

ISSUE

03

January

2014

GAPIO TIMES

Global Association of Physicians of Indian Origin

Improving Health Worldwide

Challenge: tackling threat of non-communicable diseases.



Dr Ramesh Mehta
Hon Secretary General

I am delighted to invite all delegates to the 'City of Joy' at IV Annual Conference of GAPIO. I know that our organising team has been working hard to ensure a successful conference and the programme is exciting!

The organisation in last three years has moved in to toddler stage with expected wobbles but definite growth.

There is steady increase in membership not only in India but in all the continents. Some excellent work has been done in different fields including Health IT, Patient Safety, Mental Health, STTOP Sugar and Leadership. The "Swasth India" concept developed by GAPIO in collaboration with AAPI, BAPIO, MOH, India and various state governments is about to take

off. This project is to allow match making (via website) between requirements in India and experts of Indian origin living outside India willing to provide expertise as volunteers, skills development, training etc.

There will be two Pre conference workshops of great interest. The first one led by Prof. Rajan Madhok is "Leadership and Ethics" and the second one is Disaster Relief – Medical Management Presided by: Dr Muzaffar Ahmad, Hon'ble member, National Disaster Management Authority, Govt of India & Dr. Tamorish Kole.

The principle of equality and fairness has always been high on our agenda. In UK, there is huge discriminatory pass rate in the exit exam for family physicians. It has led to several hundred trainees of Indian Origin being removed from training with devastating impact on the careers and personal lives of these young doctors. BAPIO with support from GAPIO Europe has challenged the Royal College of General Practitioners and General Medical Council in the High Court. Hearing is in April 2014.

On behalf of the Executive Committee of GAPIO, I would like to extend an invitation once again to attend forthcoming conference at Kolkata. I look forward to a meeting you at Kolkata.

Wish you happy, healthy and prosperous New year 2014.

Dr Ramesh Mehta
Hon Secretary General of GAPIO

Mid-Year Conference

July 5&6, 2013
California - USA



TOTAL HEALTH: India's First Truly Integrated Comprehensive Health Scheme

Padma Vibhushan Shri Prathap C Reddy, Chairman Apollo Hospitals Group launched on 27 Oct 2013, India's first integrated health care system –'Total Health' - at Aragonda village of Thavanampalle Mandal of Chittoor district through the Total Health Trust a Not Profit Organization of the Apollo Hospitals Enterprises Ltd (AHEL). The initiative aims at improving the health of the communities through education, promotion of healthy lifestyle, healthcare research for disease and injury prevention and improved sanitation with a focus on design, development and delivery of innovative healthcare solutions.

The 'Total Health' scheme in Aragonda launched as a pilot project will target about 70,000 populations in the Thavanampalle Mandal. It will provide clinics delivering primary care, risk screening, disease management, training of medical paramedical staff, technicians community engagement and project management.

On 15th Dec 2013, the first initiative under the project was launched to carry out a comprehensive survey in the Aragonda Gram Panchayat (a total population of approximately 6,500). The survey is being conducted by the students of Apollo College of Nursing, Aragonda, under the guidance of Lt Gen (Dr.) Mandeep Singh, Padma Shri Dr. Venkat C Ram, Mr. Ram Babu, the Project director of the initiative and the principal Ms. Jayanthi and the staff of CON. Inputs for the survey were received from GAPIO and Col A Kotwal, VSM, Director Medical Research, of the Armed Forces.

The survey essentially has three components:

▫ Household Instrument: this would provide the information of the entire household including sanitation; water supply; garbage disposal and the socio economic status.

▫ The second part is a screening of the women and children under 5s. This is within the scope of the NRHM program.

▫ The third part is a Non Communicable Diseases Risk survey based on the WHO STEPS approach. It envisages screening of all individuals above 15 years. Based on the questionnaire, measurement of height/weight; BMI and Waist Hip ratio; BP recordings; as also basic biochemical parameters of Random Blood Sugar and Albumin in Urine the population will be grouped into those with Low Risk of NCDs and those with moderate to High Risk. Those with Moderate and High Risk will undergo further clinical and biochemical evaluation including Serum Creatinine Total Cholesterol / Lipid Profile/ECG / ECHO and will be appropriately diagnosed and managed/ followed up. This aspect of the survey will be spearheaded by the Global Association of Physicians of Indian Origin (GAPIO) under Dr. Kris Vijay, Dr. Om Ganda, Dr. P Mohan and Dr. Sanku Rao.

Thereafter follow up will be done for the NCDs on a yearly basis in the community and would be instrumental in defining the risk stratification and the effect of health education / behavioral changes and other preventive approaches instituted for the community.

MESSAGE FROM VICE-PRESIDENT



I would like to invite all of you to the IV Annual Conference of GAPIO at Kolkata. GAPIO was formed in 2011 to bring together 1.2 million physicians of Indian origin around the world into one organization to harness tremendous collective power and intellect for the purpose of improving healthcare around the world and India in particular.

There are currently seven hundred million people in India with minimal or no access to healthcare and together we have the potential to make a positive impact in the lives of these individuals. This conference will bring together experts in various specialty fields to discuss the current projects that GAPIO has undertaken along with potential projects for the future as well as to disseminate the latest medical developments through CME and panel discussions.

I hope to see you and I look forward to meeting each and every one of you at Kolkata.

Best wishes and happy New Year 2014.

Dr Sanku Rao
Vice-President-GAPIO

Inauguration of Total Health-Aragonda Project



Inauguration of Total Health - Aragonda Project by Dr. Prathap C Reddy, Chairman Apollo Hospitals Group

Free plastic surgery camp - Bilaspur (Chhattisgarh)

Global Association of Physicians of Indian Origin (GAPIO) organized a Free Plastic Surgery Camp from 10th- 13th January 2013 at Apollo Hospitals Bilaspur. A widespread campaign was held involving government and non-government organizations to invite registrations. Pre surgery screening sessions were held in November and December and a final screening was done by the surgeons on 9th January. Over 300 patients were registered for the camp and 105 were selected for surgery after screening.

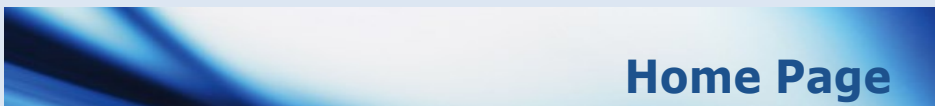


All patients were treated free of cost. There were no charges for surgery, anesthesia, consumables, medicines, stay and food. All patients were discharged in stable condition. No complications or adverse event were reported. Regular follow-up of patients was done by doctors working at Apollo. 1st and 2nd follow-up was done on 7th and 30th day of the discharge. The total cost of the project is Rs.1925718/- (USD 38514).



Swaasth India.com

GAPIO has started a web portal known as Swaasth India.com in collaboration with AAPI (USA) and BAPIO (UK) to provide essential healthcare services at various locations in India with the help of doctors from India and overseas.



Title	Event Date	State	Specialty	Apply
Cardiology Camp	02/01/13 To 07/01/13	Andhra Pradesh	Allergy And Clinical Immunology	Apply
Cardiology Camp	17/12/12 To 18/12/12	Andhra Pradesh	Cardiology	Apply
Test Position	24/12/12 To 26/12/12	Andhra Pradesh	Cardiology	Apply
Childrens Camps 2013	25/01/13 To 07/02/13	Jammu And Kashmir	Physical Medicine	Apply
Cancer Camp	03/01/13 To 07/01/13	Andhra Pradesh	Endocrinology	Apply

This site will act as matchmaking portal where Government of India and State Governments can post their requirements and Indian Medical Diaspora can view and apply for the same

Mr SK Rao, Joint Secretary, Ministry of Health and Family Welfare has assured to take it to the hosting stage by 15th January 2014.

Secretary MOHFW, Government of India has accorded in principle agreement to have the Swaasth site as a Government of India website.

Global Association of Physicians of Indian Origin (GAPIO) will be organizing its IV Annual Conference on 11th and 12th January 2014 at Hotel ITC Sonar - Kolkata. The theme of the conference is "The Non communicable Diseases Epidemic - Meeting the Challenges".

Renowned national and International faculty will deliver talks covering seven Clinical Sessions comprising of Cardiac Sciences, Neurosciences, Diabetes, Gastroenterology and Liver Transplantation, Robotics, Nephrology / Kidney Transplantation and Oncology and "GAPIO Making an Impact" during this conference.

"Gala Dinner and Entertainment Program" will be held on 11th January 2014 where awards for GAPIO Service Excellence, GAPIO Young Emerging Leadership, GAPIO Leadership and the Life Time Achievement Award shall be presented by Shri Amit Mitra Hon'ble Minister of Finance, Industry and Commerce, Government of West Bengal and Dr. Prathap C Reddy, Chairman Apollo Hospitals.

All GAPIO members are cordially invited to attend the conference.

Happy New Year 2014 and see you all at Kolkata !!

Brief of Mid-Year conference held at Anaheim – USA

Global Association of Physicians of Indian Origin held its 3rd Mid-Year Conference from 5-6 July 2013 at Hotel Clarion Anaheim, California, USA.

The conference started with Executive Committee meeting and followed with a reception dinner on 5th July. Dr. Sean Nikarwan made presentation on "Diabetes with Analog Treatment".

Executive Committee has constituted four awards.

1. GAPIO Service Excellence Award (10 or more members between January to December)
2. GAPIO Emerging Young Leaders Award (25 or more members between January to December)
3. GAPIO Leadership Award
4. GAPIO Lifetime Achievement Award

On second day, the opening session of General Body meeting started with welcome address by Dr. Sanku Rao. Secretary General Dr. Ramesh Mehta presented his report by making a presentation.

Dr. Anupam Sibal made a presentation regarding progress of Key GAPIO Projects. Dr. Lyndee Knox gave talk on project ECHO. Many other prominent speakers covered various current healthcare challenges ranging from Childhood Obesity, Management of Hypertension, Twin epidemics of Diabetes and Heart Disease, IMR, Prevention of Blindness, Public Private Partnership and establishing rural healthcare in India. GAPIO times issue 2, a newsletter of Global Association of Physicians of Indian Origin was released on this occasion.

General Body meeting was followed by President's reception and entertainment program by Geetanjali Group. Dr. Prem S. Reddy was the Chief Guest on this occasion.



Announcement

The Austrian Indian Medical Graduates Association (AIMGA), along with Global Association of Physicians of Indian Origin (GAPIO) is jointly holding an international conference in

August 2014 at Sydney, Australia.

Theme

Global Indian Doctors' Accomplishments and Aspirations

Please refer to AIMGA and GAPIO websites for further developments in this conference.

Pre and post conference sight-seeing tours will be available to explore Australia

Enquiries

admin@aimga.org.uk info@gapio.in



AIMGA

AUSTRALIAN INDIAN MEDICAL GRADUATES ASSOCIATION INCORPORATED



G A P I O
Global
Association of
Physicians of
Indian Origin

GAPIO

Executive Committee

PRESIDENT

Dr.Prathap C Reddy

VICE PRESIDENT

Dr. Sanku Surender Rao

SECRETARY GENERAL

Dr. Ramesh Mehta

MEMBERS

Dr.Anupam Sibal

Dr.Nandakumar Jairam

Dr.Nirmal Kumar Ganguly

Dr Gautam Bodiwala

Dr Shailja Chaturvedi

Dr.Rajan Madhok

Dr.Om Prakash Ganda

Dr.Milan Gupta

Dr. Ramakanta Panda

Dr.Ajit Sinha

Dr. Sukumar Mukherjee

Dr. Gopu Balareddy

Dr. Sudhir Parikh

Dr Hemant Patel

<http://www.gapio.in/executive-committee.html>

GAPIO Secretariat

29/6, Nagia Park Circle,

Shakti Nagar, New Delhi 110007

Contact person - Mr. Jitendra Malik

Contact number: 8527849960.

info@gapio.in

www.gapio.in

Registered Office

Global Association of Physicians of Indian Origin
D-1105, New Friends Colony, New Delhi-110065, India

GAPIO is an international net work of physicians of Indian origin and is a Non Profit Organisation



G A P I O
Global
Association of
Physicians of
Indian Origin