



Wish you Merry X-Mas and Happy New Year 2022

GAPIO member, Dr. (Prof) Rajesh Taneja at 41st Congress of the Société Internationale d'Urologie (SIU)



Dr. (Prof) Rajesh Taneja delivering the talk

GAPIO member Dr. (Prof) Rajesh Taneja (Senior Consultant and Advisor, Urology Andrology and Robotic Surgery Indraprastha Apollo Hospitals, New Delhi) was invited to deliver a guest lecture during the session of 41st Congress of the Société Internationale d'Urologie (SIU), being held in conjunction with the 10th Emirates International Urological Conference of the Emirates Urological Society (EUS) from November 10–14, 2021 in Dubai, United Arab Emirates. The topic of for the talk was **Treatment of Interstitial Cystitis in 2021**. Besides being a Consultant, he is also Robotic Uro Oncologist, Founder Chairman of Global Interstitial Cystitis Bladder Pain Society (GIBS) and Designated Mentor at Holmium Laser Enucleation of Prostate (HoLEP). GAPIO congratulates Dr. Taneja for his success.

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GAPIO congratulates Two Indian American Undergraduates who got named to George J. Mitchell Scholar Class of 2023

GAPIO congratulates Two Indian American Undergraduates - Aadi Kulkarni and Swati Ravi for being named among 12 members of the George J. Mitchell Scholar Class of 2023 by the US-Ireland Alliance. The program sends future American leaders to the island of Ireland. Aadi Kulkarni, is studying Policy Analysis and Management as a senior at Cornell University. He co-founded and is CEO of Polici.org, a startup that uses machine learning techniques to summarize peer-reviewed academic research papers to an eighth grade reading level and disseminates those summaries to traditionally undeserved populations.

While Swati Ravi, is a senior at Columbia University studying Astrophysics. She is the recipient of an international award, organized by Aviation Week Network, that recognizes the top 20 most promising aerospace students in their twenties.

As a Science Research Fellow at Columbia, she has participated in computational astrophysics research, working to model distant galaxies with high-resolution near-field stars. She developed an astronaut tool to help detect hazardous portions of handrails on the International Space Station. She did this in collaboration with NASA's Neutral Buoyancy Laboratory where her device was tested.

She also won first place for her paper about that project at the 2021 AIAA SciTech Forum, the world's largest conference for aerospace research and development. She has also won the NASA Student Payload Opportunity with Citizen Science competition. She has led a team of 25 students in designing a project to study the effects of microgravity on antibiotic resistance of bacteria.



Aadi Kulkarni



Swati Ravi

Session on "Growth Problems" in Children held under IAP-GAPIO International Lecture Series

IAP – GAPIO International lecture series

Session on Growth Problems

Saturday, 27th November 2021

9:00PM – 10:00PM (IST)
Corresponding Time: 7:30 AM PST, 9:30 AM CST, 10:30 AM EST, 3:30 PM BST (UK)

Leadership

IAP
Dr. Piyush Gupta, President
Dr. Remesh Kumar R, President 2022
Dr. Bakul Jayant Parekh, President 2020
Dr. GV Basavaraja, Hon. Sec. Gen. 2020-21

GAPIO
Dr. Anupam Sibal, President
Dr. Nandakumar Jairam, Vice President
Dr. Sudhir Parikh, Secretary General
Dr. Rohini Sridhar, Joint Secretary

Speakers

Chairperson
Dr. Kalpana Dash, India
Chief Consultant Endocrinologist, Apollo Hospitals, Bilaspur

Moderator
Dr. IPS Kochar, India
Consultant Pediatric and Adolescent Endocrinologist, Apollo Hospitals, New Delhi

Speakers
Dr. Prashant Patil, India
Short Stature – Is There a Remedy

Speakers
Dr. Ganesh Jevalikar, India
Early or Delayed Puberty

[Go to diapindia.org/event-calendar](https://diapindia.org/event-calendar) or [click here](#)

[Go to gapio.in/event-detail](https://gapio.in/event-detail) or [click here](#)

GAPIO in association with IAP organized A session on "Growth Problems" in children on Saturday, 27th November 2021 on a digital platform.

Reputed well-known speakers, Dr. Prashant Patil, Pediatric Endocrinologist, and President-IAP Aurangabad branch in 2020, delivered the talk on "Short stature – Is there a remedy" and Dr. Ganesh Jevalikar, Principal Consultant, Max Super Specialty Hospital, Delhi, India, delivered a talk on "Early or delayed Puberty".

Dr. IPS Kochar, Consultant Pediatric and Adolescent Endocrinologist Apollo Hospitals, New Delhi, India, moderated the

session. Dr. Kalpana Dash, Chief Consultant Endocrinologist at Apollo Hospitals, Bilaspur, India was the Chairperson during the session. The session was followed by 15 minutes question and answer session.

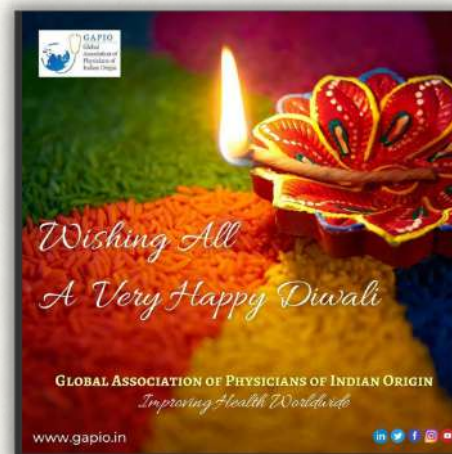
SOCIAL MEDIA COVERAGE

GAPIO wishes everyone a Very Happy Diwali

Diwali- The festival of Lights. On this auspicious occasion GAPIO wished everyone a safe, healthy and happy Diwali.

GAPIO hopes that the almighty light up the lives of every individual and fill their lives with health, wealth, and happiness

GAPIO also urged everyone to stay safe and healthy during this festive season.



Infant Protection day



Infants are the future of the country. They should be taken care just as saplings are taken care of. We should make sure that they receive proper nutrition and protection to grow and prosper.

To spread this awareness, GAPIO celebrated the Infant Protection Day on 7th November 2021 with the following message :

In India, the Infant Mortality Rate, (IMR) is 28 per 1000 live births against 2 per 1000 live births in Norway, Finland and Iceland.

IMR in India is quite high as compared to many other developed, and the third world underdeveloped countries i.e. America, Russian Federation, UK, China, Australia, Austria, Belgium, Bahrain, Denmark, France, Germany, Greece, Hungary, Ireland, Israel, Italy, Japan, Korea, Kuwait, Malaysia, Maldives, Netherlands, New Zealand, Poland, Portugal, Qatar, Saudi Arabia, Singapore, Spain, Sri Lanka, Sweden, Switzerland, Thailand, Turkey, Ukraine, and UAE.

The factors contributing to this are illiteracy, lack of awareness for hospital deliveries, preference for domiciliary deliveries, poverty, unaffordability, Accessibility, lack of healthcare facilities, lack of ICU care (NICU & PICU) shortage of trained ANM, Nurses/ Mid-Wives and Doctor's. Infants and children are the future of a Nation, their protection must be the priority for any Nation. The government needs to create necessary healthcare infrastructure and increase budget and spending on this.

World quality day

Quality treatment and patient safety should be the sole aim of healthcare providers and the entire healthcare sector. It is imperative to bring quality awareness in the mind of all employees of healthcare Organization. Quality should be a culture in any Healthcare Organization. Quality is something that cannot be compromised in Healthcare!

Healthcare providers should work towards ZERO Error. Healthcare should take lessons on how to achieve and maintain quality from aircraft, rockets, and the aerospace industry. Healthcare can sustain Quality by bringing in Innovations and Artificial Intelligence. Training and Retraining of staff is key which leads to quality outcomes.

This awareness was created by GAPIO on account of World Quality Day celebrated on 11th November 2021.



World pneumonia day

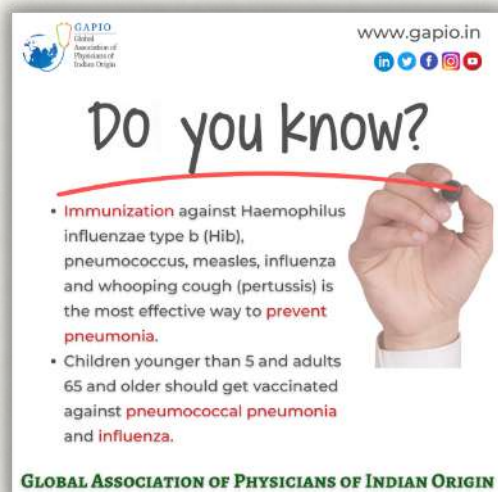
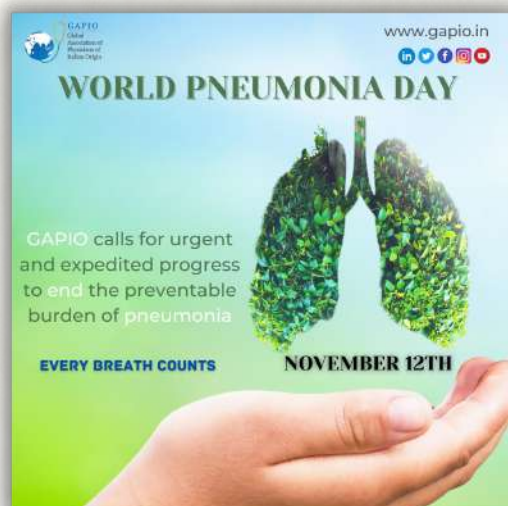
Pneumonia is one of the leading causes of deaths in children under five years old. Despite being easily preventable and treatable, India accounts 20% of those deaths and a higher burden of childhood pneumonia than any other country.

Marking this important on World Pneumonia Day held on 12th November 2021, GAPIO highlighted that Pneumonia is preventable by immunization, adequate nutrition, and addressing environmental factors. Also the role of family Physicians in the management of community-acquired pneumonia through immediate diagnosis, providing an appropriate dosage of antibiotics, and identifying the risk factors is very important.

Every child deserves access to life saving medicines.

GAPIO appealed all the physicians around the globe to come together in the fight against pneumonia and share their case studies with all on this day.

Also to increase the awareness among the masses, some DID YOU KNOW- facts were shared through the social media.

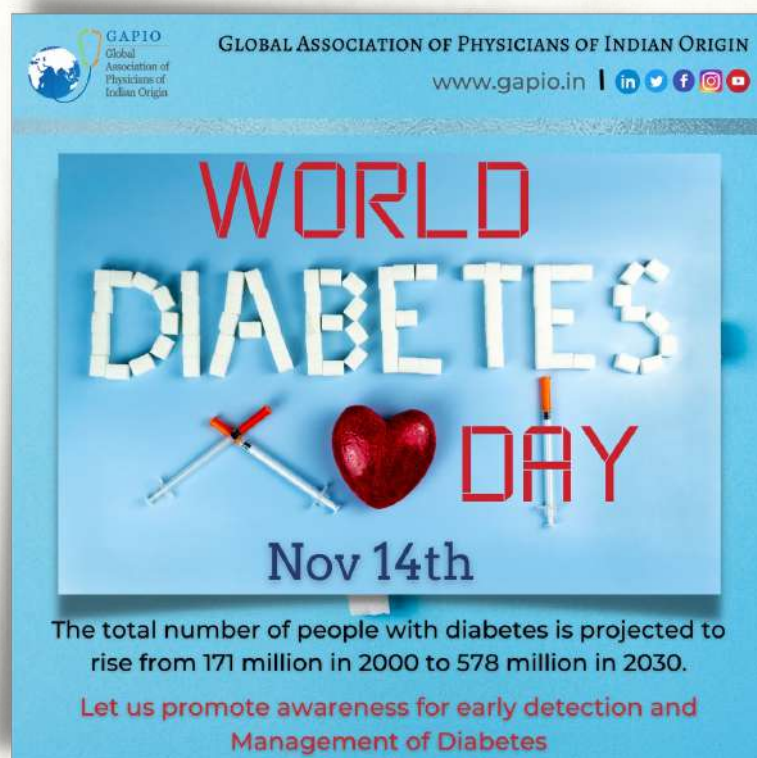
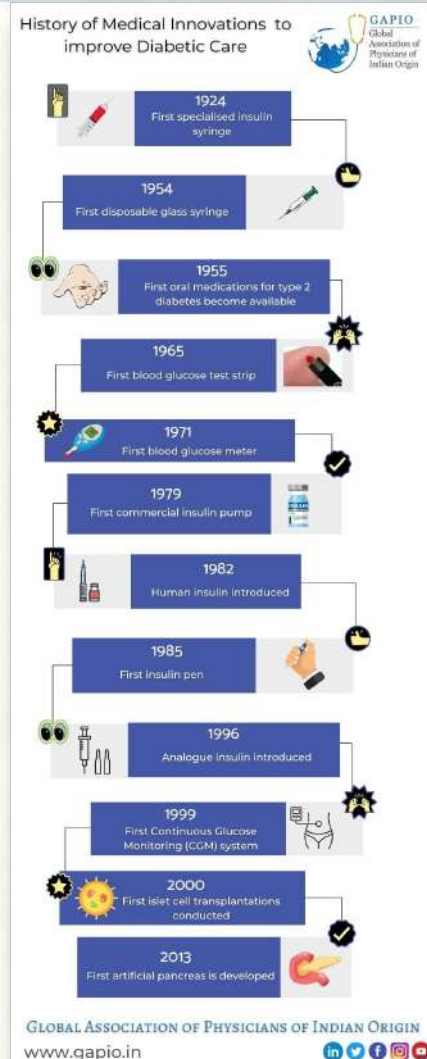


World Diabetes day

Regardless of age, the prevalence of diabetes is increasing day by day. According to studies the number of people living with diabetes is expected to rise from 171 million in 2000 to 578 million in 2030. Living with diabetes has been a challenge to many of the diabetic patients as they require ongoing care and support to manage their condition and avoid complications.

On the occasion of World Diabetes day celebrated on 14th November 2021, GAPIO raised awareness about the care that diabetic patients should take and appealed all Physicians and also to Physicians of Indian Origin around the globe to provide access to diabetes care and focus on research to address this global issue.

GAPIO also shared the history of Medical Inventions that have been developed over the years to improve the diabetic care.



World COPD Day and COPD Awareness Month

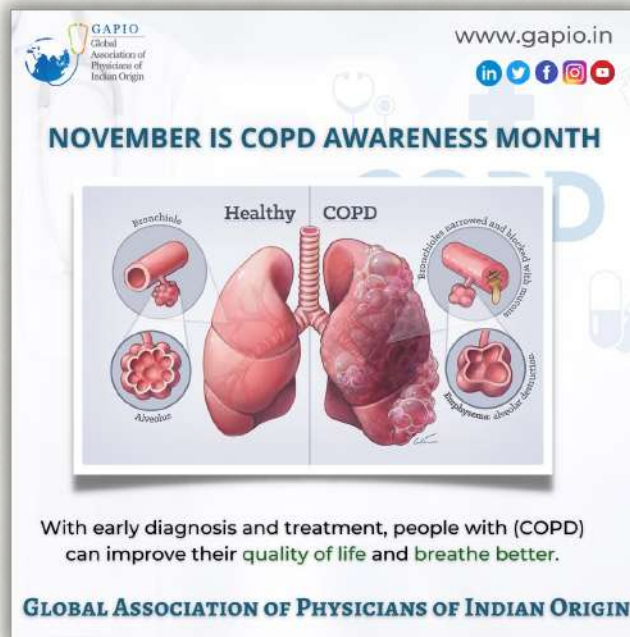
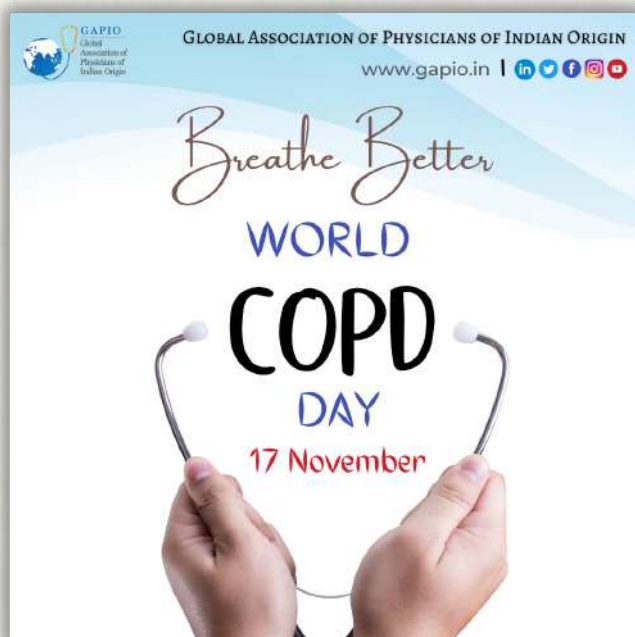
The chronic obstructive pulmonary disease has been an increasing cause of death worldwide.

More than 16 million people have been diagnosed with COPD and it is estimated that millions more suffer from it but are not aware that they have it.

When left untreated, people with COPD gradually lose their stamina and ability to perform daily activities.

This message was spread through social media by GAPIO on account of World COPD Day held on 17th November 2021 and COPD Awareness Month

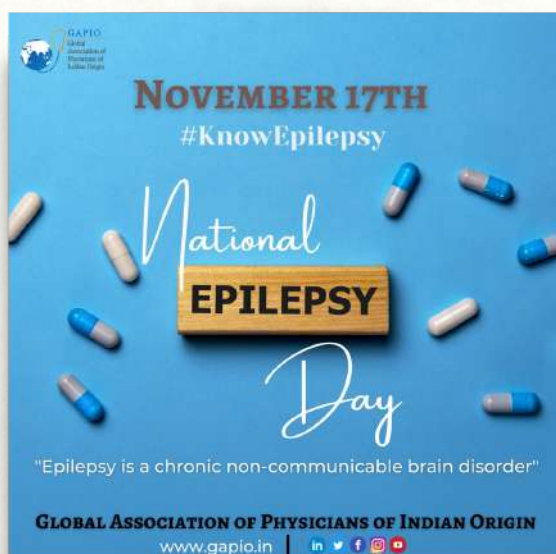
GAPIO also shared the information about sign and symptoms, prevention and diagnosis of COPD so as to educate the people.



National Epilepsy Day

National Epilepsy day is observed on 17th November every year in India to raise awareness and help people to fight Epilepsy.

On this National Epilepsy day GAPIO raised awareness about this neurological disorder and started a campaign sharing the symptoms, causes, risk factors and complications along with sharing the information about what to be done when you face a patient with epileptic seizures



World antibiotics awareness week

This year on the occasion of Antibiotics awareness week, GAPIO aimed to raise the consciousness about the antibiotic resistance and how important is to know about the proper use of these disease-fighting drugs and shared some important facts about these lifesaving molecules

1. Antibiotic resistance is rising to dangerously high levels in all parts of the world.

2. Antimicrobial resistance (AMR) is one of the biggest public health challenges of our time and is a Global threat to Healthcare.

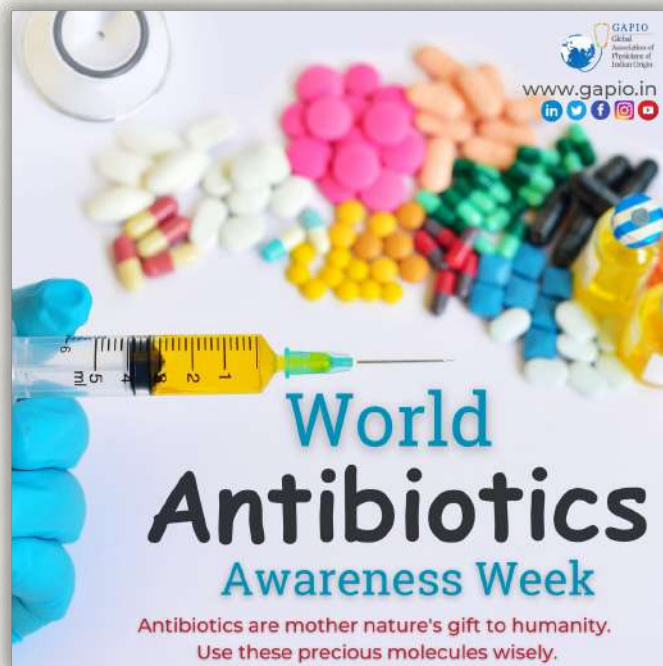
3. It requires urgent multisectoral action in order to achieve Sustainable Goals.

4. WHO has declared that AMR is one of the top 10 Global Public Health Threats facing humanity.

5. Misuse, Overuse, and Irrational use of antimicrobials are the main drivers in the development of drug-resistant pathogens.

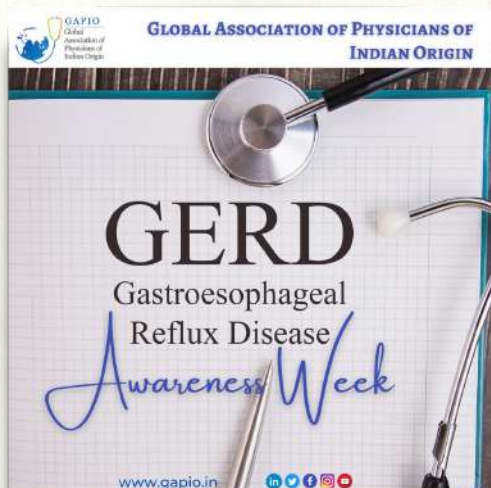
6. Innovation and investment are required in operational research for the development of new antimicrobial .

medicines, vaccines, and diagnostic tools especially those targeting the critical gram-negative bacteria such as carbapenem-resistant Enterobacteriaceae and Acinetobacter baumannii.



GERD AWARENESS WEEK

Gastroesophageal reflux disease is one of the problems affecting around 7.6% to 30% of Indians. It is a condition where stomach contents flow back into the food tube causing trouble like heartburn or acidity. Dietary factors play a very important role in the management of GERD. This year on this GERD Awareness week GAPIO shared the risk factors like obesity, smoking, anxiety/depression, less physical activity, and age and encourages everyone to be aware of GERD symptoms and preventive measures.



GAPIO Honours' List November 2021

Under the new GAPIO initiative of Monthly Honors' focusing on GAPIO members' achievements and contributions to healthcare, academia, research, innovation, and community service locally and abroad, published the Honor's list for the month of November as below:



DR. ANJAN BHATTACHARYA, Consultant Developmental Paediatrician at Kolkata, India has published the following articles:

- Swagata Chakrabarty and Anjan Bhattacharya; Parental Quality of Life (QoL) in Covid-19 Pandemic and its Effect on Children, published in journal EC PAEDIATRICS on 13th October 2021.
- Shreya Chowdhury and Anjan Bhattacharya; COVID-19 Quarantine Effect on Education and Psychological Wellbeing, of Children with Disability and Underprivileged Children in India, published in journal EC PAEDIATRICS on 28th October 2021.

DR. ARUN PRASAD, President of Obesity Surgery Society of India (OSSI), 2018-20 and President of International MGB-OAGB Club for Bariatric Surgery, was one of the moderators during the virtual session on 'Complications in Robotic Surgery' at Oxford University Webinar, held on 26th October 2021. Has Chaired the session during 12th Frankfurter Meeting held on 12th November 2021 at Germany.

DR. KANDAMARAN KRISHNAMURTHY, Consultant Pediatric Intensive Care Unit, Queen Elizabeth Hospital, Barbados, Senior Associate Lecturer in Pediatrics, Faculty of Medical Sciences, Cave Hill Campus, The University of the West Indies, St. Michael, Barbados and Consultant Pediatrician at ARS Medical, 6th Avenue, Belleville St Michael, Barbados has published the following articles:

- Narmada Ashok, Kandamaran Krishnamurthy, Keerti Singh, Sayeeda Rahman, Md. Anwarul A. Majumder; High COVID-19 Vaccine Hesitancy Among Healthcare Workers: Should Such a Trend Require Closer Attention by Policymakers? published in cureus journal on 15th September 2021.
- Dr. Kandamaran has been awarded the Fellowship by the Royal college of Pediatrics and Child health, UK and appointed as the Global Representative of the Pediatric Platform of Global Sepsis Alliance.

DR. N. RAMAKRISHNAN, Director, Critical Care Services, Senior Consultant in Critical Care & Sleep Medicine, Chennai has published the following article:

- Nagarajan Ramakrishnan, Ramesh Venkataraman; Intensive Care in India in 2018–2019: The Second Indian Intensive Care Case Mix and Practice Patterns Study, published in Indian Journal of Critical Care Medicine in October 2021.

DR. (Prof.) RAJU VAISHYA, Sr. Consultant Orthopedic Surgeon at New Delhi has published the following articles:

- Birla VP, Vaish A, Vaishya R. Risk factors and Pathogenesis of Steroid-induced Osteonecrosis of Femoral head - A Scoping Review. J Clin Orthop Trauma 2021; 23; 23; 101643. Doi: 10.1016/j.jcot.2021.101643
- Iyengar KP, Jain VK, Vaishya R. Virtual post-graduate orthopaedic practical examination- A pilot model. Post Grad Med J 2021; 97:650-54.DOI: 10.1136/postgradmedj-2020-138726

In the global top-scientist's listing of the Elsevier for 2020, Dr. Raju Vaishya, secured the 2nd rank among all the Indian Orthopaedic Surgeons.

DR. V K RAJU, USA, President and Founder, Eye Foundation of America, President and Founder, Goutami Eye Institute, Clinical Professor, West Virginia University, Director, International Ocular Surface Society, Adjunct Professor, Wilmer eye institute. Johns Hopkins University and Member Executive Committee of GAPIO, delivered a Guest lecture on "SUSRUTA'S TEACHINGS: ARE THEY RELEVANT TODAY" at Indraprastha Apollo Hospitals, New Delhi, India on 28th October 2021.

DR. S.K. PODDAR, General Surgeon at New Delhi, India has been elected as President Elect of Delhi state chapter of Association of surgeons of India.