

ISSUE

**08-09**

April-June 2015

July - September 2015

in this Issue

# GAPIO *TIMES*

Global Association of Physicians of Indian Origin

## *Improving Health Worldwide*

### *In this Issue*

Page No.	Topic
1	Message from Dr. Sanku Rao, President, GAPIO
	Message from Dr. Anupam Sibal, Secretary General, GAPIO
2	Report on Mid-Year Conference held at Leicester, UK
3	Message from Dr. Ramesh Mehta Vice President, GAPIO Editorial: Dr. Bipin Batra
4	Special focus on Mid-Year conference at Leicester, UK
5	Community Projects: Free Health Check-Up Camp at Jasola, New Delhi

Page No.	Topic
	Community Projects: Free Eye Camp at Saluja Hospital, Secunderabad
6	Member's Corner Manmohan Harjai
	Member's Corner V.K. Raju
7	BAPIO Awards 2015
	Executive Committee of GAPIO
8	Contact us



#### ***Message From Dr. Sanku Rao, President, GAPIO***

I would like to thank the organisers of Mid-Year conference, jointly organised by Global Association of Physicians of Indian Origin (GAPIO) and British Association of Physicians of Indian Origin (BAPIO), held on 27th -28th June 2015 at Hotel Holiday Inn at Leicester, UK.

More than 200 delegates from USA, UK, Canada, Russia, Australia and India attended the conference.

Theme of the conference was "Think Globally Act Locally – Mantra of promoting patient care" Experts from various specialities discussed topics involving the global burden of chronic diseases including diabetes, cancer, paediatric diseases and mental health disorders. There were panel discussions on Ethics and Professionalism and Global curriculum for medical education and training.

The conference provided an excellent opportunity for members of BAPIO and GAPIO to connect in the historical city of Leicester.

See you in January 2016 at Annual conference of GAPIO at Bangalore.



#### ***Message From Dr. Anupam Sibal, Secretary General, GAPIO***

Midyear conference at Leicester, UK was very well organized. We have started preparations for VI Annual conference of GAPIO at Bangalore. On behalf of Executive Committee of Global Association of Physicians of Indian Origin (GAPIO), I am delighted to invite the distinguished delegates to attend the VI Annual conference of Global Association of Physicians of Indian Origin (GAPIO), scheduled to be held on 9th – 10th January 2016 at Hotel Sheraton Bangalore.

More than 50 International and National faculty will converge at Bangalore to share their knowledge on various topics on Non Communicable Diseases as well as on non-clinical topics.

GAPIO is growing exponentially since its inception since 2011. It has now representation from 30 countries.

In order to serve the society, GAPIO has organised a "Free Health screening camp for Cardiovascular risk assessment" on 18th April 2015 at Jasola, New Delhi, and "Free Eye Check-up Camp" at Saluja Hospital, Secunderabad on 3rd May 2015. More than 300 people below poverty line were benefitted during these camps.

GAPIO has partnered with the V International Patient Safety Congress, which was held on 16th – 17th October 2015 at The Lalit Ashok, Bangalore. Asian Safety Awards 2015 were given under various categories for all Healthcare Units, Hospitals, Clinics and Integrated providers.

## Report on Mid-Year Conference held at Leicester, UK

Mid-Year conference of Global Association of Physicians of Indian Origin (BAPIO) and British Association of Physicians of Indian Origin (BAPIO) was jointly organised on 27th – 28th June 2015 at Hotel Holiday Inn at Leicester, UK.

Theme of the conference was “Think Globally Act Locally – Mantra of promoting patient care” which depicts the focus was on improving patient care with major concern on ensuring affordable access to the quality of health care for all.

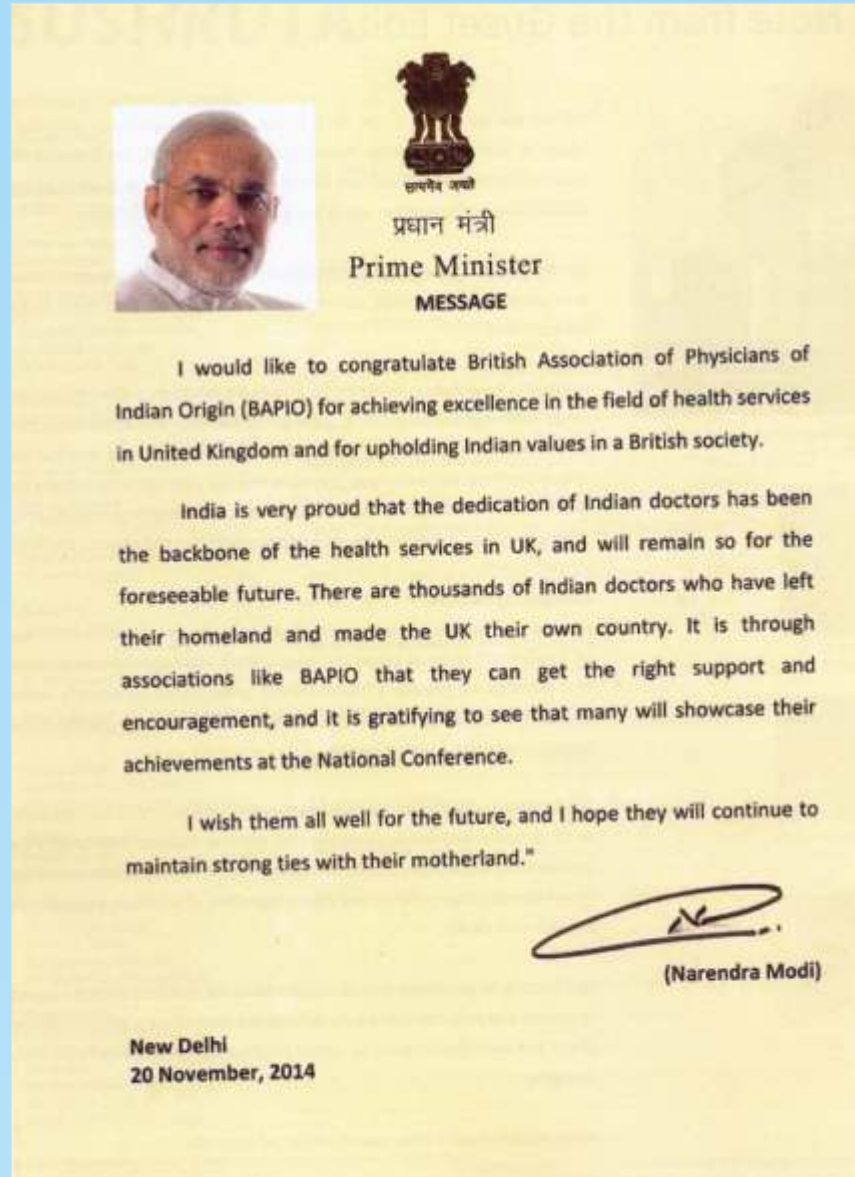
Renowned National and International faculty covered clinical sessions comprising of Cardiology, Surgery, Oncology, Diabetes, Women & Children, Mental Health and Orthopaedics. There were also clinical sessions on “Changing face of healthcare in India”, “Celebrating Global Contributions of Indian Doctors” and “Global Curriculum for Medical Education and Training: Opportunity or Threat?” which were highly appreciated by delegates.

Conference was inaugurated by Lord Mayor of Leicester.

Message received from Shri. Narendra Modi, Hon’ble Prime Minister of India wishing success to the conference was read during the evening function. Dr. Prathap C. Reddy, Founder President of GAPIO, Guest of Honour, Dr. Virander Paul, the Deputy High Commissioner of India, Dr. Sanku Rao, President, GAPIO, Prof. Anupam Sibal, Secretary General, GAPIO addressed the delegates during the evening function.

In order to bring awareness about Obesity and nutrition, a “BAPIO - GAPIO Health Walk (One-mile walk)” was organised at 8:00 AM on 28th June, 2015 with “Wear Yellow” Theme.

BAPIO Awards were conferred to Prof. Anupam Sibal, Secretary General GAPIO, Group Medical Director, Apollo Hospitals Group for promoting Excellence in Patient Safety and Quality, Dr. Nandakumar Jairam, Joint Secretary GAPIO, Chairman Columbia Asia Group for Contribution to International Health care, Prof. Bipin Batra Executive Director NBE for Promoting Post Graduate Education and Dr. Suresh Dubhashi, Director Vintage Hospital Goa for Contribution to the Health Care in India.



## Message from Dr. Ramesh Mehta Vice President, GAPIO



**Mid-Year conference, jointly organized by Global Association of Physicians of Indian Origin (GAPIO) and British Association of Physicians of Indian Origin (BAPIO), held on 27th – 28th June 2015 at Leicester UK was a great success.**

Doctors across the world gathered to discuss the improvement in Global Health with major concern on ensuring affordable access to the quality of health care for all.

Leicester is a multicultural city and has set a very good example of assimilation of people from the Indian Sub-Continent and indigenous population. People from Indian Sub-Continent play a major role in medical education and provision of healthcare.

Organizing committee had worked tirelessly to come up with a two day scientific program attracting speakers from USA/Canada on the west to Hong Kong on the east and Russia on the north to Australia down under and India too.



**Editorial from Prof. (Dr.) Bipin Batra, Editor**

Preston demonstrated the association between National Growth (Income per head) and life expectancy in 1930's as a curvilinear graph, Subsequent studies and work on the Preston Curve, have revealed that relationship between economic growth and health is not only correlational but causal as well. Documented research revealed that an increase of 1% in the life expectancy led to an average increase of 6% in the overall GDP and 5% increase in the GDP per capita.

There are studies that document that causative relationship between health and income levels with the casualty of health adversely impacting the income levels. This is a vicious circle in itself, with both factors chasing each other and well planned policy initiatives sustained over years can produce demonstrable outcomes for removing poverty and improving lives of population in various countries especially those in the low and middle income categories.

The Millennium Development Goals (MDG's) attain their deadline in December 2015 and pave way for replacement by Universal Sustainable Development Goals (SDG's) as part of the post 2015 development agenda at UN General Assembly in September 2015; the new agenda aims to maintain the momentum of the MDG's and carry forward the agenda of poverty alleviation and improving quality of life for all.

India has undertaken steps and achieved variable success towards reaching the individual Millennium Development Goals MDG's. As per official estimates poverty reduction by half has been achieved, while for goal 2, India lags significantly in achieving universal primary school education and completion of universal youth literacy. A consensus on empowering woman through wage employment and political participation is yet to be achieved to its promised magnitude. Significant progress has been achieved in attaining the mission critical goals of achieving a reduction of Infant and Child mortality, against a target of two-thirds reduction in under-five mortality, India has achieved 55% reduction in under 5 mortality. India has achieved 66% reduction in the MMR against targeted 75% as per the WHO data published recently. A reduction of HIV prevalence from 0.47% to 0.25% has been achieved towards goal 6. The National Vector Borne Disease Control Programme and the RNTCP are targeted towards achieving reversal of the incidence of malaria and control of Tuberculosis.

The Swachh Bharat Abhiyan and National Rural Drinking water programme is key to achieve targets Goal 7 aimed towards improving access to adequate sanitation and elimination of open defecation. While, the Government has reaffirmed itself to the cause of achieving the objectives and implementing these programmes as thrust areas, the quantum of funds allocated, efficacy of the state machinery and people's proactive participation in these programmes is the key to achieve success.

Members of GAPIO should come forward to make contribution as we transcend from MDG's to SDG's in latter part of this year, let's reaffirm the participation of civil society through individual and institutional mechanisms to work towards attainment of the objectives identified.

## Special Focus on Mid-Year conference at Leicester, UK



Lord Mayor of Leicester, Dr. Prathap C Reddy, Dr. Sanku Rao, Dr. Gautam Bodiwala, Prof. Anupam Sibal, Dr. Virander Paul, Dr. J S Bamrah and Dr. Ramesh Mehta



Dr. G. Bodiwala receiving memento from Dr. Prathap C. Reddy, Founder President GAPIO



Dr. Prathap C Reddy, Founder President GAPIO addressing the delegates



Prof. Bipin Batra, Editor GAPIO Times, Executive Director, National Board of Examinations receiving award from Dr. Ramesh Mehta, President BAPIO



Prof. Anupam Sibal, Secretary General GAPIO Addressing the delegates



Dr. Mukul Varma, Speaker receiving memento from Dr. Ramesh Mehta, President BAPIO and Vice President GAPIO



Dr. P.N. Renjen receiving memento from Dr. Ramesh Mehta



Delegates attending the session

## Community Projects

### Free Health Check-Up Camp at Jasola, New Delhi

A free Medical Health Check-up camp was organised by Global Association of Physicians of Indian Origin (GAPIO) in collaboration with Remedial Foundation from on 18th April 2015 at Allahabad Bank Jasola Branch New Delhi.

The objective of the camp was to undertake screening of population against Diabetes, Cardio-vascular risk assessment and Osteoporosis. The screening included measurement of Blood Pressure, Blood Sugar Random, ECG and Bone densitometry test followed by consultation by the Physician and Physiotherapist.



ECG Test being conducted by technician Doctor Examining the patient

### Free Eye Camp at Saluja Hospital, Secunderabad

A free Eye Camp was organised by Global Association of Physicians of Indian Origin (GAPIO) and Kesar Charitable Centre on 03rd May 2015 at Saluja Hospital, Secunderabad.

80 patients were examined by Dr. T.S. Sachidanandam, GAPIO Member.



Dr. T. S. Sachidanandam Examining the patient Technician conducting eye test

## Member's Corner

### Dr. Manmohan Harjai (India)

Celebration of International Yoga day at Peer Khoh grounds at Jammu with Indian Red Cross Society Jammu Division on 21st June 2015

To celebrate World Yoga Day, Indian Red Cross Society, Jammu Region in association with Aaradhaya Yoga Trust, Nirvana Academy and other likeminded organizations celebrated International Day of Yoga with demonstration of yogic postures and practice with a theme of "Yoga for Harmony and Peace" at Peerkho Park, Circular Road, Jammu in which large number of Sadhaks participated. Rajesh Gupta, MLA Jammu East was the chief guest, while as RC Puri, Secretary, Indian Red Cross Society, Jammu Region, Mahant Ravi Nath of Peerkho, Vipin of Aaradhaya Yoga Trust, Jagdish Raj Shastri, Brig MM Harjai (GAPIO Member), Sita Ram Sharma, Dinesh Gupta, Executive Members of Indian Red Cross Society, Jammu Region, Aushutosh of Nirvana Academy and Neelam, Coordinator of SehajYog were also present.



### Dr. V. K Raju (USA)

#### Sounding the alarm bells over diabetes in India

Quietly, but steadily India-born Dr V K Raju has created a movement focusing on the urgency of containing the potential diabetes epidemic in India. The International Diabetes Federation estimates that nearly 20 percent of the world's population with diabetes (61.3 million people) lives in India, and therefore, Dr Raju's volunteer work in India takes immense significance.

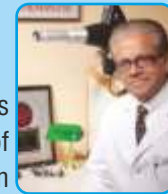
All his volunteer work in India and elsewhere is done through the non-profit Eye Foundation of America, which focuses on corrective and preventive medical procedures on eye and outreach in remote areas of the developing world, where there is no medical care or its cost prohibitive.

Dr Raju recently expanded the program of voluntary services to reach 100,000 diabetics in India and in West Virginia. Quoting a report in the Australian Medical Journal, Dr Raju says, "India currently faces an uncertain future in relation to the potential burden that diabetes may impose upon the country."

Dr Raju's humanitarian work began in 1977, shortly after he accepted a faculty position at West Virginia University. "I went on a vacation to India, and a farmer came to show his eyes to me, and I did not have any instruments [to treat him]," he said. Two years later, Dr Raju began making annual "eye relief" trips to India, recruiting other doctors and eyecare professionals to come with him. Through these "eye camps," Dr Raju and his team were able to provide much-needed care to large numbers of patients without the need for them to travel to a hospital- overcoming a major obstacle in the delivery of healthcare in India.

Dr Raju says he experienced incredible changes in medical practices in India during the last 30 years, but also stressed the need for healthcare systems around the world to focus on prevention and primary care, rather than just tertiary or specialty care. "There are three solutions for every problem," he said. "The first is education, the second is education, and the third is education." Dr Raju emphasized the need to educate patients, physicians, and politicians alike to ensure efficient healthcare delivery. Patient education is one of the biggest challenges he faces as an ophthalmologist, both in the US and the developing world.

Dr Raju is actively involved with the Global Association of Physicians of Indian Origin (GAPIO) and its US president Dr Sanku Rao. GAPIO represents about 1.2 million physicians of Indian origin, working in India and globally and focuses on improving healthcare standards.



## Executive Committee of GAPIO



**Dr. Prathap C Reddy**  
Founder President  
& Emeritus Advisor



**Dr. Sanku S. Rao**  
President



**Dr. Ramesh Mehta**  
Vice President



**Dr. Nandakumar Jairam**  
Joint Secretary



**Dr. Anupam Sibal**  
Secretary General



**Dr. Sudhir Parikh**  
Treasurer



**Dr. G Balreddy**  
Authorized Signatory



**Dr. G Bodiwala**  
Member



**Dr. Sukumar Mukherjee**  
Member



**Dr. Ramakanta Panda**  
Member



**Dr. Hemant Patel**  
Member



**Dr. Shailja Chaturvedi**  
Member



**Dr. Om P Ganda**  
Member



**Dr. Nirmal Ganguly**  
Member



**Dr. Rohini Sridhar**  
Member



**Dr. Arun Garg**  
Member



**Dr. Bhupinder Sandhu**  
Member

## British Association of Physicians of Indian Origin (BAPIO) Awards 2015



Prof. Anupam Sibal Secretary General GAPIO, Group Medical Director Apollo Hospitals Group was conferred the BAPIO Award for promoting excellence in Patient Safety and Quality



Dr. Nanda Kumar Jairam Joint Secretary GAPIO, Chairman Columbia Asia Group was conferred the BAPIO Award for Contribution to International Health Care



Dr. Suresh Dubhashi, GAPIO Member, Director Vintage Hospital was conferred the BAPIO Award for Contribution to Healthcare in India

British Association of Physicians of Indian Origin (BAPIO) is a national voluntary organisation established in 1996 in UK that represents doctors of Indian Origin from Indian Sub-continent.

Prof. Anupam Sibal, Secretary General, Global Association of Physicians of Indian Origin (GAPIO), Group Medical Director, Apollo Hospitals Group, was conferred the BAPIO Award for promoting excellence in Patient Safety and Quality. The award was presented by Dr. Virander Paul Deputy High Commissioner of India in the UK on 27th June 2015 at the BAPIO Conference at Leicester, UK.

Dr. Nanda Kumar Jairam, Joint Secretary GAPIO, Chairman Columbia Asia Group was conferred the BAPIO Award for Contribution to International Health care, Dr. Suresh Dubhashi, GAPIO Member and Director Vintage Hospital Goa was conferred the BAPIO Award for Contribution to Healthcare in India and Prof. Bipin Batra, Editor GAPIO Times, Executive Director, National Board of Examinations was also conferred award at the conference.

Dr. Prathap C Reddy, Chairman Apollo Hospitals Group and Founder President of Global Association of Physicians of Indian Origin (GAPIO), Dr. Sanku Rao – President GAPIO, Dr. Ramesh Mehta – President BAPIO and Vice President GAPIO and many more distinguished doctors were present at the award ceremony.



**GAPIO**  
Global  
Association of  
Physicians of  
Indian Origin

*Improving Health  
Worldwide....*

**GAPIO has now representation from 30 countries and 25 states from India.  
You can make the difference "Join GAPIO Today"**

## GAPIO VI Annual Conference

Clinical and Non clinical sessions

20 International & National Speakers

More than 300 delegates will attend from USA, Australia, Canada, Middle East, Africa, UAE and India

09<sup>th</sup> - 10<sup>th</sup> January 2016  
Venue :  
Hotel Sheraton, Bengaluru

GAPIO OFFICE BEARERS

Dr. Prathap C. Sathy, India  
Founder President and Emeritus Advisor  
Dr. Sarita Suresh Rao, USA  
President  
Dr. Ramesh Malvi, UK  
Vice President  
Dr. Sivaprasad Sivas, India  
Secretary General  
Dr. Nandakumar Jairam, India  
Joint Secretary  
Dr. Neelam Parikh, USA  
Treasurer  
Dr. Gopal Kishore Reddy, India  
Authorized Signatory

**Sessions :**

- Cardiology
- Endocrinology - Diabetes Mellitus
- Neurosciences
- GI and Oncology
- Organ Transplant (Liver and Kidney)
- Child Health and Nutrition
- Gynecology / OBG
- GAPIO Impact

**Panel Discussions :**

- Patients Safety and Ethics
- GAPIO initiatives to improve community health
- Healthcare outside the Hospital
- Telemedicine

**Registration details**

<p><b>Members</b></p> <p>Before 31<sup>st</sup> Dec 2015 ₹ 1,250/- After 31<sup>st</sup> Dec 2015 ₹ 2,500/- On spot registration ₹ 2,500/-</p>	<p><b>Non Members</b></p> <p>₹ 2,500/- which includes Membership of GAPIO and free registration</p>	<p><b>*Students</b></p> <p>₹ 1,000/- which includes Membership of GAPIO and free registration</p>
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\*Eligibility : Fresh Medical Graduates, Residents who have passed in 2014 & Current DNB Trainees  
Note : Registration fee includes Participation, Dinner and Entertainment Program on Day 1, Lunch on Both Days and Breakfast on Day 2  
Facility for online registration and remittance of fee through Credit / Debit Card

For Online registration, accommodation and more details, please log on to: [www.gapio.in](http://www.gapio.in)

**Conference Secretariat:**  
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Dr. Nandakumar Jairam (Organizing Chairman)  
Dr. Pradeep Rangappa (Organizing Secretary)  
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