships, current partnership opportunities, access to employment to name a few.

Link to access these services :-<https://recoveryhub.in/>



A session on "The Future of COVID-19"

A session on "The Future of COVID-19", was organized by 'The Global Indian Physicians COVID-19 Collaborative' at 7:00 PM IST on Saturday, 29th January 2022 on a digital platform through zoom.

Reputed well known speakers Dr. Sanjay Agarwal, CEO, California Specialty Physicians, USA, spoke on "Global perspective on the future of COVID-19".

Dr. T Jacob John - Former Director, ICMR Centre of Advanced Research in Virology, India, spoke on "Gazing through the crystal ball - Indian Perspective"

Dr. N K Arora, India- Working Group, NTAGI -National Immunization Technical Advisory Group, India, spoke on "Vaccine strategy and the road ahead in India".

The session was followed by 10 minutes' question and answer session

GLOBAL INDIAN PHYSICIANS COVID-19 COLLABORATIVE
Let's Collaborate to Combat the COVID-19 Pandemic

The Future of COVID - 19

29 JAN 2022 Saturday
7:00 PM IST 8:30 AM EST
5:30 AM PST 12:30 AM (Australia)
7:30 AM CST 1:30 PM BST (UK)

Join: <https://bit.ly/3H9rBZ8>

A 60-minute update to keep abreast of the latest developments

Topic	Speaker	Duration
Opening remarks	Dr. Ramesh Mehta, President, BAPIO, UK	5 mins
Global perspective on the future of COVID - 19	Dr. Sanjay Agarwal, CEO, California Specialty Physicians, USA	15 mins
Gazing through the crystal ball - Indian Perspective	Dr. T Jacob John, Former Director, ICMR Centre of Advanced Research in Virology, India	15 mins
Vaccine strategy and the road ahead in India	Dr. N.K. Arora, Chairperson, Working Group, NTAGI - National Immunization Technical Advisory Group, India	15 mins
Question & Answer	Dr. Sai Praveen Haranath, India Dr. Rajesh Chawla, India	10 mins

MODERATORS
Dr. Anupam Sibal, India | Dr. Sudhir Parikh, USA | Dr. Ravi Mehta, India
Dr. Vipin Vashisht, India

Organizing Committee:

Dr. Prithvi C Reddy, Founder President, GAPIO	Dr. Sanku Rao, Past President, GAPIO	Dr. Sudhir Parikh, Secretary General, GAPIO	Dr. Nandakumar Jaiaram, Vice President, GAPIO	Dr. Anjana Samadhar, Vice President, AAPJ
Dr. Anupam Sibal, President, GAPIO	Dr. Sudhakar Jannatgadda, Past President, AAPJ	Dr. Sunil Patel, President, CAPSH	Dr. Rohini Brithar, Joint Secretary, GAPIO	Dr. A K Tandon, Advisor, GAPIO
Dr. Anupama Gokulakula, President, AAPJ	Dr. Ravi Kalli, President Elect, AAPJ	Dr. Anshu Hingorani, President, AMGA	Dr. Abhishek Sheth, Treasurer, GAPIO	Dr. Sajid Shah, Past BOT, AAPJ
Dr. Ramesh Mehta, President, GAPIO, Past President, GAPIO	Dr. Arun Garg, President, CINS	Dr. Anju Aggarwal, Ex VP & Past Secretary, AMGA	Dr. Palo Malanowala, Past President, AMGA	Dr. Bhama Chhalaria, USA

Dr. V. K. Raju receives the prestigious Rotary Citation

Dr V. K. Raju (MD, FRCS, FACS) received the prestigious Rotary Citation as an accolade to the untiring service provided by him.

Dr. Raju has been on a crusade to eliminate avoidable blindness in parts of the world plagued by poverty and poor access to medical care.

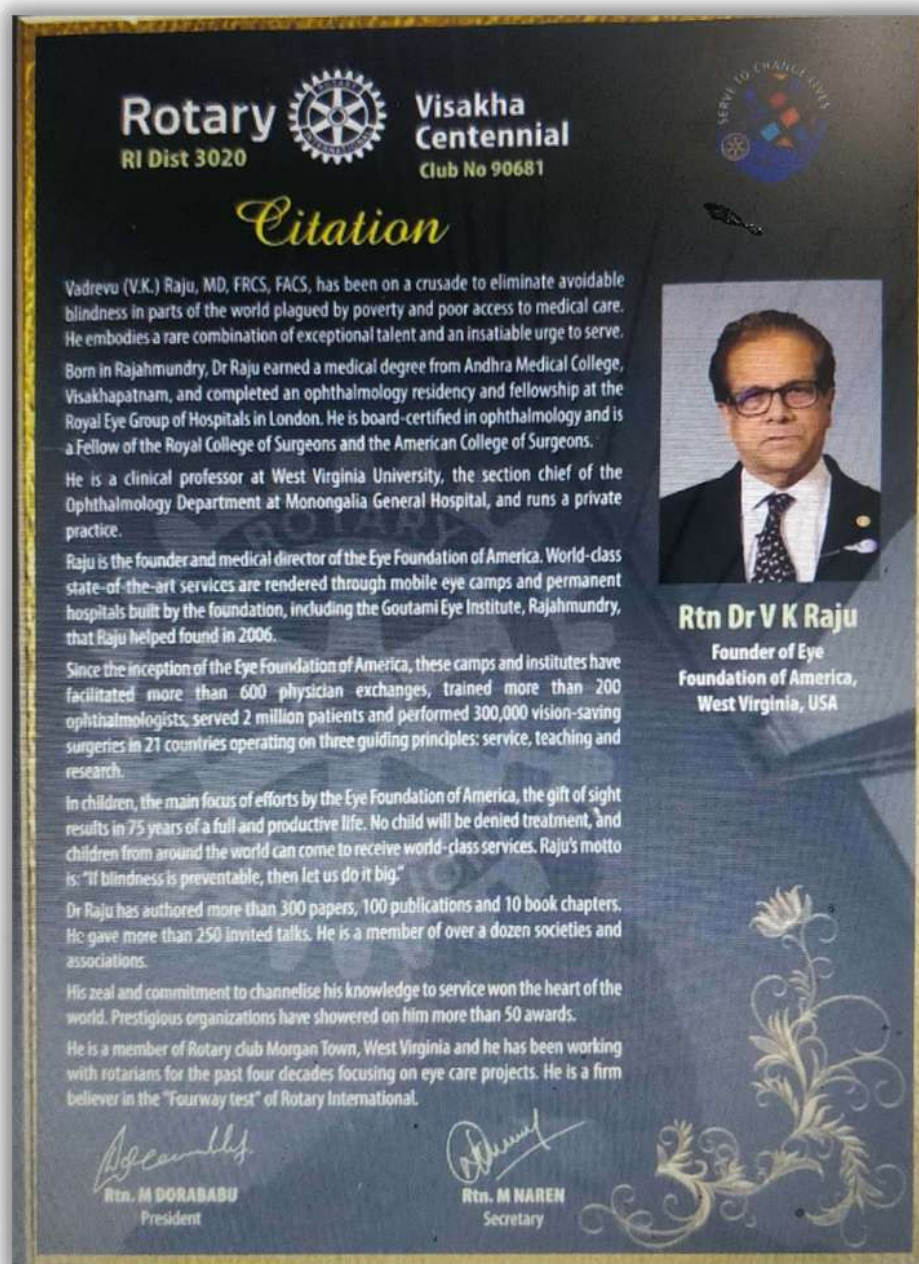
He embodies a rare combination of exceptional talent and an insatiable urge to serve.

He is the :

- President and Founder, Eye Foundation of America
- President and Founder, Goutami Eye Institute
- Clinical Professor, West Virginia University
- Director, International Ocular Surface Society
- Adjunct Professor, GSL Medical School
- Adjunct Professor, Wilmer Eye Institute, Johns Hopkins University

His camps and Institutes have facilitated more than 600 physician exchanges, trained more than 200 ophthalmologists, served 2 million patients and performed 300000 vision saving surgeries in 21 countries operating on 3 guiding principles : service, teaching and research.

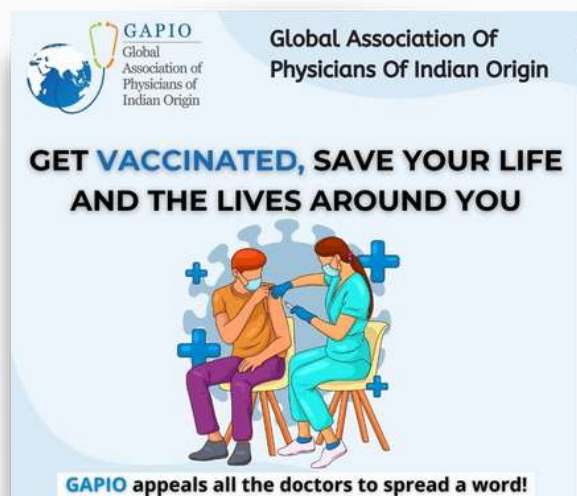
His untiring efforts for saving the children eye sight are relentless.



SOCIAL MEDIA COVERAGE

GAPIO wished all a Happy New Year

GAPIO wished everyone a very happy, healthy and prosperous New Year 2022!



Vaccination Awareness Drive

Global Association of Physicians of Indian Origin (GAPIO) spread word regarding 'Getting Vaccinated'.

An appeal was made to everyone to get oneself vaccinated and help safeguard all around.

Message shared was - 'Safety of our society is in our hands and it always starts with YOU!'

National Girl Child Day

Global Association of Physicians of Indian Origin (GAPIO) celebrated "National Girl Child Day" On 24th January 2022.

Message shared on account of this day was :

A progressive future is only possible if girls & women are empowered to pursue their dreams & contribute towards shaping the future.

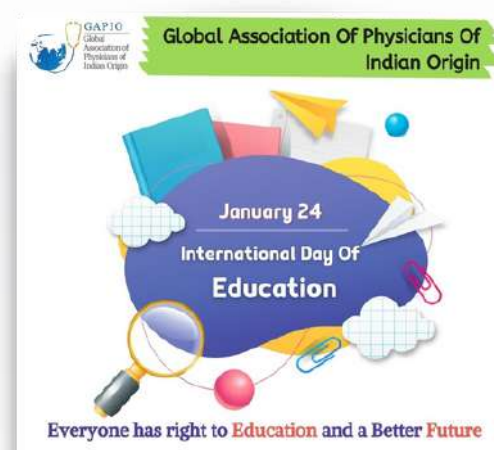
GAPIO appealed everyone to take an oath to break all gender-based stereotypes, and recognize and celebrate the girls and women around the world.



International Day of Education

On the occasion of “International Day of Education” (24th January) GAPIO spread a word on the importance of education for Children, Youth, Adults and everyone around the world.

It also appealed that everyone must get a fundamental right to education and build more sustainable, inclusive and peaceful futures



Significance of Indian-origin doctors

GAPIO shared the importance of the significant contribution that the massive Indian origin Physicians can bring about when they come together.

It also made an appeal to all the Indian origin doctors present worldwide to join hands and help improve the health worldwide,

Happy Republic Day

GAPIO celebrated the Republic Day on social media by sharing the message :

'Be the strength the Nation needs today'



'Role of Physician Scientist'



There is a need to encourage the physician scientists role in order to increase research work in Indian medicine. Hence, GAPIO appealed this on social platform by sharing a short article as:

The notion of Physician-Scientist has been central to the training of physicians in the US, although not many Indians are aware of this.

It was born out of the need to:

- Further medical education research and innovation, and
- Systematize the training of physicians with a keen interest in biomedical research.

While trained as a clinician, each physician-scientist must possess skills lying at the interface between medicine and science including laboratory research, which requires a rigorous scientific methodology.

Considering this, the National Medical Commission (NMC) plans to make it an integral part of medical education. It plans for a combined MD-PhD or dual degree program that can be made possible by

collaborating with eminent medical institutions. The role of a Physician scientist will help bring the clinical experience back to the lab and then direct it towards investigations and research.

Why so? Because they are skilled at patient care and thus can find out the practical unmet problems that need solutions. This helps foster good research work.

Physician-scientists, who are highly trained in medical research, diagnosis, and patient care, play a critical role in solving some of the greatest healthcare challenges we face today.

They also have an integral part of the academic and research communities focusing on improving our understanding of disease and health, thereby supporting the development of new diagnostic tests and treatments.

By providing physician-scientists access to multi-disciplinary education, and giving them hands-on clinical experience spanning across different settings, we can help harness the vast potential for physician-scientists.

And thereby meaningfully improve science and care for patients and ultimately the Nation's health.

Online Medical Education : What could be the consequences



Medical education refers to the body of knowledge needed to become a competent and well-rounded physician.

It involves theory, hypothesis-driven research, and evidence based learning through experience and clinical practice.

However, the COVID-19 pandemic and physical distancing switched the traditional teaching methods to online mode in a very short time.

But this raises the pertinent question – what could be the consequences?

The challenges that come along with online medical education include:

- > Digital Literacy and Technical Issues,
- > Poor time management,
- > Abundant Distractions & Lack of Discipline
- > Infrastructural Problems,

The consequences of online medical education can be :

- > Lack of practical knowledge
- > Lack of communicational skill development
- > Limited online learning
- > No inpatient experience

The future of medicine is no doubt digital and online. The Internet has made distance learning possible for a couple of decades now and technology is allowing for more interactivity and more opportunities so as to use the best of a modern and physician's traditional training for new developments.

To sum up, a blend of online and offline training can help medical students to strike a balance and take their careers to the next level.

Congratulations to all the Padma Shri Award Winners

Dr Himmatrao Bawaskar, an Indian Physician from Malad, is world famous for his path-breaking research on deaths caused by the sting of the red scorpion. His reputed publications about the issue through case studies in various journals drew the interest of the international medical fraternity in the subject. For the past 40 years, he has been working at a health centre at Mahad of Raigad District - Maharashtra focusing on saving the locals and tribals from scorpion and snake bite poisoning



Dr Prokar Dasgupta an Indian-origin Physician from United Kingdom is the Professor and Chair of Urology at King's College London. He is a pioneer in the field of Robotic Surgery. He has numerous firsts in the field including first randomized controlled trial of robotic urology as well as being the founder of what is called the "Dasgupta Technique" which is a method of injecting Botox into the bladder wall using a flexible cystoscope. His team is recognised internationally for the Guy's robotic cystoprostatectomy technique for bladder cancer and is the leading European group among the International Robotic Cystectomy Consortium (IRCC). He was the first to Use of da Vinci robot to perform keyhole surgery as part of kidney transplant.

Dr Lata Desai a 80 year old doctor along with her husband Dr Anil, left their life in the US and came back to dedicate to rural development. In 1980 they founded Society for Education, Welfare and Action-Rural (SEWA Rural) in Jhagadia, Bharuch. The society runs various programmes for health and welfare for the rural population in the area including a 200 bedded Kastubra Hospital serving patients from 3,000-odd villages as well as neighbouring states., health training, eye checkup, Mahila Vikas society and many more



Dr Sunkara Venkata Adinarayana Rao, a 82-year-old orthopedic surgeon from Andhra Pradesh is noted for his work for poor people particularly polio victims under his Free Polio Surgical and Research Foundation. He has gained respect across India, especially in North India, for his treatment of polio victims. He performed more than one lakh surgeries to date. He won many awards in his six decades of service as a doctor.

Dr Veeraswamy Seshiah - A Tamil Nadu- Renowned Diabetologist, he was the first professor of Diabetology in India and was responsible for the establishment of the first Department of Diabetology in India at the Madras Medical College. He is Founder Patron, Diabetes in Pregnancy Study Group of India. In the past also he has received the number of awards for his contributions to the field of Diabetology, including the Dr. B C Roy National Award



Late Dr Balaji Tambe A pioneer in the field of Ayurveda, is well known to take the field of Ayurveda and Yoga to the world. He was the founder and source of inspiration for all the activities carried out at Atmasantulana Village. A Spiritual Leader, Dr Tambe passed away last year at a private hospital in Pune on Tuesday following a brief illness

Dr Bhimsen Singhal A popular Neurologist from Maharashtra is the Director of Neurology at Bombay Hospital Institute of Medical Sciences in Mumbai, India. Prior to this appointment, he was the Honorary Professor and Head of Department of Neurology at The Grant Medical College, Mumbai. He has helped train over 200 neurologists and prominent in the promotion of neurology including Multiple Sclerosis, Parkinson's Disease etc. He discovered the entity of megalencephalic leukodystrophy with a specific gene defect in Agarwal community. In the past also he has received the number of awards for his contributions to the field of Neurology including the Dr. B C Roy National Award



Dr Vijaykumar Vinayak Dongre Known for his work for Leprosy Treatment, Dr Dongre dedicated his entire life in leprosy control in urban and rural areas in Maharashtra .

Dr Kamlakar Tripathi from Uttar Pradesh is a Nephrologist and Diabetologist and the former professor Department of Medicine, Banaras Hindu University, India



Dr Narendra Prasad Misra , one of Madhya Pradesh's senior-most doctors, late Narendra Prasad Misra was responsible for developing treatment protocols for victims of Bhopal Gas Tragedy as well as COVID-19.

GAPIO Honours' List January 2021

Under the GAPIO initiative of Monthly Honors' focusing on GAPIO members' achievements and contributions to healthcare, academia, research, innovation, and community service locally and abroad, published the Honor's list for the month of January as below:



Dr. Amrit Hingorani, General Practitioner (GP) at Australia has become the New President of Australian Indian Medical Graduates Association (AIMGA) in December 2021

Dr. Arun Garg, President CINS and Member of EC of GAPIO, has been invited as a speaker to share his views on “Taking control of our health and focuses on Integrative medicine as the route to good health” during an online program on “Integrative Medicine and Good Health”.

Dr. Arun Prasad, President of Obesity Surgery Society of India (OSSI), 2018-20 and President of International MGB-OAGB Club for Bariatric Surgery is invited as an active expert and scholar in the field of gastrointestinal surgery, has been appointed as an Editor-in-Chief (Term: 2022-2025) of World Journal of Gastrointestinal Surgery (WJGS).

Dr. Ashish Aneja, Internal Medicine consultant from Kurukshetra, India, has organized Free Cardio-Diabetic Health Checkup & Awareness camp in association with GAPIO in month of December 2021.

Dr. Avula Laxmaiah, Scientist G (Director Grade Scientist) & Head, Division of Public Health Nutrition, ICMR-National Institute of Nutrition, Jamai-Osmania (Post), Hyderabad, has published a paper on “SARS-CoV-2 Seroprevalence in the city of Hyderabad, India in early 2021, published in the journal IJID Regions-2. The research was done in collaboration with CCMB by covering a large sample size of 9500.

Dr. Kandamaran Krishnamurthy, Consultant Pediatric Intensive Care Unit Queen Elizabeth Hospital, Barbados has published the following article in Journal of Multidisciplinary Healthcare

- COVID-19 Vaccine Intent Among Health Care Professionals of Queen Elizabeth Hospital, Barbados, MAA Majumder K Krishnamurthy, A Kumar, N Ojeh, A Scott, C Cave, S Gupta, J Bradford-King, B Sa, OP Adams, MH Campbell, November 2021

Dr. Kandamaran Krishnamurthy has also edited the following chapter in book Emerging Trends in Disease and Health Research Vol. 1

- Study on Spatial Relationship of Metabolomics, OSA and Diabetes Mellitus, P V P Rao, K Krishnamurthy, December 2021

Dr. (Prof.) Raju Vaishya, Senior Consultant Orthopedic Surgeon at New Delhi has been elected as the Editor-in-Chief of the prestigious Journal of Orthopaedics- A PubMed and Scopus indexed journal.

Dr. Raju Vaishya has also published the following articles:

- Vaishya R. Growth of the Journal of Arthroscopic Surgery and Sports Medicine (JASSM) continues. J Arthrosc Surg Med 2022; 3:1-2. Doi: 10.25259/JASSM_31_2021
- Vaish A, Vaishya R. Multiple infarcts around the knee in a middle-aged female. Apollo Medicine 2021; 18: 316-17. Doi:10.4103/am.am_53_21
- Vaishya R, Gopinathan P. Growth of Journal of Orthopaedics (JOO). J Orthop 2021; doi:10.1016/j.jor.2021.12.004.
- Vaishya R, Arya A. Apollo Medicine in 2021. Apollo Med 2021; 18: 221. doi:10.4103/am.am_135_21
- Vaishya R, Iyengar KP, Khan IH, Javaid M. Drones for fighting COVID 19 pandemic. Curr Med Res Pract 2021;11:303-304.

Dr. Tarun Gupta, Hon. Professor, Indian Medical Association and Laparoscopic has received "Appreciation & Thank You" letter from Prof. Neil Mortensen, President of RCS England and Prof Chris Whitty, Chief Medical Officer for England, on 17 January 2022 for his personal sacrifices and investment in working so hard under such tough conditions of COVID.

JAAPI (Journal of the American Association of Physicians of Indian Origin)

JAAPI is a peer-reviewed medical and healthcare journal published by the American Association of Physicians of Indian Origin (AAPI).

Launched in May 2021 and inaugurated by Dr. Susan R. Bailey, President of the American Medical Association (AMA), JAAPI is committed to promote education and research through high quality peer-reviewed publications.

JAAPI is a fully Open Access journal with no manuscript submission fee or publication charges. JAAPI accepts articles from authors anywhere in the world with no geographical or ethnic restrictions.

JAAPI is published thrice a year – Spring, Summer, and Winter.

The three issues published in 2021 can be accessed in the link <https://www.aapiusa.org/jaapi/>

JAAPI publishes a variety of article relevant and interesting to the physicians.

Prospective authors are welcome to submit their articles at any time of the year.

Scope of the journal and instructions for authors can be found in the Winter issue of JAAPI.

Prospective authors can send their inquiries to the Editor-in-Chief at jaapi@aapiusa.org