

GAPIO *TIMES*

Global Association of Physicians of Indian Origin

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Message from Dr. Sanku Rao, President, GAPIO

On behalf of Global Association of Physicians of Indian Origin (GAPIO), I would like to welcome all of you to the Mid-Year conference jointly organised by British Association of Physicians of Indian Origin (BAPIO) and Global Association of Physicians of Indian Origin (GAPIO), scheduled to be held on 27th and 28th June, 2015 at Leicester, UK.

Theme of the conference is "Think Globally Act Locally – Mantra of promoting patient care". This conference will bring together experts in various specialty fields to discuss the current challenges that doctors of Indian origin face globally. It will focus on various issues including 'Changing Face of Health care in India', 'Celebrating Global Contributions of Indian Doctors', 'Ethics and professionalism central to protecting patient safety' and 'Global Curriculum for Medical Education and Training: - Opportunity or Threat?'

The conference provides an excellent opportunity to connect with fellow members over a rich academic and cultural programme in the historical city of Leicester.

I hope to see you and I look forward to meeting each and every one of you at Leicester, UK.



Message from Dr. Anupam Sibal, Secretary General, GAPIO

It gives me immense pleasure to welcome you all to the Mid-Year conference jointly organised by British Association of Physicians of Indian Origin (BAPIO) and Global Association of Physicians of Indian Origin (GAPIO), on 27th and 28th June, 2015 at Leicester, UK.

Since its inception GAPIO has grown exponentially to achieve its aims and objectives. GAPIO has now representation from 30 countries. Many charitable projects are running under the banner of GAPIO including Total Health project at Aragonda, Charitable Clinic and Swaasth India Web Portal (initiative developed jointly by GAPIO with BAPIO, AAPI and Ministry of Health, Government of India).

The V Annual conference of GAPIO at Chandigarh was a great success. More than 300 delegates attended the conference. Renowned National and International faculty covered seven clinical sessions comprising of Cardiac Sciences, Gastroenterology and Liver Transplantation, Diabetes, Paediatrics, Neurosciences, Nephrology and Kidney Transplantation and Oncology which were highly appreciated by delegates.

Messages were received from Shri. Narendra Modi, Hon'ble Prime Minister of India and Shri. J. P. Nadda, Hon'ble Union Minister of Health and Family Welfare on the eve of the conference. These were read out during the evening function. Dr. Prathap C. Reddy, Founder President of GAPIO addressed the delegates through videoconference.

Life Time Achievement Award was conferred on two distinguished personalities, Dr. Vinay Aggarwal from India and Dr. Gautam Bodiwala from UK in recognition of their significant contribution to healthcare in India and overseas.

GAPIO Service Excellence Award were conferred on eight doctors from different states in India for their contribution to community service and enhancement of membership of GAPIO.

On behalf of Executive Committee of GAPIO, may I extend a warm welcome to an exciting conference.

Report on V Annual conference of GAPIO at Chandigarh.

V Annual conference of GAPIO was held on 10th – 11th January, 2015 at Chandigarh

More than 300 delegates from overseas and India attended the Conference. Many pragmatic decisions were taken during the Executive Committee meeting held on 10th January 2015. Dr. Sanku Rao, President - GAPIO shared his views with members of Executive Council and members of President's Council regarding "Total Health project" at Aragonda and summarized his plans about other areas which are important like control of NCDs, Dialysis in Chronic Kidney disease, Obesity etc. Dr. Ramesh Mehta emphasised the need to create a forum for young physicians under the banner of GAPIO. He also emphasized the role of communication through electronic media. The Executive Committee approved formation of certain committees i.e. Committee on National health policy and code of ethics, Committee on Swachh Bharat Abhiyan, Committee on Training and Research, Committee on Disaster Management, Committee on Leadership Training, Committee on Communication and web portal - swaasthIndia.gov.in, Committee on GAPIO Awards and Relationship with various physician associations in. Special Invitees to the President's Council shared their views and ideas to take forward the agenda of GAPIO.

Renowned National and International faculty covered seven clinical sessions comprising of Cardiac Sciences, Gastroenterology and Liver Transplantation, Diabetes, Paediatrics, Neurosciences, Nephrology and Kidney Transplantation and Oncology which were highly appreciated by delegates.

Joint press conference was addressed by Dr. Sanku Rao, President – GAPIO, Dr. Ramesh Mehta, Vice President – GAPIO and Dr. Anupam Sibal, Secretary General – GAPIO along with the leadership of IMA, Dr. Marthanda Pillai, President IMA and Dr. K. K. Aggarwal, Honorary Secretary General IMA.

Just few hours before the start of evening function, Shri. Parkash Singh Badal, Hon'ble Chief Minister of Punjab expressed his inability to inaugurate the conference due to urgent meeting coming up and deputed Ms. Vini Mahajan, Principal Secretary, Ministry of Health and Family Welfare, Government of Punjab on his behalf to be the Chief Guest.

Messages received from Shri. Narendra Modi, Hon'ble Prime Minister of India and Shri. J. P. Nadda, Hon'ble Union Minister of Health and Family Welfare wishing success to the conference were read during the evening function. Dr. Prathap C. Reddy, Founder President of GAPIO addressed the delegates through videoconference.

In order to bring awareness about Obesity and nutrition, a "GAPIO Obesity Health Walk" was organised at 7:30 AM on 11th January, 2015. Dr. Uma Koduri led this initiative.

Life Time Achievement Award was conferred on two distinguished reputed personalities; Dr. Vinay Aggarwal from India and Dr. Gautam Bodiwala from UK in recognition of their significant contribution to healthcare in India and overseas.

GAPIO Service Excellence Award was conferred on eight doctors from different states in India for their contribution to community service and enhancement of membership of GAPIO. Evening function concluded with Dinner and Entertainment Program.

Message from Hon'ble Prime Minister of India, Shri. Narendra Modi



I am happy to know that the Global Association of Physicians of India Origin (GAPIO) is organizing the "V Annual Conference" on 10-11 January 2015 Chandigarh.

India is already earning laurels in medical tourism with the excellence of medical and health sector. However, it is time to take advantage of the goodwill and to explore the possibilities of "Make in India" to make India self-reliant in medical technologies.

My best wishes to the organisers and the participants for grand success of the conference.

(Signature)
Narendra Modi

New Delhi
24 December, 2014

Message Hon'ble Minister of Health & Family Welfare, Govt. of India, Shri. J. P. Nadda



I would like to congratulate Global Association of Physicians of India Origin (Gapio) for organizing 5th Annual conference of Global Association of Physicians of Indian Origin on 10-11 January, 2015 at Chandigarh, India.

The conference will provide an international forum for the physician of Indian origin to exchange ideas and knowledge on skill development, solution to contemporary health issues and modernizing the approach in delivering healthcare in India.

Government of India is considering health reforms in terms of health insurance for all, setting up medical colleges in each district to meet the growing demand of health personnel, improving public health facilities and provide affordable health to all. Government of India has announced the setting up of All India Institute of Medical Sciences in different states to improve health infrastructure.

The sharing of scientific knowledge, as part of your commitment to continue providing the highest level of care to your patients, will empower the individual physicians to achieve professional excellence. Physician of Indian origin settled overseas can help in capacity building, upgrading and up-scaling the skills of medical and paramedical staff and prevention of non-communicable diseases (NCDs).

I convey my best wishes to the delegates and organizers of the conference for the success of this great endeavor in improving health and medical resources around the world, and recognition of Indian doctors for their accomplishments and aspirations.

(Signature)
J. P. Nadda

Minister of Health & Family Welfare, Government of India
New Delhi

Speakers at V Annual conference of GAPIO at Chandigarh



Dr. Mukul Varma



Dr. Rabin Chakraborty



Dr. Sapna Nangia



Dr. P. N. Renjen



Message from Dr. Ramesh Mehta Vice President, GAPIO

I am delighted to welcome delegates to Leicester, one of the oldest cities of UK. British Association of Physicians of Indian Origin (BAPIO) and Global Association of Physicians of Indian Origin (GAPIO) are jointly organizing the 2015 Mid-Year conference on 27th and 28th June 2015 at UK.

This year again, our organizing team has been working hard to ensure a successful conference. It has succeeded in attracting International & National speakers of high caliber to contribute to the two days event.

Theme of the conference “Think Globally Act Locally – Mantra of promoting patient care” depicts the focus on improving patient care with major concern on ensuring affordable access to the quality of health care for all.

Academic programme shall have sessions in clinical Cardiology, Diabetes, Orthopedics, Oncology, Neurology and Pediatrics. In addition to the above, there will be non-clinical sessions in professional areas such as “Celebrating Global Contributions of Indian Doctors”, “Ethics and professionalism are central to protecting patient safety” and “Global Curriculum for Medical Education and Training: - Opportunity or Threat?” Dr. Prathap C Reddy, Founder President of GAPIO and Chairman Apollo Hospitals Group will be the keynote speaker on “Changing Face of Health care in India”.

On behalf of the Executive Committee of BAPIO and GAPIO, I would like to extend an invitation once again to attend the forthcoming Mid-Year conference at Leicester, UK.

I look forward to meeting you at Leicester.



Editorial: People’s Participation & Sustainable Development Goals

Prof. (Dr.) Bipin Batra

Editor, GAPIO Times

In a landmark movPreston demonstrated the association between National Growth (Income per head) and life expectancy in 1930’s as a curvilinear graph, Subsequent studies and work on the Preston Curve, have revealed that relationship between economic growth and health is not only correlational but causal as well. Documented research revealed that an increase of 1% in the life expectancy led an average increase of 6% in the overall GDP & 5% increase in the GDP per capita.

There are studies that document that causative relationship between health and income levels with the casualty of health adversely impacting the income levels. This is a vicious circle in itself, with both factors chasing each other and well planned policy initiatives sustained over years can produce demonstrable outcomes for removing poverty and improving lives of population in various countries especially those in the low and middle income categories.

The Millennium Development Goals (MDG’s) attain their deadline in December 2015 and pave way for replacement by Universal Sustainable Development Goals (SDG’s) as part of the post 2015 development agenda at UN General Assembly in September 2015; the new agenda aims to maintain the momentum of the MDG’s & carry forward the agenda of poverty alleviation & improving quality of life for all.

India has undertaken steps and achieved variable success towards reaching the individual MDG’s. As per official estimates poverty reduction by half has been achieved, while for goal 2, India lags significantly in achieving universal primary school education and completion of universal youth literacy. A consensus on empowering woman through wage employment and political participation is yet to be achieved to its promised magnitude. Significant progress has been achieved in attaining the mission critical goals of achieving a reduction of Infant and Child mortality, against a target of two-thirds reduction in under-five mortality, India has achieved 55% reduction in under 5 mortality. India has achieved 66% reduction in the MMR against targeted 75% as per the WHO data published recently. A reduction of HIV prevalence from 0.47% to 0.25% has been achieved towards goal 6. The National Vector Borne Disease Control Programme and the RNTCP are targeted towards achieving reversal of the incidence of malaria and control of Tuberculosis. The Swachh Bharat Abhiyan and National Rural Drinking water programme is key to achieve targets Goal 7 aimed towards improving access to adequate sanitation and elimination of open defecation. While, the Government has reaffirmed itself to the cause of achieving the objectives and implementing these programmes as thrust areas, the quantum of funds allocated, efficacy of the state machinery and people’s proactive participation in these programmes is the key to achieve success.

Members of GAPIO should come forward to make contribution as we transcend from MDG’s to SDG’s in latter part of this year, let’s reaffirm the participation of civil society through individual & institutional mechanisms to work towards attainment of objectives identified.

Special Focus on V Annual Conference of GAPIO at Chandigarh



Lamp Lighting by Ms. Vini Mahajan, Principal Secretary, Ministry of Health and Family Welfare, Govt. of Punjab



Chief Guest, Ms. Vini Mahajan addressing the delegates



From left to right: Dr. Sudhir Raj, President IMA, Punjab, Dr. Anupam Sibal, Secretary General - GAPIO, Dr. Sanku Rao, President - GAPIO, Dr. Marthanda Pillai, National President - IMA, Dr. K. K. Aggarwal, Honorary Secretary General - IMA, Dr. Bipin Batra, Executive Director, National Board of Examinations, Dr. Gautam Bodiwala, Executive Committee Member - GAPIO, Dr. Ramesh Mehta, Vice President - GAPIO

GAPIO Awardees



Dainik Bhaskar

हेल्थ अचीवमेंट गेपियो ने केंद्र सरकार को जताई भारत को फ्री में सेवा देने की इच्छा, कॉन्फ्रेंस में दी जानकारी

विदेश गए 2.5 लाख डॉक्टर करेंगे देश के मरीजों की फ्री मदद

भास्कर न्यूज़ | चंडीगढ़

विदेश के बड़े संस्थानों में काम कर रहे हिंदुस्तान के स्पेशलिस्ट डॉक्टर अब देश में आकर सेवाएं देने को तैयार हैं। ये डॉक्टर कुछ समय निकालकर देश के ग्रामीण क्षेत्रों से लेकर बड़े अस्पतालों में फ्री काम करेंगे। इन डॉक्टरों की एसोसिएशन ग्लोबल एसोसिएशन ऑफ फिजिशियंस ऑफ इंडियन ओरिजन (गेपियो) इस बारे में प्रधानमंत्री नरेंद्र मोदी और केंद्रीय स्वास्थ्य व परिवार कल्याण मंत्री जेपी नड्डा को इस बारे में बता चुकी है। नरेंद्र मोदी और जेपी नड्डा ने इस बारे में शीघ्र फैसला लेने की बात कही है। दोनों नेताओं ने शनिवार से चंडीगढ़ में शुरू हुई गेपियो की पांचवीं इंटरनेशनल कॉन्फ्रेंस के लिए बधाई भी भेजी है। गेपियो के प्रेजिडेंट डॉ. संकू राव, वाइस प्रेजिडेंट डॉ. रमेश मेहता, जनरल सेक्रेटरी डॉ. अनुपम सिब्बल, इंडियन मेडिकल एसोसिएशन के प्रेजिडेंट डॉ. एम पिल्लै और जनरल सेक्रेटरी डॉ. केके अग्रवाल ने कॉन्फ्रेंस के उद्घाटन पर ये बात कही।

देश में डॉक्टर कम, इसलिए देंगे अपनी सेवाएं

गेपियो के प्रेजिडेंट डॉ. संकू राव ने बताया कि हिंदुस्तान की आबादी के अनुपात में डॉक्टरों की संख्या काफी कम है। अमेरिका में एक डॉक्टर एक मरीज के लिए 25 मिनिट देता है लेकिन भारत में बढाव इतना है कि 25 मिनिट में 25 मरीज देखने पड़ रहे हैं। ग्रामीण क्षेत्रों में तो डॉक्टर काम करने को तैयार ही नहीं हैं।

गेपियो के जनरल सेक्रेटरी डॉ. अनुपम सिब्बल ने बताया कि भारत में अभी 60 फीसदी मरीज ऐसे हैं जो बीज कम्यूनिटीबल डिजीज से पीड़ित हैं। इन मरीजों पर रोक लगाने के लिए भारत में हार्ट, ऑर्गन ट्रांसप्लांट और डायलिसिस जैसी बीमारियों को कंट्रोल करने के लिए डॉक्टरों और सुविधाओं को तैयार करना बहुत जरूरी है। इन सब पर कंट्रोल कर लिया तो देश के हॉस्पिटल में मरीजों का प्रेशर कम और मरीजों की मौत को कम कर सकते हैं।

तो 12 लाख डॉक्टर मिलकर करेंगे काम

गेपियो के वाइस प्रेजिडेंट डॉ. रमेश मेहता बताते हैं कि भारत में अभी 9.5 लाख डॉक्टर हैं। करीब 2.5 लाख भारतीय डॉक्टर विदेशों में सेवाएं दे रहे हैं। हम लोग साल में कुछ दिन भारत में अपनी सेवाएं दे सकते हैं। हम साल में एक महीना भारत आते हैं। सरकार हमें इलाज की इजाजत दे तो देश को फ्री में 2.5 लाख डॉ. और मिल जाएंगे।

चंडीगढ़ में शनिवार को शुरू हुई गेपियो की कॉन्फ्रेंस।

60 फीसदी एनसीडी के मरीजों का बोझ

Dainik Savera

मरीजों को सस्ता उपचार देने पर मंथन के लिए शुरू हुई गेपियो

■ चंडीगढ़ में एकत्र हुए देश-विदेश के विशेषज्ञ, अपने अनुभवों और तकनीक को किया सांझा

चंडीगढ़, 10 जनवरी (राकेश): पांचवीं वार्षिक ग्लोबल एसोसिएशन ऑफ फिजिशियंस ऑफ इंडियन ओरिजन (गेपियो) ने भारत, यू.एस.ए., यू.के., आस्ट्रेलिया, कनाडा, सिंगापुर और यू.ए.ई. से 70 से अधिक मशहूर राष्ट्रीय और अंतर्राष्ट्रीय फैकल्टी के साथ अपनी योग्यता और कला बांटने के लिए एक मंच पेश किया है। इस 2 दिवसीय सम्मेलन की थीम है, 'मीटिंग द हेल्थकेयर चैलेंजिस' है।

एसोसिएशन के प्रेजिडेंट डा. संकू राव ने कहा कि एक संयुक्त ताकत के रूप में भारतीय मूल के फिजिशियंस हेल्थकेयर डिलीवरी के सुधार और विकास में बड़ा प्रभाव डालकर इसे गरीब और जरूरतमंद लोगों के लिए किफायती और आसानी

से उपलब्ध बना सकते हैं।

गेपियो के सैक्रेटरी जनरल डा. अनुपम सीबल ने कहा कि गेपियो में भारत के 25 राज्यों और विश्व के 27 देशों के प्रतिनिधि शामिल हैं। गेपियो एक गैर लाभकारी संस्थान है और इसका लक्ष्य विश्वभर में स्वास्थ्य में सुधार लाना है। उन्होंने बताया कि इसमें देश-विदेशों में कार्यरत भारतीय चिकित्सकों को साल में दो बार एक मंच पर लाकर चिकित्सा की तकनीकों का आदान-प्रदान किया जाता है ताकि लोगों को बेहतर व सस्ता उपचार मिल सके। उन्होंने बताया कि देश में अंग ट्रांसप्लांट की तकनीक को और सरल करने पर शोध हो रहा है। विदेशों में अपनाई जा रही तकनीक पर भी विचार किया जा रहा है। उन्होंने बताया कि आपोलो

कई गरीबों का किया आप्रेशन: डा. रेड्डी

अपोलो हॉस्पिटल्स ग्रुप के चेयरमैन व फाऊंडर डा. प्रताप सी. रेड्डी ने कहा कि बीते सालों में गरीबों की मदद के लिए कई कार्यक्रमों का आयोजन किया गया है। विलासपुर में एक नि:शुल्क प्लास्टिक और रिकॉन्स्ट्रक्टिव सर्जरी कैम्प का आयोजन किया गया, जहां 4 दिवसीय कैम्प के दौरान वलेपट लिप, पीलीडैविटली, हाइपोस्पेडियास, टोसिस आइज, चेहरे व गले तथा हाथ एवं हथेली के कॉन्ट्रैक्चर्स को बर्न करने की 105 सर्जरी की गई।

हर संस्थान में हो हार्ट केयर टीम: डा. बाली

वही शहर के हार्ट विशेषज्ञ डा. एच.के. बाली ने बताया कि विश्व में 80 प्रतिशत हार्ट के मरीज बाइपास सर्जरी कराते हैं लेकिन इसमें से आधी को स्टोक होने का खतरा रहता है। उन्होंने बताया कि हार्ट केयर टीम हर संस्थान में होनी चाहिए। वही उन्होंने बताया कि देश में 5 प्रतिशत लोगों की मेडीकल इश्योरेंस है। ऐसे में सभी महंगी तकनीक को अपनाने के हक में नहीं होते हैं।

अस्पताल में देश के अन्य चिकित्सा संस्थानों की तुलना में सबसे ज्यादा ट्रांसप्लांट किए जाते हैं। उन्होंने

बताया कि इस सम्मेलन में लीवर ट्रांसप्लांट पर भी विशेषज्ञ विचार साझे कर रहे हैं।

GAPIO Obesity Health Walk

To bring awareness about Obesity and nutrition, a “GAPIO Obesity Health Walk” was organised by Dr. Uma Koduri (member – GAPIO) at 7:30 AM on 11th January, 2015 at the V Annual conference of GAPIO, Chandigarh



9 CPE Points Available

Mid-Year Conference 2015

Joint BAPIO & GAPIO Conference

27th & 28th JUNE

HOLIDAY INN
129 St. Nicholas Circle
Leicester, LE1 5LX

FOR ONLINE BOOKING:
<http://mybapioc15.com/>

Global Burden of Chronic Disease

- Tsunami of Diabetes
- Cardiac Disease epidemic
- Mental Health – as looming crisis
- The Cancer Challenge

Changing Face of Health care in India

Expectations from Global Indian Doctors

Global Curriculum of Medical Education

KEY NOTE SPEAKER:
Dr Prathap Reddy
Chairman Apollo Hospitals, India

SPEAKERS:
Prof Kamlesh Khuntia (UK), Dr Somasundaram Subramanian, (Russia), Dr Shubrum Singh (India), Dr Shalja Chaturvedi (Australia), Dr Arun Kumar Gang (Canada), Dr Sanku Rao (SA), Dr Mukul Varma (India), Dr P. N. Ranjan (India), Dr Roger Worthington (UK), Prof. Bipin Batra (CEO National Board of Examination, India), Prof. Jayshree Mehta (President Medical Council of India), Mrs Mary Keightley (UK), Dr Vicky Osgood (Director for Education, GMC), Prof. Valsamma Eapen (Australia), Dr. Uma Koduri (USA), Prof. Nilesh Samani (UK), Prof. Sab Bhaumik (UK), Prof. Nirvriti Patti (Hong Kong), Prof. Mayur Lakhani (UK), Dr. Sanjiv Nichani (UK), Dr Anupam Sibal (India)

Think Globally Act Locally

Mantra of promoting patient care

Poster Presentation and Exhibition all day
Abstracts of the poster will be published in the Peer Reviewed BAPIO & GAPIO Journal 'The Physician'

Member's Corner

Dr Sandip Mukerjee - Dr B C Roy National Awardee, former honorary surgeon to the President of India and past president of Delhi State Chapter, Association of Surgeons of India and recipient of GAPIO Lifetime Achievement award was honored Lifetime Achievement Award of the Association of Surgeons of India



Dr Sandip Mukerjee receiving the Lifetime Achievement Award of the Association of Surgeons of India from the President of Association at the annual Conference held at Hyderabad.

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GAPIO
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Members	Non Members	Students
Before 31st December 2015	₹ 1500	₹ 1000
After 31st December 2015	₹ 2500	₹ 1500
On spot registration	₹ 3000	₹ 2000

Registration Fee includes Participation, Dinner and Entertainment Program on Day 1, Lunch on Both Days and Breakfast on Day 2.

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