



Mental Health Support Helpline

Global Association of Physicians of Indian Origin

We are here for the Doctors!

Stay Connected with GAPIO's Mental Health Support Helpline

We aim to develop a more in-depth understanding of how doctors do and do not access mental healthcare from the perspectives of the doctors themselves.

- The recipient can go to <https://chennaiunited.org/helpline/> to enter his/her request. Alternatively, he/she can also call helpline number 72920 18816 anytime where his/her request will be taken on the phone in English, Hindi and Tamil.
- Whenever the peer support provider / counselor /advisor is available, they will log in to the platform and initiate a SMS to be sent automatically to the recipient/HCW.
- The recipient/HCW can then click the link received through the SMS and a video call will be initiated where they can talk to the peer support provider / counselor/advisor.

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World Lung Cancer Day

On the occasion of World Lung Cancer Day – 1st August, GAPIO highlighted importance of community action and early screening to prevent and treat lung cancer. Lung cancer is still a major cause of death, accounting for 25% of all cancer fatalities. It kills more people each year than colon, breast, and liver cancers combined, according to the World Health Organization. Throughout the year, 2.21 million new instances of lung cancer were diagnosed worldwide, with 1.80 million fatalities. Despite these worrisome figures, lung cancer rates are decreasing as a result of cigarette cessation efforts. The day provided an ideal opportunity to promote awareness for people who have been affected by lung cancer as well as effective measures to prevent it, the most essential of which is quitting smoking. GAPIO virtually underlined how the community can play a major role in lung cancer prevention by educating people about preventable risk factors and the necessity of early detection for the most effective treatment.



Poll of the month

GAPIO highlighted a frequently asked question this month in order to keep up with virtual communication. Is there a need to remove the "cancer" label from low-risk tumors to avoid alarming patients and overtreating? And the poll fetched an answer as "Yes"

Let's keep moving further with the mantra: "Nation First, Always First"

On the occasion of the Nation's 75th Independence Day GAPIO commemorated the Nation's resilient spirit and its ability to emerge stronger in all circumstances. On this day GAPIO remembered a hard and long struggle in which many freedom fighters and great men sacrificed their lives for our beloved motherland. GAPIO paid homage to our fearless leaders, honored their sacrifices and love for the nation as we moved further and embarked yet another year of Independence.



Session on Developmental Disorders 09:00 PM IST to 10:00 PM IST Saturday, 28th August 2021

A 60-minute comprehensive session on "Developmental Disorders" under IAP-GAPIO International Lecture Series was held live at 9:00 PM IST to 10:00PM IST on Saturday, 28th August 2021 on a digital platform.

IAP – GAPIO
International lecture series

Developmental Disorders

Saturday, 28th August 2021

9:00PM - 10:00PM (IST)
Corresponding Time:
8:30am PST, 10:30am CST, 11:30am EST, 4:30pm BST

CLICK HERE FOR REGISTRATION
(Limited seats join early) **Zoom**

IAP Leadership

GAPIO Leadership

Speakers:

- Dr. Tapomay Banerjee, UK**
Speaker, What is autism and What is ADHD?
- Dr. Samir Dalwai, India**
Speaker, Management of Autism and ADHD
- Dr. Anjan Bhattacharya, India**
Moderator, Developmental Pediatrician, Head - Child Development Center, Apollo Hospitals, Kolkata
- Dr. Olaf Kraus de Camargo, Canada**
Concluding remarks, When and what is best Early Intervention

Chairperson:
Dr. Monica Juneja, India
Director and Head of Child Development Center, MAMC, New Delhi

If unable to view on zoom, join us
Go to diapindia.org/event-calendar or [click here](#)
Go to gapiio.in/event-detail or [click here](#)

Reputed well known speakers, Dr. Tapomay Banerjee, Consultant Community Pediatrician working at Cambridgeshire Community Services NHS trust, UK have covered "What is autism and What is ADHD?" and Dr. Samir Dalwai, Developmental Behavioral Pediatrician from India have covered "Management of Autism and ADHD".

The session was moderated by Dr. Anjan Bhattacharya, Developmental Pediatrician and Head Child Development Center, Apollo Hospitals, Kolkata and was Chaired by Dr. Monica Juneja, Director and Head of Child Development Center, MAMC, New Delhi, India.


Dr. Olaf Kraus, Associate Professor, Department of Pediatrics at McMaster University, Canada covered "When and what is best Early Intervention" during the concluding remarks.

The session was followed by 15 minutes' question and answer session.


Mental Health Support Helpline

The second wave of COVID-19 has caused significant challenges with medical, nursing and allied healthcare workers experiencing stress, depression and distress during the discharge of their duties towards patient care.


Ensuring mental wellbeing of Healthcare Workers (HCWs) is of prime importance to the Global Association of Physicians of Indian Origin (GAPIO) as well as its collaborating partners - the American Association of Physicians of Indian Origin (AAPI), the British Association of Physicians of Indian Origin (BAPIO), the Canada India Network Society (CINS), Canadian Association of Physicians of Indian Heritage (CAPIH), Australian Indian Medical Graduates Association (AIMGA), Indian Psychiatric Society (IPS), British Indian Psychiatric Association (BIPA), Chennai United and Health Net Global (HNG). Together these organizations launched the Mental Health Helpline for HCW's facing mental health issues.




GAPIO
Global
Association of
Physicians of
Indian Origin
Improving Health Worldwide....



GAPIO offers a free and confidential service for any registered medical practitioner working within India.




The service is available to doctors as well as our healthcare workers.



Just dial the helpline number+917292018816.


Our support helpline is available in major 3 languages - English Hindi and Tamil.





There is always someone you can talk to and GAPIO holds the reputed counselors from India and overseas that will provide you with the needed support.





Reputed counsellors from India and overseas will provide support














GAPIO Honours' List August 2021

Under the new GAPIO initiative of Monthly Honors' focusing on GAPIO members' achievements and contributions to healthcare, academia, research, innovation, and community service locally and abroad, published the Honor's list for the month of August as below:



DR. ARUN PRASAD, Senior Consultant Surgical Gastroenterology, Bariatric and Robotic Surgery, Academic Advisor & Clinical Tutor, Department of Surgery at Indraprastha Apollo Hospitals, New Delhi, President of Obesity Surgery Society of India (OSSSI), 2018-20 and President of International MGB-OAGB Club for Bariatric Surgery; has received the Certificate of Recognition for his remarkable and worthy oral presentation on "OSSSI Recommendation for Bariatric and Metabolic Surgery Practice During the COVID-19 Pandemic at 3rd Edition of Global Webinar on Endocrinology and Diabetes on 20-21 July 2021.

DR. ARNAB NANDY, Pediatrician from Kolkata, has published the following articles:

- Acute Onset Flaccid Paralysis as Presentation of Combined Central and Peripheral Demyelination in a Child: A Case Report published in Asian Journal of Pediatric Research; June 12, 2021, <https://www.journalajpr.com/index.php/AJPR/article/view/30182>
- Newborn joint mechanics published in Journal of Maternal-Fetal and Neonatal Medicine; August 10, 2021; <https://pubmed.ncbi.nlm.nih.gov/34376101/>

DR ARUN SHAH, Senior Pediatrician from Muzaffarpur-India, has organized various camps and awareness campaign for 3rd wave of COVID-19 organized during the month of July 2021 in and around the vicinity of Muzaffarpur:

- 01-7-21: An aggressive awareness campaign for COVID vaccine and corona appropriate behaviour has been launched by Dr ARUN SHAH FOUNDATION with an aim to vaccinate maximum number of eligible people in rural area where there is lot of confusion regarding safety and efficacy of vaccine
- 05-07-2021 – Free Medical Camp and Awareness campaign by Dr. Arun Shah Foundation
- 16-7-21 – Awareness campaign regarding COVID-19 Vaccine and distribution of free masks and soaps
- 19-7-21: Dr Arun shah foundation is reaching people in far flung villages for awareness in prevention of impending 3rd wave of COVID19 PANDEMIC and distributing food packet almost on daily basis to poorest of poor in flood affected region.

PROF. BK KISHORE, Academician, Innovator and Entrepreneur of Salt Lake City, Utah:

- Received an Outstanding Editor Award in Physiology Journal, Pens Pandemic Gitanjali
- Prof. Kishore has Developed Promising Treatment for Obesity, Signs Exclusive Patent License- a freshly patented purinergic signaling technology. The technology enables a new way to deliver drugs that act on the P2Y2 purinergic receptor, a G protein-coupled receptor, which can treat lithium-induced nephrogenic diabetes insipidus, as well as diet-induced obesity, the most common cause of obesity worldwide.

DR. KANDAMARAN KRISHNAMURTHY, Consultant Pediatric Intensive Care Unit at Queen Elizabeth Hospital, Barbados and Senior Associate Lecturer in Pediatrics, Faculty of Medical Sciences, Cave Hill Campus, The University of the West Indies, St. Michael, Barbados, Consultant Pediatrician at ARS Medicae, 6th Avenue, Belleville St Michael Barbados; has been honoured with "Fellow of American college of Critical care Medicine (FCCM)" by society of Critical care medicine.

DR. MANJULA OCONNOR, Psychiatrist from Beaumaris, Australia has been Conferred with title of "Adjunct Professor University of New South Wales (UNSW) School of Social Sciences" in July 2021.

Reappointed as "Chair - Family Violence Psychiatry Network" at the Royal Australian New Zealand College of Psychiatrists.

DR. N. RAMAKRISHNAN, Director, Critical Care Services, Senior Consultant in Critical Care & Sleep Medicine, Apollo Hospitals, Chennai published the follows papers:

Publications:

- Dr. Bharath Kumar Tirupakuzhi Vijayaraghavan, Dr. Nagarajan, Ramakrishnan; COVID-19 symptoms at hospital admission vary with age and sex: results from the ISARIC prospective multinational observational study; ISARIC Clinical Characterisation Group, Research article, Infection, July 2021
- Dr. Devachandran Jayakumar, Dr. Pavan Kumar Vecham, Dr. Bharath Kumar Tirupakuzhi Vijayaraghavan Dr. Nagarajan Ramakrishnan; ISARIC Clinical Data Report Clinical Data report, BMJ Yale medRxiv, Jul 2021
- Dr. Bharath Kumar Tirupakuzhi Vijayaraghavan, Dr. N. Ramakrishnan, Dr. Ajay Padmanabhan; Higher vs lower doses of dexamethasone in patients with COVID-19 and severe hypoxia (COVID STEROID 2) trial: Protocol and statistical analysis plan Research article Acta Anaesthesiologica Scandinavica, July 2021

Chapters in Books

- Chapters on "Cardiovascular coupling - Relevance in critical care" and "Patient self-inflicted lung injury" published in book "Critical care update 2021" by Jaypee Brothers Medical Publishers (p) Ltd. New Delhi, India in July 2021
- Invited examinership: Indian Fellowship in Critical Care Medicine, Conducted by Indian Society of Critical Care Medicine on 3rd July 2021
- Dr. Ramakrishnan conducted a meeting as a National Co-ordinator "Practical aspects of ECMO" on 8 July 2021.

DR. RAJEEV GOEL, General Surgeon at Shri Tirupati Hospital, Ghaziabad-India has been elected as "Hony Secretary of IMA UP STATE" for the year 2021-23.

DR. (PROF.) RAJU VAISHYA, Sr. Consultant Orthopedic Surgeon at Indraprastha Apollo Hospitals, New Delhi

- Dr. Raju Vaishya has been appointed as an International Faculty & Visiting Professor in Arthroplasty and Arthroscopy, at Chitwan Medical College, Nepal.
- Publications:
- Vaishya R, Sibal A, Singh SK et al. ChAdOx1 n-COV 19 Vaccine protected against severe infection caused by the Variants. Mayo Clinic Proceedings August 2021; doi: 10.1016/j.mayocp.2021.07.016.
- Vaish A, Sharma D, Vaishya R. Pre-print: already the bride or still the bridesmaid? Postgrad Med J 19th August 2021; doi: 10.1136/postgradmedj-2021-140852
- Vaish A, Vaishya R. Predatory Journals – Alarming danger to the Society. J Clin Orthop Trauma 2021; 21:101507. doi: 10.1016/j.jcot.2021.101507
- Saad A, Iyengar KP, Vaishya R, Botchu R. The Incidence and Management of Isolated Greater Trochanteric Fractures – A Systematic Review of 166 cases. J Clin Orthop Trauma 2021; 21:101537. doi: 10.1016/j.jcot.2021.101537
- Vaishya R, Sibal A, Arpita M, Hariprasad K. SARS-CoV-2 infections after COVID-19 immunization in Health care workers– A retrospective, case cohort study. Indian J Med Res 2021; doi: 10.4103/ijmr.ijmr_1485_21
- Srinivas KBS, Vishwanathan K, Patralekh MK, Vaishya R. Data for Orthopaedic Surgeons. J Clin Orthop Trauma 2021; 21:101505. doi: 10.1016/j.jcot.2021.101505
- Vaishya R, Sibal A, Sharma H, Singh SK. Lack of vaccination and associated comorbidities predispose to the need for intensive care in individuals infected with the Delta variant – A case cohort study from a Tertiary Care Hospital in New Delhi, India. Diabetes & Metabolic Syndrome: Clinical Research & Reviews 2021; 15: 102203. Doi: <https://doi.org/10.1016/j.dsx.2021.102203>
- Mlcochova P, Kemp S, Dhar MS, Vaishya R et al. SARS-CoV-2 B.1.617.2 Delta variant emergence and vaccine breakthrough. Research Square. 2021; DOI: <https://doi.org/10.21203/rs.3.rs-637724/v1>
- Iyengar KP, Jain VK, Ish P, Vaishya R. Impact of second wave of COVID-19 on health care workers in India. Apollo Med 2021; 18: S12-16.
- Vaishya R. Prathap Chandra Reddy: The Visionary who Transformed Private Healthcare in India. Indian J Med Sc 2021; doi: 10.25259/IJMS_403_2021
- Vaish A, Vaishya R. Multiple infarcts around the knee in a middle-aged female. Apollo Medicine 2021;10.4103/am.am_53_21

Presentations:

- Prosthetic Joint Infections- A clinician's perspective. HISICON 2021. 31st July 2021
- Joint preservation and Arthroplasty techniques. Webinar on Orthopedic Innovations in India. Transdisciplinary Research Cluster on Frugality Studies (TRCFS). 28th July 2021

GAPIO Member **Dr. Varadaraj Velamoor** who is Professor of Psychiatry, Western, Lakehead, and Laurentian Universities, Canada, has published a novel titled “The Reunion”

The Reunion tells the story of six boys who grew up in the sixties in Hyderabad. It chronicles their separate journeys as they navigate differences in caste, class, culture, religion and politics in various communities and continents. They meet for a reunion fifty-five years later in the USA. Will their friendship endure the test of time?

