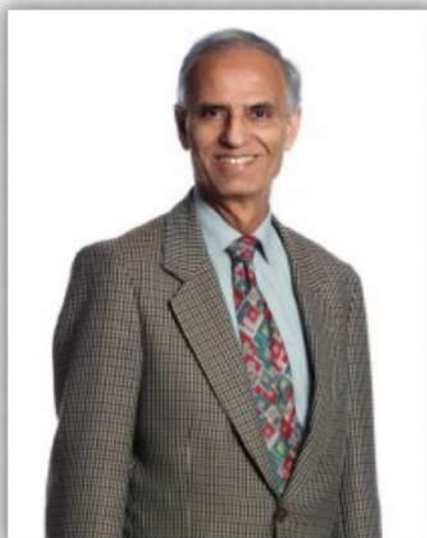




*Happy New Year 2022*

**GAPIO congratulates Dr. Amrit Hingorani for being appointed as the New President of Australian Indian Medical Graduates Association (AIMGA)**



*Dr. Amrit Hingorani*

Dr Amrit Hingorani is an Indian physician based in Australia. He is a GP Anaesthetist and has been working in Sydney, since 1993. He has 2 practices located in Liverpool, Concord. He is also an associate member of the Australian Anaesthetic Society. He was elected as the New President of Australian Indian Medical Graduates Association (AIMGA) in December 2021. GAPIO congratulates him and wishes him a successful journey ahead!

## IN THIS ISSUE

**GAPIO CONGRATULATES DR. AMRIT HINGORANI FOR BEING APPOINTED AS THE NEW PRESIDENT OF AUSTRALIAN INDIAN MEDICAL GRADUATES ASSOCIATION (AIMGA)**

PAGE 1

**SESSION ON BREAKTHROUGHS IN COVID-19 THERAPY**

PAGE 2

**SESSION ON "ACUTE KIDNEY INJURY IN CHILDREN" HELD UNDER IAP-GAPIO INTERNATIONAL LECTURE SERIES**

PAGE 2

**SESSION ON "NEXT COVID SURGE IN INDIA"**

PAGE 3

**TIPS FOR PHYSICIANS TO MAINTAIN LIFE BALANCE**

PAGE 3

**SPREADING A WORD**

PAGE 3

**SOCIAL MEDIA COVERAGE**

PAGE 4

**GAPIO HONOURS' LIST DECEMBER 2021**

PAGE



## Session on Breakthroughs in COVID-19 Therapy

A session on "Breakthroughs in COVID-19 Therapy" was organized by 'The Global Indian Physicians COVID-19 Collaborative' at 7:00 PM IST on Saturday, 11th December 2021 on a digital platform through zoom.

For this session reputed well known speakers were invited from around the globe.

Dr. Sanjay Agarwal, USA - Interventional pulmonologist and sleep specialist, practicing at San Francisco, was one of the speaker, and he delivered a talk on "Experience with Antibody Cocktail",

Dr. Manoj Jain, USA - Infectious disease consultant and a Clinical Associate Professor at University of Tennessee, Memphis, was the second speaker who delivered a talk on "Paxlovid", and

Dr. Hiren Pokharna, USA - Infectious Disease Physician at Mid-South Infectious Disease, Memphis, delivered her talk on "Molnupiravir".

Opening remarks were given by Dr. G.C. Khilnani while the Q&A session was facilitated by Dr. Rajesh Chawla and Dr. Suneetha Narreddy.

Dr. Anupam Sibal, Dr. Ram Gopalakrishnan, Dr. Sudhir Parikh and Dr. Suresh Ramasubban were the moderators for the session.

**GLOBAL INDIAN PHYSICIANS COVID-19 COLLABORATIVE**  
Let's Collaborate to Combat the COVID-19 Pandemic  
**Breakthroughs in COVID-19 Therapy**

**11 DEC 2021 Saturday**  
7:00 PM IST  
5:30 AM PST  
7:30 AM CST

8:30 AM EST  
12:30 AM (Australia)  
1:30 PM BST (UK)

Register to join: <https://us02web.zoom.us/j/90838612812>

**A 60-minute update to keep abreast of the latest developments**

Opening remarks	Dr. G C khilnani, India	2 mins
Experience with Antibody Cocktail	Dr. Sanjay Agarwal, USA	15 mins
Paxlovid	Dr. Manoj Jain, USA	15 mins
Molnupiravir	Dr. Hiren Pokharna, USA	15 mins
Question & Answer	Dr. Rajesh Chawla, India Dr. Suneetha Narreddy, India	10 mins

**MODERATORS**  
Dr. Anupam Sibal, India | Dr. Ram Gopalakrishnan, India | Dr. Sudhir Parikh, USA  
Dr. Suresh Ramasubban, India

**Speakers:**  
Dr. Prashant C Reddy, Founder President, GAPIO  
Dr. Anupam Sibal, President, GAPIO  
Dr. Anupama Gokulakrishnan, President, AAPI  
Dr. Ramesh Mehta, President, NAPI  
Dr. Sanku Rao, Past President, GAPIO  
Dr. Sudhir Parikh, Secretary General, GAPIO  
Dr. Sushil Kumar Jaiswal, Past President, AAPI  
Dr. Ravi Kulkarni, President Elect, AAPI  
Dr. Anurag Garg, President, CINS  
Dr. Sudhir Parikh, Secretary General, GAPIO  
Dr. Nandakumar Jaiaram, Vice President, GAPIO  
Dr. Rohini Sridhar, Joint Secretary, GAPIO  
Dr. Pankaj Patel, President, CAPH  
Dr. Palu Malhotra, President, AIMGA  
Dr. Anja Aggarwal, Ex VP & Past Secretary, AIMGA  
Dr. A K Tandon, Advisor, GAPIO  
Dr. Rajni Sheth, Past BOT, AAPI  
Dr. Shreya Choudhary, USA

## Session on "Acute Kidney Injury in Children" held under IAP-GAPIO International Lecture Series

**IAP – GAPIO International lecture series**

**Session on Acute Kidney Injury in Children**

**Friday, 24th December 2021**  
**9:00PM – 10:00PM (IST)**  
Corresponding Time: 7:30 AM PST, 9:30 AM CST, 10:30 AM EST, 3:30 PM BST (UK)

**Leadership**  
**IAP**  
Dr. Piyush Gupta, President  
Dr. Remesh Kumar R, President 2022  
Dr. Bakul Jayant Parekh, President 2020  
Dr. GV Basavaraja, Hon. Sec. Gen. 2020-21  
**GAPIO**  
Dr. Anupam Sibal, President  
Dr. Nandakumar Jaiaram, Vice President  
Dr. Sudhir Parikh, Secretary General  
Dr. Rohini Sridhar, Joint Secretary

**Speakers**  
**Dr. Arvind Bagga, India**  
Definition, Mechanism and Etiology of Acute Kidney Injury  
**Dr. Rupesh Raina, USA**  
Management, Outcome and Prognosis of Acute Kidney Injury

**Moderators**  
**Dr. Kumud Pravin Mehta, India**  
Pediatric Nephrologist, Jaslok Hospital and Research Center, Mumbai  
**Dr. R N Srivastava, India**  
Consultant Pediatric Nephrologist, Apollo Hospitals, New Delhi

An informative and interactive session on "Acute Kidney Injury in Children" under IAP-GAPIO International Lecture Series was held at 09:00 PM IST to 10:00 PM IST on Friday, 24th December 2021 on a digital platform.

Reputed well known speakers, Dr. Arvind Bagga, Professor at ICMR Center for Advanced Research in Nephrology, Department of Pediatrics at All India Institute of Medical Sciences New Delhi, delivered the talk on "Definition, mechanism and etiology of Acute Kidney Injury" and Dr. Rupesh Raina, Adult-Pediatric Kidney Disease/Hypertension

Nephrologist at Akron Children's Hospital, and Akron General Medical Center at Cleveland Clinic Foundation, USA, delivered talk on "Management, outcome and prognosis of Acute Kidney injury". Dr. R N Srivastava, Consultant Pediatric Nephrologist, Apollo Hospitals, New Delhi moderated this session. Dr. Kumud Pravin Mehta, Pediatric Nephrologist, Jaslok Hospital and Research Center, Mumbai was the Chairperson during the session. The session was followed by 15 minutes' question and answer session.



## Session on "Next COVID Surge in India"

A comprehensive 60-minute session on "Next COVID Surge in India", was organized by The Indian Institute of Public Health (IIPH) Gandhinagar Gujarat in collaboration with GAPIO and CETI at 6:00 PM IST on Thursday, 23rd December 2021 on a digital platform through zoom.

Reputed well known speakers Prof. Giridhara R Babu, Professor and Head, Life Course Epidemiology, Public Health Foundation of India had delivered talk on "Review of COVID Epidemiology in India" and Dr. Manoj Jain, USA - Infectious disease and Epidemiology consultant, Rollins School of Public Health, Emory University Atlanta, USA, had delivered talk on "Next COVID surge in India-Lessons from Abroad". Prof. Dileep Mavalankar, Director IIPHG and Dr. Nandakumar Jairam, Vice President, GAPIO had done the welcome address.

The session was followed by 20 minutes' question and answer session.

**INDIAN INSTITUTE OF PUBLIC HEALTH GANDHINAGAR**

**CETI**  
Collaboration to Eliminate Tuberculosis among Indians

**GAPIO**  
Global Association of Physicians of Indian Origin

**A Special Webinar on**  
**NEXT COVID SURGE IN INDIA!**  
Thursday, December 23 | 06:00 PM - 07:30 PM

**Welcome Address | 06:00 PM - 06:10 PM**

**Prof. Dileep Mavalankar**  
Director, IIPHG

**Dr. Nandakumar Jairam**  
Vice President, GAPIO

**Key Speakers | 06:10 PM - 07:10 PM**

**Prof. Giridhara R Babu**  
Professor and Head,  
Life Course Epidemiology  
Public Health Foundation of India,  
India

**Prof. Manoj Jain**  
Infectious Disease and Epidemiology  
Consultant, Rollins School of  
Public Health, Emory University  
Atlanta, United States

**Topic: Review of COVID epidemiology in India**

**Topic: Next COVID surge in India: Lessons from abroad**

**Q & A | 07:10 PM - 07:30 PM**

**Global Association of Physicians of Indian Origin**  
www.gapio.in | LinkedIn Facebook Instagram YouTube

**5 Tips For Balancing Work, Life, And Wellness As A Physician**

1. Take care of your physical, mental, and emotional health
2. Imbibe time management skills
3. Prioritize your tasks
4. Take breaks when needed
5. Reassess and reset your lifestyle

## Tips for Physicians to maintain life balance

GAPIO is committed to the well being of Indian physicians and healthcare fraternity. Keeping this in mind, GAPIO shared tips on the social media for physicians to take care of themselves and have a balanced life.

The tips included the following

1. Take care of your physical, mental, and emotional health
2. Imbibe time management skills
3. Prioritize your tasks
4. Take breaks when needed
5. Reassess and reset your lifestyle

These guidelines can be utilized when there is a rigors of being a physician or a surgeon.

## Spreading a word

GAPIO always supports and encourages new developments in the medical field. Recently, I-Hub Foundation for Cobotics (IHFC), the Technology Innovation Hub (TIH) of Indian Institute of Technology Delhi (IIT Delhi) and iHub Anubhuti, the TIH of Indraprastha Institute of Information Technology Delhi (IIITD), signed an MoU to set up India's first Medical Cobotics Centre (MCC) at IIIT-Delhi.

The proposed MCC will be a technology-enabled medical simulation and training facility for the young resident doctors besides acting as a validation centre for the research outcomes for healthcare robotics and digital health.

The centre would also facilitate the training of other healthcare professionals, paramedical staff, technicians, engineers, and researchers.

GAPIO helped spread a word about this news on social media.

**Global Association of Physicians of Indian Origin**

India's first **Medical Cobotics Centre (MCC)** is being set up at IIIT-Delhi for promoting related advanced researches in the field of **medical simulation**. Cobotics is a neologism formed by the "collaborative" and "robotics" terms.

**DID YOU KNOW?**

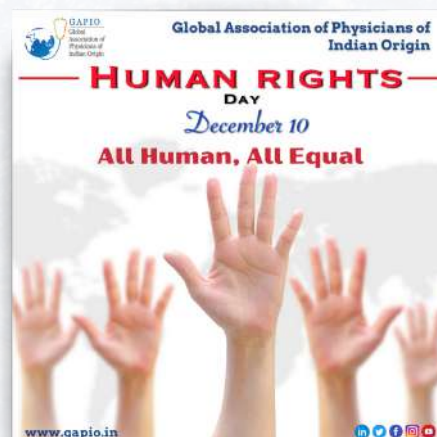
www.gapio.in



## SOCIAL MEDIA COVERAGE

### GAPIO celebrated Human Rights Day

On occasion of Human Right Day, GAPIO appealed all leaders and individuals in the world to come forward and rebuild a world that is better, fairer and without discrimination with equal rights, equal opportunities and equal respect to human life. GAPIO also asked to pledge for equality in all aspects of life.



### Universal Health Coverage Day

Healthcare is a fundamental human right and should be given to everyone, no matter the gender, caste or financial abilities.

Universal Health Coverage means all people, everywhere, can get access to affordable quality healthcare services as and when required without financial hardship.

It unifies services and makes these services available without being forced into poverty. The need for Universal Health coverage has been felt more than ever before. Healthcare has become extremely expensive especially in private sector. On Universal Health Coverage Day, GAPIO appealed and called upon world leaders to take strong steps and decisions for equitable health systems that leave no one behind.

### Season of Joy and Holidays

GAPIO wished all its members and people around the world a Merry Christmas and a Happy New Year 2022 through social media.

Wishing all Peace, Joy and good Health, to be a part of their lives today and always. GAPIO celebrated the season of joy and holidays around the world.





## GAPIO Honours' List December 2021

Under the new GAPIO initiative of Monthly Honors' focusing on GAPIO members' achievements and contributions to healthcare, academia, research, innovation, and community service locally and abroad, published the Honor's list for the month of December as below:



**Dr. Arun Prasad**, President of Obesity Surgery Society of India (OSSI), 2018-20 and President of International MGB-OAGB Club for Bariatric Surgery was invited as a Faculty for the FALS Bariatric 2021 Conference held at Kolkata from 3rd to 5th December 2021.

- Dr. Arun Prasad has also been invited to be part of the examining team for MRCS Part B OSCE – Delhi Hybrid – 17 January 2022.
- Dr. Arun Prasad has delivered talks on 'Why Robotic Bariatric Surgery - 10 Reasons' and 'Recent developments in MGB/OAGB' and also moderated session on 'MGB paradox. Good MGB, bad MGB, surgical technique and outcomes. The MGB done badly results in bad outcomes' during the National Bariatric and Metabolic Surgery Congress, held in Antalya from 18 to 21st November 2021.

**Dr. Ashish Aneja**, Internal Medicine consultant from Kurukshetra, India, received 'Best Doctor in Diabetes Care' award 2021 from RSSDI during Annual Conference of RSSDI 2021.

**Dr. Jugal Kishor Sharma**, Medical Director, Central Delhi Diabetes Centre, New Delhi conferred with 'Honorary Doctor of Science (D.Sc. Honoris Causa)' by Hemwati Nandan Bahugana Uttarakhand Medical Education University, Dehradun, state government university of Uttarakhand in the convocation held on 6th December 2021 at Dehradun.

**Dr. N Ramakrishnan**, Director, Critical Care Services, Senior Consultant in Critical Care & Sleep Medicine, Chennai and his team has published the following article:

- Impact of COVID-19 on non-COVID intensive care unit service utilization, case mix and outcomes: A registry-based analysis from India, published in journal Wellcome Open Research in November 2021

**Dr. (Prof) Rajesh Taneja**, Senior Consultant and Advisor, Urology Andrology and Robotic Surgery at Delhi, delivered a guest lecture on "Treatment of Interstitial Cystitis in 2021" during the session of 41st Congress of the Société Internationale d'Urologie (SIU), held in conjunction with the 10th Emirates International Urological Conference of the Emirates Urological Society (EUS) from November 10–14, 2021 in Dubai, United Arab Emirates.



**Dr. (Prof.) Raju Vaishya**, Sr. Consultant Orthopedic Surgeon at New Delhi has been elected as an Editorial Board Member of International Orthopaedics (SICOT) - A prestigious and high-impact Orthopaedic journal. Dr. Raju Vaishya has also published the following articles:

- Jain V, Iyengar KP, Botchu R, Vaishya R. Sacroiliac Joint Tuberculosis Revisited – A clinico-radiological review. J Clin Orthop Trauma 2021; 24:101707. Doi: 10.1016/j.jcot.2021.101707
- Reddy SS, Vaish A, Vaishya R. Fracture in an arthrodesed Charcot's knee joint. BMJ Case Rep 2021; 14:e246529. doi:10.1136/bcr-2021-246529
- Vaishya R. Success story of the Journal of Clinical Orthopaedics and Trauma continues. J Clin Orthop Trauma 2021; 24: 101728. Doi:10.1016/j.jcot.2021.101728
- Pawar N, Vaish A, Vaishya R. Core decompression and bone marrow aspirate concentrate injection for Avascular Necrosis (AVN) of the femoral head: A scoping review. J Clin Orthop Trauma 2021; 24: 101691. doi: 10.1016/j.jcot.2021.101691

**Dr. Ramesh Mehta**, UK, OBE, a renowned pediatrician of national and international repute, Fellow of RCPCH, Founder President of the British Association of Physicians of Indian Origin (BAPIO) and immediate past President of the Global Association of Physicians of Indian Origin (GAPIO), has been felicitated by Organizing Committee of International Conference of COMHAD and BAPIO UK for delivering Late Dr. VR Pandurangi oration with scroll of Honour on 12th December 2021.

**Dr. Sudhakar Jonnalagadda**, Immediate Past President of the American Association of Physicians of Indian Origin (AAPI), has been conferred with "Pravasi Bharatiya Samman Award (PBSA)" during the 16th edition of the Annual Pravasi Bharatiya Divas (PBD) Convention, held virtually on January 9th, 2021. Consul General of India, Atlanta Dr. Swati Kulkarni also felicitated Dr. Jonnalagadda with presentation of his award in a formal ceremony on December 1, 2021.

<https://www.nrpulse.com/in-recognizing-me-india-has-recognized-every-physician-around-the-globe-dr-sudhakar-jonnalagadda/>

<https://www.nrpulse.com/consul-general-presents-dr-sudhakar-jonnalagadda-with-his-pravasi-award-hosts-outreach-event-to-foster-ties-with-hispanic-community/>

**Padma Shri Dr. Sudhir M. Parikh**, Chairman of the Center for Asthma & Allergy Associates of Murray Hill, Chairman & Publisher-Parikh World Wide Media, ITV Gold (24/7 TV Channel) and Life Global, Patron Trustee and Senior Advisor of AAPI Charitable Foundation, Awardee - Pravasi Bharatiya Samman and Secretary General of Global Association of Physicians of Indian Origin (GAPIO), has been honoured with "Human Rights Leader of the Year Award" by New York City Administration and President of Manhattan Borough on 10th December 2021

**Dr. Tarun Gupta**, Consultant General and Laparoscopic Surgeon at HIMSR and HAHC Hospital, New Delhi has been awarded the "IMA NDB Award of Excellence" from Indian Medical Association New Delhi Branch on the occasion of IMA New Delhi Branch Accolade Convention held on 14th November, 2021 at Indian international Centre, New Delhi.

Dr. Tarun Gupta has also been selected as First Time Ever Executive Committee Representative from Department of General Surgery at Hamdard Institute of Medical Sciences and Research (HIMSR) and HAHC Hospital to the Delhi State Chapter of the Association of Surgeons of India and ratified in the GBM at SURGICON 2021 on 21 Nov 2021 at IHC.

**Dr. Varadaraj Velamoor**, Professor of Psychiatry, Western, Lakehead, and Laurentian Universities, Canada, has published the following article

Varadaraj R. Velamoor, Stephan C. Mann, Michel A. Woodbury, and Zack Z. Cernovsky; "Symptom Frequencies and Correlations with Temperature Variations in Suspected Cases of Neuroleptic Malignant Syndrome (NMS)" in European Journal of Medical and Health Sciences, November 2021