

GAPIO *TIMES*

Global Association of Physicians of Indian Origin

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Message from Dr. Sanku Rao, President, GAPIO

On behalf of Global Association of Physicians of Indian Origin (GAPIO), I would like to welcome all of you to the V Annual conference of GAPIO, to be held on 10th and 11th January, 2015 at Chandigarh.

This conference will bring together experts in various specialties to discuss the current challenges that healthcare is facing globally. As a combined force, physicians of Indian origin can make a huge impact on development and improvement of healthcare delivery to make it affordable and accessible to the deprived and the needy.

I hope to see you and I look forward to meeting each and every one of you at Chandigarh.

Wishing you Happy New Year, 2015.



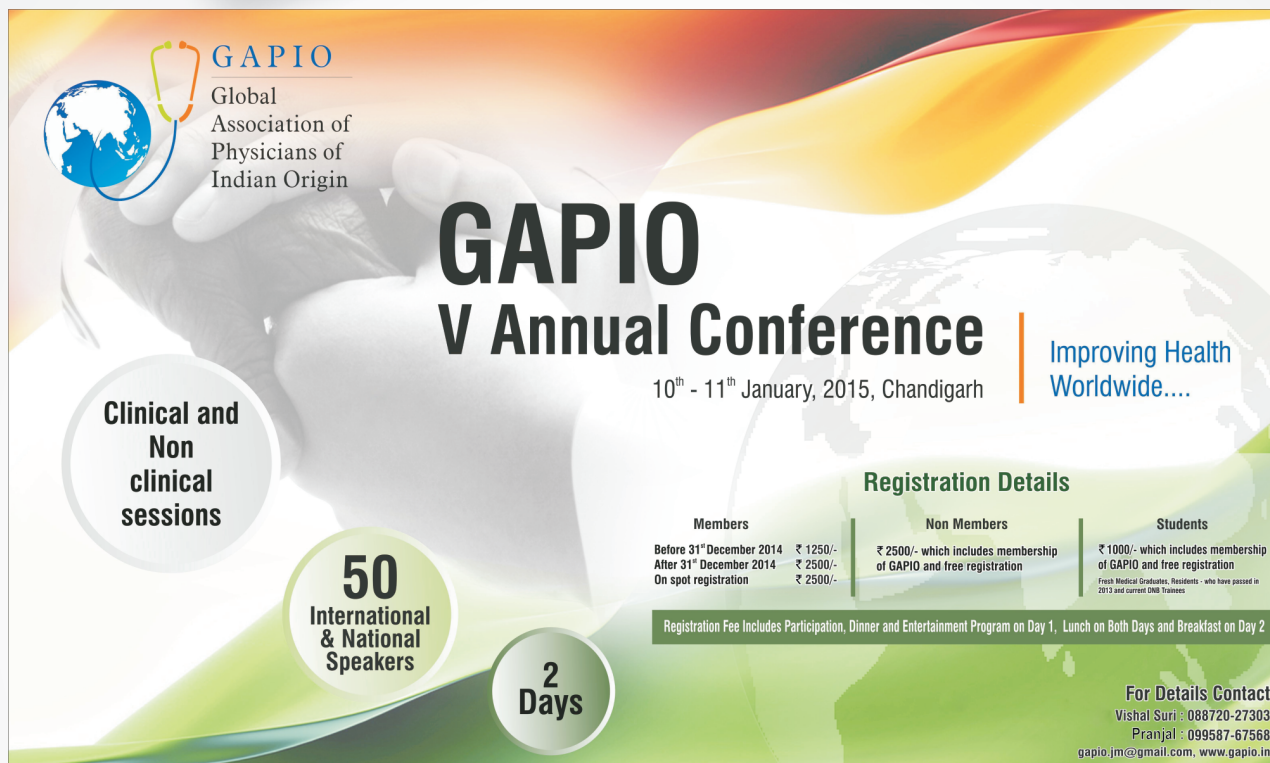
Message from Dr. Anupam Sibal, Secretary General, GAPIO

It gives me immense pleasure to welcome all the distinguished delegates to Chandigarh - the Dream City of India's first Prime Minister, Sh. Jawahar Lal Nehru, to attend the V GAPIO Annual Conference on 10th and 11th January, 2015.

During the last four years, GAPIO has moved at a steady pace to achieve its aims and objectives. With the dedicated support of members and leadership provided by the Executive Committee, GAPIO has achieved impressive growth. There has been a steady increase in membership not only in India but in all continents. GAPIO has representation from 27 countries now.

On behalf of the Executive Committee of GAPIO, I would like to welcome you to an exciting conference.

Wishing you and everyone in your family a very happy, healthy and prosperous New Year, 2015.



GAPIO
Global Association of Physicians of Indian Origin

GAPIO V Annual Conference

10th - 11th January, 2015, Chandigarh

Improving Health Worldwide....

Clinical and Non clinical sessions

50 International & National Speakers

2 Days

Members		Non Members	Students
Before 31 st December 2014	₹ 1250/-	₹ 2500/- which includes membership of GAPIO and free registration	₹ 1000/- which includes membership of GAPIO and free registration <small>Fresh Medical Graduates, Residents - who have passed in 2012 and current DNB Trainees</small>
After 31 st December 2014	₹ 2500/-		
On spot registration	₹ 2500/-		

Registration Fee Includes Participation, Dinner and Entertainment Program on Day 1, Lunch on Both Days and Breakfast on Day 2

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V Annual Conference of Global Association of Physicians of Indian Origin (GAPIO) at Chandigarh

Welcome to all delegates to V Annual Conference of Global Association of Physicians of Indian Origin (GAPIO) on 10th & 11th January 2015 at Hotel J W Marriott, Chandigarh.

Conference shall focus on the theme "Meeting the Healthcare Challenges". We are expecting more than 300 delegates from India, USA, UK, Australia, Canada, Middle East, Africa and UAE.

Two day conference will cover Clinical sessions such as Cardiology, Neurosurgery, Gastroenterology, Oncology, Diabetes, Nephrology, Transplantation and Paediatrics as well as non-clinical sessions such as "Voices from Overseas – what NRI doctors can do to improve healthcare delivery", "Voices of Physician Associations – what associations can do for improving healthcare delivery" and "GAPIO – Making An Impact". 50 International and National speakers will cover these topics.

Conference is being held in association with:

- British Association of Physicians of Indian Origin (BAPIO)
- National Indian Medical Association (IMA)
- Canadian Association of Physicians of Indian Heritage (CAPIH)
- SPS Apollo Hospitals, Ludhiana

Shri. Parkash Singh Badal, Hon'ble Chief Minister of Punjab will be the Chief Guest at the evening function. Program will start at 06:30 pm on 10th January where awards shall be presented. This will be followed by dinner and entertainment program

Report on GAPIO Charitable Clinic at Secunderabad

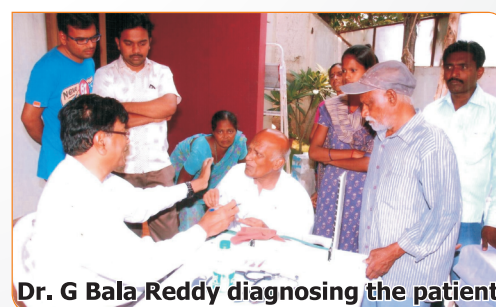
GAPIO Multispecialty Clinic was inaugurated by Dr. Sanku Rao; President - GAPIO to provide affordable medical services in the major slum area in Secunderabad. The clinic runs from 10 am to 1 pm every day. It has conducted five general and two specialty camps.

Ophthalmology camp was organized under the supervision of Dr. Sachidanand in which 84 patients were examined and free medical advice and medicines were given. Patients detected with cataract or surgical requirement were sent to Secunderabad Lions Eye Hospital. GAPIO is thankful to Lions Eye Hospital for giving free treatment to patient's referred by GAPIO Clinic.

Free specialty diagnostics camp was also organized to detect Anemia, Diabetes, Hypertension Thyroid disease, Osteoporosis (Blood sugar CBP, HBA1c and TSH) in which three pharmaceutical companies participated to distribute free medicines. Above 276 people attended the camp.

The clinic has adopted St. Joseph's old age home in mud fort with inmate strength of 30 old people from different backgrounds. Since most of the patients are women, a women camp was conducted on women's day for free examination of pap smear by Dr. Amrita Saluja MD DGO to detect cervical cancer. Pediatrician Dr. Suman offered free of cost services for 3 months daily in the morning.

Two medical officers, one Lab Technician, 1 ayah are attached to the clinic as employees. Specialist's like Ophthalmologist, General Physicians, Surgeons come on call, Clinic charges Rs. 20/- per patient and Rs. 50/- for specialty services, and nominal rates for Laboratory services.



International Conference of Indian Doctors AIMGA in Collaboration with GAPIO, Sydney, Australia



A report by Dr. Shailja Chaturvedi – Conference convenor, GAPIO member

One of the most significant events in the field of Indian medicine in the last 5 years has been the birth of GAPIO to upstage the united strength of Indian doctors from around the world. It has provided the unprecedented opportunities for our colleagues to use their skills, resources, experience and wisdom in accomplishing their philanthropic aspirations. Inspired by the passion and enthusiasm of rapidly growing membership of GAPIO, an international conference was organised in Sydney on 30th and 31st of August 2014, "Accomplishments and Aspirations of Global Indian Doctors" by Australian Indian Medical Graduate Association.

By all measures it was rated as successful despite its small number of fewer than 200 delegates. We were fortunate enough to receive the good wishes from the Prime Minister and Health Minister of India, Australia and Fiji. The delegates came from India, US, Malaysia, NZ and UK in addition to the local majority and from interstate.

We had excellent bunch of eminent speakers from India Australia and US covering the areas of transplant and robotic surgery in India, research and education, engagement with India and doctors as NGOs. Australia's high profile researchers and academics of Indian descent presented their best show making us realise that we are not far behind our US counterparts. We presented our request of working in collaboration with Indian government to the Council General representing the High Commissioner who was overseas.

The conference was inaugurated by the Health minister of NSW who gratefully acknowledged the much appreciated contribution Indian doctors continue to make in Australia's highly efficient medical workforce. The keynote speaker Prof. Mukesh Haikerwal President of World Medical Association inspired us towards the leadership roles beyond our clinical responsibilities. Inherently humble and modest as Indians are, often get overlooked in their achievements and the significant contribution they make in every field of science and humanity. Conferences like the one in Sydney crystallise and highlight the role Indian doctors' play in elevating the global health status.

The plenary address at the outset of the academic sessions **The Alien Indian Doctor** was presented by a renowned neuropsychiatrist Prof. Perminder Sachdev an AIIMS graduate who skilfully told the story of youthful adventurous doctor sharing the emotional, social and physical challenges of emigrating and immigrating.

Each presentation was enlightening with its latest scientific contents, the excellence and its capacity to translate for its ultimate goal its utility for The People.

The theme of the conference was directed not only towards boosting our confidence in providing the best possible services in our adopted country but to use our collective resource in lighting every corner of our ancestral home with world class health facilities. I am hoping that the chain will continue to grow towards the credibility of Indian doctors as dedicated, competent, altruistic knowledgeable and compassionate.

Message from Hon'ble Prime Minister of India, Shri. Narendra Modi



प्रधान मंत्री
Prime Minister

MESSAGE

I am happy to know that the Australian Indian Medical Graduate Association (AIMGA) in collaboration with Global Association of Physicians of Indian Origin (GAPIO) is organizing an International Conference of Indian Doctors on 30th and 31st August 2014 at Sydney.

Doctors from India have made a name for themselves across the world through their skill, hard work and dedication. Their collective contribution to the cause of science, medicine and service to humanity, is certainly worthy of documentation. Sharing of scientific knowledge across borders will definitely enhance these noble causes.

I wish the organizers and participants all success.


(Narendra Modi)

New Delhi
26 August, 2014

Message from Dr. Harsh Vardhan, Former Union Minister of Health & Family Welfare, Govt. of India



डॉ. हर्ष वर्धन
Dr. Harsh Vardhan



स्वास्थ्य एवं परिवार कल्याण मंत्री
भारत सरकार
Minister of Health & Family Welfare
Government of India

MESSAGE

I would like to congratulate Australian Indian Medical Graduate Association (AIMGA) and Global Association of Physicians of Indian Origin (GAPIO) for organizing an International Conference of Indian Doctors on 30th and 31st August, 2014 at Sydney, Australia.

The conference will provide an international forum for the physicians of Indian origin to exchange ideas and knowledge regarding innovations and cutting edge technologies, exploring the contemporary health issues in India and Australia and aspirations of the overseas Indian doctors.

Government of India is considering health reforms in terms of health insurance for all, setting up medical colleges in each district to meet the growing demand of health personnel, improving public health facilities and provide affordable health to all. Government of India has announced the setting up of All India Institute of Medical Sciences in different states to improve health infrastructure.

The sharing of scientific knowledge, as part of your commitment to continue providing the highest level of care to your patients, will empower the individual physicians to achieve professional excellence. Physicians of Indian origin settled overseas can help in capacity building, upgrading and up-scaling the skills of medical and paramedical staff and prevention of non communicable diseases (NCDs).

I convey my best wishes to the delegates and organizers of the conference for the success of this great endeavour in improving health and medical resources around the world, and recognition of Indian doctors for their accomplishments and aspirations.


(Dr. Harsh Vardhan)

New Delhi
27.08.2014

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Editorial: National Health Policy 2015



Prof. (Dr.) Bipin Batra

Editor, GAPIO Times

In a landmark move the Government of India after a gap of 13 years after the last health policy has been prepared draft National Health Policy 2015 (NHP 2015). The draft of new health policy has been released for public comments by the government. The new health policy revolves around the concept of access to affordable healthcare for all and aims to prioritize the role of government in health, organization and financing of healthcare services, prevention of diseases and promotion of good health. The NHP 2015 aims to achieve a significant reduction in the Out of Pocket expenditure due to health care costs and

reduction in number of households making health expenditures beyond their reach and consequent impoverishment

The National Health Policy identifies coordinated action on seven priority areas such as Swachh Bharat Abhiyan (reduction of water and vector borne diseases and declines in improperly managed solid waste); Balanced and Healthy Diets (reduction of malnutrition, and improved food safety); Nasha Mukti Abhiyan (addressing Tobacco, Alcohol and Substance Abuse); Yatri Suraksha (ensure road and rail safety); Nirbhaya Nari (issues relating to gender violence & improved sex ratio); Occupational & Environmental Health

The policy looks forward to development of strategies and institutional mechanisms in each of these seven areas. It has been proposed to set up seven Task Forces for formulation of a detailed Preventive and Promotive Care Strategy in each of the seven priority areas identified.

The policy also aims to address the role of public Hospitals as a cost effective social institution in addressing the secondary healthcare needs of the population. The critical gaps of Human Resources & skills as well as issues of quality are proposed to be bridged by adoption of mandatory NABH & NABL accreditation for Public Health facilities and strengthening of framework for health professional education.

The policy addresses fundamental issues of finance, technology, human resources, knowledge, governance & enabling legal framework for health including the right to health

The NHP 2015 is a concerted action plan that has the potential to transform the access to delivery of healthcare and lays down a framework for strengthening the healthcare infrastructure. The announcement of NHP 2015 & various schemes envisaged shall certainly bring the health sector as a key thrust area of good governance

Community News

Physicians to Hold Global Meet in Chandigarh in January

By a Staff Writer

Members of the Global Association of Physicians of Indian Origin hailing from 27 countries will converge in Chandigarh, for the 5th annual conference of GAPIO to be held Jan. 10 and 11 at Hotel JW Marriott.

Dr. Sanku Rao, president of GAPIO and Dr. Sudhir Parikh, treasurer of the organization, will be leading a strong delegation of doctors from the United States to attend the conference.

The conference will focus on

the theme "Meeting the Healthcare Challenges." More than 300 delegates from India, United States, United Kingdom, Australia, Canada, countries from the Middle East, Africa, and the United Arab Emirates, will be attending the conference.

India's Union Minister of Health and Family Welfare J. P. Nadda will be the chief guest and Punjab Chief Minister Parkash Singh Badal will be the guest of honor at the evening function. Awards will be presented on the evening of Jan. 10 when the conference begins. This will be followed by dinner and an entertainment program.



Dr. Sanku Rao, president of GAPIO

The two-day conference will cover clinical sessions in specializations like cardiology, neurosurgery, gastroenterology, oncol-



Dr. Sudhir Parikh, treasurer of GAPIO

ogy, diabetes, nephrology, transplantation and paediatrics.

There will also be non-clinical sessions on subjects like "Voices

from Overseas – what NRI doctors can do to improve healthcare delivery", "Voices of Physician Associations – what associations can do for improving healthcare delivery" and "GAPIO – Making An Impact". About 50 international and national speakers will cover these topics.

The conference is being held in association with the British Association of Physicians of Indian Origin (BAPIO), the National Indian Medical Association (NIMA), the Canadian Association of Physicians of Indian Heritage (CAPIH), and the SPS Apollo Hospitals, Ludhiana.

Message from Dr. Ramesh Mehta Vice President, GAPIO



As India enters into a new era of promises of development and good governance we are delighted to welcome delegates from across the world to our V- Annual Conference with the theme of "Meeting the Healthcare Challenges". Chandigarh I am sure will offer great environment and hospitality.

This year, our planning team has succeeded attracting high calibre International and National speakers to contribute to the two day event. In our Clinical sessions we intend to cover many aspects covering Cardiology, Neurosurgery, Gastroenterology, Oncology, Diabetes, Nephrology, Transplantation and Paediatrics.

In addition there would be non-clinical sessions such as "Voices from Overseas – what NRI doctors can do to improve healthcare delivery", "Voices of Physician Associations – what associations can do for improving healthcare delivery" and "GAPIO – Making an Impact".

The focus on improving patient care has not yet taken the central stage of the profession where there is also a major concern for ensuring affordable access for all to the quality of health care. The vast pool of skills and experience that exists across the world among the professionals of Indian origin, offers India a great and unique opportunity to enhance such resource. There is a lot to share in terms of knowledge as both the technology and medical advances virtually often overpower us.

As also the President of British Association of Physicians of Indian Origin, a key partner of GAPIO, I would like to announce that the next GAPIO Mid-Year Conference is planned for 27th June at Leicester in UK with a focus on the theme "Think Globally Act Locally: Promoting Patient Care". Please note the date in your diary

Book Review: HEALER Dr. Pratap Chandra Reddy and the Transformation of India

Book Author: Pranay Gupte



At the age of fifty, when most people start planning for retirement, Dr Prathap Chandra Reddy decided that he was going to revolutionize health care in India. In 1983, the renowned cardiologist launched the country's first professionally run private sector hospital system. Thirty years later, Apollo Hospital has become one of the world's largest providers of high technology health care. In the areas of heart, liver and bone marrow transplants as also in knee and hip replacement surgery and robotic surgery, Apollo is an industry pioneer and a world leader

The book Healer describes Dr Reddy's inspirational story in the words of Pranay Gupte a well known international author, editor, foreign correspondent, teacher and senior strategist for conventional and New Media

The book captures the life and times of Dr Reddy, the originator of high end corporate health care in this country. Pranay Gupte followed Reddy around India for a whole year to write the book. It looks mostly at Dr. Reddy's early life, leading up to a historic date, September 18, 1983, when Apollo's first hospital in Chennai, was inaugurated by Giani Zail Singh, the then Indian president.

The book also touches upon Dr. Reddy's ability to persuade people. Dr. Reddy's widespread influence can be clearly seen in the book which carries testimonials about him from various eminent personalities like Hon'ble Prime Minister of India Shri Narendra Modi; William Jefferson Clinton, forty-second President of the United States of America; Dr John K Noseworthy, MD, President and CEO, Mayo Clinics; Jeffery Immelt, Chairman and CEO, General Electric; Ratan Tata, Chairman, Tata Trusts; Mukesh Ambani, Chairman and CEO, Reliance Industries. Dr. Reddy also has admirers amongst spiritual gurus such as Sadhguru Jaggi Vasudev, Founder, Isha Foundation and among various politicians such as Kamal Nath, Kapil Sibal, Nara Chandra Babu Naidu and N. Kiran Kumar Reddy.

Ratan Tata, Chairman, Tata Trusts, describes him as a **"role model for many"**. Mukesh Ambani, Chairman and CEO, Reliance Industries, highlights his achievements as **"women's empowerment in Indian business"** Sadhguru Jaggi Vasudev, Founder, Isha Foundation quotes that **"His irrepressible enthusiasm at eighty is to be seen to be believed"**.

With Andhra Pradesh being carved up into Telangana and Andhra regions, it is interesting that the book describes him as "an Andhra Reddy". He is a Rayalaseema Reddy from the Chittoor region, while his wife Sucharitha comes from Khammam, which is a part of the Telangana region.

The book portrays Dr. Reddy as a man who is always thinking ahead and planning for the future. After turning 80 in February 2013, he set up a family council to oversee both transition and third-generation involvements in Apollo Hospitals. It seems that Reddy's father has been proven right. It was he who wrote to the young Reddy urging him to return to India after finishing his training in the US when Reddy was toying with the idea of settling down in the country.

[Published by the Penguin Group; Pages 548]

Member's Corner

Dr. (Prof.) R. N. Makroo, Director & Sr. Consultant

Department Of Transfusion Medicine, Transplant Immunology & Molecular Biology, Indraprastha Apollo Hospitals

It gives me pleasure to inform you that National Voluntary Blood Donation Day was celebrated on October 1st, 2014 for promotion of voluntary blood donation held at Jawahar Lal Nehru Stadium Lodhi Road New Delhi



Executive Committee of GAPIO



Dr. Prathap C Reddy
Founder President
& Emeritus Advisor



Dr. Sanku S. Rao
President



Dr. Ramesh Mehta
Vice President



Dr. Anupam Sibal
Secretary General



Dr. Nandakumar Jairam
Joint Secretary



Dr. Sudhir Parikh
Treasurer



Dr. G Bala Reddy
Authorized Signatory



Dr. G Bodiwala
Member



Dr. Shailja Chaturvedi
Member



Dr. Om P Ganda
Member



Dr. Nirmal Ganguly
Member



Dr. Sukumar Mukherjee
Member



Dr. Ramakanta Panda
Member



Dr. Hemant Patel
Member

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